AGAINST
the grain

AGAINST *the* grain

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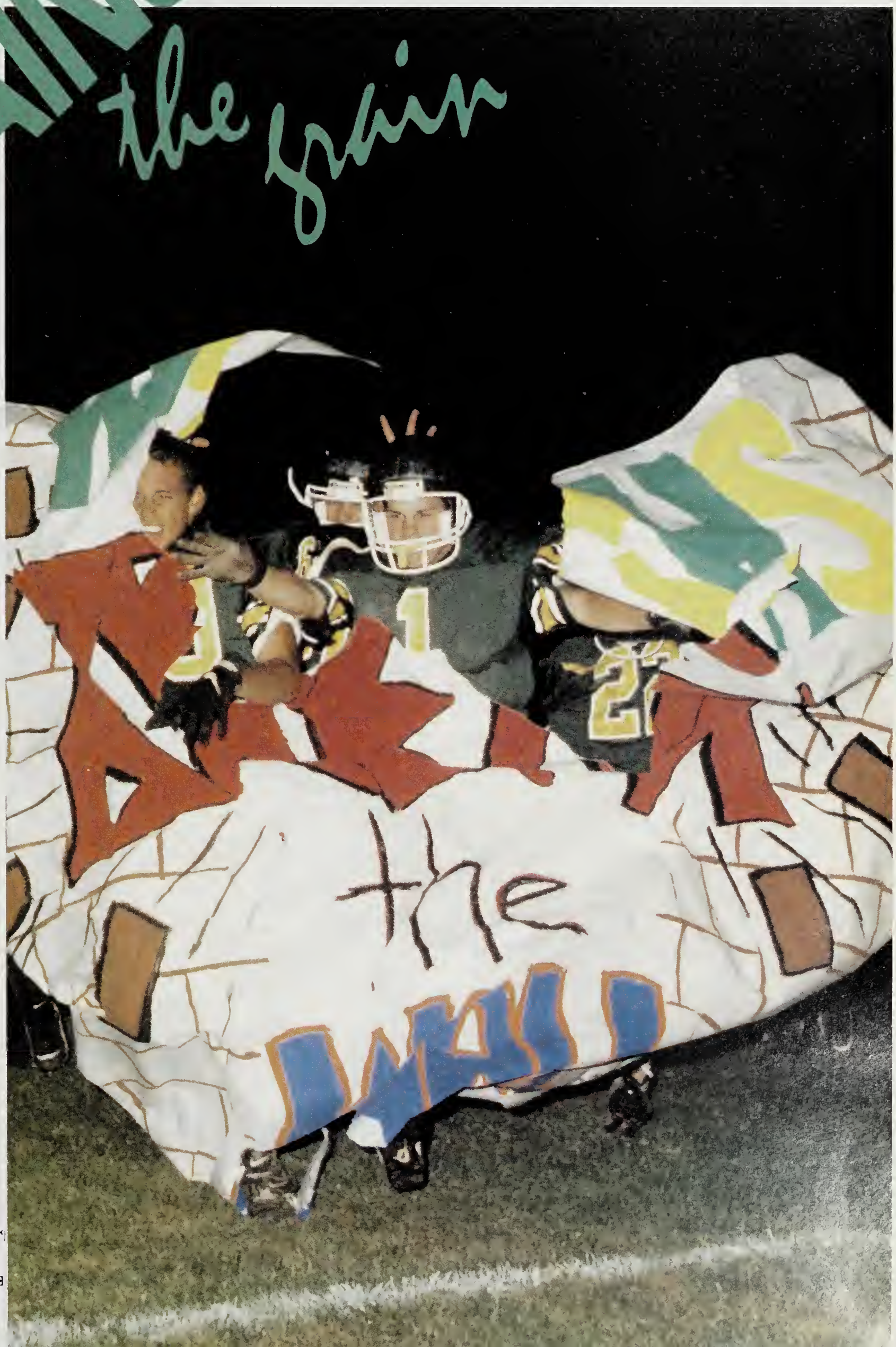
Valhalla 1997
Woodbridge Senior High School
3001 Old Bridge Rd.
Woodbridge, VA 22192
(703) 494-7135
Enrollment: 3000; Vol. 33

AGAINST the grain



Major Breakthroughs. Sophomore James Hottle and freshman Jamie Wrolstad lead the J.V. football team in a charge through the banner painted by the cheerleaders. The banner reenforced school spirit by displaying, "WSHS: Break the Wall."

Iyanna Tennon

Green and gold uniforms flow against the blue uniforms of Potomac High School. Seniors Emanita Dewitt, Danielle Eure, Carolyn Stegon and Erynne Brotherton compliment Potomac cheerleader, junior Kristi Brown, on her face paint. The Varsity cheerleaders took the opportunity to mingle with other schools in order to build a sense of sportsmanship. The Vikette dance squad and football team found this to be beneficial when they performed at games with other schools.

Take another look. Senior Bridgit Kelly carefully sketches a composition in pencil for Mr. Hailey's second period art class. Students cut holes in paper and looked through them to focus on a specific area of a still life scene. Students did this to concentrate on detail and to look at objects from another perspective. Kelly displayed her creativity through art, photography and writing. She expanded her opportunities for development in her skills by attending photography classes at NOVA.

Tony Nguyen

Iyana Tennon

Marian Gryder

AGAINST *the grain*

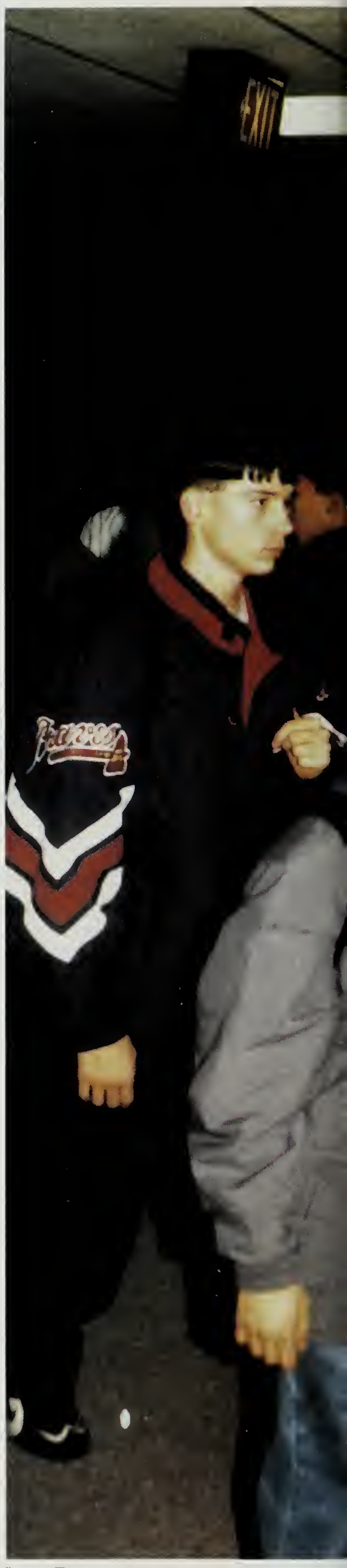
Against the grain?

grain is tradition. we needed some- year. And we are We're walking on We were the last

Keep in line. Second year cadet, senior Justin Hoertz leads first year cadets, freshmen Shannon Beauchamp, Keith Can-tron and Brad Cross in JROTC colorguard practice. Students practiced drills outside for extra space. Discipline, precision and concentration were vital in producing an orderly formation. The Virginia Military Institute and the Citadel, accepted girls for the first time since they became state funded preparatory academies.

What is that anyway? What's this grain you're talking about? The It's all the old rules. **So why are we going against the grain?** 'Cuz thing new. Something different. We got a new schedule this no longer walking in the footsteps of former students. **How so?** new carpet, tile and a brand new track. **We set higher standards.** school in Prince William County to go to 4 by 4 block schedulin

Everything's new; 85 minute long classes, the elimination of study halls, the new rules which say two tardies per semester equal a morning in detention, Freshman Seminar classes are required and based on pass or fail grades, and teachers have red hall passes. **What else sets us apart?** Woodbridge has the largest population in the state of Virginia, making us the "Best School East of the Mississippi". **You know what they say, two is company and 3,000's a crowd.** The freshmen make it their goal to promote multicultural awareness. We are the ones building the bridge to the 21st century. We are breaking the mold of all the old traditions. **Woodn't you know it?** We really are going our own way. **We're going against the grain.**



Iyana Tennon

Marian Gryder

Against the grain, literally. Sophomore Jessica Riccuti climbs a tree in her backyard to relieve stress by remaining outside in the autumn air. During warm weather, teachers took their classes out of doors for a change in scenery and a breath of fresh air. Summer temperatures proved to be the mildest this area had seen in twenty years. The school beautification committees led by National Honor Society and Beta Club members and volunteers met once a month to discuss tree planting and flower gardens to enhance the school's aesthetic value.

Tony Nguyen

Struggling against the flow of foot traffic like moving upstream, freshman Joe Moore and Russ Shetley head towards the Social Studies pod while other students struggle to leave the same pod. After school and between classes, students scattered in every direction, crossing paths. To alleviate crowds, a different bell rang five seconds earlier than the regular bell, to release the Social Studies classes. Back stairways as well as the library were used as shortcuts.

In charge of security, Mr. Jackie Watts, stands out against the stairs with his school spirited green and gold jacket.The stairs led up to the front office, which was one of three offices that were dispersed throughout the school. The first freshman class crossed the threshold of the building in 1973. With 1000 more students than anticipated seven trailers were added to allow more space for the most populated school in the state. The day started at 7:30 am and ended at 2 pm.

Although it took up 32 and a half hours out of students' lives each week, school was not a full time job. The other 168 hours were spent on more pleasurable and relaxing activities.

Students could not help but get involved with the lives of O.J. Simpson and Madonna. The civil suit against O.J. continued to pop up on current events quizzes and television screens weekly. Madonna had a baby girl, named Lourdes Maria.

Woodbridge made it on national television when MTV's *House of Style* featured The Green Barrel, a store near Potomac Mills mall. The Green Barrel supplied and specialized in clothing and skating and snowboarding equipment. The store was owned and operated by Woodbridge graduates, Brian Cropp and Steve Stanton. Rumor had it that, due to their success, The Green Barrel would open another store in Georgetown. Students made cameo appearances during the snow, accounting for their 15 minutes of fame.

The threat of a county-wide curfew for all people under 17 frightened students in to taking action against the proposed change. Letters poured into the editors of the Valkyrie and the Potomac News. Students went their own way and made time for themselves in the hustle and bustle of the Metropolitan area, allowing them to be safely in the clear and **out of the woods**

Marian Gryder

Lend me your ear. Junior Allison Sautkulis talks to her dog, Chauncy. Sautkulis' pets listened to her, and in this case, even talked back. Sautkulis was an avid animal lover. She had two dogs, three cats, birds and a one-eyed fish. Pets depended on students to feed and care for them, and in return, animals gave students companionship. For health purposes, school policy restricted dogs from treading school grounds. Animals kept by science teachers were the only exceptions. At home, students had pets ranging from albino snakes and anoles to guinea pigs and rabbits. With the release of movies, such as "Larger Than Life" and Disney's remake of "101 Dalmations," animals were brought to the big screen nationwide.

Divider

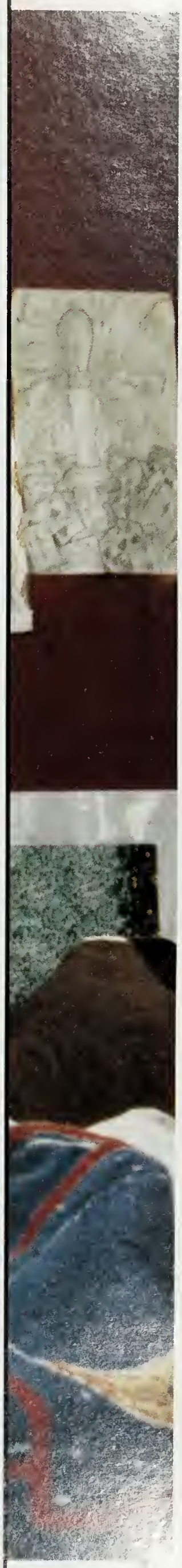
"I like to read and write.My family calls me a book worm. I am writing a story I started last year and it's about 28 pages long by now, but I still don't know what I'm going to do with it yet."

Laura Walsh - 12

Take it with a grain of salt

"My hobby is basketball. I play for the school and I also play pick-up games with people from other schools. I met people when I used to play for AAU b-ball."

David Lowery - 11



THINKING CAPS

Graduating Seniors Cross the Threshold of Adulthood Into the Real World

"Things have changed but it

doesn't mean they have to end." The words of graduate Marleah Peabody's original song "Look How Far We've Come" drifted through the spring air. On June 14, the senior class graduated in the A.T. Howard Memorial Stadium.

The band performed "The Battle Hymn of the Republic" with the choir. "I liked it when the choir sang because it is a tradition for them to sing the song at every graduation," junior Kelly Gray said.

For graduates, receiving their diplomas was the final event of their high school years. "On the day of graduation I was not nervous until I walked down the roped chute leading to the stage. I was scared about walking across the stage in front of the audience and my classmates. I was happy that all the practices leading up to graduation were over and the whole ceremony was done," graduate Danny Reese said.

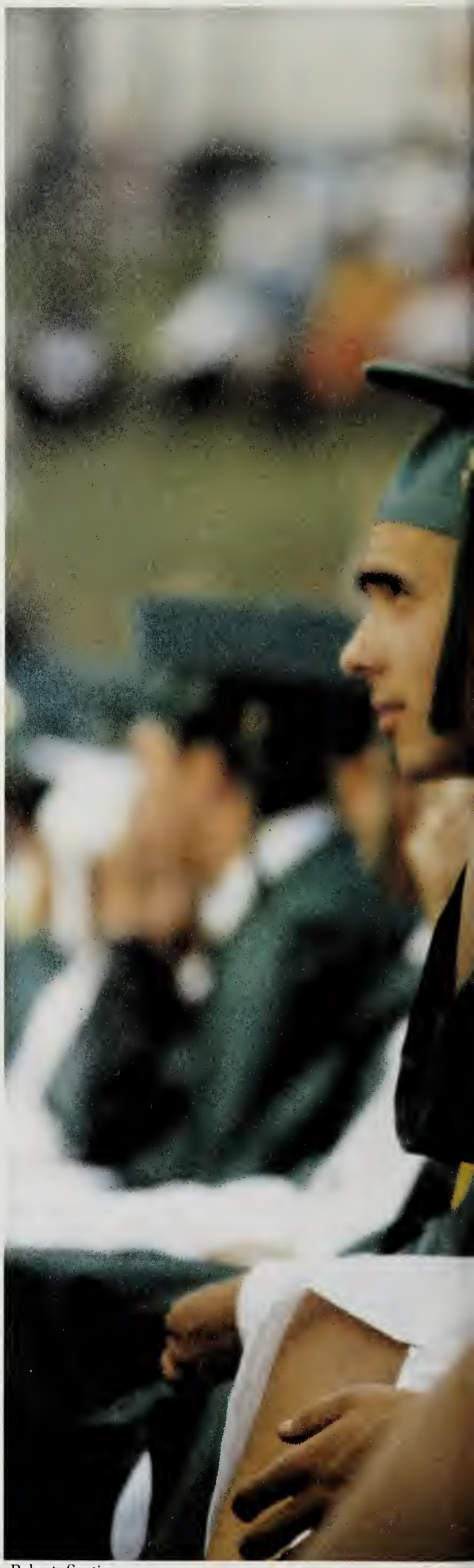
Valedictorian Megan Rossi gave a speech entitled "Look How Far We've Come." Saluditorian Jeff Giasson gave the farewell address. "It took him awhile to write the speech. My family collaborated our ideas and my brother worked on it with Jeff. He didn't want a speech that would put the audience to sleep so he added a little humor," junior Sherri Giasson said. His speech was a top ten list of everything he would remember about school.

At the conclusion of the ceremony, the 622 graduates stood and marched around the track, every other row walking in opposite directions. After walking half a length of the track, the rows intertwined and they proceeded to throw their caps into the night air.

by Jennifer Sikorski and Kimmy Reese

"Boys grew up and girls grew out." As Saluditorian it was senior Jeff Giasson's job to give the farewell address to his class. Among the things mentioned in his speech were fashion trends, cafeteria food, and notable teachers.

Segall Majestic Photography



Roberto Santiago

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After receiving his diploma, graduate Sean Urban leans forward to get a better view of the remainder of the ceremony. Graduation endured for two and a half hours with the presentation of school awards and diplomas.

"No matter how far apart we are, I promise we won't have to say goodbye." Senior Kim Whitlock signed to the music as seniors John Dooley and Marleah Peabody sing the lyrics to the graduation song, "Look How Far We've Come."

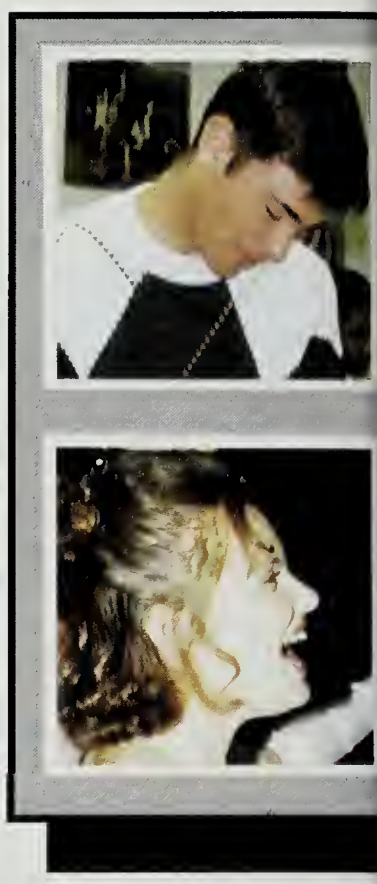
Segall Majestic Photography

Segall Majestic Photography

Savor the moment. Senior Mike Sands quenches his last minute thirst while waiting to receive his diploma. Due to the heat, seniors were allowed to bring bottled beverages to keep themselves hydrated during the long ceremony.

With the line leaders guiding the way, the Class of 1996 marches into the stadium to the beat of the Processional song. Family and friends watched from the bleachers and hillside as the seniors made their way to their assigned seats.

With a sip of her water, senior Claudia Padilla takes a breather as her date, Oscar Iguirre listens closely to her. Prom's catering service offered finger foods and drinks for students to eat while enjoying the company of their date.



Segall Majestic Photography

Smiles stretched across seniors Blair Lockamy and Jennifer-Anne Isherwood's faces, as they step on the floor hand in hand. After the crowning, the king and queen performed the traditional dance in front of fellow prom attendees.

Segall Majestic Photography

Shades on and arms swinging, seniors Adria Goldsmith and Jessica Cressbow groove their way across the dance floor with the beat of the music. Prom was a social event in which students enjoyed dancing and meeting new faces.

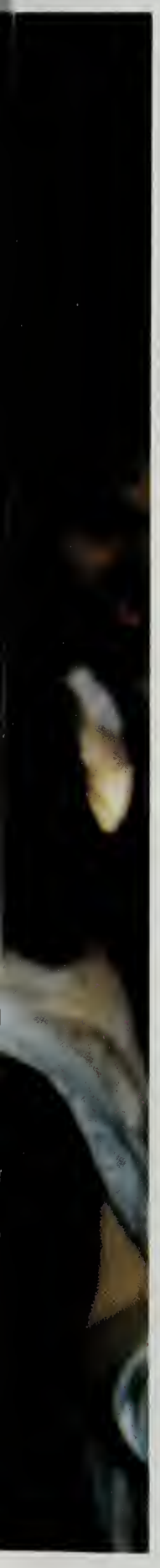
Segall Majestic Photography

"My girlfriend went to Hylton. It was neat to compare their prom at their school to ours at a hotel.
Justin Worrilow - 12"

"To make a big entrance, my date and I blasted the Mission Impossible theme with the windows down.
Melissa King - 12"

Segall Majestic Photography

Embraced in each other's arms, seniors Juan Sanchez and No Souvanaratana gaze deeply into each others eyes, as they sway to the slow song. The romantic setting of prom was held at the Washington National Airport Hotel.



STARRY NIGHT

Going Against Traditions, Students Made Prom 'A Night to Remember'

The setting sun glistened on the shiny new Jaguar that rested alongside the curb. At the front door stood an astonished senior, Andrea Flannagan. "My date rented a forest green Jaguar for prom that had beige leather interior, a car phone, and a driver who escorted us everywhere, including cruising all around D.C. It made it an awesome night, and was definitely better than a limo," Flannagan said.

Preparations included activities such as renting a tuxedo, finding a dress and buying boutineres and corsages. "I bought this really pretty dress that hooks on the shoulder, and it kept coming unhooked and falling down at the dance, so I had to hold it up the whole night and play it off like I was itching my shoulder," junior Nikki Floris said.

Preparations had to be made weeks in advance, to make sure there were no inconveniences on prom night. Students bought their dresses ranging from a year in advance to the day before.

Unforeseen mishaps and unforgettable moments blended in with the theme of prom to make it truly, 'A Night to Remember.'

"After the dance, my date Taly went to get the car, but it was locked in the parking garage. When we were finally on our way out of the garage, some guy was suddenly on the hood of our car. Taly had hit him even though we were going really slow. I was in shock when all the man did was walk away," senior Elizabeth Bowden said.

The dance was complete with the crowning of prom Queen and King, Jennifer-Anne Isherwood and Blair Lockamy.

by Dawn Cleary

Segall Majestic Photography

Draped in flowers and baby's breath, senior Maria Fulcolvich talks with her date, senior Antonio Mota during a song. Corsages were traditional when formal occasions arose, and flowers were used to enhance hairstyles or dresses.

It's been an extremely long night! Sophomores Meghan McLaurin and Chris Kelly escaped to the halls from the heat of the dance caused by the cramped quarters. They passed the time by hitting a balloon between them.

Segall Majestic Photography

Segall Majestic Photography

RAIN GO AWAY

Despite Inclement Weather, Students Danced Their Way Through the Night

The clouds threatened to burst.

The weather forecast called for heavy downpours, but the parade and football game were still scheduled. It was sprinkling for the parade, however, it quickly turned to a steady downpour for the game.

"This was my first time marching in a parade. I had heard about the predicted rain, but was glad that it wasn't too bad. I thought that it was fun, because it was preparation for the big game. When everyone saw the floats and class banners, they got into the spirit," junior Nidhi Sharma said.

The sidewalks were flooded on both the left and right sides with spectators. The sophomores won the float contest, but the seniors won the prize for the best banner.

Students attended the game despite heavy downpours. Though scheduled to start at 7:30 pm, it was delayed for 20 minutes because of the rain. "The game was like standing in the coldest shower possible wearing heavy clothing. Now imagine a 20 mph wind blowing through there, and you have the game," junior Dawn Dunn said. The football team went on to defeat the T.C. Williams team with a score of 27-0.

The music at the dance was handled by a D.J. "I only heard the beat of the bass in every song. It got to the point where I no longer heard the beat; I felt it," sophomore Haley Wells said. The music selection included the "Macarena" and "Come on and Ride It (the Train)."

The dance began at 9 pm and ended at midnight. "I wish I had brought a camera to take pictures of my friends looking real fly!" sophomore Ellie Sachs said.

by Joy Vajirapinyo

"I enjoyed the evening because I was an escort and because I could spend time with my girlfriend.
Abey Malave-Lopez - 9"

"The wind was blowing so hard that my friend Meredith's umbrella was bent at a 90 degree angle.
Jose Castano - 10"

Senior Monique Brown is nothing but smiles as principal, Mrs. Pamela White hands her a bouquet of roses. This was to officially complete her coronation for homecoming queen. Seniors Dorie Pi and Angie Gress were the runners up.

Relieved to finally get some time away from the crowds of people, sophomore Daniel Thompson exchanges an affectionate stare with junior, Becky Monahan. The theme of the homecoming dance was "Dance to the Music."

Segall Majestic Photography

Segall Majestic Photography

Carter Elmore

The show must go on! Junior Valerie Fowler does not hesitate to march alone to show her school spirit. The marching band had to perform despite the sprinkles. They wore rain gear to protect their uniforms from the falling rain.

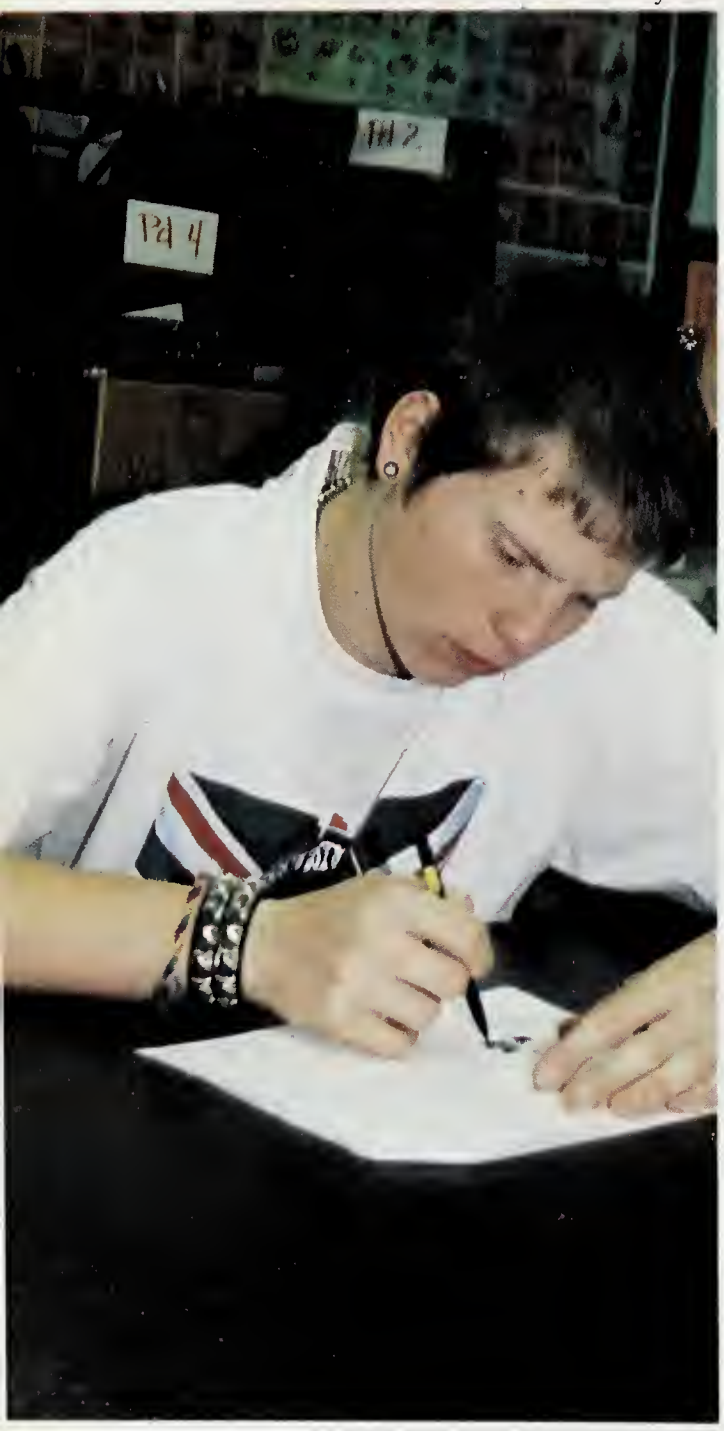
Let's go back in the day! The sophomore class gathered together and dressed in poodle skirts, leather jackets, and fixed their hair according to the style of the 1950's. They did this to prepare themselves for the upcoming parade.

Marian Gryder

Charms and trinkets hang around junior Kim Nevitt's neck, as she does her classwork. Exquisite and colorful jewelry dressed up students' casual attire. Love beads, charms and other vintage jewelry held special meanings for its owner.

> "I have this headband that looks like a CD. It's silver, but from different angles, it looks like a rainbow.
>
> Katie White - 10"

> "I have a pair of camouflage earmuffs. They are cream, black, and green. That's how I stand out.
>
> Chawnta Whitney - 12"



Marian Gryder

The grating sound against the desk of junior Tim Azzarano's punk jewelry distracts him as he tries to write on his paper. Other punk jewelry included ball chains, bike chains, and gauges which were personalized by color and size.

FUNKADELIC

Belts, Purses, and Jewelry Reflect the Personalities of Students

As she dug through her box

filled with jewelry, junior Lindsay Williams went on a treasure hunt for the most astounding ring. "I wear those big funky rings from the sixties with all those rainbow colors on them because they stand out from the rest," Williams said.

Students' accessories included jewelry. "I have these super big earrings that are striped with seven different fluorescent colors like hot pink, and neon green in them. It has four or five chain links with a huge circle on the bottom that dangles down past my shoulder," sophomore Danie Kanouse said.

Aside from jewelry, students experimented with different hair styles. "I like all the different styles and colors of barrettes. I have fourteen in my hair, some are flowers and animals that I got from Giant," freshman Nicole Killen said. Students roamed the aisles of stores until something caught their eye.

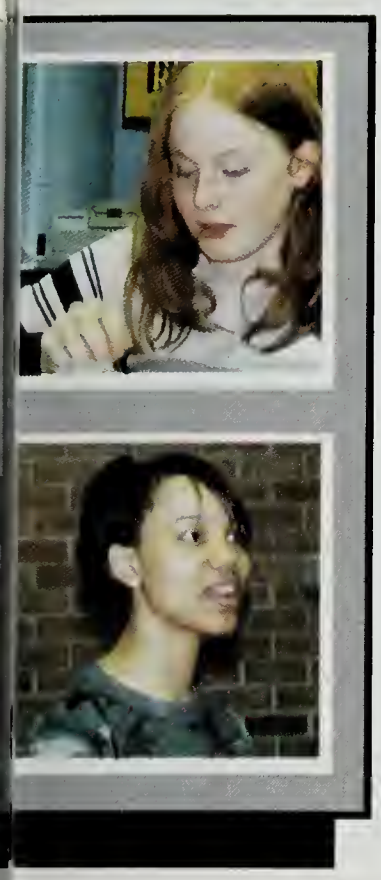
Bright colors and bold patterns drew attention. "I have lots of different types of stockings with stripes. Some with zippers on the front, a pattern of cute little men and neon orange ones with pink spirals. They are so different that I don't have outfits that match them so I don't wear them to school too often," junior Lynda Boone said. Students' offbeat attire gave them a striking image.

Students created accessories in school. "I wear anything from school supplies like pencils in the hair and paper clips to love beads," sophomore Danielle Stovall said.

Students tried to break away from the norm in the crowded hallways. The visible way was by wearing funky accessories.

by Dawn Cleary

Allison Sautkul



Iyana Tennon

Smile! While freshman Lavelle Williams shows off her sheer scarf and hoop earings, she accepts a compliment given in the hallway. Dainty scarves were fashion trends adopted from actresses and singers of the fifties.

Candyland! Freshman Reed Hood wears a multicolored pastel candy necklace in place of a choker. In addition to brightening up her outfit, she snacked on her edible necklace in Mrs. Susan Ohle's Freshman Seminar class before lunch.

Tony Nguyen

Portable phone in hand, sophomore Bailey Sautkulis relaxes on her living room couch to talk to a friend. She wore four to five bracelets and rings on each hand. Students bought or made their own accessories at affordable prices.

Funky Accesories

While looking for jewlery at Claire's Boutiques, junior Jessica Lock sees a necklace that she wants to try on. Mirrors were located around the store for that reason. Specialty stores carried the accessories that students were looking for.

Allison Sautkulis

Before winter arrives, senior Ben Foster searches for a coat at Noname Outlet in Potomac Mills. Students chose stores with a wide range of selections and styles to accomodate their buying needs for all seasons.

Iyana Tennon

Iyana Tennon

Yum! Senior Leroy Young spots the Reeses Peanut Butter Cups on the bottom shelf of the candy section at his favorite grocery store, Giant. Students stopped at the grocery store and other convenience stores for snacks or drinks.

After discovering a coat that catches her eye at Potomac Mills' Benetton Outlet, sophomore Amber Parks checks for the right size and price. Benetton opened a clearance store in the mall during the winter season months.

Iyana Tennon

TOP SHOP

Students Shop 'Til They Drop to Keep Stores in Business

As she entered Jean Country in Manassas Mall, sophomore Melissa Kramer checked her reflection in the mirror one last time. "I shop at Jean Country because there is a really cute guy that works there. Once when we talked we exchanged phone numbers, now I go to see him when I go to the mall," Kramer said.

Convenience kept students going back to their favorite stores. With Potomac Mills Mall being one of the world's largest outlet malls, students had to find places to meet.

"When I go to see a movie with my friends, I usually meet them in The Wall at Potomac Mills Mall. While I'm waiting, I look for the soundtrack from the movie that I'm about to see, because I collect each one," junior Julie Nelson said.

Novelty stores proved to be attractive to students because they offered a variety of strange and unusual items. Accidents happened, causing employees to forbid students to return to that store.

"My favorite store is Spencer Gifts in Springfield Mall because they have a lot of funny gag gifts there. I was shopping around one day and saw some guy looking at the cards. He laughed and spit soda all over them. He ran out and since I was the only one left in the store with a soda, I was blamed and told never to come back," junior Dominic Willenbring said.

Malls that students frequented were Tysons Corner, Pentagon City, Landmark Mall, Springfield Mall and Potomac Mills Mall.

by Cecilia Riek

Iyana Tennon

Big Dog! Senior Chris Sahami looks at a pair of boxers to add to his collection of his favorite brand of clothing, Big Dog. When students found a brand of clothing that suited their tastes, they shopped at the stores that carried that line of clothing.

Favorite Stores

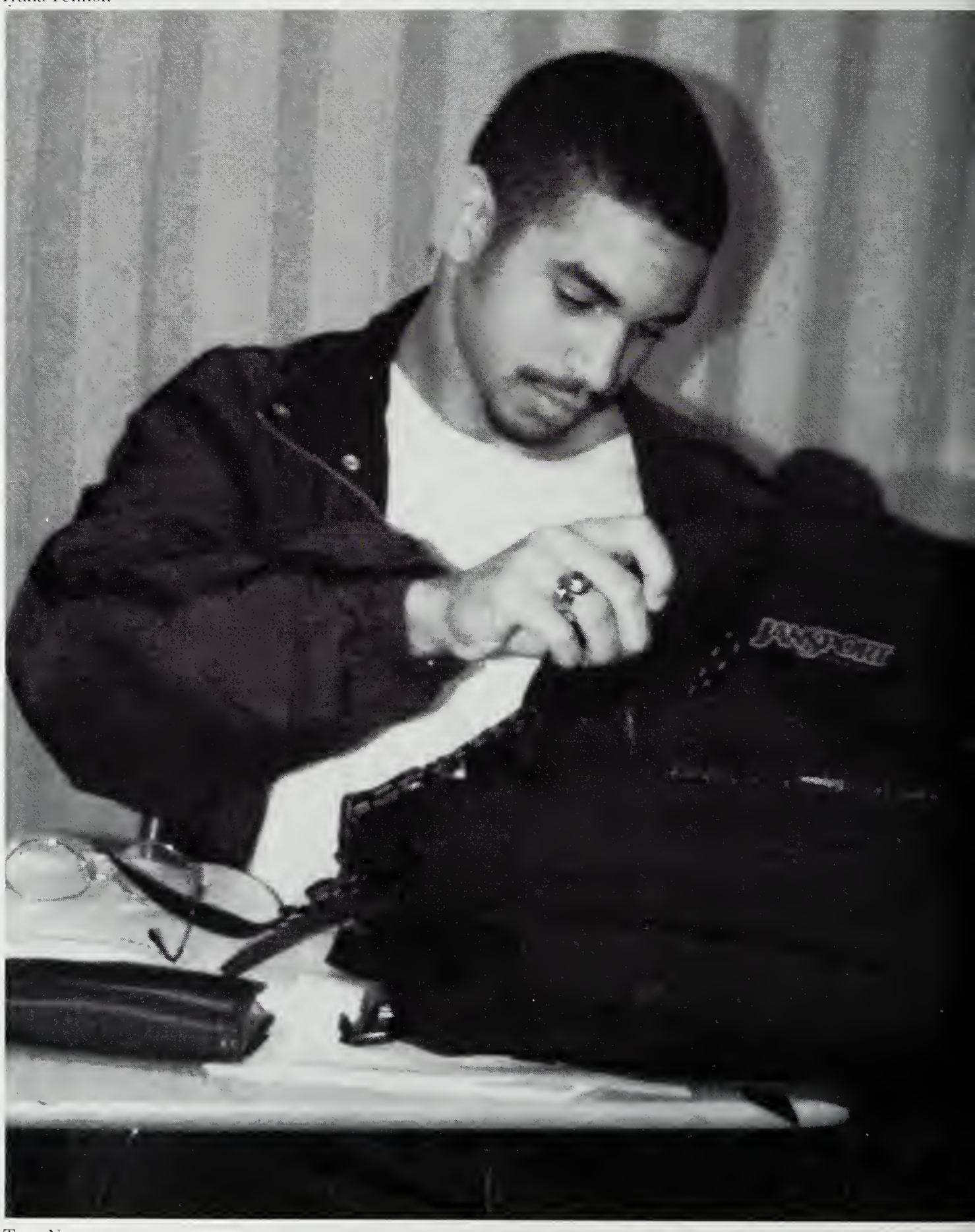
As senior Kodi Smith sorts through the magazine basket in his family room, he looks for the most recent issue of *Time*. He needed the magazine to prepare for a current events quiz. Not having magazines in order made them hard to find.

Iyana Tennon

On the hunt for his homework, senior Weis Amani searches through his backpack. His homework was tucked inside his American Studies II book. Lost books caused a large problem for students, as the books cost students 20 to 50 dollars.

Marian Gryder

"Alright everybody, get out your homework assignments," Mrs Tabek said. Junior Erol McEachron, ruffles through his bag to find his homework. The Language Arts assignment that had just been called for was missing.



Tony Nguyen

> "Once someone I knew found a note I'd lost. They knew all the things that were in it and told me.
> Tonna Robertson - 10"

> "I had to write an autobiography, but I lost it two days before it was due. I only had a day to finish it..
> Jason Mehaffey - 12"

Iyana Tennon

Good things come in small packages. Those small packages were also hard to find. Sophomore Tamika Dudley searched through a jewelry box for an earring back. Earring backs were among the more difficult items to find.

LOST AND FOUND

Keeping Track of Various Items Causes Problems for Chronically Forgetful Students

Frantically running around

the house, junior Cassandra Weddel searched through the piles of papers and books on the dining room table. "Where on earth are they?" Weddel screamed. With school starting in twenty minutes, she could not find her car keys.

"I can never find my keys in the morning. After I search all over the house, and finally find them, it's already really late. I end up getting to my friend's house around 7 in the morning, and if there's traffic, which there usually is, we will be late," Weddel said. Students altered their schedules to accomodate misplaced belongings.

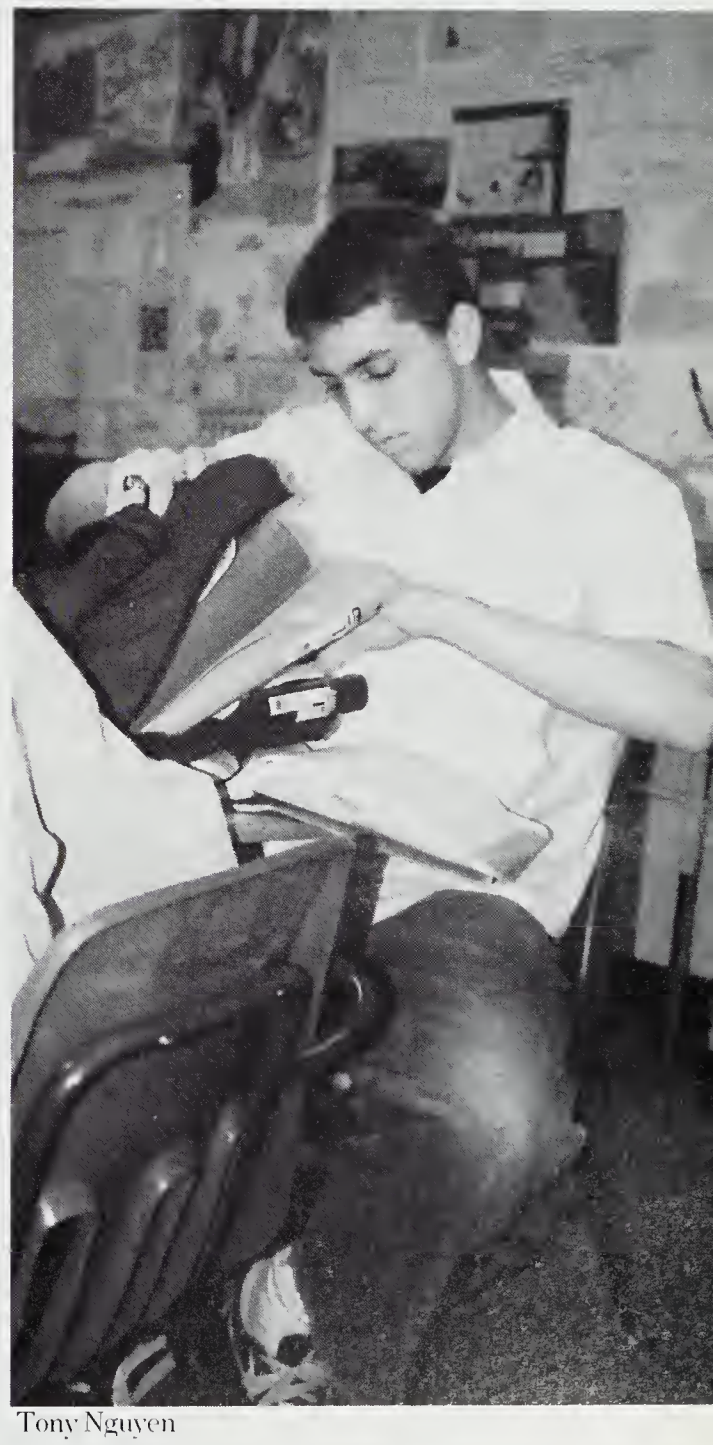
Disorganized environments made it difficult to find items that were lost. "My phone is always getting buried under piles of clothes in my room. When I hit the page button, I either can't hear the phone beep, or I can't get there in time to find where the sound is coming from," senior Ruth Wilshere said.

In addition to losing their own property, students misplaced items that did not belong to them. Overdue library books and rented movies caused students to incur fines in addition to rental fees.

"When I check out library books for my debate topics, I can never find them. Now, the library won't let me borrow from them anymore because I still have Immanuel Kant's *Critique of Pure Reason* checked out from over a year ago," junior Bo Young said.

In the endless search for lost belongings, students could check in the Lost and Found or replace a missing object by borrowing from a friend or buying a new one.

by Sean Lyng



Tony Nguyen

A balancing act. Junior David Sigmund tries to keep his notebooks from falling out of his bag. Sigmund found himself searching for paper in class. Paper was hard to find because he did not have a specific notebook for it.

LOONEY TOONS

Colorful Panels and Pages Trigger Laughter Amongst Humorous Souls

Stretched out on the couch after marching band practice, junior Sarah Krimkowitz channel-surfed looking for cartoons. "I watch the Flintstones and the Jetsons in the afternoon. It gives me time to zone out before I have to do chores or study," Krimkowitz said.

Authors offered readers comic book collections. "*Calvin and Hobbes* are my favorite. I have all their books except for one, and I read them over again all the time. I was really bummed when Bill Waterson stopped creating them for the paper, but I'm glad he still makes the comic books," freshman Kate Harrell said. Hobbyists had to find new favorites when comic book creators such as Gary Larson of *The Far Side* retired.

Comic books were collected, traded or read for enjoyment.

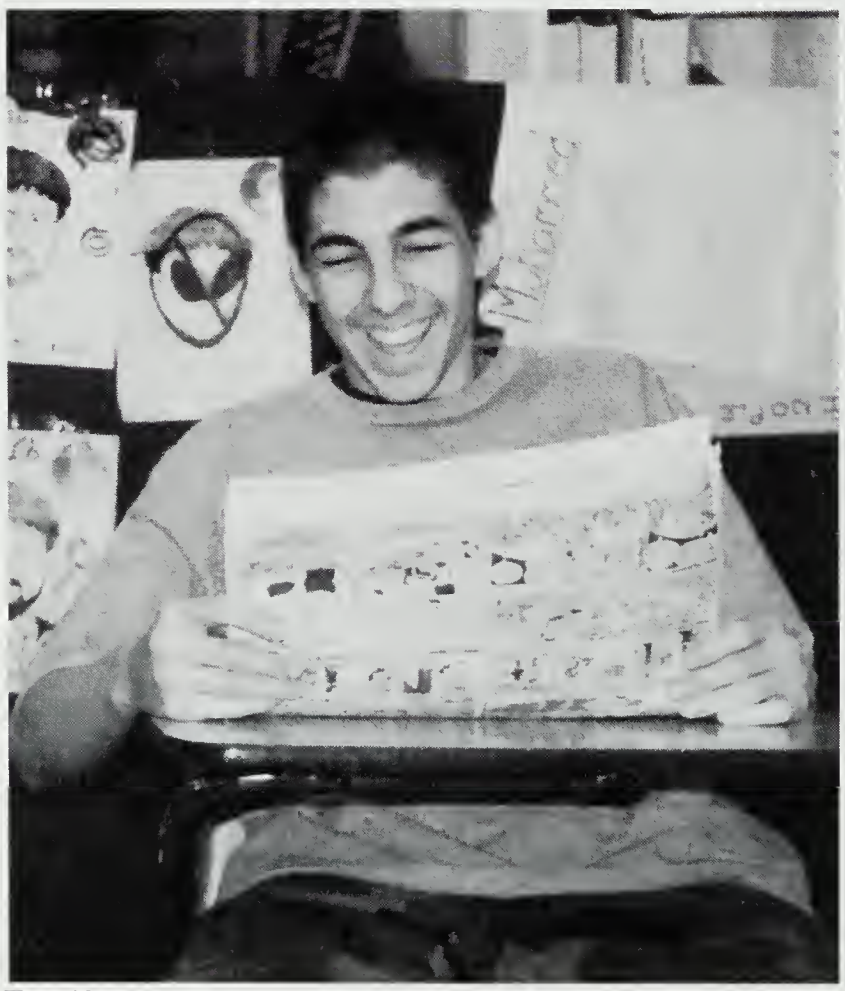
"I work with my dad and his company. We try to give comic books to handicapped people because they can't get to the shows themselves. I do mostly grunt work, but I enjoy working with comics. I've been into comics for about seven years. We don't deal with big name books, mostly smaller companies. Sometimes we get artists to work with us. My dad started this because he is handicapped and wanted to help others," freshman Josh Short said.

Channel 41, the Cartoon Network aired cartoons around the clock for cartoon fanatics. Bookstores had special sections for comic books. C & W Used Book Store also offered comic books at a low price.

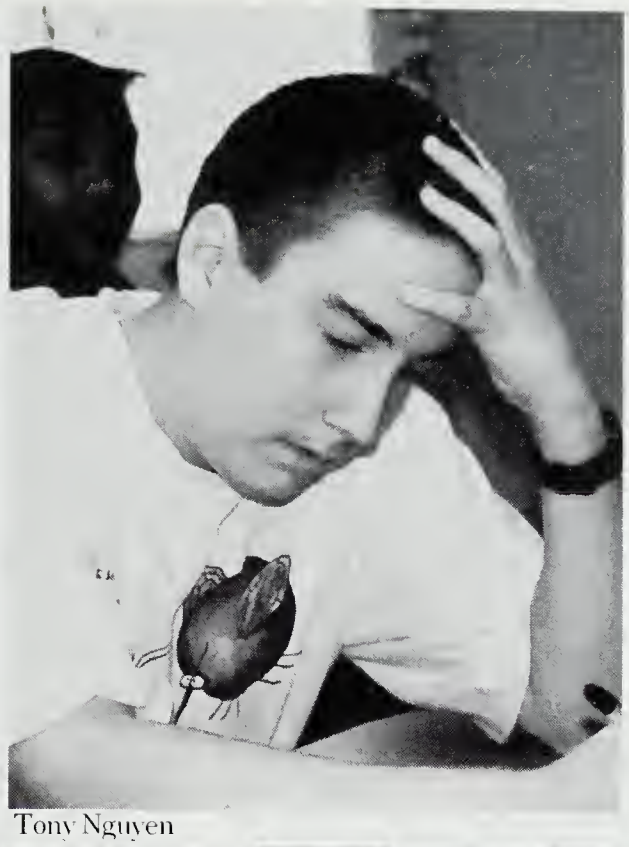
by Libby Sova

Tony Nguyen

After finishing a World Studies test early, freshman Jeff Perry takes a break to read the comics. *The Washington Post* offered comics daily in black and white, like *Garfield*, except for Sundays when they were printed in color.



Tony Nguyen



Tony Nguyen

Comics were not only found in newspapers, but also on shirts, calendars, and teachers' walls. Freshman Allen Fournier sports a *Far Side* shirt by creator Gary Larson. Teachers put *Far Side* comics on assignments to boost morale.

A magic carpet ride. While watching *Aladdin* in his fourth period Art II class, sophomore Rob Monastra studies the technique of animation. Viewing cartoons helped students draw and color their own cartoon projects.

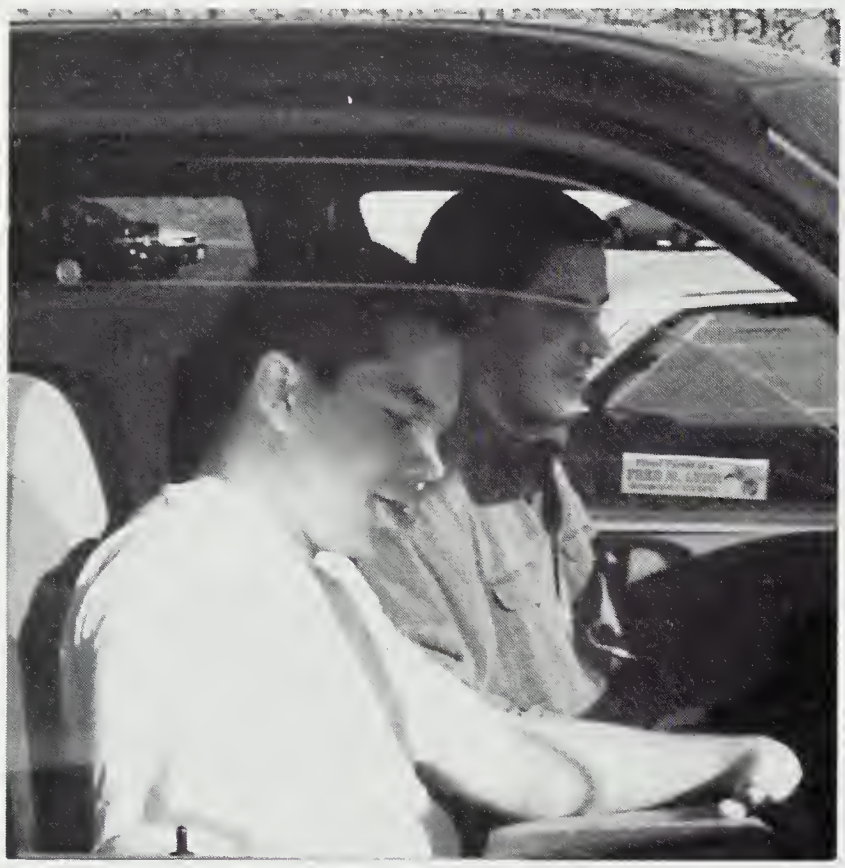
Tony Nguyen

Tony Nguyen

I taut I taw a puddy tat! Tweety, a character from *Looney Tunes*, is safe from the clever cat Sylvester on freshman Jennifer Morales's sweatshirt. *Looney Tunes* apparel was found in the Warner Brothers Studio Store.

As she glances up from her Freshman Seminar work, freshman Maura Taylor lets classmates admire her hand-drawn cartoon. Taylor used crayons and colored pencils to spice up her artwork. Original cartoons showed creativity.

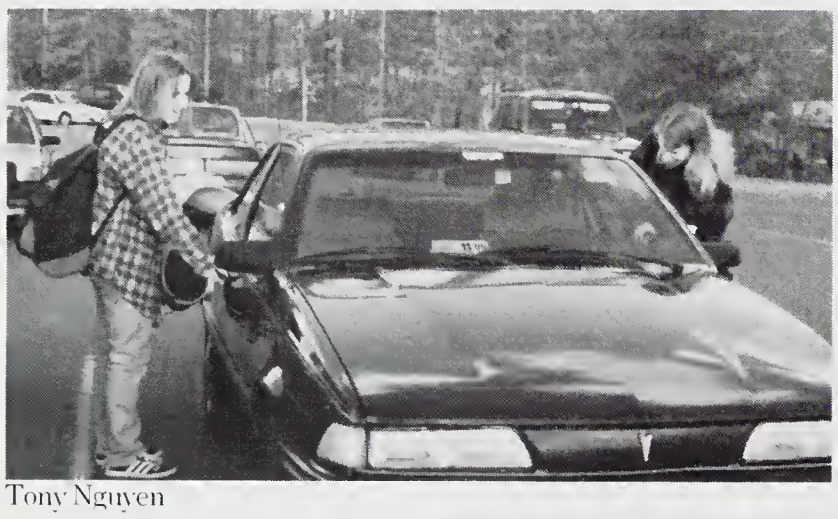
While waiting for the cars in front of them to move, seniors Todd Yoho and Marc Seguin debate over which radio station to listen to. When carpooling, friends had to compromise on the radio and operation of the air conditioning and heater.



Carter Elmore

After starting his engine, senior Matt Wesley waits for his car to warm up. He took time to chat with junior Katie Calvin. In order to stay after school, students who were not within walking distance of their homes had to bum rides.

Tony Nguyen

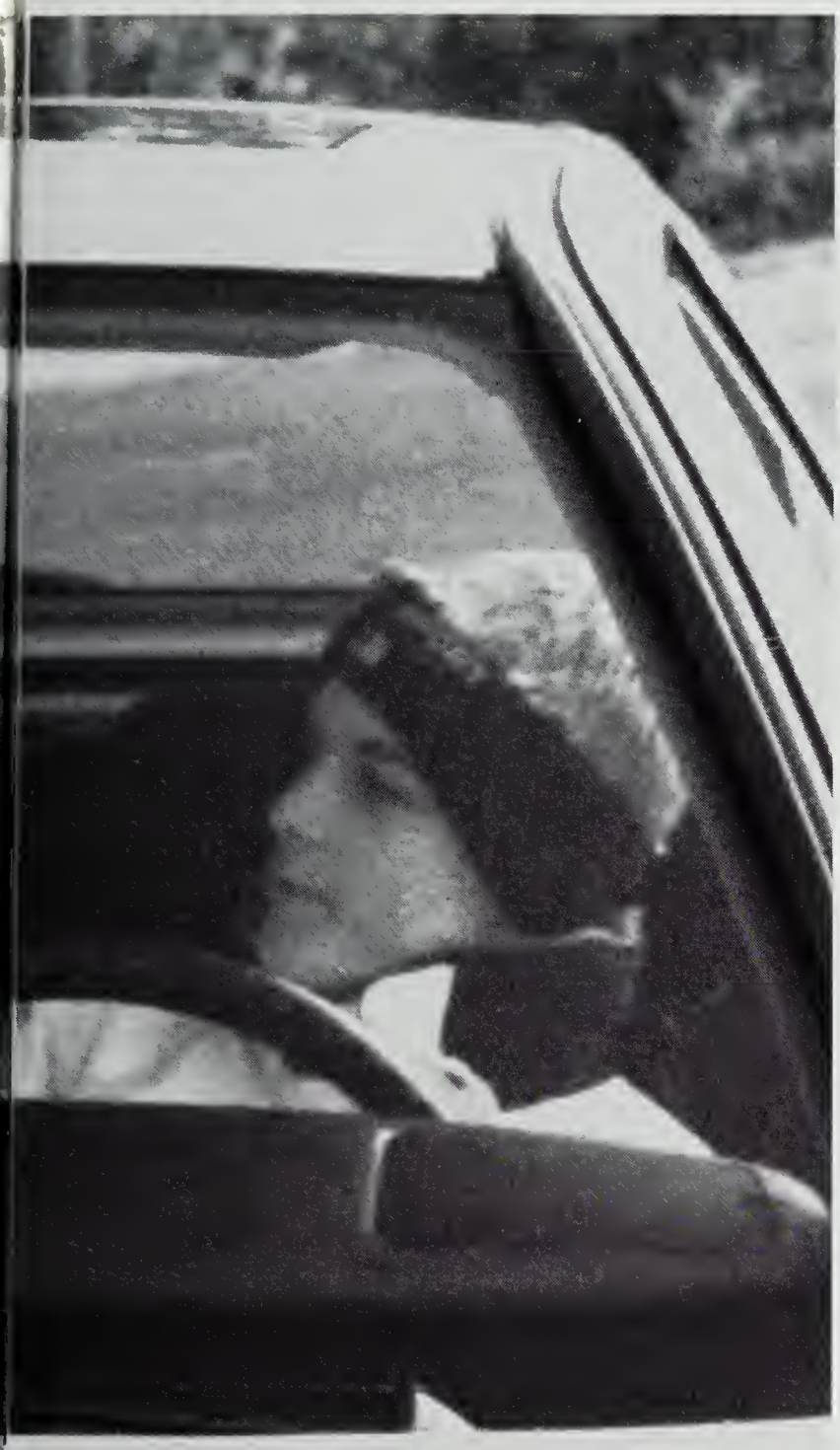


Tony Nguyen

After cheerleading practice, junior Jill Ingram gets ready to drive junior Aubrey Poe home. Underclassmen that needed to stay after school five days a week were given the option of buying parking passes for $10 each season.

After putting her violin in the trunk, junior Carrie Holder starts her car while discussing plans for getting to school the next day with junior Beth Via. Students had to mooch rides when their cars were in the shop being serviced.

Carter Elmore



Tony Nguyen

With her window rolled down to let the warm afternoon air into her car, senior Angie Delboy laughs over the day's activities with senior Suzanne Dellinger. Driving with friends to and from school gave students more time to talk.

SLUG LINE

Ride Moochers Worm Their Way Into the Cars of Others

While lugging her camera bag and picture information, senior Iyana Tennon ran out her front door and into the waiting car of senior Carlos Howard, who was to drive her to her photo assignments.

"I get rides from people because I'd rather pay 5 dollars for someone else's gas than pay 175 dollars to take road-and-range. Sometimes I take my friends who drive me around out to dinner instead of giving them money," Tennon said. Students who did not own a vehicle relied on friends for transportation.

Avoiding school buses caused students to beg for rides. "I get rides to and from school. I'll ask anybody because I'd rather look around for a ride than have to go on the bus," sophomore Krista Ganela said. Underclassmen weren't given the opportunity to buy parking passes, so they had to ride with juniors or seniors or on the bus.

Students that owned cars found themselves acting as chauffeurs to their friends. "I don't mind giving people rides if they desperately need one, and sometimes I even give people rides at my inconvenience. I'm not going to make them walk to where they need to go if I can help out," junior Andy Tullo said.

Not all drivers were sympathetic toward their friends without cars. "It's annoying when everyday the same people ask you for a ride. Once you say okay once, they keep asking because they think you don't mind," junior Missy Ayers said.

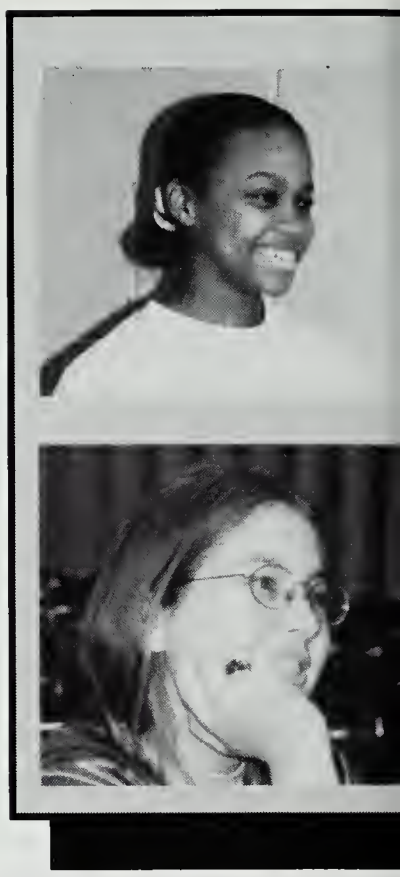
Ride-moochers helped their friends pay for the expenses of driving by contributing money toward gas and parking passes. They also aided in navigating.

by Jennifer Sikorski

"I drive eight people home after Vikettes practice. Before I had a car I always got rides, so now it's my turn."
Julie Burns - 11

"It's really annoying when people ask me for a ride home because they have to stay after school."
Maria Vargas - 11

While waiting in the downstairs hall before heading to fourth period, sophomore Bailey Sautkulis, junior Sarah Breaker, and sophomore Missy Pierce hang out in their bright attire. Colorful clothing stood out among earth tones.



Iyana Tennon

On a breezy fall day, junior Brandi McLain keeps warm during a fire drill with her lightweight fleece jacket. Jackets that had a variety of patterns were added to enhance students' wardrobes. Students also wore jackets to keep warm.

Carter Elmore

While meeting in the few minutes between classes, freshmen Matt Ledbetter and Christina Anzueto make plans for the weekend. Anzueto's outfit and Ledbetter's shiny jacket stood out enough for them to quicky spot each other.

Allison Sautkulis

> **"It's dumb bringing old fashions back. I would never wear clothes from another era.**
>
> **Angela Conner - 10"**

> **"In the 80's I didn't know what went on in the world , so I wasn't into the trends.**
>
> **Dawn-Marie Dunn - 11"**

Allison Sautkulis

With her vintage bag over her shoulder, sophomore Bobbie Lyons talks with her friend, sophomore Brent Holly. Assorted vintage bags were restored and turned into retro carrying cases for schoolwork or personal belongings.

FLASHBACK

A Totally Tubular Trip to a Radical Decade Gone But Never Forgotten

Famous for its crazy clothes

and cheesy movies, the decade of the 80's was not forgotten. "People tend to be dressing more and more trendy these days, and I really hate wearing the same outfit that somebody else has on. All of my clothes come from Goodwill. Everything is from the 80's, the clothes are great because not too many people want to wear them anymore," sophomore Marena Samson said.

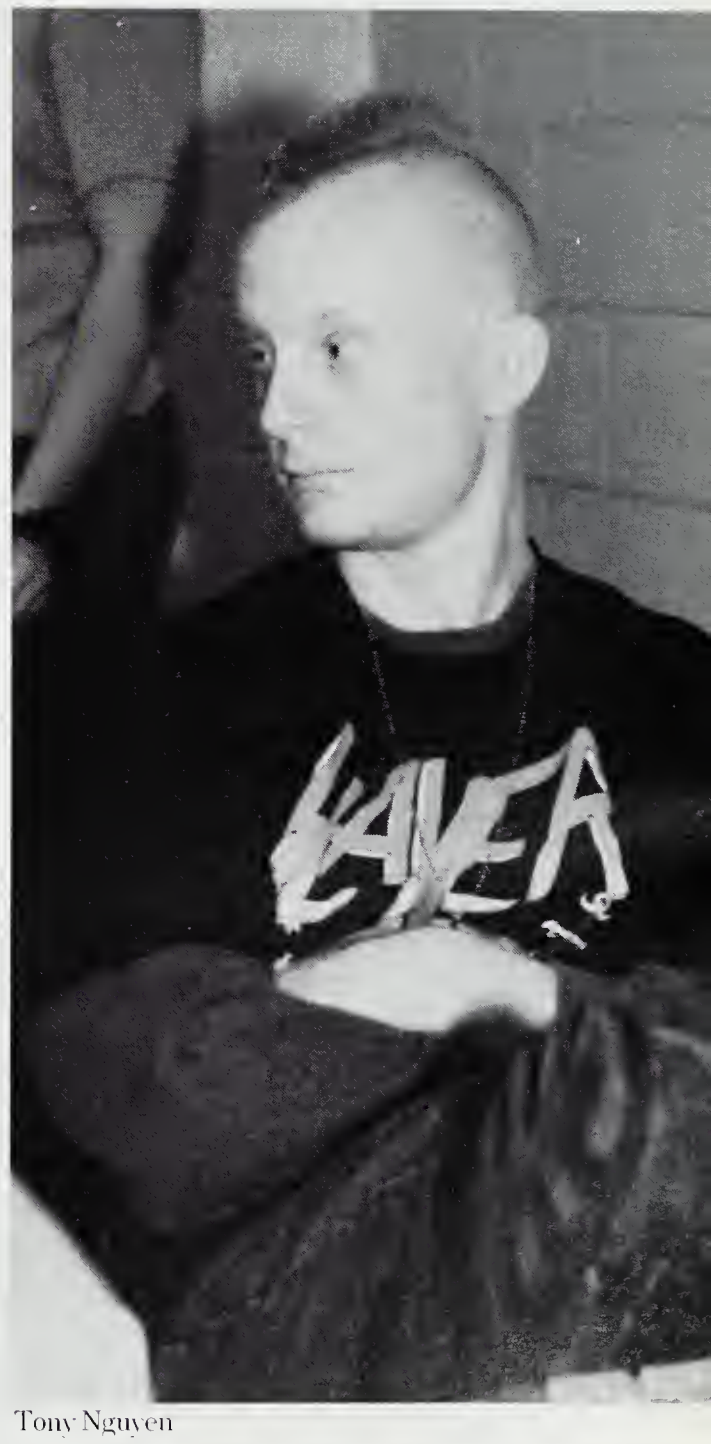
80's bands such as REM, Sex Pistols and The Cure remained popular throughout the 90's. "Punk rock in the 80's was so awesome. The bands weren't that talented, but that was cool. Devo, Dexy's Midnight Runners, and so many others. Whenever, *It came from the 80's* comes on MTV, I don't get out of my chair," junior Tim Azzarano said.

Family togetherness and corny punch lines defined 80's sitcoms. "I like 80's game shows. *Let's Make a Deal* was the best of all time. It's dumb the way they dress in dorky costumes and win prizes like goats and llamas, but it's so compelling that you have to watch it," freshman Preston Abshire said.

"I'm finding that lately without realizing it, I say rad a lot. I guess it's because I love 80's movies. They rock! Everyone dresses so hilarious and there are always people doing stupid things like guys dressing up as girls just to get a date. It's so funny," junior Sean Lyng said.

The slang terms from the decade could be seen on posters, on television, in magazines, on shirts, in movies and on bumper stickers. Whether students liked it or not, the 80's just would not die.

by Libby Sova and Caroline Roach



Tony Nguyen

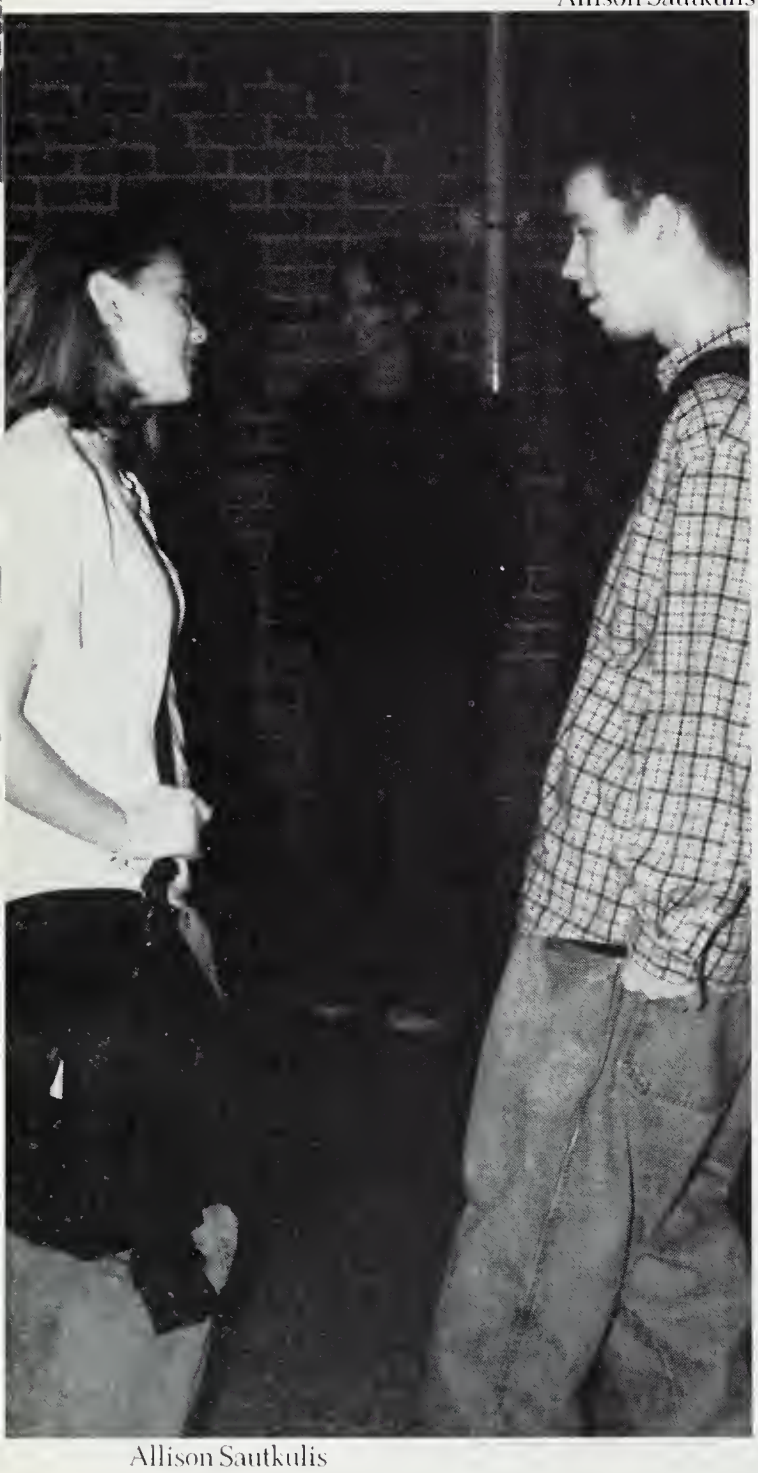
While sitting and waiting for instructions about his next computer assignment, senior Chris Ellis lets classmates get a close look at his mohawk. Punk hairstyles ranged from dyed and heavily hairsprayed hair to thickly gelled spikes.

While at B lunch, freshman Megan Gartner finishes her granola bar in front of the orchestra room while freshman Brian Zaiko watches on. The two friends met up with their group for lunch everyday at the same time.

Allison Sautkulis

> "Donnie and I go everywhere together. My other friends get jealous since we spend all our time together.
> Jennifer Tindall - 11"

> "Girls make good friends but it takes a while to get to know them because I am never myself around them.
> Jeff Rivera - 11"



Allison Sautkulis

After school senior Jason Mehaffey waits for his best friend, sophomore Jessica Hudgins, in the senior locker bay. They were going to their lockers and then headed off to Burger King for a double whopper and a large french fry.

TWO OF A KIND

Though Physically Different, Friends Found Similarities in Other Areas

Opposites attract, according

to junior Allison Sautkulis. "I think it's great that Pat and I are best friends. He keeps better secrets than my girlfriends. Pat is also so easy to talk to. It is fun to be around him because there is no competiton between us," Sautkulis said.

"My best friend and I are totally different yet so alike. Everytime we go out we fight over what to do and where to go. For some reason we always end up having lots of fun. That's why I like her so much," freshman Jose Salmeron said. Due to being opposite gender, differences occured in music, clothes, movies, and foods.

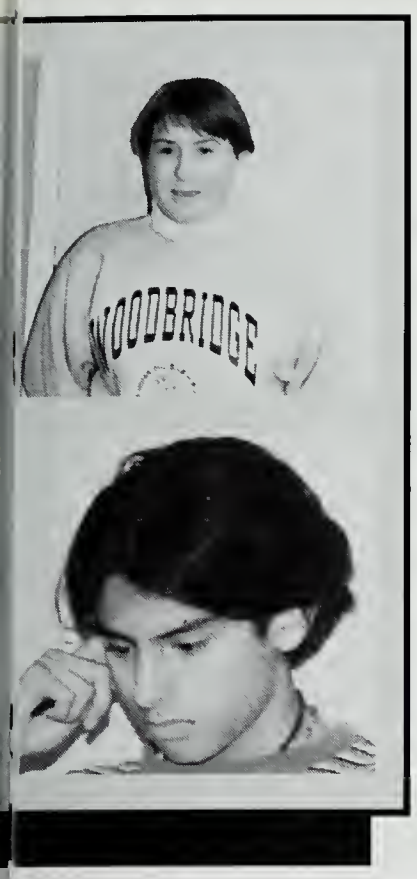
Opposite gender best friends lent insight into the minds of males and females. "My best friend Missy and I talk about stuff that guys and girls are into. One time she gave me advice on how to win this girl's heart. I am glad I turned to her because it really helped me out," senior David Via said. Opposite sex best friends obtained advice on subjects not known by them.

Sometimes being friends with the opposite sex led to a more extensive relationship. "One time I had this really good friend that was a girl. We became really close and started going out. When we broke up our friendship was ruined. After two years we started talking again. Now we hang out all the time," senior Charlie Wilkinson said.

Although students were of different sexes, this didn't get in the way of friendships. Friends of the opposite sex helped to illuminate the complexities of relationships.

by Melissa Derr

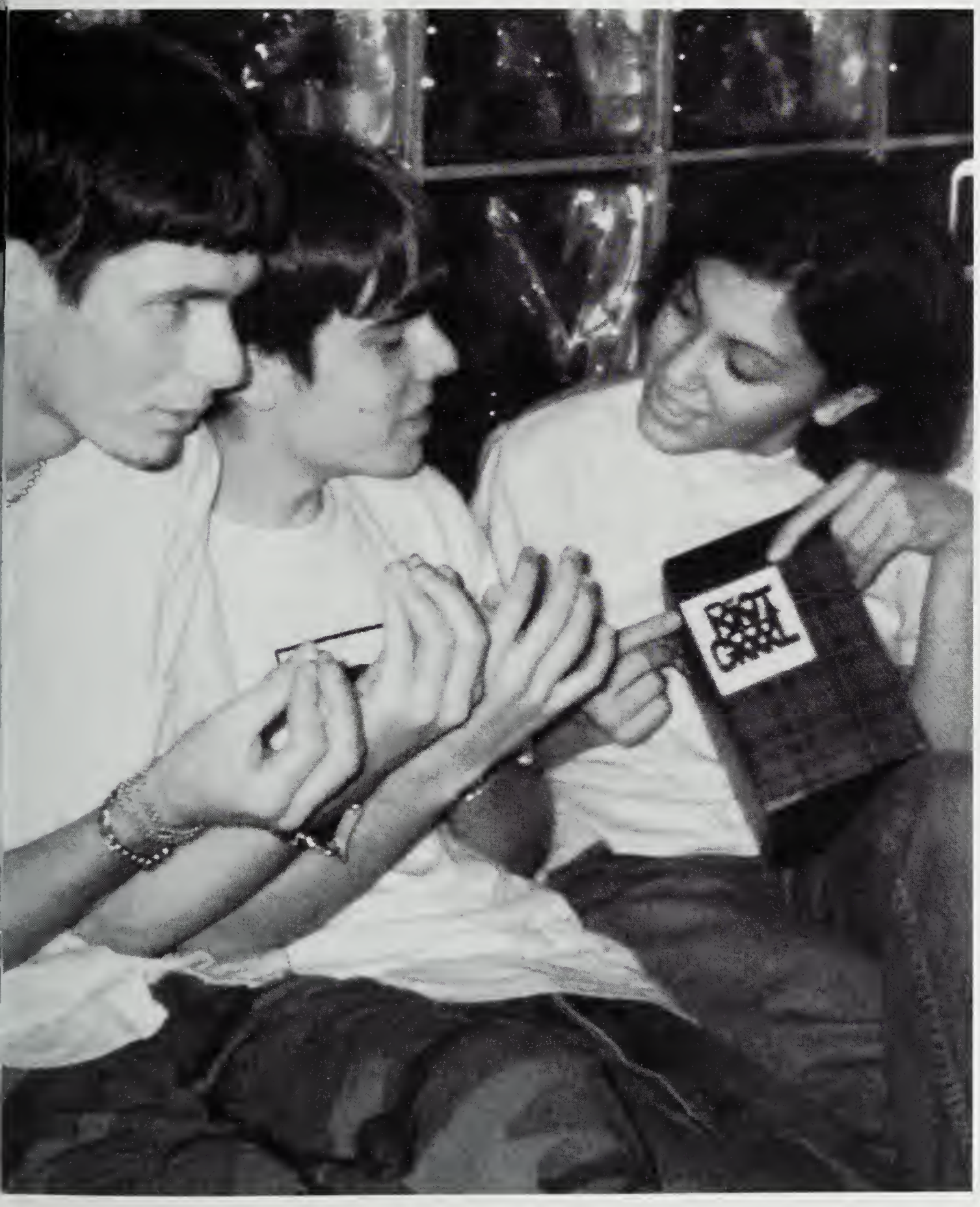
Iyana Tenno



Carter Elmore

In the eight minutes after third period, senior James Mills socializes with his best friend sophomore Erica Harris in front of the printing room. They were in the process of making plans for the up coming three day weekend.

In the drafting room, senior Crystal Dillon helps senior Ben McKelvy work on the foundation planning for his house plan. Architecture students were required to create blueprints for their house and work on several stages of its development.



Carter Elmore

While waiting to be seated at the Silver Diner, juniors Christian Lord, Lucy Risso and sophomore Werner Luebke talk about Risso's new Riot Grrrl sticker. Friends of the opposite sex shared common interests in types of music.

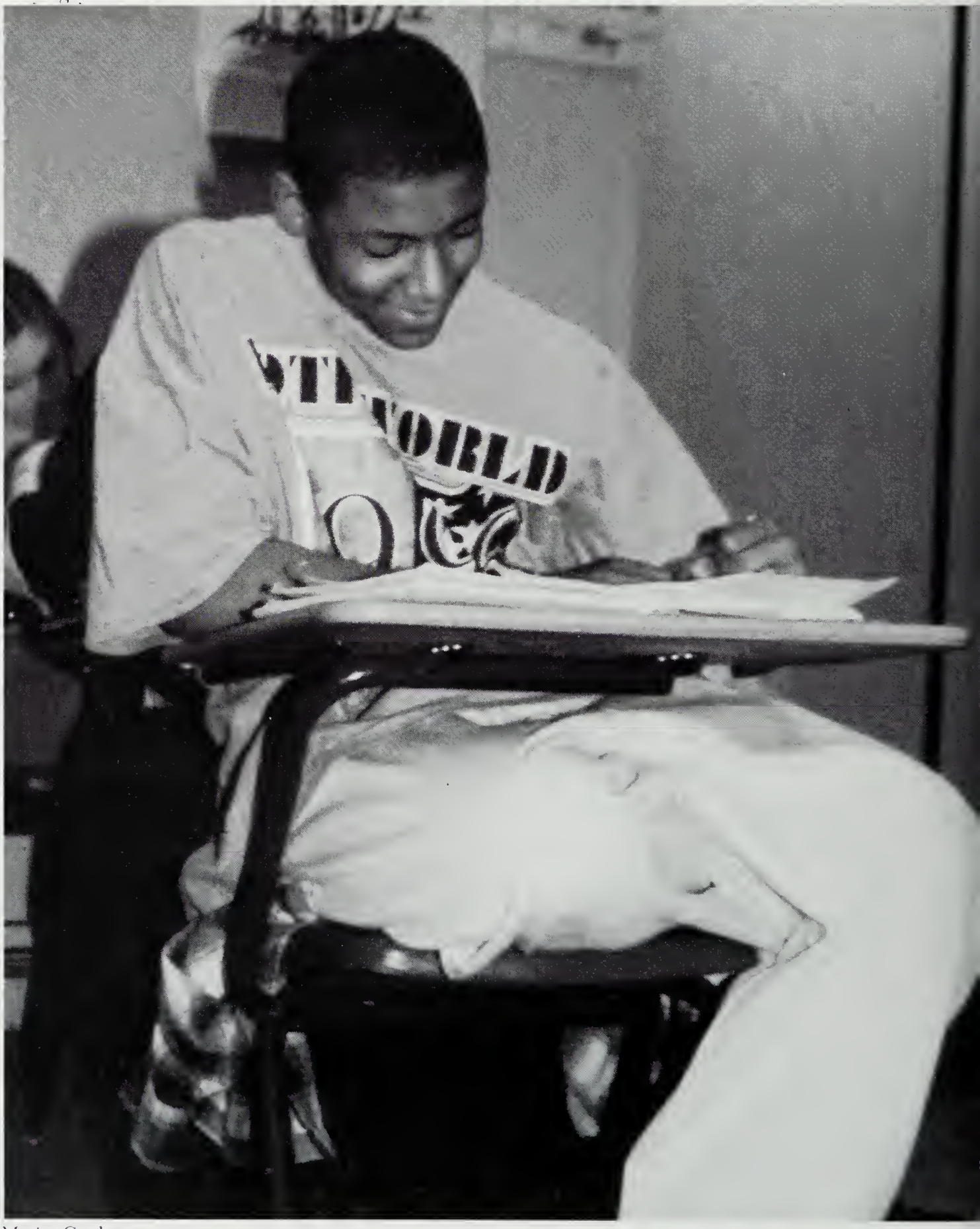
Check it out! During C Lunch sophomore Mark Rosenow takes a break from his World Studies II class. Rosenow showed off his corduroys to his friends by the downstairs lockers. Rosenow liked how the corduroys fit him.

Tony Nguyen

What time is it? Junior Tanya Kern and her friend sophomore Latoya Sherron check their watches before first period in the downstairs locker bay. Kern's pants were shiny purple and attracted attention from other students.

Tony Nguyen

While combining a casual look with a dressy style, sophomore Rajahn Rainey works hard on his Spanish assignment. Students dressed up their casual non-jean pants by wearing nice shoes. Khaki pants were made of cotton.



Marian Gryder

"Sweats are more comfortable than jeans. Sweats have drawstrings so you don't have to wear a belt.
Jason Viney - 9"

"If I don't have anything else to wear, I'll wear my khakis. I also wear them when I have to get dressed up.
LaPorshia Washington - 11"

Carter Elmore

Warm up! Freshman Carlos Medina wears his navy blue warm-up pants to school to stay comfortable throughout the day. Medina could concentrate on the work in his Freshman Seminar class more fully when he felt laid back.

SLACKERS

Students Go Against the Norm With Styles All Their Own

As she glanced across her room sophomore Susan Hicks saw her dusty old jeans lying in the corner. "Jeans are boring. Everyone wears them. I like to break away from the norm and wear other kinds of pants every once in a while. I wear plaid pants, slacks, and pants with colors splashed all over them," Hicks said. Non-jean pants lended more variety to students' wardrobes.

"I went with my friend to the Salvation Army to find pants that fit better than jeans. I tried on a pair of blue corduroys and fell in love with them, so I had to buy a couple of pairs. I got some polyester pants there too so that I wouldn't get sick of the cords," sophomore Suzanne Stromire said. Students rummaged through racks of second-hand stores to find vintage clothing.

Coaches didn't allow athletes to wear jeans on game days."I play varsity volleyball, so I have to wear nice dress pants. Sometimes we wear sweatsuits. You supposedly get in trouble if you wear jeans although no one has ever tried it. I guess the captains would yell at you,"junior Melanie White said. Dressy slacks or dress pants were alternatives to jeans on game days.

Jeans came in many different sizes, ranging from small to large and slim to relaxed fit, yet they still did not fit everyone perfectly. "I don't have anymore jeans that fit or don't have rips. I didn't feel like wasting money on buying new ones. I just wear the same pair of khakis everyday. They're much more comfortable than jeans anyway," junior Josh Salzer said.

Material for pants ranged from khaki to polyester to corduroy.

by Stacy Scarrazo

Tony Nguyen

On the back step of his house, sophomore Charlie Bird dusts off his pants. Bird was on his way out, but he wanted to make sure his pants were in good condition. Non-jean pants required students to be careful of their treatment.

After their third period class, senior Jeremy Seeley and Shannon Tate meet by their lockers. Cancer Seeley and Aquarius Tate found they had common interests just as the horoscope book suggested.

Iyana Tennon

Carter Elmore

WHAT'S YOUR SIGN

Astrological Predictions and Horoscopes Present an Endless Source for Entertainment

There will be good luck in the

upcoming week. The outlook on the love scene is looking positive. Lucky days are 6, 13, 19, and 24. Senior Kristine Curran read her horoscope for Gemini and wondered if it would all come true.

Students found a grain of truth in horoscopes. "I don't live by horoscopes, but for the most part they're true. One time I read my horoscope at the end of the day and it was complete *deja vu* because everything it said happened. I found money on the way to my car and then my car stalled when I was driving home. That's just what my horoscope said would happen," Curran said.

Students became interested in the character analysis of their particular sign. "I believe in horoscopes because a lot of times they come true. I once received this book all about the sign of Aquarius. The character analysis described me almost perfectly. I thought that was really cool so I have to believe in them," senior Anthony Bellow said.

On the other hand, some students did not partake in reading horoscopes and other astrological predictions. "I never read my horoscope because I just don't believe in that kind of stuff. Astrology isn't for me. I do, however, have some superstitions such as not walking under a ladder. I guess it all depends," freshman Reed Hood said. Students' varying opinions on horoscopes and other astrological subjects created controversy.

In addition to the regular astrological signs, students also found cosmic guidance from the Chinese calendar, which was organized according to year of birth.

by Casey Powell

> "I read my horoscope because it gives me something to do. If it is written, then I think it will happen.
>
> Ian McEwan - 11

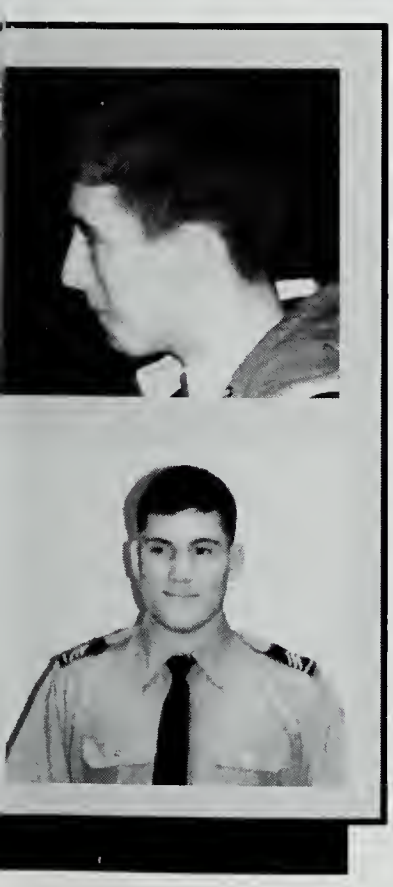
> "I definitely believe in horoscopes. They are not only helpful and insightful, but also fun to listen to or read.
>
> Doug Quaderer - 12

Surrounded by her brightly decorated room, senior Stephanie Zerkow looks at her astrological globe. Zerkow used the globe for fun and entertainment. It provided for decoration as well and a way to consider the unknown.

After a long day at school, senior Julia Wright relaxes as she reads her horoscope in *Seventeen* magazine. Students made a habit of reading horoscopes whether they believed in them or just read them for the entertainment.

Tony Nguyen

Carter Elmore



Allison Sautkulis

"Hi, can I please speak to Dionne Warwick?" Freshman Kristin Correira makes a call to the psychic hot line. Students became interested in psychic information through television advertisements and from their friends.

As they browse around The Seventh Sign, senior Corrina Struckholz and sophomore Marissa Jamison stop at the display of incense oils. Incense was a medium used when experimenting with tarot cards or Ouija boards.

EXTRA EXTRA

Magazines and Newspapers Keep Students Aware of World Happenings

Look! It's a reading rainbow!

A plethora of special interest newspapers and underground magazines enabled students to read up on news, fads, sports, music and hobbies. "*Rolling Stone* and *Spin* are alike, but I read both because they have everything from music reviews to politics in them," sophomore Morgan Harmon-Sehnal said.

Students also read publications that only covered stories on activities and events they were involved in. "Skateboarding is a major part of my life and so I read anything that will give me new information about it. *Transworld Skateboarding* is my favorite magazine," sophomore Marc Motyleski said.

Vivid and colorful pictures in magazines offered readers a glimpse at things they would not see otherwise. "The pictures in *National Geographic* are really beautiful and sometimes show me things I've never seen before. It also has great articles on diverse cultures," junior Jenna Giandoni said.

"My teacher makes my class turn in current events every other day. It's gotten to the point now that I don't even have to remind myself to read the newspaper every night," junior Kristen Nicosia said. Students read daily papers to keep up with current events for personal knowledge or assignments.

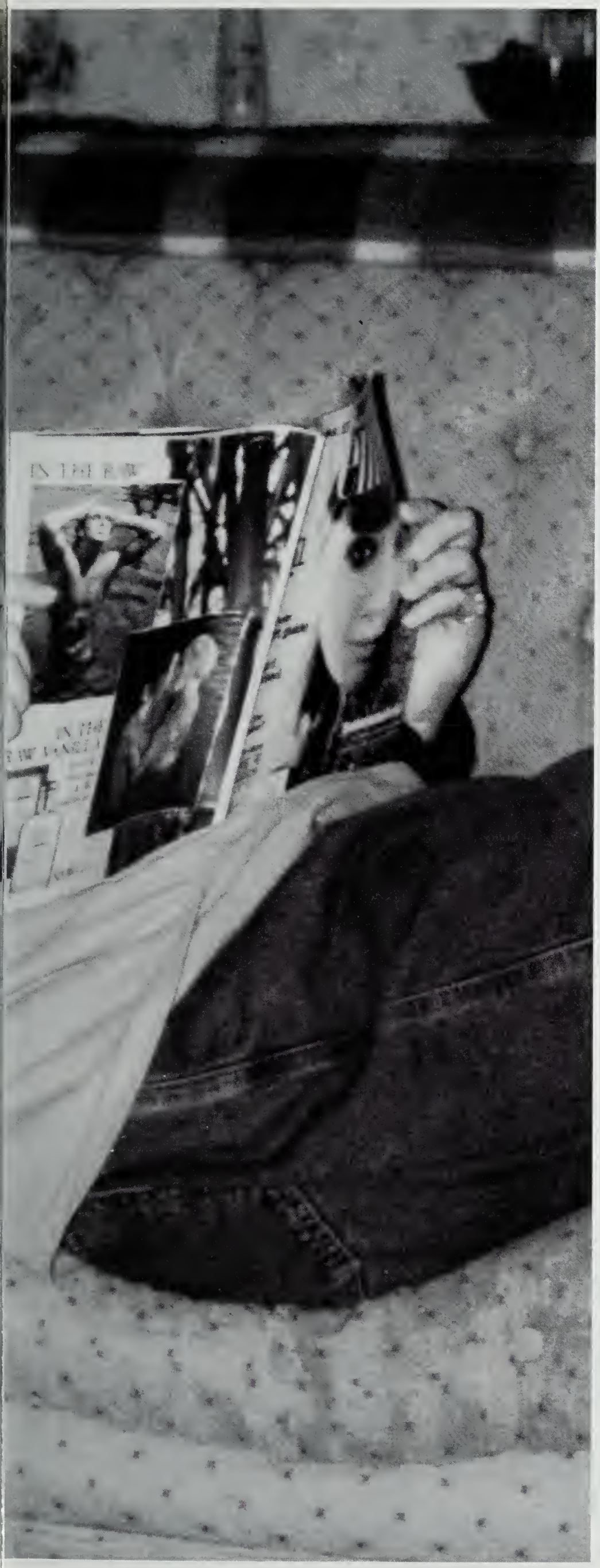
Subscriptions to publications made them accesible. "My one-year subscription to *Sports Illustrated* has saved me almost twenty dollars," senior David Terrell said.

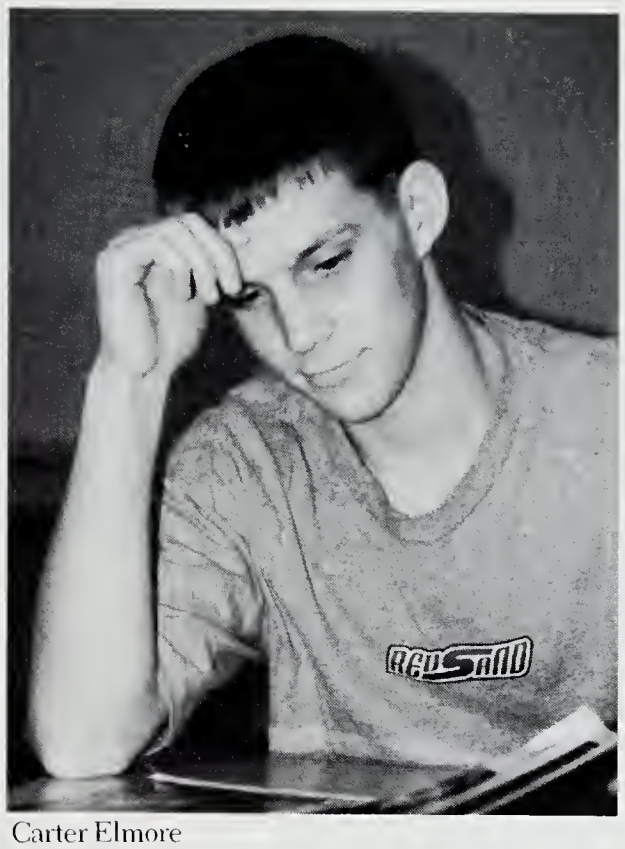
by Caroline Roach

As she takes a break from class, junior Melissa Derr lounges on the floor and reads *The Washington Post*. Social Studies teachers, among others, required students to keep up with current events by reading daily newspapers.

Carter Elmore

Tony Nguyen





Carter Elmore

After senior George Flynn completes his Calculus AB test, he pulls out his current issue of *Sport Illustrated* to read up on his favorite teams' scores. Sport-influenced magazines kept students informed about the teams they cared about.

As senior Devin Tubbs sits on his couch, he finds something humorous to read in his favorite magazine-*Hot Rod*. Car magazines provided advertisements for separate motor vehicle companies, such as Ford, Nissan, and Pontiac.

Iyana Tennon

Tony Nguyen

As she props her feet on her sofa after a hard day of school, freshman Anne Kelley flips through the pages of an issue of *Seventeen* magazine. Students read magazines geared towards young people to keep up with trends.

Pass me the sports page! Senior Matt Huntt reads an article in the Monday Sports section of the *Potomac News* to see how the high school teams did. Local newspapers also featured the results of professional sports teams.

At 2:30, when school gets out, freshman Rowan Stevens tidies up the house before his parents get home. Armed with a Dirt Devil, he made short work of the carpet. He and his parents preferred to keep their house spic and span.

Iyana Tennon

Carter Elmore

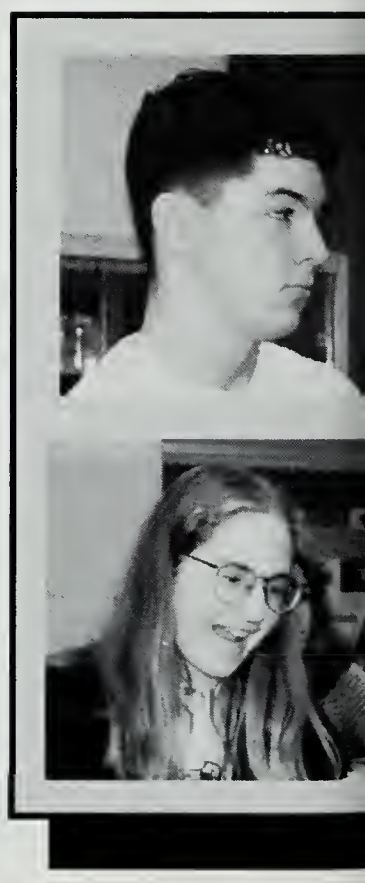
It's gotta be straight. Senior Dana Stamilio adjusts the picture on her bedroom wall. Stamilio decorated her walls with great works of art, mementos, and astronomy charts. All her pictures were spaced evenly along her wall.

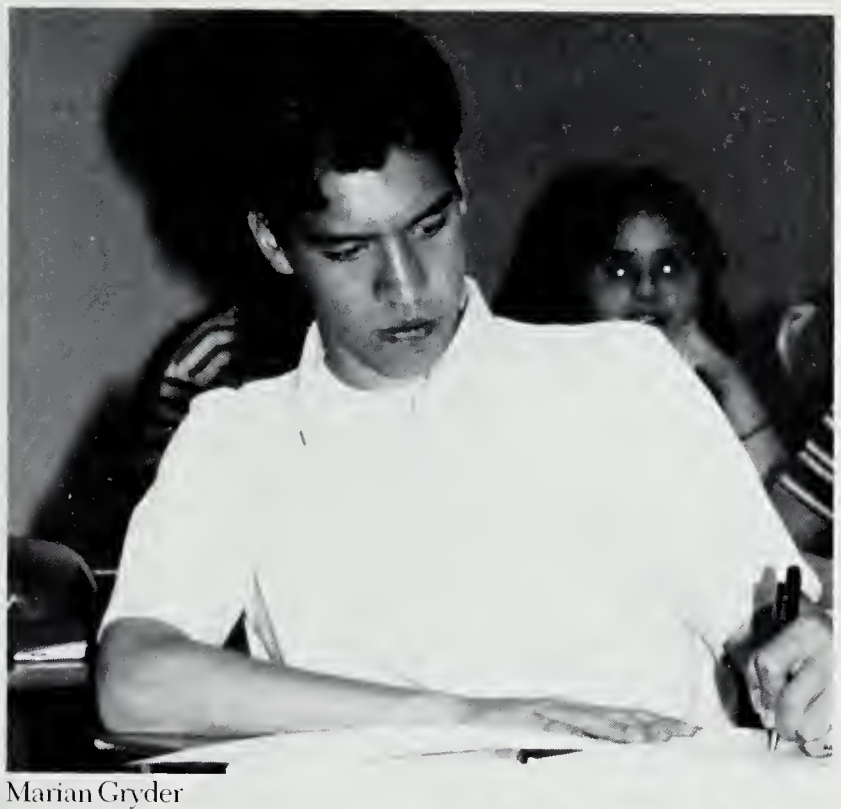
Carter Elmore

"Where does it go?" Junior Meggan Curtin looks through her friend's alphabetized CD collection, trying to find the correct place for the one she had taken out. Students organized their CD's so they could find them easier.

Too messy. Junior David Mannings organizes his dresser drawer, because it is too cluttered. Weeks of accumulation had built up, and it was time to clean. Mannings had decided to sort his drawer into neat piles, to find things easier.

Iyana Tennon





Marian Gryder

Perfect penmanship. Senior Chris McGuire concentrates on his handwriting as he completes his classwork. McGuire took pride in his handwriting and was recognized by his teachers by being chosen to write on the chalkboard.

NIT PICKY

Minute Details and Disorder Push Finicky Students Over the Edge

As he pushed with all his might, junior Kevin Fahy tried to cram just one more box into his already overflowing closet. "A few years ago, my room was a complete mess. I couldn't even sleep on my bed, because there was stuff completely covering it. After that, I decided that I would keep my room neat and organized so I wouldn't have that problem again," Fahy said.

Picky students were annoyed by simple things. "I hate using scratch paper. Just the way the word sounds makes it seem disorganized. I have to have a full sheet of paper so I have room to work," freshman Matt Williams said. Paper was only one of the many pet peeves that students had.

"My closet has to be organized exactly how I want it to be. When I hang up clothes, all the hangers have to be going the same way, so that each type of clothing is grouped together," junior Heather Baker said. Students were precise about the organization of their personal space at home.

"My biggest pet peeve is when someone will erase the chalkboard, but they don't erase everything. I feel like getting up and erasing it myself," junior Jennifer Dunn said. Minor details obsessed students who tended to be anal retentive.

"My locker is very organized. Books go on top, and they are arranged from largest on bottom, to smallest on top. On the bottom, I put my binders alternating in the way they face. When something is even slightly out of place, I just completely flip out. I start growling and barking like a dog. It's crazy. I practically start foaming at the mouth," senior Kristin Buckstad said.

by Sean Lynch

"The CD's in my car go the same way and are in order. Not alphabetical, but if one is out of place, I know."
Duncan Smith - 12

"My violin cost my parents $1500 and was made in Bulgaria. I always keep it clean, and in its case."
Beth Hein - 11

With her hands gripping the bench tightly junior Joy Vandiever does repititions of leg lifts for softball. Players went to the weight room every Monday, Wednesday, and Friday for one hour after school to get in shape for their season.

Tony Nguyen

As they pass the 10 pound weight back and forth juniors Rachel Rogozinski and her exercising partner tone their arm muscles. Crew required strong upper and lower body strength in order to pull the oar through the water.

Tony Nguyen

Tony Nguyen

Stroke, Stroke. As Freshman Erin Artz uses the ergometer she prepares herself for the upcoming crew races in the spring. Rowers practiced Monday through Thursday. In the winter season because it was too cold to go on the water.

A fast pace is what senior Clinton Johnston used to keep his endurance up for the Lacrosse season. Besides working out at school players kept in shape at home by using treadmills, free weights, and other work-out devices.

Tony Nguyen

WORKING IT

Students Work Out for Both Health and Appearance Reasons

"And one and two and three."

Senior Jeff Mensah counted out loud as he pushed up the barbell. "After the eighth grade I really started caring about my physical appearance. If I skip two weeks of working out I lose all my tone and feel weaker. Then, the following week, it's like I have to start all over again," Mensah said.

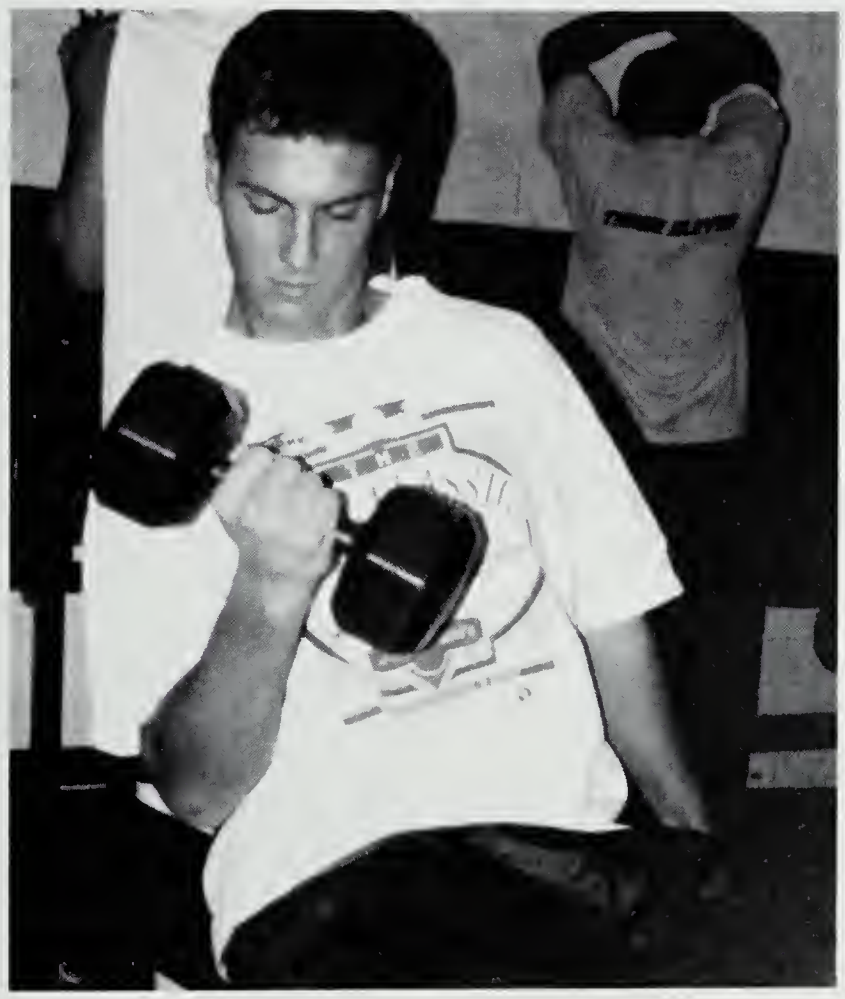
The weight room in school provided a place to exercise for free. "I only began working out for soccer in the school weight room. I don't work out any other time besides that, because I don't have to," sophomore Ellie Sachs said.

Unique in their results, students chose exercises for distinct purposes. "I go to step aerobics three times a week at Devils Reach Sport Club. One class consists of an hour of aerobics and a half hour of toning with free weights. I also go to a fifteen minute class that consists of only abdominal workouts," senior Amanda Boyle said. Running and aerobics provided heart conditioning, as well as improved endurance and cardio-vascular fitness.

"I work out twice a week to stay in shape for basketball season. I do a whole lot of running to keep my endurance up for a game," junior Emily Robbins said. Though it could injure the knees, students turned to running to get in shape.

Along with exercising, a balanced diet was crucial to good health. By eating healthy and working out students stayed in shape for athletics and personal reasons.

by Elizabeth Bowden



Tony Nguyen
Working Out

As he stares intently at the dumbell, senior Chris Bennett conditions his arms for the upcoming baseball season. The team worked out in the weight room every other day in the school to stay in shape, and to keep up their endurance.

MIRROR, MIRROR

Students Use a Wide Variety of Beauty Products to Enhance Their Natural Looks

Groggy eyed, sophomore Myzsa Pennell rolled out of bed an hour before her bus came to get ready for school. Special shampoo, conditioner, a hair dryer, and a barrage of various hair styling products cluttered her bathroom cabinet.

"For 16 years I had straight hair that wouldn't do anything, and then I permed it. It's hard to take care of because you are only suppose to brush it when it's wet. It takes forever in the morning," Pennell said. Besides perming their hair, students could also straighten or dye it.

Facial cleansers aided in pimple prevention and exfoliated skin. "I wash my face two times a day to make sure it doesn't get too dirty. Once when I come home from school with Noxzema Astringent because it's quick. When I take my shower at night I wash my face with Regular Noxzema Cream," sophomore Katherine Ward said.

Beauty supply chains such as The Body Shop, Mary Kay, Avon and Bath and Body Works carried a wide selection of beauty products like shower gel, lotions, and perfumes. The beauty chains also carried lines of products for men.

"I use lots of items from Bath and Body Works. I have the shower gel, body splash, lotion, and cream all in the country apple scent. I receive compliments a lot. Even if you can't smell it on me all the time, it makes me feel special and nice to have it on," junior Missy Shank said.

There were other ways to enhance one's appearance. Braces straightened teeth to enhance student's smiles and manicures created a new look for fingernails. Along with daily routines, students also took time for mud masks.

by Stacy Scarazzo and Sarah Bruns

Tony Nguyen

Who's the fairest of them all? Junior Monique Farquharson took a peek in the mirror of her compact during her fourth period class. She checked her make-up once in a while to be sure that it had not smeared during the day.

Allison Sautkulis

Check Up! Before going to second period sophomore Dawn Simpkins stops by the bathroom near the JROTC rooms to freshen up. Students stopped by the bathrooms to see how well their appearances held up during the school day.

A make-up bag clutters the desk of junior Vanessa Wade. Make-up bags carried a variety of beauty products including perfume, foundation, and brushes. Small and convenient ,they fit into students' backpacks or purses.

Marian Gryder

Carter Elmore

Marian Gryder

Steady, easy does it! Balancing her arm against the lunch table in the senior lounge, senior Melissa Kooyoomjian applies her eyeliner before heading back to class. The mirror in her purse aided her in the application process.

As junior April Miller digs through her backpack, freshman Alicia McNeease looks for her brush in her purse. They stopped in the bathroom to brush their hair and reapply their make-up. Bathrooms were crowed during lunch.

While locking her seatbelt into place, junior Solitaire Moffett waits for the buses and other cars to move out of her way. Traffic was caused because of the sheer number of cars that were trying to leave all at the same time.

Tony Nguyen

Tony Nguyen

BUMPER CARS

In the Jam Packed Parking Lot, Students Face Off Bumper to Bumper

"Don't you dare cut me off!" junior Rachel Rogoziniski yelled, as not one, but two cars pulled out in front of her. She slammed on the brakes, in fear she would hit the cars. School buses had the right of way in the student parking lot so students had to contend with traffic jams caused by buses as well as the 500 other students' cars.

"The worst part about the parking lot is trying to leave school. There are so many cars, that when you try to pull out you have to wait to get out of your spot, but if you get out of the building at ten after you have to wait for buses," Rogoziniski said.

Students had to move their cars out of the student lot for marching band practices. Practices were scheduled for Tuesdays, Wednesdays, and Thursdays at 2:30, starting the first week of school and ending in November. Students became aware of the rule when the band stuck notices that were meant to discourage violations to their cars.

"One time I stayed after for a soccer meeting and I got a parking violation sticker on my car, because I couldn't get out of my meeting. When I finally got out the guy tried taking it off my car but he left half of it on. I had to use a razor blade to take it off," junior Ben Plummer said.

Students faced the problem of getting into the lot. The stoplight turned green long enough to let students out into the intersection but not long enough allow the buses to go. This created a problem with students getting stuck in the middle of the intersection when the light turned red. The thousands of commuters on their way to work took to honking to get the students to move.

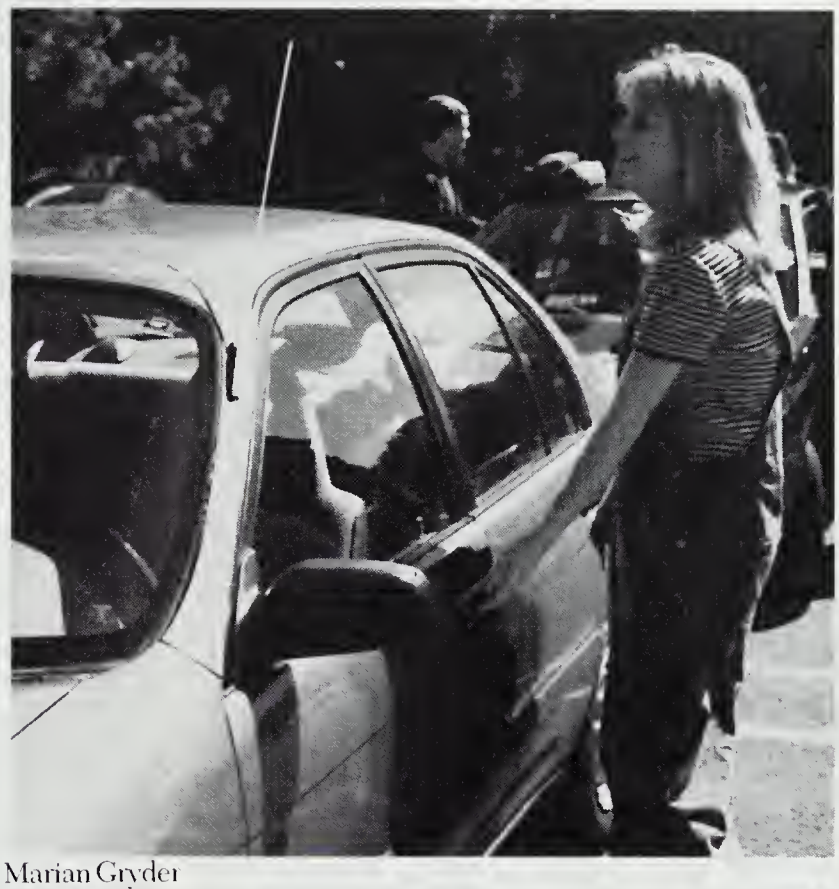
by Hilary Hansen
Student Life

> **"Everyone is so eager to leave school, they cut you off. Someday there's going to be a big accident.**
> **Audra Gilbert - 11"**

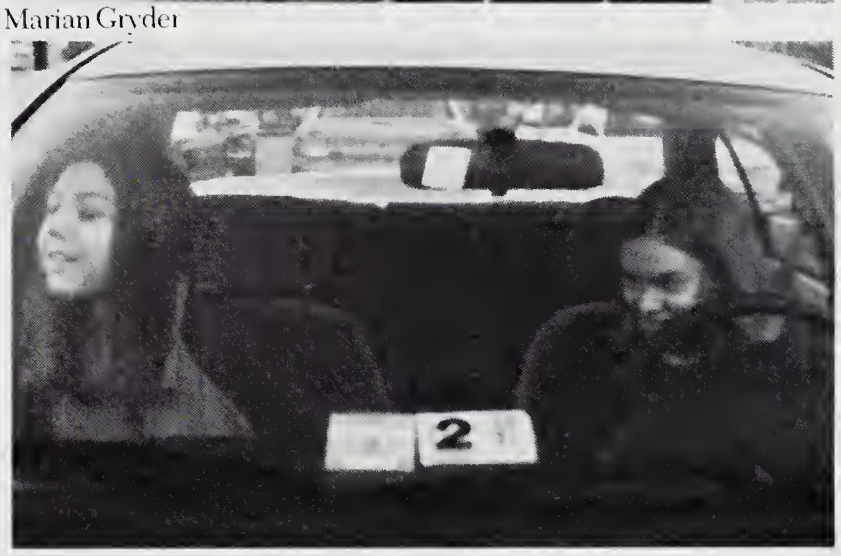
> **"I don't like how we have to wait 15 minutes for the buses to leave, when I have to wait for my friends too.**
> **Melissa Handy - 11"**

"Stop!" yells Mr. Watts as he stops senior Jamie Sansale's car on her way out of the parking lot. Cars were stopped systematically to allow time for the buses to exit the bus tunnel. Administrators were positioned to assure safety in the lot.

As she unlocks her car door, senior Colleen Gray laughs to herself about having to leave school early to beat the traffic of the other cars in the student parking lot. On a good day, students were able to beat the buses.



Marian Gryder

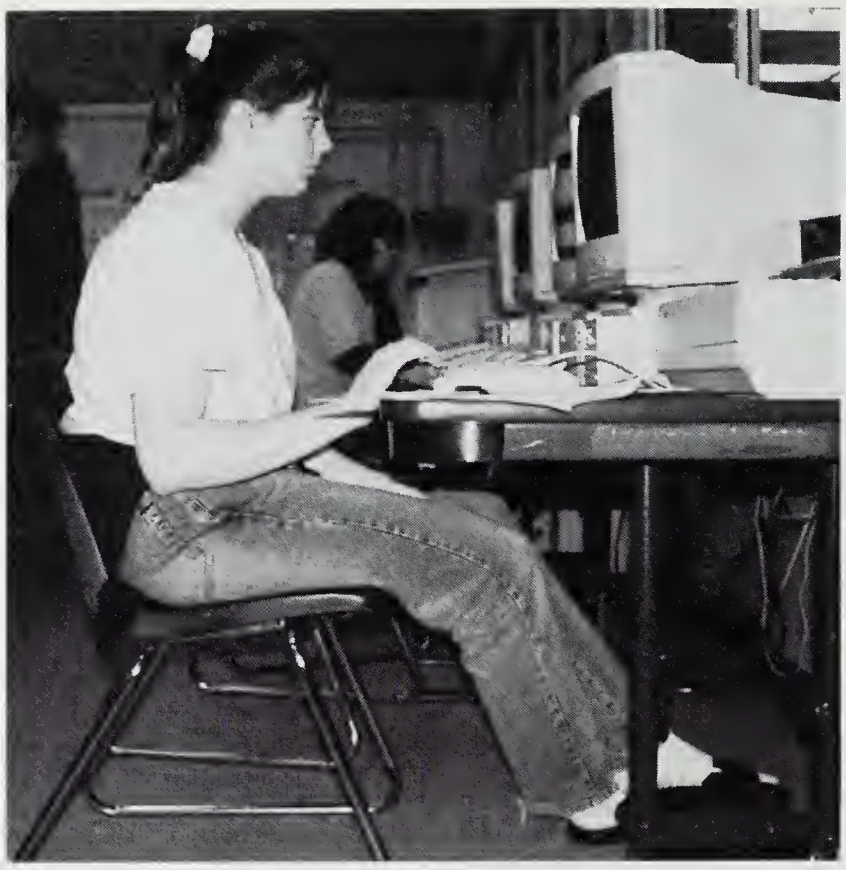


Tony Nguyen

Tony Nguyen

While sitting in the car, juniors Jenn Sikorski and Kimmy Reese look to see if the car will make it out of the parking space safely. Minor accidents occured when confined quarters didn't allow enough space for maneuvering.

All lined up. A common scene after school, cars crammed together while waiting for their turn to leave the student parking lot. School let out at 2 pm but students leaving the lot waited for the buses to leave first at 2:10.



With her English project for Mrs. Eva Goode's class open on the table, sophomore Christine Connally looks up her project subject on the SIRS program. Connally wore a pair of sandals to school that day due to the warm weather.

Tony Nguyen

> "I like sandals because they give my feet more room to move around. I wear my Birkenstocks everywhere.
> Keith Bevins - 11"

> "I can't wear sandals because they are just uncomfortable. I like Airwalks and Adidas tennis shoes.
> Olivia Bauman - 12"

Tony Nguyen

Together, seniors Janelle Sutton and Umar Bowers work on a Presidential Election assignment for Mr. Faust's American Studies II class. Sutton wears a pair of black strappy sandals to complement her floral dress and jacket.

FOOT FETISH

Style, Comfort and Weather Influences Individuals' Footwear Decisions

Just before the beginning of her Cross Country race, senior Jennifer McNamara changed from her flip-flops to her running shoes. "I wear my Adidas sandals up until the time when I warm up with my running shoes on. Wearing my sandals relaxes me before a race," McNamara said. Wearing sandals gave a loose feeling to the feet.

"I like to wear tennis shoes over sandals because they are more comfortable, Reeboks are the most comfortable shoes to wear," sophomore Nicole Wadley said.

Comfort for fixed environments played a role in footwear decisions. "It's hard to sit in class with shoes on but with sandals, it's not as hot. I wear my Adidas flip flops because they are the most comfortable," junior Beth Pedigo said. Sandals kept feet cool and comfortable for extended periods of time.

Shoes however, provided more protection and warmth than sandals. "I don't even own a pair of sandals. I've just never liked them, even when I was a kid. Wearing sandals is like the same thing as going barefoot. I can see why other people wear them, but I prefer shoes," junior Ben Wilhite said.

"During the summer I wear sandals because we're not in school and because it's hot. I prefer to wear shoes though because they're more comfortable. And then I don't have to worry that people are always going to be looking at my toes," sophomore Juliet Hoyt said.

Shoe companies accomodated their consumers. Nike introduced a line of sandals in their ACG line, and sandal companies, such as Reef, made tennis shoes.

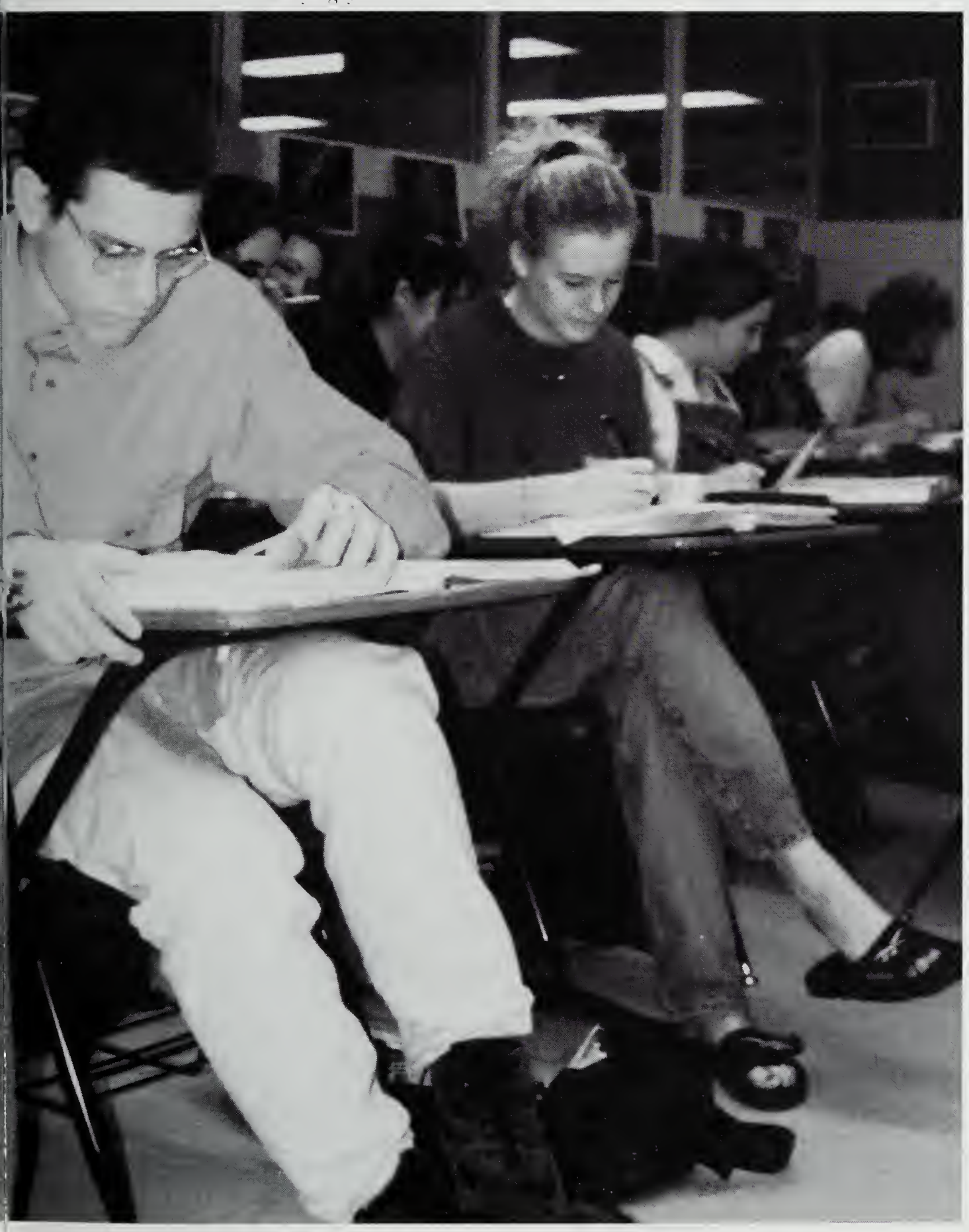
by Kimmy Reese

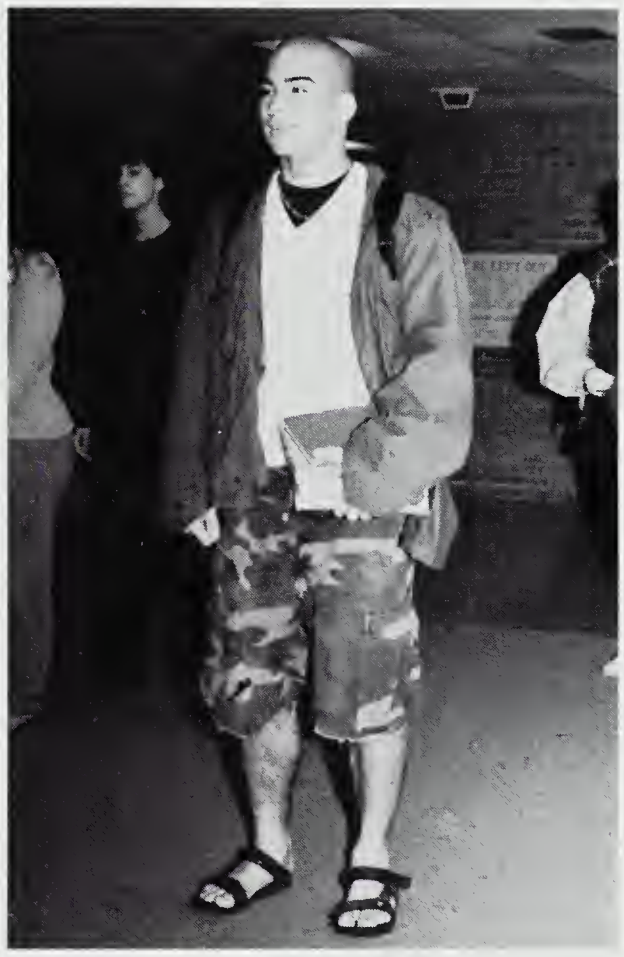
Tony Nguyen

Tony Nguyen

Dressed for a game, junior Heather Ley adds a pair of flip flops to her Varsity Field Hockey uniform. Sandals added a feeling of comfort to a laid-back outfit. Junior Emily Robbins feels more comfortable in a pair of warm socks and shoes.

Just after he arrived, senior Chris Lee greets a classmate who promptly comments on his choice of footwear that day. Among all the students with their sneakers, Lee wore sandals that morning in cold twenty degree weather.





Iyana Tennon

Class work time, seniors Steven Brown and Jessica Hoge concentrate on the assignment given by Mr. Kemp in fourth period Calculus BC class. Brown and Hoge chose the casual look adding hiking boots and sandals to their outfits.

With the afternoon sun shining on her back, freshman Jenny Harrison unlocks her door. Harrison let herself in the house every day after school. Students made sure they had their key so they wouldn't get locked out of their houses.

Allison Sautkulis

Keep your eye on the ball. Senior Tony Nguyen entertains his seven year old sister, Virginia, in their backyard. Nguyen had to fit babysitting into his busy schedule of yearbook photography and National Honor Society.

Allison Sautkulis

Tony Nguyen

"Can you find all the missing Christmas wreaths?" Junior Rachel Price looked through her younger sister, Elizabeth's *Highlights* magazine after school. To keep track of siblings, older students tried to engage them in quiet activities.

Ring around the rosie. Senior Iyana Tennon plays games with her younger sister. When the weather forbade students from going outside, students could entertain children indoors by playing interactive games with their siblings.

Allison Sautkulis

HOME ALONE

Coming Home to an Empty House Gives Students a Taste of Freedom

Silence greeted junior Beth

Tomchek when she opened the door. The house was devoid of parents or siblings, so she threw down her things and flopped on the sofa.

Latchkey kids were home alone after school. "I like going home and immediately being able to sit down and watch TV without having anyone start whining for me to do my homework," Tomchek said.

Students invited friends over to keep them company, but had to be careful not to break anyhing. "Sometimes I have some friends over before my parents get home, but it's okay since they don't make a mess," freshman Donna Ohs said.

Students could be themselves when they were alone. "I vividly remember one time when I thought that I was alone so I began singing loudly in the living room. I didn't notice my boyfriend pulling up in the driveway. He saw me and was laughing at me through the window," senior Emanita Dewitt said.

Students had an additional responsibilities when they were required to watch over their siblings. "I watch my brother when he gets home. He normally doesn't give me any problems because he goes out to play with his friends." freshman Marianne Benson said.

Younger brothers and sisters were not always easy to keep track of. "My brother used to do some really weird things. One time I came home, only to discovered that he was on the roof with his friends!" senior Katie Woodside said.

by Joy Vajirapinyo

Allison Sautkulis

Latchkey Kids

Come on, let's go and play outside. Sophomore Thanh-Le Nguyen entertains her younger sister while her parents are still at work. Students had to be extra careful to watch over their siblings when it was necessary to cross the street.

While in Ms. Lusardi's second period Chemistry class, junior Connie Foster sharpens her pencil. Students who could not sit still during the 85 minute long block classes looked for excuses to leave their seats and move around.

Allison Sautkulis

Carter Elmore

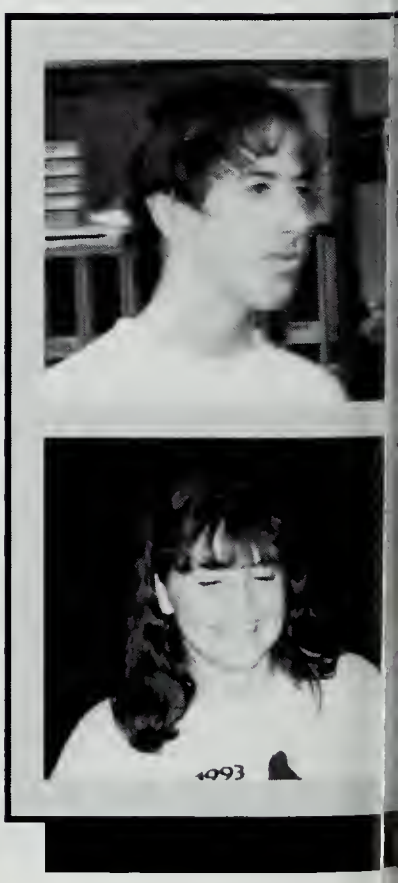
After a challenging game of Trivial Pursuit with her younger sister Kristina, junior Nicole Correira cleans up. She chose to play with her sister, rather than sit alone. Boredom caused an old board game to be dragged out.

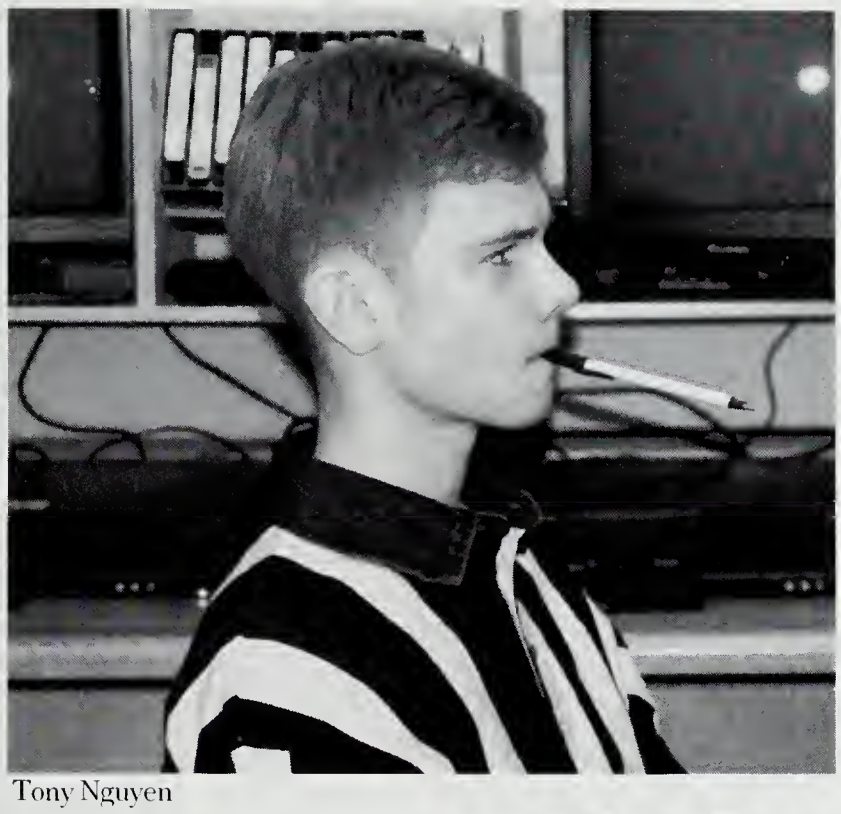
Marian Gryder

With the chord stretched to its limit, junior Russell Urquhart moves around as much as the cord will allow. Urquhart could not sit for a very long time while talking to his girlfriend. The length of the cord restricted his movement.

Tony Nguyen

To help pass time during his Freshman Seminar class, freshman Joe Pekanyande doodles on his notebook. Sketches were found on students' notebooks and papers. They expressed students' feelings and kept them busy.





Tony Nguyen

Munch, munch, munch. Senior Nathan Marsh chewed on his pens and pencils to keep himself moving during his fourth period TV Productions class. Nervous ticks developed into unbreakable habits for fidgety students.

SPACED OUT

In a Vain Attempt to Concentrate Students Are Led Astray By Distractions

"I click my pen a lot. People around me get annoyed and yell at me, but I don't even realize when I do it."
Aaron Schaefer - 9

"If I ever can't sit still in class, I play with my rings. It always helps me get rid of that extra energy."
Casey Godfrey - 10

While she sat at her desk doing an English assignment, sophomore Meghan McLaurin twirled her hair to stay focused. Fiddling with her hair was a habit McLaurin could not kick during class.

"I can't stand to sit perfectly still. It drives me crazy. If I am somewhere I can't move around a lot, I just twirl my hair to keep moving. I've done it so much, I doubt I could ever stop," McLaurin said.

Bored students fidgeted in class. "During tests, I have trouble sitting still because there's not enough excitement going on around me, and if I'm sitting at a table, the table shakes from me kicking it and every one gets mad at me," senior Ryan Gardiner said. Students had to sit still and concetrate longer in the new 85 minute classes.

Nervous habits disrupted class. "Last year, during an English test, I was kicking the desk in front of me, because I was finished early. The girl in the desk got really mad and turned around to yell at me. Then the teacher got mad at both of us," sophomore Geoff Grogan said.

School supplies held a double life fulfilling entertainment purposes for the bored. Students drew with various writing utensils."I have no attention span. When I get bored I draw, because it is something to do. I have these huge markers that I bring to class and draw with them to keep myself occupied," freshman Mike Scites said.

As future plans drew nearer, excited students became antsy. " The whole week before I went to a hockey game, I couldn't sit still, because it was my favorite team," junior Drew Dunn said.

by Sarah Bruns

Wham-o! Senior Mondul Kao extends his leg in a full frontal kick. Kao used a tie around his foot to control his leg movement and prevent injury. Kao took lessons in Tae Kwon Do at a school just off the Route One Highway.

Allison Sautkulis

"Nobody bothers me!" senior Sandra Corvera practices a move her instuctor demonstrated for her. Instuctors showed the students various moves for them to practice. To perfect the techniques students mimicked the instructor.

Iyana Tennon

Marian Gryder

With a smile, freshman Catherine Seguin thrusts her fist out in a horizontal punch. Along with her brother, Seguin studied Tae Kwon Do for six years until she was forced to quit because the commute to Manassas became too long.

Concentration is the key as junior Bill Grandy works on moves for his Iekdo class. The central philosophy of Iekdo was not to attack others, but to fend off attacks. Students took defense classes for enjoyment and protection.

Marian Gryder

GET THEIR KICKS

Martial Arts Classes Provide Students With a Physically Challenging Outlet

"Hi-yah!" senior Jason Gillespie yelled as he threw a punch into the air. Gillespie practiced sparring, fighting with little to no physical contact, during his complimentary Tae Kwon Do lesson. Students were encouraged to take advantage of the free lessons the schools offered.

Students competed in exhibitions, matches, and tournaments. The practicing paid off when students received medals and trophies for their accomplishments.

"One of the most exciting experiences for me was winning two gold medals in the Junior Olympics. My school also had a demonstration team, which travelled all over northern Virginia and D.C. performing different skills," senior Nichole St. Germain said.

While students were busy perfecting their techniques, accidents happened. "At my last match before I stopped studying Kempo, I thought I was hot and could fight really well. I ended up competing against a black belt who gave me a couple of bruised ribs," senior Valentin Sanchez said. Sanchez was a blue belt at the time of the match that caused his injury.

Students had the opportunity to advance with a system of belts, symbolizing a mastery of techniques. "I'm a yellow belt with a green stripe in Tae Kwon Do. The stripe symbolizes the seventh gup. I started at the 12th gup and have been working my way down. I'm hoping to be at the next level soon," freshman Alicia Webb said. Black belts were the highest obtainable degree in Tae Kwon Do.

Among the classes local martial arts centers offered were Hap Ki Do, Judo, Karate, Iekdo, Kempo, and Tae Kwon Do.

by Jennifer Sikorski

"Get out of my way!" Junior Sean Lyng tries out his brand new Tae Kwon Do moves on his dad. Lyng was not involved in any organized form of martial arts, but took every opportunity possible to pretend he could fight with skill.

Marian Gryder

Surrounded by stuffed animals, senior Martiene McCalla relaxes in her plaid pajamas. Stuffed animals were a controversial issue with opinions divided between those who liked to snuggle and those who liked to stretch out in bed.

Iyana Tennon

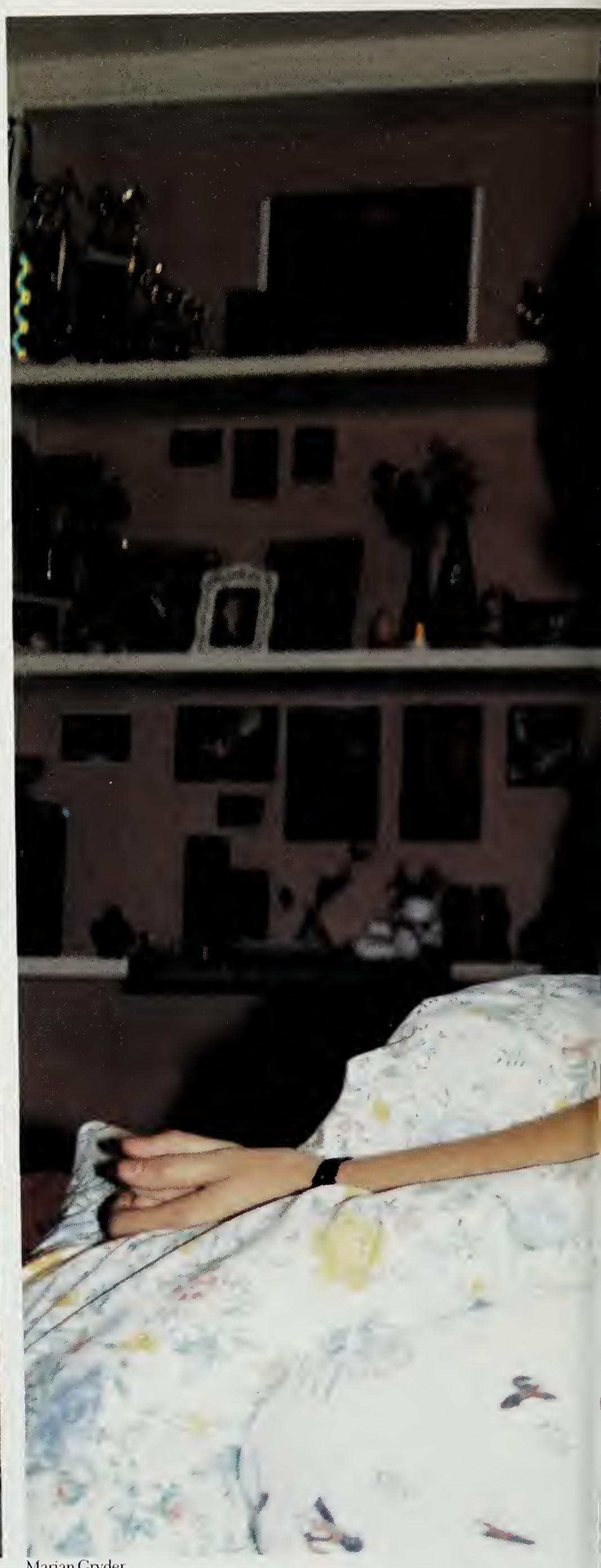
"I'm not ready to get up yet," junior Sarah Falcona moans while sitting up in bed. Getting up between 5:30 and 7 am meant that students rarely got the recommended eight hours of sleep per night.

Iyana Tennon

Pretty in pink. With curlers in her hair, ear to the phone and the television remote in her hand, senior Monique Brown is ready for an evening in her bedroom. Students found distractions to keep them from going to sleep on time.

Marian Gryder

While looking through her dresser drawers, junior Lee Pettey searches for a pair of socks to wear with her pajamas. Totes slippers and thick socks were worn to keep warm, since 60 percent of all body heat was lost through the feet.



Marian Gryder

Marian Gryder

With a quick look to see if anyone is watching her, junior DeAnna Thorstad sneaks out of her bedroom window. If inside and outside temperatures permitted, students wore shorts and T-shirts to fend off the nightly heat wave.

NIGHTIE NIGHT

Students Dressed According to the Weather, Comfort and Style at Moonrise

As he rummaged through his drawers, opening and shutting each one, junior Pat Barren reached in and dug out clothing for bed.

"I don't really care what I wear to bed because I don't see anybody. I just dig through my drawers till I find some boxers and an old T-shirt," Barren said. Comfort was a primary factor when finding something to wear to sleep.

Students picked out matching tops and bottoms on their pajamas. "I have white cotton pajamas with basketballs all over them. I also wear these flourescent pink socks to bed," freshman Amanda Jacob said. Pajama designs revealed students' hobbies and interests.

"For my birthday, we had a pajama party, and my friend gave me flannel PJ's with the feet on them. They were white with different pastel colored butterflies on them. It was the perfect gift because she knows I love butterflies," junior Meghan Moore said. Pajamas were personal gifts between friends.

Silk sleepwear turned out to be a more expensive choice among students, in contrast to boxer shorts and matching pajama tops and bottoms. "To bed, I wear Victoria's Secret silk boxers with pink and white flowers, and a matching tank top," junior Tracee Cook said.

Silk was a summer fabric, while flannel was worn in the winter to keep warm. "I love to bundle up in my plaid flannel pajamas when it's cold outside. I also wear fuzzy socks to keep my toes warm," sophomore Cristin Frederick said.

Pajamas were worn to school to show spirit on Pajama Day or just as a fashion statement.

by Dawn Cleary

"Crash! Blam! You are about to be destroyed!" sophomore Brent Logan says as he plays with his Ninja Turtles and He-Man figures. Besides playing with toys students could watch cartoons involving their favorite action figures.

Allison Sautkulis

Allison Sautkulis

TOYS ARE US

From Microscopic Trinkets to Life-sized Dolls Students Amused Themselves

"Bang! Pow! Get out of my way!"

senior Francisco Portell screamed as he re-enacted a battle of the Transformers he had just watched on televison. Although students had homework and other activities, they found extra time to put aside to play with their favorite toys.

"Nobody can tell me that the Transformers aren't the ultimate toys. Just examine the name. They are always triumphing over the evil Decepticonz and their vile leader Megatron. I love to get my Transformers out of my attic and re-enact battles. I really miss those exciting Christmas mornings when all the latest Transformers would be waiting for me," Portell said.

Among the toys students enjoyed playing with, action figures were popular. Transformers, Star Wars, Power Rangers and GI Joe figures were available at local stores.

"Sometimes when I have nothing else to do, I play with my Power Rangers. I have a safety box in which I keep them. I used to belong to the Power Rangers Club. I don't let anyone touch them because I know that some day they will be worth some money," sophomore Clemente Santiago said. Toys proved to be a profitable past time.

Toys also gave families a reason to spend time together. "For my birthday, my dad gave me a boomerang. Now we have this thing when we go outside on the weekends together and play with it. It was really hard to get the hang of, but because I use it a lot, it's not that bad. It's a lot of fun," junior Hilary Hansen said.

Whether students had collections of Transformers or My Little Ponies, time was made for fun.

by Casey Powell

"How can someone not have toys? I have tons of them that I've collected over the years, like stuffed animals."
Angie Delboy - 12

"I have stuffed animals all over my room. My bed is so covered that I can hardly find room to sleep."
Sarah Bruns - 10

To relieve the daily stress of school senior Seth Lowery takes out his Transformers and begins to play with them. Playing with toys distracted students from worrying about the hassles that they encountered each day.

"Please bring me some good luck!" junior Joy Vajirapinyo says, as she rubs her lucky troll doll's hair. Toys could not only be used for recreational activities, but also as good luck charms for help in school on tests or presentations.

Tony Nguyen

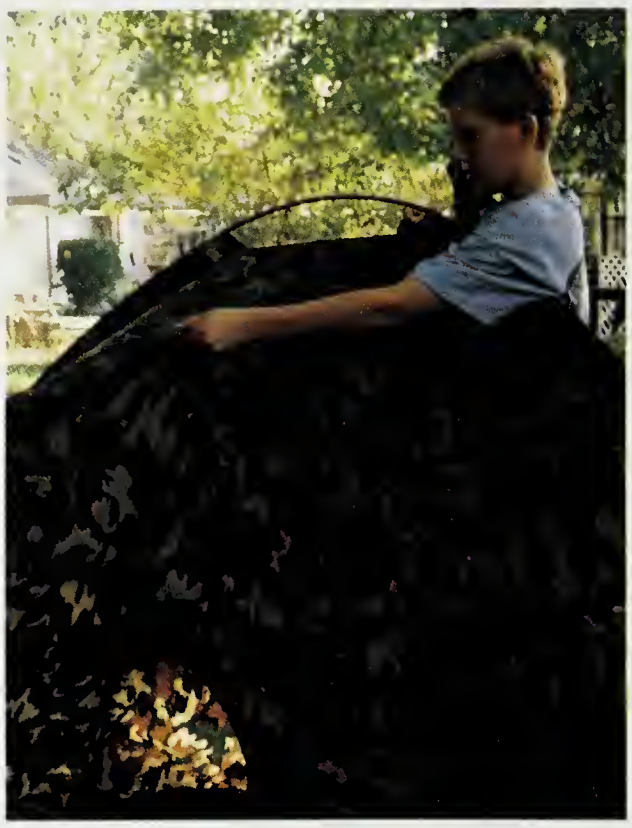
Tony Nguyen

Marian Gryder

How much is that doggie in the window? Freshmen Erin Smith and Barbara Bowyer take time out of the school day to play with a stuffed animal that Smith received for her birthday. Toys were given in lieu of more serious gifts.

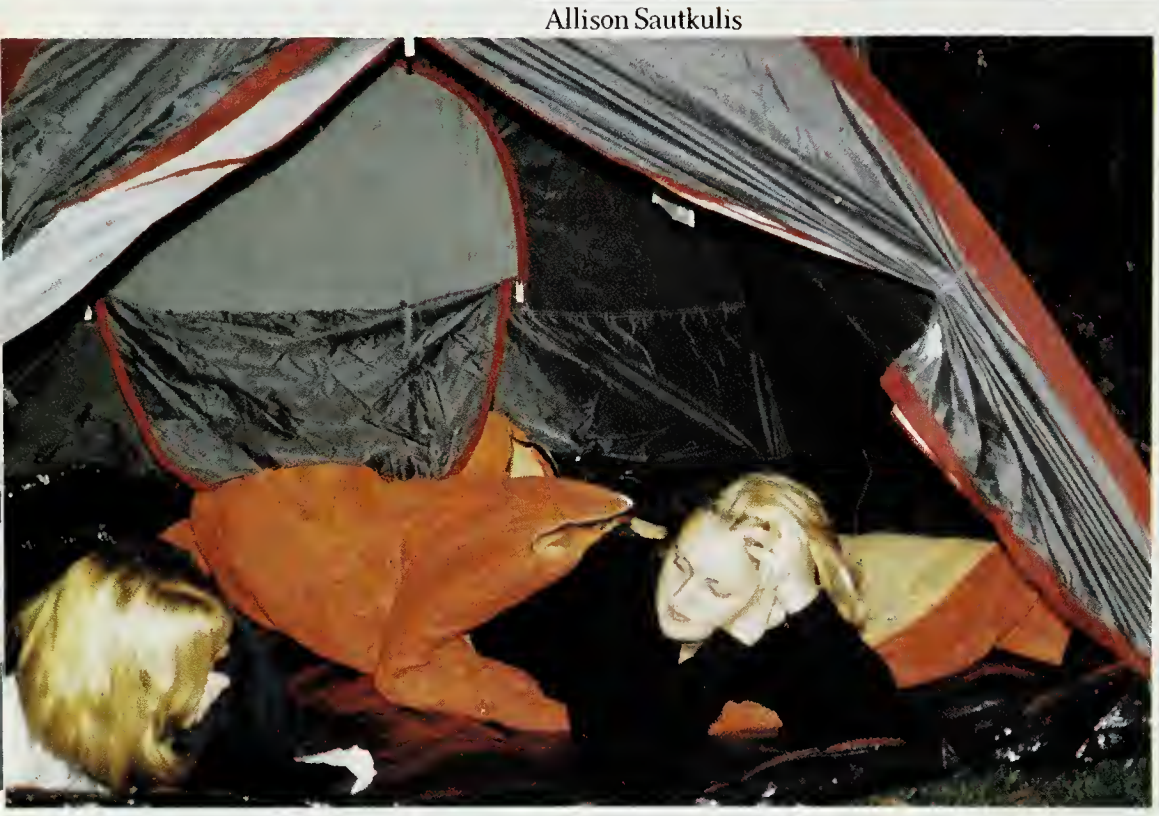
Keep your eye on the ball! Junior Cassandra Weddel and Becky Shifflett played with army men, Mickey Mouse and bouncy balls while waiting for the brass section to finish practicing a move during marching band practice after school.

Careful concentration is the key to building a sturdy shelter. Sophomore Scott Watkins sets up a tent in his backyard. To set up Watkins had to lay out the tent and hammer stakes into the ground.



Allison Sautkulis

It's so quiet! Sophomores Christine Edwards and Stephanie Peck talk about daily events in the privacy of their backyard. Students camped out in their backyards to talk about personal matters without the distractions of their families.



Allison Sautkulis

Marian Gryder

As morning breaks, freshman Octavio Paguaga remains snuggled in his sleeping bag. An alternative to sleeping under the cover of tents on camping trips was sleeping outside underneath the stars in sleeping bags to be close to nature.

While packing for a camping trip senior Andrew Walhquist opens his tent to air it out and rid it of any odors and dampness. During the summer Walhquist attended a survival camp that required him to learn how to use and care for his tent.

Marian Gryder

GREAT OUTDOORS

Students Took Weekend Excursions to Get Away From Life's Worries

Bzzz. The biting insects swarmed

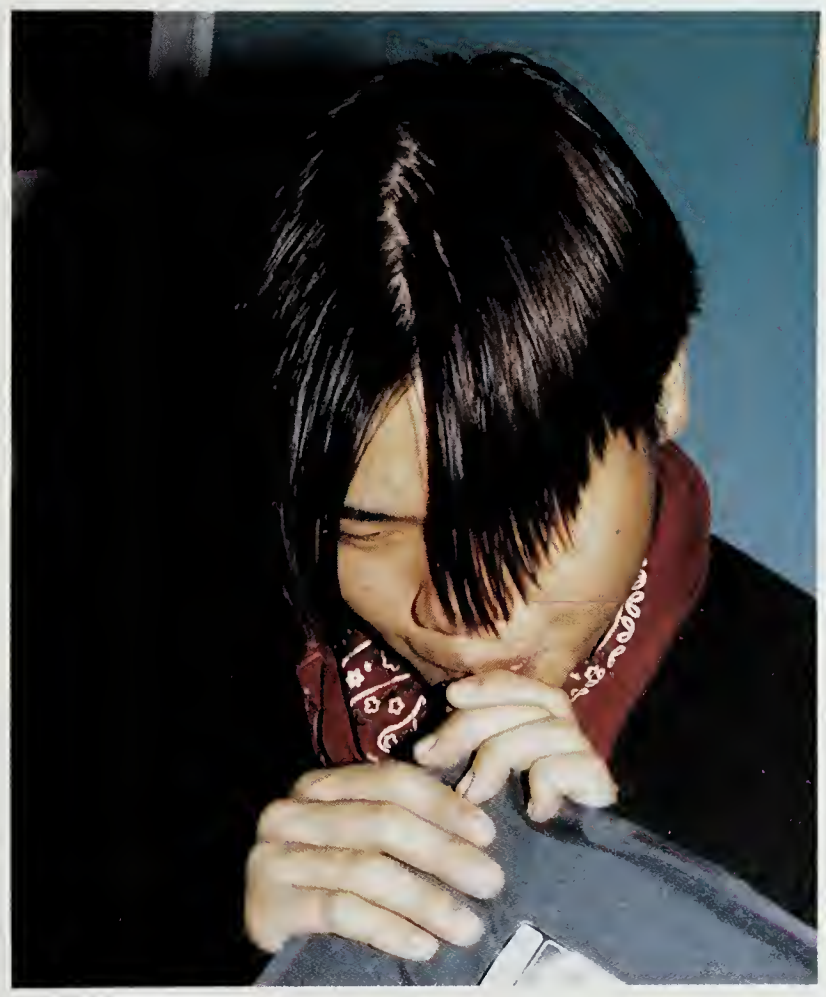
around junior Melissa Handy's tent. Insects were just one of the many problems that student campers had to endure while out in the wilderness. " I had to camp out for my job, the Renaissance Fair. The drive home was long, so we camped for two nights a week. There were so many bugs, and it was impossible to get rid of them. The whole idea of it was fun at first, but then it got old really fast," Handy said.

Campers adjusted their sleeping arrangements in order to dodge the bugs. "My friends and I went camping a few days before school started. We all had our sleeping bags, but not tents. Halfway through the night the bugs got really bad so I took my sleeping bag and slept in the back of my friend's truck," senior Lindsay Owens said. To avoid these pests, campers used bug spray and other bug ridding devices.

In addition to bugs, other creatures inhabited the students' camping grounds. "When I went camping with four of my friends we only had two sleeping bags. My one friend and I had to sleep in my friend's car, it was in the middle of the night and one of the guys who had a sleeping bag woke up and saw four raccoons staring down in the hatchback my friend and I were in," senior Seth Lowery said.

Even though bugs and other of nature's creatures affected the campers on their trips it did not stop them from traveling back to nature and away from the suburbs.

by Elizabeth Bowden



Concern for comfort prompts senior Tom Shin to blow up his inflatable air mattress before going camping. Packing only light things made hiking to a campsite more bearable and comfortable because of less weight in the bag.

Marian Gryder
Camping

Go away! Senior Laban Johnson glares at his cat as it pulls the thread away from the machine. Johnson was finishing a hem on his bathrobe. Students found that hemming their clothes was a convenient and fairly inexpensive fix.

"I've learned to hem and sew busted buttons back on. With my mom always at work, I know how to fend for myself," junior Steven Smith said. Students used sewing machines for hems, while hand sewing a button back on was easier.

Tony Nguyen

Marian Gryder

Stitch it . . . stitch it good. Senior Stefanie Kam mends a shirt that she just purchased at Goodwill Fashions in Woodbridge. Buying clothes at a second hand store required students to fix holes or rips and make alterations.

Iyana Tennon

As she perches on the edge of her bed, junior Shamah Whitney hems her sister's old dress. Students made alterations to clothing to fit their own sense of style. Shortening or letting a hem out were common alterations for students.

Iyana Tennon

Tony Nguyen

Whoa, shiny stuff! Senior Jenny Williamson peruses the merchandise at Jo-Ann Fabrics. Williamson was looking for fabric to make a new skirt. Making their own clothes instead of buying them left students with a little extra cash.

BITS 'N PIECES

Students Alter, Hem, Rip and Stitch to Express Their Talent and Individuality

The loud whir of the sewing machine masked all other sounds as junior Beth Via sewed a bag she started over the summer.

"I first learned how to sew in Home Ec. classes in middle school. My mom helped me a little but basically I taught myself how to do everything else. Whenever I'm bored in the summer I make things like dresses, bags or pj's," Via said. Students sewed in their spare time.

"I usually sew things that I design myself. Once I made a pair of pants with a stripe down the legs for my sister. People are surprised to discover that I made them, and that I used my own pattern," junior DeAnna Thorstad said.

Students either used a pattern or followed an original idea, according to their individual talents. Creating their own pattern allowed for a more exact size of clothing.

Homemade apparel was rewarding in more ways than one. "There was a contest once at a fabric store when I was little to create a shirt. I designed an octopus and sewed it onto a T-shirt. It went to States and then to Nationals and I won. The prize was a $200 savings bond," senior Stephanie Daniels said. Contests hosted by sewing shops and fabric stores prompted creativity.

Students found it necessary to alter and mend clothing when it was imperfect. "I don't actually sew my own clothes, but I know how to make small changes like shortening my pants or mending a tear," freshman Amanda Jacobs said.

Students purchased material, trimmings, and sewing supplies from various sewing shops. Learning how to sew was passed down to students from parents, grandparents, relatives or friends.

by Kim Fisher

ROOM FOR DECOR

With Unusual Pictures and Trinkets Rooms Were Far From Normal

A bookshelf here, a poster

there, scattered clothes everywhere. Students expressed individuality through their rooms.

Students decorated their rooms to personalize the atmosphere. Having a room of their own meant that students decorated according to their personal tastes.

"Pez are my favorite thing in the whole world. I have about 40 dispensers on a shelf in my room. I have a lava lamp that turns my room red when the lights are off. On another shelf I have toys that I've kept since I was a kid," sophomore Bailey Sautkulis said. Students kept trinkets and knick-knacks for their sentimental value.

"I decided that the year before seventh grade I needed more privacy so I moved downstairs to the guest bedroom in the basement. My room is huge, so I decorated it with signs. I have an old couch from the 70's on one side and since I'm not allowed to start fires in my fireplace, I put shopping bags in it," junior Kim Fisher said. Unusual decorations were found in places such as flea markets and garage sales.

"I love fairies, gnomes, and elves, so I wanted my room to remind me of being in the forest with them. I painted them on my door and around my mirror with paint," junior Elizabeth Roque said.

Personalizing rooms meant changing furniture around and adding color. Flyers, street signs, pictures and posters decorated the walls of students' rooms.

by Hilary Hansen

The illumination of the black light casts a purplish glow over the posters on the wall as senior Eric Spickelmeyer relaxes on the bed. Students used various lighting techniques to create a different effect for decorating their rooms.

Carter Elmore

Kara Artz

Allison Sautkulis

Pez dispensers all in a row. For sophomore Melody Thorstad collections were a way to decorate her room. In addition to the stuffed animals, Thorstad had a little corner for her dog, Beaner, with blankets and dog comics on the wall.

It's a balancing act. Senior Julie Foxworthy tries to balance her incense burner on top of her lava lamp. The lava lamp was a Christmas present from her mom and her dad brought her the incense burner from England.

Marian Gryder

Allison Sautkulis

Bead it! Freshman Shelby Williams substitutes a closet door for a beaded curtain. Beads added color and a unique touch to her room. Williams also decorated her room with photographs of friends, posters and a string of colored lights.

Clickety, clack! While she types her paper for school, senior Amy Stedman glances at her wall for inspiration. Students tacked and taped cut outs from magazines on their walls as a cheap alternative to more expensive posters.

While selling the school's literary magazine, *Eddas*, during her lunch, senior Emanita Dewitt finishes her homework. Students used dressing up as an alternative to everyday attire, or when their ordinary clothes were in the wash.

Iyana Tennon

ALL DOLLED UP

Special Occasions and Commitments Left Students in Dresses and Suits

Something was horribly out

of place as senior George Flynn waited to give his presentation. He decided to straighten his tie and noticed that the tag on the back of it was ripped.

"I usually put the thin part of my tie through the tag loop on the back. One day the tag ripped off, and I had to staple it right before my presentation so it wouldn't swing all around," Flynn said.

Coaches and Activities Director Wes Bergazzi required that athletes dress up for sports competitions. "I have to dress up for basketball games. Coaches say it looks professional, we are supposed to represent our school," junior Emily Robbins said. Dressing up also consisted of wearing team uniforms to school.

Besides being a personal choice, students were obliged to dress up. "Dressing up to me is putting on nice pants, a nice shirt, and a tie. I dress up like that for orchestra concerts and church. I wouldn't dress up if it was my choice. I do it when my parents say to," sophomore Jeff Ray said.

Looking nice was a problem when students faced uncomfortable situations. "One day I wore my tights to P.E. We did aerobics and I got a huge hole in my tights. I wore them like that the rest of the day," junior Julie Burns said. Due to the short life of pantyhose, girls were equipped with nail polish or hairspray to mend runs.

In order to differentiate themselves from the thousands of other people in the school, students dressed up.

by Kimmy Reese and Cecilia Riek

Iyana Tennon

While meeting at their lockers, seniors Michele Brebnor and Shawn Thompson discuss the happenings of their school day. On days that students dressed up, they found that matching accessories complemented outfits.

While being careful not to spill water on her outfit, senior Laketia Marell gets a drink of water, as sophomore Myriam Vasquez and junior Ebony Johnson watch. Caution was used by students to make sure nice outfits stayed clean.

Iyana Tennon

Tony Nguyen

Tony Nguyen

As he checks himself out in the mirror, sophomore Kenny Villagomez gets ready for work. Certain jobs required their workers to dress up in formal clothes. Students also dressed nicely when going on job interviews.

All tied up. Sophomore Ernest Bannister puts the finishing touches on his outfit for school. Bannister, like other students, considered dressing up to be a nice shirt and pants. Jeans were also worn with dress shirts to complete outfits.

When the traditional brown carpet was replaced with a lighter gray one and white tiles were laid near the upstairs lobby, the school was seen through a whole new light. This change required students to go against their old lunchtime habits and find other places to eat, since they weren't allowed to eat on the new floors.

Meanwhile, Prince William County Police rounded up people from surrounding communities to search the woods for two-year old Karynne Sheldon, who disappeared from Manassass, ten days before Halloween. Due to combined efforts her body was discovered in the Occoquan River near Davis Ford Road. This tragic occurrence caused people of the metropolitan area to break away from their daily routines and work together.

It was also through combined efforts that students made it through the halls safely. With 85 minute blocks, students had an extra three minutes between classes, but they continued to use the excuse that the crowded halls prevented them from getting to class on time. The overcrowding became acute when it was noted that the area outside the Social Studies pod was suitable for crowd surfing.

Even with the fewer breaks students still saw new faces everyday until it seemed as if the people were literally

coming out of the woodwork

The student body, 3000 strong, roared as James Brown "got down" on the floor of the gym. Mr. Robinson, clad in a black cape and wig, lip synced to the James Brown tune, "Get Up Off Of That." The falculty members impersonated various rock stars for the entertainment of the student body at the Homecoming pep rally on October 18. In addition to the lip syncing there were students displaying their break dancing skills, the Vikette dance team performed to "Come On And Ride It (the Train)," the football team presented the dancers with the traditional red roses and Larry Johnson, the assisant director of VHSL presented the award for good sportsmanship to Brian Blackburn of the state champion soccer team.

Iyana Tennon

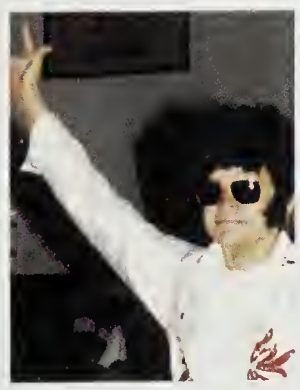
"The best part about going to a school with 3000 people is that there's so many chances to meet people. If you aren't afraid to talk to a stranger you can make a new friend everyday."

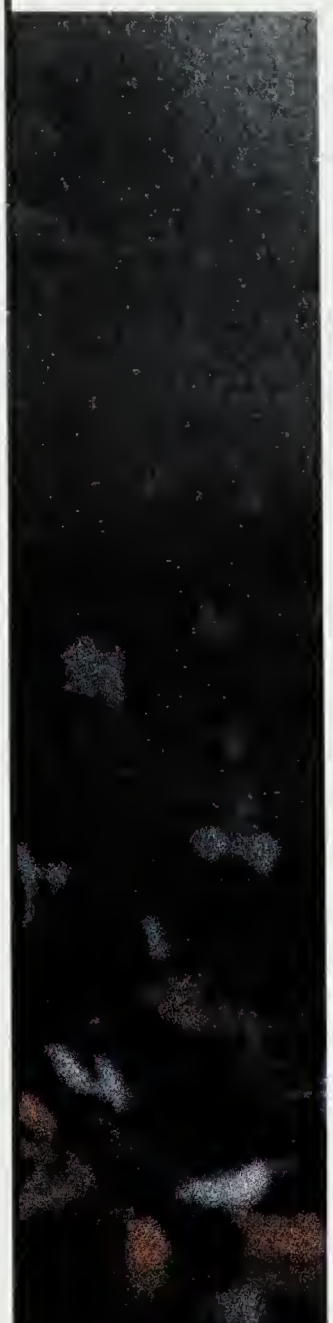
Elizabeth Roque - 11

Take it with a grain of salt

"I packed the Elvis costume with sweatshirts to make me look bigger. The paper that fell out was the one that told me all the information about the fall sports teams."

Will Giandoni - 12





Divider

AGAINST ALL ODDS

Marching to the beat of their own drummer and on a brand new surface, the senior class was the first to have its recessional march on the new track.

The Athletic Boosters paid for the $60,000 track which was made of recycled rubber. The new track allowed athletes to wear spiked shoes, to improve their time and to prevent injuries.

Applications, videos to colleges and internet access were made more readily available to inquiring seniors. On October 18 the senior class won the banner, float, and spirit awards at Homecoming.

Despite complications with college applications and the 4 X 4 scheduling seniors were able to kick back at the All - Night Grad Party held at Devil's Reach Sports Club.

Senior Class Officers: Laurie Rhiner (Historian), Stephanie Zerkow (Secretary), Don Blanton (President), Eminita DeWitt (Vice President), Joy Justice (Treasurer).

Masahiro Abe
Leonard Acuesta
Jonathan Adams
Rumana Ahmed
Melissa Alderman

Dewayne Allen
Jennifer Alltop
Mohammed Alotaibi
Evelyn Alvarez
Iris Alvarez

Meer Amani
Christina Anderson
Nicolle Anderson
Elizabeth Andon
Steven Arnold

Kara Artz
Michael Atkinson
Julie Baker
Jason Ballentine
Daniel Barger

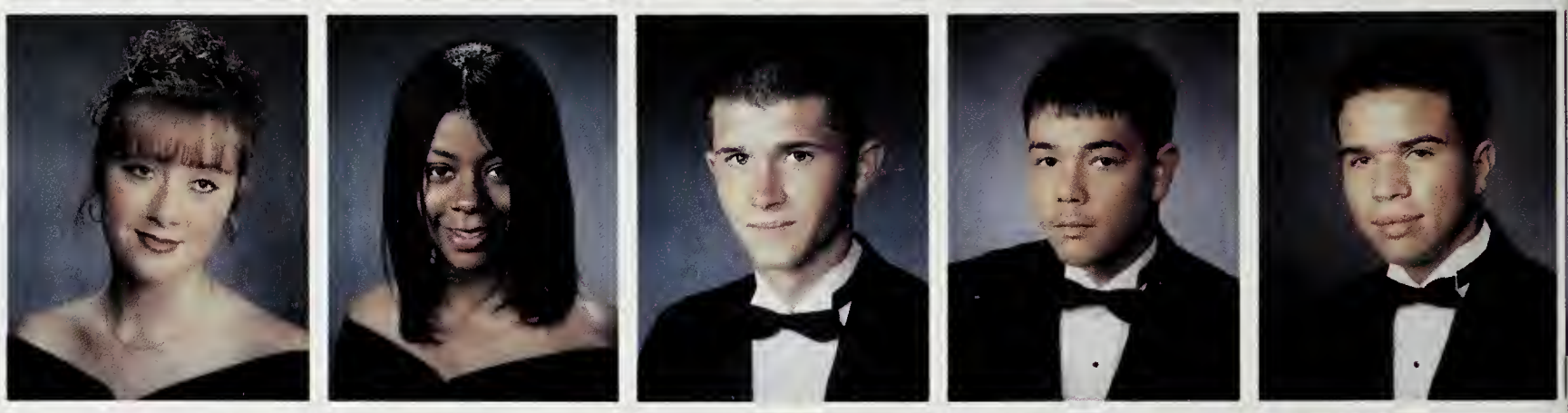
Jennifer Barnett
Matthew Barrack
Alysia Barton
Qiana Battle
Anthony Bello

Christopher Bennett
Joshua Bennett
Melissa Bernacki
Rutherford Berry
Brian Bevans

Christina Bihun
Katrina Biefeldt
William Black
Brian Blackburn
Johanna Blanco
Don Blanton
Christine Bohannon
Nicole Bolding

Jeffrey Bombick
Lisa Bond
Sara Borey
Tara Bordreaux
Elizabeth Bowden
Umar Bowers
Nakoa Boyd
Amanda Boyle

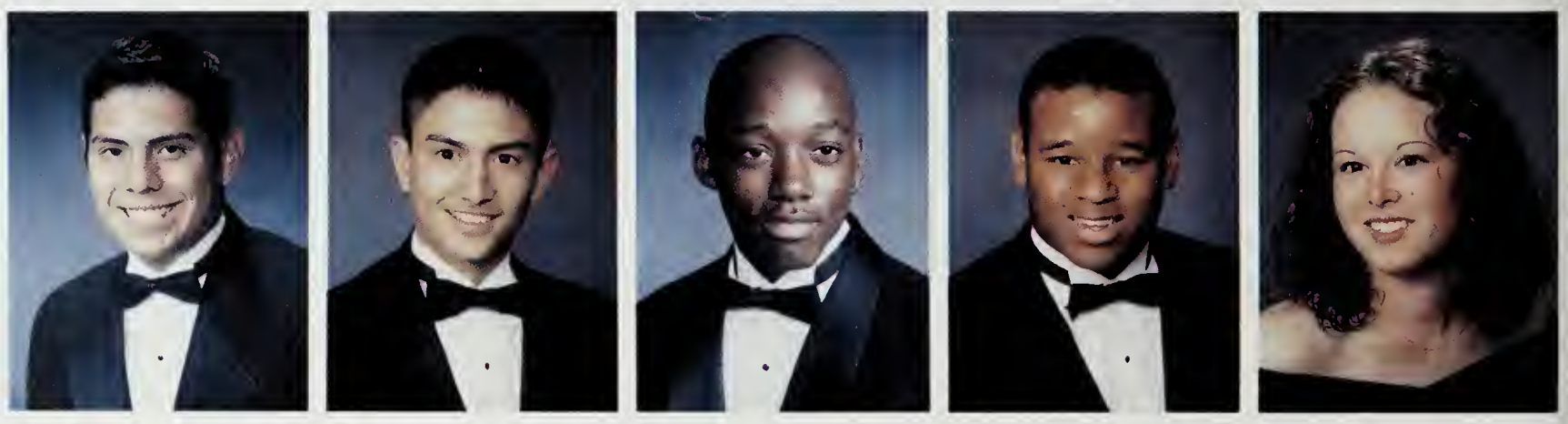
Christina Branhamn
Michelle Brebnor
Jay Brinson
Knute Broady III
Jason Brown
Joshua Brown
Monique Brown
Nicole Brown



Renee Brown
Stephen Brown
Kristin Buckstad
Cristina Bull
Mary Burke
Matthew Burton
Latisha Bush
Candess Bushlow

Stacey Campbell
Sarah Carr
Armando Carrion
Michael Carter
Rachel Carter
Steven Carwhile
Melanie Casassa
Paul Cascio Jr.

Hector Cerda Jr.
Michael Chan
Alonzo Charity
Jason Cheeks
Shawn Cheeseman
Brian Childress
Saima Choudry
Andrew Clark



Iyana Tennon

just stopping for a little snooze. Senior Cortez McNiel falls asleep while trying to finish up his homework for Chemistry class during his fourth period study hall.

> "When I get tired in class, I doodle or sometimes I count bricks in the wall to keep my mind busy."
>
> Rob Varner - 12

DESPITE EFFORTS TO GO SLEEPLESS TO BED, SENIORS REMAINED

in bed, laying in darkness, senior Anthony Bello stared at the wall. It was early in the morning and he still hadn't fallen asleep.

"I only sleep two or three hours a night, and even then I keep waking up. I'm always tired at school, so I take naps when I get home," Bello said.

Seniors had remedies to make themselves fall asleep at night in order to stay awake during class. "When I can't sleep, I drink herbal tea. It's warm, and the aroma makes me sleepy," senior Alicia Massey said.

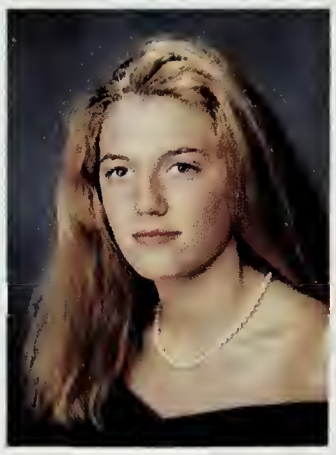
Jobs that demanded late working hours were another reason students couldn't sleep. "I work at the Chesapeake Bagel Bakery, and I have to close. I lose sleep because I have to do my homework afterwards so I'm always tired at school," senior Justin Worrilow said. With the stress of a job and schoolwork, seniors learned how to balance time.

"I try to get a good night's sleep before tests, quizzes, and S.A.T.'s, but usually I just don't sleep a lot at night," senior Tom Shin said.

Reports recommended that students get eight to nine hours of sleep a night.

by Sarah Bruns

Joseph Claudio
Chris Clay
Krista Clearwater
Deborah Cloyed
Derek Clubbs



Carmine Colagrande
Carlos Coleman
Katherine Combs
Christina Cone
Amanda Cooper

Sandra Corvera
Christopher Cramer
Ryan Crawford
Travis Cronk
Brian Crowley

"I was at a Chinese restaurant and my friends were cracking jokes while I was eating. I was laughing so hard I spit rice out all over the table.

Carlos Guevara - 12"

"I sneezed in front of my girlfriend and snot came out of my nose. I didn't have anywhere to wipe it except on my shirt. I could tell she was disgusted.

Addison Fair - 12"

EMBARRASSING MOMENTS

RIDICULOUS

LEAVE SENIORS LOOKING

thumbs twirling, red faced and stuttering every other word, senior Mike McCaffrey tried to talk to a girl he liked. "I have a hard time talking the first time to girls I like. I get so nervous and fidget a lot, then walk away feeling stupid," McCaffrey said.

Seniors found they were prone to embarrassing themselves in high-profile situations such as class presentations, dances, formal dinners and induction ceremonies.

"At the end of my first date with this girl, I pulled into her driveway behind her dad's truck. I leaned over to kiss her, and my foot slipped off the brake and I smashed right into the back of the truck. Worst about it, I hadn't even met her parents yet," senior Knute Broady said.

Seniors were forced to experience embarrassing situations that created more than just red faces and difficult moments.

by Dawn Cleary

Marian Gryder

Dyhalma Cruz
Ryan Cummins
Kristine Curran
Sara Dail
George Dakon

Heather Danforth
Stephanie Daniels
Jean Dauphin
April Davis
Christopher Davis

Marques Davis
John Deaton
Angelica Delboy
Robert Demott
Angela Dennie

Tony Nguyen

"help!" Trying to get her hair untangled from her keychain, senior Katy Murphy laughs at her own dilemna. Lunchtime was an open opportunity for seniors to commit the dreaded faux pas. To lessen the number of people that witnessed their humiliation seniors had the privilege of eating in the smaller senior lounge.

take a tumble in the turf. Junior Heather Ley laughs at senior Chrissie Hansen during practice as she tries to catch herself from falling on the line of field hockey sticks on the ground. Hansen was not harmed in any way but her accidental fall gave a whole new meaning to the coaches' command, "sacrifice your body."

crunch, crunch. Senior Joel Erkkinen munches on Lays potato chips in the senior lounge. Lunch in the lounge meant shorter lines, fewer crowds and a Veryfine Juice machine.

> "It's just like eating lunch in a smaller cafeteria. Sometimes we get free food which is cool."
>
> Devon Tice - 12

Tony Nguyen

AFTER FOUR YEARS SENIORS LOUNGE ACT TAKE ADVANTAGE OF THE

the pungent smell of taco salad and pizza filled the air. Although the smell was similar to the upper cafeteria, the senior lounge provided a change from eating near the regular hordes of people.

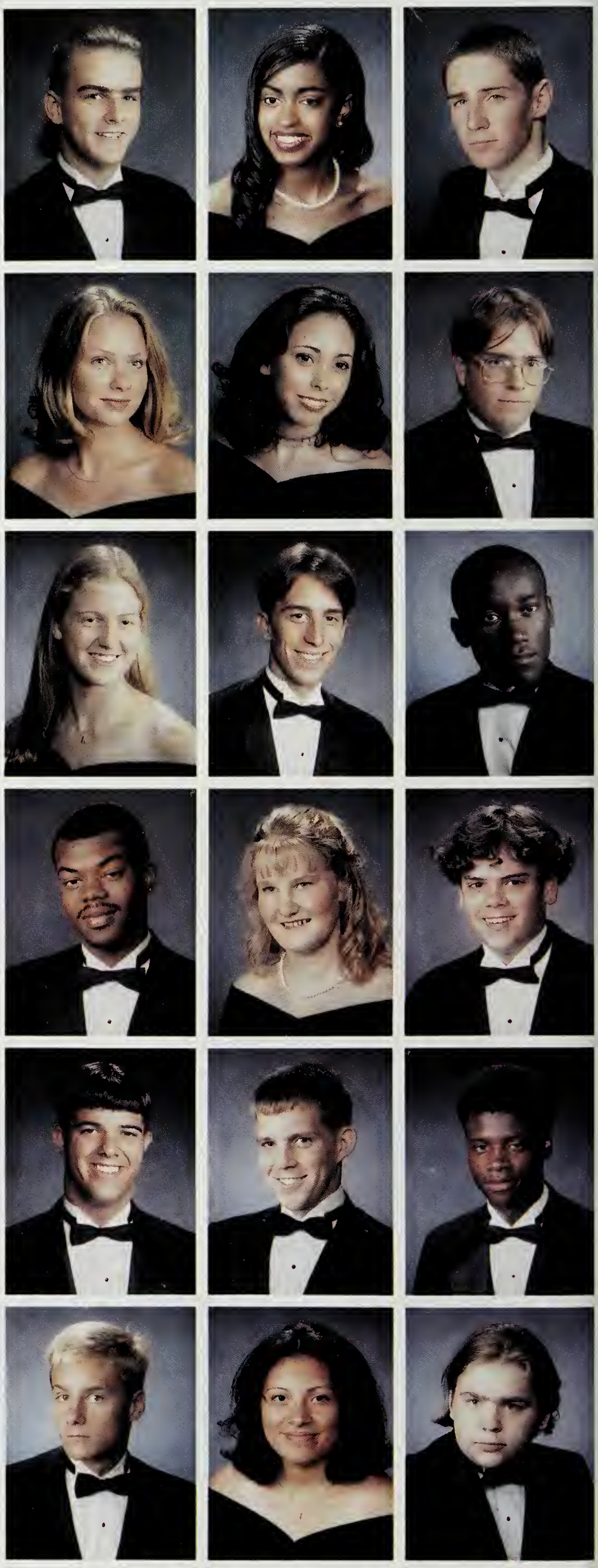
Reasons such as size and noise were factors in the decision of whether or not to eat in the lounge. "It's small and quiet which is why I eat there. The line is always short, but it has the same food as the real cafeteria," senior Nick Paciejewski said.

The senior lounge provided an escape from the noisy halls and cafeterias. "I eat in the Senior Lounge so I don't have to sit on the floor in the hallway or listen to other people's conversations," senior BrookeTaylor said. The lounge offered an alternative to the limited seating arrangement in the regular cafeterias.

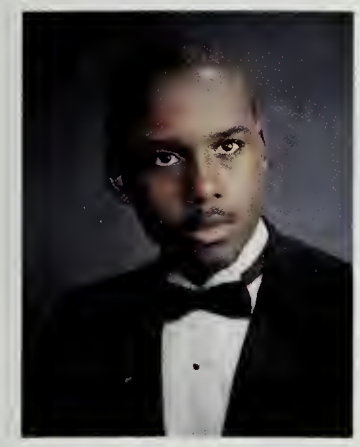
"We've waited four years and finally we're allowed in there. It's great to relax with your peers without underclassmen all around," senior Christina Anderson said.

The lines in the lounge were short and quick. This made it more attractive for underclassmen to sneak in and try to eat their lunch.

by Stacy Scarazzo



Patrick Derr
Emanita Dewitt
Brent Dickinson
Kathryn Diehl
Martha Diehl
Paul Dittamo
Benjamin Dobbs
Steven Dockery



Rebekah Donahue
Misty Dowling
Jason Drake
Omar Drammeh
Travis Dunn
Daniel Dupuis
Holly Eberle
Monica Edwards

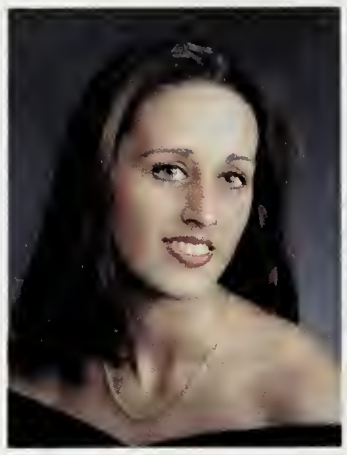
Elizabeth Eldreth
Carter Elmore
Hindolo Entin
Joel Erkkinen
Katherine Erlandson
Sherry Erwin
Christopher Esterline
Danielle Eure

Addison Fair III
Nicole Faulds
Eric Fay
Lisette Fee
Tiffanie Feimester
Sarah Fetter
Andrea Flanagan
Jasmine Fletcher

Bradly Flowers
George Flynn
Benjamin Foster
Julie Foxworthy
Reina Franco
Kristi Franker
Jeremy Frazier
Dion Freeborn

Benjamin Freer
Olinda Fuentes
Donald Fuller
James Gallagher
Fabricio Gallo
Adriana Gama
Kristin Gartner
Erik Gavidia

Tiffany Gentry
Carl George
Huzefa Ghadai
William Giandoni
Matthew Giannini
Jason Gibson
Nathaniel Gibson
Susan Gibson



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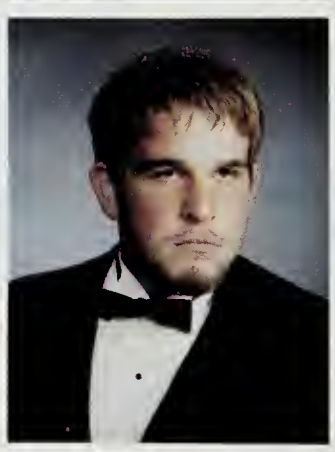
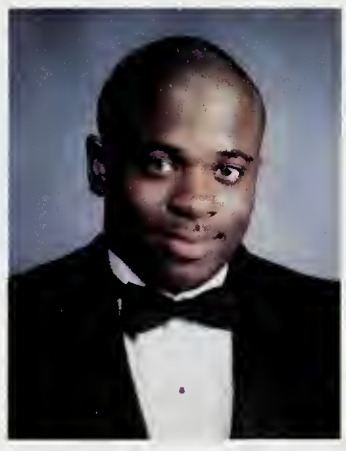
Elizabeth Gleaton
Johsua Gomez
Jessica Gonzalez
Colleen Gray
Jennifer Gray
Terri Greer
Angela Gress

Nathan Groom
Samantha Gross
Brenda Guzman
Randall Gygi
Lisa Hale
Timothy Hannibal
Christina Hansen
Dominick Harney



Clarence Harrell Jr.
Veronica Harsley
Megan Haskins
Romanno Head
Page Henry
Barbara Heritage
Adonis Hernandez
Jose Hernandez



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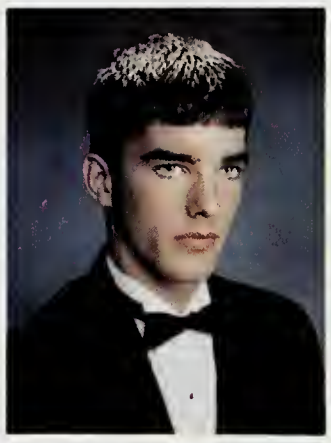
Corinne Hicks
Michael Hicks
Eileen Higham
Alan Hilton
Dianne Himes
Justin Hoertz



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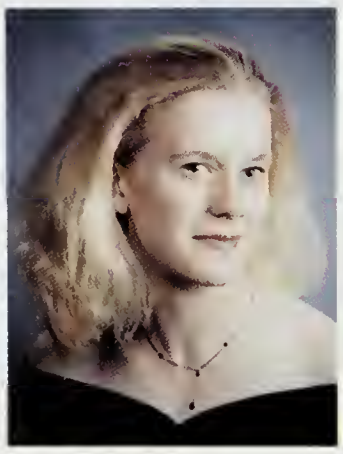
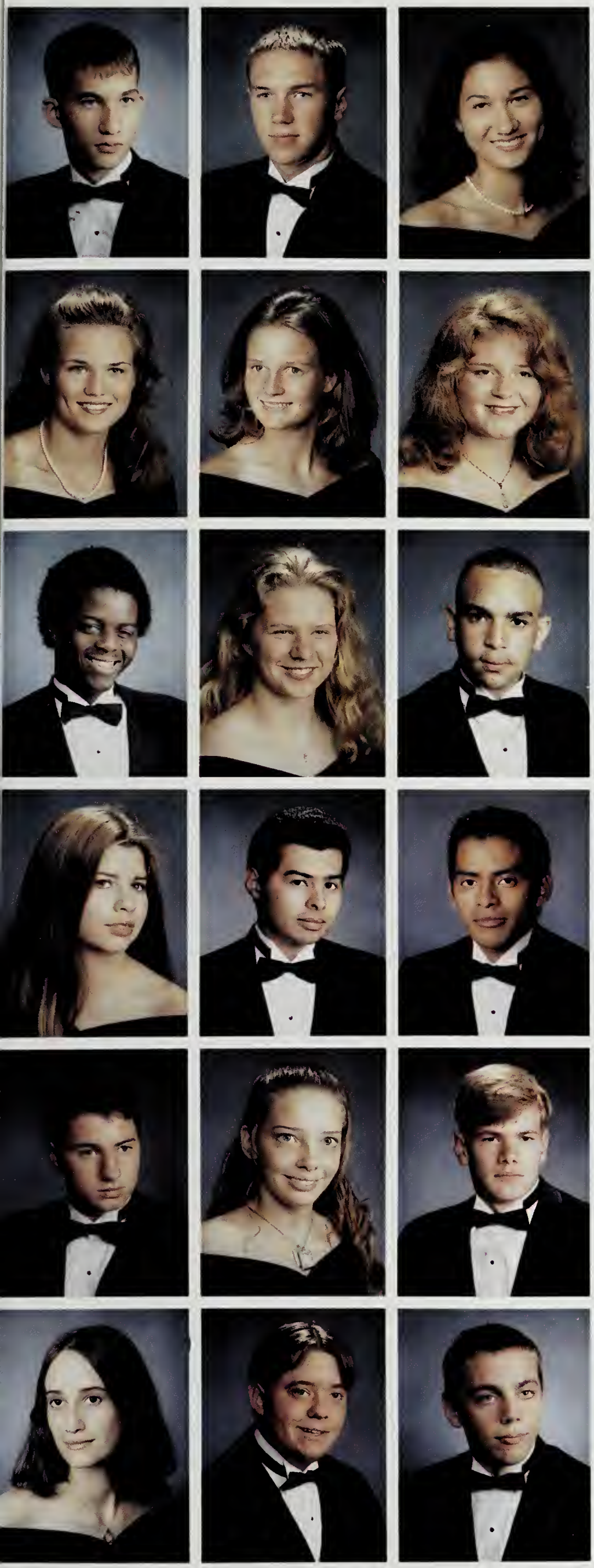
Ronald Hood
Michelle Houchins
Kara Howard
Edward Huffman
Ryan Huling





Tony Nguyen

after school, senior Emily Skaggs gives her boyfriend, 1995 graduate Joe Mustachio, a big bear hug. The two decided to continue dating after he graduated high school.

> "I only see my boyfriend on his seasonal breaks since his college is too far away. I don't see him more than that."
>
> Eileen Higham - 12

NEAR OR FAR COLLEGIATE

PINE AWAY

HONEYS MADE SENIORS

Mary Washington College or bust! With her boyfriend at college in Fredericksburg, senior Cobie Hollar tried to keep in touch with him despite the distance and the months between visits.

"I write letters to my boyfriend and we talk on the phone a lot. Occasionally he comes to see me or I go down and watch his soccer games," Hollar said. She and her boyfriend decided to stay together after he graduated.

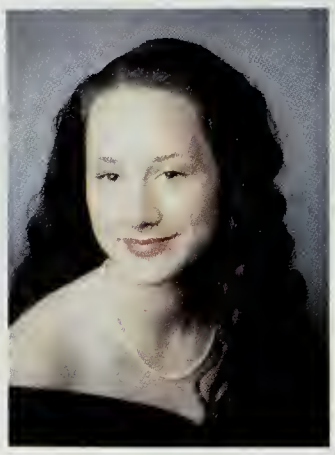
Seniors had various means of communication for keeping in touch with their significant others. "I e-mail my boyfriend a couple times a day. Since he's in North Carolina, it's easier and cheaper to e-mail him. At least it gives us an opportunity to communicate quickly," senior Kristin Buckstad said.

Costs of keeping close included long distance phone rates, online fees, postage stamps, and rising gas prices. "Pat and I not only love each other, we are best friends and we respect each other and that is more important than the distance between us," senior Amanda Shroeder said.

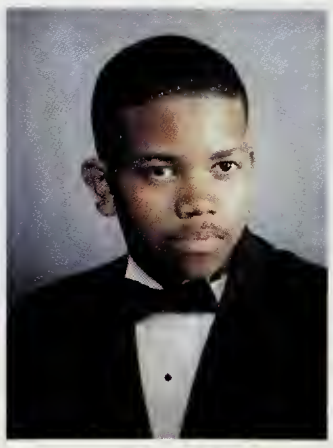
Seniors juggled part time jobs and borrowed money to help finance their ongoing college relationships.

by Kim Fisher

Matthew Huntt
Jennifer Hurley
Adrienne Ingram
Gillian Inskeep
Susana Iturregui
Jessica Jackson
David Jacobson
Christopher James



Robert James III
John Jankowski
Latrice Jenkins
Claire Johnson
Krestel Johnson
Laban Johnson
Shamika Johnson
Clinton Johnston



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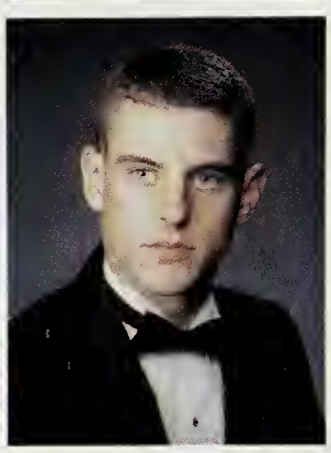
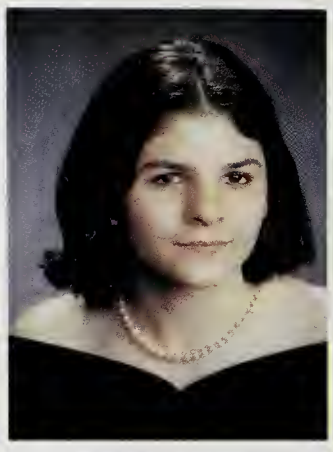
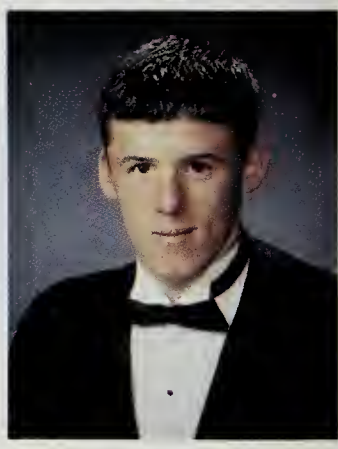
Anna Jones
Geri-Chantel Jones
Joseph Jones
Masuda Kaisken
Stefanie Kam
Brian Kane



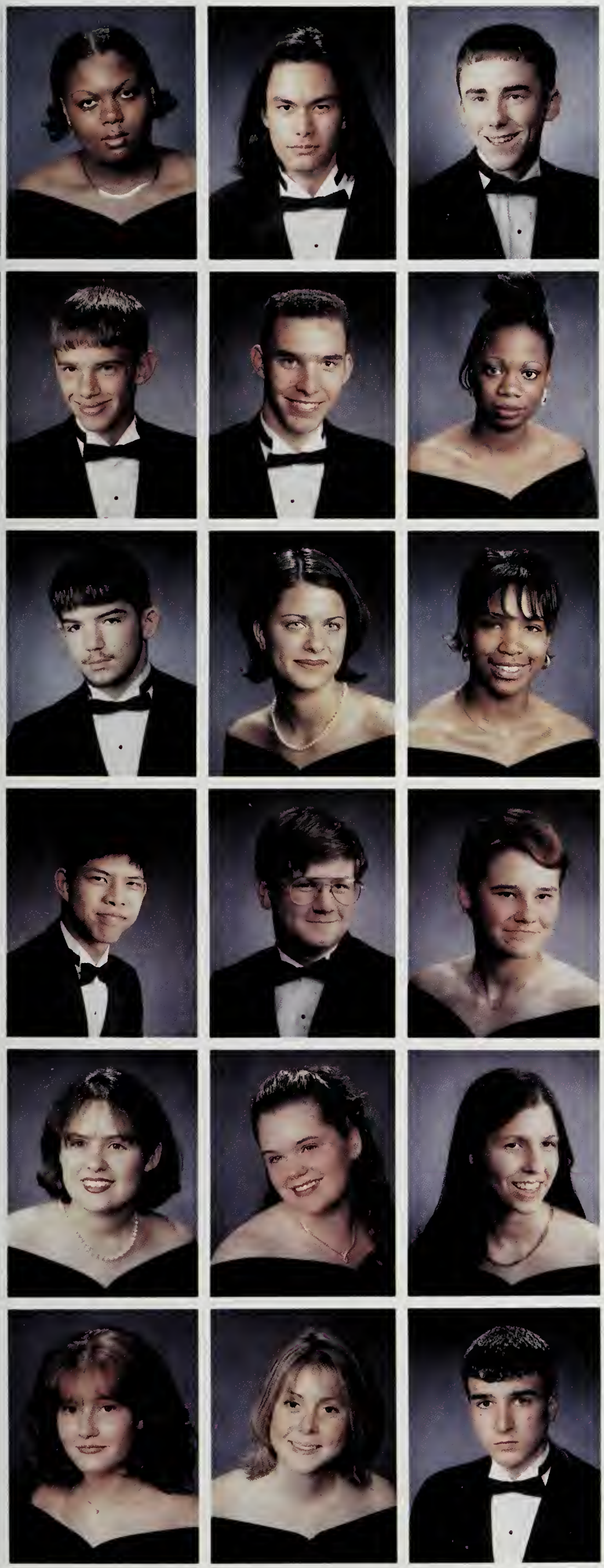
Mondul Kao
Robert Karnbach
Martha Kaufhold
Bridgit Kelly
Sara Kennedy
Jason Kent
Arianne Killen
Brent Kincade

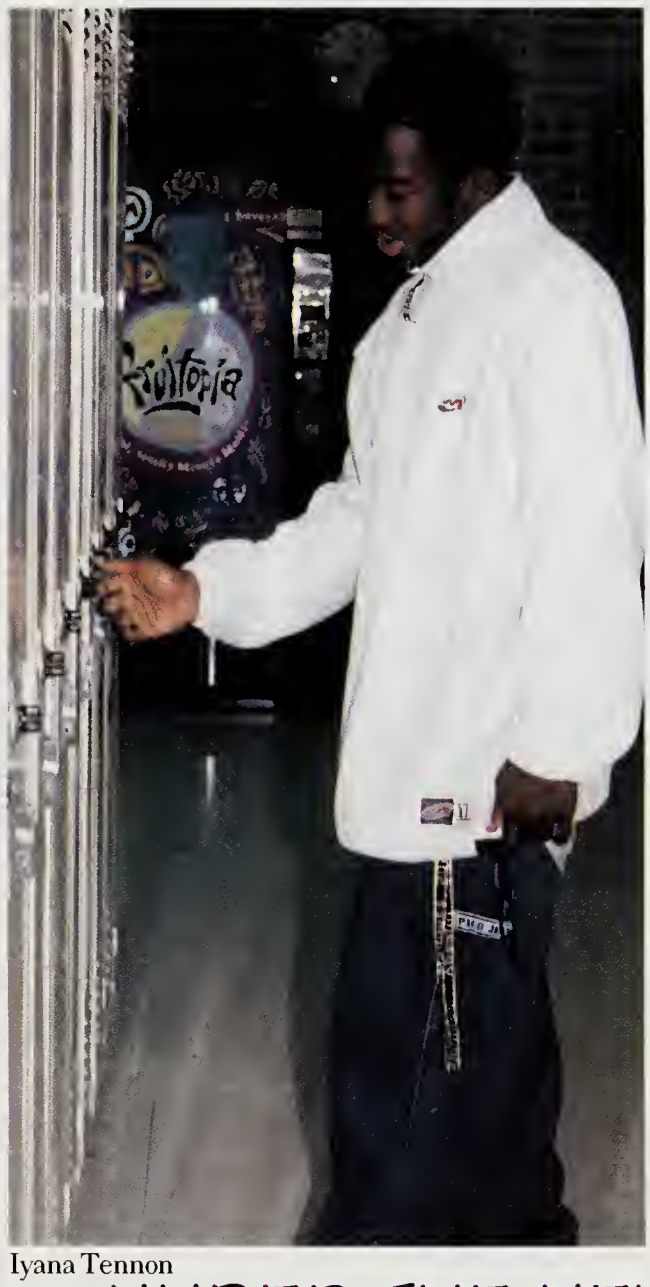


Melissa King
Shannon Kirby
Doris Kolovos
Melissa Kooyoomjian
Colin Kreutzer
Stacy Krough
Maximilian Kruschka
Matthew Krycinski



Kimberly Kuhn
Katherine Kyle
Arthur Lambros
Joshua Lattin
Antonio Lavarello
Caroline Lay
Victoria Leavelle
Christopher Lee





Iyana Tennon

time to hit the books. Senior Jeff Mensah goes to his locker to get homework to do during fourth period. Mensah was an aide for the eleventh grade administrator's office.

> "A friend asked me where my locker was. It took us a while to figure out we were partners."
>
> Jill Inskeep - 12

UNDER THE NEW LOCKER PAIRED UP POLICY SENIORS WERE

with a look of grim determination, senior Ron Manly looked up and down the row of lockers in hopes that his partner would show up to open their locker. Students were coupled randomly so if they forgot the combination they had to track down a stranger to get it.

The administration paired students by grade level and gender. Although it was possible to be paired with friends, the majority were paired with strangers.

"I think the locker system is stupid. There are more important problems in the school they aren't paying attention to," senior Jenny Williamson said.

The fact that their new locker partner could potentially be a stranger created an issue with the students. "I think we should be allowed to pick our partners ourselves, because when they're assigned, you don't know any thing at all about your new locker partner," senior Victoria Leavelle said.

Students who knew their partners were indifferent to the new rule. "I got a friend, so I didn't have to worry about a weirdo as a partner," senior Mike Hicks said.

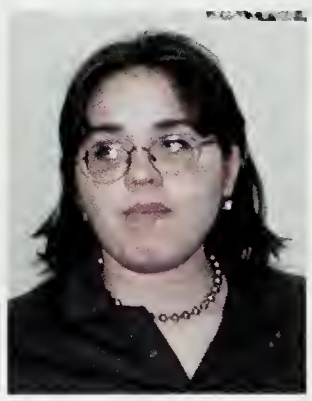
by Sean Lyng

"I listen to Peter Ilyich Tchaikovsky and also Wolfgang Amadeus Mozart when I'm doing my homework because it helps me to relax."

Brent Kincade - 12

"I listen to The Dave Matthews Band and Tori Amos. Tori's lyrics are really soothing to my mind when I'm doing really hard home work."

Lisette Fee - 12



WITH THE MUSIC HUMMIN' AT ROCK ON HOMEWORK TIME SENIORS

"keep your head in the clouds." Senior Chrissie Hansen sat down at her desk to do her homework and turned the switch on her radio to 311's "Down."

Before hitting the books students made themselves comfortable each night. "Listening to alternative music like Bush and Rage Against the Machine helps to relieve the stress," senior Rutherford Berry said.

Despite the reports which declared music bad for studying, seniors swore by the technique. Verses from songs helped students recall specific facts that appeared later on the tests they took.

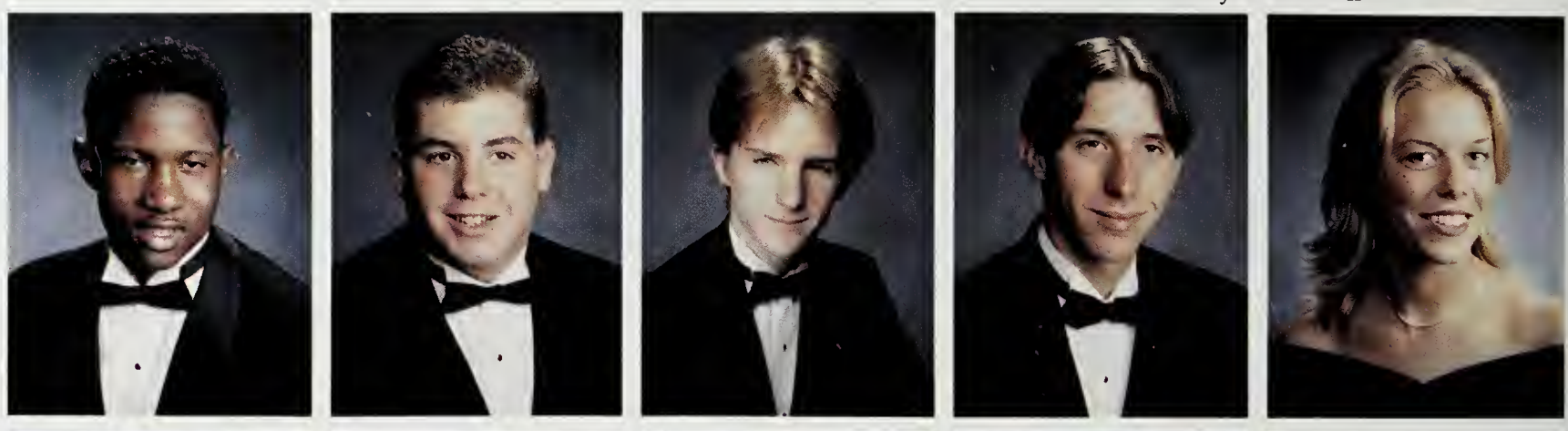
"Sometimes on tests, I'll be stuck on a certain question, and then I'll remember what song I was listening to when I was studying what was being asked in the question," senior Byron Traylor said.

Punk rock, ska, country, rap, R & B, classical, hard core, jazz and oldies were students' choices.

by Caroline Roach

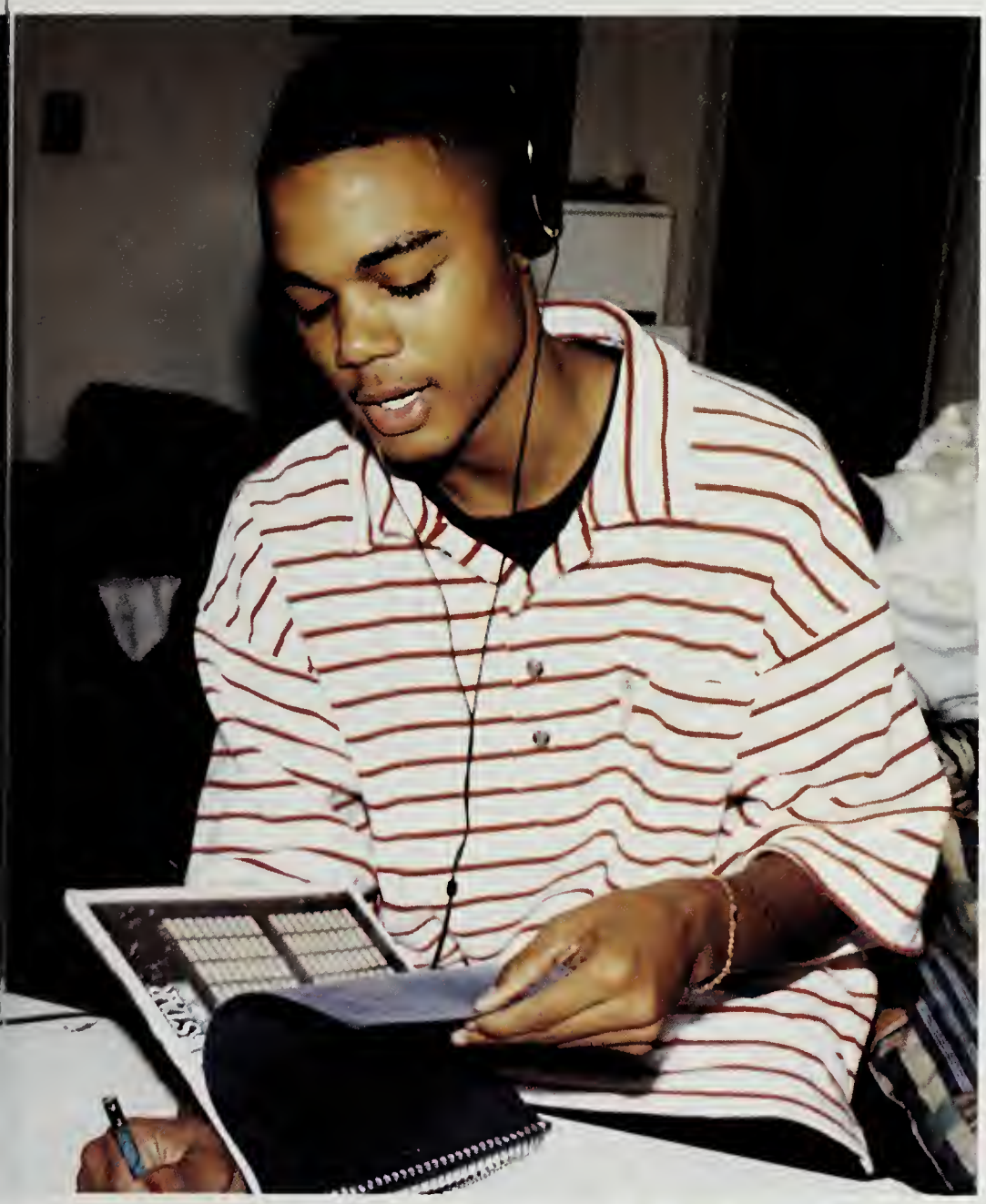
Iyana Tennon

Eric Lee
Matthew Lehr
Bradford Leiby
Nicholas Leon
Tera Lerch



Amanda Lewis
William Lindsey
Brittany Lipinski
Theresa Livan
Amber Lockhart

Gwendy Lopez
Susan Lopez
Damien Lowery
Kendra Lowery
Jamie Luckey



with Wu Tang Clan blasting in his ears, senior Devon Tubbs tries to concentrate on his English homework after school. Despite the plentitude of rap artists available to listen to, Tubbs only listened to Wu Tang Clan. Other artists included Outkast, Nas, Tupac, Coolio, Busta Rhymes, Snoop Dogg and Bone Thugs 'n Harmony.

guitar chords, drum riffs, and yelling lyrics pour out from the radio, which serves as background music for senior Kara Artz. She listened to loud music because it helped boost her energy when she couldn't get motivated. Seniors alternated between the radio for the music they didn't own and tapes and cds for the stuff they did.

Marian Gryder

Michael Luley

Romina Lulushi

Derek Luther

Morgan Lynn

Jeffrey Madden

Meredith Madtes

Christopher Maguire

Linh Mai

William Majors

Guarionex Malave

Shaista Malik

Ronald Manley III

Nathan Marsh

Cherre Marshall

Scott Marshall

Elizabeth Martin
Alicia Massey
James Mastros
Michael McCaffrey
Martiene McCalla
Mark McCann
Sicely McCants
Delvon McCormick

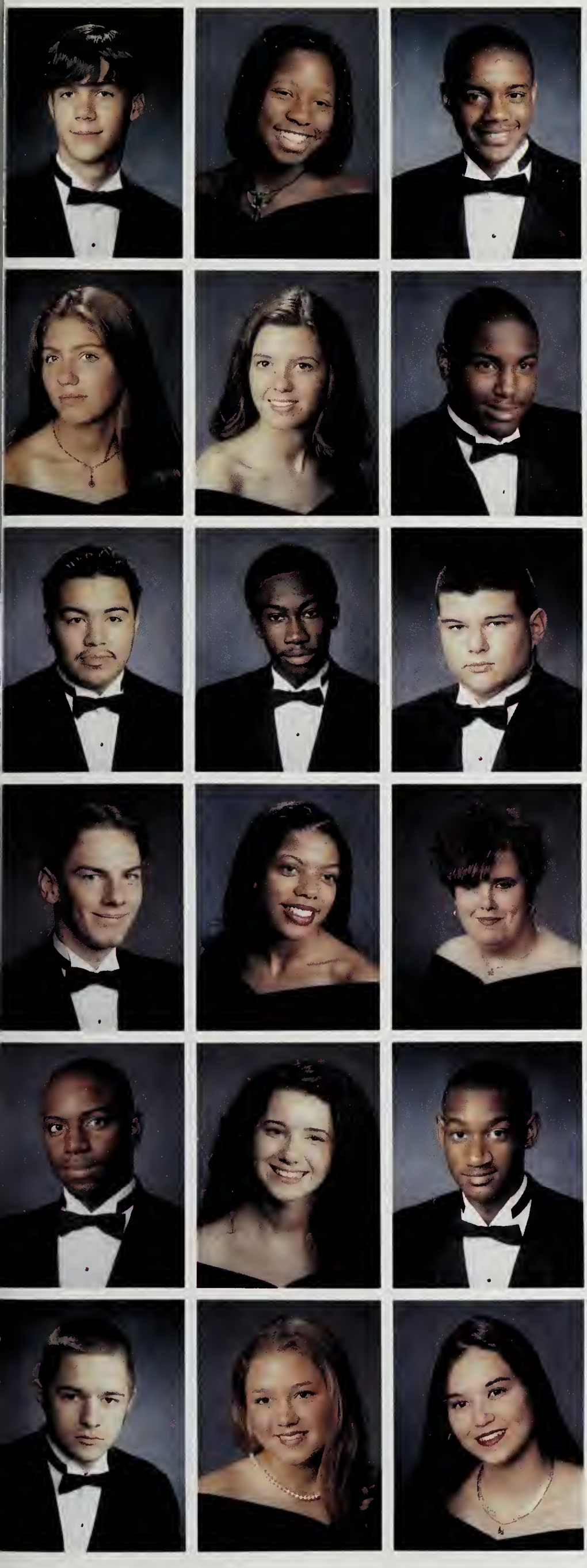
James McCormick
Michael McCoy
Christina McDonald
Heather McIntosh
Benjamin McKelvy
Nicole McMonigle
Jennifer McNamara
Brian McNeal

Cortez McNeil
Elizabeth McVeigh
Jason Mehaffey
Jennifer Melendez
Rae Melvin
Leo Mendoza
Jefferey Mensah
Eric Merck

Melody Merrill
Brent Mickey
Corey Miller
Linda Miller
Michael Milliken
James Mills
Marilynn Monroe
Anna Marie Moore

Robert Morrison
Shawna Moten
Sandy Motyleski
Franklin Moyer
Jason Mullen
Jared Murphy
Kathryn Murphy
Terance Murray

Vesta Nartey
Cristina Navarro
Hamayon Nazarei
Amanda Nelson
Brad Nelson
Brian Nelson
Kimberlee Newell
Joann Newhauser



Tony Nguyen

as he searches through his refrigerator, senior Greg Zumbrook looks for something to eat. Staying up late to do homework made students hunt for food to satisfy their hunger.

> "When I go home around five o'clock from cheerleading everyday, dinner is ready so I don't have to snack."
>
> Christina Bull '12

AT NIGHT, SENIORS WENT OUT OF MUNCH ON THEIR WAY TO FIND SOMETHING TO

grumble grumble. Awakened by his stomach growling, senior Ryan Huling looked at the clock and decided it was time for a midnight snack. "Every night at 12:30 am I go downstairs to get a bowl of ice cream. For some strange reason the coldness gives me a really weird sensation inside that helps me get back to sleep," Huling said.

Fruits and vegetables were considered an essential part of a balanced diet. "I try to eat at least three pieces of fruit a day to help boost my energy. I eat a granola bar, and have a drink of orange juice in the morning for breakfast ," senior Nancy Rosenow said. After school, students ate to rejuvenate their bodies.

Students munched on snacks after school from fast food restaurants such as Taco Bell, McDonald's, Chesapeake Bagel Bakery, Wendy's, Burger King, Fred's Pizzaria and Baskin Robbins.

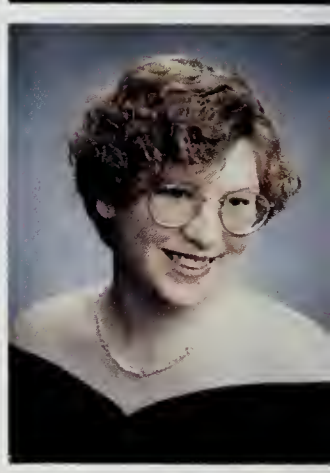
"As soon as the bell rings my friends and I go to McDonald's. One time they ran out of fries so I had to go ten minutes out of my way just to get a supersized fry. It made me be late for work," senior Scott Marshall said.

by Melissa Derr

Duong Nguyen
Amanda Nicholson
Nana Nkrumah
Linsay Northup
Shawn Oakes

Kevin O'Brien Jr.
Lance O'Brien
Sachie Ogawa
Christopher Olds
Shannon Olguin

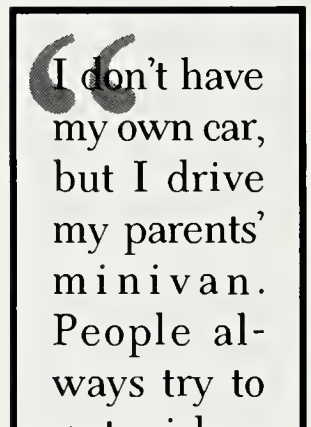
William Olmsted
Nathan Osburn
Lindsay Owens
Nicholas Paciejewski
Melissa Paden



"I don't have my own car, but I drive my parents' minivan. People always try to get rides, but at least my parents don't have to drive me all the time.
Eric Reifsnyder - 12"

WITH A FULL TANK AND A DISTANT ON THE ROAD DESTINATION, SENIORS VENTURED

"I learned the hard way not to speed by getting a speeding ticket. I was caught going 45 in a 30 mile per hour zone. I was fined 74 dollars.
Nicole Faulds - 12"



The key to Matt Burton's big plum Volvo station wagon, which his family bought while in Europe in the '80's, turned slowly and the engine sputtered to life. Due to his car's Swedish heritage, Burton named his car Olaf.

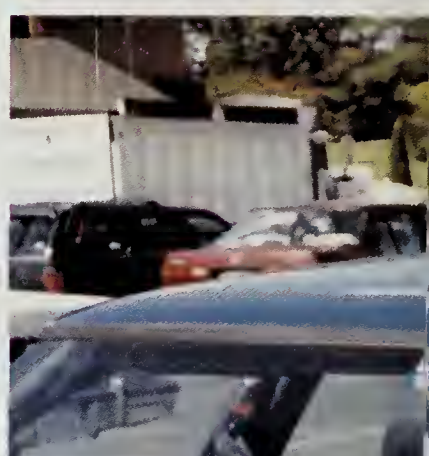
Seniors personalized, named, and decorated their cars. Anything from makeup bags to scientific experiments made their homes in students' cars.

"In my friend's car we keep a bottle of Coke that we're trying to let ferment. Now it's got white blood cell-looking things in it," senior Brian Wurster said.

Students that owned their own cars didn't have to depend on others for transportation. "Having your car is the first step to independence. You form responsibilities. No one can tell you how to manage it," senior Samantha Gross said.

Vehicles proved to be expensive to maintain since gas rang in at $1.34 a gallon.

by Libby Sova



Tony Nguyen

Sarah Palmer
Jocelyn Park
Jeremy Parsels
Allen Pedigo
Helen Peeler

Noah Peery
Michael Peirce
Mamie Pekanyande
Damon Pelletier
Shirley Pena

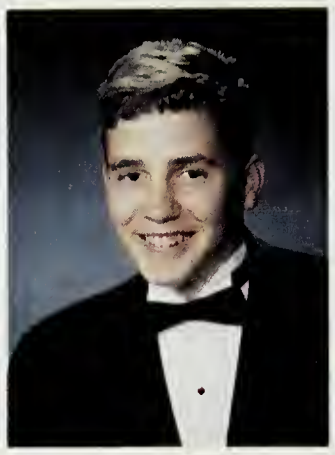
Heather Perkins
James Perry
Meghann Peterlin
Haywood Pettigrew
Shannon Peverill

Iyana Tennon

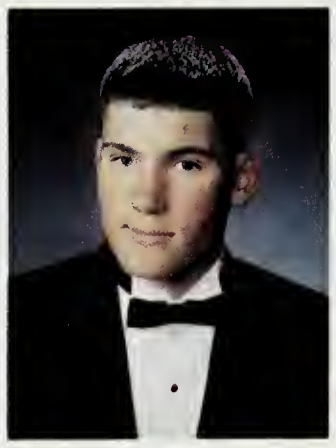
in search of the ignition switch, senior Nicole Whitfield shuts her car door while trying to put the key in at the same time. Whitfield went home before field hockey practice to drop off her books and school things. Going home offered seniors a chance to change clothes and grab a bite to eat before heading back for their activities.

with the after school rush to get out of the student parking lot at two o'clock every afternoon and to avoid the 20 minute wait behind the line of yellow school buses, senior Amber Lockhart checks her mirror before driving against the flow of traffic. The student parking lot provided spaces for 575 cars with only one exit.

Jennifer Pfaff
Kevin Phillips
Dorie Pi
Steven Pittman
Nicole Podolak
Thomas Polon Jr.
Francisco Portell
Casey Powell

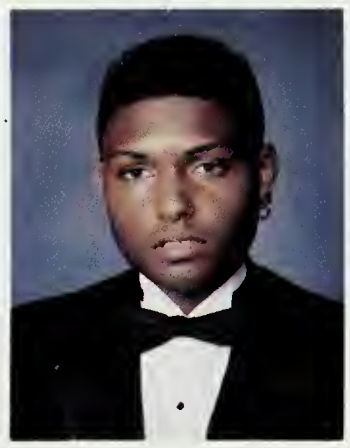


Mark Pratt
Douglas Quaderer
Leslie Quinn
Tanaisa Rainey
Michael Ranck
Jean-Michel Rebeilleau
Eric Reifsnyder
Krysta Relyea



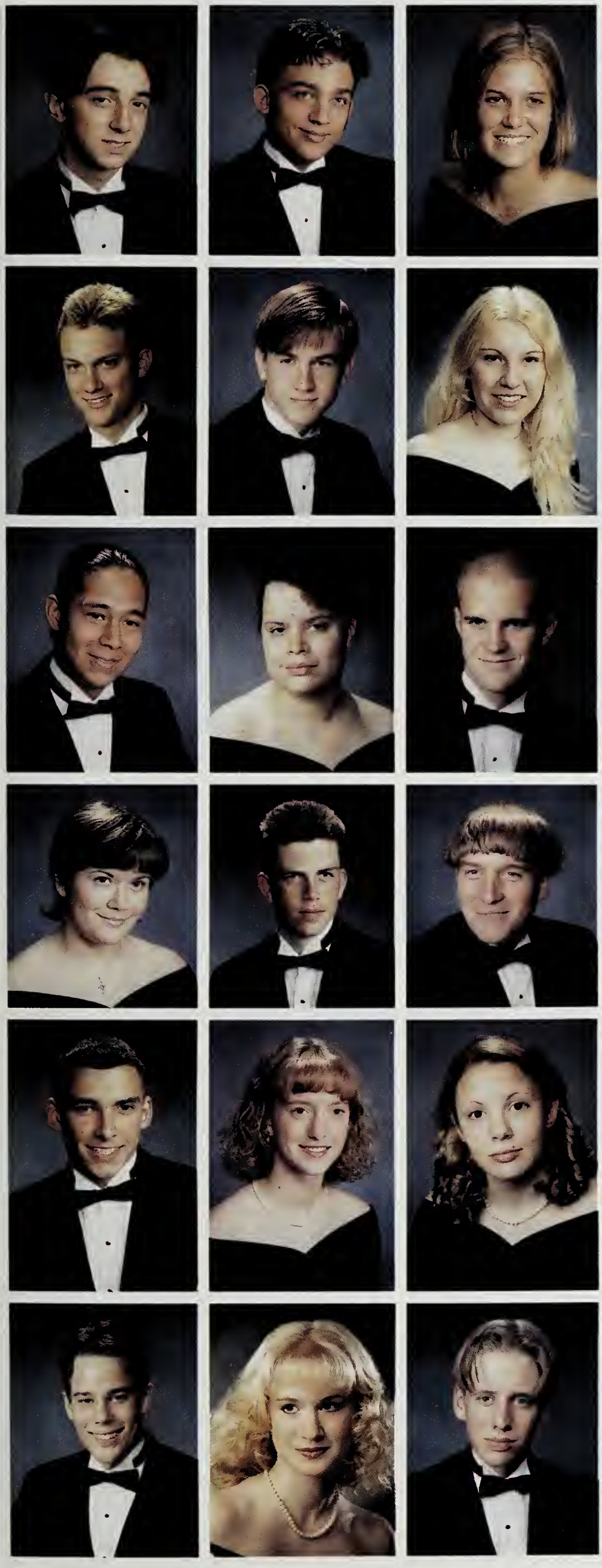
Benjamin Rickard
Laurie Rihner
Sara Roach
Khilia Robinson
Daniel Rodriguez
Gabriel Rodriguez
Luanne Rodriguez
Christoper Rose

Jerry Rosemin
Nancy Rosenow
Diana Roshandel
Deborah Rothlein
Derrick Ruff
Jessica Ruiz
Michael Rush
Peter Rustan



Jessica Ryset
Christopher Saggers
Christopher Sahami
Frank Saldana
Evelyn Sales
Jonathan Salisbury
Lindsay Salter
Laurie Samuels

Valentin Sanchez
Brant Sanderson
Robert Sane
Ada Santamaria
Matthew Saucerman
Jeremiah Scheler
Amanda Schroeder
Jeremy Seeley



open wide. Senior Shawn Cheeseman puts in her contacts. Wearing contacts meant that seniors didn't have to worry about breaking glasses. Saline was used to wash contacts.

> "You're supposed to enzyme contacts every week but it was a hassle. I don't do that anymore."
>
> Olinda Fuentes '12

Tony Nguyen

WEARING CONTACT LENSES FOUR EYES CREATED A SIGHT FOR

with her bow in position, senior Brittany Lipinski flipped the page of her music. She blinked away the tears in her eyes as she tried not to lose her place. "When I stare at my music in orchestra, my contacts dry out and my eyes start to water," Lipinski said. Dry eyes could cause contacts to fall out.

The choice to wear contact lenses was a personal decision. "I like to wear contacts instead of glasses because my glasses kept breaking and I always lost them. I can just leave my contacts in for months at a time," senior Talton Pettigrew said. Students based their decisions on preference and their lifestyle.

"I was dancing at the Smokin' Grooves concert and this big guy in front of me accidentally poked me in the eye. My contact fell out and I didn't think Iwould find it because it was so dark, but some of the people I was with helped me find it," senior Danny Wittman said.

Students chose from a wide variety of contact lenses. Hard, soft, gas permiable, and disposable contacts were available to students. Color lenses were also available.

by Cecilia Riek and Kimmy Reese

in his Isuzu Tracker, senior Matt Skeele starts up the engine to head off to a party at his friend's house. Skeele's curfew had been extended to allow him to stay out later as he got older. Skeele spent the extra time with friends, at parties, or just hanging out.

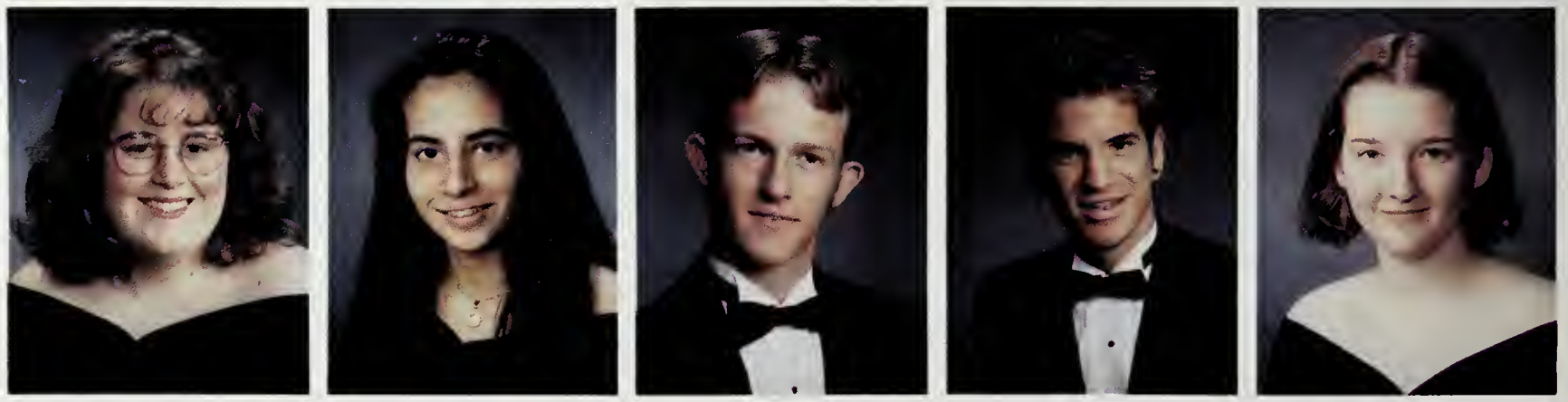
Carter Elmore

"I can't believe he fumbled that pass!" After a Friday night football game, seniors Marilynn Monroe and Carlos Howard talk about the game that took place only a few hours before. Seniors that didn't have curfews stayed out as late as they wanted on the weekend.

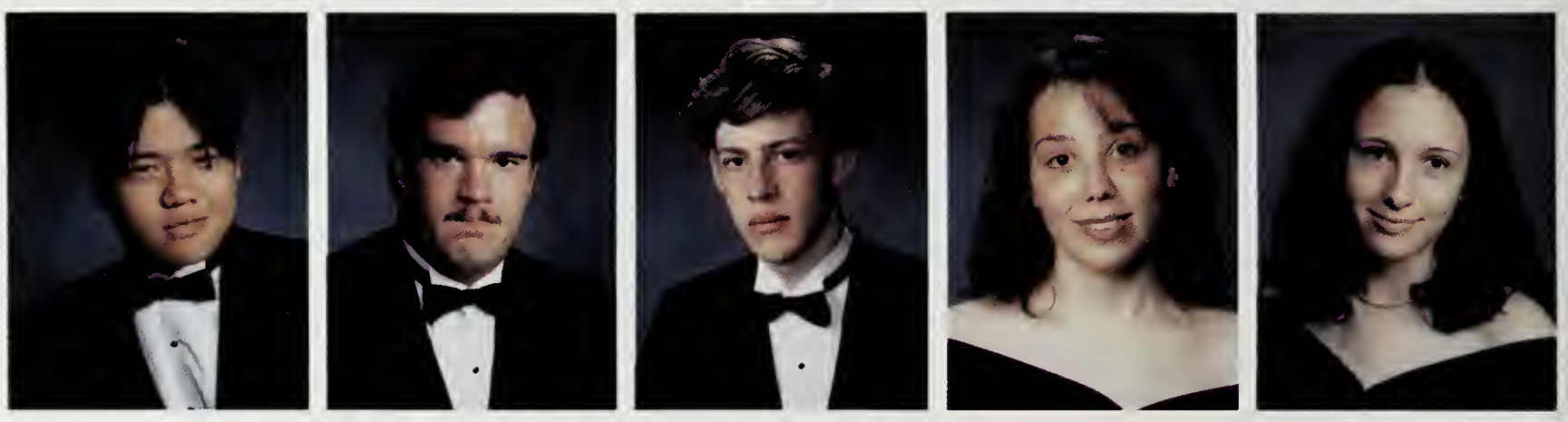
Iyana Tennon

Marc Seguin
Erica Selavka
Chris Sepkowski
Raleigh Sepkowski
Melody Seward

Valeri Sewell
Flavasha Shafiq
Kevin Shanahan
Andrew Shaw
Marie Sherman



Kyung (Tom) Shin
Timothy Sidam
John Simmons
Crystal Sirk
Emily Skaggs



WITH CHANGES IN CURFEWS TO NIGHT OWLS LATER HOURS SENIORS BECAME

from being home before the street lights came on to staying out until the sun rose, seniors experienced changes in their curfews as they grew up.

As the years passed by, parents trusted their children with responsibility, so their curfews expanded.

"My parents feel that I've matured in the past few years, so my curfew has gone from 11 pm during my freshman year to 2 am now on weekends. I spend a lot of the extra time at parties," senior Marc Seguin said. Students gained more trust from their parents as they grew older.

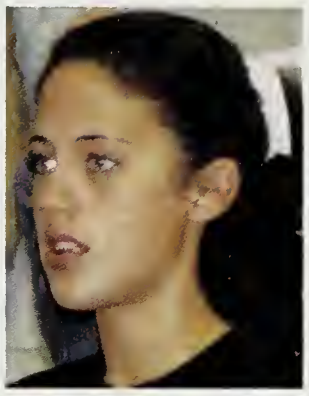
Prince William County discussed having a curfew which would require all children under the age of 17 to be in after 11 pm.

This curfew was not adopted. This meant seniors only had to deal with worried and frantic parents instead of disgruntled police officers when they arrived home after their anticipated time.

by Carter Elmore

"Even when I was in my freshman year my parents didn't have any problems or say anything to me when I stayed out as late as I wanted to."

Brent Dickinson - 12



"My parents have become more and more lenient over the years. I had to be in at 9:30 at night my freshman year, now my curfew is midnight."

Elizabeth Bowden - 12

Matthew Skeele
Stephen Sluys
Paul Smart
April Smith
Jennifer Smith

Kodi Smith
Jason Sosa
Jon Spence
Eric Spickelmier
Paul Stanford

Michael Stanley
Amy Stedman
Carolyn Stegon
Suzanne Stewart
Roger Stewart-Frederic

where's it at? Senior Martha Diehl rummages through her coat pockets in search of her self tanning lotion from Belgium. "The American stuff turned my skin orange," Diehl said.

> "I wanted a nice tan for prom so I would look good in a dress, so I went to a tanning salon. It cost about $40."
>
> Sara Kennedy - 12

Marian Gryder

SENIORS RESORT TO LOTIONS FAKE BAKES AND TANNING SALONS FOR

with a grimace, senior Elizabeth Eldreth slipped on her bookbag, carefully placing the wide straps over her newly tanned skin, made sensitive by a salon. "I didn't like the tanning salon the first time I went. My grandma took me and I ended up with heat rash and 'sun' poisoning," Eldreth said.

Seniors weighed their options equally before deciding to tan or not to tan. "I want to try a tanning salon but I hear you can get bacteria or sick from them easily because if they're not clean, the warmth will breed nasty bacteria," senior Julie Foxworthy said.

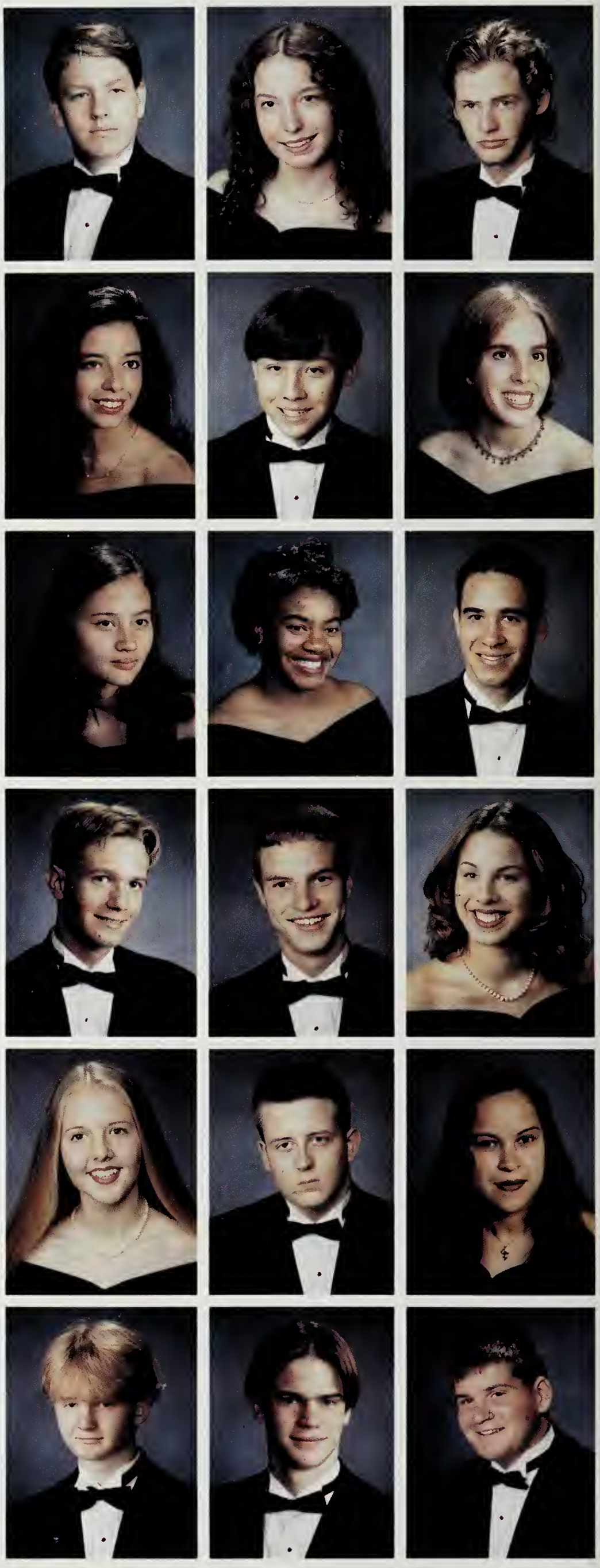
The risks, to their looks and their health, caused students to steer clear of tanning salons in favor of a safer method.

Creams and lotions provided the glow seniors were looking for, without the dangers associated with tanning salons. The results, however, were not perfect.

"Once when I used a tanning cream, my knees and ankles turned orange," senior Claire Johnson said.

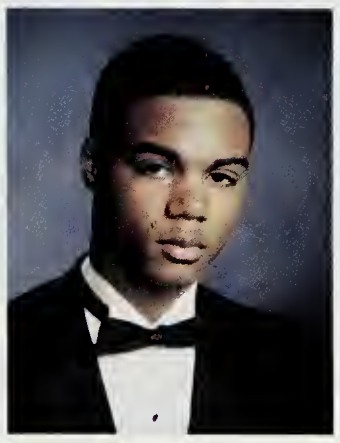
The multitude of products and facilities such as Apollo Tanning and Perfections educated seniors about whether or not to "fake bake."

by Jennifer Sikorski



Chris St. Germain
Nikki St. Germain
Sean Stone
David Struble
Andrew Sutphin
Janelle Sutton
Lawerence Sutton
Levar Sykes

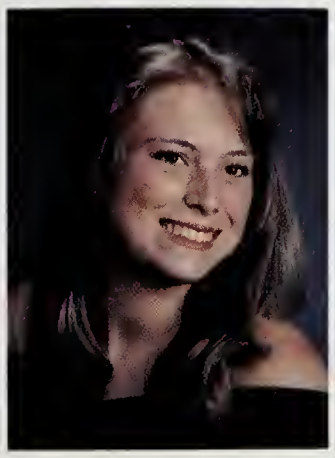
Rebbeca Tamez
Kenichi Tatara
Brooke Taylor
Rosetta Taylor
Iyana Tennon
Paul Thalacker
Elizabeth Thurber
Devon Tice

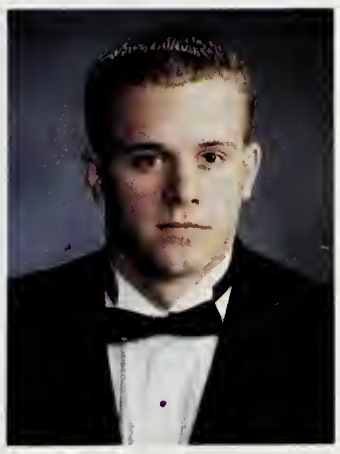


Melissa Tierney
Alexis Tompkins
Pedro Torres
Renee Trimbur
Justin Trinkes
Jason Trogdon
Meredith Trohanov
Devin Tubbs

Christopher Tyndall
David Underwood
Elizabeth Underwood
Erin Vangorder
Sarah VanWinkle
Robert Varner III
David Veasey
Theresa Venturini

Amelia Vernon
David Via
Sandra Villatoro
Mario Viveros
Michael Voss
Kimberly Walker
Laura Walsh
Candice Ware





Regan Warren
David Waters
Joseph Watson
Tanjanika Weaver
Georgina Webber
Heather Webber
Erin Wendorf
David Westgate

"I've never had a desire to do drugs. I've seen what they do to good people. I have a hard enough time thinking straight without them."

Khilia Robinson - 12

"People who do drugs are like a flock of sheep. They are just following a fad because they would not do drugs or drink if nobody else did."

Colin Kreutzer - 12

WITH THE CHOICE TO BE DRUG FREE SENIORS WERE NAILED TO THE 'X'

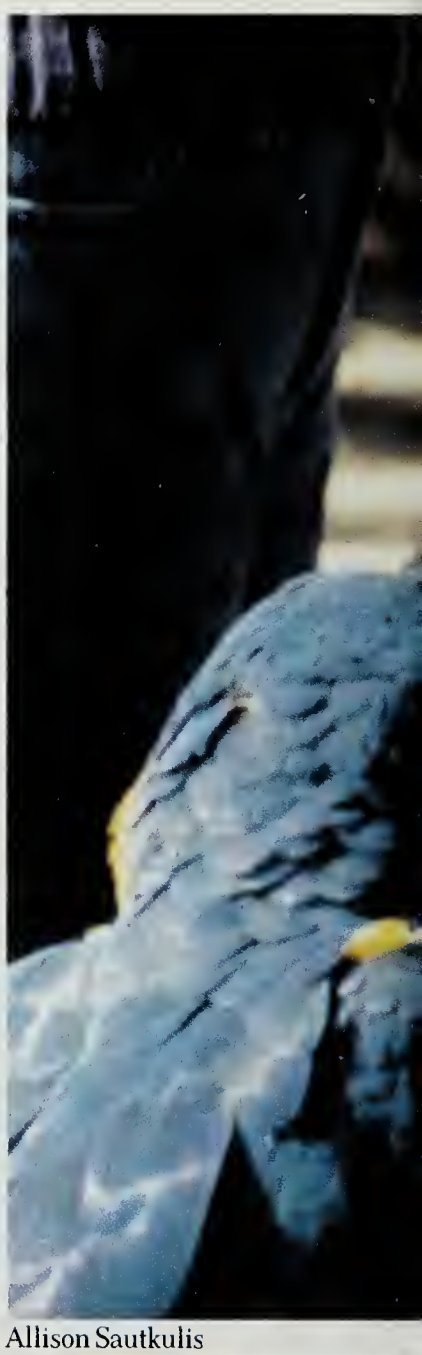
"I've got straight-edge." The sounds of Minor Threat could be heard playing a decade and a half after the songs were written. The term was coined by Ian MacKaye of Minor Threat when he wrote a song with the title in 1980.

The word straight-edge, literally means to have an edge on life, because one is drug free, or straight. Students interpretated it differently, but consistently it meant staying sober.

Being labeled straight-edge did not apply to all types of people. "Straight-edge is a label. Based on my definition, I am straight-edge, though I don't think about it because it's a way of life I've always known," senior Lisa Hale said.

Not all seniors were in agreement with being straight-edge. "There's no such thing as straight-edge. You would have to be free of all drugs, even ones like caffeine and tylenol," senior Travis Dunn said.

by Joy Vajirapinyo



Allison Sautkulis

Michael Wheby
Nicole Whitfield
Channta Whitney
Charles Wilkinson
Dominic Willenbring

Paul Williams
Sarah Williams
Shameka Williams
Shawana Williams
Jennifer Williamson

Ruth Wilshere
Netosha Wilson
Sarah Wilt
Doug Windland
Katie Woodside

"squawk!" In Washington D.C. senior Dominic Willbring gazed at the multicolor parrots on his way to the Smithsonian. The field trip sponsored by the school, which meant it was drugs and alcohol free. The punishment for possession of illegal substances was immediate expulsion.

a breath of fresh air. Senior Matt Burton relaxes outside of his house. Burton was a starting player on the Varsity Lacrosse team. In order to remain in the best physical shape possible he exercised regularly and tried to avoid putting chemicals and other harmful impurities in his body.

Marian Gryder

Kristen Woolfenden
Evan Wooten
Justin Worrilow
Julia Wright
Brian Wurster

Steffany Yamada
Todd Yoho
Leroy Young Jr.
Rhina Zelaya
Ryan Zell

Stephanie Zerkow
Gregory Zumbrook
Danielle Cunningham
Claudia Mejia
Matt Wesley

WOODN'T YOU KNOW...

Masa Abe Norsman 9,10,11,12; Baseball 9,10; Varsity Baseball 11,12; Wrestling 9,10.

Leo Acuesta Orchestra 9,10; JROTC 10,11,12.

Pedro Adams JROTC 9,10,11,12.

Melanie Agosta Gymnastics 9,10,11,12; Sign Language Club 10,11.

Melissa Alderman Crew 9; Basketball 9; Varsity Basketball 10.

DeWayne Allen NHS 11.

Jennifer Alltop Marching Band 9,11,12(sect. leader); Band 10,11,12; Tri-M 9,10,11,12(Treas.) Key Club 10,11; Beta Club 11,12; NHS 11,12; FCA 10,11,12.

Christina Anderson FBLA 12.

Steve Arnold Cross Country 9,10,11,12; Indoor Track 9,10,11,12; Outdoor Track 9,10,11,12; Varsity Club 10,11,12; FBLA 11,12.

Kara Artz Yearbook 10(Co-Computer Editor),11,12(Editor-in-Chief); Orchestra 9,10,11; Marching Band 9,10,11; Art Club 9; Beta Club 11,12(Treas.); NHS 11,12; SHS 11,12.

Daniel Barger JROTC 11,12; French Club 11,12; German Club 11, 12

Jennifer Barnett Indoor Track 10; TV Production 10, 11; Swim Team 11, 12; FBLA 12.

Matthew Barrack MUN 10; EDDAS 12; FCA 12; JROTC 10, 11, 12..

Alysia Barton Varsity Club 10, 11, 12; FBLA 10, 11, 12; DECA 12; Varsity Gymnastics 11,12; SCA 11; Indoor Track 9, 10, 11, 12; Cross Country 11, 12; Mediator 12.

Anthony Bello Crew 9, 10; EDDAS 12.

Chris Bennett Baseball 9; Varsity Baseball 10, 11, 12 (Capt.); FBLA 11, 12.

Melissa Bernacki Marching Band 9, 10; Band 9, 10; Indoor Track 9, 10, 11; Outdoor Track 9, 10, 11; Varsity Club 10, 11, 12.

Katrina Bielefeldt NHS 11,12; Black Ink Society 11.

Johanna Blanco Basketball 9, 10; SHS 12; FBLA 12; Latin Club 12.

Christine Bohannon Volleyball 9, 10, 11, 12; Soccer 9; Choir 10, 11; NHS 11, 12; Beta Club 11, 12; SHS 11, 12.

Jeffrey Bombick Football 9; Varsity Football 10, 11, 12 (Capt.).

Sara Borey NHS 11, 12; Choir 9, 10.

Tara Boudreaux Band 9, 10; FBLA 11, 12; Sign Language Club 11; Step Team 12.

Elizabeth Bowden Vikettes 11, 12; Crew 10; Yearbook 11, 12; SCA 11, 12; Varsity Club 12; Guidance Aid 12; SADD 12.

Michelle Brebnor Step Team 10, 11, 12 (Capt.); African American Student Union 10; FBLA 10, 11, 12; Choir 10, 11, 12..

Jay Brinson German Club 9; Soccer 9; Varsity Soccer 10, 11, 12.

Stacy Campell Orchesta 9,10,11; Deca Club 10,11,12.

Sarah Carr Eddas 11,12(Editor in Chief); Crew 12..

Armando Carrion Band 10,11,12; Marching Band 9,10,11,12; Baseball 9.

Mike Carter FBLA 10,11; Crew 11,12; Indoor Track 12; NHS 12.

Stephany Carter Newspaper 11.

Melanie Cassasa Drama Club 11,12.

Paul Cascio Jr. Basketball 9; Cross Country 10; TV Productions 11; Art Club 9,10.

Hector Cerda Football 9,10,11,12; Indoor Track 11,12; Outdoor Track 11,12.

Michael Chan Band 9,10,11,12; Marching Band 10.

Alonzo Charity Outdoor Track 10,11; Indoor Track 11; FBLA 11.

Brian Childress Basketball 9; Soccer 9; Varsity Soccer 11,12.

Saima Choudry Ecology Club 10,11,12(Tres.); FBLA 11,12.

Joseph Claudio JROTC 10,11,12.

Chris Clay Crew 9,10,11,12(Capt.); Indoor Track 11; Varsity Club 12.

Krista Clearwater Key Club 9; Softball 9,10; Field Hockey 9,10,11.

Carmine Colagrande Marching Band 10,11,12; Crew 9.

Carbs Coleman Football 9; Varsity Football 11,12; Basketball 9,10; Varsity Basketball 12.

Katherine Combs Choir 9,10; FBLA 10,11; Cosmotology 11,12; Aide 12.

Christina Cone Gymnastics(Manager) 10,11,12; BETA 11; NHS 11; SHS 10,11,12; Sign Language Club 11,12.

Alicia Cooner JROTC 12.

Sandra Corvera Hispanic Student Union 10,12.

Travis Cronk Football 9,10; Varsity Football 11.

Brian Crowley Marching Band 9,10,11,12; Art Club 10,11,12; Eddas 12; FBLA 10; Band 9,10,11,12.

Ryan Cummins Varsity Soccer 10,11,12; Basketball 9,10; Varsity Club 11,12; NHS 11,12.

Danielle Cunningham Sign Language Club 10,11; Drama Club 10; FBLA 11,12; Marching Band 9.

Gina Cunningham Orchestra 9,10,11.

Kristine Curran Debate Club 9,10; Soccer 9; Varsity Soccer 10; Newspaper 10,12; Eddas 9,10,11.

Sara Dail Field Hockey 9,10,11,12; Soccer 9; Spanish Club 9; SCA 9(Hist.); Tri-M 11,12; NHS 11,12; SHS 11,12; Key Club 10,12; Young Republicans 11; Choir 9,10,11,12; International Club 12; Varsity Club 12.

Heather Danforth German Club 9; Tennis 9,10(Capt.),12(Capt.); Basketball 9,10; SCA Rep. 9; Ecology Club 12; Eddas 12.

Stephanie Daniels Basketball 9,10; Volleyball 9,10,11; Varsity Volleyball(Co-Capt.)11,12; Orchestra 9,10; NHS 11,12(Tres.); Beta Club 11,12; SHS 11,12.

Jean Dauphin Varsity Football 10,11,12(Capt.); JROTC 12.

Chris Davis Cross Country 9,10,11,12; Indoor Track 9,10,11,12; Outdoor

"I want to go to VA Tech or UVA; they're close to home. I plan on majoring in accounting."
Meer Amani - 12

Track 9,10,11,12; Eddas 11,12; FBLA 9,11(Sec.); Varsity Club 10,12.

John Deaton Football 9,10; Tennis 9,10,11,12.

Olga DeJesus FBLA 12; JROTC 12;

Angelica Delboy Hispanic Student Union 11,12(V.P.); Executive Council 12; Key Club 11,12; FBLA 12.

Bobby Demott Lacrosse 9,10.

Angela Dennie Choir 9,10,11; FBLA 10,11; COE 12.

Emanita Dewitt Cheerleading 9,10; Varsity Cheerleading 12; FBLA 9,10,11,12; Mentor 12; Class(V.P.) 12.

Shawn Dickerson Wrestling 11.

Paul Dittamo Football 9; Wrestling 9; FBLA 10.

Rebekah Donahue Cheerleading 9,10; Drama Club 10; Norsemen 9,10,11,12; Spanish Club 10,11,12; SHS 11,12; SADD 12.

Jason Drake Computer Club 11,12.

Travis Dunn Wrestling 9,10.

Monica Edwards FBLA 12; African American Student Union 9,10; Choir 9,10,11.

Elizabeth Eldreth Crew 9,10,11,12.

Chris Ellis JROTC 10,11,12; Outdoor track 9.

Carter Elmore Spanish Club 9,10,11; Lacrosse 9,10; Varsity Lacrosse 11; Key Club 11; NHS 12; Yearbook 12; SCA 11, 12; Young Republicans 12.

Joel Erkkinen Golf 9,10; NHS 9,10; Band 9,10,11,12.

Chris Esterline Crew 9,10,11,12; Cross Country 10,11,12; FBLA 9; Varsity Club 12; Indoor track 11.

Danielle Eure Cheerleading 9,10; Varsity Cheerleading 11,12; FBLA 9,10,11; Outdoor Track 10.

Nicole Faulds Color Guard 9; Drama Club 11,12; FBLA 9; Choir 11.

Eric Fay Marching Band 9,10,11,12; Tri-M 10,11,12.

Lisette Fee Crew 9,10; FBLA 12; Ecology Club 11; Key Club 12.

Sarah Fetter DECA 9; Volleyball 9; Spanish Club 11; Forensics 10.

Andrea Flanagan Outdoor Track 9; Varsity Club 11,12; Vikettes 10,11,12; Key Club 12; Valkyrie 11,12; Sign Language Club 11,12; Spanish Club 9,10; SCA 9,10,11; Student Mediator 11,12.

Jasmine Fletcher African American Student Union 10; JROTC 9; Orchestra 9.

Brad Flowers Football 9,10,11,12; Wrestling 9; Choir 9,10,11,12.

George Flynn NHS 11,12; Beta Club 11,12.

Ben Foster FBLA 11.

Julie Foxworthy Orchestra 9,10,11,12; Marching Band 9,10,11; Debate 10,11,12; Basketball 9,10; Yearbook 10(comp. editor), 11&12(Editor-in-Chief); NHS 11,12; Beta Club 12; French Club 11,12; FHS 12.

Dion Freeborn Band 9,10; German Club 10,11; Eddas 12.

Ben Freer Varsity Wrestling 9,10,11&12(Capt.); Soccer 9,10; Swimming 9, Golf 11; Crew 12; Varsity Club 11,12.

Olinda Fuentes Yearbook 11; Tri-M 9,10; Orchestra 9,10,11,12.

Kristin Gartner Varsity Basketball 9,10,11&12 (capt.); Volleyball 9,10; Varsity Soccer 11,12; Spanish Club 9; SCA 9; Varsity Club 12.

Jason Gibson Football 9; JROTC 9,10,11,12.

Angie Gress Marching Band 9,10,11(sect. leader); Forensics 10; Tri-M 10,11,12; NHS 11,12; SHS 11,12; Swimming 9,10; SCA 11(Pres.),12(Pres.); Choir 12; Band 9,10,11.

Jimmy Gallagher Marching Band 9,10,11,12; Lacrosse 10,11,12.

Fabricio Gallo Spanish Club 10,11.

Ryan Gardiner FBLA 10; SCA 11.

Erik Gavidia Football 9,10,11,12.

Will Giandoni SCA 11,12; Ecology Club 9; Indoor Track 10; SHS 12.

Matthew Giannini Tri-M 11,12; Orchestra 10,11,12.

Nathan Gibson Wrestling 9,10,11,12(capt.); Varsity Club 9,10,11,12; Norsemen 9,10,11,12(Pres.).

Susan Gibson Outdoor Track 9,10,11,12(Capt.); Indoor Track 10,12(Capt.); Cross Country 10,11,12(Capt.); Varsity Club 10,11,12; Beta Club 11,12; NHS 11,12; Cheerleading 9; FHS 11,12.

Jennifer Gray Cheerleading 9,10; Varsity Cheerleading 11,12(capt.); Crew 10; SHS 11,12; SCA 9,10(class tres.),11(class VP)12; Spanish Club 9(tres.),10(hist.); Norsemen 9,10,11,12; Sign Language Club 11.

Nathan Groom Outdoor Track 11; Crew 12.

Terri Greer Key Club 9; Varsity Soccer 9,10,11,12; Varsity Field Hockey 9,10(Capt.).

Samantha Gross Band 9,10,11,12.

Brenda Guzman Spanish Club 9,12; FBLA 9,10,11,12; Choir 9,10.

Chrissie Hansen Field Hockey 9,10,12; Softball 9,10,11,12; Sign Language Club 10,11.

Tonya Harnar JROTC 9,10,11,12; SCA.

Clarence Harrell Football 9,10,11; FBLA 10; Track 9,10,11; Indoor Track 11; Spanish Club 9; NAACP 11.

Veronica Harsley SCA 9,10,11,12; African American Student Union 9,10,11,12; FBLA 10,11; Drama Club 9,10; Choir 9,10; SADD 10,11.

Page Henry Key Club 9, FBLA 9,12; Varsity Soccer 9,10,11,12; Office Aide 10,11,12; Varsity Club 10,11.

Barbara Heritage Tri-M 9,10,11,12; Orchestra 9,10,11,12; Eddas 11,12(Co-Editor); Drama Club 10,11,12; Yearbook 11; Beta Club 11,12; NHS 11,12.

The senior class had four senior skip days as opposed to two for the year. One senior skip day was held on the 97th day , as if school was held on the seven period day schedule. The senior class also held a senior skip day on the 48th day; counting "every day as if it were two." The administration did not condone either of the skip days, requiring teachers to call and inform parents of their students' absence.

Damon Hess JROTC 11,12.

Andy Hewlett Basketball 9,10,11,12; FBLA 10; Varsity Club12; Norsemen 9,10,11,12; NHS 11,12; Beta Club 11,12; SHS 11,12.

Corinne Hicks Band9,10,11; Drama Club 10; Eddas 12.

Mike Hicks Swim Team 9,10,11,12; Forensics 10,11,12(Capt.); Debate 11,12; Marching Band 9,10,11,12.

Diane Himes DECA 10.

Justin Hoertz Outdoor Track 9,10; JROTC 10,11,12.

Jessica Hoge Varsity Basketball 9,10,11 (Capt.),12(Capt.); Volleyball 9,10,11; Beta Club 11,12; NHS 11,12.

Cobie Hollar Crew 11,12(Cpt.); Varsity Club 12; Spanish Club 12.

Jason Holloway FBLA 11,12.

Chalmers Hood SCA 9,10,11,12; Drama Club 9,10,11,12; Thespians 10,11,12(Hist.); Forensics 11,12.

Kara Howard Cheerleading 9.

Ernest Hubbard Football 9,10.

Edward Huffman Football 9; FBLA 10,12.

Jennifer Hurley Band 9,10,11,12.

Adrienne Ingram Crew 9,10; TV Productions 11.

Gillian Inskeep SHS 11,12; NHS 11,12(Pres.); Yearbook 11(Student Life Editor),12(Copy Editor), Debate 10,11,12; EDDAS 11,12.

Susana Iturregui Spanish Club 9,10; SHS 10,11,12; FBLA 10,11; EDDAS 10; Hispanic Student Union 11; International Club 12.

Johanna Izaguirre Basketball 9,10; FBLA 10,11,12; Hispanic Student Union 11(Pres.),12; SCA 11(Rep.).

Jessica Jackson Choir 9,10; JROTC 10,11,12; Drill Team 10,11,12.

Chris James NHS 11,12; SHS 11,12; Beta Club 11,12; Tennis 11,12; Computer Club 12; Young Republicans 12; Varsity Club 12.

Robert James Cross Country 9,10,11,12; Indoor Track 9,10,11,12; Outdoor Track 9,10,11,12; Varsity Club 10,11(Sec),12(Pres).

Chris Johnson Lacrosse 11,12; Forensics 10,11; SHS 10,11,12; NHS 11,12; Beta Club 11,12; Young Republicans 11.

George Johnson Outdoor Track 9,10,11,12; Indoor Track 9,10,11,12; FBLA 10,11,12; Varsity Football 12.

Krestel Johnson FBLA 9,11,12; COE 11,12.

Laban Johnson Televison 11; Hispanic Student Union 12.

Troy Johnson Soccer 9,10; Forensics 11,12; Indoor Track 12; Crew 12.

Anna Jones DECA 12.

Joseph Jones Football 9; JROTC 11.

Joy Justice NHS 11,12; BetaClub 11,12; SHS 11,12; Key Club 11; Varsity Soccer 9,10; Class Tres 12; Varsity Club 12.

Masuda Kaisken FBLA 9,10,11,12; Key Club 9,10,11,12; Ecology Club 10; Plague 10; Basketball 9.

Victoria Kalmas Crew 9; SwimTeam 9; German Club 11,12.

Stefanie Kam Orchestra 9,10,11,12; NHS 11,12; Beta Club 11, 12(V.P.); SHS 12.

Brian Kane FBLA 11,12.

Martha Kaufhold Varsity Softball 10,11,12; Varsity Volleyball 11.

Bridgit Kelly SCA 10(Class Hist.); Band 9; Yearbook 10,11; Eddas 12; Crew 10.

Sara Kennedy Varsity Volleyball 11; Choir 11,12; FBLA 11,12; Key Club 12; Mentor 12.

Jason Kent Soccer 9; Varsity Soccer 10,11,12.

Adrianne Killen FBLA 11.

Brent Kincade Lacrosse 9,10,11; FBLA 10.

Melissa King FBLA 9,10,11(Hist.); SCA 9,10; Drama 12.

Shannon Kirby Volleyball 9; FBLA 10,11,12; SADD 12.

Doris Kolovos Orchestra 9,10,11,12; Tennis 11; Key Club 9,10,11,12; FHS 11; French Club 12; NHS 11.

Melissa Kooyoomjian NHS 11,12.

Matt Krycinski JROTC 9,10; Cross Country 12; Indoor Track 11,12; Outdoor Track 11,12; SADD 11,12.

Kimberly Kuhn Art Club 9,10,11; Drama Club 10; German Club 9,10,11; FBLA 12; Marching Band 9; Tri-M 9,10,11; Pep Club 9,10,11; FCA 9,10,11,12.

Art Lambros Young Republicans 9,10; Leo Club 9; FBLA 9,10,11,12; Soccer 9; Varsity Football 10,11,12; Television Productions 10,11,12.

Joshua Lattin Football 9; MUN. 11; NHS 11,12; Executive Council 12.

Antonio Lavarello French Honor Society 11,12; German Club 12.

Victoria Leavelle Debate 11,12; Eddas 11,12; Key Club 12; Mediation 12; SADD 12.

Chris Lee Football 9,10; Baseball 10; Varsity Baseball 12.

Eric Lee FBLA 10,11,12; SHS 11,12; Eddas 12.

Matthew Lehr Wrestling 9; Football 9; Varsity Football 10,11,12(Capt.); Indoor Track 10,11,12; Outdoor Track 10,11,12(Capt.); Varsity Club 10,11,12; FBLA 12; Art Club 12.

Nick Leon Baseball 9,10; Varsity Baseball 11,12; FBLA 12.

Tera Lerch Crew 9,10,11,12; FBLA 9,10,11,12; Softball 10; Sign Language Club 11.

Amanda Lewis JROTC 9,10,11; Field Hockey 9,10,11; Softball 9; Varsity Softball 10,11,12.

William Lindsey Art Club 10,11,12.

Brittany Lipinski Drama Club 9,10,11,12; Thespians 10,11,12(Sec.); Tri-M 10,11,12; Orchestra 9,10,11,12; NHS11,12; Beta Club 11,12.

Amber Lockheart Varsity Basketball 9,10,11,12; FBLA 10,11,12; Outdoor Track 10,12; Volleyball 11; Varsity Basketball 11,12(Capt.).

"Disadvantages of the 4x4 are having to learn the material in a shorter amount of time."
Jesse Hoffman - 12

Gwendy Lopez Band 9,10,11,12; JROTC 10,11,12; Spanish Club 9; FBLA 11; Crew 11,12; Eddas 12.

Chris Lowe JROTC 9,10,11.

BJ. Lowry Football 9; Varstiy Football 10; Basketball 9,10; Varsity Basketball 11,12; Indoor Track 10,11,12; Outdoor Track 10,11,12; FBLA 10,11.

Kendra Lowry Choir 9,10,11,12.

Seth Lowery Art Club 9; Yearbook 10,11.

Jeff Madden Computer Club 9.

Meredith Madtes Choir 10,11.

Nathan Marsh Marching Band 9,10,11,12; Band 9,10,11,12; TV Productions 11,12.

Cherre Marshall Varsity Basketball 9,10,11,12; Varsity Softball 9; FBLA 10,11,12.

James Mastros Marching Band 9,10,11,12; NHS 12; Band 9,10,11,12.

Mark McCann Lacrosse 11,12; FBLA 11,12; Varsity Club 11,12; Spanish Club 11,12; Art Club 11,12; Executive Council 12; Computer Club 12; Ecology Club 12.

Sicely McCants Basketball 9,10,12; German Club 9,10,11; Outdoor Track 9.

Delvon McCormick SADD 10; Indoor Track 10,11,12; Outdoor Track 9,10,11,12; Football 12; Sign Language Club 11,12.

James McCormick Football 9,10; Choir 9,10,11,12; Tri-M 11,12; Drama Club 11,12.

Christy McDonald Choir 11,12; Tri-M 12.

Heather McIntosh FBLA 9; Executive Council 9,10,12; Mediation 12; Sign Language Club 11.

Ben McKelvy Football 9; SwimTeam 9,10,11,12.

Jennifer McNamara Spanish Club 9; Cross Country 11,12; Indoor Track 10,11,12; Outdoor Track 10,11,12; NHS 11,12; Varsity Club 11,12.

Brian McNeal Football 10; Varsity Football 12; Basketball 10; SADD 11,12; Outdoor Track 12.

Cortez McNeil Football 9,10,11,12; Basketball 9,10; Orchestra 9,10,11; SCA 9,10,11; JROTC 11; FBLA 9,10.

Dave McPhillips TV Productions 10,11,12.

Blair McVeigh Marching Band 9,10; Crew 9; Swimming 10; Varsity Club 11,12.

Kathleen McVey Soccer 9; Outdoor Track 9.

Claudia Mejia FBLA 9; JROTC 11,12.

Rae Melvin Soccer 9; Field Hockey 9; Varsity Field Hockey 10,11&12(Capt.); SADD 12; Choir 9,10.

Corey Miller Cross Country 10; Track 10.

Mike Milliken Cross Country 9,10,11,12; Indoor Track 9,10,11,12; Outdoor Track 9,10,11,12; Beta Club 11,12; NHS 11,12; SHS 10,11,12; Varsity Club 12.

James Mills Spanish Club 9; Crew 11,12; Cross Country 12; FBLA 12.

Tanner Moon Football 9,10; Wrestling 9; Lacrosse 9,10,11.

Tonisha Moore JROTC 9,10,11,12.

Sandy Motyleski Art Club 9,10,11; Drama Club 10; German Club 10,11; FBLA 11,12; SHS 11; Pep Club 9,10; FCA 9,10,11,12.

Jared Murphy Black Student Union 9,10; Drama Club 10; Outdoor Track 9,12; Wrestling 12; Varsity Football 10.

Katy Murphy Varsity Softball 9,10,11,12; Newspaper 11(Co-Feature Editor);12(Editor in Chief); NHS 12; Basketball 9,10; Spanish Club 10; Key Club 11,12.

Vesta Nartey Choir 9,10.

Amanda Nelson Volleyball 9; FBLA 10,11; Choir 9,10.

Brian Nelson Wrestling 9; Varsity Wrestling 10; Football 10.

Brad Nelson Golf 10,11,12; Crew 9,12; SwimTeam 9.

Kim Newell Varsity Soccer 9,10,11,12; Varsity Club 10,11,12; SHS 10,11,12; NHS 11,12; SCA 9&10(class VP),11(class Tres.); Spanish Club 9,10; Executive Council 12.

JoAnn Newhauser JROTC 9,10,11.

Duong Tony Nguyen TV Productions 10; Yearbook Photographer 11,12 (Business Manager,) NHS, 12.

Kevin O'Brien Computer Club 10,11,12(pres.); NHS 11,12.

Chris Olds FBLA 11.

Shannon Olguin Crew 9,10,11,12; FBLA 10; NHS 11,12; Yearbook 11.

Lindsay Owens Cheerleading 9; Drama Club 10; SADD 12.

Joan Owusu Choir 9,10; Volleyball 9,10; Ecology Club 12.

Sarah Palmer Spanish Club 9; Drama Club 10; Tri-M 10,11; SCA 9(Class Tres.).

Nick Paciejewski FBLA 10,11,12; Spanish Club 10.

Jennifer Parker Sign Language Club 10,11.

Maryline Patten FBLA 9,12; Eddas 12.

Helen Peeler Marching Band 9,10,12; Art Club 10,11,12.

Noah Peery Choir 9,10,11,12; Drama Club 10,11,12; Black Ink Society 11,12(Pres.); Football 9.

Mamie Pekanyande Outdoor Track 9,10,11,12; Indoor Track 9,10,11,12; FBLA 9,10,11,12(Treas.); SADD 11,12; NHS 11,12; Varsity Club 11,12.

Damon Pelletier Football 9; Crew 11,12.

Shirley Pena Hispanic Student Union 11,12; FBLA 12; International Club 12.

Meghann Peterlin Choir 9,10,11,12; Tri-M 11,12(Pres.); Drama Club 10,11,12; Thespians 12; FCS 10,11.

Shane Peterman Art Club 9,10; Computer Club 12.

Shannon Peverill Cheerleading 9,10; Varsity 11; Spanish Club 10; Drama Club 10;Varsity Club 11,12; SADD 12.

Seniors purchased parking decals in order to park in the student parking lot. Seniors were the only students who were permitted to buy parking stickers for the entire year. The stickers were priced at $30 for the year and $14 for half the year. Year stickers were gray and half year stickers were blue. Unlike underclassmen, seniors were not required to stay after school five times a week in order to obtain a decal.

Jennifer Pfaff Vikettes 9,10,11,12(Capt.); NHS 11; Varsity Club 12.

Kevin Phillips Eddas 11,12; Drama Club 11,12.

Dorie Pi FBLA 9,10; SHS 11,12; Spanish Club 10,11; Vikettes 10,11,12(Capt.); Student Mentor 12; Sign Language Club 11,12; Varsity Club 11,12; Key Club 12.

Steven Pittman Wrestling 9,11(vasity); Baseball 9.

Nicole Podolak COE 12; JROTC 10,11.

Casey Powell Soccer 9,10; Field Hockey 10,11,12; Spanish Club 9,10; Key Club 11,12; Varsity Club 12; SCA 11; Yearbook 11,12; SHS 11,12; SADD 12.

Lee Prather JROTC 9,10,11,12; SCA 10,11(Rep.).

Leslie Quinn Art Club 10,11,12; Marching Band 10,11,12; MUN 10,11,12.

Jessica Quitugua FBLA 11,12.

Alexa Raimondi Varsity Soccer 9,10.

Tanaisa Rainey FBLA 9,10,11,12; Step team 10; Sign Language Club 12; SADD 12.

Jean-Michel Rebeilleau TV Prodcuctions 11.

Ben Rickard Drama Club 11,12.

Laurie Rihner EDDAS 11,12(art editor); SCA 12(class hist.); Art Club 10,12; Drama Club 10; NHS 11,12; Ecology Club 12; Beta Club 12.

Sara Roach German Club11,12; FBLA 11,12; Girls Tennis 12; Varsity Choir 9,10,11.

Khilia Robinson Art Club 9(sec.),10(pres.),12; Forensics 10,12; Newspaper 11(circulation manager),12(Business manager); Key Club 12; French Club 12(tres.); EDDAS 9,10,11.

Chris Rose Crew 9,10,11,12; Cross Country 12.

Jerry Rosemin Choir 11,12; Drama Club 11,12; Model UN 10.

Nancy Rosenow SwimTeam 9,10,11&12 (Capt.); SHS 11,12; Tri-M 11,12; NHS 10,11,12; BETA Club 11,12.

Diana Roshandel Indoor Track 9; Outdoor Track 9; Choir 9,10,11.

Jessica Ruiz Choir 9,10,11,12; JROTC 11.

Chris Sahami Varsity Football 9,10,11,12; Wrestling 9,10,12; Baseball 9,10.

Frank Soldana Football 9,10; Varsity Football 11,12; Indoor Track 10,11; Outdoor Track 9, 10,11.

Jon Salisbury Television Productions 10; Football 10; Varsity Football 11,12; JROTC 10,11,12; Wrestling 12; Outdoor Track 12.

Lindsay Salter Mentor 12; SADD 12.

Laurie Samuels Varsity Soccer 9,10,11,12; Varsity Basketball 9,10.

Valentine Sanchez JROTC 10,11,12.

Christian Sandoval Wrestling 10.

Robert Sane Football 9,10; Varsity Football 11,12; DECA 11.

Mayte Santamaria Art Club 11,12; Spanish Club 11,12; Spanish Student Union 11,12; Mediator 12; Drama Club 12.

Jeremiah Scheler JROTC 10,11,12.

Amanda Schroeder Indoor Track 9,10,11,12; Outdoor Track 9,10,11,12; Marching Band 9,10,11; SADD 11,12; NHS 11,12; Tri-M 9; SHS 10,11,12; Varsity Club 11,12.

Jeremy Seeley Lacrosse 9,10,11(Capt.),12.

Erica Selavka Marching Band 9,10,11,12(Sect. Ldr.), Crew11,12; Band 9,10,11,12.

Chris Sepkowski Norsemen 9,10,11,12; FBLA 10.

Melody Seward Crew 10, Choir 10.

Valeri Sewell FCA 9,10,11,12.

Falvasha Shafiq FBLA 11; Science and Ecology Club 9,12; NHS 11.

Kevin Shanahan Varsity Baseball 10,11,12; Marching Band 10.

Tom Shin Wrestling 10,11; Tri-M 11,12; Eddas 12; French Club 12(Sec.); Orchestra 12(Student Con.).

John Simmons Basketball 10; Varsity Basketball 11,12; Marching Band 9,10; Band 9,10,11; Outdoor Track 10.

Jeffrey Sipes Baseball 10; Varsity Baseball 11,12.

Matt Skeele SwimTeam 9,10,11,12; Soccer 10; German Club 9,10,11.

Joel Sluys Football 9; Varsity Soccer 9,10,11; Wrestling 9,10; NHS 9,10; Varsity Baseball 9.

Paul Smart Basketball 9,10; Golf 10; SADD 10,12; Band 9,10,11; Marching Band 9,10; NHS 12; BETA 12.

Jennifer Smith Choir 9,10; Television Productions 10; FBLA 11,12; Art Club 11.

Jason Sosa Basketball 10, Indoor Track 11,12; Outdoor Track 11; Varsity Soccer 12; Cross Country 12.

Matt Staats FBLA 10,11.

Carolyn Stegon Marching Band 9,10; Cheerleading 9,10; Varsity Cheerleading 11,12; Band 9,10,11,12; Lacrosse (Manager) 9,10.

Roger Stewart Wrestling 11,12; Band 11,12; Sign Language Club 11,12; Soccer 12.

Suzanne Stewart Crew 9,10; SHS 10,11,12; NHS 10,11,12; Drama Club 10,11,12; Plague 10; FCA 10.

Nicole St. Germain Sign Language Club 10,11,12; Drama Club 11,12; Thespian 12.

David Strubble JROTC 9,10,11,12.

LeVar Sykes FBLA 10,11.

Rebecca Tamez FBLA 9,10,11,12; Wrestling Manager 10,11; SCA 10.

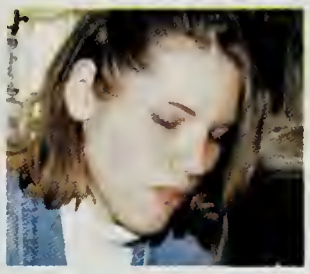
Kenichi Tatara Band 9,10,11,12; Marching Band 9,10,11,12; Orchestra 9,10,11,12.

Brooke Taylor SwimTeam 9,11; NHS 10,11,12; Beta Club 12; Orchestra 9,10.

Rosie Taylor JROTC 9,10,11,12.

Iyana Tennon Yearbook 12; Executive Council 12; Aide 11,12; Indoor Track 12.

David Terrill Ecology Club 9,10; Varsity Club 11,12; Cross Country 9,11;



"My mom is having my unclesgetmea strand of pearls for my graduation present."
Melissa Alderman - 12

Varsity Tennis 9,10,11&12(Capt.); Choir 9,10,11.

April Thurber Marching Band 9,10,11; Crew 10; Art Club 10,11,12; FBLA 11,12(Hist.); JROTC 11,12.

Devon Tice Cheerleading 9; Marching Band 10; SwimTeam 10,11,12; Executive Council 12; Orchestra 9,10,11,12; Spanish Club 9.

Alexis Tompkins Cheerleading 10; Varsity Cheerleading 11,12(Capt.); Orchestra 9,10,11,12.

Pedro Torres Football 9,10; Varsity Football 11,12; Wrestling 9,10; Outdoor Track 9,10,11,12; Indoor Track 11,12; Cheerleading 12.

Byron Traylor Football 9,10,11,12

Renee Trimbur DECA 10,11,12.

Elizabeth Underwood Marching Band 9,10; FBLA 10; Sign Language Club 11; Band 9,10.

Erin VanGorder Volleyball 9,10,11,12; Softball 9,10,11,12.

David Veasey Eddas 11,12; Young Republicans 9,10,11; Computer Club 11,12; French Club 12.

Mario Viveros Band 9,10,11,12; Hispanic Club 11,12.

Mike Voss Football 9; Varsity Football 10,11,12; Varsity Club 11; Office Aide 12; Choir 10.

Kimberly Walker Sign Language Club 10, 11, 12.

Laura Walsh SwimTeam 9; EDDAS 12.

Candace Ware FBLA 11.

Regan Warren Lacrosse 9,10,11; Marching Band 9,10,11; FBLA 10; EDDAS 10.

David Waters Band 9, 10, 11, 12; Wrestling 10; Swim Team 11, 12; SHS 11, 12.

Joey Watson NHS 10, 11, 12; Young Republicans 9.

Tanjanika Weaver Track 9, 11; German Club 10.

Georgina Webber DECA 11; FBLA 10.

Heather Webber Drama Club 10, 11, 12 (Pres.); Thespians 12; Choir 11, 12; Plague 10.

Erin Wendorf Volleyball 9; German Club 9, 10, 11; FCA 11, 12.

David Westgate Football 9.

Nicole Whitfield Field Hockey 10, 11, 12 (Capt.); Soccer 9, 10, 11; Choir 9, 10, 11, 12; French Club 11; Varsity Club 12; Basketball 9.

Chawnta Whitney FBLA 10,11(Pres.)12; Choir 10.

Scott Whitlock Young Republicans 9,10,11(V.P.),12(Pres.).

Dominic Willenbring Football 9; DECA 12.

Shawana Williams Cross Country 9; Indoor 9; Outdoor 9; FBLA 11, 12.

Jenny Williamson Orchestra 9, 10, 11, 12; Cheerleading 9, 10; Softball 10, 11, 12; NHS 11, 12; Beta 11,12; SHS 11, 12 (Sec.); Yearbook 11, 12 (Student Life Editor).

Netosha Wilson Basketball 9, 10; Volleyball 9; Softball 10; Track 10; FBLA 10; FHA 9, 10; Step Team 11, 12; Key Club 10; Spanish Club 9, 10.

Shena Wilson SCA 9; EDDAS 9; Newspaper 9; FBLA 11, 12; Spanish Club 12; MUN 12; Drill Team 10; German Club 9.

Doug Windland Cross Country 9, 10, 11, 12 (Capt.); Indoor Track 9, 10, 11; Outdoor Track 9, 10; Varsity Club 10, 11, 12.

Danny Wittman FBLA 9, 10, 11, 12; SwimTeam 9, 10; Crew 9, 10, 11, 12.

Katie Woodside Marching Band 9, 10, 11, 12; Indoor Track 9, 11, 12; Outdoor Track 9, 10, 11, 12; Forensics 10; Cross Country 11; NHS 11, 12; Beta 11, 12; Band 10, 11, 12.

Kristen Woolfenden Crew 9; FBLA 10, 11; Softball 10; Sign Language Club 11.

Evan Wooten Drama Club 11, 12 (Pres.); FCA 10, 11, 12 (Pres.); Choir 9, 10, 11, 12; Thespian 11, 12; NHS 10, 11, 12; Beta 10, 11, 12; Tri-M 11, 12.

Justin Worrilow Soccer 10; Cross Country 10, 11; NHS 11, 12; Key Club 12.

Julia Wright Softball 10, 11; Basketball 9, 10; SwimTeam 11; FBLA 11, 12; Track 9; Color Guard 10, 11

Todd Yoho Crew 9; Forensics 10,11,12; GSAB 10,11,12(Pres); SHS 11,12; NHS 11,12(Sec).

Zach Young Varsity Lacrosse 9,10,11,12.

Ryan Zell Football 9,10; Varsity Lacrosse 9,10,11,12; FBLA 10,11,12.

Stephanie Zerkow Volleyball 9; Outdoor Track 9; SCA 9; FBLA 9,10,11(Sec.),12(Pres); Class Secetary 12; Office Aide 11,12; SADD 12; SHS 10,11,12.

AGAINST THE NORM

With two years under their belts, juniors faced Mr. Watts and school security as they were finally permitted to park in the school parking lot. To obtain a parking pass, juniors were required to stay after school five times a week for practices, tutorials, clubs and publications.

Upstairs lockers adjacent to the main office were reserved for the junior class; leaving the downstairs lockers to freshmen and sophomores.

Juniors were the last class to take Physical Education classes with 45 minute classes on the seven period schedule. The new schedule made P.E. 85 minutes long.

To be exempt from exams juniors had to maintain an A for both semesters and do well on their midterms. Exemptions were a much debated topic among students and teachers since no one was ever certain about them.

Junior Class Officers Jennifer Mosakewicz(President), Dawn Wanzer (Secretary), Nikki Floris(Treasurer), Hilary Hansen(Historian), not pictured Mitch Johnson(Vice President).

Josh Abrams
Patrick Ahern
Jay Ainsworth
Jason Alexander
Ricardo Alexander
Theresa Alfaro
Krishawn Allen

Sean Allen
Ronald Alvarez
Antigone Ambrose
Aletia Anderson
Shirley Andorful
Angela Anniballi
Blaine Apo

Jason Aponte
Daniel Avenick
Missy Ayers
Sean Azzarano
Timothy Azzarano
William Bacon
Shannon Baily

Heather Baker
Holly Baker
Kevin Bako
Simon Baldwin
Autumn Baltimore
Stephen Banas
Jorge Barcia

Shane Barnett
Rachel Bartley
Adam Basehoar
Andrew Bass
Rabia Beg
Melissa Bennett
Michael Bergazzi

Pat Berran
Anthony Bertrand
Keith Bevins
Amber Bielenberg
Sean Bies
Jason Bing-Grant
Eli Bischoff

Ashley Blair
Kristy Bland
Nick Bland
Chris Blok
Monica Bonner
Lynda Boone
Gregory Bowman

Pornpun Bowornikt
Kevin Boycourt
Ricardo Bravo
Sarah Breaker
Brianne Brewer
Melissa Broadus
Michael Brokenburr

third time's the charm

for juniors who Work it Good

During their junior year, students were given the opportunity to take classes with 5 points of credit.

With his eyes transfixed on the AP American History assignment, two computerized beeps sounded, interrupting junior Mitch Johnson's concentration. His clock read 11am.

In balancing homework and activities, busy juniors stayed up late in an attempt to fit all of their work in.

"I think that junior year is the hardest, because not only do you have to get the best grades you can, but you have to be involved with clubs or sports, so colleges think you are an all-around good student," Johnson said.

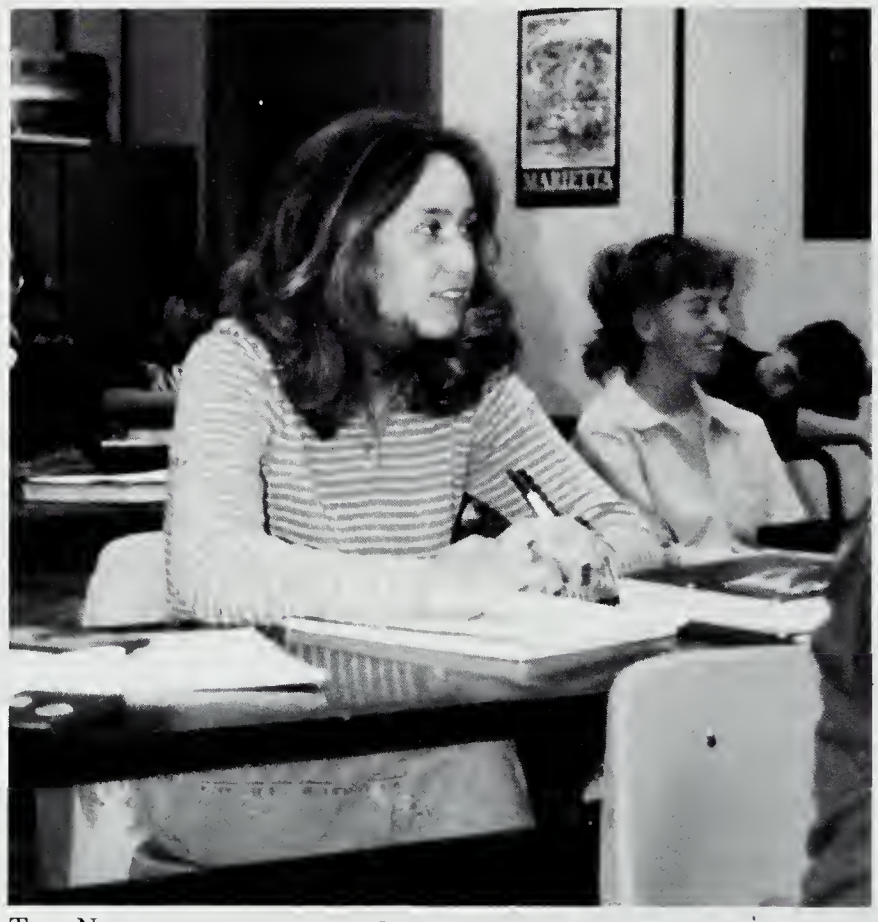
Junior year was the last year students had before it was time to decide upon a future or fill out college applications. "The classes you take junior year are much harder, and give you more work. It's the last year you can pull up your GPA before colleges get to see it," junior Joey Gallagher said.

Students were eligible for National Honor Society and Beta Club in 11th grade.

by Sean Lyng

"In sports, this is the year colleges look at for recruiting. So I have to do well in volleyball, and have an equally impressive transcript."

Nashunda Harper - 11



Tony Nguyen

two copies are better than one. Junior Jennette Schorsch works on her Physics homework in Mr. Tom Moulen's class. He required students to carbon copy papers.

Erynne Brotherton
Damian Brown
Shannon Brown
Shaun Brown
Steven Brown
Sean Bruck
Kandra Bryant
James Buchanan
Scott Buchanan
Sandra Buckley

Patrice Buckmon
Lena Burkett
William Burkett
Julie Burns
Timothy Burrell
Derik Burrows
John Butcher
Terry Butler
Katherine Callahan
Carrie Calvin

Catherine Calvin
Ferron Camp
Emily Campbell
Tinia Campbell
Jillian Camuti
Anthony Cantolupo
Kenneth Carden, Jr.
Tamarisk Cardwell
Kevin Carr
Kiszy Carter

Cherylanne Chan
Jason Chan
Angela Chapman
Yeny Chavarria
Raza Cheema
Taneisha Chisolm
Karon Choates
Mark Christensen
Courtney Christman

Benjamin Clark
Nicholas Clay
Dawn Cleary
Marlena Clemons
Tracy Clemons
Laura Clifton
Robert Cline, Jr.
Amy Close
Sarah Cole
Michael Compton

Paul Conti
Ryan Cook
Tracee Cook
Jennifer Cooper
Kimberly Cooper
Louis Cowardin
Charleen Cox
Richard Craddock
Lesslie Crane
Nathan Creech

Kevin Crockett
Matthew Cronin
John Crutchley
Juan Cruz
Hugo Cubias
Meggan Curtin
Marcus Curtis
Amy Cyphers
Darlene Dadras
Andrew Dean

Rose Deaso
Shelley DeCrane
Susana De La Cruz
Mark Delcourt
Philip Deleon
Melissa Derr
William Deshazer
Kiernan Diamond
Marvin Diaz
Desirea Dietlein

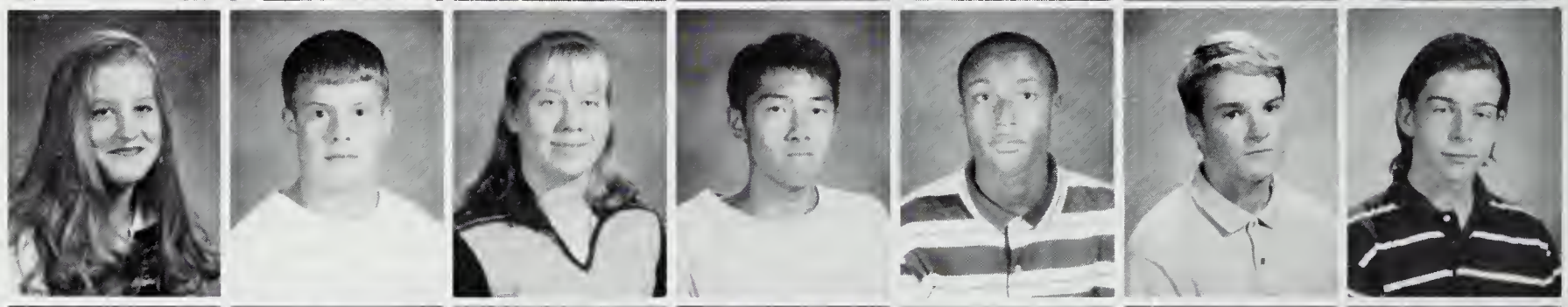
Ashley Dofner
Carl Drummond
Christie Duerr
Christine Duke
Sharrod Dumas
Andrew Dunn
Dawn Dunn
Jennifer Dunn
Jennifer Dunn

Julie Edeke
Jeanette Egeland
Tyree Ellison
Richard Embrey
Marianela Enriquez
Juan Escobar
Laini Evans
Randy Eyler Jr.
Kevin Fahy

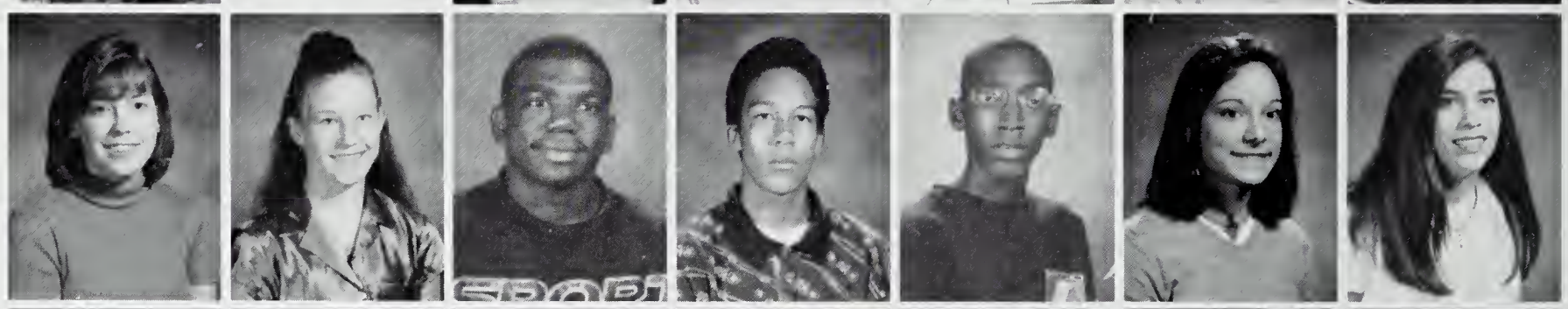
Nina Faison
Sarah Falcona
KathleenFarley
Monique Farquaharson
Megan Farrell
Daniel Feige
Monica Fercovic
Bobby Ferguson
Jonathan Ferris

Thomas Fields
Maggie Finley
Tom Finn
Kim Fisher
Will Flannagan
Nancy Flores
Yovani Flores
Nikki Floris
Nichole Ford

Carrie Forgas
William Foshay
Valerie Fowler
Peter Franco
Cory Frasier
Brodie Freer
Eric Fridenstine
Joseph Gallagher
Qiana Gardner



Nicole Garing
Logan Garretson
Antoine Garrett
Mark Gautier
Robert Gerard
Jenna Giandoni
Sherri Giasson
Audra Gilbert
Mary Gilhooly



James Gillespie
Benjamin Gilli
Derek Glassman
Erick Gomez
Bill Grandy
Orion Granger
Abby Grant
Kelly Gray
Veronica Gray

Ebony Green
Cheryl Greenway
Michael Gregory
Lisa Greiling
Leila Grimm
Marian Gryder
Alejandra Guerrero
Boyd Gunnell
Sumit Gupta

brr! It is so cold. Junior Doug Merino and sophomore Jorge Zepeda hop into the car on Valleywood Dr. Students also parked on Oakwood and Antietam Roads.

Allison Sautkulis

"I always park in the same spot next to a sidewalk leading to school. I don't do anything special for my spot. I guess I'm just lucky."

Kedren Watts - 11

in a fight for space, drivers Take to the Road

"this is so great," junior Meggan Curtin mumbled as a Dodge pulled in front of her. She slammed on the brakes, and shifted into reverse. Someone had stolen her parking place.

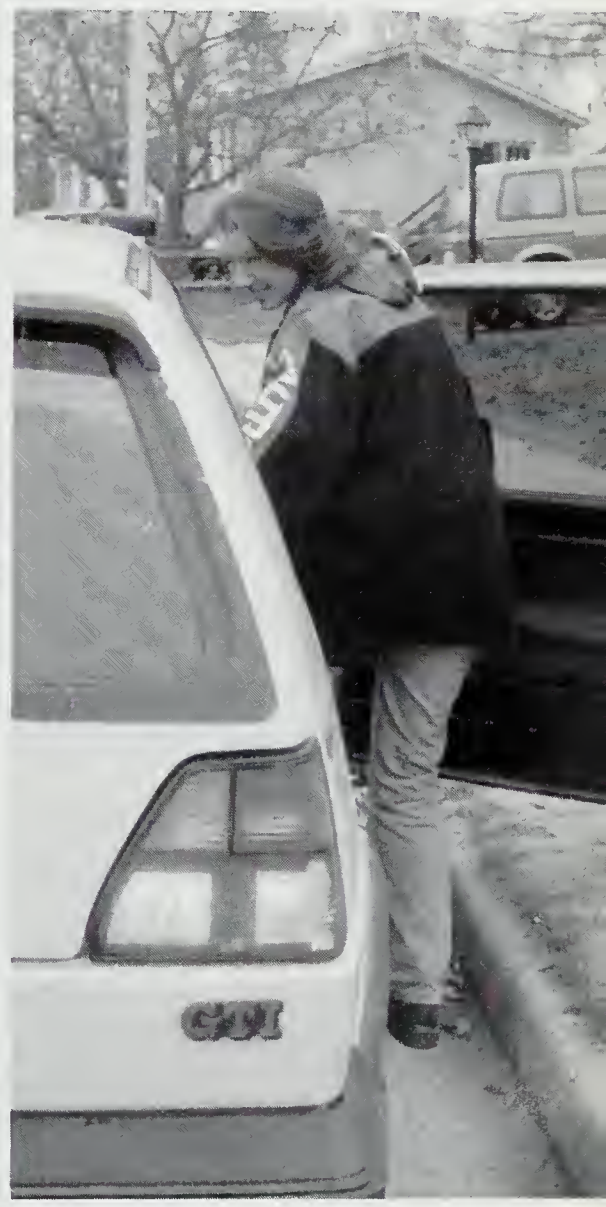
"I parked on Valleywood Drive in the beginning of the year. I had to get up early and could never find a spot since I have no clue how to parallel park," Curtin said.

Due to limited space, parking spots in the lot were reserved for seniors. The remaining spots were given to juniors involved in activities. Those not involved found alternate places. "I don't want to deal with everyone on Valleywood screaming at me, and I don't want to get up early to ride the bus, so I just park at the elementary school. I don't have to worry about tardies," junior Vivian Vargas said.

Juniors had to be careful of where they parked to make sure they were not blocking any driveways or getting in anyone's way.

by Jill Inskeep

Parking on Valleywood



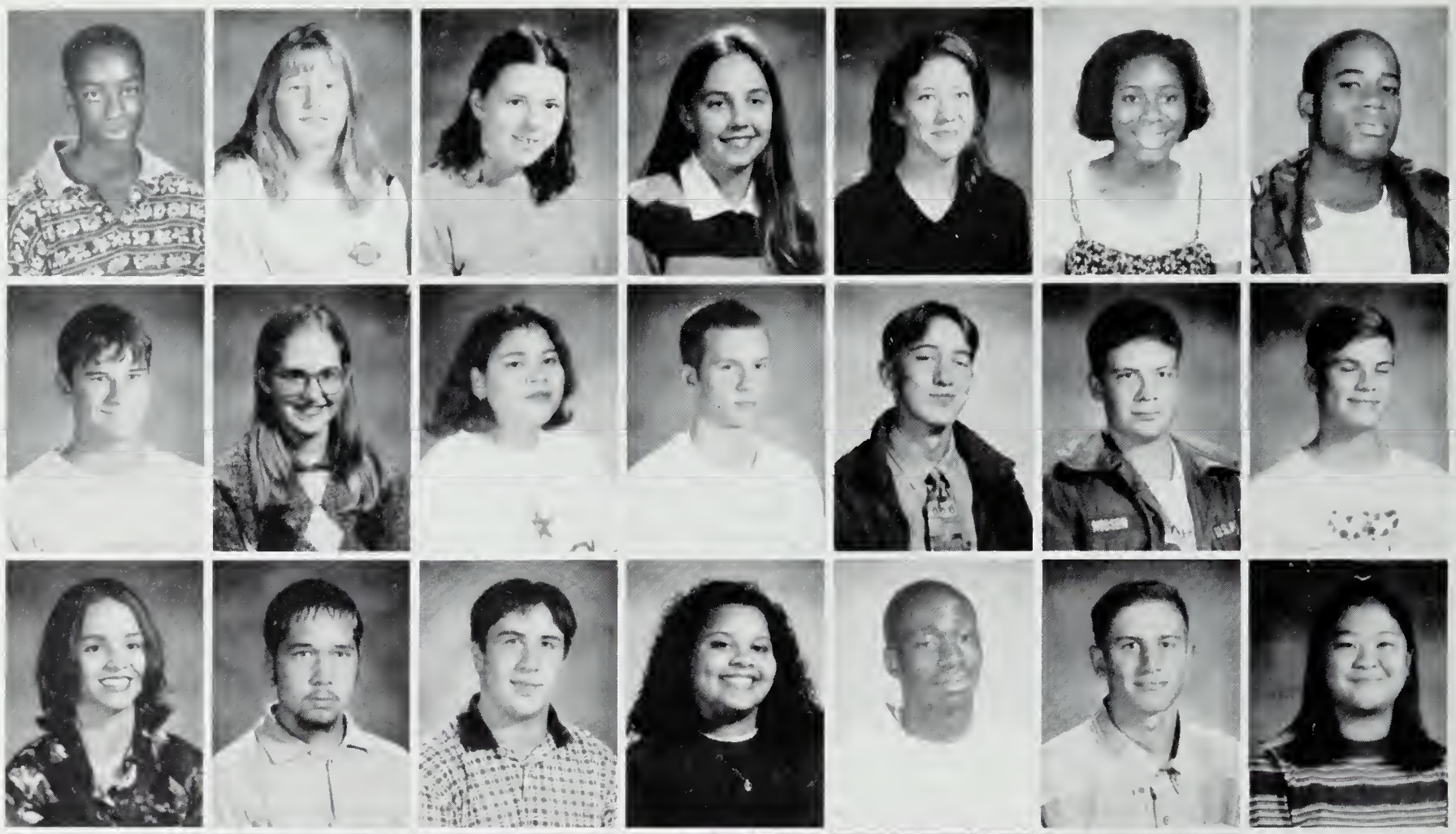
Allison Sautkulis

after a field hockey meeting, juniors Ashley Blair and Shannon Brown drive to McDonald's. They bought hot chocolate to warm up after walking in the cold to the car.

Edward Hamilton, Jr.
Christina Hamrick
Melissa Handy
Hilary Hansen
Lisa Hantjis
Nashunda Harper
Vaughn Harrell
Andrew Harrington
Carrie Harris
Tia Harris

Andrew Harrison
Elizabeth Hein
Olga Hernandez
Wesley Hibbard
Craig Hicks
James Hobson
Joshua Hoertz
Carrie Holder
Chase Honaker
Darell Horton

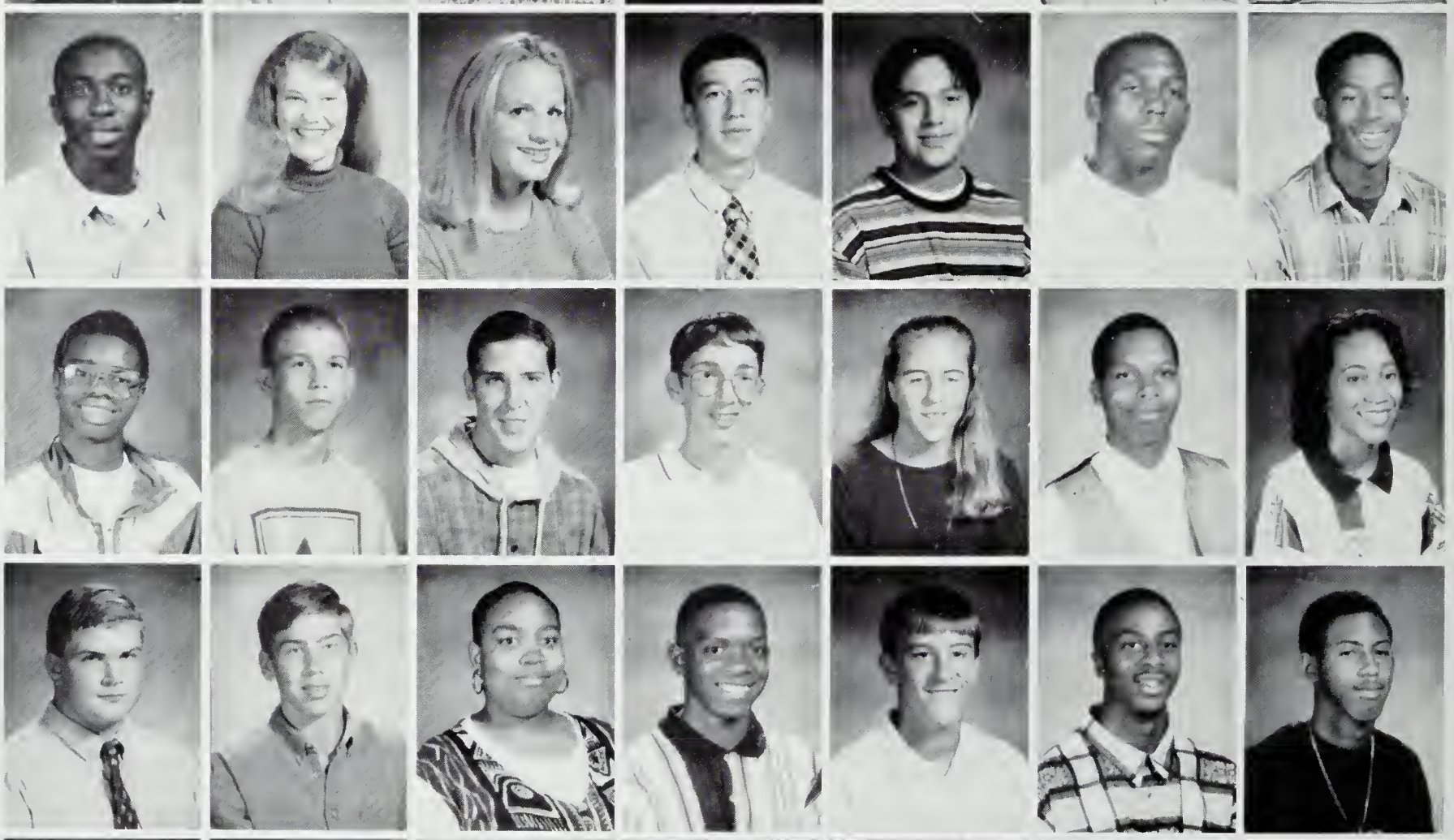
Laura Hottle
Frank Hudoba
Timothy Hudson
Michelle Hughes
Norwood Hughes
Sean Humbarger
Patricia Hwang
Ryan Hyde
Kimbely Iford
Perry Iguel



Rowland Iheme
Jill Ingram
Lynley Intellini
David Isherwood
Richard Isla
Coridale Jackson
Kevin Jackson, Jr.
Timothy Jackson
Kristyn James
Michael Janicki

John Jarrell
Harold Javins
Ryan Jennings
Brian Jewell
Amanda Johnson
Bennie Johnson
Carrie Johnson
Derrick Johnson
James Johnson
Mitchell Johnson

Robert Johnson
Wayne Johnson
Winnifred Johnson
Reuben Jones
Spencer Jones
Terrell Jones
William Jones, Jr.
Daniel Jordan
Ernestine Kamanda
Adam Kamihara



David Kaplan
Brian Karnbach
Heidi Kashtock
Katherine Kelley
Laura Kelley
Shannon Kelly
Tanya Kern
Jennifer Kesner
Un Kim
Elizabeth Klatt

Kevin Kleinman
Jeffrey Knapper
Lisa Knepper
Paul Knick
Mabinty Koroma
Lindsey Kreutz
Sarah Krimkowitz
Stephen Labus
Chennel Lafate
Nicholas Lamb

while watching the marching band perform, juniors Libby Klatt and Tania Brown sat on the floor since there was no room to do a rutine with the flags.

Marian Gryder

"During the pep ralley I sat with the Varsity Football team because it was way too crowded to sit with the juniors on the bleachers."
Michael Brokenburr - 11

though few and far between students let their Spirit Shine

after two years of sitting in the auxiliary gym bleachers, juniors were allowed to join upperclassmen on the bleachers below.

"The music is much louder on the lower level. My ears were ringing after leaving the pep rally. I couldn't concentrate when I got to my next class," junior Quiana Gardner said.

Sitting closer to the cheerleaders and band gave juniors the opportunity to interact with pep rally activities.

"It's good that we get to sit on the floor this year because when we were up so high we felt so far away from all of the excitement," junior Cory Northington said.

The lower levels were dismissed first after pep rallies ended. "The bad thing is that we leave the gym first, so we get back to class," junior Erin Quaderer said.

A limited number of pep rallies were scheduled due to the 4 by 4 schedule.

by Melissa Derr

At the homecoming rally custodians danced to the "Macarena" for the students' entertainment.

cars, feet, and buses offer ways of

Getting There

Tuesday and Thursday after school, three activity buses were available for students to ride home.

motor running and heater blasting, junior Logan Garretson, waited as junior Rachel Price walked out the front door and towards her car.

"My friend drives me to school every morning but she has cheerleading practice so I have to ride the bus home. She lives down the street from me so it's convenient," Price said.

In their junior year, students had their first chance to drive to school. "Driving myself is better than riding the bus. I can come to school as late or as early as I want," junior Tommy Quimby said.

Driving was expensive because of parking stickers, gas and insurance. "In the morning, I get a ride with my friend because I helped buy the parking sticker. After school I get a ride with one of the girls on field hockey," junior Eryn Lyga said.

For students that did not purchase parking stickers, parking on Oakwood and Valleywood was available.

by Kimmy Reese

"I walk to school because I live nearby, plus I don't have a car to drive. I always walk, even when it's raining or snowing.."

Kevin Boycourt- 11

Carter Elmore

ten minutes after the final bell rang, junior Sal Mondello arrived at his car parked off of Valleywood Drive. Students parked on Valleywood and Oakwood Drives.

Mark Lance
DaShawn Land
Jason Laurion
David Leckrone
Kara Legore
Claude LeGrand
Timothy LeHockey
David Lehosit, Jr.
John Leon
Damien Lewis

Jason Lewis
Mitchell Lewis
Heather Ley
Kevin Libby
Steven Lim
Bethany Lindberg
Jessica Lock
Michelle Lohr
Jennifer Looney
David Lowery

Badee Luckittaro
Rebecca Ludwig
Erin Lyga
Donald Lynch
Roberta Lyne
Sean Lyng
Robert MacFarlane
Bianca Mack
Jeffrey MacKinnon
Melissa Madtes

Jillian Maggard
Cindy Mair
Tiffany Malcolm
Robyn Malter
David Mannings
Jennifer Martin
Jose Matta
Daniel Maurer
James Maurer
Katherine McAllister

Lesley McAlpin
Sara McCrary
Shaun McDonald
Errol McEachron
Ian McEwan
David McGarry
Michael McGraw
Brandi McLain
Shannon McPhillips
Mary McWilliams

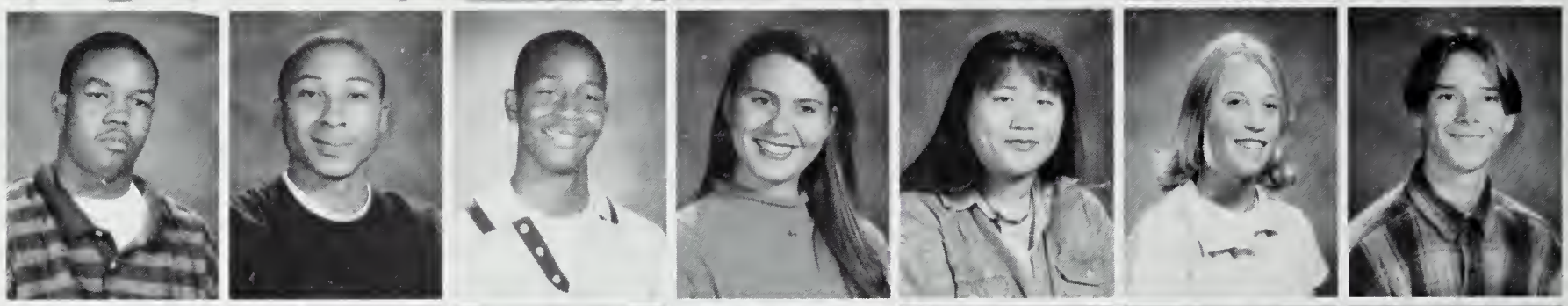
Paul Medaglia
Daniel Membreno
Douglas Merino
Melissa Metzler
Trevor Michaelson
Ajeenah Miller
Anne Miller
April Miller
Harry Miller
Melissa Milligan

Richard Mills
Taneea Mitchell
Solitaire Moffett
Salvatore Mondello
Tinika Montgomery
Christine Moore
John Moore
Nathan Moorleghen
Chequena Morris
Jennifer Mosakewicz

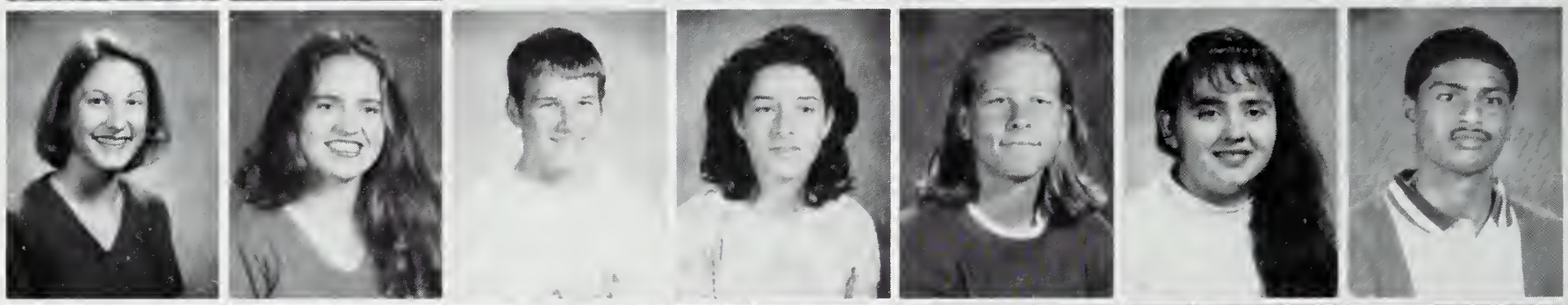
Keith Mosier
Kelley Muldoon
Sean Murphy
Brandon Murray
Charles Myers
Christopher Najjum
Daniel Najjum
Julie Nelson
Maronetha Nesmith
Kimberly Nevitt

Justin Newcomer
Paul Nichols
Kristen Nicosia
William Neipmann
Shea Northup
Sean Oakley
Jason Oiler
Jennifer Opsut
James Osburn

Christopher Overby
Myles Overton
Jeremy Owens
Amy Panek
Kye-Nam Park
Brooke Parker
Brian Paroskie
Chassity Patnode
Steven Patten

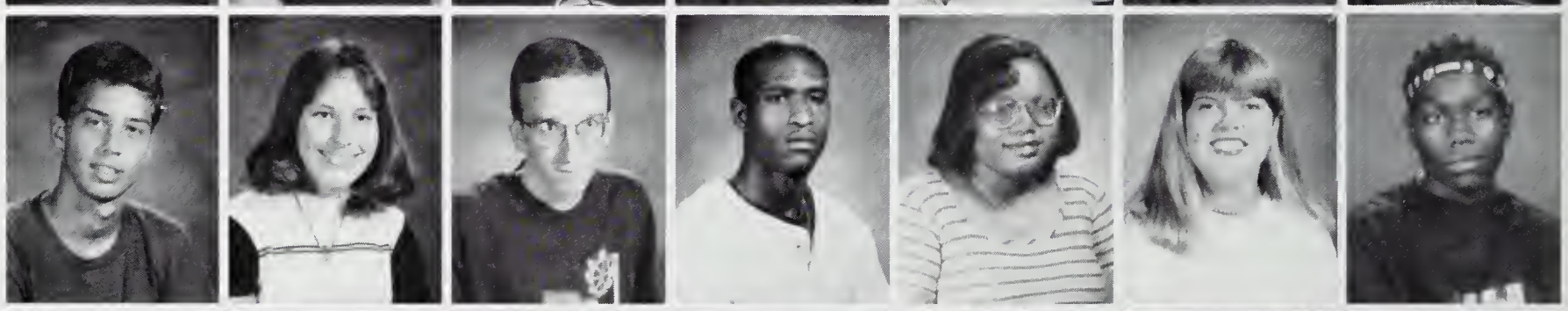


Jennifer Patullo
Lindsey Paul
Adam Paxton
Kathy Paz
Elizabeth Pedigo
Cinidie Perdomo
Anthony Pereira
Angelo Perez
Karla Perez



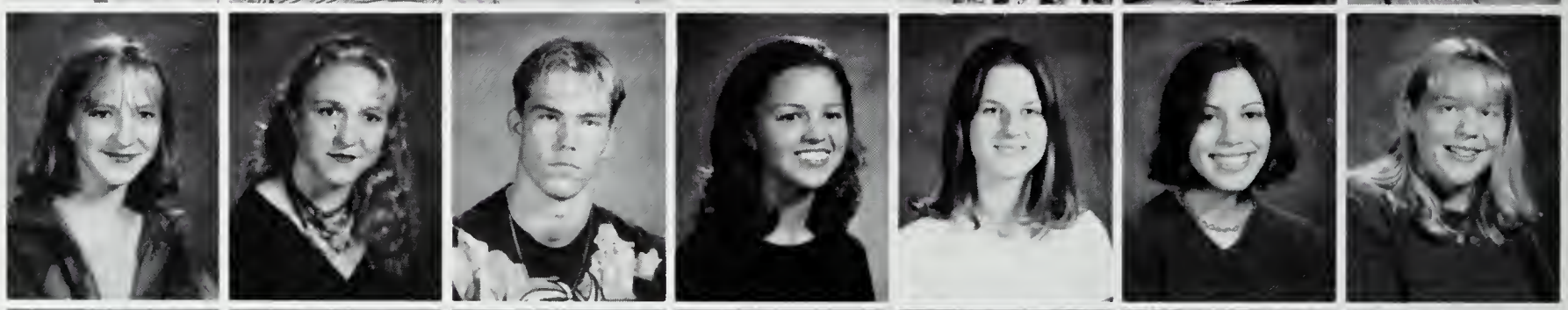
Lee Pettey
Michelle Pettus
Antionne Phillips
Daniel Phillips
Jessica Pierce
Melissa Pillifant
Gustavo Pinto
Shayan Pirnahad
Robert Pitty-Williams

Benjamin Plummer
Aubrey Poe
Stephen Pond
Rashawd Pope
Le'Resa Prather
Rachel Price
Ryan Pringle
Juan Prudencio
Erin Quaderer

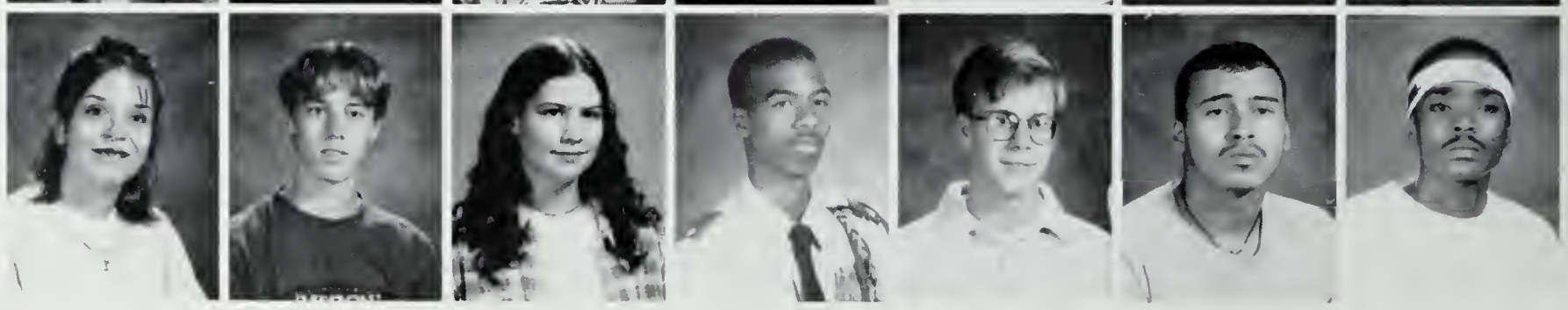


Cortez Quarles
Russell Quimby
Joseph Quinlan
Ashante Rafes
Ashanti Rambaran
Wambaki Reel
Kimberly Reese
Anna Rexrode
Ben Richards

Jeanette Richardson
Marisha Richardson
Michael Ridley
Cecilia Riek
Misti Riley
Lucy Risso
Melissa Ritenour
Elizabeth Rivera
Jeffrey Rivera



Julie Roach
Matthew Roach
Emily Robbins
Steven Robinson, Jr.
Scott Rodkey
Nelson Rodriguez
Dashawn Rodriquez
Alyssa Rogers
Rachel Rogozinski



prom caused juniors to pursue that Perfect Promise

after taking a long, deep breath, junior Josh Abrams summoned up the courage to ask his chosen friend to Prom. Abrams' fear of rejection had kept him from asking her in the past.

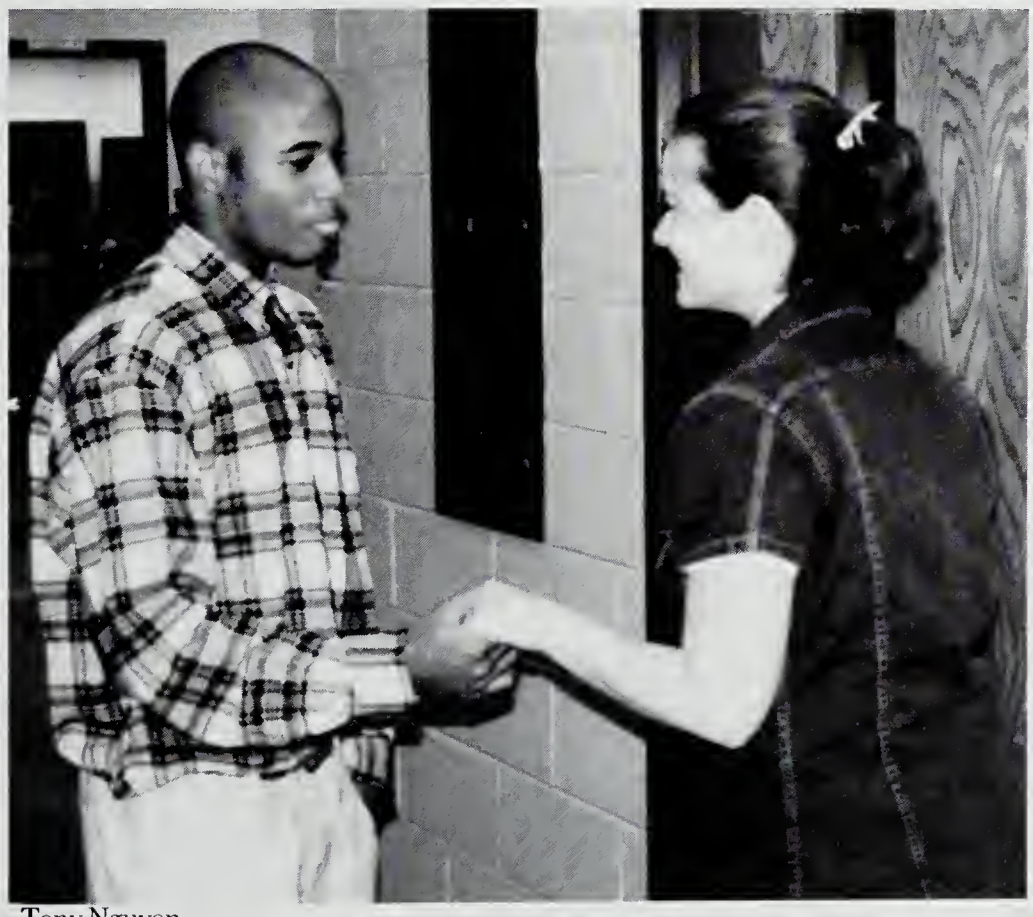
"I would rather have someone ask me but I guess I think that it's the guy's job to ask. It's nerve-racking to ask someone," junior Josh Abrams said.

As times changed, it became customary for girls to do the asking. "I think that I would like to be asked by a guy, but because everything is changing and the times have become so unconventional, girls just need to suck it in and start doing the asking. It's not that bad," junior Tracy Clemons said.

Students realized it did not matter who asked whom. "Prom isn't that big of a deal. I mean, if you want to ask someone, just do it," junior Tony Turchiano said.

Students who went as friends split the cost of dinner and the tickets.

by Casey Powell



Tony Nguyen

please will you go to prom with me? Junior Vaughn Harell asks junior Carrie Calvin while in the science pod. Students asked early to avoid complications.

hand in hand, senior Frank Moter asks junior Jennifer Kesner to attend prom with him. The couple continued the tradition of boy-ask-girl.

Tony Nguyen

"I would prefer someone to ask me to prom because I don't want to look desperate. There's also no pressures involved that way,"
Ernestine Kamanda - 11

"When I first started, I hated it because it was hard to do everything at once. Now it's easier since the car tells me if I mess up."
Katherine Callahan-11

Iyana Tennon

practice makes perfect. Junior Marshriee Green gets used to operating both the clutch and the stick simultaneously. Students took time to feel comfortable.

Beginners had to be extra careful on hills. If they weren't, then the vehicle tended to roll backwards down the hill.

driving stick made it necessary to

Get in Gear

screech sputter, jerk, stall. Junior Matt Roach pushed in the clutch and brake while trying to restart his stalled car.

"Learning to drive a stick is kind of a pain. Some people pick it up really quickly while others need time to figure it out. Once you get the hang of it though it's kind of fun because you can drive faster than anyone else on the road," Roach said.

How long it took to learn how to drive a stick shift depended on who the students chose to teach them. "If you have a teacher who is experienced and has driven for years, you can learn in about a week." junior Simon Baldwin said. Students chose teachers based on experience and patience.

There were five different gears that students had to manually shift in order to travel at different speeds. Stick shifts were also known as manual transmissions.

by Joy Vajirapinyo

Melton Roper
Elizabeth Roque
Chanise Ross
John Rowe
Baisakhi Roy
John Saari
Rosa Sales
Henry Salice III
Joshua Salzer
Sarah Sanchez

Shantar Sanders
Joshua Sargent II
Melissa Saure
Allison Sautkulis
Andrew Scalph
Jeffrey Scharf
Jennette Schorsch
Elizabeth Schu
Rebecca Schwartz
Melissa Shank

Nidhi Sharma
Rebecca Shifflett
Adam Shreve
David Sigmund
Jennifer Sikorski
John Simmons, Jr.
Aleta Sims
Broderick Sims
Katherine Skeele
Stacy Slonaker

Meghan Smith
Peter Smith
Sakinah Smith
Steven Smith
John Sparks
Ellen Stevens
Michele Stevenson
Melinda Stewart
Amy Stockwell
Kevin Stogner

Evelyn Stone
David Struble
Lisa Swanson
Shannon Tate
Alexander Taylor
Andre Taylor
Daraneerat Thayaprasat
DeAnna Thorstad
Tanya Tiller
Hector Tinajero

Jennifer Tindall
Mae Toia
Stacy Tolliffe
Elizabeth Tomchek
Merlyn Tortosa
Ian Tracy
Stephen Trinkes
Mark Trotta
Nuatu Tseggai
Venus Tuazon

Andrew Tullo
Anthony Turchiano
Ryan Turner
Jeremy Urban
Russell Urquhart
Jorge Urrutia
Vatchara Vajirapinyo
Lee Vanderbogart
Martin Vandevender
Heather VanMeter

Maria Vargas
Vivian Vargas
Lisa Vargo
Joshua Venie
Theresa Venturini
Elizabeth Via
Amanda Vida
Dawana Void
Vanessa Wade
Wendy Waggy

look-alikes caused trouble and caused others to do a

Double Take

are you two twins? Similar features confused bystanders of the relationship between juniors Laura Hottle and Anita McNab. Even friends confused the two.

Iyana Tennon

while approaching a figure who looked like her cousin, junior Mae Toia was shocked to find the person was actually sophomore Myriam Vasquez. "Myriam looks exactly like my cousin who goes to GarField. They have the same hair and style," Toia said.

Juniors resembled sitcom and movie stars. "People tell me I look like Claire Danes because of the shape of my face, my hair, my eyes and especially my nose. I see no resemblance," junior Amy Panek said.

Features juniors had reminded others of famous people. "I think Melanie White looks like Meg Ryan. The hair and eyes resemble Meg Ryan's. They don't look exactly alike of course, but they resemble one another," junior Richie Isla said.

Whether or not juniors looked like famous people or other students, resemblances were found throughout the junior class.

by DeAnna Thorstad and Katie McAllister

"A couple people think I look like Sra. Han. They asked me if I was her little sister. I'm not, and besides, I'm half a foot taller.

Tanya Kern - 11

Iyana Tennon

seeing double. As juniors Claude LeGrande and Jeremy Owens meet up in the upper lobby they exchange knowing looks. A stranger had confused the boys.

Andrew Wahlquist
Michael Waller
Aaron Walters
Dawn Wanzer
Dana Ward
Nikkia Warren
Marcus Washington
Catherine Watson
Lauri Watson

Kedren Watts
Rodger Webster III
Cassandra Weddel
Adam Weddington
Jennifer Welch
John Welch, Jr.
Todd Westgate
Melanie White
Joshua Whitham

Jennifer Whitmore
Sameerah Whitney
Shamah Whitney
Crystal Wiles
Benjamin Wilhite
Tibethia Willett
Lindsay Williams
Michael Williams
Starkisha Williams

Justin Wills
Jennifer Wimple
Ricky Wong
Tonia Woolbright
Sherrell Yeager
Bo Young
Rehan Zaidi
Jacqueline Zambrano
Nuria Zelaya
Brandon Zell
Christina Zeranski

AGAINST THE CURB

With the opportunity to advance in their studies, sophomores filled their schedules with two semesters' worth of advanced classes. The 4 by 4 gave them the chance to fulfill course requirements early.

The advantage of not paying the 9 dollars created a waiting list for the PSAT's. Students who checked the box on the test form found their mailboxes flooded with information from college and scholarships programs.

Sophomores were grouped according to their birthdays for the driver's education classes, which consisted of classsroom, road and range. The classroom segment was taught by their PE teachers, while road and range were taught by Mrs. Bell, Mr. Rodgers, and Mr. Sorrell.

Sophomore Class Officers Casey Godfrey(President), Katherine Ward(Secretary), Katie Ragsdale(Treasurer), Nick Pardi(Historian), Elizabeth Mitchell(Vice Pre-sident).

Christina Abadir
Yasmina Abdelilah
David Adame
Alexiea Agee
Elizabeth Aitken
A. Alalani
E. Alalani

Betty Allen
Michael Allen
Matthew Alvarey
Carlos Amaya
Katy Ambery
Megan Ambrose
Karen Amezquita

Korrin Anderson
Jason Andrzejewski
Keisha Archie
William Arrindell
Virginia Atkinson
Vernae Avery
Noel Ayala

Kristin Babis
Alexa Baer
Courtney Bailey
William Bailey
Ilona Baldwin
Jonathan Baldwin
Emily Bales

Evie Balogh
Alimamy Bangura
Ernest Bannister
Carly Barbour
Alicia Barboza
Johanna Barcinas
Anthony Barley

Colleen Barry
Andrew Barsoum
Jocelyn Bassler
Kate Baumgardt
Jeremy Baxter
Precious Beazer
Bryant Bell

Jeff Benson
Nicole Benson
Jennifer Bergeron
Vanessa Besa
Melissa Betancourt
Sabrina Bielfeldt
Karie Billman

Charles Bird
David Bishop
Karen Bland
Randall Blass
Sharon Bonham
William Boulia
Brian Bowes

Sophomore Divider

"I wasn't surprised when they said we were having midterms. They change their minds about everything."

Bryan Eastes - 10

Tony Nguyen

while studying for her Spanish II exam, sophomore Michelle Drucker was aided by her teacher, Sr. Miguel Dominguez. Teachers held review sessions in class.

Marian Gryder

atomic number of carbon is 12. Sophomore Courtney Bailey reviewed for his Chemistry midterm. Bailey was required to have knowledge of the periodic table.

surprise, surprise

we really are having Midterms

looks of frustration crossed sophomore Mekhla Darshan's face as she attempted to remember an answer to a question on her English exam. "I think having midterms hurt my grades because teachers didn't have enough time to go over things. I didn't get the good grades that I usually expect," Darshan said.

The administration announced that, despite what was previously decided, both midterms and finals were given. "I was upset about having midterms because it was hard to fully prepare in so little time," sophomore Carina Lilly said.

Because the semester was so short, midterms gave students a chance to raise their grades. "I hated having to take them, but they probably helped my grades because they were easy," sophomore Victor Blocker said.

On the days exams were held, students were released two and a half hours early.

by Jennifer Sikorski

Dawn Boyd
Erica Boyd
Samuel Boyd
Mina Bozzelli
Richard Bradish
Meghan Brady
James Brayley
Vince Broady
Shereca Brogden

Joshua Brown
Lindsay Brown
Sarah Bruns
Johnnie Bunkley
Michelle Butler
Kevin Byrne
Shannon Cade
Meredith Callaway
Molly Cameron

Joseph Canavam
Keith Cantlin
Matthew Capobianco
Jason Caradine
Terrence Carr
Daniel Carrico
Dominique Carter
Laura Casey
Jose Castano

Monica Chacon
Dante Chase
Tiffany Chase
Khalid Chavis
Shaneice Chenault
April Chervenka
Jason Childs
Jennifer Chipman
Katrina Clark

Josh Coder
Lindsay Coleman
Carole Collins
Christi Collins
Jodi Combs
Catherine Conk
Victor Cook
Marcus Cooper
Carlos Coreas

Joshua Cornell
Shannon Cornwell
Enrique Corretjer
David Cottingham
Deandre Cotton
Meghan Cowley
Gina Cox
Patrick Cox
Samantha Crane

Daniel Crone
Miles Crowe
Henry Cruz
Casey Cummins
Maya Cummins
David Cunningham
Steven Cunningham
Clint Curtis
Michael Curtis

April Dahn
Jonathan Dakon
Shannon Dalby
Kristen Daniels
Mekhla Darshan
Tony Davenport
Kathleen Davis
Rebecca Davis
James Deans

"Being short is a disadvantage for me when I get angry. Everything is considered cute when I'm upset. No one takes me seriously."
Lindsey Ives - 10

Allison Sautkulis

six foot two sophomore Brad Cunningham and five foot six sophomore Peter Vangjel browsed through a CD rack in The Wall at Potomac Mills

Tony Nguyen

where's the bus? Vikette sophomores Michelle Drucker and Ann Levy wait for their ride. Vikettes were positioned in dances according to height.

the debate rages on over who really

Measures Up

while Samantha Crane talked with her friends in the hallway she was suddenly interrupted by an elbow landing firmly on her right shoulder.

"I get a lot of neck cramps from other people resting their weight on my shoulder and from constantly looking up at people," Crane said.

Being short was a factor in athletic performance. "I like being short because I get to be the coxswain," sophomre Bryan Fay said.

Being tall also held advantages "Everyone always assumes that I'm great at basketball because I'm tall. So I usually just try to use skills that I don't have," sophomore John Driscoll said.

Was there a downfall to both? Yes, according to the students who had to suffer through the height related jokes. "I never really cared that much that I was short, but then people started calling me Stubby," sophomore Kelly Gallion said.

by Stacy Scarazzo and Sarah Bruns

Leticia Decoud
Catherine Dees
Rodolfo De La Cruz
Rocio Delarroyo
Querida Delgado
Natasha Demeyere
Neill Diamond
Joshua Dickenson
Nicole Difazio

Crystal Dillon
Elizabeth Dittamo
Edward Dodson
Shaun Donovan
Patricia Dooley
Robert Dooley
Jeffrey Dove
John Driscoll
Michelle Drucker

Maria Dubeau
Charles Dubois
Tamika Dudley
Heather Dugan
James Dugger, Jr.
Reed Dunn
Ian Dunois
Sean Dunois
Bryan Eastes

Lindsey Eaves
Erica Eberwein
David Edenton
Christine Edwards
Terrence Elam
Jessica Ellis
Leon Ellis
Amanda English
Leah Erkkinen

Ana Escobar
Lakresha Etheredge
Stephen Etzkin
Maximilian Evry
John Fallon
Dustin Farmer
Kristin Farmer
Bryan Fay
Joseph Feindt

Melissa Feindt
Steven Feuchtwanger
Reynaldo Figaro
Christopher Finney
Lorenzo Fletcher
Latrinda Forde
David Foreman
Shannon Foster
Donald Fowler

Keith Fowler
Joseph Fox
Sarah Fram
Cristin Frederick
Brett Fujisaki
Nathan Fulkerson
Kimberly Furman
Christian Galeano
Kelly Gallion

Krista Ganela
Steven Garn
Jason Garrett
Katherine Garst
Cassandra Gary
Jillian Gebhart
Justin Gercken
Mohammad Ghaznavi
Luke Giannini

"I don't like the passes because they are so clumsy. You can't shove it in your pocket when you go to the bathroom and stuff."
Shemariah Fleming - 10

Iyana Tennon

during second period sophomore Raynelle Dorifourt gets a pass to get a drink. Her throat was sore from yelling at the previous night's football game.

On average each teacher wrote five to seven hall passes every day. Students left class at least once a month.

impossible to miss with their

passes, students were Just Passin' By

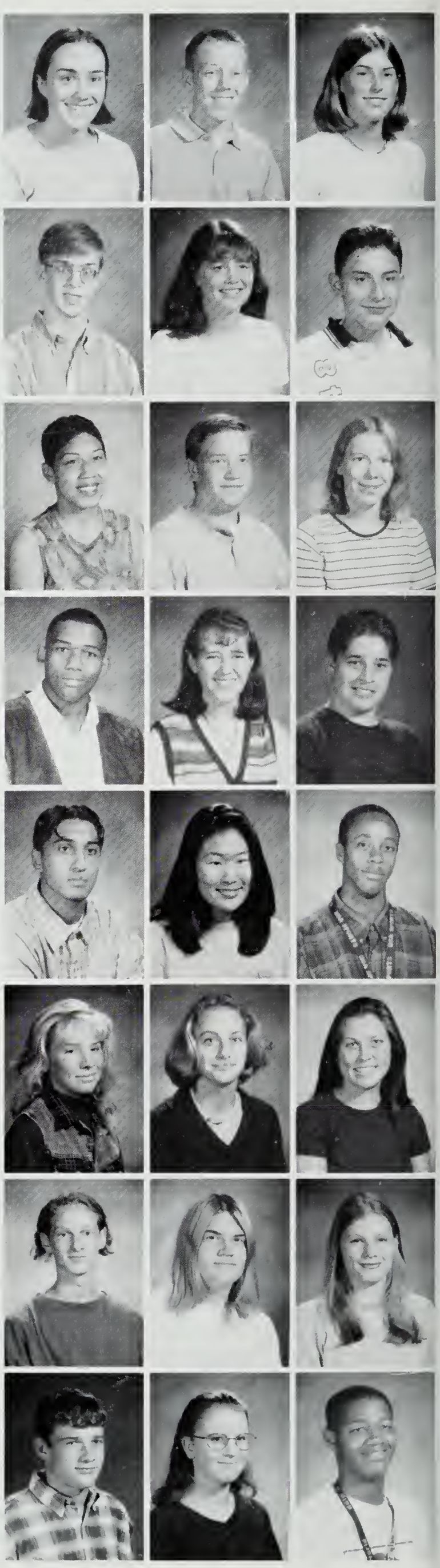
stumbling down the hall, sophomore Matt Ledbetter carried the new red hall pass. "When I walk down the hallways teachers notice the pass. How could you miss it? It is so big!" Ledbetter said.

Teachers kept records as to how many times students left class on the hall pass. "Since the passes are reusable, my teachers can tell how many times I have left the room. Once I had to go to the bathroom and my teacher went to write my name on the pass and saw that I had already gone this semester. Now I only go if it is an emergency," sophomore Latoya Sherron said.

The passes created a problem for teachers who liberally handed them out. Since they weren't allowed to ask for a new pass when they ran out of spaces they just flipped it over and started signing the back.

The punishments for abusing the pass were ISS, OSS, and morning detention.

by Melissa Derr



Sophomore Gibbons - Irick

Melissa Gibbons
John Gibson
Kristen Gibson
Christa Gilbo
Michele Giles
Sheila Gilkerson
Carol Gill
Elizabeth Gillespie
Joseph Gillespie
Jason Gillette

Robert Girten
Casey Godfrey
Juan Gomez
Francisco Gonzalez
Micaela Gonzalez
Rebeca Gonzalez
Jamila Gooden
Justin Goodson
Tyrone Gordon
Emily Gorman

April Goss
Robert Graber
Cynthia Grady
Marshriee Green
Richard Green
Geoffrey Grogan
Carrie Grube
Jose Guevara
Christopher Gunn
Barbara Gutridge

Anthony Hailey
Elizabeth Hale
Bill Hall, Jr.
Diana Hallman
Merideth Halloway
Christina Hamilton
Scott Hark
Justin Harriott
Monique Harris
Tiffani Harris

Naved Hasnain
Corinne Hausmann
Calvin Hawkins
Paul Hawkins
Cynthia Heid
Laura Hennessey
Lia Henry
Jose Hernandez
Juana Hernandez
Roberto Hernandez

Erica Herris
Emmy Hewitt
Wendy Hickok
Susan Hicks
Robin Hidalgo, Jr.
Thomas Higham
Macy Hill
David Himmel II
Andrew Hiob
Robin Hocog

Matthew Hoffman
Brent Holley
Tiffany Holliday
Leighann Holmes
Christopher Homan
Anthony Homer
Lisa Homer
Jeffrey Honeywood, Jr.
Jesse Horneber
James Hottle

Jason Howe
Juliet Hoyt
Reginald Hubbard
Jessica Hudgins
Joseph Hudoba
Crystal Huffman
Patrick Huskins
Qui Huynh
Donald Irby
Edward Irick IV

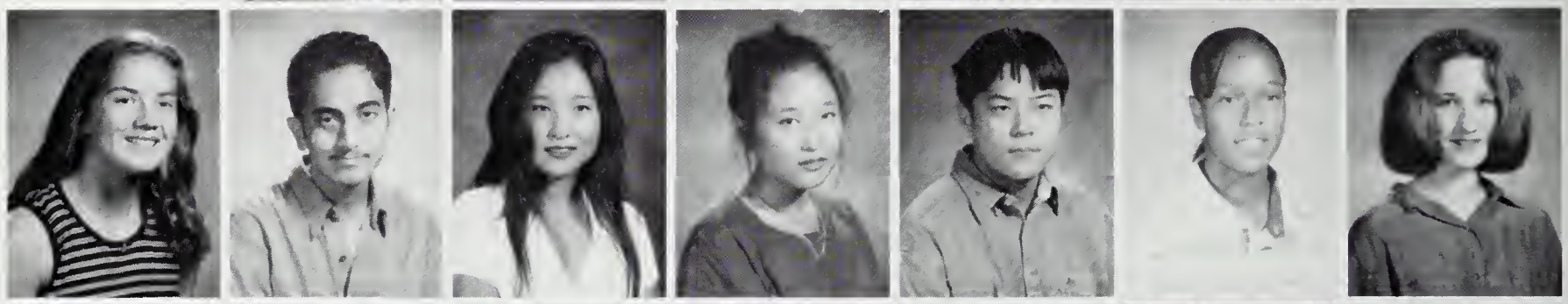
Michael Iverson
Lindsey Ives
Stacey Jackson
Stefani Jackson
Anthony Jaloway
Robb Jankura
Robert Jarrell
Eva Javins
Marvin Jefferson

Allison Jendrossek
John Jenkins
Betty Jessee
Levar Johnson
Marcus Johnson
Michael Johnson, Jr.
Isabela Jones
Melissa Jones
Edith Juarez

Caroline Judy
Qadria Kaisken
Anna Kamihara
Travis Kane
Danielle Kanouse
Justin Kashtock
John Kasson
Jeremy Katras
Lisa Katzbeck

Christopher Kauchak
Matthew Kaufhold
Wajiha Kazilbash
Joey Keith
Christopher Kelly
Dawn Kelly
James Kelly
D.J. Kelly
Caroline Kent

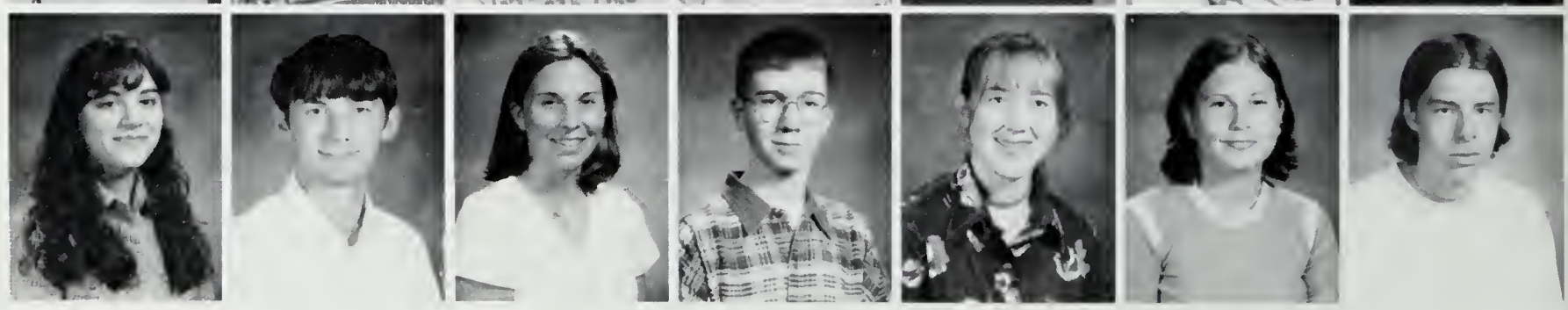
Pamela Kent
Atif Khalique
Karen Kim
Ka-Un Kim
David Kim
Darnelle Kimble
Melissa King
Catherine Kirsch
Matthew Kleweno



Christopher Kodsi
Jessica Kooyoomjian
Melissa Kramer
Tanya Kramer
Paul Lake
Michael Lambert
Khashanique Lane
Patricia Lavarello
Jennifer Lavarine

Elizabeth Leiby
Joe Lemus
Lawrence Leventhal
Ann Levy
Samantha Levy
Siavone Lewis
Stephen Lewis
Carina Lilly
Brenton Logan

Cynthia Lopez
Werner Luebke
Kathryn Lutes
Lloyd Lyall
Whitney Lynn
Bobbie Lyons
Mark Lyons
Lydia Mabika
Ryan MacDonald



while putting off breaking out

the school books, Time Flies

rolled around and so did ten eleven. Soon, sophomore, Michael Weisman found himself at 11:30 pm with out even starting his homework. "Well, I guess I've put it off for long enough now," Weisman said as he cracked open his Chemistry textbook.

With sports and other clubs preventing students from doing their homework after school, sophomores rearranged their schedules to get their homework done on time. "I do my homework after I get back from soccer practice and eat dinner. It usually doesn't get done until around 11:30 on good nights," Sophomore Jonathon Williamson said.

Long-range assignments crunched the amount of time available. "We don't do much in Journalism, so on slow days I do my homework in class," sophomore Caroline Judy said.

In between sports and other activities, sophomores searched for the best time to do their homework.

by Caroline Roach

"now what was that page again?" sophomore Juan Gomez flips through his Spanish III book looking for the assignment that was required for the night.

Carter Elmore

Allison Sautkulis

with her cat looking on, sophomore, Dawn Boyd completes her homework while relaxing in her chair. Household pets helped students relax.

"I always try to make room for my homework. If I wait too long then I'll get tired and my work won't be the quality that it could be."

Kevin Sullivan - 10

reminded by all the posters hanging in the hallways, sophomores discuss whether or not to buy a class ring. Class ring prices ranged from 70 to 150 dollars.

Iyana Tennon

while choosing rings students entered

The Stone Age

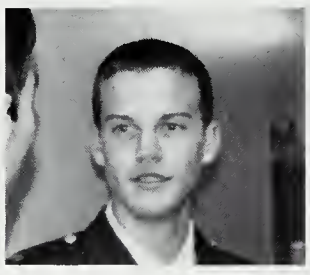
sparkles glistened through the window protecting the showcase of rings as sophomore Kristin Thurnher decided what stone to order.

"I got a Garnet stone because it is my birthstone, with the imperial cut. I wanted to get a blue or purple one because I thought the colors were pretty, but I decided to get my birthstone so I could say that the ring meant something to me," Thurnher said.

Sophomores' attention was drawn to the stone. "I paid extra to get a certain kind of stone, pink zirchonia. The ring was definitely worth it, since it's my favorite, and I'll have it the rest of my life," sophomore Stacy Scarazzo said.

Along with all of the stone and design options, students could mark their ring by getting their name or nickname inscribed on the inside. Herff Jones sponsored the ring sales in October, rings were delivered in May.

by Dawn Cleary



"Herff Jones had good options in the sports. I got a basketball and track on one side. I was able to pick a picture with both sports on it," Mike Rahm - 10

Tony Nguyen

intrigued by her class ring, sophomore Laura Smith displays her ring for senior Suzanne Stewart at lunch. Sophomores had 99 friends turn their ring for luck.

Allison Madden
Gregory Maedl
Heather Magalski
Jerome Mahar
James Mainey
Benish Majid
Erin Mandley
Joseph Maniwang
Jessica Markle

Dana Marshall
Harry Marshall
Judith Marshall
Brandee Martin
Richard Martin
Talaya Martin
Toni Martin
Lashelle Mason
Michael Mayer

Paul McClaren
Sarah McCool
Joel McKinley
Mary McKnight
Timothy McLain
Meghan McLaurin
Shannon McQuary
Janessa McReynolds
Latisha Meade

Estrella Medina
Brian Meermans
Nery Melendez
Horacio Melgares
Andrew Migliaccio
Elizabeth Mitchell
Megan Moeller
Robert Monastra
Hollie Montgomery

Ryan Montgomery
Ingrid Moody
Lauren Morris
Samuel Moser, Jr.
Marc Motyleski
Thomas Moulton
Tianna Mouton
Colleen Mutarelli
Kevin Nance

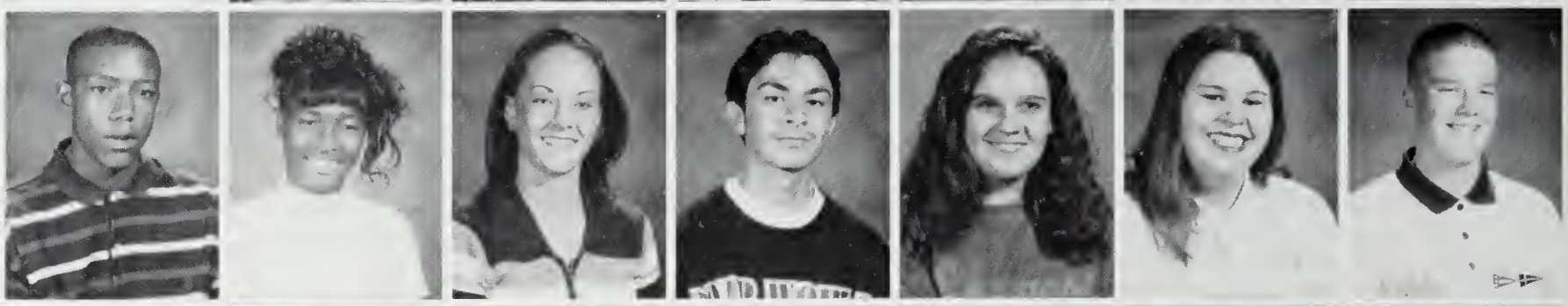
Nahuku Nathaniel
Christopher Neal
Thanh-le Nguyen
Lidia Niecko
Cory Northington
Rebecca Obeng
Catherine Olszyk
Ariana Ortega
Melissa Ortega

Deborah Ortiz
Mea Outlaw
Lindley Overmyer
Melissa Owens
Cliff Pahlavani
Matthew Palmer
James Panek
Nicholas Pardi
Stephanie Peck

Myzsa Pennell
Neil Penttila
Marcus Perriello II
Anupama Pershad
William Peters
Andrew Petroka
Hang Pham
Bethany Piazza
Lincoln Pitcher III

Christopher Platt
Heather Pope
Daniel Powell
Jennifer Proctor
Jason Pugh
Vanessa Purnell
Shenatta Quarles
Kate Ragsdale
Michael Rahm

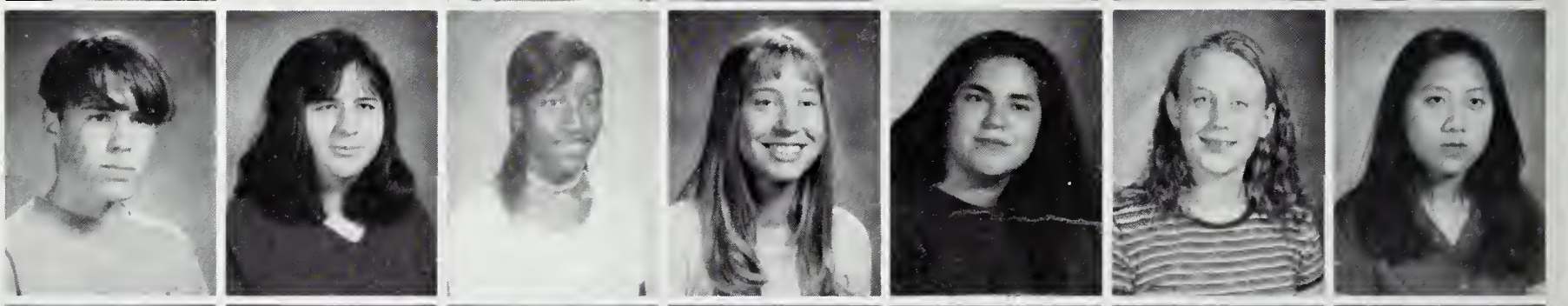
Rajahn Rainey
Candice Randall
Kathleen Raney
Hamid Raofi
Brandi Rasmussen
Melonie Ratcliffe
Andrew Rattmann
Jeffrey Ray
Richard Reddick



Billy Reeves
Duane Reger
Ronetta Reid
Michael Reifsnyder
Timothy Rhudy
Jessica Ricciuti
Julie Riek
Adam Rihner
Caroline Roach

Caroline Roach
Amy Robbins
Tonna Robertson
Briannah Robinson
Samuel Rodrigues
Dusti Rodriguez
Natalie Rodriguez
Mark Rosenow
Jason Ross

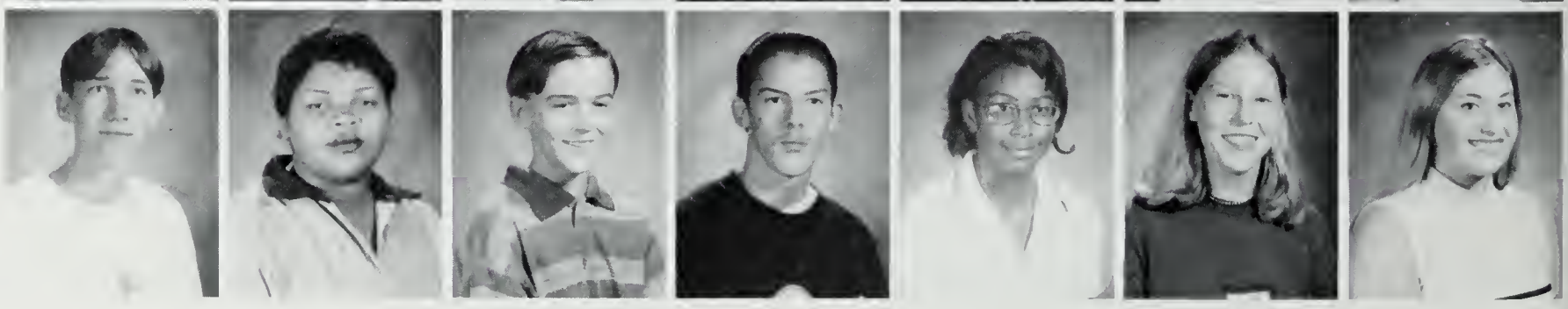
David Roubie
Jennifer Rudolph
Kratel Ruiz
Amy Rustan
Elisheva Sachs
Michele Sager
Southita Saikhamporn
Ryan Sakai
Jose Salazar

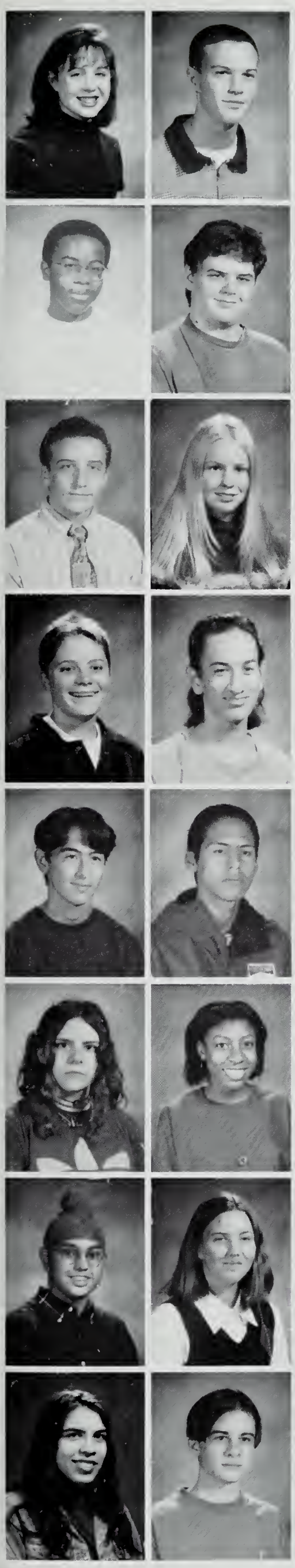


Jonathan Sample
Marena Samson
Jennifer Sanchious
Karina Sandoval
Russell Sands
Clemente Santiago III
Jonathan Saunders
Bailey Sautkulis
Garin Savage

Stacy Scarazzo
Gregory Schiro
Mark Schmidt
Kevin Schneickert
Daniel Schu
Ryan Schulze
Salina Scriber
Guldar Sekhon
Jessica Semon

Matthew Sevon
Deanna Seward
Trevor Sexton
Leonard Shapiro
Latoya Sherron
Elizabeth Sigmund
Rachel Silagyi
Julie Silva
Ryan Simmons





I cut, you choose. When sophomore Janelle Robinson forgot her lunch money at home, her friend, sophomore Latrinda Forde offered her half of her lunch.

Iyana Tennon

"My mom makes my lunch so I always get what I want in it. I don't have to worry about remembering money or a lunch card."

Corinne Hausmann-10

when lunch came around students chose to

Buy or Bag It

with the rustling of trays or the rumpling of a brown paper bag, lunch time began.

School lunches offered two choices for lunch each day. "I'd rather have the choice between meals than have peanut butter and jelly everyday. I'd get tired of the same thing everyday and I don't have the time to make anything," sophomore Carrie Witherel said.

From the a la carte line, students could purchase an entire meal or just a snack. "I don't like eating in the cafeteria because it smells like dishrags. I buy from a la carte so I can eat in the hallway with my friends," sophomore Kate Westling said.

Students brought lunches so they would not have to stand in line or if they disliked school food. "I bring my lunch because I don't like school food. It is too greasy. It's easier to have my mom make it for me so I can choose what I want in it," sophomore Jennifer Rudolph said.

by Libby Sova

Tony Nguyen

in the downstairs hallway across from the crowded cafeteria, sophomore Chris Finney ate his bag lunch. Finney had D lunch which lasted from 12:07 to 12:27 pm.

an extra eight caused

sophomores to Watch the Meter

Despite the additional minutes to get to class, students continued to receive refferals because of excessive tardies.

chatter and laughter spread through the hallways as students lingered outside their classrooms.

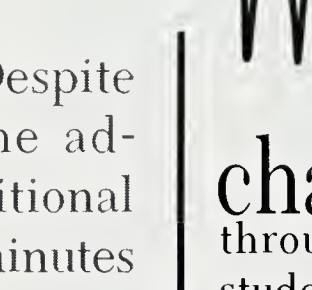
"I like having a longer time between classes because it gives me more time to go to my locker and talk to my friends without having to worry about being late," sophomore Michelle Drucker said.

Longer breaks also gave sophomores the opportunity to complete assignments. "I use the extra time to look over my homework and maybe check it with someone else's," sophomore Natasha Remeyer said.

The additional time gave sophomores more freedom to get through the crowded hallways without a fear of tardiness. "Now I'm not always late to class because of the crowded hallways," sophomore Nick Pardi said.

The extra eight minutes allowed students with classes in trailers to get back without running.

by Casey Powell



"We need fifteen minutes between classes because we stay so long class and we need some time to talk and take a break."

Chris Galeano - 10

Tony Nyugen

as sophomore Melissa Feindt points to her answer for Chemistry class, sophomore Alison Jendrossek checks to see if she understood the assignment.

Dawn Simpkins
Margaret Simpson
Kristine Sinkez
Kurtis Sinkovic
Rebekah Sluys
Brian Smith
Denise Smith
George Smith
Jawanda Smith
Laura Smith

Zach Smith
Jonathan Somers
Ji Eun Song
Jose Sorto
Elizabeth Sova
Ryan Spataro
Patrick Spicer
Charles Stallworth III
Katherine Stanley
Tiffany Stark

Paul Stepanick
Kathryn Stephens
Walter Stephenson
Colin Stewart
Christopher Stiles
Leah Stockham
April Stojanowski
Steven Stone
D. Stovall
Brian Stratman

Bobby Strawderman
Amanda Stream
Jonathan Suchland
Kevin Sullivan
Robert Swagger
Jacob Swanson
Tabitha Swett
Eliana Tailele
Diana Tala
Arthur Tamburo

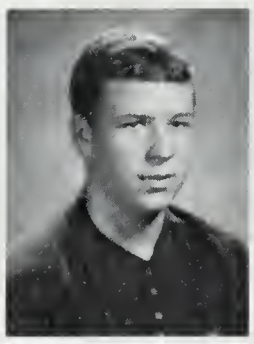
Brandon Teel
Remmie Thomas
Daniel Thompson
Randy Thorp
Melody Thorstad
Kristin Thurner
Shannon Tierney
Carla Tomlin
Jonathan Torres
Nichole Towle

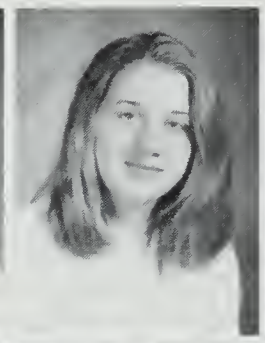
Odessa Trinidad
Stephanie Trinidad
Steven Tuccillo
Darra Tucker
Bridget Tunstall
Glenn Tupper
Ali Turabi
Kristina Twiford
Berlyn Vado
A. Vangura

Cesar Vargus
Amy Varner
Myriam Vasquez
Jonathan Velez
Robert Vincent
Crystal Vinson
Thomas Volz
Michael Vroom
Timothy Waclawski
Jennifer Waggy

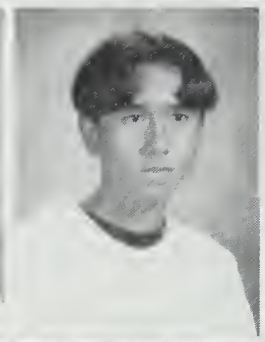
Orion Wake
Derrick Walker
Jane Ward
Ryan Ward
Tierra Washington
Robert Waters
Sarah Watkins
Sarah Weatherford
Latonya Weatherspoon
Stasha Weaver

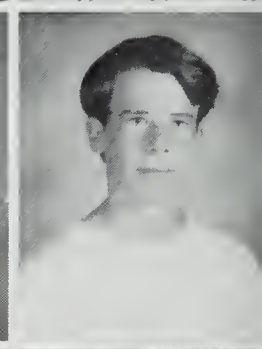
Clayton Webb
Stephanie Webb
Michael Weisman
Haley Wells
Christina West
Katherine Westling
Isaac Wheeless
Jeremy White
Kimberly White



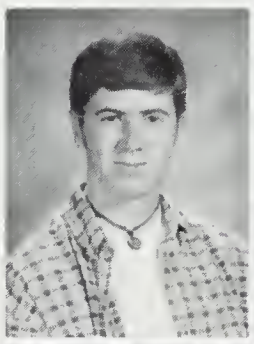


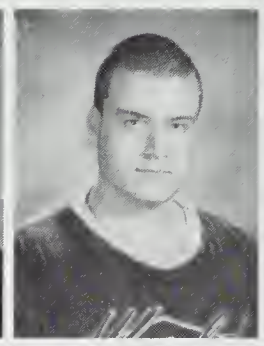
Worrdell Whitehead
Jeremy Whitham
Dawn Williams
Isha Williams
Justin Williams
Latoya Williams
Mark Williams
Ian Williamson
Jonathan Williamson



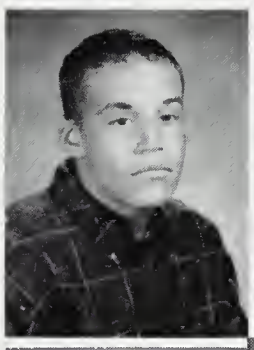


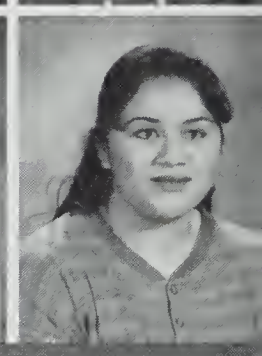
Matthew Wilson
Brian Winters
Jennifer Wishart
Carrie Witherel
Andrew Wood
Bryan Worrell
Amy Worth
Jonathan Wright
Margaret Wright



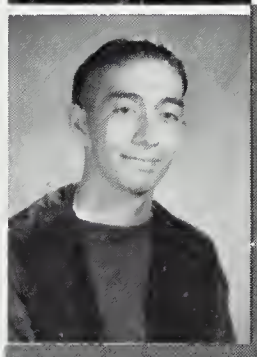


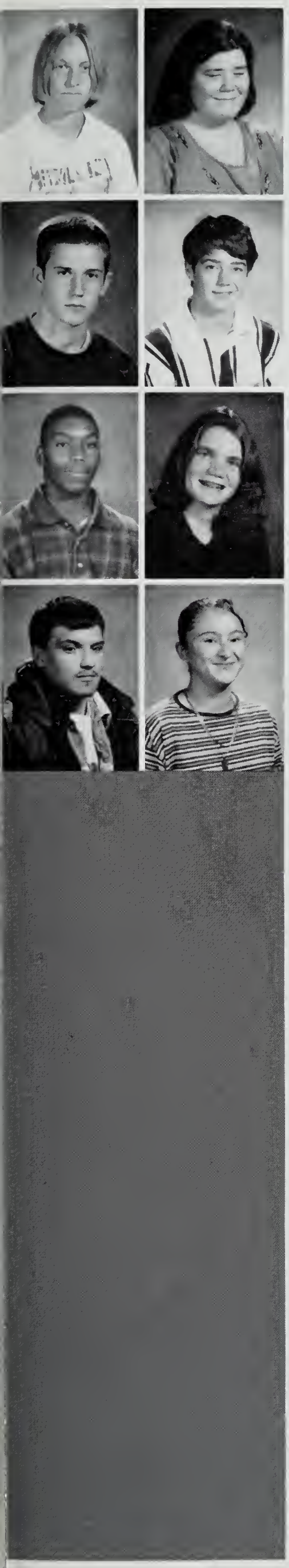
Jamie Wrolstad
Carla Yates
Ricky Yeager
Lawrence Yehle
David Young, Jr.
Katherine Youngbluth
Alma Zepeda
Jorge Zepeda
Rosa Zepeda





Jose Zuniga





patches 'n paint provided

sophomores with Bags O' Fun

while gathering the endless array of pencils, books, and notebooks off of the floor, sophomore Jennifer Rodriguez realized it was time to get a new bookbag.

"I got a new bookbag with two straps because my other one snapped. It was the kind you put over your shoulder. I was walking down the hallway and then all of a sudden my bag was on the floor. Hopefully my new one won't do that," Rodriguez said.

Sophomores used backpacks as a canvas for personal expression and satisfaction. "I decorated my bookbag by drawing fruity flowers and hearts in glitter pens all over it. In the space that was left over I wrote the names of my all my favorite poets so I could feel special," sophomore Ian Williamson said.

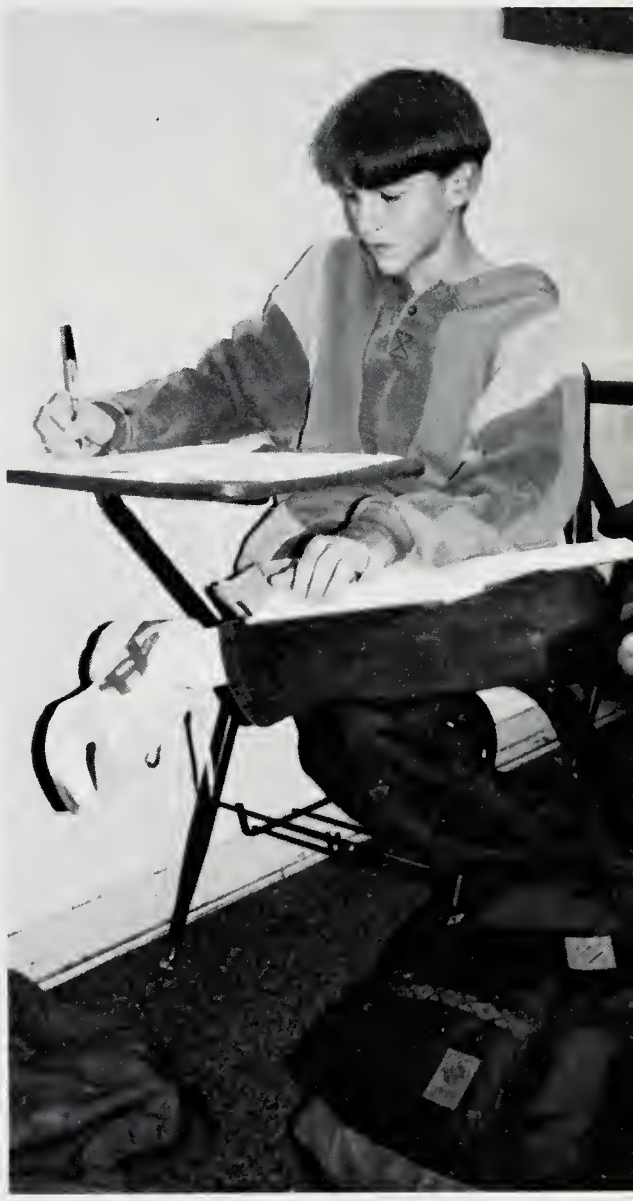
Sophomores wore two styles of bookbags, the traditional two strap and the over the shoulder bag.

by Katie McAllister and DeAnna Thorstad

Tony Nguyen

bigger the better. That is the rule for sophomore Keith Cantlin. His large Nike sports bag provided all the space he needed for his books and his PE clothes.

extra strength right where it is needed. Sophomore Trevor Sexton's bookbag has a strong leather bottom to stand up against the pounds of books.



Tony Nguyen

"I think it's kinda stupid how people decorate their bags. It's like they're trying to show the whole world how cool they are."

Naji Abdeliah - 10

AGAINST THE FLOW

The record breaking class of 2000 weighed in at 1009 students, 20 percent more than classes in previous years.

The first change for the class came through with a different curriculum than ever before. The Freshman Seminar was a pass/fail class taught during the first semester. The required course focused on study skills and time management.

The freshmen and faculty had a chance to get to know one another on October 8 during a basketball game. Admission to the game was 1 dollar and a canned food item. The food was dedicated to ACTS and the money went to the class fund.

A peer mentoring program was established, pairing juniors and seniors with freshmen. The groups met once a month to discuss their progress. On December 19, the group went bowling together.

Freshmen Class Officers Amanda Jacob(President), Angie Simms(Vice President), Lauren Davidson(Treasurer), Kelly Melton(Secretary).

Naji Abdeliah
Abdisalam Abdulle
Deen Abdul
Fardosa Abdul
Preston Abshire
Tony Adkins Jr.
Paul Agosta

Jackelynann Aguirre
Elitor Agyare
Comfort Agyemfra
Kristopher Akin
Zeyad Al-Alawi
Zeyad Al-Otaibi
Anthony Alarcon

Marianne Alexander
Matthew Alexander
Mercedes Alexander
Rosalinda Alfaro
Haley Allen
Stephen Allen Jr.
Joseph Allison

Andrea Alston
Luis Alvarez
Gilberto Ambriz
Abdul Anderson
Andria Anderson
Donald Anderson
Joshua Anderson

Lisa Anderson
ChristinaAnzueto
Vaness Apacible
Blake Apo
Justin Aponte
Alden Appleby
Ashley Appleby

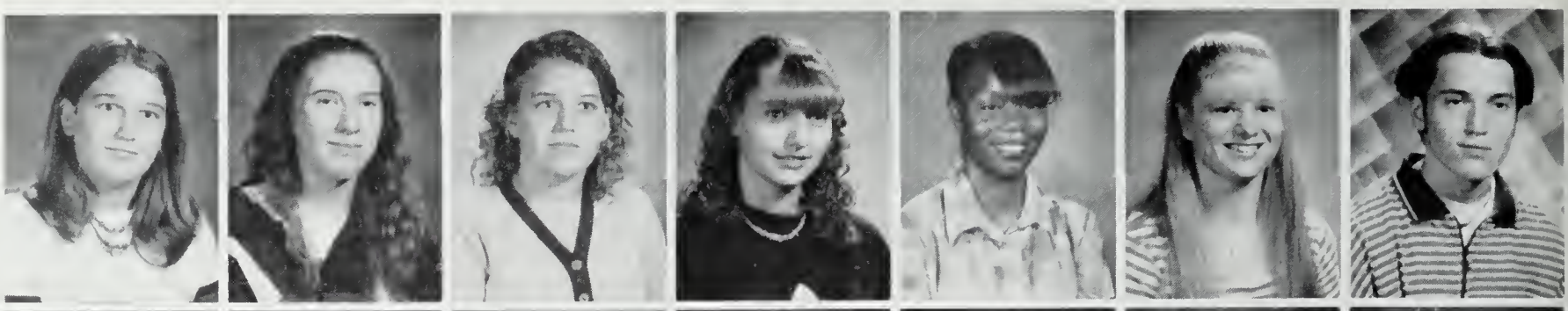
JensieArmstrong
Rose Arnold
Albert Arnold IV
John Arthur
Erin Artz
AnthonyAshford
Mark Atienza

JasonAtkinson
Ryan Aubin
Stephen Austin
Maria Ayala
Kathryn Ayers
Randall Ayers
Arien Bacon

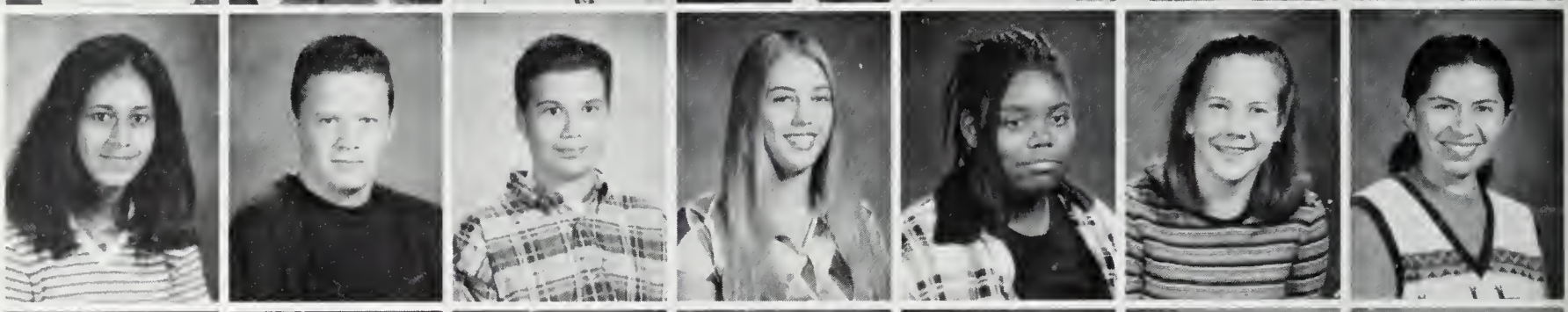
James Badger
Laura Baird
Albert Baker
Christopher Bannister
Andrew Bankston
Sonia Barnshill
Crystal Barnes

Freshmen Divider

Megan Bauserman
Amy Beaty
Shannon Beauchamp
Christina Beland
Lashauna Bellamy
Marianne Benson
Doug Berliner
Joseph Bernier
Christopher Berquist



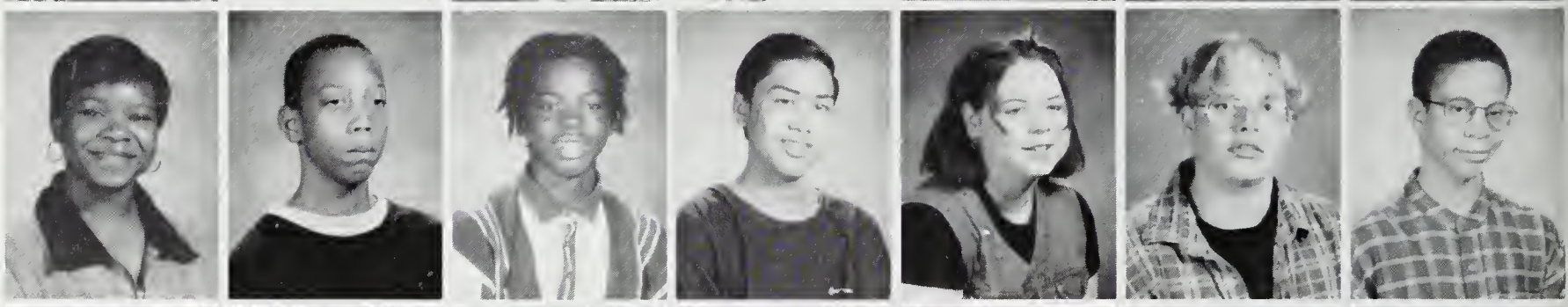
Varuna Bhatia
Charles Bies
Charles Bihun
Tracy Billman
Patricia Bing-Grant
Jaclyn Blackwell
Jenny Bonilla
Lucila Bonilla
Rebecca Bordeaux



Erica Borey
Carita Bouffard
Lauren Bowes
Neil Bowman
Barbara Bowyer
Kineth Boyd, Jr.
Jennifer Bradley
Nichelle Braxton
Natalie Brewer

Jessica Brokenburr
Jaclyn Brondyk
Alphonso Brown
Amber Brown
Eric Brown
Johnathan Brown
Lakendrea Brown
Nicholas Brown
Robert Brown

Ronchelle Brundage
John Bryant
Keenan Bryce
Paveen Bunyasrie
Jennifer Burk
Gary Burkett
Terence Burton
Contessa Bush
Kelly Butcher



John Butler
Lisa Butler
Thameena Butler
Lewis Byrd
Laura Cabrian
Joshua Cain
Michael Cain
Grace Calayag
Brandon Caldwell

Andrea Callahan
Jennifer Canning
Amanda Carlson
Brian Carpenter
Brandy Carr
Daniel Carr
Timothy Carr
Summer Carroll
Amy Carrubba

Jamie Carter
Schana Carter
Thomas Carter
Lady Castaneda
Nicole Castaneda
Carlos Castellanos
Gabriela Castillo
Antonia Castro
Nicole Centers

say that again? Freshman Demetria Johnson is asked by her friend to repeat her name. Rare names forced students to deal with mispronunciations.

Iyana Tennon

"My name makes me really unique. Not very many people have it. Some people try to tease me by calling me Jermaine Jackson."

Jermaine Turner - 9

common names left them wondering Who's Who?

"hey Carlos!" Freshman Carlos Medina turned around, only to discover that he had not been the person called. "A disadvantage of having a common first name is when someone calls my name, I turn around and so do fifteen other people," Medina said.

Students with unusual names were seldom confused for someone else. "I like my name because no one else has the same name in any of my classes, so when people say my name, I know that it's me," freshman Mercedes Alexander said.

Misspellings were the result of unusual names. "My family has a tradition where we collect all of the misspellings of our last name. So far we have filled an entire shoe box," freshman Jared Espenschied said.

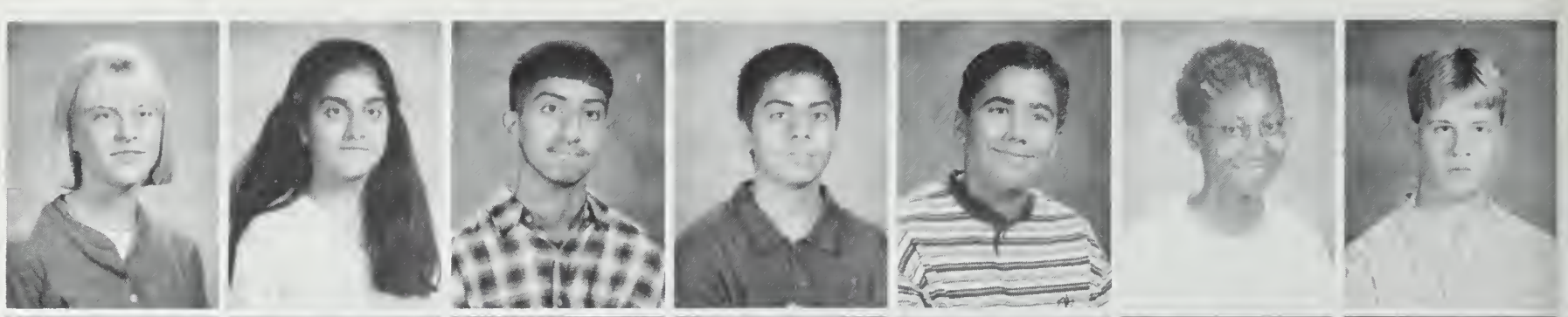
Whether students had familiar names or unusual ones, conflicts were inevitable. However, students learned to accept the names given to them.

by Joy Vajirapinyo

Marian Gryder

that's that! Freshman Fardosa Abdulle finishes writing her name on her assignment. Longer names required more time to be written.

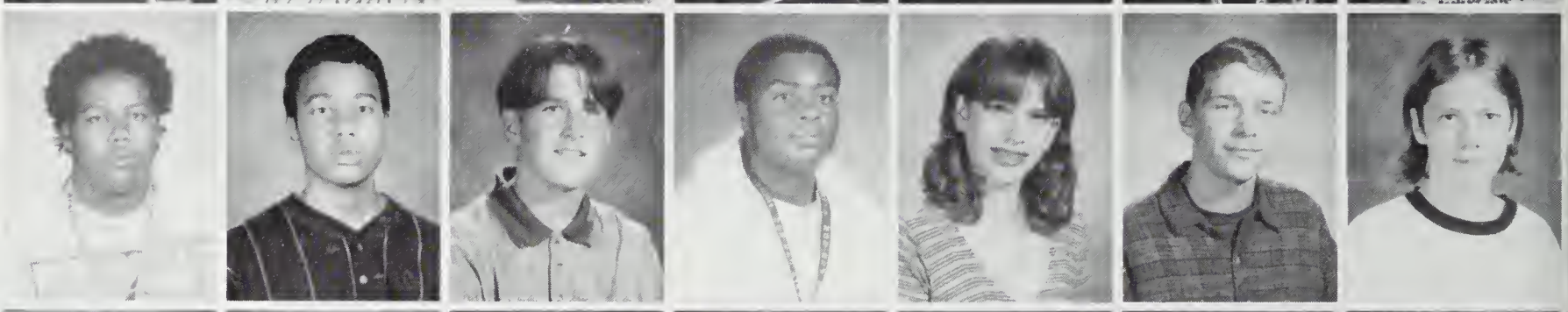
Gerda Chapman
Faiza Chaudhry
Jawad Chaudhry
Abdullah Chaudry
Brian Chinn
Tiffany Chisolm
Matthew Chrestman
Luke Christensen
Samantha Chrysler
Casey Claiborne



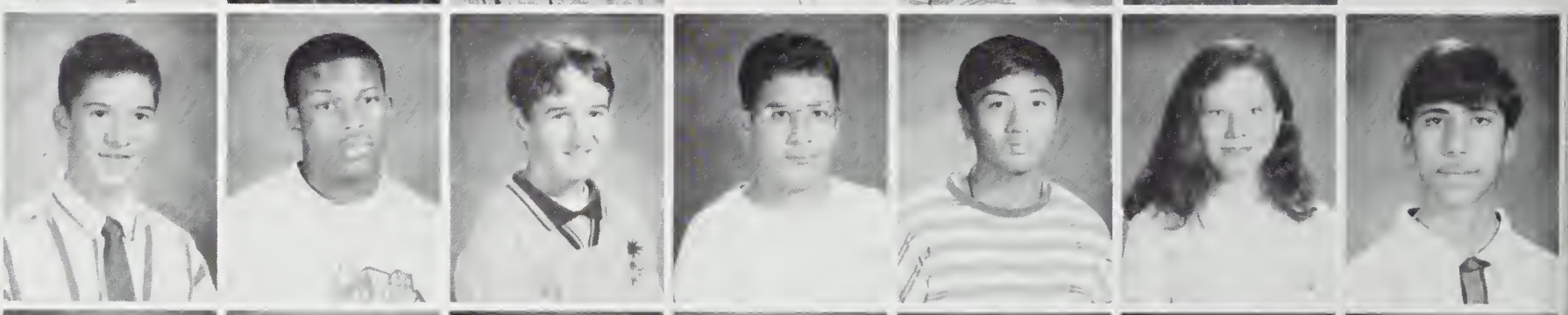
Thomas Clark, Jr.
Brandon Cleveland
Erin Cleveland
Mary Close
Deon Clubbs
Amie Coakley
Kelly Cochrane
Victor Colindres
William Colindres
Rob Combs III

Matthew Cone
Leo Conley, Jr.
Christine Connally
David Conrad
Ellen Cook
Ronald Cooper
Meghan Cornetta
James Correira
Kristin Correira
Jose Corretjer

Lacy Courtney
Bjoern Cox
Daniel Cox
Delonte Craig
Melissa Crail
David Cramer
Tristan Crane
Peter Creech
Maura Cronin
Andrea Crookston



Bradford Cross
Daryl Cross
Justin Crow
Fernando Cuellar
Michael Custodio
Julie Dahn
Ramine Daneshmand
Andre Daniels
Lauren Davidson
Jennifer Davis



Joshua Davis
Katrina Davis
Rachel Davis
Joseph Davis-Diehl
Andrew Deacon
Daniel Decrane
Abdul Deen
Jessica Deibel
Yuliana DelArroyo
Matt DeLong

Elaina Demeyere
Charmaine Dennis
Amanda Denty
Nicholas Depalma
Sherane Dickens
Jordan Diehl
Timothy Dillard
Lewis Dixon
Steven Dodson
Christina Domenech

Tyrel Domigan
Heather Donatelli
Ivan Dorado
Raynelle Dorifourt
Jamie Dorigatti
Adrek Douglas
Allan Dowell
James Dreher
Desiree D'souza
Barbara Dubois

freshmen were counted tardy without a Pass to Class

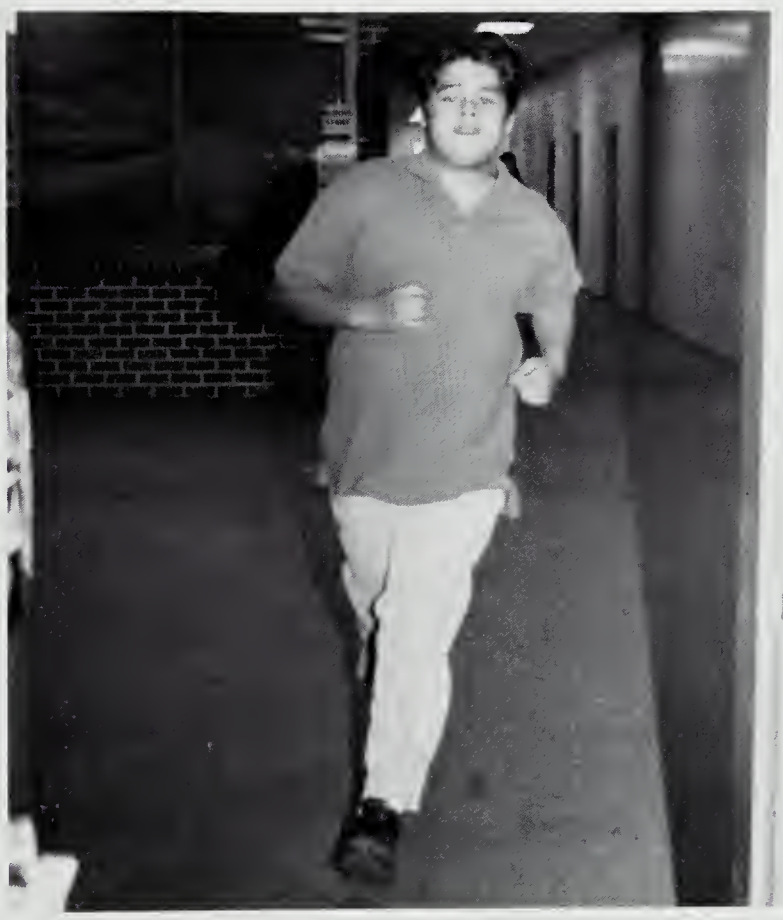
ding. The sound of the first bell echoed through the hall. Four more loud "Dings" followed. Students in the hallway scurried to class to find that they were marked tardy. "I was walking in the door of my classroom just as the bell rang and my teacher still marked me tardy," freshman Charlie Moore said.

Late buses and crowded hallways were reasons why students were late to class. "The way I found out that I had five tardies in my first period class was from looking at my report card.," freshman Casey Frazier said.

A new tardy policy went into effect when the new four by four schedule began. In order to enforce the policy, a set of consequences was designed. The first tardy was a warning. The second tardy was an hour detention, before or after school, and the third tardy was a four hour detention on Saturday. Each subsequent tardy was an out of school suspenion.

by Cecilia Riek

Within the first three months of the classes, there were 207 tardies in the freshman class, out of the total, 736.



Iyana Tennon

after realizing that his eight minute break between his classes was up, freshman Victor Moriera runs to class. Tardies were given after the bell had rung.

"I moved here from a small school, and even though I have an eight minute break, it's so crowded that it's hard to make it to class."

Matt Hyde - 10

stuffed two per locker and carrying a Heavy Haul

on the way out his door, freshman Alex Nees lugs his sport bag along with his bookbag to school. Students got an extra workout from lugging around their bags.

Carter Elmore

though she pushed as hard as she could, freshman Jennifer Wilhite could not get her bag into her locker. "I really hate having to lug my other bag around the school. It doesn't fit in my locker and I don't have a sports one in the lockerroom," Wilhite said.

Freshmen involved in after school activities without sports lockers found it difficult to carry around their bags. "I bring my dance bag with me to all my classes. I just wish it would all fit into my locker," freshman Yolanda Turner said.

There were other reasons freshmen carried around baggage. "I have to carry my purse with me plus my other bag because I don't want my all my make-up to get ruined in my book bag," freshman Demetria Johnson said.

There was not any other option for some students except to carry around extra bags. If the bags did not fit into their lockers they were forced to carry them.

by Elizabeth Bowden

"I have to carry my cheerleading bag around with me everywhere. On gym days it's really heavy because I have to carry two outfits."

Andrea Poe - 9

Tony Nguyen

with a heavy load, freshmen Jackie Brondyk and Katie Ayers walk outside after practice to wait for their ride. Practice required students to carry extra bags.

John DuBois
John DuBose
Gary Dudding
Jennifer Duerr
Serrita Dumas
Robyn Dunn
Manuelle Duvall
Kianjah Earle
Eric Efkeman

Joseph El Najjar
George Elledge
Katrin Ellertsson
Jonathan Elliott
Timothy English
Matthew Erwin
Mariko Esannason
Jared Espenschied
Cassie Essex

Vavaria Etheredge
William Facciolo
Alexander Faiivae
Marisa Faria
Amanda Farley
Paul Farrow
Edward Faust
Valerie Feldman
Analiza Feniza

Bernard Feniza
Danielle Fergus
Brian Ferguson
Robert Ferguson
Ian Fernandes
J. Ferrarini
Jason Ferris
Christopher Fewell
Million Fikre

Erin Fisher
Stephanie Flanagan
Shemariah Fleming
Jennifer Flickinger
Lance Florence
Andre Floyd
Daniel Flynn
Marie Fontanilla
Erin Fortier

Lakisha Foster
Jacqueline Fountain
Ann Marie Fouquet
Allen Fournier
Angelina Franco
Casey Frazier
Candace Frederick
Melvin Gadson
Christine Galbraith

Tameka Gale
Galicia Galvan
Alison Garcia
Dwayne Garrett
Eric Garrison
Megan Gartner
Bevin Gekosky
Denise George
Benjamin Gerogosian

David Gerogosian
Jennifer Gielecki
Jeremiah Gildea
Natasha Giles
Jason Gillespie
Travis Girard
Carrie Glassman
Deblyncin Godshalk
John Golden

"I don't like it at all. It is just too long to be in a hot gym. It would be different if it was only 50 minutes, but an hour and a half is a pain."

Jeremiah Gilden - 9

backhand or forehand? Freshman Cassie Essex contemplates which stroke to use. The 84 minute P.E. period allowed freshmen to play longer matches.

Tony Nguyen

Like advanced placement classes, Physical Education held class every other day, and lasted throughout the year.

longer P.E. classes meant students suffered

Stinky Socks

"only one more hour" echoed in the gym. Compared to P.E. classes of years in the past, classes on the 4 by 4 lasted an additional forty minutes.

"I really like having the longer P.E. classes. You are given so much more time. Everything is not so rushed, like changing clothes, and being hurried in from outside, so we have time to change into school clothes," freshman Omari Smith said.

"I hate the P.E. classes, they are way too long. It just seems like they drag on and on. You get all gross because you're in there so long and it gets really hot," freshman Mike Lapharn said. Though the extended time allowed for more instruction, it was not always popular.

Having P.E. for an hour and a half provided freshman with the opportunity to learn and master sports skills taught without feeling as if they were rushed.

by Elizabeth Bowden

Freshmen Gonzalez - Jerden

George Gonzalez
John Gonzalez
Katherine Gonzalez
Ian Goodson
Danielle Goree
William Gorman
Scott Gotherman
Andrew Grady
Jason Graham
Matthew Gray

Carolyn Greco
Ebony Green
Joshua Greenberg
B.J. Greene
Crystal Groves
Crystal Gumbs
Oscar Guzman
Gina Hall
Jessica Hall
Stephanie Hall

William Hall
Andrea Hallman
Ean Hamilton
Joseph Hamm
Courtenay Hanson
Kellie Happoldt
William Hargrow
Morgan Harman-Sehnal
Amanda Harper
Katherine Harrell

Jason Harriott
Lyaja Harris
Patricia Harris
Jennifer Harrison
Rachel Harrison
Heather Hart
Robert Hartman
Emily Heberer
Erica Heil
Sarah Henderson

Thomas Hendrix
Carolina Henriquez
Ever Hernandez
Jose Hernandez
Yolanda Hernandez
Jennifer Hill
Andre Hines
Emily Hinkle
Jeremy Hinkle
Michael Hivnor

Michael Hodge
Brian Hoffman
Dontae Hogan
Stuart Hoge
April Holder
Nicholas Holmes
Timothy Holsinger
Veronica Holsten
Glen Hood
Reed Hood

Darrell Horne
John Hottle
Angela Huaman
Michelle Hudik
Jared Hughes
Keith Huling
Erin Hunter
Marybeth Huntt
Tammy Hurley
Matt Hyde

Conrad Hylton
Todd Ingram
Karen Jack
Amanda Jacob
Valerie January
Aesah Javier
Alvin Jefferson
Tameka Jenkins
Robert Jensen
Tremain Jerden

Longer P.E. Classes

students' attention to

detail ensured

Nifty Nails

Fingernails grow about 0.02 inches per week. That is four times faster than the rate toenails grow.

nibble nibble. Freshmen Jackie Blackwell gnawed on her fingernails as she walked into her classroom. She was nervous that she would not do well on her Biology test.

"I tend to bite my nails when I get nervous, like during exams and big tests. Or when I have to give an oral presentation," Blackwell said. When students were put under pressure they turned to nervous habits.

Having long or short nails affected students performances in athletic competiton."I have to cut my nails for crew because my hand goes over my knees when going back on the slide, I've scratched my leg so many times," freshman Marlena Johnson said.

Students cut their nails for both safety and aesthetic reasons .To strengthen nails, students took calcium pills. Freshmen painted their nails to make them look nice for special occasions or to match their outfits.

by Hilary Hansen

"I can't stand how girls always fuss about their nails. I think it's dumb how girls have to have their fingernails look perfect all the time."

Mike Peter -9

Iyana Tennon

"oh no! I just broke my nail!" Freshmen Serritta Dumas and Catrina Radford inspect Dumas' broken nail. Freshmen used nail hardener to keep nails strong.

Adam Johnson
Demetria Johnson
Ellen Johnson
Marlena Johnson
Rafael Johnson
Steven Johnson
Erin Jolley
Brian Jones
Generro Jones, Jr.
Jennifer Jones

Joshua Jones
Michele Jones
Sadie Jones
Tiffany Jones
Ryan Jordan
Joel Joson
John Journell
Carlos Juarez
Fernando Juarez
Leslie Juarez

Amy Justice
Lauren Kage
Alfred Kamara
Randy Karl
Amir Kasaei
Edward Kearney
Christina Kell
Annie Kelly
Paul Kelminsky
Eric Kennedy

Kevin Ker
Robert Kerr
Andrea Kesner
Madiha Khalid
Nicolas Killen
Nicole Killen
Chi-un Kim
J. Kim
David King
Kyle Kirk

Stephanie Kirste
Sherron Kisner
Richard Klein
Cassie Kline
Jillian Klingensmith
Jennifer Knisely
Michael Knoch
Jimmy Lacy
Nii Lamptey
Andrew Lancaster

Jovonte Landry
Lamar Lane
Michael Lanicci
Michael Lapham
Adele Larson
Bryan Latinka
Daniel Laurion
U. Lazo
Cory Ledet
Steven Lehosit

Kathleen Lenyi
Jared Lerch
Amber Lesperance
Petru Leu
Jenny Lewis
Kathleen Lewis
Timothy Light
Shuhao Lin
Julius Ling
Bradley Long

James Long
David Longino
Harold Lowery
Stephen Lucey
Sherman Ludwig
Erwin Luebke
Heather Luebke
Angela Leudke
Michael Lunsford
Bradford Lutz

Colam Ly
Lawon Mabry
Lauren Mackey
Cassandra Madsen
Megan Madtes
Stephanie Maedl
Michael Magallanes
Shannon Magalski
Candace Maggard
Julia Maggard

Abey Malave-Lopez
Bayoan Malave-Lopez
Denesh Malaveetil
Kamran Malik
Robert Mann
Kevin Marable
Connie Maratita
Kathleen Markey
N. Marks
Louis Marroquin

Brandi Martin
Martia Martin
Ralph Martin
Shivaughn Martin
Tamyra Matthews
Amanda Maurer
Nicholas McAlister
Eric McAllister
Shilo McArthur
Diana McClinton

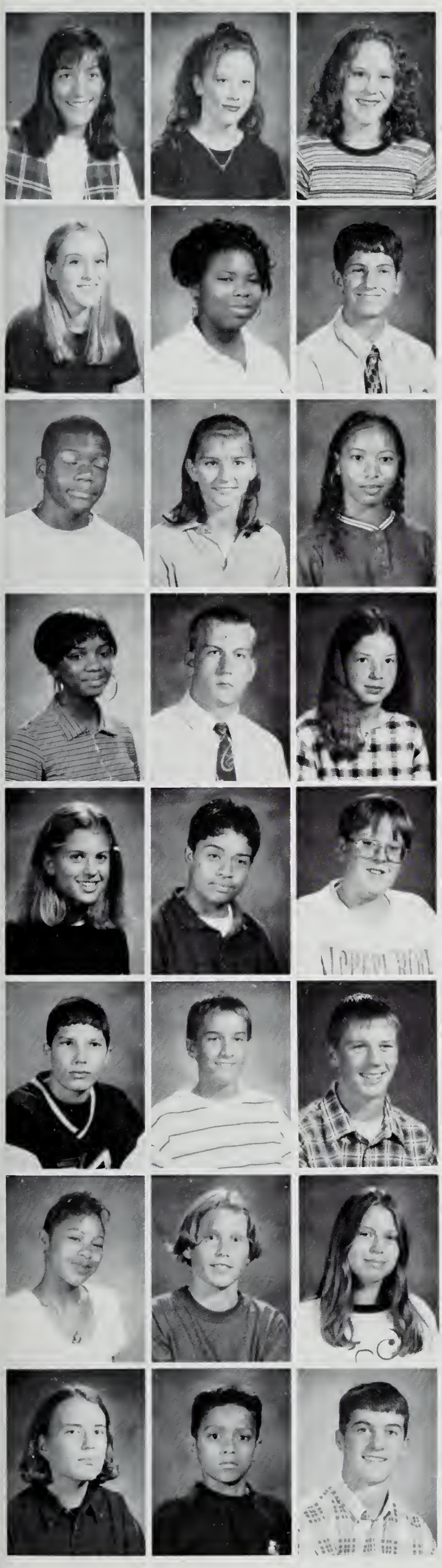
Daniel McCoy
Stuart McCray
Amick McDaniel III
Kelly McDonald
James McGee
Mia McGuire
Laura McIntire
Shalimar McKeithan
David McKeown
Megan McManus

Amy McMullen
Timothy McNamara
Alicia McNease
Carlos Medina
Jasmin Medina
Pedro Melgares
Michael Mellott
Kelly Melton
Ramiro Mendoza
Luis Merida

Jimmy Merino
Danielle Meyer
Lauren Meyer
Tracie Meyer
Brandon Miller
James Miller
Jennifer Miller
Jonathan Miller
Paul Miller
Shawn Minard

Brandon Mino
Jennifer Mitchell
Katrina Mitchell
John Monn II
Dayna Moon
Karen Moonan
Charles Moore
Dionna Moore
James Moore
Jennifer Moore

Joseph Moore
Edwin Morales
Jennifer Morales
Victor Moreira
Jason Morelli
Nateesha Morgan
Daleta Morris
John Morrison
Chager Mota
Garrick Myers



headaches, chills and lies

kept the freshmen In Da House

ring-g-g The sounds of students phones echoed through empty homes. Parent-tel called homes of students to inform parents of their child's absence from school.

"Once I stayed home from school without my parents knowing.. Parent-tel called that night and my mom picked up. When I showed up, I got in trouble." freshman Bobby Lenyi said.

Students faced problems faking sickness. "I hardly ever stay home with sickness because my mom is a nurse. She can tell if I'm really sick or if I'm just faking it," freshman Gerda Chapman said.

Freshman found various activities to keep themselves busy. "When I stay home from school, I usually catch up on homework or watch ESPN," freshman Ryan Swanson said.

From being too tired to having illness to having fun, freshmen found different reasons to stay home.

byDeAnna Thorstad and Katie McAllister

A survey taken showed that students spent their time at home either sleeping or watching TV.

Allison Sautkulis

to keep warm, freshman Naji Abdeliah rests under an afghan. Freshmen rested and kept warm when staying home from school due to sickness or fatigue.

"I stay home when I'm sick. Usually I don't lie about being sick. I lay around watching television all day. It's lots of fun."

Cassie Kline - 9

"I like messing around with different hairstyles. Even if it's not that great, it's allright, because hair always grows back."

Cassie Rudolph - 9

Allison Sautkulis

snipping away at hairs leaves heads a

Little Lighter

Tony Nguyen

as she flipped through her recent issue of Seventeen magazine, freshman MaryBeth Huntt looks at a guide to hair care. Magazines offered haircare and styling tips.

with a quick snip of her mother's scissors, a lock of freshman Amanda Maurer's golden hair fell to the ground. Hair cut at home saved students money and time.

just one chop and months of carefully crafted hair floated to the floor. "Haircuts make me really nervous. I never know if they're going to turn out," freshman Kelley Melton said. Haircuts did not always turn out as planned.

Whether it was at the salon or over the bathroom sink, freshmen with the desire found a place to change their look. "I get my hair cut at Mo' Better Hair Cuttery near Potomac Mills. It's worth the trip because they do a fairly good job meeting my demands," freshman Christian Ortiz said.

Students strapped for cash turned to their parents for free haircuts. "My mother cuts my hair all the time. I don't like going to salons and it's cheaper to have her do it," freshman Jeremy Hinkle said. A trim at the Hair Cuttery cost ten dollars.

Girls and boys alike used razors, trimmers and scissors to shed their locks for a brand new look.

by Caroline Roach

Geoffrey Myers
Claire Naegle
Pablo Naupari
Angela Nazionale
Alex Nees
Antwon Neloms
Beth Nelson
Andrew Ngomba
Lihn Nguyen

Long Nguyen
Jarvie Nibblins
Kelia Nichols
Nina Nichols
Kinga Nieko
Tonya Nolen
Carrie Norris
Andrew Nowak
Jeffrey O'Brien

Donna Ohs
John Oldenburg
Derek Olguin
Benjamin Olsen
Alfredo Ortega
Christian Ortiz
Elisa Ortiz
July Ortiz
Xiobel Ortiz

Matthew Pacheco
Melanie Packett
Joshua Pafford
Octavio Paguaga
Adam Pahlavani
Rahiim Paige
Sung Pak
Detreous Palmer
Andy Panameno

Carrie Panek
Filip Pantovich
Corey Papenfuhs
Katie Park
Antoine Parker
Amber Parks
Christopher Paroskie
Matthew Parsels
Cana Pasierb

Stephanie Pate
Marcus Patterson
Casey Payne
Sean Pattajo
Detrich Peeler
Joe Pekanyande
David Perez
Mabel Perez
Mariel Perez

Jacob Perkins
Jeffrey Perry
Serena Perry
Michael Peter
Chealean Peterson
Tanya Peterson
Gregory Pirog
April Pittman
Charlene Pitts

Samuel Plummer
Andrea Poe
Melissa Poole
Tyler Poore
Kathleen Peorcelli
Shannon Powell
Pamela Propst
Traci Pugh
Tasia Queen

Cheryl Quigley
Julie Quinn
Franklin Quiros
Alessandro Racioppa
Catrina Radford
Ronisha Ralph
Kyrin Ramey
Monica Ramirez
Christopher Randazzo
Patrick Randazzo

David Ransome, Jr.
Neil Rapalee
Shawn Rechkemmer
Shauntae Redfield
Glenn Reed
Robert Reed
Makubani Reel
Jonathan Reger
Eric Rice
Candance Richardson

George Richardson
Kevin Richardson
Rander Rivera
Allison Roberts
Eric Roberts
Stephanie Robertson
Tyjuanna Robertson
Janelle Robinson
Carlos Robles
Jessica Roca

Linda Roche
Adriana Rodriguez
Nathaniel Rogers III
Marco Rollins
Antonio Romo
Alphonso Roper
Elizabeth Roscio
Nicholas Rose
Amanda Rosen
Jeremy Rosen

Alexandra Rosero
Calvin Rowe
Jason Rowe
Khaleem Rudder
Cassandra Rudolph
Brendan Ruppert
Jennifer Saari
Dianne Salazar
Jose Salmeron
Bryce Salter

Nicole Sames
Kristin Sanders
Melissa Sanford
Jamie Sanluis
Anthony Santistevan
Sia Saunderson
Jay Scarborough
Daniel Schadler
Aaron Schaefer
Kristen Schaer

Sarah Schidwachter
Brian Schill
Peter Schilling
Lisa Schroder
Mark Schroeder
James Scites
Audrey Seeley
Romaine Seenath
Catherine Seguin
Laura Sellner

Ryan Shanahan
Russell Shetley
Kelsey Shively
Christian Simancas
Neil Simmons
Angela Simms
Shea Simpson
Shereese Sims
Dennis Singleton, Jr.
Ross Sirbaugh

while taking a break from babysitting, freshman Katrina Davis thinks about her friends. Pictures kept friends in mind, and provided decoration for notebooks.

Iyana Tennon

"In English, for 100's on quizzes, my teacher gives us stars that I put on my notebook. I put extra on so I will look smarter."

Lauren Meyer - 9

artsy freshmen let notebooks go Incognito

Notebooks were given to the freshmen students free of charge on September 3, the first day of school.

the teacher rambled on and the freshmen kept themselves occupied by designing their notebooks.

Students found personal items to decorate their notebooks with. "For Mrs. Cunningham in English, we get stars if we get hundreds on quizzes or tests. She tells us to put them on our notebook or planner," freshman Jessie Sutherland said.

Freshmen rummaged through favorite magazines to find pictures and words to tape onto notebooks. "I decorate with drawings, pictures and interesting words. I find things that are rare and reflect my personality," freshman Carolyn Todd said.

Artistic students showcased their talent. "I draw smiley faces and flowers on my notebook. I also write names of bands, like No Doubt and Garbage," freshman Aubrey Chambers said.

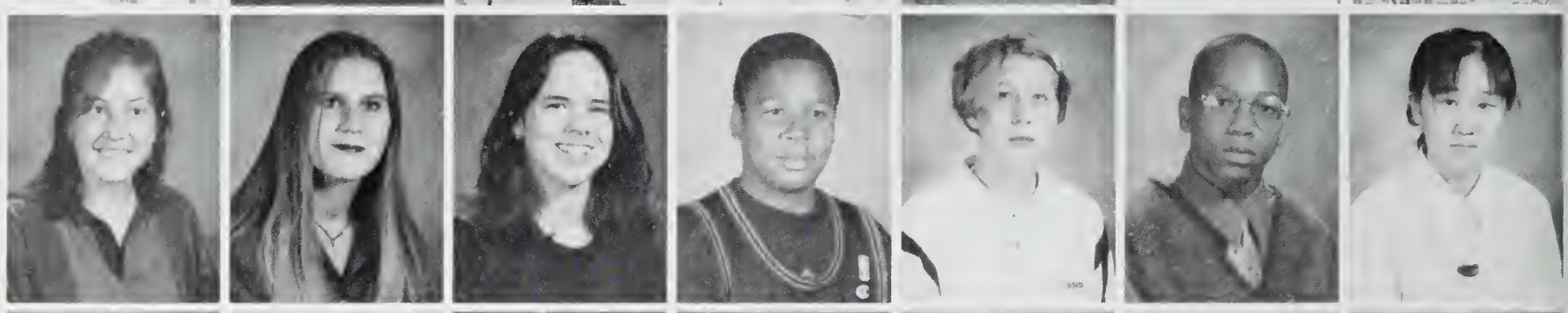
Freshmen also decorated backpacks and shoes.

by Libby Sova

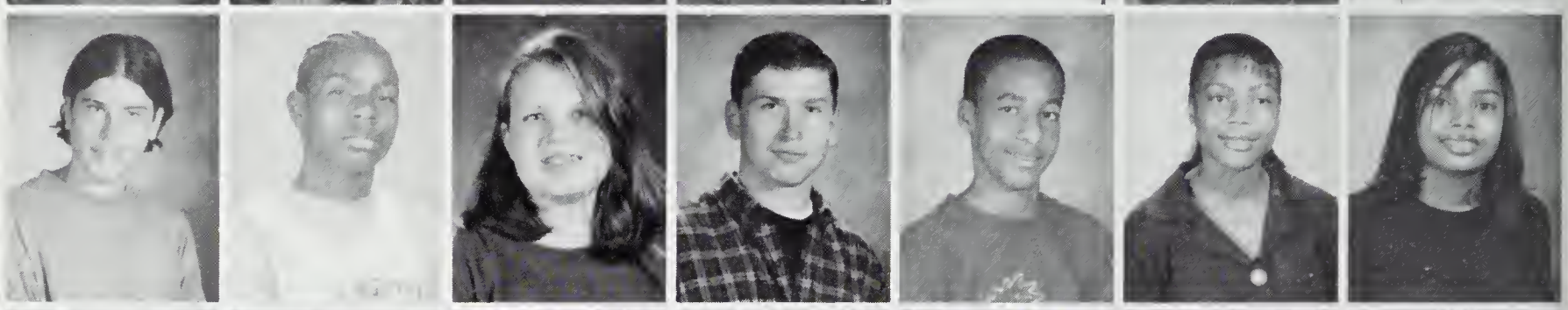
Decorated Notebooks

Daniel Sites
William Skelly
Crystal Smelser
Corby Smith
Erin Smith
Jennifer Smith
Karen Smith
Katherine Smith
Omari Smith

Pamela Smith
Sarah Smith
Stacey Smith
Stephen Smith
Virginia Smith
Julius Smith III
Ji Song
Jian Soo
Aaron Spicer

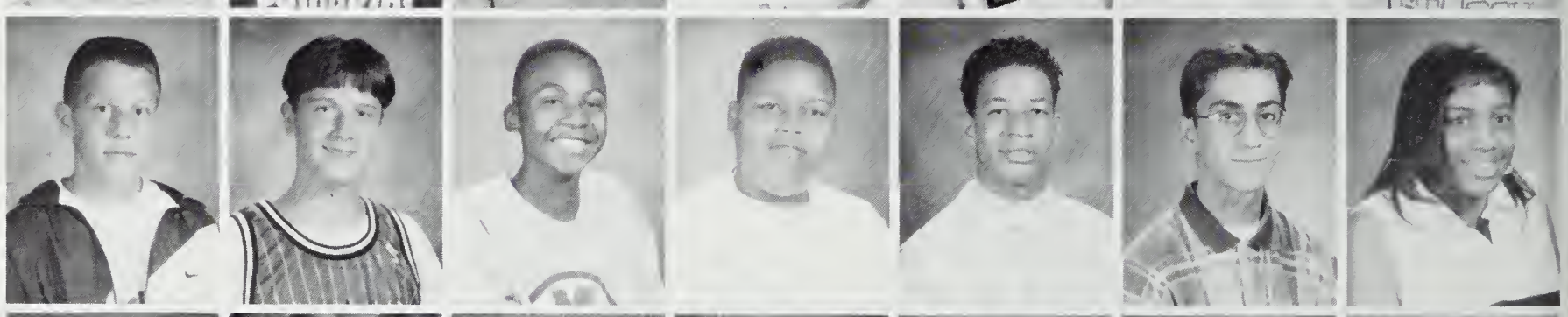


Jason Spring
Damien Stallworth
Kristen Stanford
David Stegon
Rowan Stevens
Chanita Stewart
Keyana Stewart
Darlene Stiles
Kristi Stillwagon



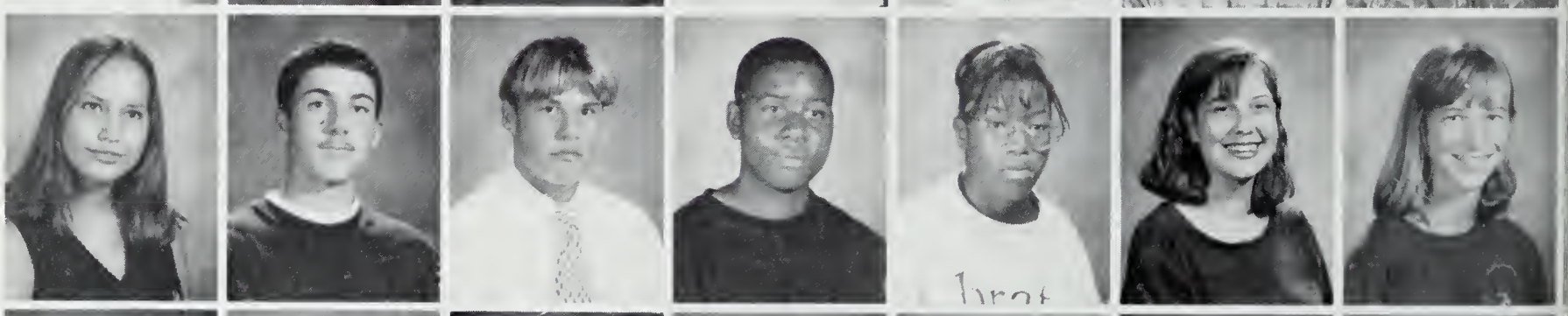
Robert Stokes
Caroline Stouffer
James Strait III
Karen Strobel
Nadine Struble
Jessie Sutherland
Brandon Sutphin
Kathryn Sutton
Ryan Swanson

Eric Swartz
Michael Swift
Terrance Sykes
Jarrett Tabb
Andre Tabron
Ahmad-Belal Tahir
Chenier Tarver
Kelli Tate
Corinna Taylor



Leigh Taylor
Maura Taylor
Sara Taylor
Sarah Taylor
Shalamar Teagle
Milton Telleria
Bobby Tenorio
Johnathan Tenorio
Bobbie Teniorio

Kimberly Terrell
Thomas Terrell
Stephen Thamm
Darrin Thomas
Camilla Thompson
Eva Thompson
Crystal Thurber
Jennifer Tilbury
Julie Tilbury



Tamika Timpson
Fred Tindall
Cesar Tobar
Sara Tobiasz
Nicholas Toda
Carolyn Todd
Steven Tolliffe
Tina To mak
Susan Tomlinson

crooked to straight, freshmen were braced against

Teeth Jewelry

toothpick in hand, freshman Charlie Walker attempted to pick out the ham and cheese sandwich still lodged in his braces. "I don't like wearing braces because I get food stuck in them all of the time. Sometimes I don't even know it's there until my one of my friends points it out to me." Walker said.

Mouth appliances required a good memory, and a sense of responsibility when worn. "I only have to wear my retainer at night until morning. I hate having it because I always forget either to wear it or where I last placed it. Then it hurts when I put it on because my teeth have moved," freshmen Jeremy Rosen said.

Dentists let patients choose from different designs on retainers. " I picked a pink one with glitter sparkles since it was my favorite color," freshmen Amanda Rosen said.

Freshmen had decorative retainers and exotic braces.

by Dawn Cleary

say cheese! Freshman Catherine Seguin laughs at one of her friend's jokes. The orthodontist put braces on Seguin to straighten her crooked teeth.

Carter Elmore

"I have a retainer with a picture of a black spider on it. I thought it looked cool from the other variety of pictures, so I chose that one."

Ryan Swanson - 9

Tony Nguyen

distracted by the grinding sound of his teeth, freshman Mike Scites tries to complete his test. Braces created bad habits to the point where flossing was not fun.

"I didn't do my homework one night, so I told my teacher that some gypsies stole it. She didn't buy it, and I got in a little trouble."

Mike Scites - 9

after completing her math homework, freshman Amanda Jacob picked up the remaining shreds of paper after her dog, Chaser, made a meal out of it.

Allison Sautkulis

when assignments were lost

freshmen created

Excuses, Excuses

When students did not turn in homework assignments, teachers gave them a zero in the grade book.

"where did it go?" freshman Chasity Hood said. After scrambling around before school, she still could not find the homework she had done the night before.

"Normally when I don't do my homework, or lose an assignment, I tell my teacher that either I left it at home or in my book on my desk. Most of the time they tell me to bring it in the next day," Hood said.

Other students who did not do an assignment did not give excuses. "I don't make up an excuse to tell my teachers. I just tell them I didn't write the assignment down so I didn't do it. Unfortunately that always gets me a zero in the book," freshman Damien Braxton said.

Coming up with believable excuses became habitual. "I just tell my teachers that I did it, but left it on the kitchen table," freshman Orville Uochulene said.

by Elizabeth Bowden

Melanie Topping
Jermonni Toulson
Melonie Tripp
Ivy Trohanov
Rebecca Trott
Vincent Turchiano
Erica Turner
Jermaine Turner
Kia Turner
Yolanda Turner

Kentia Tynes
James Tyson
Harlold Uceda
Luis Uceda
Ricardo Umana
Victor Umana
Sarah Unterseher
Freddy Vado
Vernicia Valenti
Matthew Vangjel

Amanda Vanhorn
Noe Vasquez
Victor Vasquez
John Veneziano
Richard Ventura
Rachael Viens
Christopher Villagomez
Jon Waggoner
Lawrance Wagner
Tabatha Waits

Keith Walker
Sean Walker
Steveon Walker
Stephen Wallace
Matthew Wallen
Jonathan Waller
Chi Wang
Lloyd Warren Jr.
Adam Watkins
Scott Watkins

Gregory Watson
Jacklyn Watts
Andrea Way
Andrew Weatherby
Ann Weaver
Franklin Weaver
Ward Weaver
Alicia Webb
Andrea Webster
Danielle Weinstein

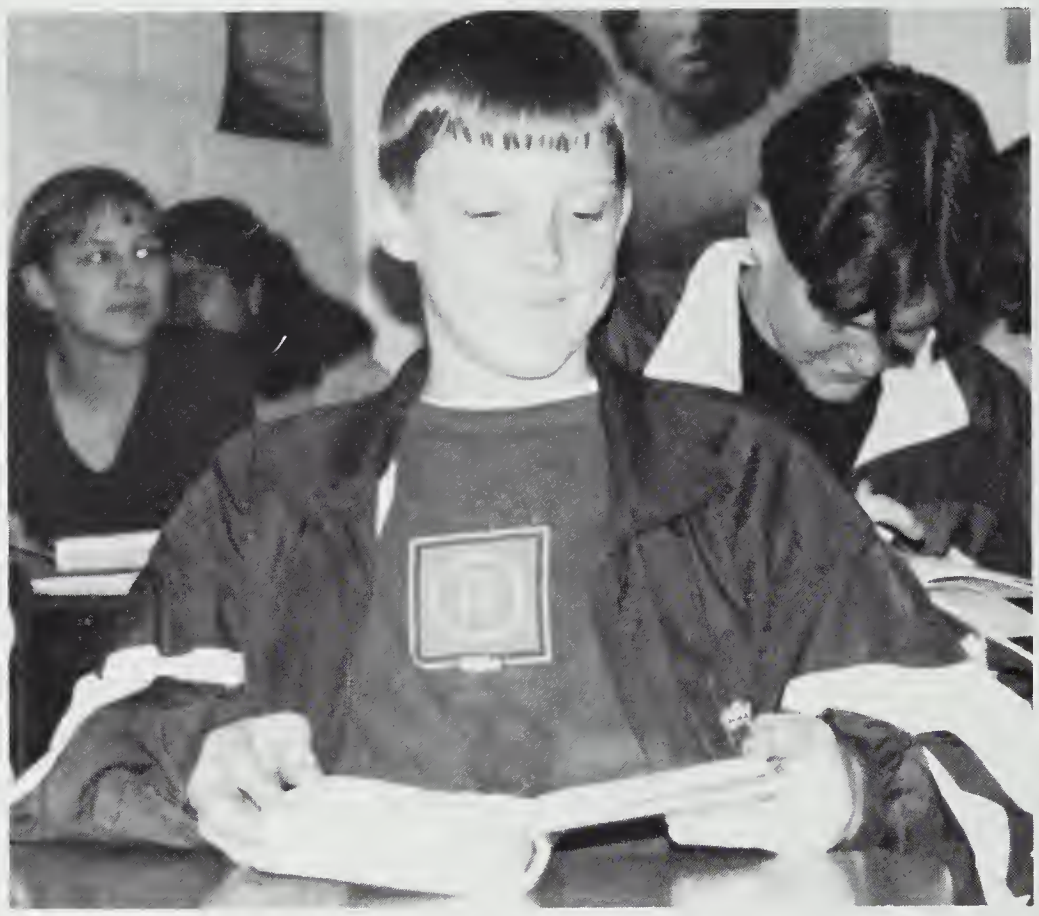
Michael Weinstein
Ian Weiser-McVeigh
Cara Wells
Zaria West
Jetuane White
Katherine White
Steven White
Eric Wilcox
Jarreau Wiles
Christina Wilhite

Jennifer Wilhite
Joshua Wilks
Andrea Williams
Dalecia Williams
Dustin Williams
Matthew Williams
Shelby Williams
Manuel Willis Jr.
Christina Wilson
Darryl Wilson

Devon Wilson
Marquis Wilson
Michael P. Wilson
Michael R. Wilson
Thomas Winbush
Amanda Winnik
Alison Winters
Bobby Womack
Justin Wood
Michael Woods

"My favorite shirt is one with a Calvin Klein logo on it. It's white, and really comfortable. I bought it at Macy's Department store."

Beth Nelson - 9



Carter Elmore

Mossimo! While sitting in Ms. Cunningham's second period English class, freshman John Gibbon wears his Mossimo tee shirt. Gibbons bought it at WaveDancer.

Carter Elmore

almost there! Freshman BJ. Bell raced to class to avoid being tardy. Bell wore a shirt from ddtp world, which not only had the logo on it, but also a graphic

seeking fashion and satisfaction

freshmen went on a Logo Craze

Aha! Here it is!' Freshman Glenn Prattfound his blue shirt with the Tommy Hilfiger emblem on it, he pulled it out of his closet and prepared himself for school.

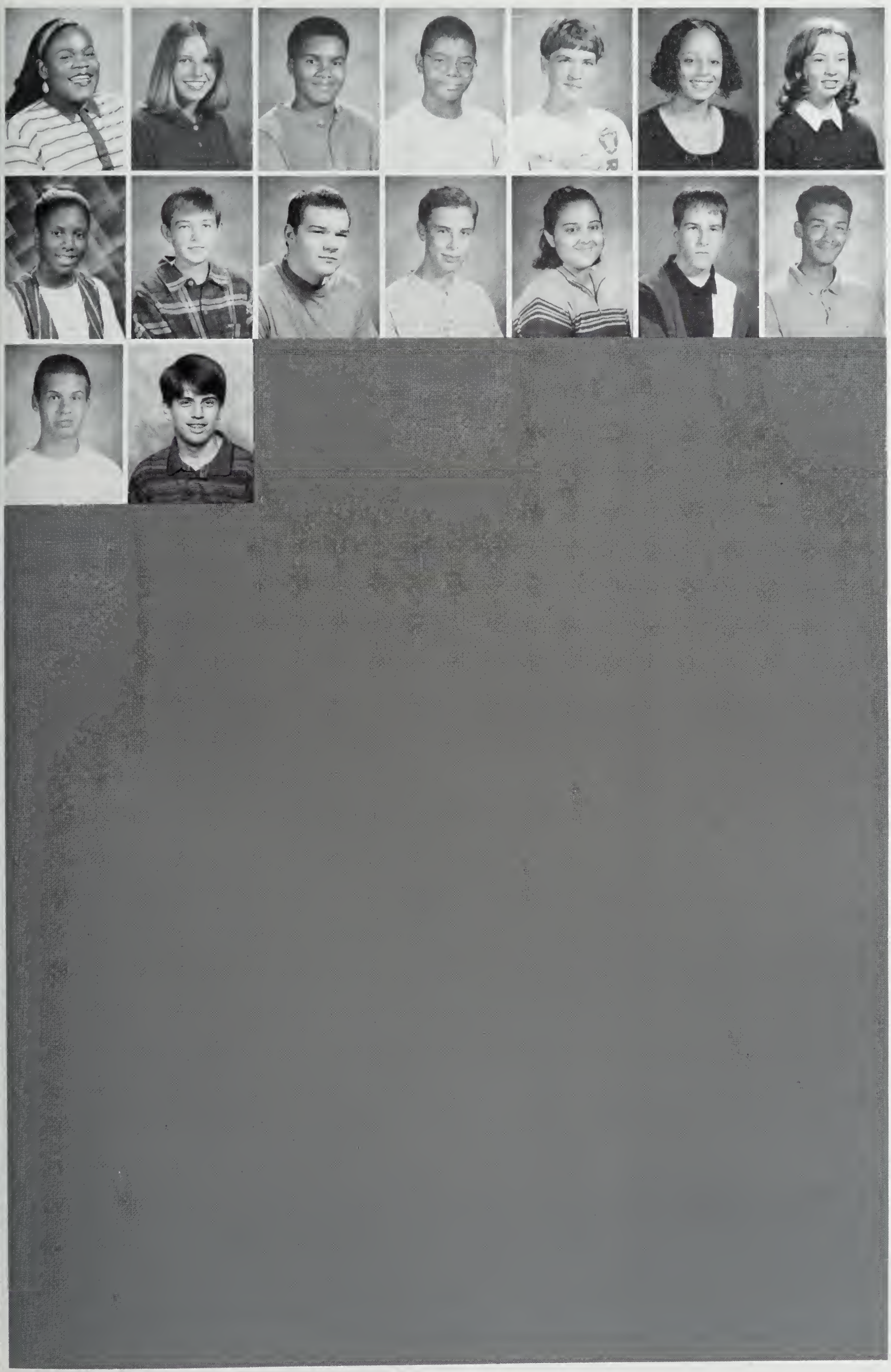
Freshmen chose whether or not to buy or wear clothes based on the logo the clothes bore. "I wear Tommy Hilfiger and Nautica. Those brands are very popular these days, they are just cool, so wear those brands," freshman Glenn Pratt said.

To show support for a cause that they believed in, freshmen wore shirts with logos supporting the belief.

"I would wear a shirt with a logo on it because I like to show that I support a cause. If I found a shirt with a logo on it that depicts Pro-Life, I would wear it," freshman Jennifer Saori said.

Logos on tee-shirts provided freshmen with the deciding factor of whether or not to buy or wear certain articles of clothing.

by DeAnna Thorstad and Katie McAllister



Brandon Woodson
Rebecca Woodson
Jasmin Woodward
Jessica Woolbright
Michael Worthington
Joseph Wright
Robert Wright Jr.
Navida Wrolstad
Andrea Wurster

Andrea Yarnell
Sheena Yehle
Shani Yelder
Christian Young
Ryan Young
Mark Yow II
Maryam Zaidi
Brian Zaiko
Jonan Zelaya

Maggie Zelaya
Mauro Zelaya
Joweph Zwlerzynski
Jesse Taylor

Tee-shirt logos

"homework for tonight will be..." English teacher Mr. Joe Potente calls the Parent-tel to inform students of the homework. The number was 497-8080.

Tony Nguyen

Carter Elmore

"let's take a looksee shall we? How about problems one through seventy-eight!" AP Physics teacher, Mr Cindric gave the homework assignments orally.

teachers left messages so students could dial the

Homework Hotline

"finish the territorial growth map for tonight's homework," Mrs. Beverly Ellis said just before hanging up the phone. Teachers left homework assignments on a recorded message system.

"I don't think the students actually use Parent-tel. I'm not sure how successful it is. I call and put assignments on a daily basis, but I don't know if students really use it," American Studies I teacher, Ellis said.

Teachers found it hard keeping up with the Parent-tel hotline, and keeping the homework up to date. "I have a hard time keeping up with the homework assignments everyday. I feel guilty if I don't leave the assignments. I worry a student won't get the asssignment," Spanish teacher Sra. Zayda McCorkle said.

Parent-tel aided absent students in staying current with the assignments that they missed. Parents could also leave messages on it

by Katie McAllister

Ms. Alvis
Ms. Bell
Mr. Bish
Mr. Bimber
Mr. Bergazzi
Ms. Blake
Ms. Bonat
Mr. Bond
Ms. Breland

Ms. Bryant-Kline
Ms. Bullard
Ms. Burda
Ms. Burdett
Ms. X. Burnley
Ms. Cahill
Ms. Carpenter
Mr. Carreiro
Ms. Catron

Mr. Chimento
Mr. Cindric
Ms. Clark
Ms. Cole
Ms. Collier
Ms. Cunningham
Mr. Deleonardis
Ms. Derrikson
Ms. Dickerson

Ms. DiCroce
Mr. Diggs
Ms. Dillon
Ms. Dorsey
Ms. Drammeh
Ms. Dunn
Ms. Ellis
Mr. Everton
Mr. Faust

Ms. Farmer
Mr. Forrest
Ms. Forrest-McLauren
Ms. Gaines
Mr. Gojekian
Ms. Gonzalez
Ms. Goode
Ms. Guillen
Ms. Hailey

Ms. Han
Ms. Hardebeck
Ms. Harmon
Mr. Hearne
Ms. Hicks
Mr. Hines
Mr. Horwatt
Ms. Hummel
Mr. Hurst

Ms. Hutchinson
Ms. A. Jackson
Ms. B. Jackson
Mr. Jarman
Ms. D. Jones
Mr. E. Jones
Ms. Kemp
Mr. Kemp
Mr. Kinney

Ms. Korgan
Ms. Krimmer
Ms. Kyle
Mr. Lanza
Mr. Lattalladi
Ms. Latham
Mr. Levin
Ms. Lee
Ms. Liers

Mr. Lilly
Mr. Little
Mr. Livingston
Ms. MacDonald
Mr. MacDonald
Mr. Madorma
Ms. Mahafkey
Ms. Mahmood
Mr. Main

Mr. Margheim
Mr. McAllister
Ms. McClelland
Ms. McCorkle
Ms. McDonald
Dr. McPherson
Ms. Mealiea
Mr. Medore
Ms. Meyerle

Ms. Miles
Mr. Miller
Ms. Mitchell
Ms. Moses
Mrs. D. Moulen
Mr. T. Moulen
Ms. Munnell
Ms. Myles
Ms. Neely

Ms. O'Farrell
Ms. Ohle
Mr. Pallo
Ms. Parker
Ms. Perkins
Mr. Petock
Mr. Piepke
Ms. Pierce
Ms. Pinckard

Mr. Pinion
Mr. Potente
Ms. Prevost
Ms. Raines
Ms. Reeves
Ms. Robinson
Mr. Rodgers
Mr. Rose
Mr. Ross

Ms. Saggers
Ms. Sample
Mr. Smith
Ms. Sparks-Brown
Ms. Speakes
Ms. Spellman
Ms. Spence
Ms. Spillman
Mr. Staunton

Ms. Stephens
Mr. Taylor
Ms. Thurner
Ms. Turner
Ms. Voehl
Ms. Vogt
Ms. Volzer
Ms. Warner
Ms. Webster

Ms. Whitham
Ms. Wild
Ms. Wittmann
Ms. Woodland
Ms. Zellers
Mr. Zographos
Ms. Zuniga
Mr. Zurko

with the aide of "Elmo," her overhead projector, Mme. Josephine Volzer teaches her 4th period French III class how to conjugate partir in the present tense.

Tony Nguyen

various teaching methods prove different folks have Diff'rent Strokes

the sound of a tape being put in a VCR and the opening music being played were the only noises heard in Mr. Bish's 20th century history class. Teachers used multimedia as an aide to their daily lessons.

"I like to incorporate students seeing history as it happened by using visual material as well as discussing it," Mr. Bish said.

Teachers encouraged interaction between students as a way to incorporate the lesson. "I try to get the students in my class involved in the making of descisions and to help guide them through conclusion so they can make up their own minds later on in life." Mr. James Bailey said.

Bailey encouraged students to form study groups to help prepare them for upcoming tests and exams.

Teachers designed methods which were best suited for classes that they taught.

by Katie McAllister and DeAnna Thorstad

Tony Nguyen

21y=x+5 Mr. Ed Deleonardis teaches his class how to solve an algebraic equation. Teachers used the chalkboards to illustrate complex problems for students.

Every day's like two on the 4 by 4. This same thought plagued the minds of students, teachers, and administrators alike. The school board introduced the block scheduling plan in 1995 but it was shot down by parents. When it was eventually put into action the schedule had students taking four classes each semester. A year's worth of curriculum was condensed to fit into five months.

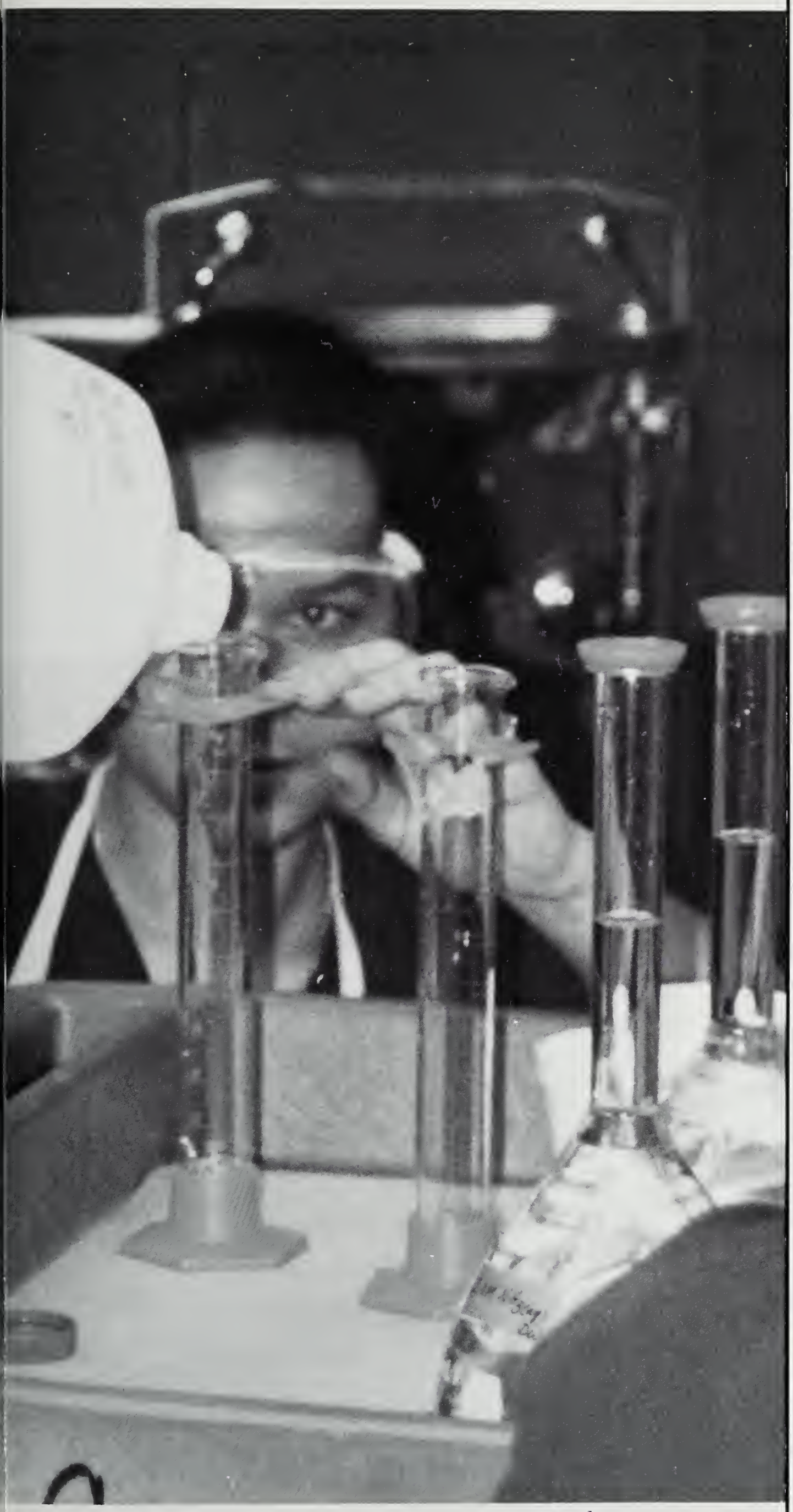
Teachers struggled to fill the 85 minutes of instructional time each day. Videos, presentations, and classwork became an everyday part of teaching. With the extended time students found they could begin their homework during class which allowed them to ask questions if they had them. This time was needed since students were left with two nights worth of homework every day.

The administration approved fewer field trips because the time missed was more valuable. The field trips that did pass the test included a French trip to the Phillips Collection, a Fashion Merchandising trip to New York City and a Drama trip to Arena Stage to see the Americanized version of Moliere's play *L'Avare*.

For safety reasons the entire building was re-keyed over the Winter Break. When teachers returned to finish the first semester they found themselves locked out of their rooms. On top of all that, they were also loaded down with **woodwork**

A calculated move. Paying careful attention to the height of the chemical in her graduated cylinder, senior Suzanne Stewart works on an experiment for AP Chemistry. Ms. Kathryn Voehl taught the course all year instead of conforming to the semester length dictated by the 4 by 4. Since the class lasted two semesters students had to reserve space for two classes in schedules instead of just one. AP Chemistry lasted all year but the students actually had to sign up for two different Chemistry courses, leaving them with four exams to take instead of two. The other AP courses were on an A/B block for the entire year. Students in these classes met every other day and took their midterm exams while the rest of the student body took finals.

Tony Nguyen



"Since we have more reading to do in less time I have to read the assigned books on the bus on the way to my job. My boss is nice and lets me read *Crime and Punishment* while I'm at work."

Victoria Leavelle - 12

Take it with a grain of salt

"I have OER because I've fulfilled my graduation requirements already. I stay at school though and help teachers run passes since I have football practice."

Cortez McNeil - 12

Divider

GET TO THE ROOT OF THE ISSUE

What was placed in the writing portfolios?

"I have five short stories and poems scattered in my portfolio." - **Tamarisk Cardwell - 11**

What was the most memorable presentation?

"We presented on *The Scarlet Letter* and dressed up as characters." - **Elizabeth Rivera - 11**

What was the most interesting play read?

"I liked *Julius Caesar*, when Brutus ran into a sword at the end." - **Ernest Bannister - 10**

Who was an admired teacher?

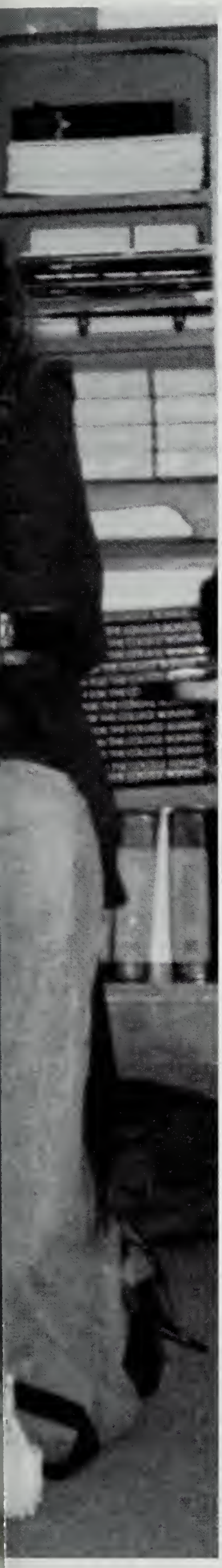
"Mrs. Drake makes everything interesting and is thorough in explaining."- **Eric Wilcox - 9**

Carter Elmore

this goes to that. Senior Meredith Trohanov works on her vocabulary assignment. Students used mnemonic devices to help remember words.

while waiting for Mrs. Eva Goode to begin *Farenheight 451*, sophomores Patrick Cox and Meghan McLauren review their notes.

Carter Elmore



TO BE OR NOT

English books *persuaded more* students *to sit down and* read *quietly*

With her book in hand, sophomore Tonya Nolan listened as Mrs. Eva Goode read aloud from *Growing Up* in her first period class. "Students and teachers get more time to discuss the different aspects of books in English under the new 4 by 4. We're also able to cover more under this curriculum," Nolan said.

Each grade level was required to read specific books. "I liked reading *The Catcher in the Rye* by J.D. Salinger. I think a lot of people identify with Holden because he has no patience for 'phonies' and is unsure of what to do with his life," junior Jennifer Sikorski said.

Students had to read novels, plays, poetry, and essays in English.

by Joy Vajirapinyo

"English is better this year because we have more time to become involved in what we're learning and understand it better."

Danielle Kanouse - 10

"Last year the classes were shorter and we had all year to do everything. Now we have to rush through the course."

Chris Phelps - 9

Iyana Tennon

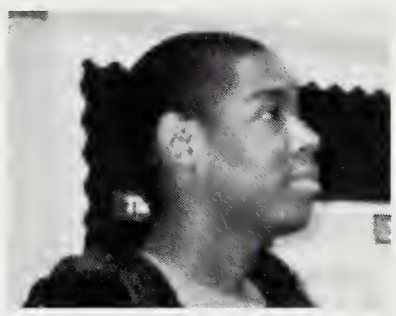
But soft! Freshmen Brandon Miller, Sarah Smith, and Mark Mostad discuss Shakespeare's *Romeo and Juliet* in Mrs. Cayhill's class.

HERS N' HISTORY

students *sat in class to* look *in their textbooks and* back *in time*

"I like my American Studies class because we team up with the English class next door and go on field trips together."

Tony Cantolupo - 11



"History is a class where you need to digest the material and with the limited amount of time I don't feel I've learned it."

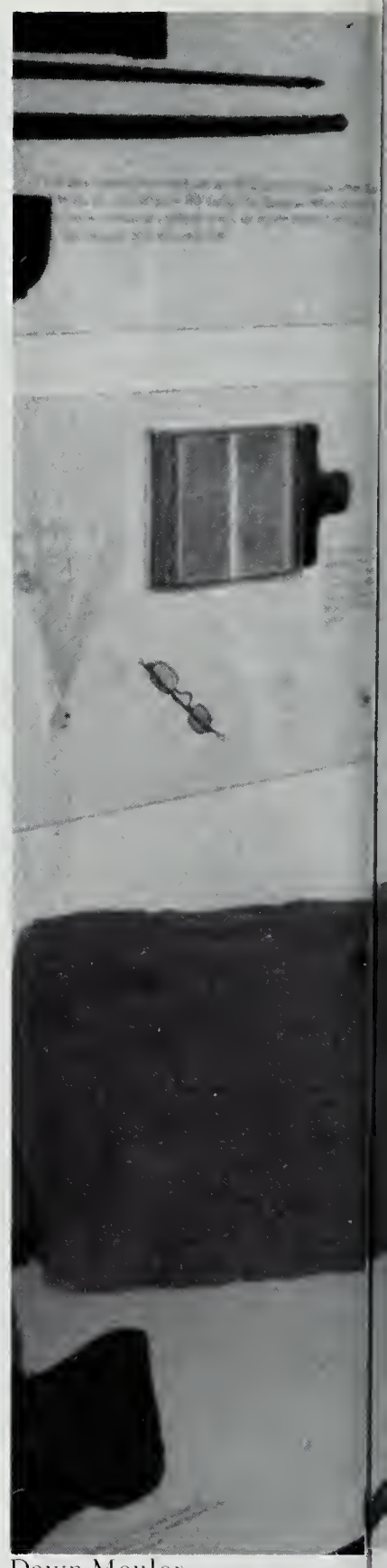
Terry Butler - 11

As he laid on his deathbed, junior Cecilia Riek leaned over junior Jimmy Johnson and told him that everything was going to be okay. This scene was depicted by a group of AP American History students who had been required to read *Uncle Tom's Cabin* and perform a skit of a melodramatic scene.

On Thursday, December 12, a survivor from the Holocaust came to talk to the 20th Century classes. "Instead of hearing about theHolocaust from textbooks, I actually had a first-hand account about what it was really like. The speaker made it personal," senior Matt Krycinski said.

History was a required course for freshmen, juniors and seniors.

by Katie McAllister and Cecilia Riek



Dawn Mouler

"I like the Civil War because it was a great turn in the history of our nation. Our field trips to Manassas made it interesting."

Doug Johnson - 11

While at theBull Run Battlefield juniors Jen Patullo, Kristen Ambrey, Vivian Vargas, and Meghan Smith take a break to eat lunch.

Dawn Mouler

Which is which? Junior Tony Bertrand looks at artillery from the Civil War. Bertrand had to do an assignment at the museum.

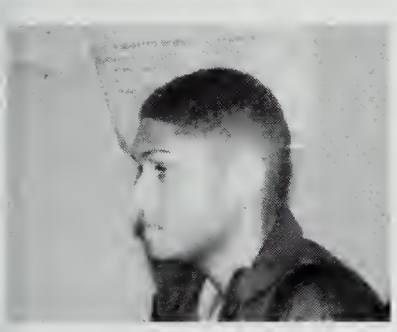
BRANCHING OUT

Most Interesting Period?
63% 20th CENTURY
22% 18th CENTURY
15% CIVIL WAR

Current Events v. History?
58% HISTORY
42% CURRENT

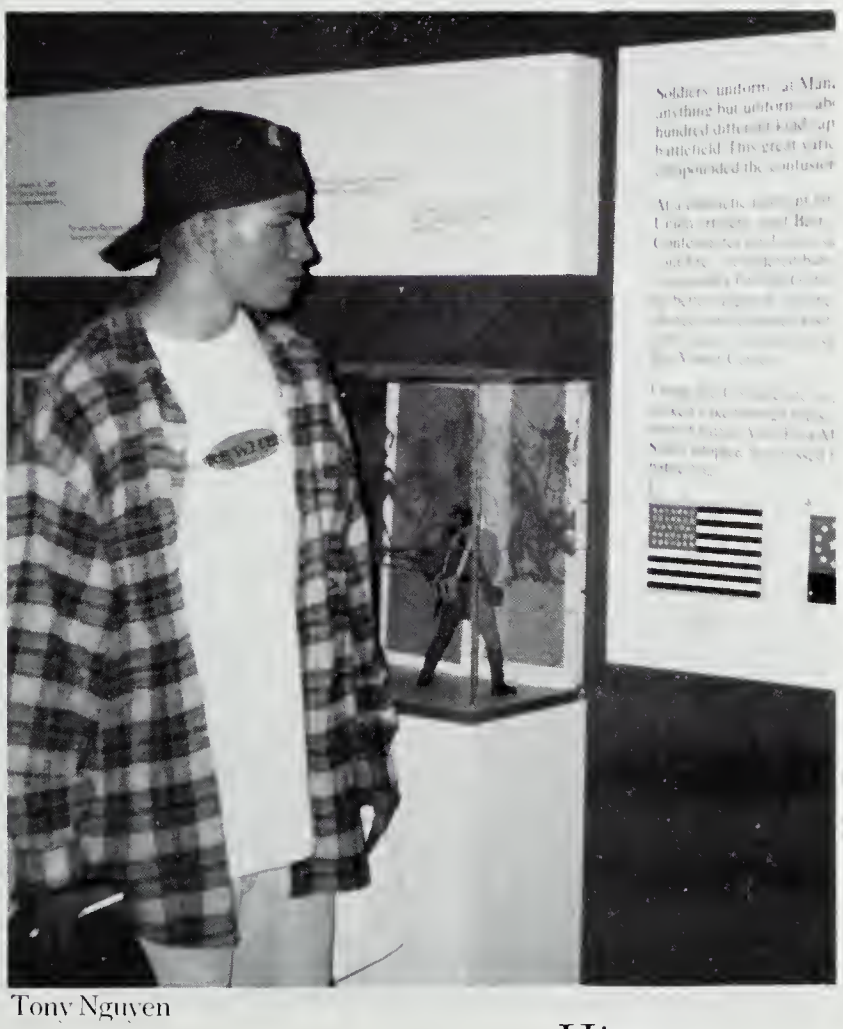
Were Newspapers Read On a Daily Basis?
74% NO
26% YES

Were Speeches Memorized for Extra Credit?
53% YES
47% NO



"Last year my teacher recommended me for AP Government. I decided to take it because it looks good on college applications."

Jerry Rosemin - 12



Tony Nguyen

Marian Gryder

Bang! Bang! Junior Jon Ferris reads a sign on the wall about the uniforms and flags of the Civil War. He took a field trip to Manassas.

As her class listens to her lecture about the upcoming presentations on current events, Mrs. Mary Sample explains the requirements.

In her fourth period Calculus BC class, senior Sarah Van-Winkle works on an equation. Calculus BC covered a full year of college Calculus.

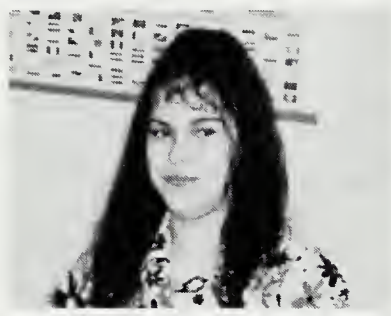
WOOD CHIPS

- Math League was a thirty minute test that took place second period. It consisted of six problems.

- Calculators ranged from three to 100 dollars. Graphing calculators were required for Alg II to Calculus.

"I think Math is a good class on the 4 by 4. There is time for the teacher to explain things and to start on homework."

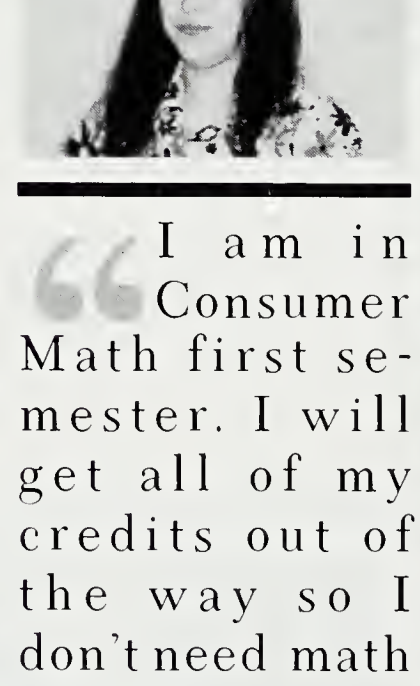
Sara Fram - 10



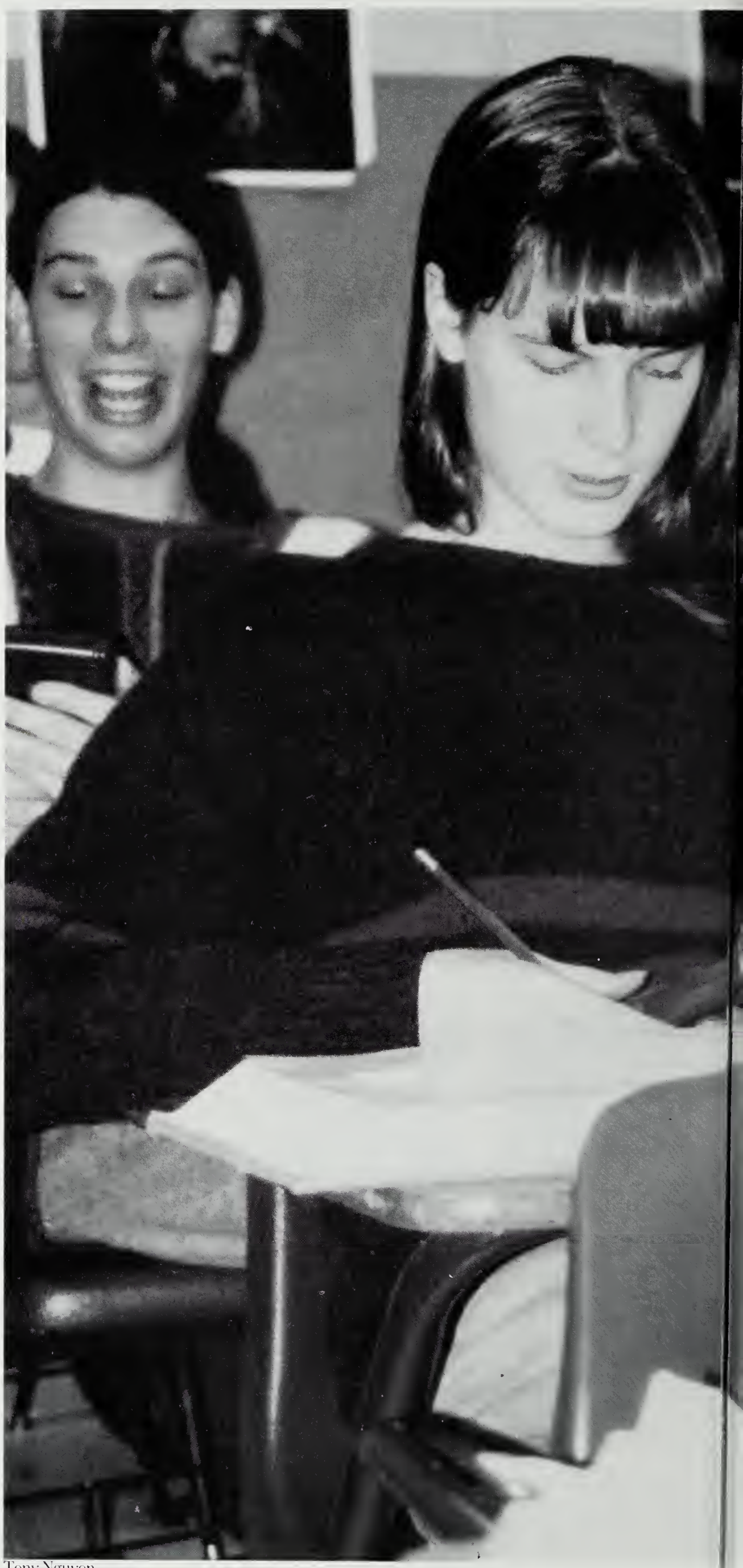
"I am in Consumer Math first semester. I will get all of my credits out of the way so I don't need math next semester."

Sandra Villatoro - 12

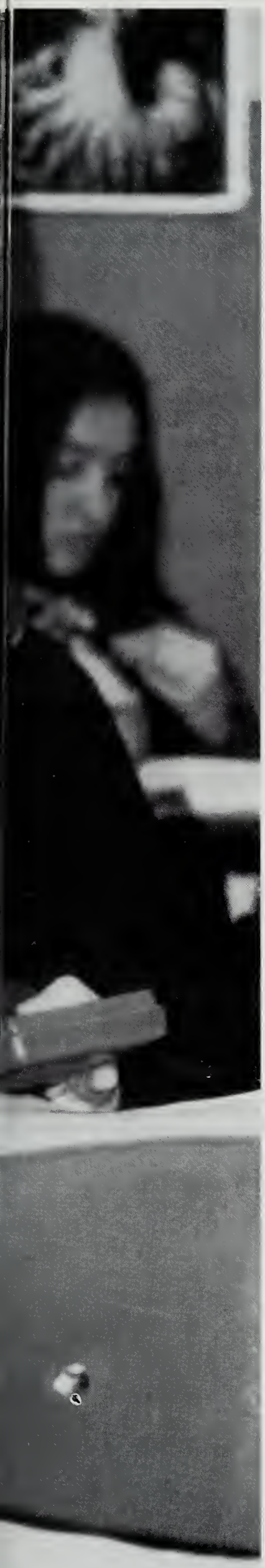
To find an answer to a definite integral problem, junior Bo Young uses his TI-83 graphing calculator. TI-83s ranged from 80 to 90 dollars.

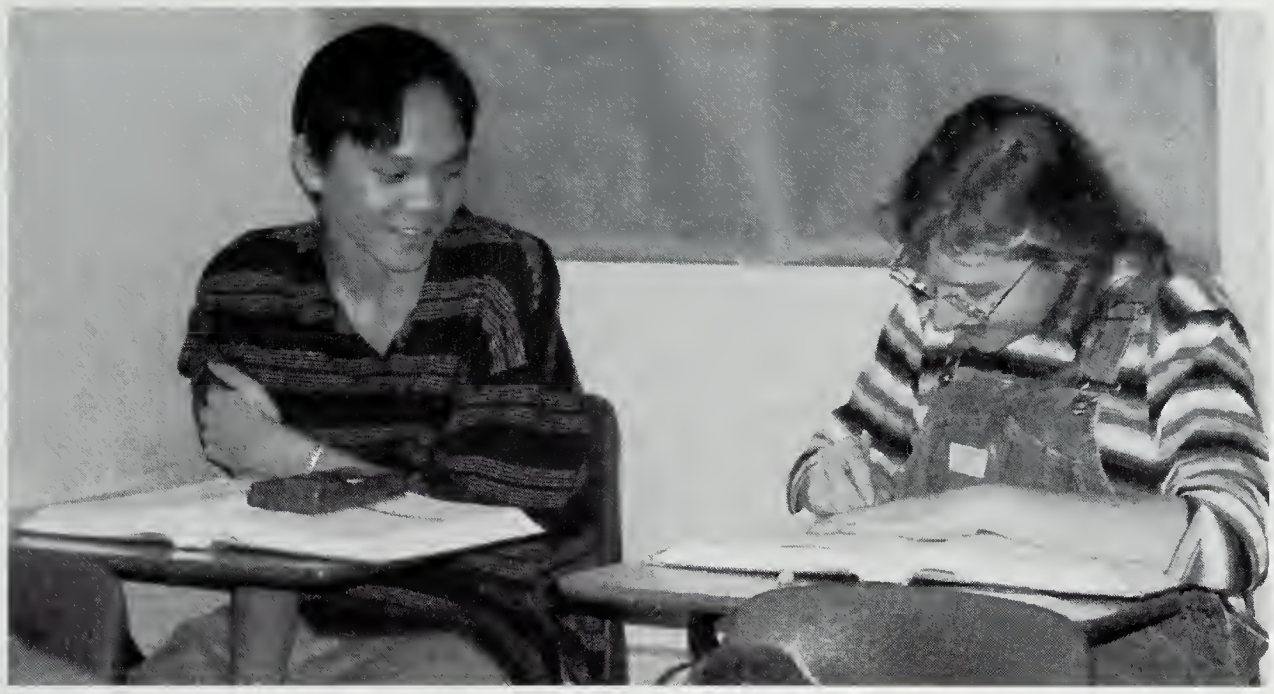


Tony Nguyen



Tony Nguyen





Tony Nguyen

two minds are better than one. Junior Dean Luckittaro and senior Katie Woodside worked on a problem from their Calculus BC homework.

NUMBER CRUNCH

check *with the back of the book for the correct odd* answers

As she stared blankly at the Quadradic Formula on the board, sophomore Heather Leiby tried to remember what a, b, and c represented.

"With 4 by 4, it's hard to learn a lot of math in one day. If you don't understand the first section, then you have to move on to the next section without grasping all the concepts," Leiby said. Longer classes made students learn twice the information in one day.

With block scheduling, students could take more than one math class a year. "I'm taking Geometry now and Algebra II next semester. That way I get all of my math requirements out of the way this year," junior Sean Azzarano said.

by Libby Sova

Tony Nguyen

In Algebra II/Trigonometry, sophomore Katherine Ward graphed a hyperbola. Alg II/Trig students were required to take the class all year.

ENLIGHTENMENT

“I want to learn more about geological times and astronomy because of all the endless information that they contain.”

Tiffany Jones - 9

“I'm starting out in Biology this year, but I am not looking forward to dissecting the fetal pig towards the end of the year.”

Kristen Schaer- 9

Tony Nguyen

It's electric! Senior Nicole Whitfield demonstrates static fields in AP Physics by using the Van de Graff electrostatic generator.

Science *classes evolved through star gazing* **and** *through animal* **dissections**

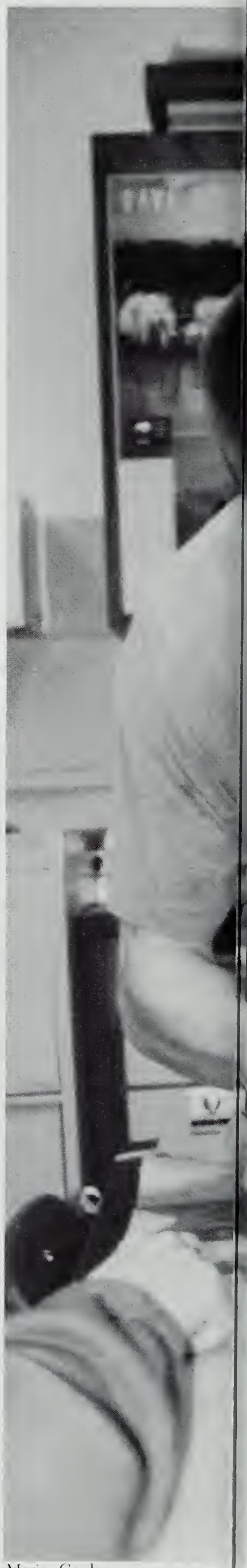
Starlight, starbright, the first star I see tonight...senior Allen Pedigo rehearsed as he gazed through his telescope at dusk. He spotted the first star twinkling in the sky.

“I take my telescope outside to look at the stars and the moon. I like astronomy because no one really knows what is out there, so I wonder about it,” Pedigo said.

Not only a hobby, science influenced students' college plans. “In college I want to take Genetics. I want to be a scientist who studies genes and helps children overcome the hardship of Downs Syndrome,” senior Nicole McMonigle said.

Science gave students a field of opportunities to choose from.

by Dawn Cleary



Marian Gryder

WOODN'T YOU LIKE TO KNOW...

What animals were kept in classrooms?

"I have two albino gerbils in my classroom. A student offered them to me, like most of my animals have been ." **-Ms.Lori O'Farrell**

What dissections were conducted?

"I sliced through a vessel of a fish and some acid juice shot out of it." **- Paul Smart - 12**

What labs were held in classes?

"The best lab was when we went on the football field and fired potato guns!" **-Chris Davis- 12**

"Our first lab was to test some chemicals on a styrofoam peanut, then predict and record its reaction." **-Sabrina Bielfeld -10**

Marian Gryder

right down the middle. Seniors Chris Clay and Brian Blackburn begin an incision into the cat as part of their lab in Biology II class.

it's like this, see... Chemistry teacher Mrs. Susan Mealiea helps her students solve equations for data charts after completing a lab.

Catch some Z's. After sitting in his fourth period Drama class for one hour and 20 minutes, junior Keith Bevins grabs a moment's rest.

Tony Nguyen

BLOCK PARTIES

four *classes were completed* by *January; February had another* four

Marian Gryder

You are getting very sleepy. Sophomore Courtney Bailey struggles to stay awake after sitting still for the lengthened amount of time.

As the bell sounded throughout the hall to end third period, freshman Chris Fewell walked to his fourth period class, trying to wake up after sitting still for an hour and twenty minutes.

"The 4 by 4 classes are so dragged out. In class with a boring teacher, I can't keep my eyes open. It affects me all day," Fewell said.

If a student missed one day of school there was the equivalent of two days to make-up. " I was absent for two days in a row and it took forever to finish the work,"freshman Scott Gotherman said.

School began five minutes earlier than in previous years, and students were released two minutes earlier.

by Sarah Bruns

Tony Nguyen

When push comes to shove. Sophomore Katie Stanley uses the extra time between classes to battle her way through the crowded halls.

WOOD CHIPS

- Courses that had to be taken for two periods with previous schedules had to be taken both semesters under the 4 by 4.

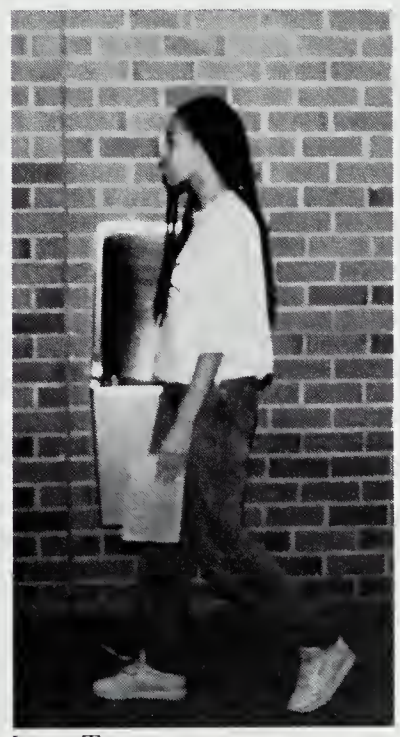
- Group activities and video watching were tactics employed by teachers to keep students focused during the extended periods.

"I have more time to spend in TV Productions. Class is third period, but I'm an aid fourth, so I work for an extra hour."

David McPhillips -12

"I get more homework because of 4by4. We get two nights of homework in one night, because everything counts double."

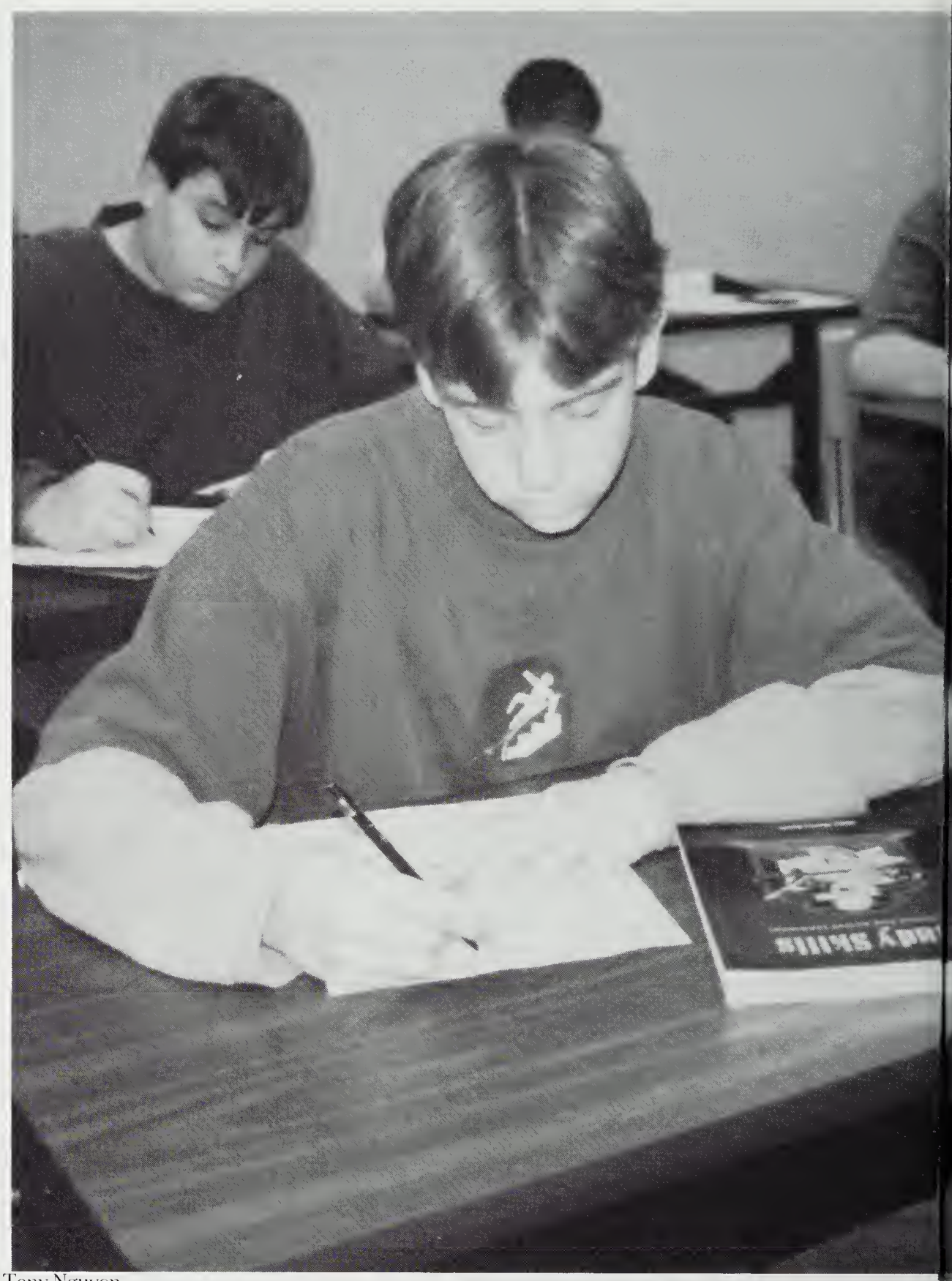
Stacey Smith-9



Iyana Tennon

any excuse to leave class. Sophomore Querida Delgado uses the new red hall pass to go get a drink of water outside of the Social Studies pod.

in order to develop better study habits, freshman Jeremy Hinkle tutors himself during his fourth period Freshman Seminar class.



Tony Nguyen

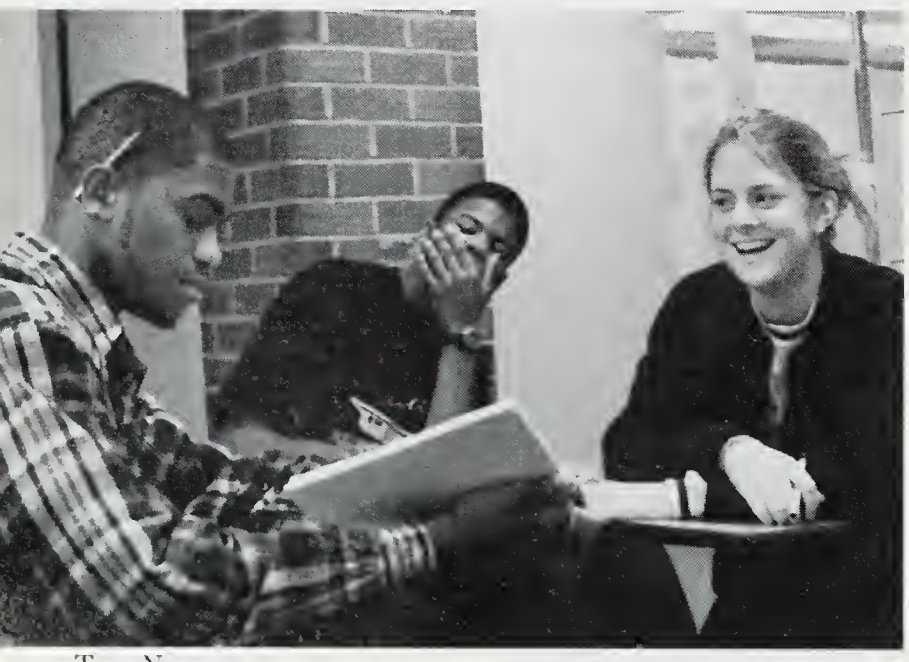
GET TO THE ROOT OF THE ISSUE

Did tutors prefer to be paid or to volunteer?
81% VOLUNTEER
19% PAID

Did students attend after school tutorials?
57% NO
43% YES

How many students acted as tutors?
61% DID
39% DID NOT

Did tutors prefer elementary or high school students?
70% ELEMENTARY
30% HIGH SCHOOL



Tony Nguyen

With a smile, junior Shea Northup, a member of the Spanish Honor Society, helps juniors Carl Drummond and Nick Clay study for a test.

for that extra help in studying Spanish, junior Sean Azzarano uses a special study program on his personal computer at his house.

Allison Sautkulis

"I like sharing my knowledge with someone eager to learn. The experience is more rewarding than the money I am paid."

Tom Shin - 12

BRAIN FREEZE

As senior Chris Tyndall left Lake Ridge Middle School, where he tutored, he thought of the progress that his group was making. Along with a sense of accomplishment, tutoring offered the chance to earn money if the person being tutored did not attend high school.

"I teach the trumpet. I would do it for free because it's fun seeing them progress. Watching their improvement gives me a real sense of satisfaction," Tyndall said.

Societies such as Spanish and French were required to tutor five times per year to earn a chord, while National Honor Society members tutored for free and and were not awarded chords for their efforts.

by Jenny Williamson

knowledge *to be shared by tutors* **was** *an endless source of mental* **power**

"Being tutored has helped me a lot, especially in math. I'm lucky to have had a teacher that offers extra help after school."

Jonathan Williamson - 10

"When people come in with packets in a foreign language, I make up instructions and laugh at them at home."

Mike Milliken - 12

"People should take advantage of honor societies that tutor. No one ever shows up, and I end up grading papers."

Lindsay Northup - 12

Marian Gryder

While waiting for first period to end, senior Christina Bihun discusses voice with Ms. Erin Breland. Breland taught lessons at Music & Arts.

BRANCHING OUT

Was it strange being taught by a high schooler?
"No, my senior teacher was really nice and understood my class."
- **Valerie Feldman - 9**

Was anything learned during senior teaching?
"Our senior teacher knew and cared about what he was teaching us." - **Amy Cyphers - 11**

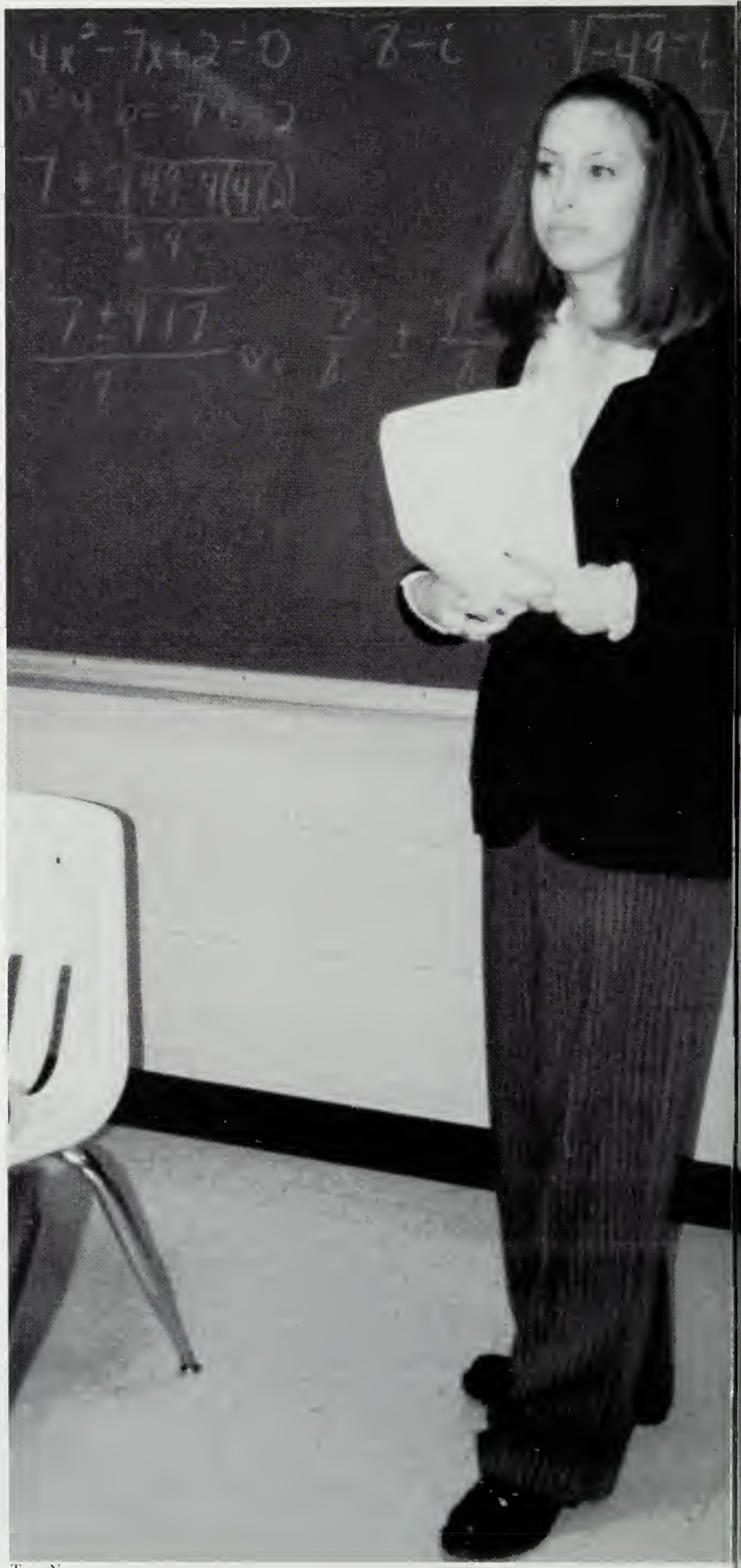
What kind of preparation was done to teach?
"I bought a bag of Blow Pops to give to the kids if they participated."- **George Flynn - 12**

How was the subject to teach decided upon?
"I was given extra credit for teaching Sra. Kyle's Spanish II class." - **Morgan Lynn - 12**

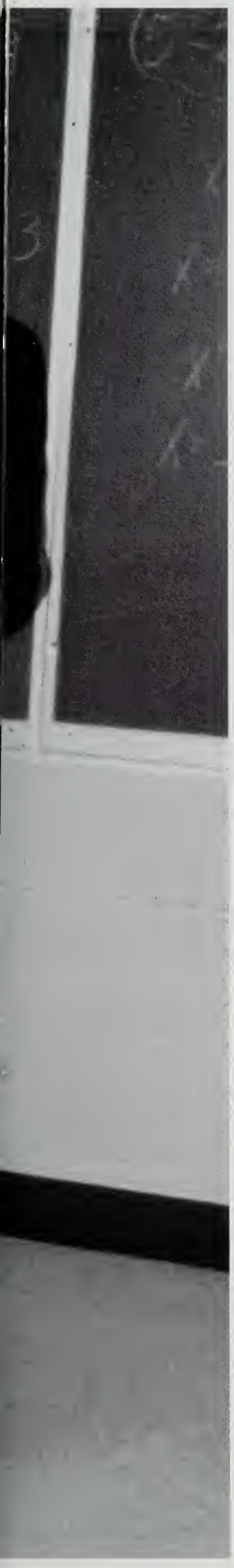
Tony Nguyen

"Oui, monsieur?" Senior Ruth Wilshere calls on students during class. Wilshire taught Mrs. Josephine Volzer's fourth period class.

imaginary numbers are real. Senior Sarah Palmer senior teaches quadratic equations and formulas to her Math students in the Senior



Tony Nguyen



TEACHERS' PETS

filled *with skills, seniors replaced* their *teachers and did the* job

"I have always respected teachers because I know how much stuff teachers have to put up with from some students."

Tad Sutton - 12

"I decided to senior teach because I want to be a teacher. This is a good chance to see if it's really the right career for me."

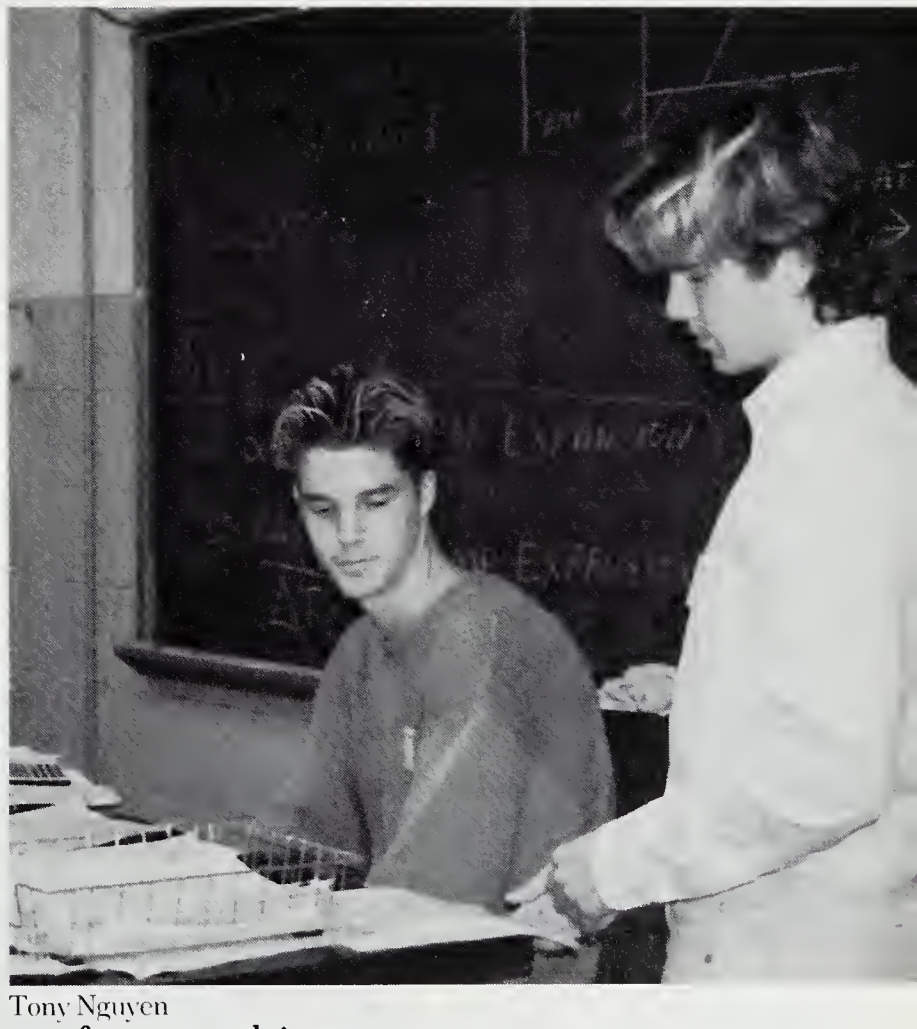
Erica Selavka -12

"Good morning class, I'm your senior teacher," senior Sara Roach said as she looked at the faces of Mr. James Bailey's third period AP American History class. "I prepared for senior teaching by looking at the chapter the class was studying. I took notes for the chapter. Then I designed an activity for the class and prepared a quiz," Roach said.

Senior teachers taught classes the two days before Fall Break. "At first it was kind of hard getting used to being taught in a different style, but it was good to have a change of pace," junior Carrie Holder said.

Senior teaching provided a break from the normal school routine for seniors and underclassmen.

by Meggan Curtin



Tony Nguyen

after teaching a lesson to Mrs. Sandy Bullard's Physics I class, seniors Chris Davis and Doug Windland assign worksheets.

EASY AS ABC

back *to the drawing board in order* to learn all the basics *of study*

A class specializing in teaching students how to learn, Freshman Seminar taught the basics in reading, note taking, and study skills.

Freshman Seminar was mandatory for incoming freshmen. "I like the class. It is easy and there is hardly any homework. I now take better notes than I used to. It should be an elective, though, not mandatory," freshman Terry Burton said.

Note taking skills, such as the Cornell Method and Superwrite, a type of shorthand, were taught. "Superwrite helps cut down on notes. I can write quicker and use less paper. I can also concentrate more on what the teacher is saying," freshman Serrita Dumas said.

by Libby Sova

"One thing we learn in class is the Cornell Method. It is a shorter way of taking notes that helps cut down on time."

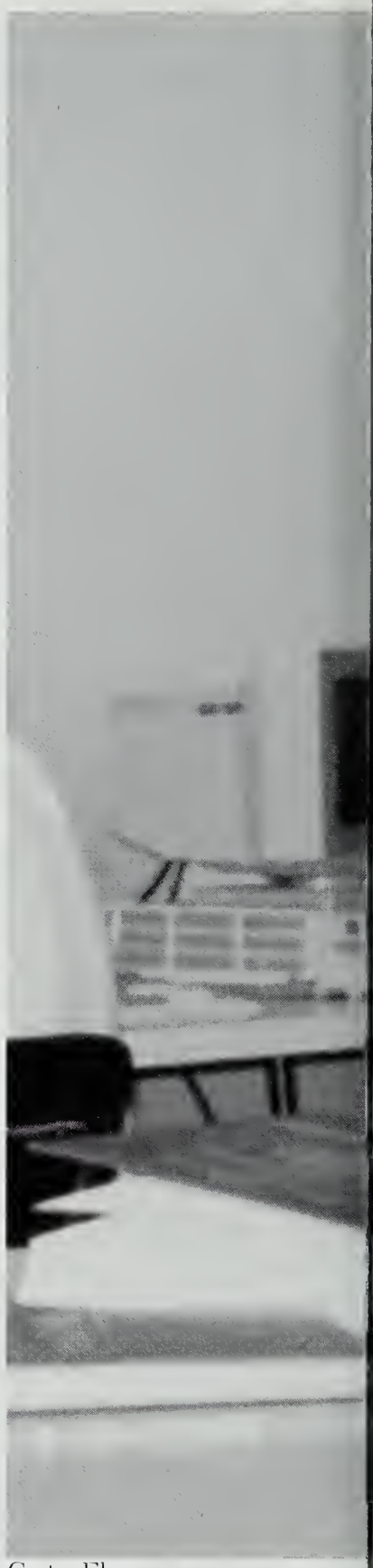
Bobby Tenorio - 9

"Most of the kids don't care about studying, so the class is basically pointless to them. It only helps those who care."

Shea Simpson - 9

With her head down, freshman Barbara Bowyer continues with her test. Students were tested on the skills they were taught in class.

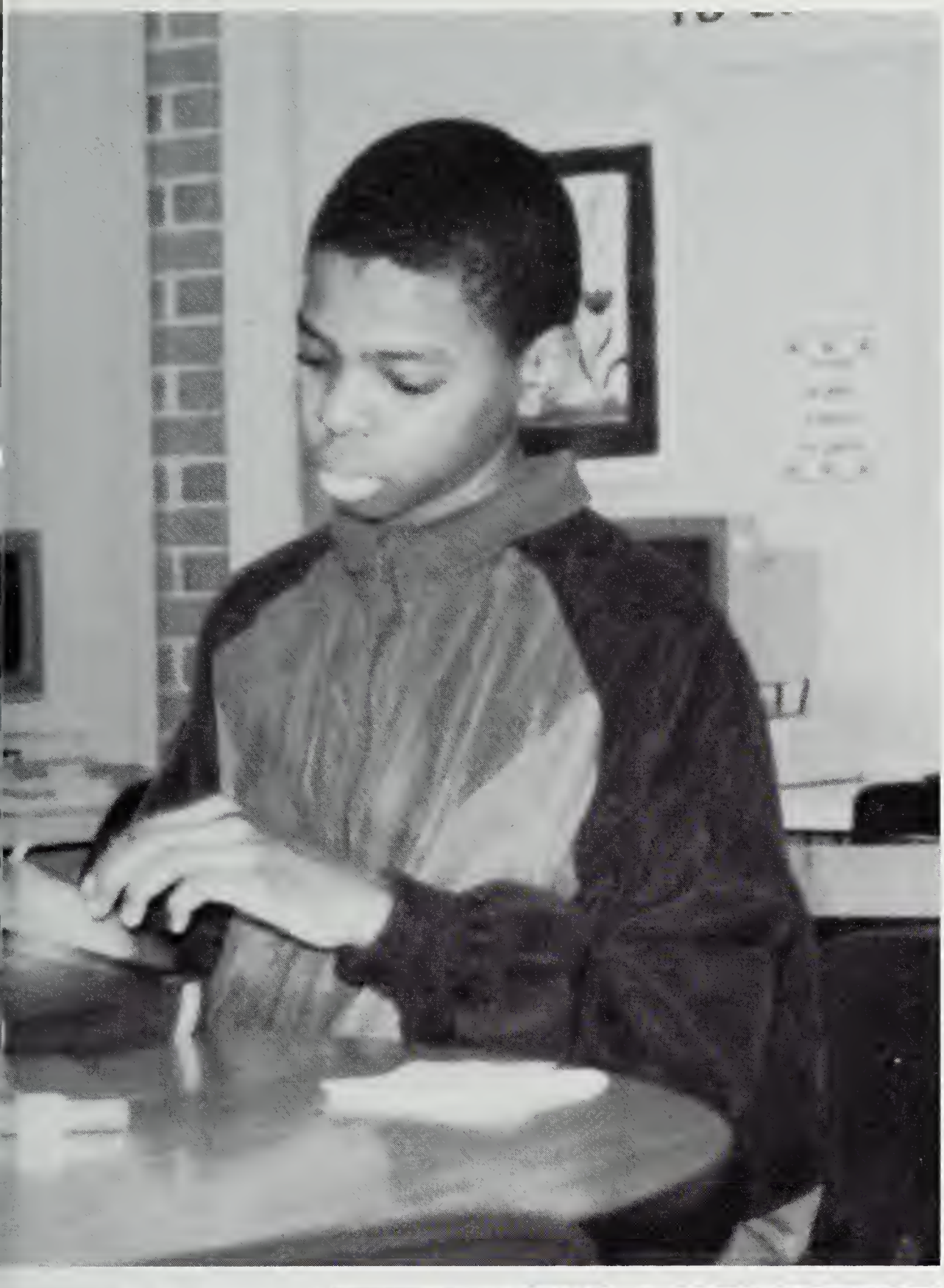
Allison Sautkulis



Carter Elmore

"I haven't learned anything useful. I wanted to take TV Productions, but instead I have to take Freshman Seminar."

Aaron Spicer - 9



after he finished his computer work, freshman Alphonso Roper did last-minute studying. He used the extra time to finish schoolwork.

GET TO THE ROOT OF THE ISSUE

Were study skills learned?
59% NO
41% YES

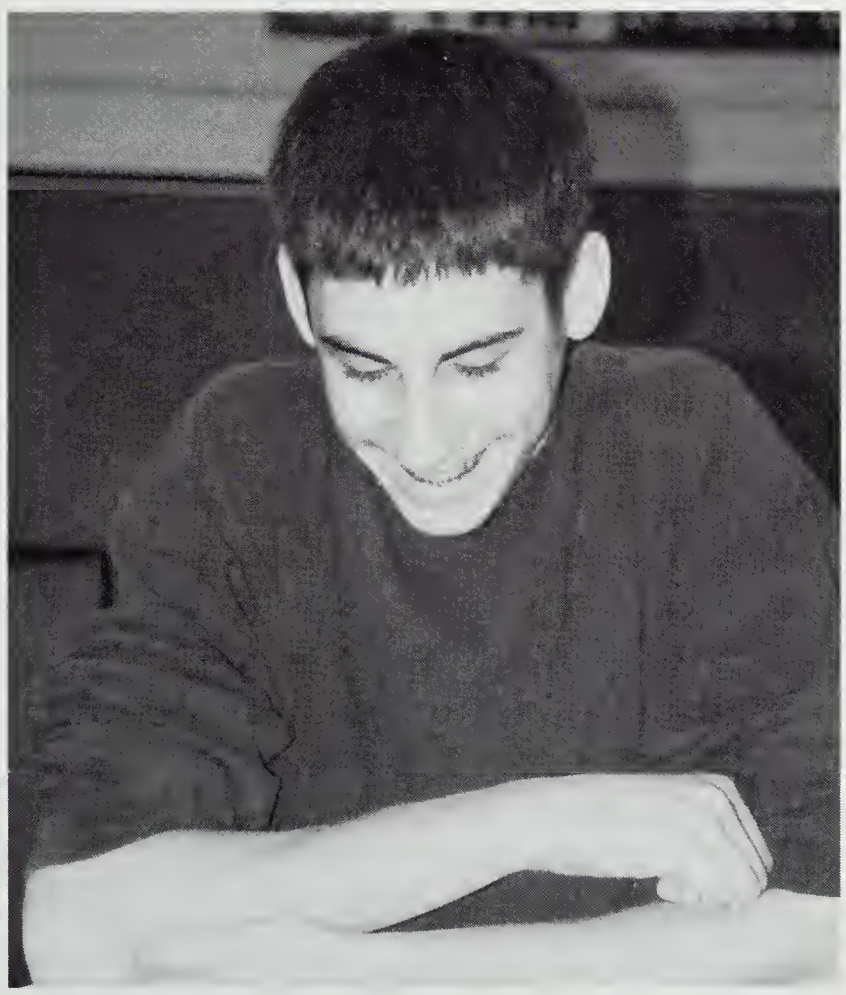
Were skills applied to other classes?
67% NO
33% YES

Was requirement to take the class a good idea?
72% BAD IDEA
28% GOOD IDEA

If it were an elective, would the class have been taken?
92% NO
8%YES

"Superwrite takes less time to write instead of plain English. It lets you concentrate on what they're saying, not what you're writing."

Dianne Salazar - 9



Tony Nguyen

Allison Sautkulis

to prepare for the rest of his classes, freshman Eric Rice reads up on note taking skills. Study habits were used throughout high school.

shock sets in as freshman Lance Urban checks the assignments in his planner. Freshman planners kept assignments organized.

SUMMER BLUES

"We had to read two books from a list. I chose to read *My Name is Davey, I'm an Alcoholic.* We also had to write an essay."

Catherine Olszyk - 10

"I had a summer reading list that included the Bible. I had to do a report. I think it will help a little that I read the books."

Ali Turabie - 10

Marian Gryder

Up against the wall during A Lunch, senior Chris Saggers catches up on his summer reading assignments that he did not do over the summer.

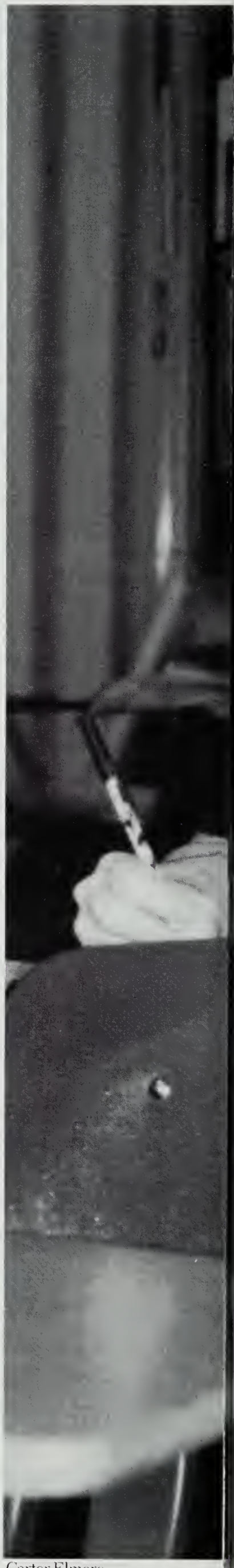
endless *nights spent doing* homework *were due to summer* assignments

With another school year behind them, students had a summer of required reading to occupy their time. "I read *Of Mice and Men* in class, so it helped that I read it over the summer. I could just skim the second time," junior Ellen Stevens said. Students were given a list of books and had to select one.

Summer reading assignments for accelerated, Honors, and AP courses occupied time over vacation. "Summer reading was so overwhelming that my summer was hardly enjoyable. When I actually had free time, I had to pick up one of my books," junior Melissa Ritenour said.

The amount of reading given by teachers depended on the class level.

by Kimmy Reese



Carter Elmore

BRANCHING OUT

What were the reactions to summer work?

"I don't think we should have homework over the summer. It's our vacation." - **Paul Lake - 10**

When was it worked on during the summer?

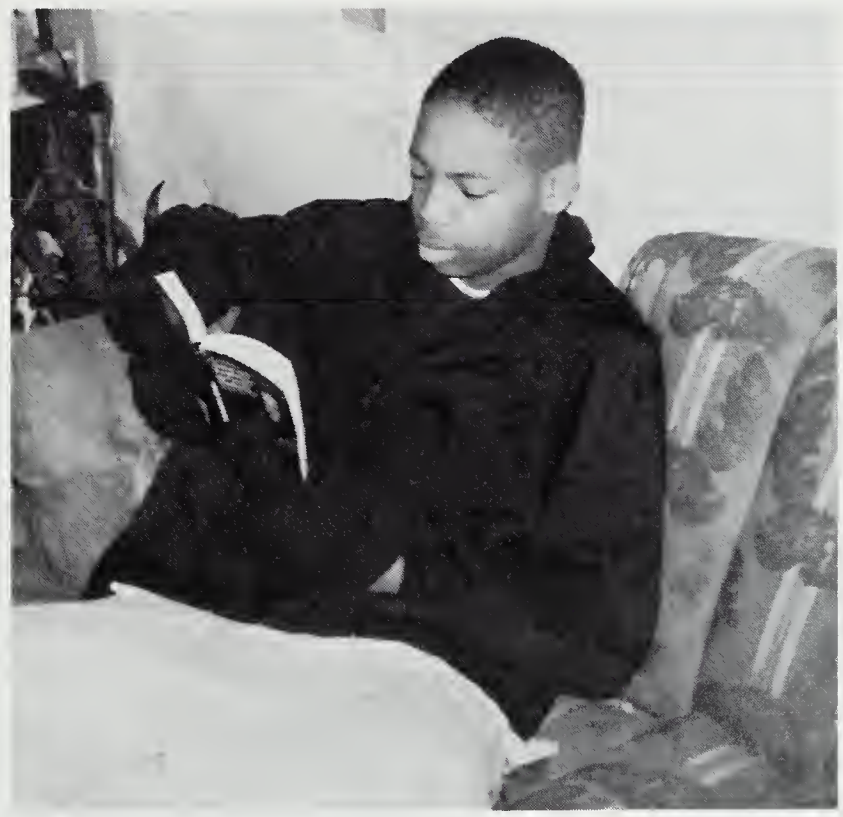
"I didn't go anywhere this summer, so I started work around the end of June." - **Baisakhi Roy - 11**

Were the assignments completed?

"I had to read a book, but I didn't because I have English second term." - **Mary McWilliams - 11**

What homework did you have other than reading?

"I had a huge book list for AP English, and I had to write an essay on hell." - **Sara Carr - 12**



Carter Elmore

With her summer assignment on her desk, sophomore Bethany Piazza listens to a lesson while taking notes on *Farenheit 451.*

With his winter coat and gloves on, sophomore Leon Ellis sits on his couch after school to review his summer reading assignment.

the hunt is on. Junior Jill Camuti and her mother walk around the school during orientation, discussing possible military futures.

Marian Gryder

JOB HUNTING

students *faced up to their persistent* **need** *for money and went to* **apply**

Students pondered what to do with their lives as "the real world" neared with graduation.

High school courses offered insight into a variety of career options. "I want to be an aeronautical engineer. I learned about what they do in Engineering class and it sounds extremely interesting," senior Jon Salisbury said.

Students had an idea of a career they wanted to pursue in the future. "I like to work with kids. I babysit all of the time and I have a ton of fun, so I want to be a teacher," sophomore Misty Keever said.

The Career Center had recourses available for students to research perspective careers with.

by Melissa Derr

Tony Nguyen

While browsing through the Career Center after school, senior Netosha Wilson pauses to look at files containing career descriptions.

Iyana Tennon

In hope of becoming a hair dresser, senior Candess Ware shampoos customers' hair at Sandra's Hair Gallery every Saturday morning.

WOOD CHIPS

• There were a variety of options available in the Career Center. Items included software, books, pamphlets, and magazines.

•Popular career choices made by students included lawyers, doctors, athletes, accountants, musicans, and computer technicians.

"Right after high school I want to play professional baseball. Then later I will go to college in case I can't play ball anymore."

David Sigmund - 11

"I don't really know what I want to do for a living, but I do not want to attend any more school for a very long time."

Sean Lyng - 11

Carter Elmore

During D lunch in the Career Center, junior Gilbert Apacible researches various magazines about his career choice, the Navy.

BRANCHING OUT

How were electives selected by students?

"Keyboarding Applications will be helpful if my job uses computers." - **Patricia Dooley - 10**

"Students in TV Productions came and talked to us. I now take Exploring TV and the rest of my friends are in Keyboarding."
-Patricia Bing-Grant - 9

What projects were done in electives?

"In Fashion Merchandising we do creative projects like the fashion show." **- Liz Jones- 12**

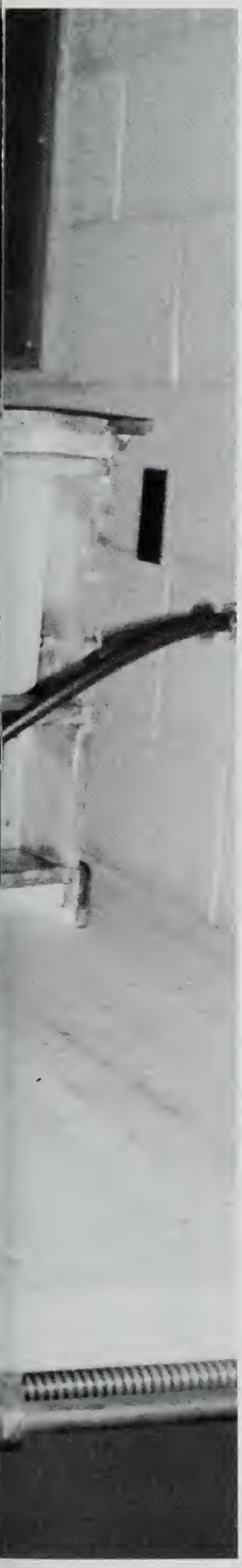
"In art we made masks by putting plaster on each others' faces. We painted whatever we wanted to make replicas of our faces."
- Stephanie Trinidad - 10

Iyana Tennon

Occupied with all the work to get done, junior Zachary Young and freshman Sean Pinkston make a flat with their tools in Drafting class.

nice and easy. Freshman Joe Bernier puts the final coat on his handmade clock in shop class. Students learned skills in electives.

Iyana Tennon



CHOOSE OR LOSE

Extra classes *provided more opportunity* for *students to find hidden* talents

"I am going to have more chances to pursue a career in singing in the future, so I might as well start preparing now."

Lynyette Martin - 9

"I chose 20th Century, even though it's an academic course. I want to take as many History classes as I'm able to."

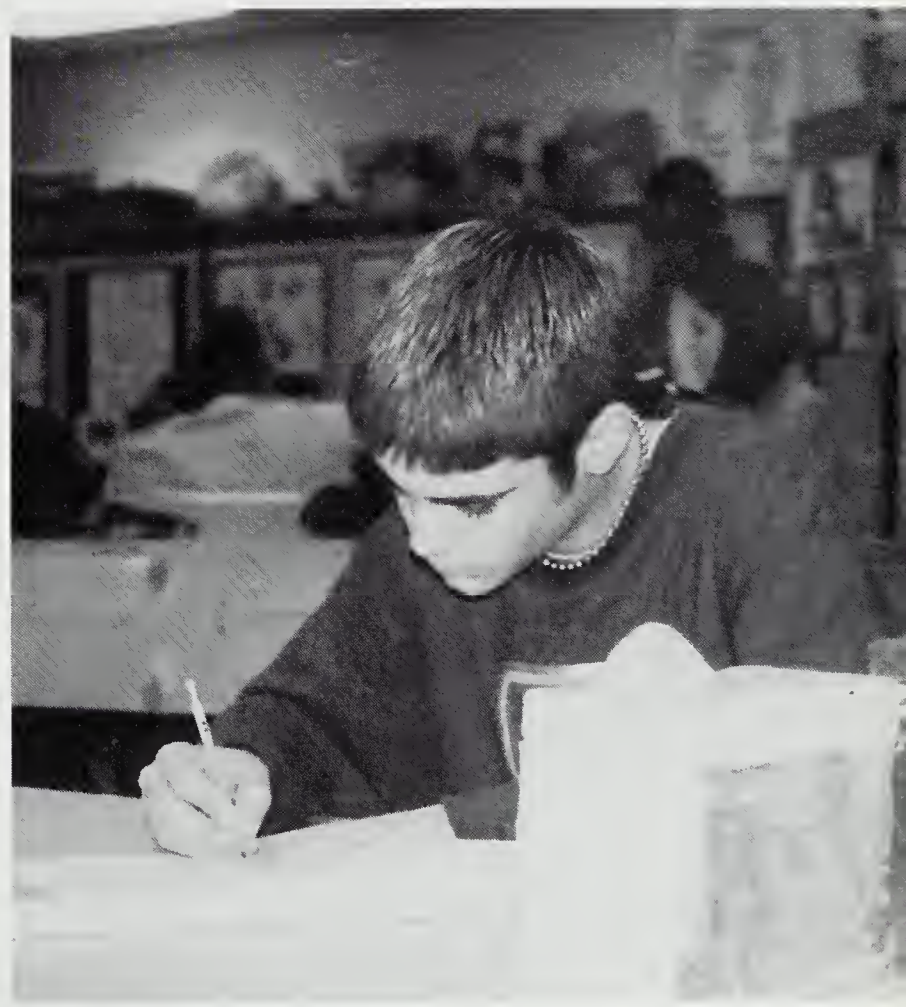
Ben Clark - 11

In search of a workable schedule, senior Ebony Massey impatiently stood by as her guidance counselor looked for vacancies in elective classes. "I took Peer Relations because there was nothing else to take and it was my last resort," Massey said. Due to overcrowding, students' first choices were not always available.

Electives were taken to gain experience in fields of study students were interested in. "As a freshman, I decided to start taking Art, because I hope to study it after school. It has turned into a hobby for me because of the freedom it gave me in school," senior Chris Clay said.

Electives were a chance for students to break from the academic subjects.

by Dawn Cleary



Carter Elmore

After taking his pottery out of the kiln, sophomore Randy Blass completes the required written summary of his project in Art class.

Stooping down, junior Mike Gregory ties the shoelaces of an Old Bridge Elementary student. Gregory volunteered to assist in the PE classes.

WOOD CHIPS

- Community sports, such as house soccer and summer swim teams, were open to all to participate in.

- Each year, over one million Americans volunteered their energy and time to needing organizations.

"I have played soccer on a house league for nine years. It's a community sport because anyone can be involved."

Danny Schu - 10

"During the holidays, I collected gifts for Toys for Tots because I'm the SCA treasurer. The toys go to needy children."

Casey Godfrey - 10

as she perches atop her lifeguard chair, junior Melissa Pillifant keeps a watchful eye on the swimmers and divers at Tall Oaks Pool.

Tony Nguyen

Iyana Tennon

Tony Nguyen

at Woodbine Retirement Center with the NHS and Beta Club, senior Shirley Pena paints the fingernails of a resident during the holidays.

HELPING HANDS

students **gave** *their time and* **a little** *money to get community pride* **back**

While completing her daily rounds as a candy striper at Potomac Hospital, sophomore Tiffany Harris paused to say good night to one of the patients. "Candy striping has been a very rewarding experience. I feel it helps me give back to the community. Working in the hospital has also helped me improve my people skills," Harris said. Students found ways to become involved with the community.

School-sponsered clubs provided an outlet for students to perform community service. "I helped out at a car wash the Key Club put together to help raise money for elderly people. The Key Club has helped me reach out to people," senior Masuda Kaisken said. Clubs such as Key Club, Norseman, Beta, and National Honor Society participated in activities that benifited the community.

by Caroline Roach

Carter Elmore

as a volunteer firefighter at Station 14 on Hedges Run Drive, junior David Struble had to complete a course educating him on safety.

HOMEWORK PHOBIA

homework *on the weekends* **caused** *students Sunday night* **stress-***outs*

"Friday night I start my homework at 7pm and on Saturday I start my homework at 9pm. I usually get to bed at 10pm."

Jimmy Johnson-11

"On the weekends I mainly have to read books for English. I go out at night, then come home and stay up very late to read."

Shilo McArthur-9

It was Friday afternoon, school was almost out, and the weekend was about to begin. Junior Shannon Brown waited for the bell to ring so her weekend could start. Two minutes before the bell, her teacher assigned 20 pages to take notes on for homework.

"Weekends are supposed to be for relaxation and a time to do things that you can't do during the week, like shopping and hanging out with friends. Homework just gets in the way," Brown said.

In order to avoid homework on the weekends students did it during the week. "I try to get my homework done during the week so I don't have to do it later. If I have a test on Monday, I probably won't study for it," sophomore Meghan Cowley said.

by Cecilia Riek

Allison Sautkulis

"We go to school all week, so it's not fair to give us work on the weekends. We need time to have fun and relax a little."

Steve Pond-11

While blinking away the urge to shut his eyes and take a break, junior Chris Blok continues to take notes on the Civil War for his history class.

Allison Sautkulis

before going out to see a movie on Sunday night, sophomore Keith Fowler works on his homework. He had been studying for two hours.

GET TO THE ROOT OF THE ISSUE

Was the assignment of weekend homework fair?
59% YES
41% NO

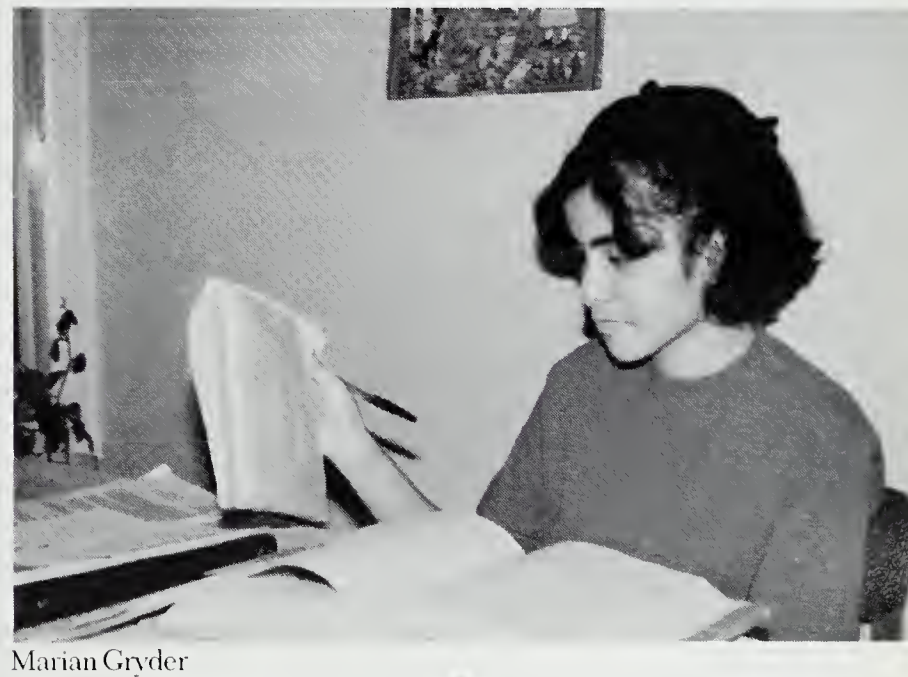
When was homework completed?
64% SUNDAY
30% ANY FREE TIME
6% FRIDAY

Were tests often scheduled for Monday?
79% YES
21% NO

What was the average number of assignments?
26% 0-2
51% 3-4
22% 5+

"I usually save weekend homework for Sunday nights. Once I did a science project on Sunday night and got a B on it."
Keith Huling-9

Marian Gryder



Marian Gryder

after forgetting about the homework he had due Monday morning, junior Lang Pham tries to finish it during his lunch period.

before starting her day, junior Baisakhi Roy completes her weekend homework. Students wanted free time over the weekend.

TEST THE LIMIT

"My Chemistry teacher gives us tests that she calls final quizzes. We end the chapter we are on after we take the quizzes."

Leighann Holmes - 10

"For tests in TV Productions we have to go on a shoot and film. We have to set the whole thing up and have it timed right."

Nikki Anderson - 12

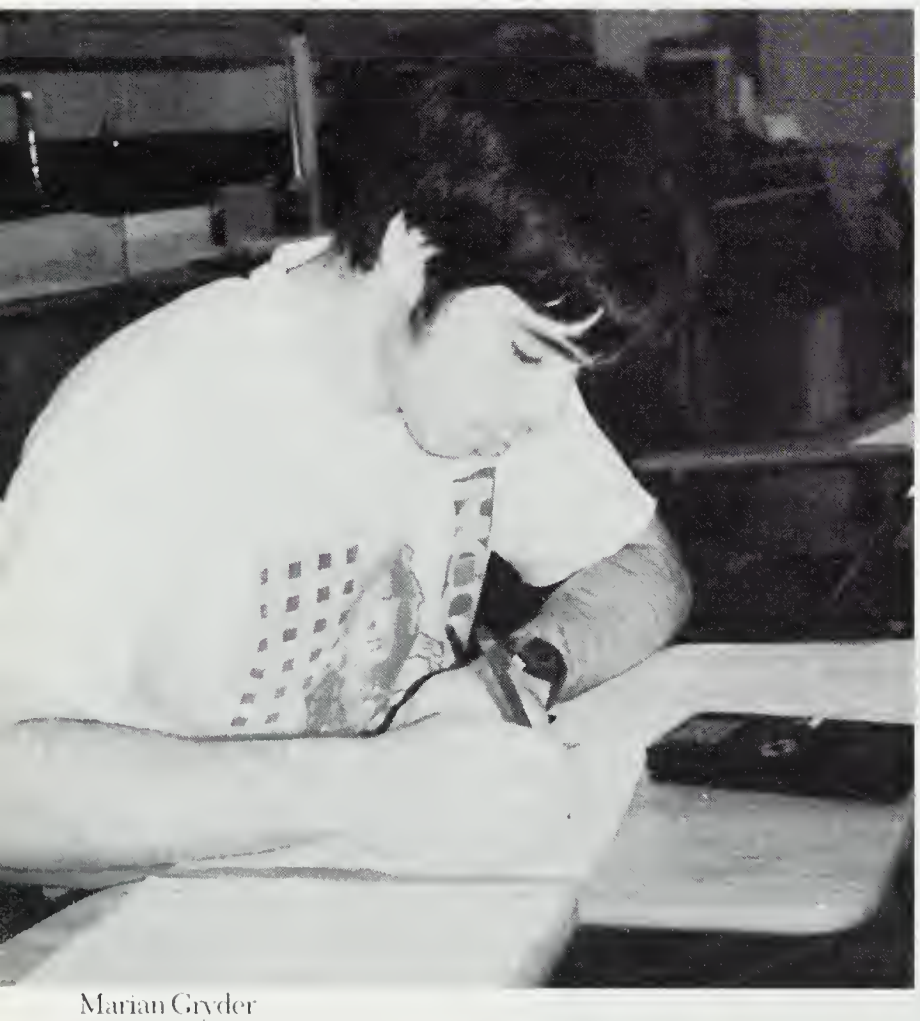
tests, *exams and quizzes* **required** *improvement of* **studying** *skills*

as her teacher passed out the essay portion of an English test, junior Joy Vajirapinyo felt her palms grow sweaty. "Before an essay test I get nervous because they're so hard. My hands start to sweat,which I hate," Vajirapinyo said.

Scantron tests consisted of multiple choice, matching, and true and false. "In Driver's Ed we take scantron tests everyday. They're pre-printed with 25 questions. We also take scantron quizzes on the sports we learn in PE," junior Becky Manhan said.

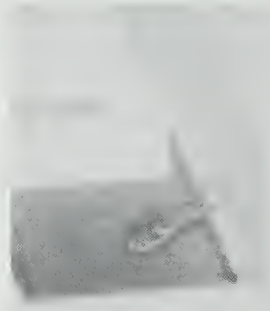
Hands-on learning was an alternative. "For tests in construction class, we have to show we know how to work the machines," freshman Kenneth Burk said.

by Stacy Scarazzo

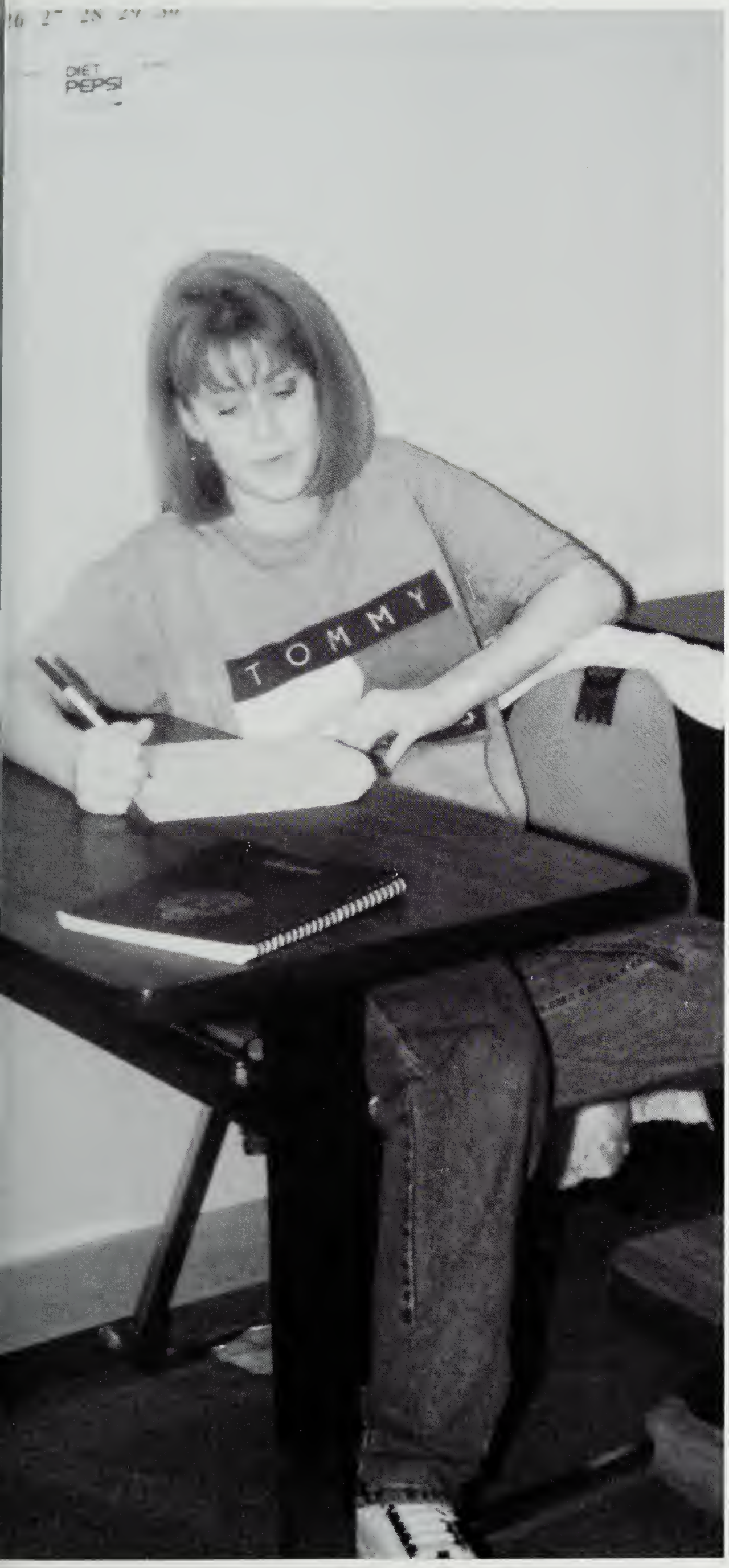


Marian Gryder

hard at work, senior Allen Pedigo writes down the answer to his AP Physics test. AP Physics classes did labs that counted as tests.



Allison Sautkulis



BRANCHING OUT

Which types of tests were preferred?

"I prefer to take teacher-made tests. They know exactly what they taught us."- **Alex Crow - 9**

How much time was spent studying for tests?

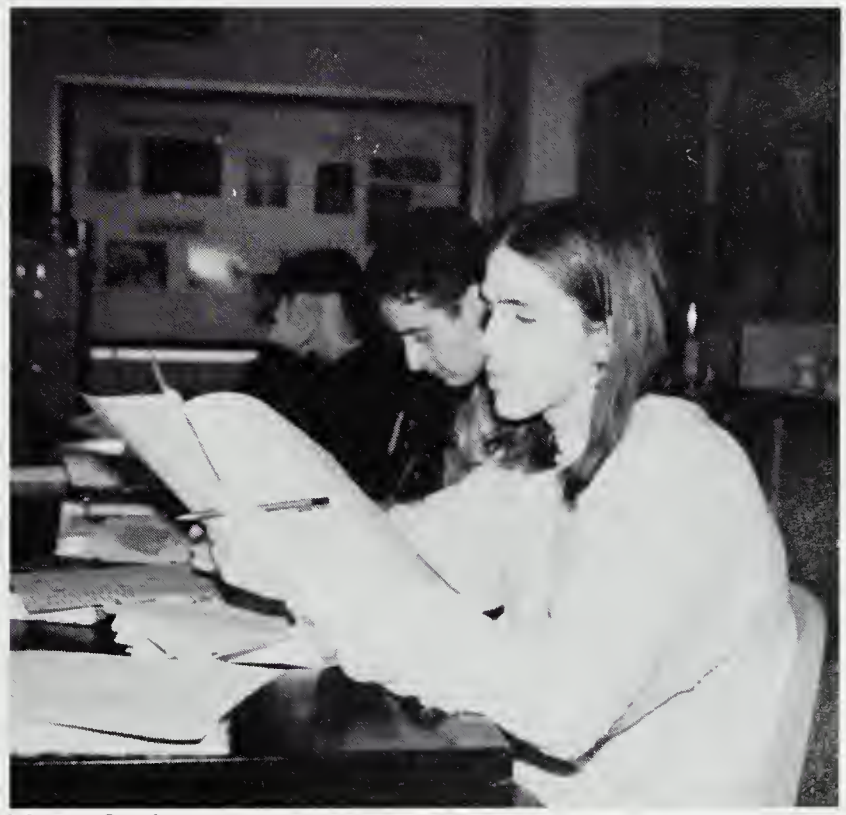
"I start a week before the test, and I study about 15 minutes each time."-**Steven Johnson - 9**

Was group testing a good idea?

"I don't think it's fair because not everyone puts in the same effort." **- Cortez Quarles - 11**

What were experiences with standardized tests?

"I do bad on those tests because I get bored and fill in any answer." **- Elizabeth Mitchell - 10**



Marian Gryder

Concentrate. Freshman Susan Tomlinson reads over her teacher-made test. Tomlinson leaned back in order to become comfortable.

When in doubt, put a 'C.' Junior Nick Lamb reviews a scantron test during Earth Science. Scantrons were easier for teachers to grade.

WOODN'T YOU LIKE TO KNOW...

How did students apply for scholarships?

"I had to write numerous amounts of essays and do community service" - **Mark McCann - 12**

What kinds of grants or loans were applied for?

"I'm planning to apply for financial aid, federal grants and loans." - **Tony Nguyen - 12**

Why were scholarships necessary?

"My parents don't have enough money to support me when I'm in college." - **Joan Owusu - 12**

What were requirements for scholarships?

"I was to have a GPA of 3.0 and perform a lot of community service."- **Jasmine Fletcher - 12**

Tony Nguyen

When the bell rings, senior Brooke Taylor heads for the computer in order to search for scholarships through the Expand program. In order to find scholarships that she qualifies for, senior Jocelyn Park flips through magazines in the Career Center during lunch.

Tony Nguyen

MAKING THE AID

scholarships *provide for* help *in paying the way for* the students

"I'm all set," senior Lindsay Northup and her parents discussed college plans. Seniors had to consider sholarships in order to assist in the money spent on attending the colleges of their choice.

Students received money from private schools. "I'm going to Bridgewater College. The state gives me money since I'm attending college in Virginia. I also got $1,000 for working at Westminster," Northup said.

Students found the scholarship application process was tedious. "I haven't applied for scholarships. It takes up a lot of time and it's a pain," senior Jon Adams said.

Different qualifications allowed students to get scholarships.

by Casey Powell

"I'm definitely applying for scholarships. There are many that I qualify for and with luck, I will get one. College is expensive."

Victoria Leavelle - 12

"I'm applying to art school which will inform me if I qualify for any scholarships after they receive my application."

Kristine Curran - 12

Tony Nguyen

as she sits in the Career Center after school, senior Kristin Buckstad looks through several magazines in search of scholarships.

NINE TO FIVE

Working *students juggle jobs* **while** *keeping up with their* **studying**

"I work on Mondays and Thursdays from 4pm until 8pm. I serve lunch and dinner at Westminnster Retirement Center."

Ashley Blair - 11

"I don't work during the school year because I have too much to do. By not working, my evenings are free for homework."

Joy Justice - 12

bleary-eyed from getting only five hours of sleep, junior Meghan Moore rubbed her eyes and attempted to stay focused on the examples her teacher was reading aloud.

"I work on week nights from 6pm until 10pm. I don't mind working week nights because the mall is really quiet and I can start my homework. I always end up staying up really late into the night at home, though, trying to finish it," Moore said.

Students found that keeping up with their school work was a job in itself. "I worked over the summer, but it would be impossiblefor me to have a job during school. I am stressed out enough with homework and sports," junior Jenn Dunn said.

by Hilary Hansen

Allison Sautkulis

"I work at Old Country Buffet on the weekends. I usually wind up doing my homewok late at night on Sunday."

Susan Gibson - 12

this one goes here. Senior Melanie Agosta works part-time with kids at Minnie- land in Occoquan everyday from 3 pm until 6:30 pm.

Marian Gryder

atWeis Market, junior Phil Deleon's job is to gather shopping carts and help customers load their groceries into their cars.

GET TO THE ROOT OF THE ISSUE

How many hours did students work per week?
59% 0-15 hours
41% 16-40 hours

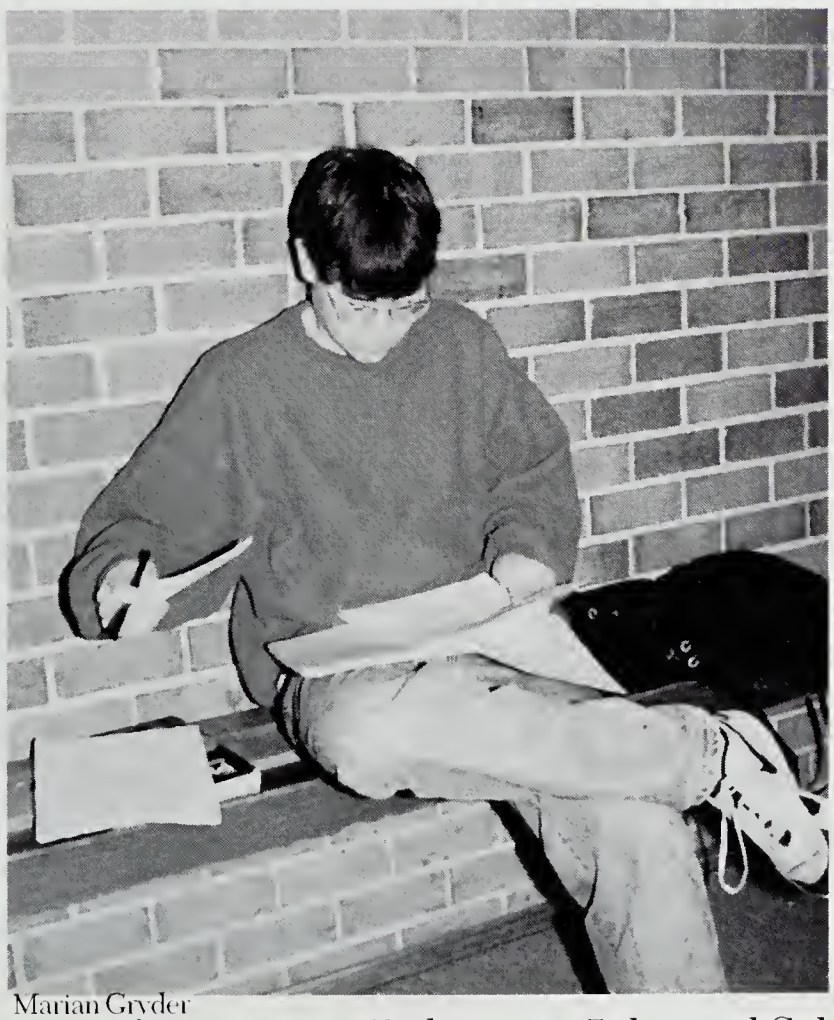
Did students do homework on their breaks?
80% NO
20% YES

Was homework or jobs the priority for students?
64% HOMEWORK
36% JOB

Did they have to stay up late to finish homework?
51% YES
49% NO

"I love my job, I work at the studio I dance for. I get to teach all those little girls how to dance and do tap."

Dawn Wanzer-11



Marian Gryder

Marian Gryder

during A lunch, junior Andy Trotta rushes to complete his homework. Trotta's job was to wear the mouse costume at Chuck E. Cheese.

as he plays with the children at the Occquan Minnieland, junior Ian McEwan is earning money that he saves in his college fund.

On the stand, junior Dajahn Myles testifies in a mock trial held in his history class. He played the part of the plaintiff suing for damages.

Marian Gryder

Wood Chips

•Freshmen who read *Romeo and Juliet* performed skits on the play. Juniors performed scenes from *Uncle Tom's Cabin.*

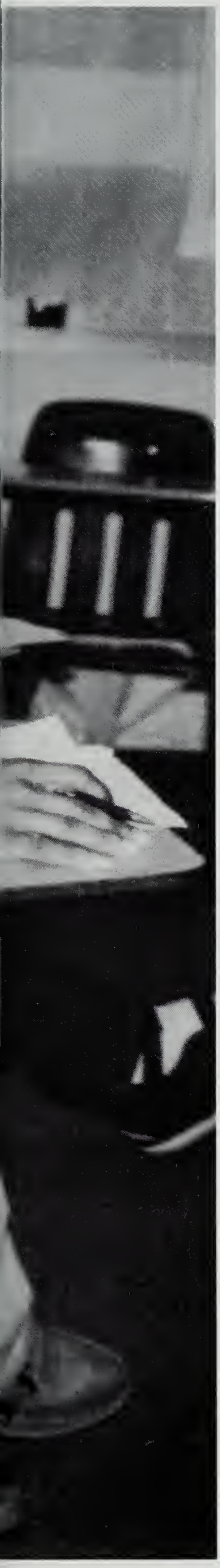
•During multimedia presentations, students used various tools such as CD-ROMs, TVs, computers, and overhead projectors.

"The last presentation I had to make was for English class. To prepare, a group of us got together on a Saturday."
Brad Cunningham -10

"I don't like group presentations because there is always someone who doesn't do as much as everyone else in the group."
Beth Via -11

Objection overruled. Order is kept in the court by junior April Thurber. She played the part of judge in Mr. Mike Yeatts' class mock trial.

Marian Gryder



Rose Burnley

depicting a scene from Joan of Arc, freshmen Callie Watts,Anila Quayyum, Erin Artz, Lesley Chan, and Robert Mann act out the parts.

A GROUP THING

students *got together in class to* do small group presentations

as sophomore Geoff Grogan and his partners finished presenting on their assigned chapters in the book *Night*, the next group nervously clutched their notecards.

"When I have to give a group presentation, the hardest part is deciding who's going to say what. Its always important to give everyone an equal part," Grogan said. Preparation with group members took place at a member's house or in class.

Students dressed up in ways that reflected their presentations' subject matter. "For group presentations' in English we always dress up. We seem more prepared and it makes us look more professional," junior Lisa Greiling said.

by Sean Lyng

Marian Gryder

While senior Jose Hernandez recites a speech, Mrs. Kate Dail watches. Oral grades were given to check students' progress.

A.P. IN THE POD

AP *classes for juniors and seniors* **created more studies and more work**

"AP History is blocked with 20th Century History, so next semester I'll have the same teacher but study different material.

Jill Ingram - 11

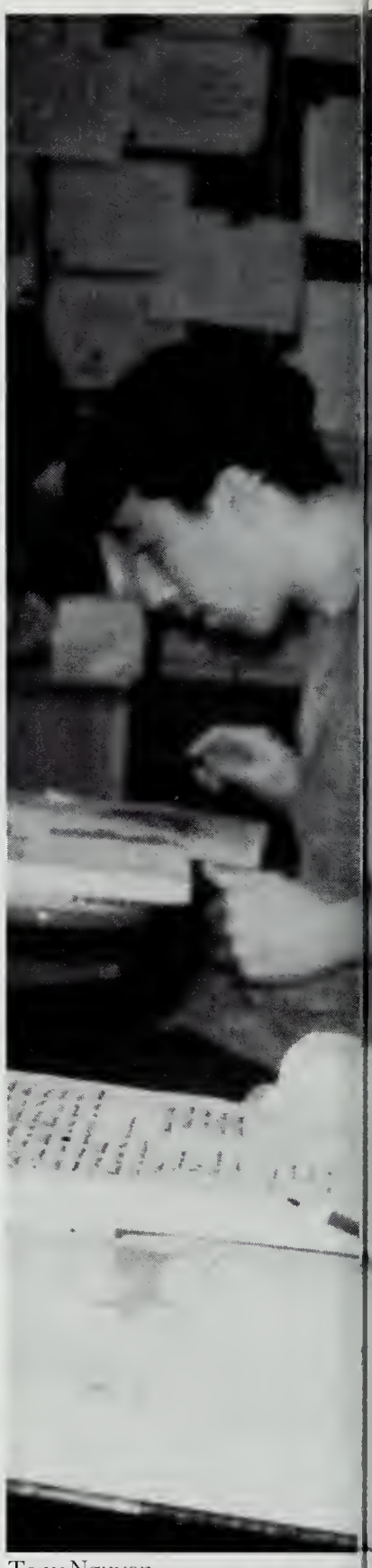
"I don't like having the two AP classes blocked. The work load is like having the class every day, so I don't see the point.

Kevin O'Brien-12

"Was it an even or an odd day?" senior Anitra Budd wondered. Seniors in the AP English/ Government block alternated classes depending upon the day. "I think the AP English/ Government block is very helpful. It makes it easier to get my homework done and I don't feel as rushed," Budd said.

Juniors were offered the class AP American History. "AP History is very challenging. My teacher assigns us to read 20 pages in our books every night. I've gone through two packs of paper from taking so many notes" junior Cecilia Riek said. AP History was a semester course, so juniors were required to take 20th Century History the second semester.

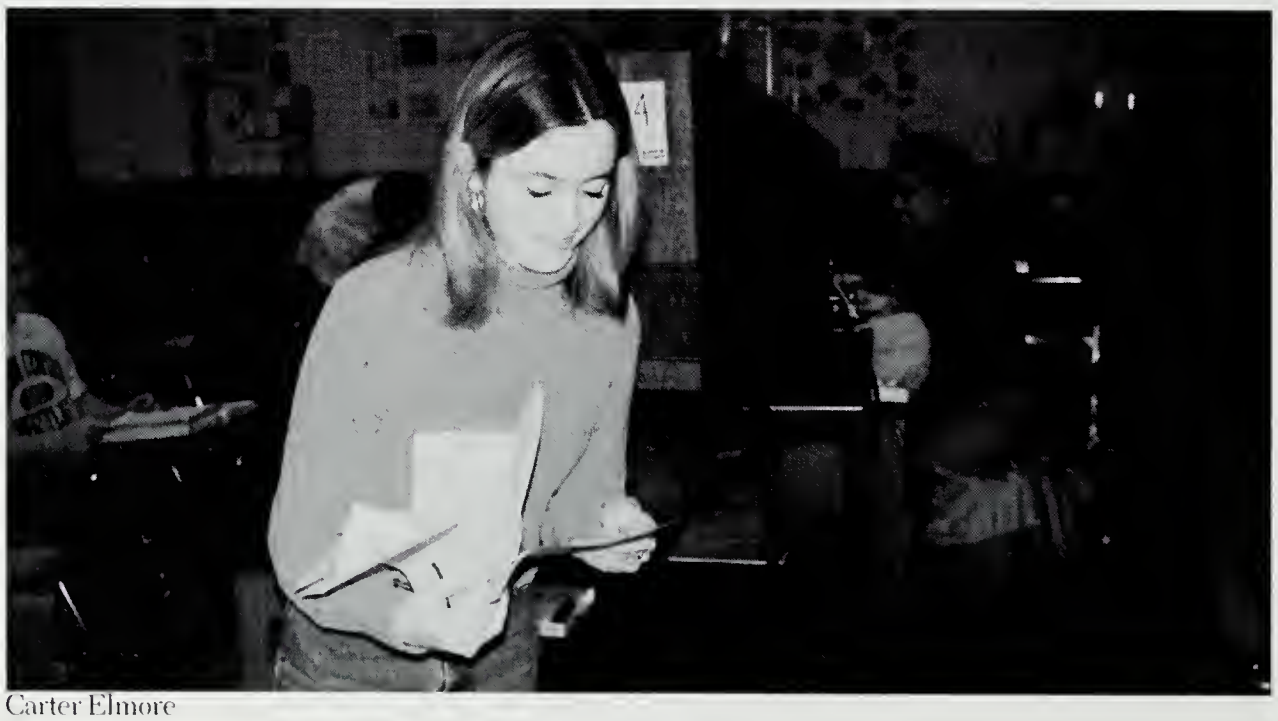
by Elizabeth Bowden



Tony Nguyen

"The idea of block scheduling is great. Because of the two extra days we are able to do our homework for both classes.

Angie Gress - 12



Carter Elmore

to be sure her AP Physics test is in order, senior Eileen Higham rearranges her papers. Students had to be recommended for the class.

As senior Sachie Ogawa finds the last needed fact, she completes her map. Mrs. Beverly Ellis gave her class time to finish work in class.

GET TO THE ROOT OF THE ISSUE

Was the extra work worth it for the extra point?
87% YES
13% NO

Should AP courses be weighted automatically?
96% YES
4% NO

Was blocking the AP classes a good idea?
54% GOOD IDEA
46% BAD IDEA

Should college credit be given for AP courses?
72% YES
28% NO

"I'm really glad that I took AP American History. There is a lot of outside work, but class stays interesting due to discussions."
Brooke Parker - 11

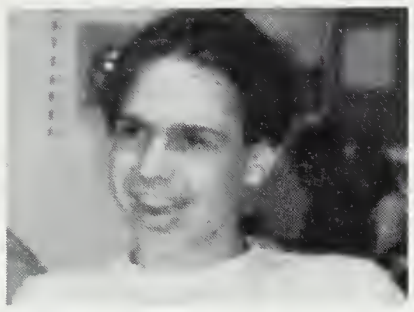
Tony Nguyen

Carter Elmore

On bended knees, senior JoelSluys pours distilled water into a graduated cylinder. AP Physics courses required hands on lab work.

As he adjusts his glasses, senior Stephen Brown and Mr. Tom Cindric go over an AP physics problem. Homework was 25% of the grade.

READ IT OR NOT



"Just pondering the thought that any of my fellow classmates would use Cliff's Notes is preposterous. I read the book."

Daniel Dupius -12

"I don't know why Cliff's Notes are such a big deal. Read the book and get it over with. If you do not understand, then use them"

Lynley Intellini - 11

Cliff's **Notes** *were used to* **help** *comprehend books* **students** *read*

Before opening his book, junior Jose Matta pulled his Cliff's Notes out of his bookbag. "*Moby Dick* was long and complicated. Every other sentence had something to do with the Bible, which made it confusing. Cliff's Notes let me just skim over each chapter because it explained the whole book for me," Matta said.

The use of Cliff's Notes was realized by teachers. "My English teacher noticed that my essay was of the exact same content as the Cliff's Notes were. I ended up having my grade lowered and the teacher used my essay as an example of what not to do," junior David Lehoist said.

Due to their popularity, Cliff's Notes were in high demand. "I had to run all over town just to find Cliff's Notes on *Romeo and Juliet*. By the time I found them, I could have read the play myself," freshman Lamika Reed said. Cliff's Notes were found in libraries and book stores.

by Melissa Derr

Tony Nguyen

During Mr. Mike Petock's Calculus AB class, senior Amelia Vernon reviews the Cliff's Notes for her test next period on *Othello*.

Tony Nguyen

BRANCHING OUT

Did teachers allow the use of Cliff's Notes?

"As long as students try to read the book, I don't mind them getting a litle help." **-Mrs. Vivian Mitchell**

Why were Cliff's Notes used by students?

"They give me information that I wouldn't have gotten from the book." - **Nahaku Nathaniel - 10**

Were Cliff's Notes ever substituted for a book?

"I never have because I miss too many important details from the book." - **Dara Tucker - 10**

Were they a fair tool to use when studying a book?

"They're only fair if you read the book and try to understand it first." **-Jerry Walley - 10**

Carter Elmore

to take a short cut on his summer reading, junior Danny Phillips reads the Cliff'sNotes on the more complicated novels on his list.

in front of his house, freshman John Golden looks over a copy of Cliff's Notes to prepare for the paper he had to write in English class.

As she looks down at the table, junior Emily Robbins pages through a pamphlet advertising SAT prep courses to decide which is best for her.

WOOD CHIPS

- The Princeton Review held courses across the U.S. annually for high school students in need of help.
- SAT reviews could be found on CD-ROMS. Kaplan sold software packages retailing from 25 to 50 dollars.

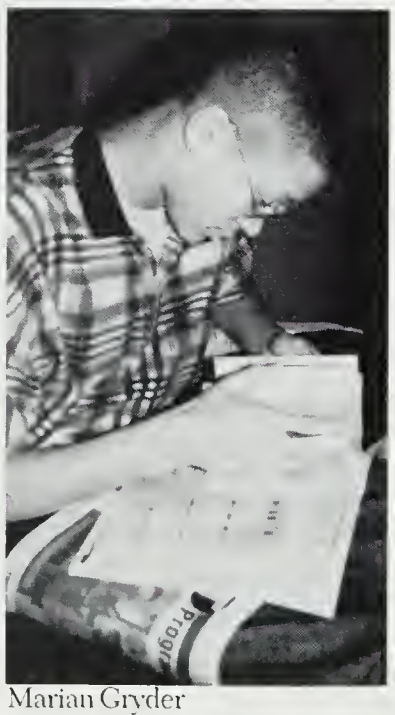
"I was attending a prep couse at Slyvan, but I stopped going because I forgot. When I did go, I didn't learn that much."

Paul Nichols - 11

"I'm taking an SAT prep course at NOVA. I started taking it because I needed some extra help on the math sections."

Kim Fisher - 11

With hopes of a 1500 or better, junior Marcus Curtis studies from an SAT booklet. Studying was necessary to expect a decent score.



Marian Gryder

Tony Nguyen

Marian Gryder

to meet the upcoming registration deadline for the SAT's, junior Lisa Knepper fills out her SAT registration booklet after school.

HIT THE BOOKS

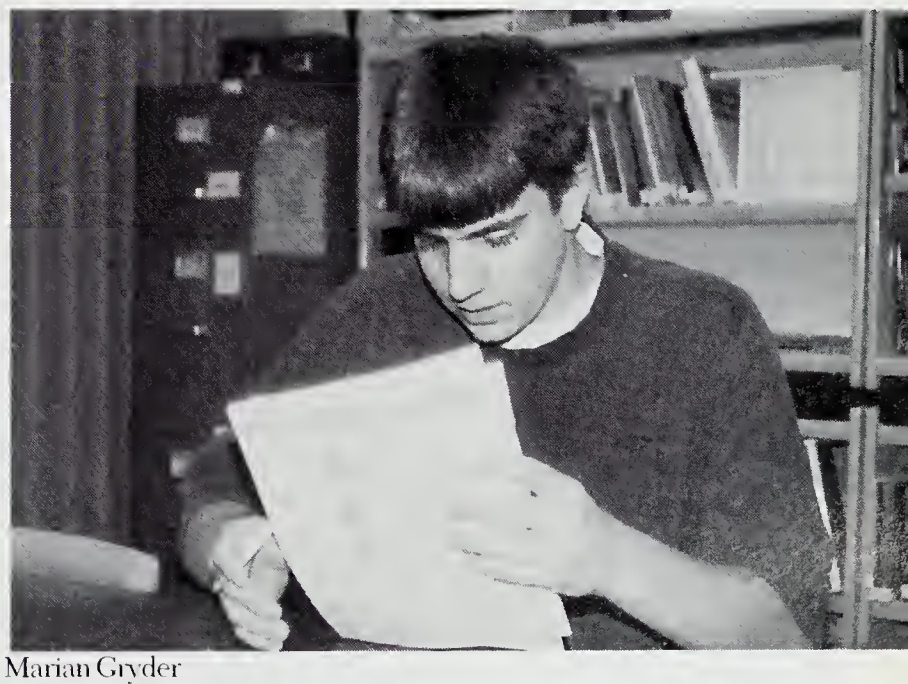
prep courses *for the SAT's and ACT's* gave *students extra* hints *and tips*

With her pencil securely in hand, junior Lynley Intellini opened the SAT booklet and breezed through the first section. "I don't think I'd have done as well if I hadn't gotten extra help studying for my SAT's," Intellini said. Students turned to outside help in preparation for the SAT's.

Students who did not have time to travel to classes purchased books and software. "I studied from a book that was written by people who'd aced the SAT's. The book gave me some valuble pointers about the real test," junior Lang Pham said.

Software programs and courses aided in studying by giving practice tests and then concentrating on the student's weaker sections.

by Caroline Roach



Marian Gryder

at lunch, junior Dan Najjum fills out his SAT registration form . . . again. Najjum took the SAT's several times before he was satisfied with a score.

ncreased participation meant increased regulations. The 4 by 4 gave students the opportunity to spend more of their time joining co-curricular activities and less time doing homework.

Independent Hill came forth with a new rule stating that all clubs and booster organizations had to create a "constitution" for their activities. Parent volunteers worked long nights negotiating by-laws in order to gain recognition as a legitimate club.

More and more funding became the responsibility of the students in the organizations. This meant jockeying for positions on the fund-raising calendar and lugging boxes of candy around school.

Every fundraiser had to be approved by the administration.

The lack of funds prompted the creation of the Academic Booster Club. Headed by parent volunteers Jim Foxworthy and Wayne Williams, English teacher Mrs. Cathy Turner and Mr. Bob Turner, the new Boosters' purpose was to raise money for Forensics, Debate, Drama, Publications and other non-sports clubs.

The Step Team visited the White House in May, making them the first team to stomp on the President's floor and to become local heroes with their names **carved in wood**

There is one in every crowd. Despite the emphasis on uniformity in the Mighty Viking Marching Band, junior Christine Duke marches to the beat of her own drummer. The rain came down as usual during the Homecoming Parade and the marching band came out full force in their ponchos, all except the tuba players who claimed the ponchos got in the way of their instruments. According to band director, Mr. Ed Jones, the tuba players were protected from the water by their horns. The Vikettes, Cheerleaders and other students followed the band along Antietam Road and into the student parking lot. The Homecoming Parade was a tradition that all other schools in Prince William County had discontinued.

Carter Elmore

"I dance everyday from Monday to Saturday for at least two hours. It takes dedication to practice on weekdays for 3 to 4 hours. It isn't all work because they make it a lot of fun."

Jennifer
Pfaff - 12

Take it with a grain of salt

"Drama is a really fun activity. I'm really lucky for being in the spring play, *Farenheit 451*. You can meet new people while having a lot fun at the same time.

Alex
Crow - 9

Divider

With the constant beat of a bass drum in her ears, freshman Marianne Alexander plays the notes of a staple pep rally song, called "Horse." The band played at every pep rally.

After getting their cue from Mr. Ed Jones, sophomore Luke Giannini, junior Ed Grimm, and senior Tad Sutton play their forte dynamic as directed by the music.

Tony Nguyen

Tony Nguyen

Concert Band I *Front Row*: Samantha Gross, Maria Vargas, Cynthia Heid, Tinia Campbell, Nicole Towle, Jessica Pierze, Elizabeth Lyle, Mario Viveras, Ben Wilhite, Laura Hennessey, Diana Hallman, Colleen Mutarelli; *Second Row*: K.T. Tatara, Rick Bradish, Kevin Sullivan, Melissa Madtes, Shannon Tate, Ryan Sakai, Alex Racioppa, David Cottingham, Jimmy Gallagher, Sarah McCool, Laura Lux, Allison Madden, Jania Barnhill, Aletia Anderson; *Back Row*: Shaun Brown, Bryan Underwood, Joel Erkkinen, Paul Stepanick, Patrick Spicer, Charles Stallworth, Toby Dakon, John Rowe, Jeremy Whitham, Chuck DuBois, Brayton McQuade, Michael Chan, Myles Overton.

Concert Band II *Front Row*: Jessica Ellis, Leila Grimm, Matt Alvarey, Jessica Semon, Latoya Sherron, *Second Row*: Rocio DelArroyo, Tiffany Stark, Sarah Weatherford, Tianna Mouton, Bridget Tunstall, Kelley Muldoon; *Back Row*: Tim Jefferson, Robert Waters, Tyrel Domigan, Kevin Shanahan, Shaun Donovan, Robert Mann, Tiffany Kerns.

Carter Elmore

time for a play break. Freshman Crystal Thurber, freshman Charlie Moore, and sophomore Kevin Sullivan relax during marching band practice after school.

The Band Shined Through the Rain

drumroll please

When the rain ended, the football field resembled a mudbath, but still the band had to march. They stepped carefully in order not to fall down or get muddy.

"When the field is slick, it's hard to march. A lot of people have fallen during halftime, but they have to get up quickly and march. I've never actually fallen during a game" freshman D Godshalk said.

Rain affected the marching band's performance in competition. "We went to Danville for a competition, and we ended up not marching, because it rained so hard. We played on a stage and I think it made us do better because we didn't have to worry about marching, we concentrated on our instruments," junior Emily Campbell said.

During trips where they stayed over the weekend, band members had to room together. "We signed up with our roomates. By some fluke, my friend who's a senior ended up in a room with a sophomore and two freshman," senior Katie Woodside said.

Marching band members went to camp over the summer to learn new marching skills. The camp was held from August 12 to August 26.

by Sarah Bruns

Symphonic Band (Brass and Percuss) ***Front Row***: Sean Bruek, Jennifer Alltop, Justin Wills, Bryan Fay, Mandy Vida, Sean Stone, Chris Ty ndall; ***Second Row***: Will Flanagan, Claire Johnson, Chris Duke, Armando Carrion, Andy Hiob, Swanson, David Swanson; ***Back Row***: Derek Luther, Chris O'Neal, Nathan Marsh, Mike Luley, Phil MeKrakin, Tad Sutton, Luke Giannini, Ed Grimm, Claude LeGrond, Adam Shreve, Ricardo Alexander.

Symphonic Band (Woodwinds) ***Front Row***: Sarah Krimkowitz, Katie Kelley, Heather Baker, Morgan Lynn, Jennifer Hurley, Katie Woodside, Veronica Gray; ***Second Row***: Mark Pratt, Enrique Corretjer, Gwendy Lopez, Molly Cameron, David Bishop, Erica Selavka, Valerie Fowler, Jenni Chipman; ***Back Row***: Amanda Schroeder, Sarah VanWinkle, Stacy Tolliffe, Christopher Maguire, Pepe Owens, James Mastros, Mark Williams, Casey MaeFarlane, John Crutchley.

Woodbridge Singers ***Front Row***: Pat Blake, Noah Peery, Christy McDonald, Elizabeth Rivera, Jenn Welch, Jennette Schorsch, David Kaplan; ***MiddleRow***: James Gillespie, Dana Stamilio, Jill Ingram, Heather Webber, Tamarisk Cardwell, James McCormick; ***Back Row:*** Paul Thalacker, Meghann Peterlin, Jennifer Cooper, Evan Wooten, Sara Dail, Melissa Pillifant, Keith Bevins.

Concert Choir ***Front Row***: Toni Martin, Tinika Montgomery, Heather Anne Webber, Jenifer Welch, Elizabeth Rivera, Melissa Ayers, Nichole Ford, Eryn Lyga, Brooke Parker, Katie Farley, Stacy Slonaker; ***Second Row***: Jennette Schorsch, Tamarisk Cardwell, Christy McDonald, Desi Dietlein, Amy Close, Wendy Hickock, Marian Rodriguez, Michelle Hughes, Kristen Nicosia, Kendra Lowry, Carrie Harris, Jessica Ruiz, Brandee Martin; ***Third Row***: Megan Moeller, Katherine Callahan, Christina Zeranski, Marisha Richardson, Shanon Baily, Angie Gress, Dana Stamilo, Melissa Pillifant, Nuria Zelaya, Cecilia Massey, Rebecca Ludwig, Sara Kennedy; ***Fourth Row***: Amy Panek, Jennifer Cooper, Meghan Peterlin, Monica Bonner, Leah Erkkinen, Sara Dail, Michele Brabner, Michele Pettus, Holly Baker, Julie Burns, Nicole McMonigle, Merideth Madtes, Heather Kuehue, Russel Sands; ***Fifth Row***: Jason Oiler, Brad Flowers, Joseph Hudoba, Evan Wooten, Bobby Strauderman, James McCormick, Reggie Hubbard, James Gillespie, James Kirk, Ron Manley, Matthew Sevon, Paul Smart, Joseph Gillespie, Sean Thompson; ***Back Row***: Henry Cruz, Paul Thalaker, Keith Bevins, Pat Blake, Noah Peery, David Kaplan, Dustin Brayley, Jeffry Roseman, Rob James, Jason Halloway, Derek Glassman, Kevin Bako, David Lekrone, Josh Hoertz, Tim Waclawski

Women's Concert Choir ***Front Row***: Julie Silva, Rosa Henriquez, Jennifer Wishart, Yenny Chavarria, Cathy Watson, Nichole Garing, Amy Varner; ***Middle Row:*** Tonia Brown, Farhana Ahmed, Elizabeth Hale, Ashanti Rambaran, Meredith Trohanov, Cristina Navarro, Karina Sandoval, Jillian Gebhart, Michele Drucker; ***Back Row***: Mrs. Erin Breland(director), Candice Washington, Rumana Ahmed, Erin Wendorf, Cassandra Gray, Mechelle Butler, Elisheva Sachs, Heather Dugan, Mrs. Sevan.

Carter Elmore

Synchronized Melodies Blend Together

sing along

"Do re mi fa sol la ti do," the concert choir warmed up their voices with major and minor scales before practice to prevent strain on their voices.

With a new director, Mr. Mac Lambert, the choir adapted to new teaching methods.

"The old teacher, Mrs. Gayle Lund, lectured a lot on music history. Mr. Lambert concentrates more on singing and works with us on vowel sounds," sophomore Toni Martin said.

Singers used their techniques to help in tryouts. "Auditions are really tough for me because I tend to get really nervous before the audition. Sometimes I tell myself a joke , just to make me laugh. That helps ease my tension," junior Missy Ayers said.

> "Auditions are really tough for me because I get really nervous. Sometimes I tell myself a joke."

Auditions for All County Choir were held in November.

Before the choirs were to sing in front of an audience or at a concert, each choir had to get their programs perfected. "Practices are rigorous, but are bearable because Mr. Lambert makes it fun," junior Holly Baker said.

by Caroline Roach and Libby Sova

Carter Elmore

Do not mumble, sing out. During Varsity Choir, freshman Brandi Martin learns how to project her voice toward the audience. It was important for the singers to be heard.

With their eyes focused on their sheet music, freshmen Cassie Rudolph and Katrina Mitchell learn to read their sheet music. Sight reading new music was a part of choir.

New Room Opens Musical Oppurtunity

unstrung heros

With a glance at her schedule and back down the hall, sophomore Corrine Hausmann searched for Music Room 02. Room 02, along with the storage area, formerly the Drama Department, was converted to the Orchestra rehersal hall and storage room.

"It's nice having a room of our own because people can't just walk through the room like they used to walk through the stage, while we were practicing and I don't have to worry about my violin getting stolen because the storage room is locked," Hausmann said.

> "We are able to record ourselves. This helps us find our mistakes and in the process we learn."

After earning money from car washes, Tag Day and other fundraisers, the Orchestra Boosters purchased a stereo.

"We are able to record and listen to ourselves on the stereo system, this helps us find our mistakes and learn from them," sophomore Billy Boulia said.

On December 28, booster members Vicki and Wes Gray spent their Saturday putting carpet in the hallway and the rehearsal hall leading to the new room.

by Beth Via

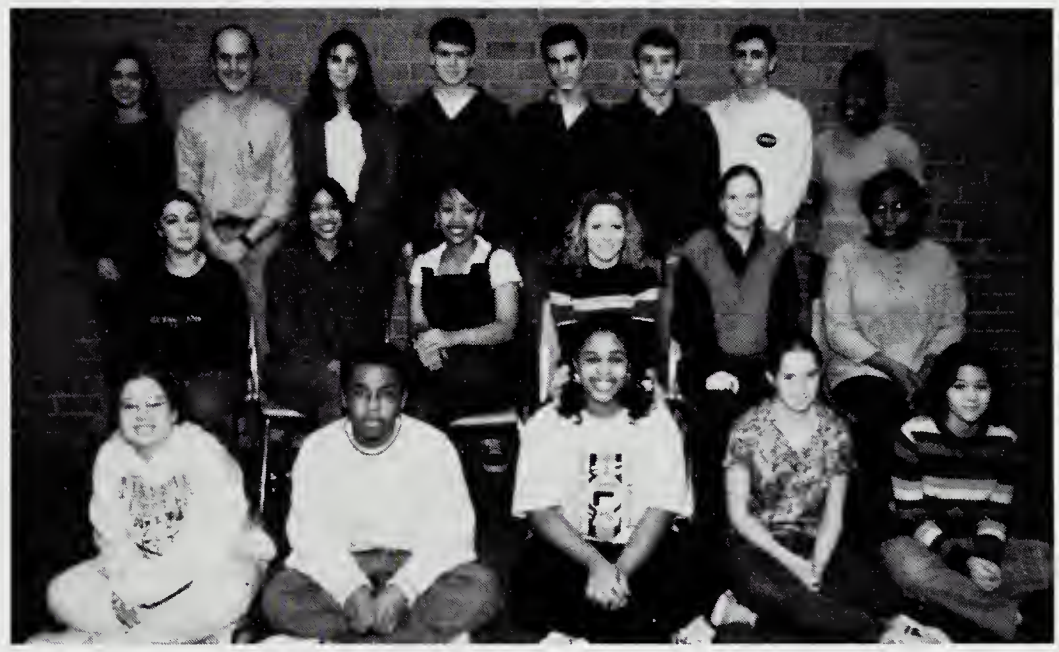
Carter Elmore

during rehearsal freshman Chanita Stewart looks to Mr. Bud Hearne for rhythms from The Belvedere Suite. Stewart sat first chair second violin in the Varsity Orchestra.

eyes on the music sophomore Amy Robbins plays Queen Noor Suite. The orchestra performed their Christmas program during a concert which was held fourth period.

Tony Nguyen

Symphonic Orchestra ***Front Row***: Corrina Struckholz, Angela Annibali, Gina Cox, Kate Baumgardt, Libby Klatt; ***Second Row***: Olinda Fuentes, Christina Abadir,Amy Robbins, Jennifer Looney, Carrie Holder, Beth Via; ***Back Row***: Ann Levy, Elizabeth Tomcheck, Corinne Hausmann, Billy Boulia, Beth Hein, Anitra Budd, Mr. Bud Hearne (conductor).



Concert Orchestra ***Front Row***: Dawn-Marie Dunn, Jeff Ray, Tiffani Harris, Laura Kelley, Ilona Baldwin; ***Second Row***: Rose Deaso, Ashley Taylor, Lakereska Etheridge, Melanie White, Bethany Piazza, Jamila Gooden; ***Back Row***: Carrie Holder (student conductor), Mr. Bud Hearne (conductor), Haley Wells, Scott Buchanan, Kevin Libby, Justin Kashteck, JNeil Penttila, Jenise Armstrong.

Varsity Orchestra ***Front Row:*** Varuna Bhatia, Ebone Liggins, Andrew Nowak, Shani Yelder, Alicia McNease, Vauaria Etheredge, Lauren Mackey, John Bryant, Tom Shin (student conductor);***Second Row***: Nicole Castaneda, Amanda Winnik, Maura Cronin, Andi Poe, Claire Naegle, Lauren Bowes, Long Nguyen, Denesh Malaucctil, Richard Ventura; ***Back Row***: Tanya Peterson, Ivy Trohanov, Jeremy Rosen, Jenny Lewis, Stacey Jackson, Erin Artz, Chanita Stewart, Serena Perry, Julie Kim, Mr. Bud Hearne (conductor).

Societies Lend Helping Hands

head of the class

What is going on this month? Juniors Mandy Vida and Holly Baker talk to Mrs. Carol Carpenter about activities. NHS met the second Wednesday of every month.

Tony Nguyen

Silence descended over the crowd of students assembled in the auditorium. Mrs. Carol Carpenter had quieted down the audience, and she began discussing with students the plans of NHS in the following weeks.

"Honor society does things that benefit our community and our school. We tutor mainly, but we also pick up trash around the school, and plant trees," junior Kimmy Reese said. The National Honor Society also helped with the Toys for Tots program, and sang carols at a nursing home.

NHS required a 3.5 GPA to be elligible. "You have to work really hard so you can maintain your GPA so you can stay in NHS and Beta club. Sometimes it can be tough to do this with after school activities," junior Aubrey Poe said.

At the end of October new members were inducted into Honor Society and Beta Club. "At Hylton, the induction ceremony I went to for a friend was long and they had a guest speaker. I liked ours though, because it was short. That works for me because I have a lot of homework," junior Jill Ingram said.

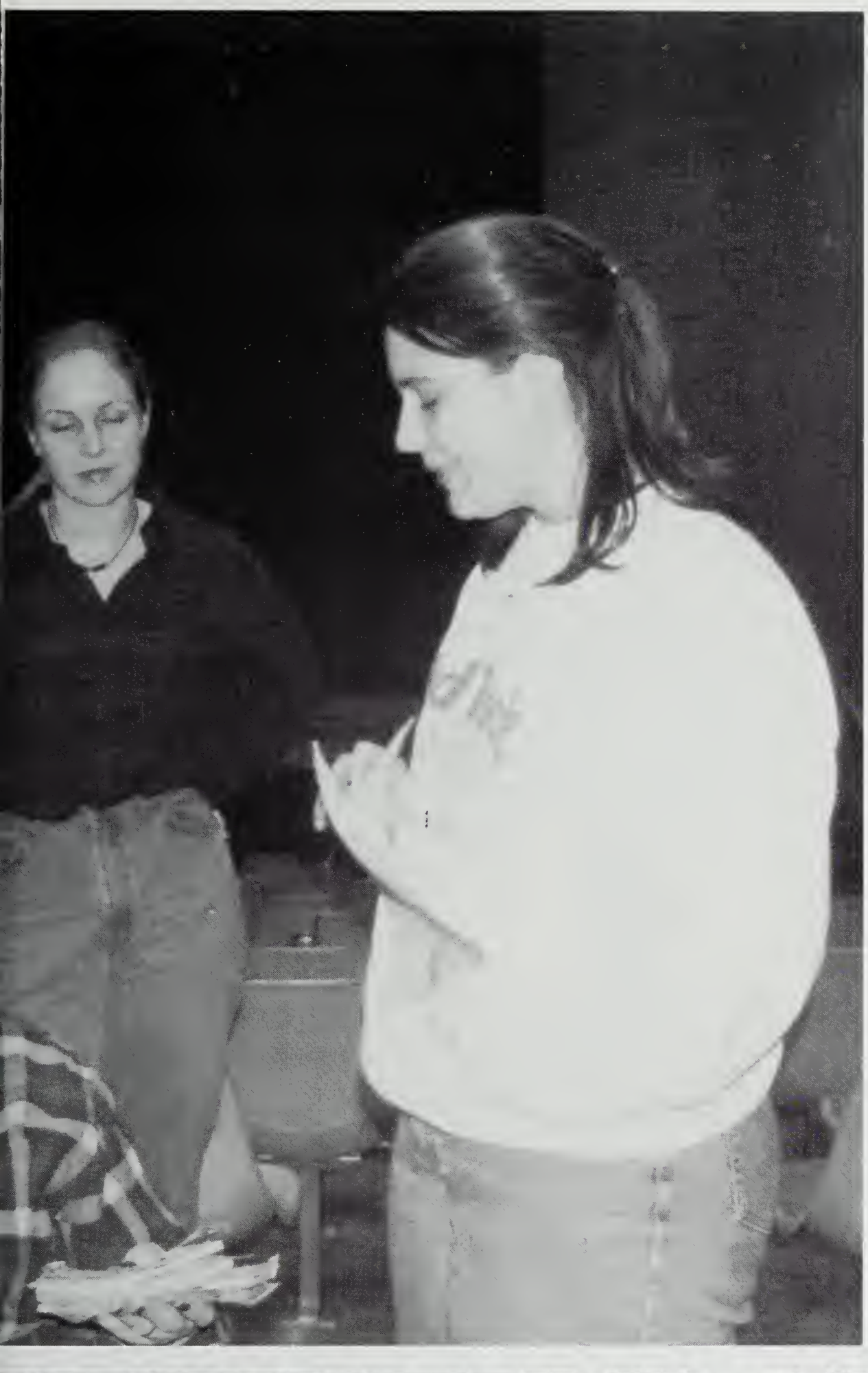
Dues for NHS were 2.50 dollars, and Beta club was 2 dollars.

by Sean Lyng

Tony Nguyen

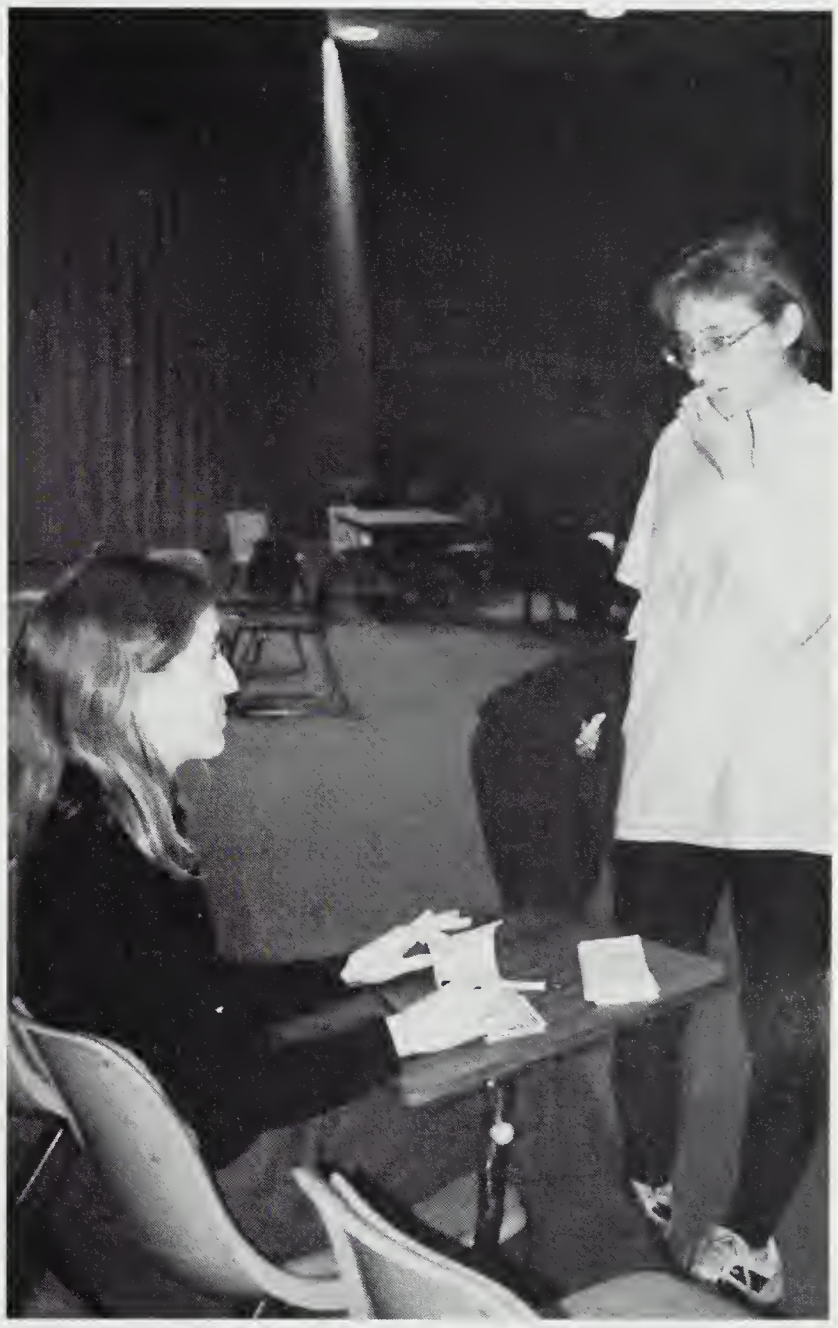
NHS Seniors ***Front Row***: Jason Kent, Chris James, Ryan Cummins, Kara Artz, Jenny Williamson, Julie Foxworthy, Barbara Heritage, Sarah VanWinkle, Mike Hicks, Casey MacFarland, Christine Bohannon; ***Second Row***: Susan Gibson, Erica Selavka, Shirley Pena, Johanna Blanco, Mamie Pekanyande, Amanda Schroeder, Jennie McNamara, Melissa Kooyoomjian, Katrina Bielefeldt, George Flynn, Brittany Lipinski, Tony Nguyen, Eileen Higham, Katie Woodside, Suzanne Stewart; ***Third Row***: Joan Owusu, Doris Kolovos, Jennifer Pfaff, Amelia Vernon, Ruth Wilshere, Valeri Sewell, Kristin Buckstad, Lisa Hale, Angie Gress, Katy Murphy, Christina Bull, Jill Inskeep, Joy Justice, Brooke Taylor, Nancy Rosenow, Jennifer Alltop, Sara Dail, Steffany Yamada, Stefanie Kam, Sara Kennedy; ***Back Row***: Joel Erkinnen, Brian Kane, Paul Thalacker, Evan Wooten, Todd Yoho, Mike Milliken, Stephanie Daniels, Chris Clay, Francisco Portell, Mike Carter, Josh Lattin, Andy Hewlitt, Kim Newell.

NHS Juniors ***Front Row***: Shane Barnett, Jill Ingram, Kevin Klienman, Nikki Floris, Reuben Jones, Amy Panek, Aubrey Poe, Sarah Krimcowitz, Katie Kelley, Elizabeth Rivera; ***Second Row***: Lisa Hantjis, Angela Anniballi, Angelo Perez, Ben Wilhite, Tamka Montgomery, Lisa Knepper, Jennifer Tyndal, Jennifer Welch, Kara Legore, Tinia Campbell, Adam Kamihara, Christina Zeranski, Jennifer Whitmore, Jennifer Looney; ***Third Row***: Jennette Schorsch, Beth Schu, Jennifer Cooper, Peter Smith, Lisa Greiling, Andrew Harrison, Megan Farrell, Lindsey Paul, Holly Baker, Shea Northup, Jimmy Johnson, Heather, Stacy Tolliffe, Jennifer Sikorski, Jennifer Mosakewicz; ***Back Row*** Cherylanne Chan, Andy Tullo, Sean Bies, Boyd Gunnel, Paul Medaglia, Spencer Jones, Julie Burns, Stephen Pond, Sumit Gupta, Vatchara Vajirapinyo, Cecilia Riek, Katie McCallister, Errol McEachron, Mandy Vida.

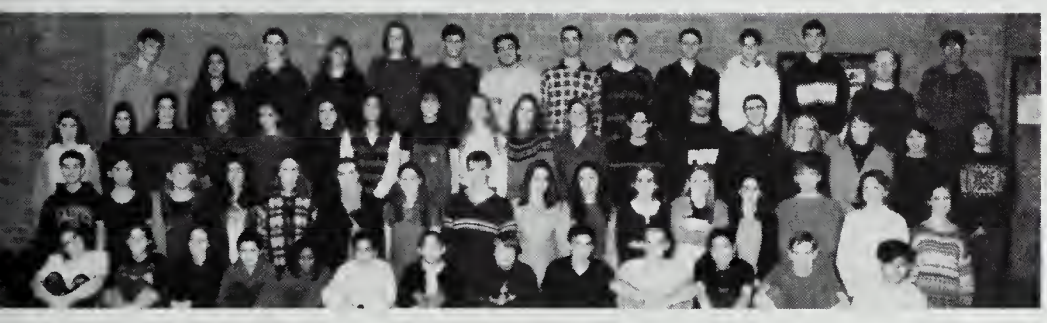


"next week, I promise," junior Amy Panek tells Mrs. CarolCarpenter. Dues were collected from NHS members so the club could pay for its planned activities.

"Where's my two dollars?" Senior Treasurer Kara Artz tells Katie Woodside, that she has not paid her dues yet for Beta Club. Dues were paid annually for certificates.



Tony Nguyen

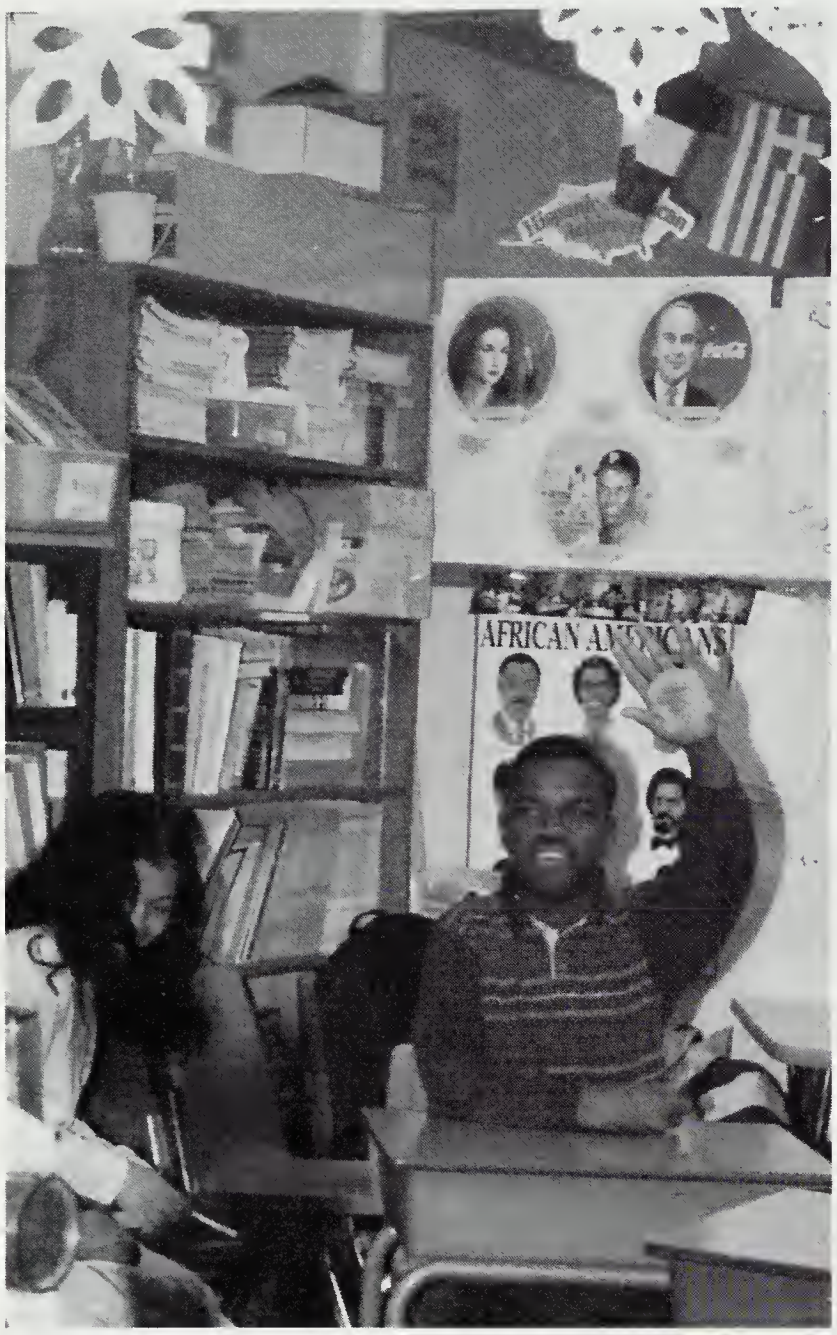


Beta Club ***Front Row***: Julie Foxworthy, Jenny Williamson, Kara Artz, Barbara Heritage, Tinika Montgomery, Johanna Blanco, Angela Anniballi, Jeffifer Tindall, Peter Smith, Jeremy Urban, Vatchara Vajirapinyo, Boyd Gunnell, Adam Kamihara;***Second Row***: Ben Wilhite, Stephanie Kam, Katie Woodside, Steffany Yamada, Jennette Schorsch, Heather Baker, Christina Zeranski, George Flynn, Aubrey Poe, Joy Justice, Brooke Taylor, Nancy Rosenow, Jennifer Alltop, Casey MacFarlane, Laurie Rigner, Jennifer Welch; ***Third Row***: Katherine Kelley, Doris Kolovos, Christine Bohannon, Eileen Higham, Kristin Buckstad, Angie Gress, Susan Gibson, Julie Burns, Amelia Vernon, Kara Legore, Shea Northup, Nikki Floris, Errol McEachron, Chris James, Jennifer Mosakewicz, Jill Ingram, Elizabeth Rivera, Beth Schu; ***Back Row*** Mike Hicks, Shirley Pena, Evan Wooten, Cristina Bull, Stephanie Daniels, Mike Milliken, Francisco Portell, Paul Smart, Spencer Jones, Mike Carter, Josh Lattin, Andrew Hewitt, Kevin O'Brien, Raza Cheema.

Tri-M ***Front Row***: Sara Dail, Jennifer Alltop *(Treasurer)*, Meghann Peterlin *(President)*, Beth Hein, Barbara Heritage, Heather Baker, Elizabeth Rivera, Erin Breland;***Back Row***: Angie Gress, Emily Campbell, Holly Baker, Christopher Maguire, James McCormick, Tom Shin, Paul Thalacker, Mr. Bud Hearne.

"Where is Ecuador?" Freshman Alfred Kamara raises his hand during a presentation given by Mrs. Zayda McCorkle, who left Ecuador when she was young.

After a presentation on Sierra Leone, sophomore Jean Song, freshman Angela Song, and Mrs. Kate Dail prepare to ask questions on the information that was presented.

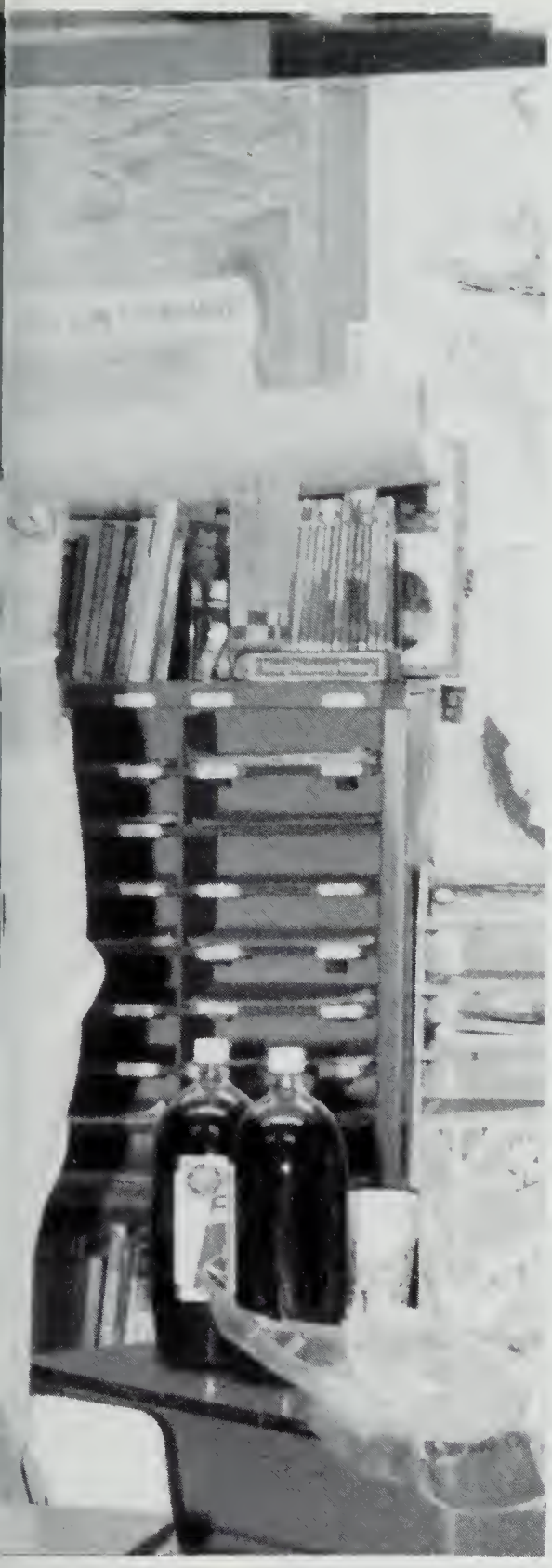


Allison Sautkulis

Allison Sautkulis

International Club ***Front Row:*** Odessa Trinidad, Pompun Bowornkit, Myzsa Pennell, Cristina Navarro, Mabel Obeng, Alfred Kamara, ***Second Row:*** Sachie Ogawa, Nidhi Sharma, Megan Farrell, Aisha Al-Alawi, Lydia Mabika, Rebecca Obeng, Zubeida Alawi, ***Back Row:*** Barsakhi Roy, Melissa Ritenour, Evelyn Stone, Mekhla Darshan, Sara Dail, Rumana Ahmed, Tiffany Kerns, Shirley Pena, Ebtesam Al-Alawi, Mrs. Kate Dail (sponsor).

Spanish Honor Society ***Front Row:*** Julie Burns, Katie McAllister, Meghan Moore, Nikki Floris, Jennifer Mosakewicz, Angie Gress, Casey Powell, Christine Bohannon; ***Second Row:*** Kara Legore, Maria Vargas, Colleen Gray, Sara Dail, Jill Inskeep, Kara Artz, Jenny Williamson, Jocelyn Park, Stefanie Kam, Joy Justice, Nancy Rosenow; ***Third Row:*** Susana Iturregui, Johanna Blanco, Jill Ingram, Cristina Bull, Jennifer Gray, Rebekah Donahue, Lindsay Northup, Kim Newell, Katy Murphy, Will Giandoni, Stephanie Zerkow, Lindsey Paul; ***Back Row:*** Jeremy Urban, Sean Bies, Todd Yoho, Stephanie Daniels, Francisco Portell, Eric Lee, Kevin Fahy, Spencer Jones, Chris James.



Clubs Create Unity Through Knowledge

come together

As sophomore Lydia Mabika waited to speak as President of the International Club, she glanced at the faces that had belonged to strangers a year earlier.

"I wanted to get together all the people from different countries, because they might feel lonely and left out. I want to make people happy and smile," Mabika said.

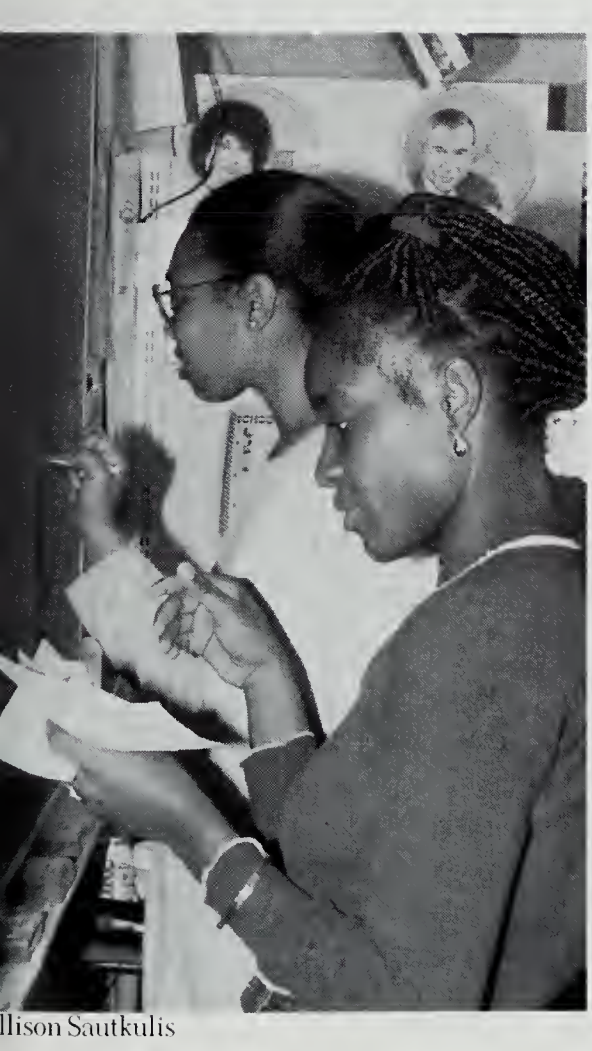
The Spanish Honor Society encouraged learning through tutoring. "This is the first experience I've had tutoring since fifth grade. There are a lot of people in Spanish Honor Society and it gives the people who are being tutored individual help," junior Jackie Zambrano said.

Honor society members had to tutor five times to wear a chord at graduation, while the International Club hosted presentations on countries, such as Sierra Leone.

by Jenny Williamson

"We don't raise money because our only event is the induction ceremony."

Ms. Bethany Korgan



Allison Sautkulis

Allison Sautkulis

During the monthly meeting of the International Club, sophomores Tiffany Kerns and Rebecca Obeng share an exotic foreign recipe with the group by writing it on the board.

Listening intently, sophomores Anapuma Pershad and Natasha DeMeyere pay attention to a discussion on foreign affairs during an International Club meeting.

French Students Get a Taste of France

tour de france

Order! Order! Members of the French Club gathered in Mme. Volzer's room holding tubs of whipped cream and jars of chocolate, ready to devour french pastries called crepes.

"After the meetings we eat crepes, which are really similar to flat pancakes. Every club member brings in condiments to top the crepes. Honestly, I think some people may come to meetings just for the food," junior Jeanette Schorsh said.

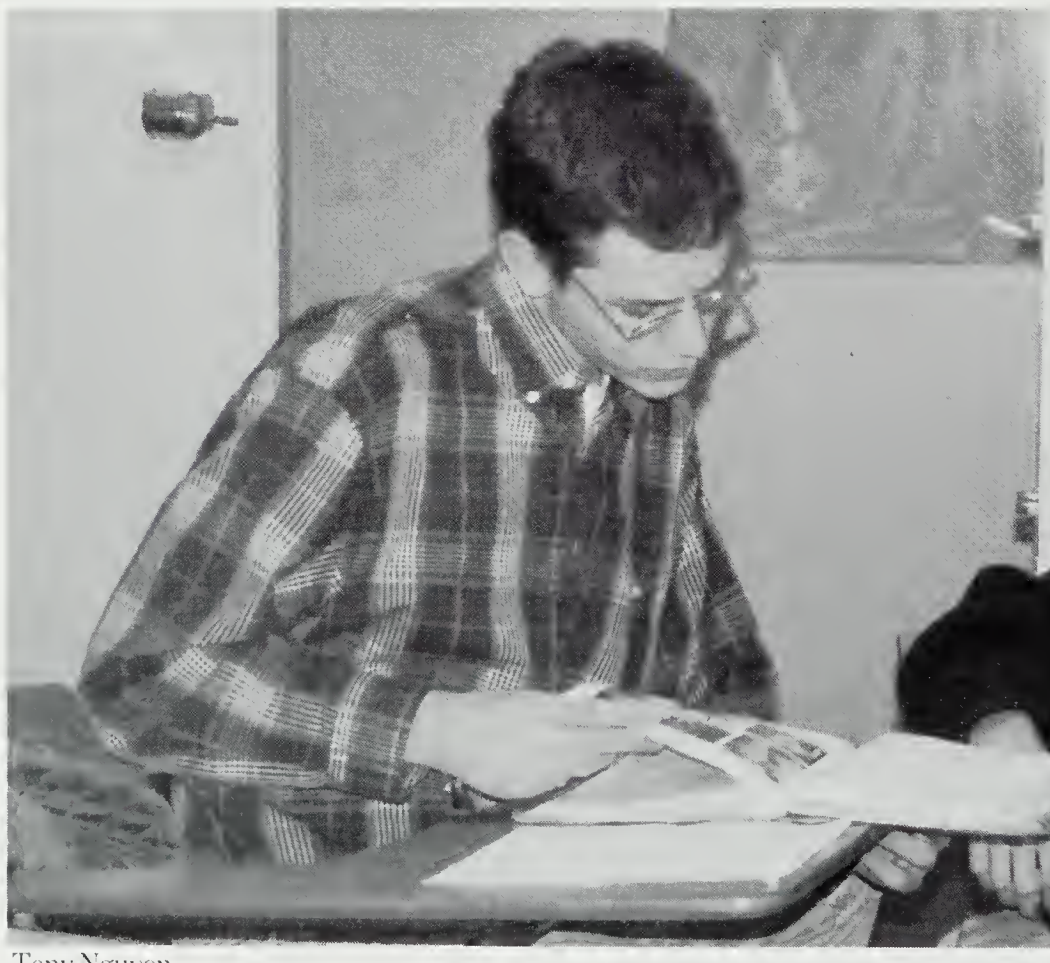
The French Club traveled to Cafe Rocheambeau in Occoquan to practice their French. "Fewer people came than we had planned. We ordered in French, because the owners are French," senior Khilia Robinson said.

The French Club and French Honor Society held meetings every Tuesday of every month, after school in Foreign Language 10.

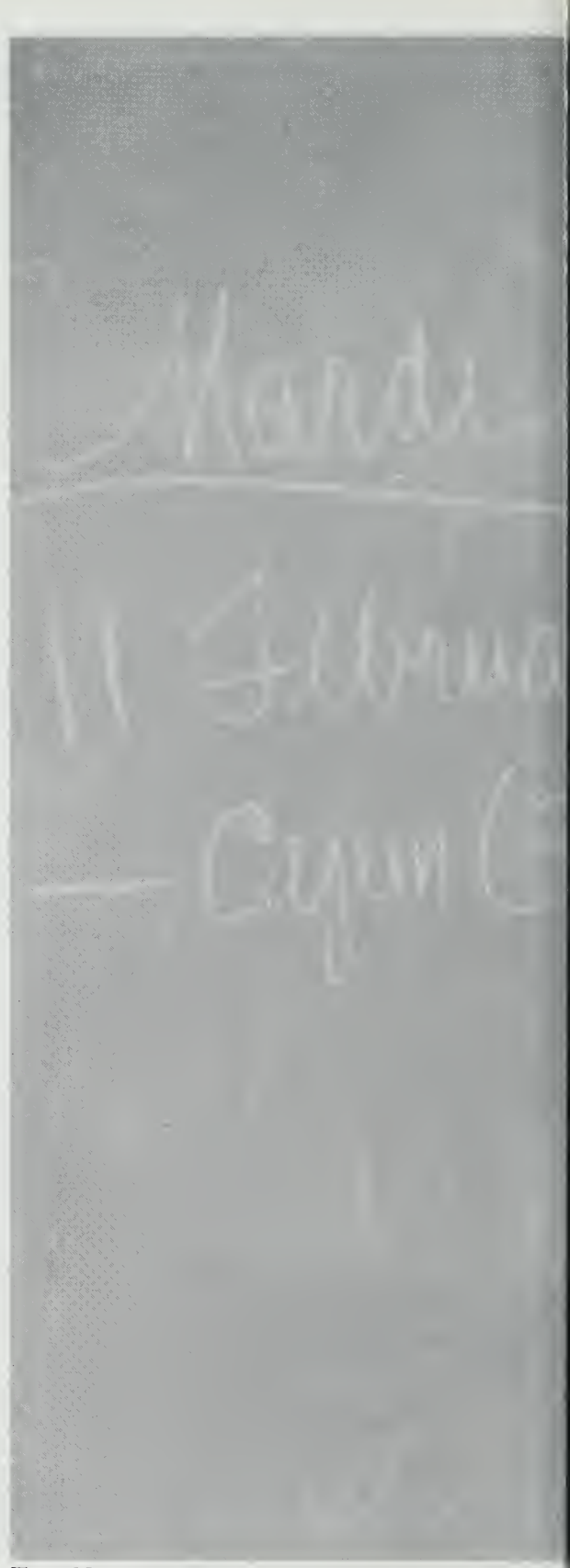
by Katie McAllister

"Tutoring was hard at first, but when they start to understand, it's easier."

Vatchara Vajiropinyo - 11



Tony Nguyen

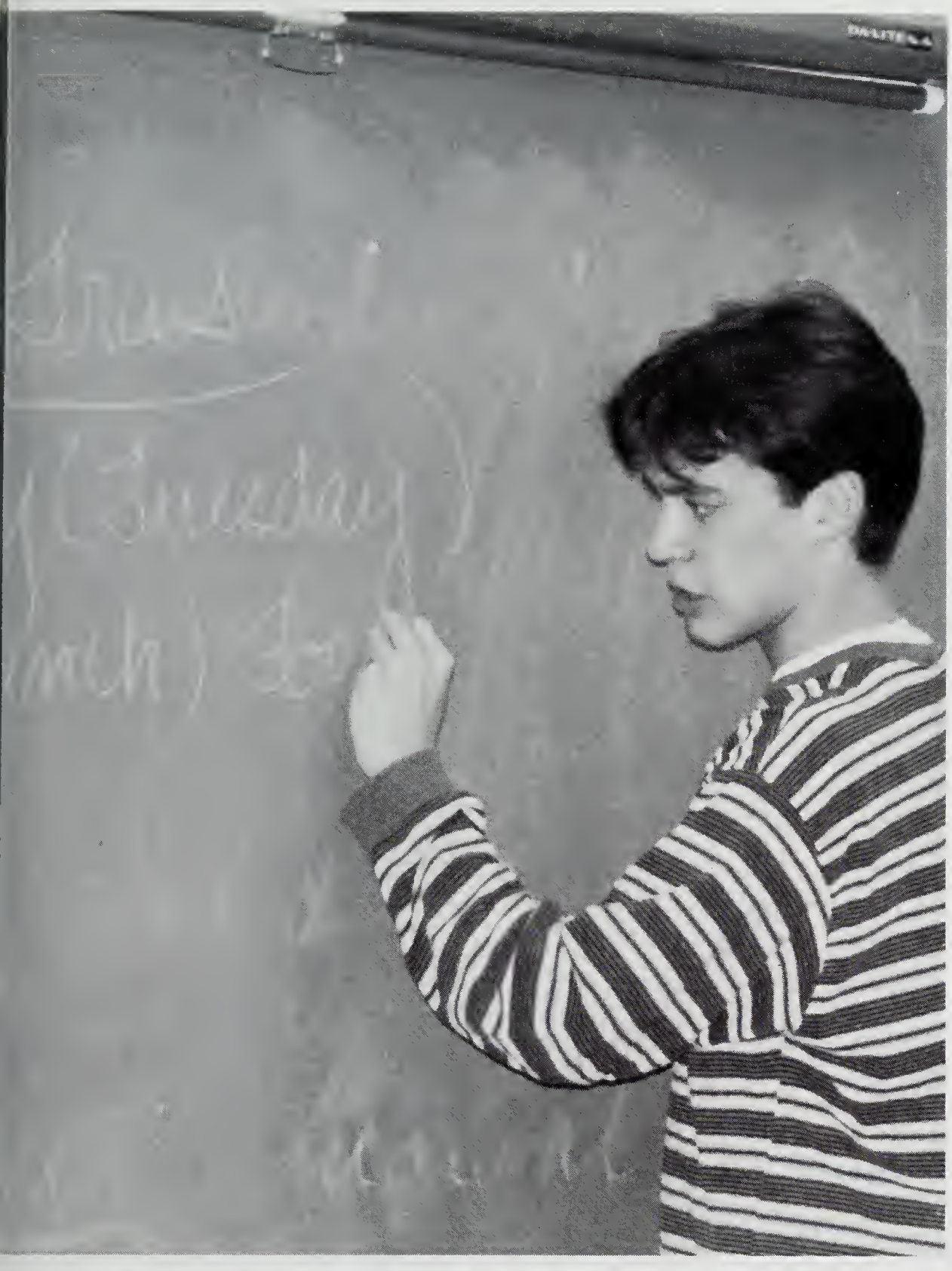


Tony Nguyen

Tony Nguyen

How can I help you? Senior Stephen Brown aided a French II student during an after school tutorial session. The French Honor Society provided extra help for students.

Queen of Cake. Senior Khilia Robinson crowns senior Doris Kolovos at a meeting for French Club. Members were crowned for finding a cherry in their cake.

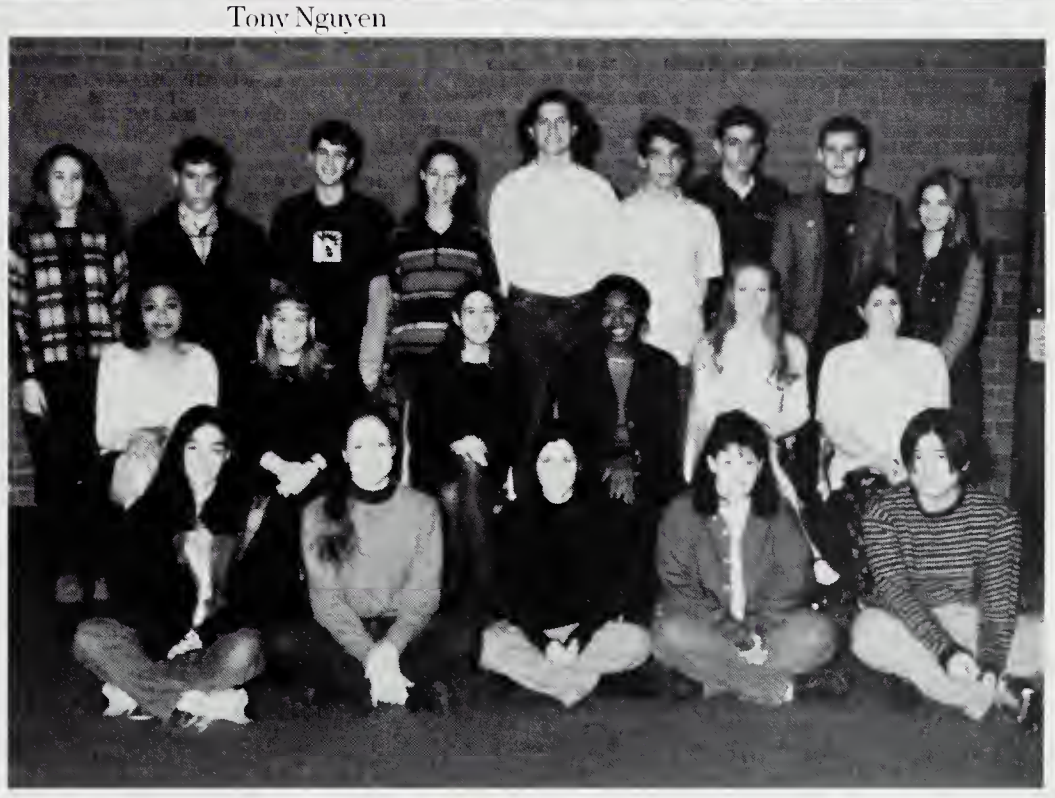


Party time! Senior Christopher Maguire wrote the dates of Mardi Gras on the chalkboard of his French V class. The French V classes celebrated Mardi Gras.

Mmm! Sophomore Virginia Atkinson wipes her lips after a bite of cake. Appetizers were served after the French Club's meeting business was completed.

Tony Nguyen

French Honor Society ***Front Row***: Missy Ayers, Steffany Yamada, Doris Kolovos, Ruth Wilshere, Amelia Vernon, Jennette Schorsh; ***Back Row***: Aubrey Poe, Christina Zeranski, Mandy Vida, Stephen Brown, Vatchara Vajiropinyo, Jen Looney, Tinika Montgomery.



French Club ***Front Row***: Steffany Yamada, Ruth Wilshere, Doris Kolovos, Stephanie Webb, Tom Shin; ***Second Row***: Dominique Carter, Melissa Ritenour, Julie Nelson, Khilia Robinson, Amelia Vernon, Julie Foxworthy; ***Back Row***: Jennette Schorsh, David Kaplan, Sean Lyng, Claire Johnson, Bo Young, Christopher Maguire, Stephen Brown, Michael Kutchman, Virginia Atkinson.

letter perfect

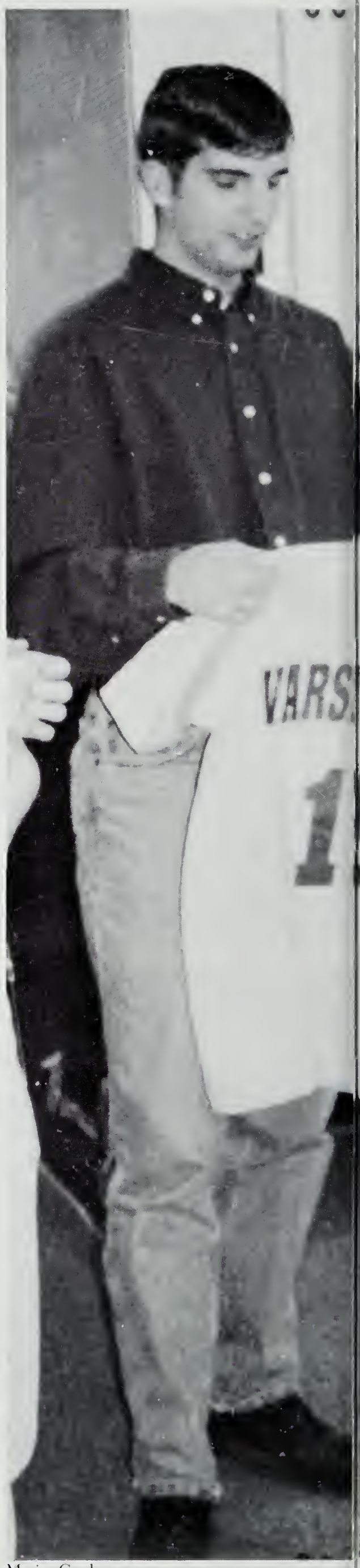
As the list of names on a clipboard floated around Mr. Mike Yeatts' room of Varsity club members, senior president, Robbie James, signed it. They discussed the upcoming events where club members volunteered to help. "My friend signed me up in a shift to help direct traffic at the craft fair. It was really fun because we got to talk on the walkie-talkies to communicate across the parking lot," sohomore Shannon Corwell said.

The Varsity Club voted on committee members to lead the group. Each position had certain jobs to be fulfilled, such as collecting money. "The Varsity Club raises money for Varsity letters for the student athletes to use after lettering. The left over money is donated to a charity fund such as the Special Olympics," junior treasurer Brooke Parker said. The Special Olympics was organized and attended by members who volunteered.

by Dawn Cleary

"Varsity Club gets to personalize T-shirts. We put our nickname and number on it. I put Rinnie on mine."

Erin Lyga-11



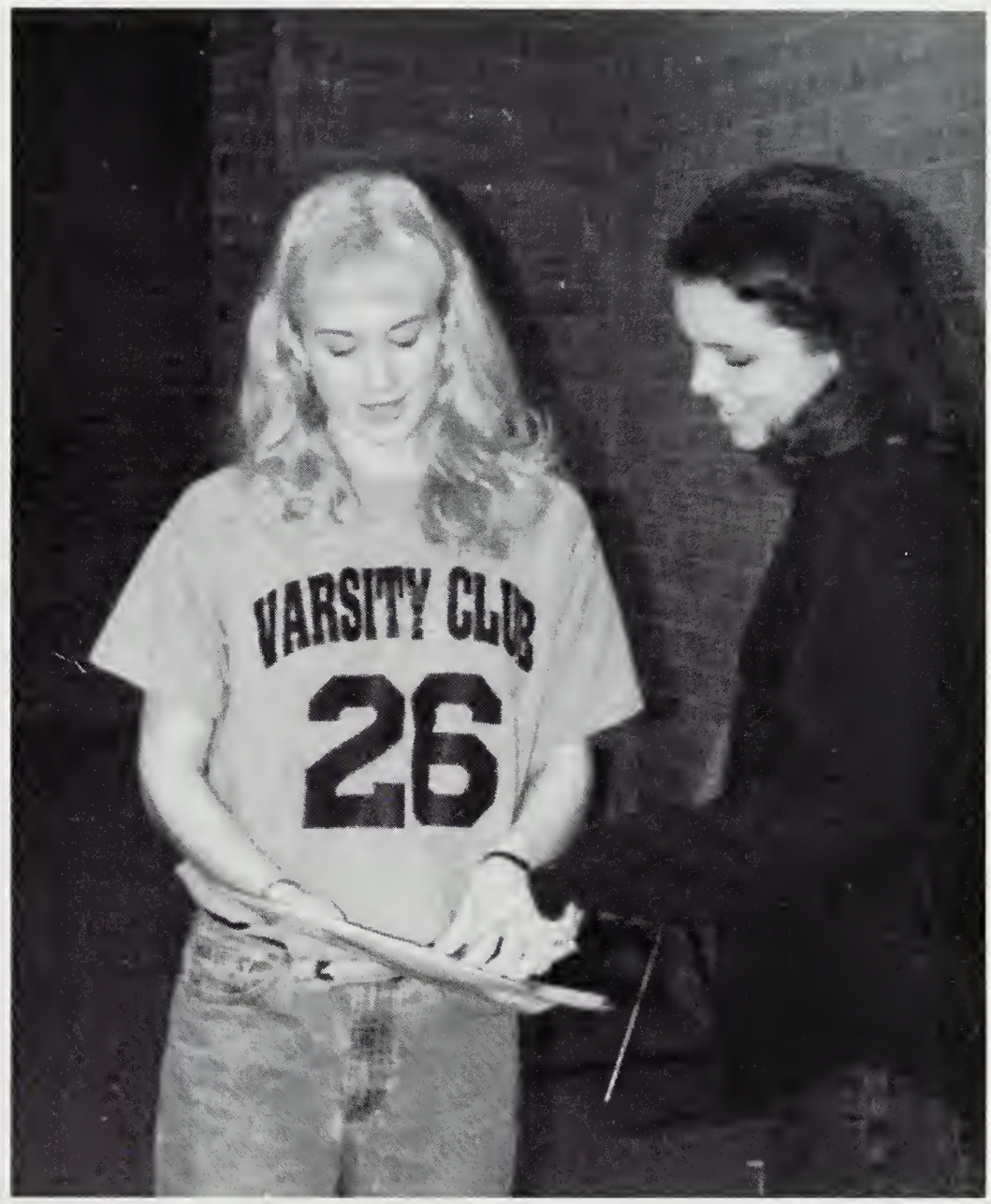
Marian Gryder

Marian Gryder

"Wow! That is so awesome," exclaims junior Katie McAllister as she inspects senior Casey Powell's T-shirt. The colors of the T-shirts were grey with green writing on them.

to pick up her Varsity Club T-shirt, junior Lisa Swanson stops by sponsor, Mr. Mike Yeatts' room. Members chose personal nicknames and numbers to be printed on their shirts.

Clipboard in hand, senior Amanda Schroeder asks junior Cecilia Riek what shift she signed up for to direct traffic. They signed up for certain shifts to direct traffic at the craft show.



Tony Nguyen

Varsity Club Mamie Pekanyande,Lynley Intellini, Kelly Gray, Lisa Swanson, Nikki Floris. Sarah Sanchez, Dawn Wanzer, Kim Fisher, Cobie Hollar, Melanie White, Lisa Katzbeck, Amanda Schroeder, Paul Lake, Ellen Webber, Shannon Cornwell, Jennifer Bergeron, Elizabeth Bowden, Julie Burns, Cecilia Riek, Brooke Parker, Casey Powell, Shannon Brown, Mary Gilhooly Autumn Baltimore, Missy Shank, Amy Varner, Nicloe DiFazio, Jennifer Pfaff, Amelia Vernon, Kara Legore, Holly Baker, Lindsey Paul, Hilary Hansen, Katie McAllister, Rachel Rogozinski, Mary McWilliams, Cristin Frederick, Lisa Hantjis, Jill Ingram, Tinia Cambell, Mike Bergazzi, Ben Plummer, Brian Blackburn, Rob James, Mitch Johnson, Eric Merck, Matt Lehr, Josh Whitman, Chris Esterline, Chris Clay, Stephanie Daniels, Andy Hewlett, Chris James, David Kaplan, Jim Cowardin, Ryan Cummins, Cortez Quarles, Andrew Harrison, Danny Wittmann, Dawn Cleary, Nicole McMonigle, Sara Dail, Derik Burrows, Matt Krycinski, Chris Johnson, Mark McCann, Cristina Bull, Danielle Eure, Amanda Boyle, Carrie Witherel, and Chris Kods.

hands in motion, junior Melissa Broadus, repeats what a classmate just said. Members volunteered to attend events to use sign language outside of school.

Allison Sautkulis

Sign Language Club ***Front Row:*** Patty Hwang, Un Kim, Ellie Sachs, Nicole Garling, Donald Lynch ***Second Row:*** Kathy Paz, Tara Boudreaux, Jessica Gonzalez, Lisa Greiling, Kimberly Walker, Roger Stewart ***Back Row:*** Miss Shellie Moses, Evelyn Stone, Melissa Broadus, Heather Ley, Adam Trott, April Davis.

Allison Sautkulis

Hands and Fingers Flip and Fly In Unison

signs of the time

Silence was golden when Sign Language club members pariticipated in silent suppers. At these dinners, students were not allowed to speak in order to learn more about sign language and life without the sense of sound.

"Every month we have a silent supper at Chuck E. Cheese, Pizza Hut, or Red Robin. We are not allowed to talk, only sign. I don't really pay attention to see if people really believe we're deaf or not. When we order our food, we write it down or point it out on the menu to the waiter," junior Rebecca Reibling said.

Silent suppers were for group members to get together outside of school to learn to communicate with each other, as well as with strangers not familiar with sign language. It also gave students time to practice their sign language skills.

The activities with the highest attendance ratings included silent suppers and visiting deaf children at their schools.

by Dawn Cleary

"The club goes to Piper plays to sign plays for deaf children, and at the same time, we get practice."

Dorie Pi -12

Iyana Tennon

At a club meeting, senior Jessica Gonzalez, plans a series of club events throughout the year. Most of them were annual, but they attended something new each year to sign.

Lips sealed, seniors Roger Stewart-Frederick and Adam Trotta communicate with their hands. Participating in conversations gave members more practice and experience.

HSU Educates Students on Heritage

stand as one

With decorative boxes and posters strewn across the floor, the upper cafeteria buzzed with activity. The Hispanic Student Union was advertising for their canned food drive. They planned on donating everything collected to ACTS and other causes.

The Hispanic Sudent Union met every Thursday. "Our purpose is to raise awareness in the community of the Hispanic culture. We intend to accomplish this by inviting people to the club and doing community service. We want to change the views that people have about Hispanics," senior president, Johanna Izaguirre said

Members learned about their cultures and backgrounds.

"I haven't forgotten my background. I'm very proud of my heritage. It means a lot to me that Hispanics are being given an opportunity to demonstrate and share with others the great respect we have for our culture," freshman Monica Ramirez said.

by Joy Vajirapinyo

"The club has taught me that being Latino is a beautiful thing and something that I can be proud of."

Jose Castano - 10

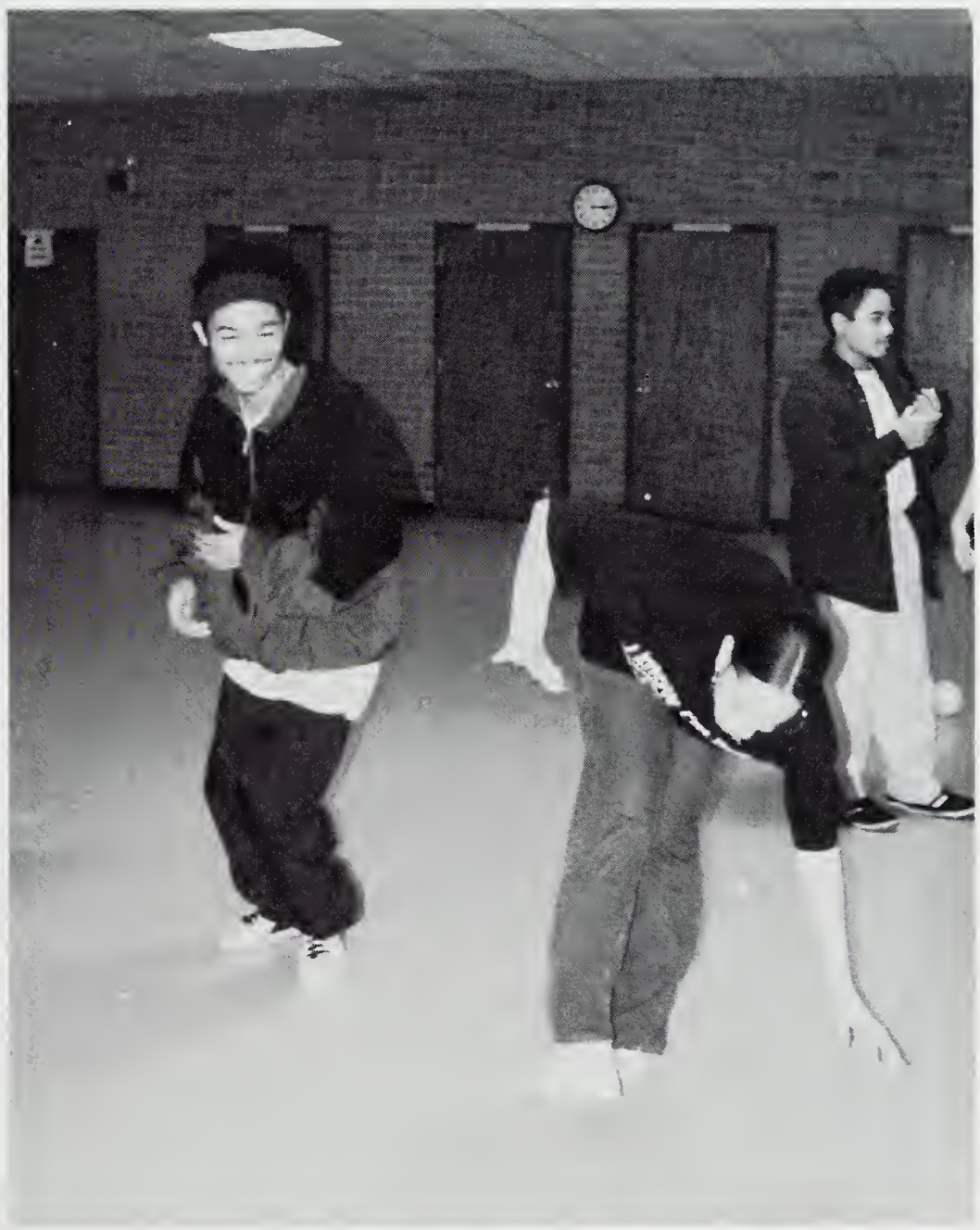
Carter Elmore

Party time. Freshman Monica Ramirez and senior Johanna Izaguirre talk over pizza. The Hispanic Student Union hosted the party to attract perspective members.

Carter Elmore

break it down. Senior Leo Acuesta demonstrates his newest dance moves to friends at a meeting. Acuesta also performed with partners in the Homecoming pep rally.

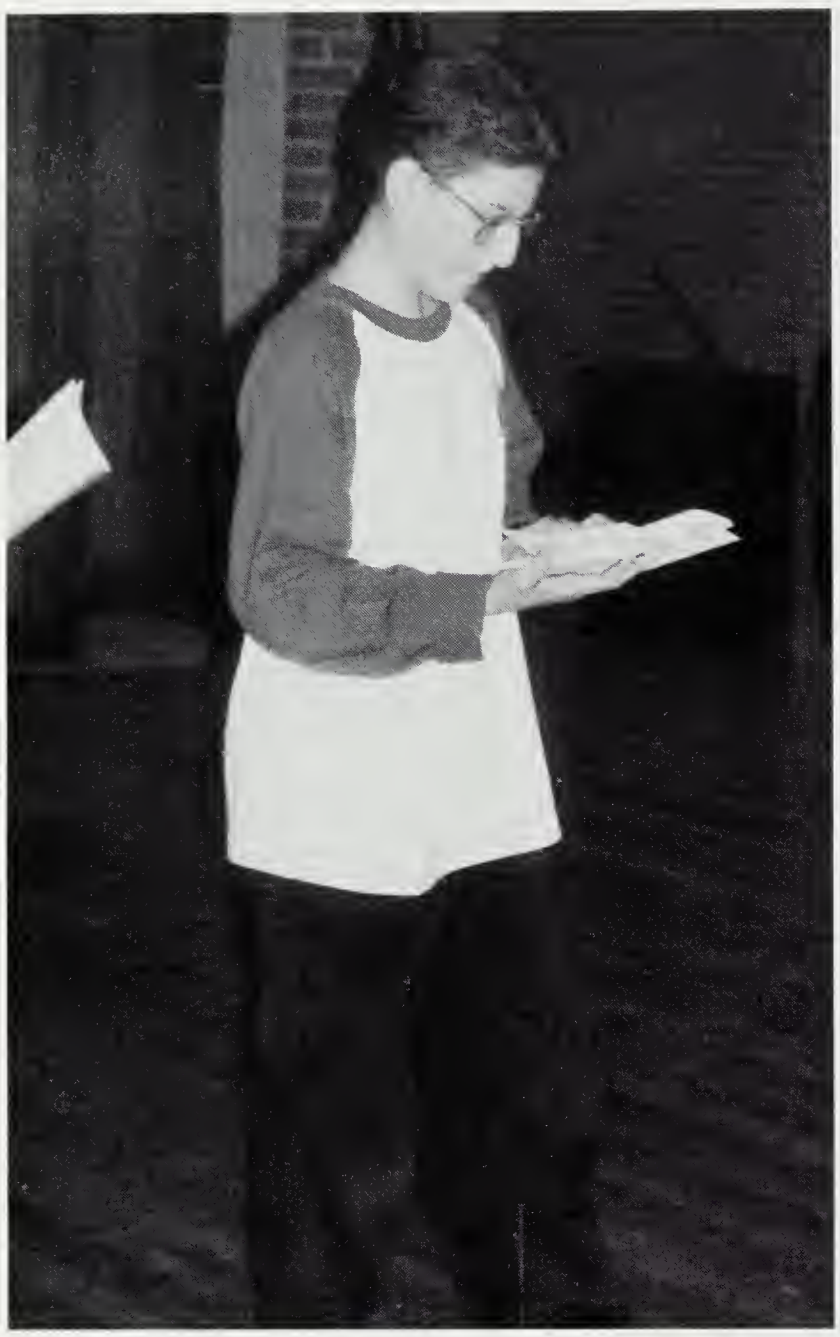
While taking a break from a December meeting, junior Pierre Reynolds and freshman July Oritz let off their extra energy. The HSU held weekly meetings.



Carter Elmore

Hispanic Student Union ***Front Row***: Victor Moreira, Carlos Guevara, Laban Johnson, Mario Viveros, Douglas Merino , Jose Claros, Leo Acuesta; ***Second Row***:Mrs. Zayda McCorkle, Lady Castaneda, Alexandra Rosero, Galicia Galvan, Jamie Sanluis, Marian Enriquez, Monica Ramirez, Julia Silva, Alexandra Guerrero; ***Back Row***: Maggie Zelaya, July Oritz, Vanessa Apacible, Johanna Izaguirre, Angie Delboy, Lisa Saure, Yenny Chavarria, Vivian Vargas, Noria Zelaya.

Now, find page 25. During auditions for *Farenheit 451*, freshman Jeremy Rosen, finds the lines he was asked to recite. Actors were asked to read lines for a specific character.



Carter Elmore

While he goes over a script for the play *Farenheit 451*, senior Evan Wooten underlines his lines. Students highlighted lines for memorization purposes.

Carter Elmore

Thespians ***Front Row***: Katherine Callahan, Lisa Greiling, Nikki St. Germain, Gina Cox, Brittany Lipinski, Barbara Heritage, Chris St. Germain; ***Second Row***: Steffany Yamada, Meghann Peterlin, Christina Zeranski, Leslie Crane, Shannon Baily, Noah Peery, Laura Smith, Kristin Thurner; ***Back Row***: Anitra Budd, Amy Panek, Bill Grandy, Chalmers Hood, Don Blanton, Melanie Cassasa, Evan Wooten, Ben Rickard.

Drama Club ***Front Row***: Meredith Calloway, Wendy Hickok, Elizabeth Rivera, Peter Schilling, Barbara Heritage, Missy Ayers, Amanda Carlson, Andie Wurster, Erin Werndorf, Bridget Turnstaff, Tamarisk Cardwell, Nicole Garing, ***Second Row***: Tony Turchiano, Terry Burton, Katherine Callahan, Kristin Thurner, Nikki St. Germain, Lisa Greiling, Lesslie Crane, Holly Baker, Dana Stamilio, Stewart Copeland, Laura Smith, Kristin Farmer, Shannon Baily; ***Third Row***: Jessie Sutherland, Dawn Marie Dunn, Christina Zeranski, Meghann peterlin, Steffany Yamada, Samantha Chrysler, Melissa Crail, Gina Cox, Melanie Casassa, Lindsey Paul, Jennette Schorsch, Jennifer Cooper, Anitra Budd, Amy Panek, Chris St. Germain, Mr. Albert Smith, ***Back Row***: Beth Tomchek, April Pittman, Dustin Farmer, Noah Peery, John Leon, Bill Grandy, James McCormick, James Kirk, Ben Rickard, Keith Bevins, Jonathan Dakon.

Students Express Talents On Stage

star Struck

As he stepped on to the stage, junior Bo Young read his lines for the Spring play, *Farenheit 451.* "I don't have a problem with speaking in front of people, so I don't get nervous when I try out for a play," Young said.

The Thespian Society was an organization into which dedicated drama students were inducted. "To be inducted into theThespain Society you have to accumulate a specific number of points," junior Lisa Greiling said. The Thespian Conference was held on January 3, 4, and 5 at Radford University.

The Drama Club was a way to meet new people. "In drama everyone is individualized and that comes out when we are together. We hang out at rehearsals, meetings and eat lunch together," junior Marisha Richardson said.

by Meggan Curtin

"At the Thespian Conference, actors get together and go to workshops."

Heather Webber - 12

Carter Elmore

Carter Elmore

Ah, liquid refreshment! Taking a break from rehearsal, junior Christina Zeranski drinks a Diet Coke and chats with friends. Breaks were taken during long rehearsals.

Okay, read this line. Drama teacher and play director, Mr. Albert Smith went over the script, with the cast, during rehearsal for theplay *Farenheit 451.*

Speech Events Help Students Communicate

contention one

As she nervously stood in front of the classroom waiting for the judge to finish writing her name, junior Heather VanMeter prepared to begin her debate round. When the judge looked up she began to read her constructive case.

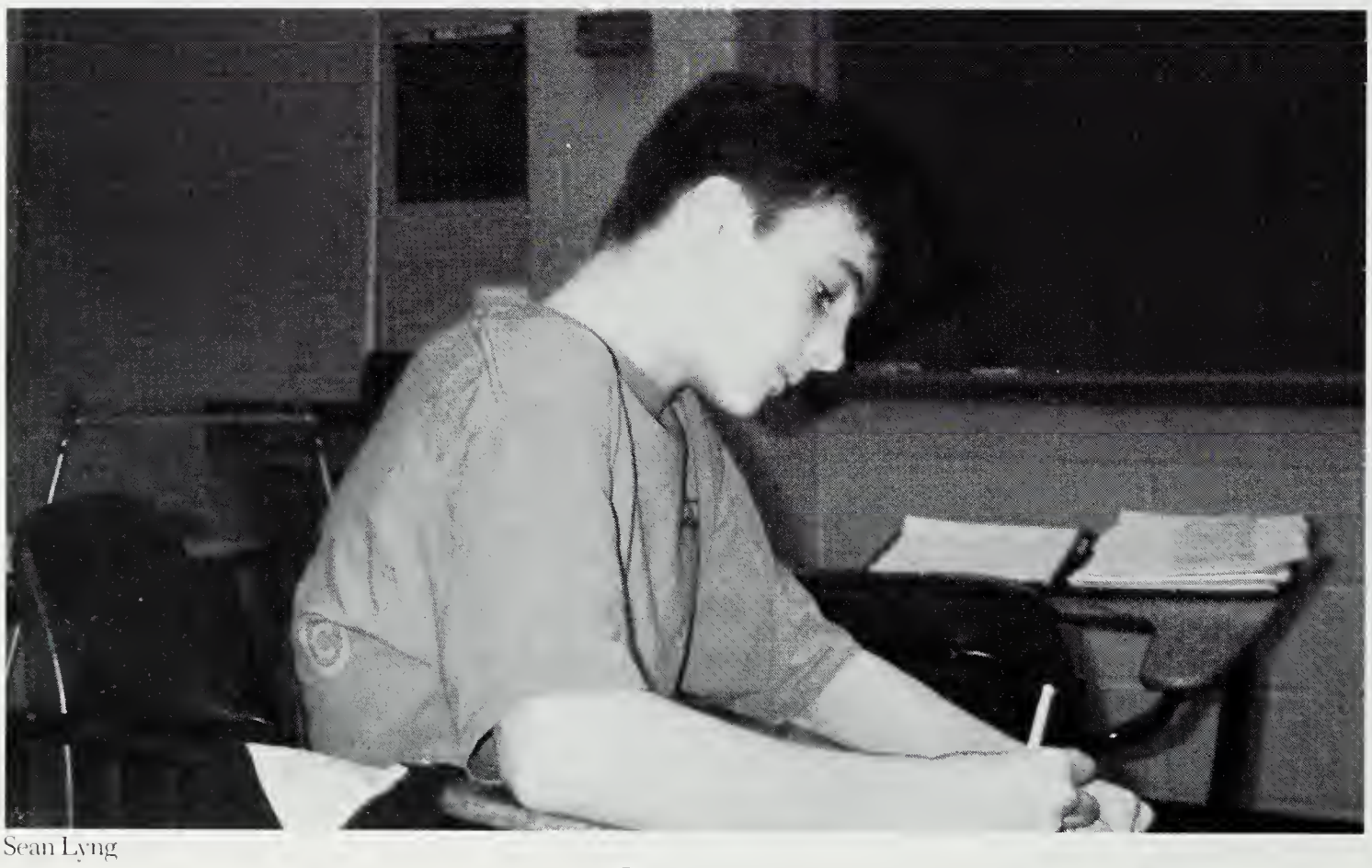
"Right before a round, I get really nervous. You never know whether your opponent is going to be good or not. After you actually begin talking it all goes away," said VanMeter. Debate consisted of a 45 minute round or argumentation. There were four rounds in a tournament and six in an invitational.

> "Right before a round, I get really nervous. I never know if my opponent is going to be good."

In Model United Nations, students represented countries, and defended what their country would want in global situations. "At M.U.N. conferences, we engage in formal debates, and represent a variety of countries," sophomore Michelle Butler said.

Extemporaneous speaking, Student Congress, and Duo Interpretation, were just some of the events that Forensics members participated in. "Forensicators" competed in multiple events.

by Sean Lyng



Sean Lyng

Tony Nguyen

frantically and furiously scribbling on his pad, freshman Matt Williams writes the arguments from the board on his pad. Meetings generated ideas for the next tournament.

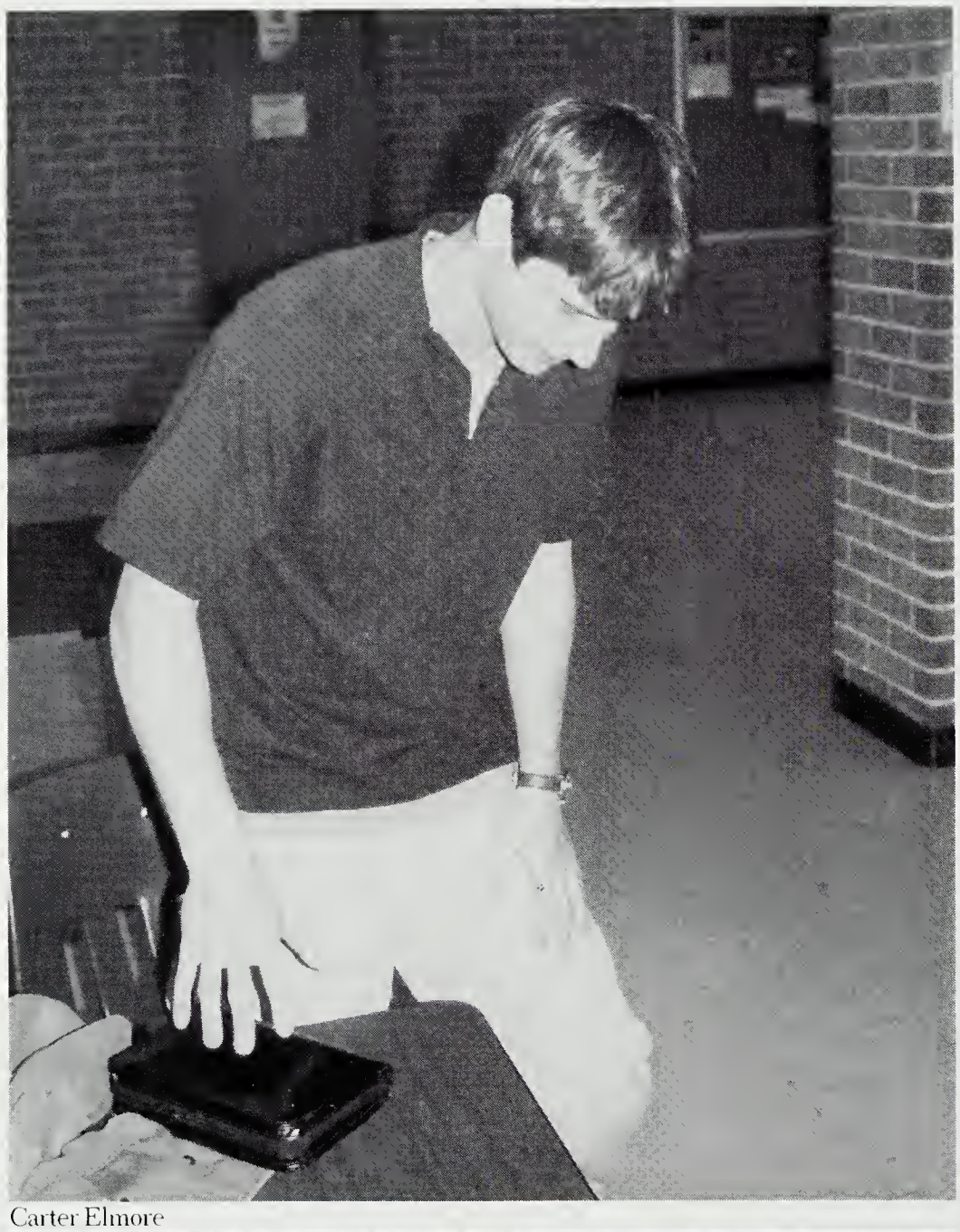
the portfolio of senior Mike Hicks is the center of junior Mike Kutchman's attention. At Monday night meetings, teammates talked about the topics, and exchanged ideas.

Debate ***Front Row:*** Julie Foxworthy, Kristin Buckstad, Jill Inskeep, Geoff Grogan ***Back Row:*** Kevin Kleinman, Mike Hicks, Bo Young, Sean Lyng, Alex Taylor, Mike Kutchman, Damien Brown, Paul Conti, Mrs. Cathy Turner (sponsor).

Forensics ***Front Row:*** Julie Foxworthy, Tim Waclawski, Laura Smith, Angelo Perez ***Back Row:*** Briannah Robinson, Mike Hicks, Chalmers Hood, Bo Young, Sean Lyng, Mike Kutchman, Anitra Budd, Mrs. Cathy Turner (sponsor).

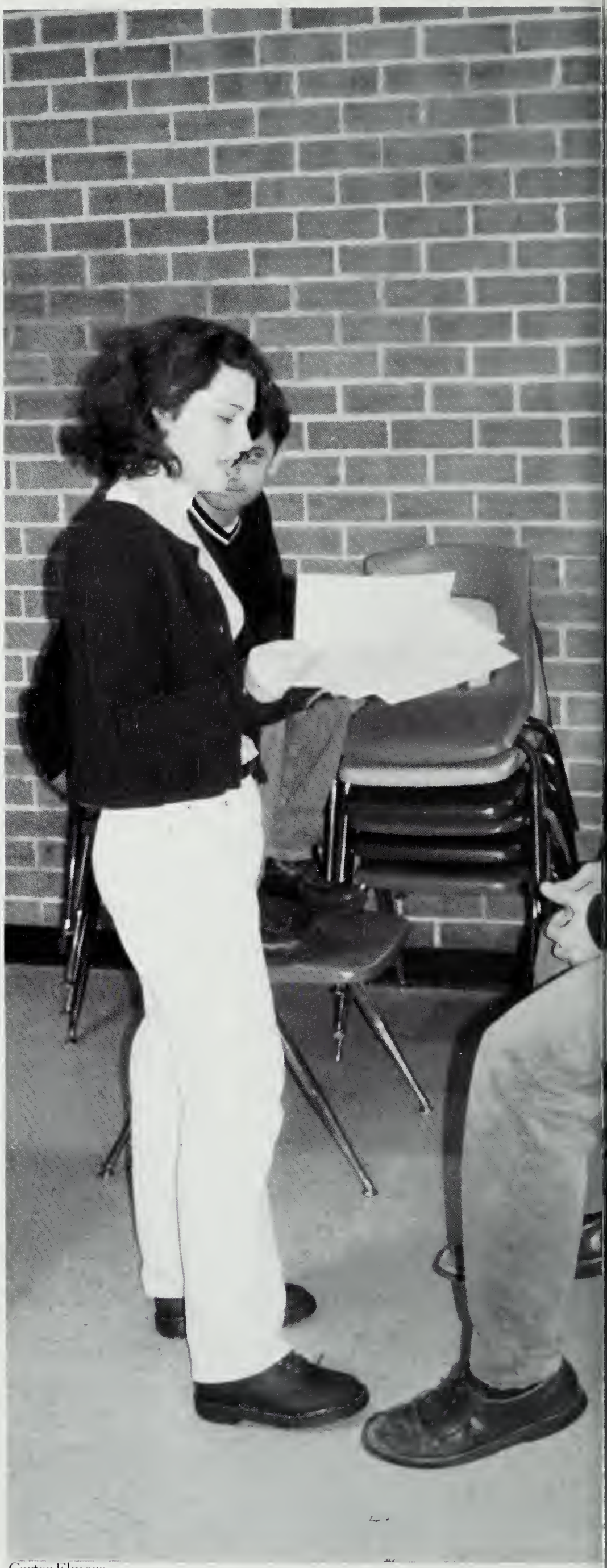
Model United Nation ***Front Row:*** Ilona Baldwin, Desiree D'Souza, Cindey Grady ***Back Row:*** Melissa Gibbons, Mr. Robert Loftus (sponsor), Boyd Gunnel, Scott Buchanan, Michelle Butler.

notebook in hand, junior Andrew Harrison gets ready to take notes on upcoming events during the SCA meeting. Meetings for class representatives were held during D lunch.



Carter Elmore

SCA *Front Row*: Melissa Ritenour, Elizabeth Bowden, Becky Shifflett, Cassandra Weddel, Nikki Floris, Dawn Wanzer, Alison Winters, Don Blanton, Starkisha Williams, Stephanie Zerkow; ***Second Row***: Evelyn Stone, Rumana Ahmed, Hilary Hansen, Cobie Hollar, Jen Looney, Katie Farley, Melanie White, Jennifer Mosakewicz, Katy Murphy, Danielle Eure, Cristina Bull, Angie Gress, Sara Kennedy, Kate Ragsdale, Analiza Feniza; ***Third Row***: Lauren Davidson, Joe Davis-Diehl, Mike Williams, David Kaplan, Korrin Anderson, Khalid Chavis, John Gibson, Elizabeth Mitchell, Nick Pardi, Joseph Hudoba, Hugo Cubias, Andrew Harrison, Laurie Rihner, Katrina Ellertsson, Cheryl Chan, Enrique Corretjer; ***Back Row***: Jeremy Urban, Justin Hoertz, Paul Medaglia, Bo Young, James Kirk, Paul Smart, Jesse Hoffman, Michael Compton, David Waters, Will Giandoni.



Carter Elmore

Reps Aid Community With Fundraisers

we the people

While looking out of the bus' window at the passing scenery, sophomore Nick Pardi replayed the day's events at the Northern Virginia Youth Leadership Conference.

"At the leadership conference we met people from different schools in the county. The guest speaker taught us the best way to shake hands and make a good impression," Pardi said.

The student government sponsored a fundraiser and gave the proceeds to charity.

"We've branched out to the community by helping the less fortunate. We sponsored a competitive toy drive, but since people aren't needy only during the holidays we've continued after Christmas," senior Khilia Robinson said.

The SCA held a Toys for Tots drive to aid needy families in giving presents to their children.

Candidates for SCA and class offices had to campaign through posters, since speeches were not held before elections.

by Jenny Williamson

"As a member of the Executive Council, we give positive advice to SCA officers to help make decisions."

Josh Lattin - 12

Iyana Tennon

Planning ahead is essential. SCA Secretary junior Katie Farley discusses plans for the upcoming fundraiser with senior Doug Windland and the other SCA officers.

And the winner is... junior Taneea Mitchell fills out her voting ballot for the SCA elections. The elections were held on September 19 and 20 during all lunch shifts in the lobby.

Step Team Synchronized Their Routines

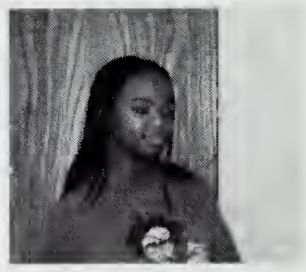
step to it

The rhythmic pounding of feet and clapping could be vibrated thoughout the hallways every Wednesday and Saturday afternoon during Step Team practice.

Before performing during the halftime shows at basketball games, members of the Step Team practiced their routines for two hours. "Practices are really demanding. We work on each step until each person is able to successfully execute it. Practices go beyond school. Each team member is required to come up with new steps and words to go with the steps at home," sophomore Jamilla Goodin said.

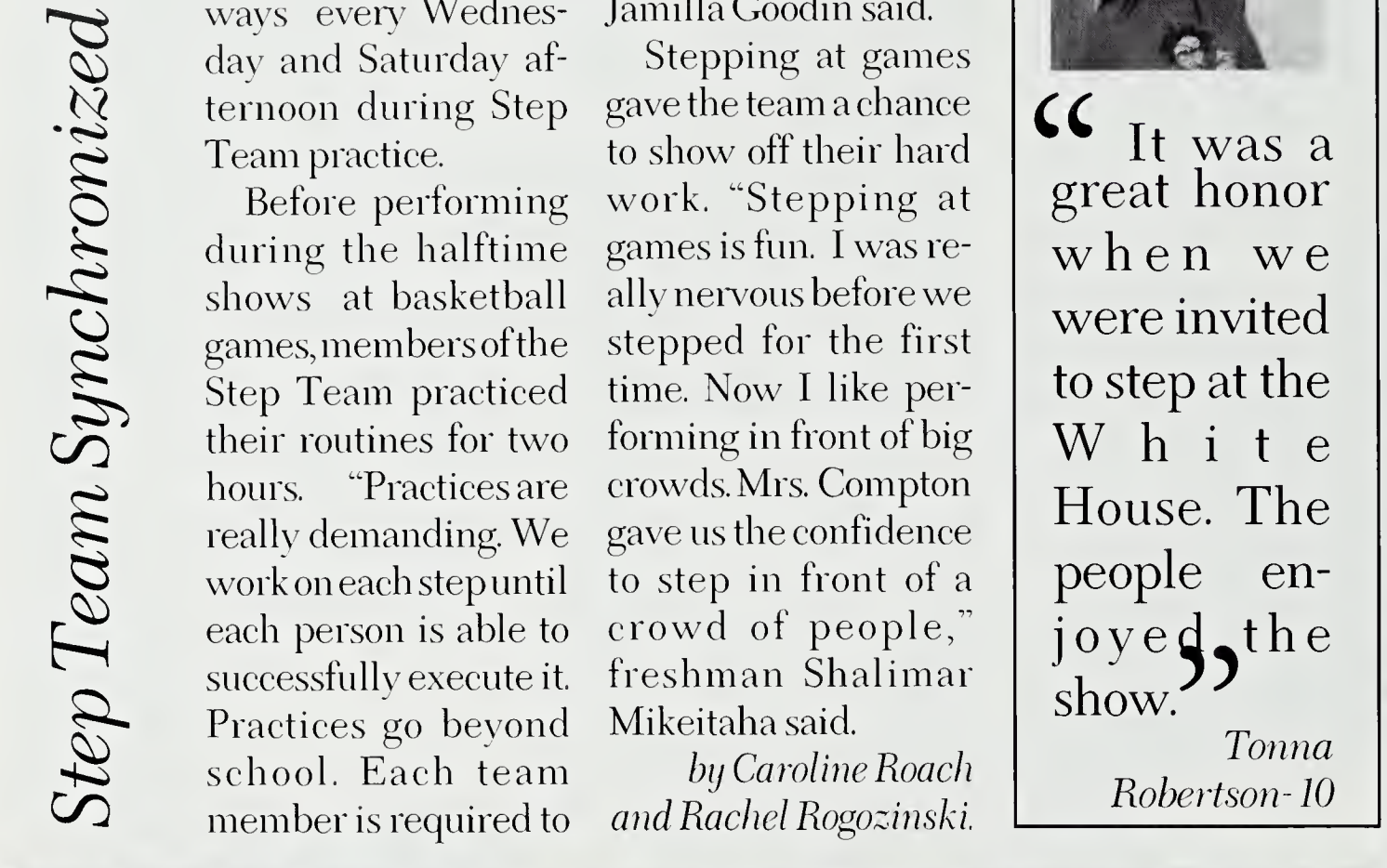
Stepping at games gave the team a chance to show off their hard work. "Stepping at games is fun. I was really nervous before we stepped for the first time. Now I like performing in front of big crowds. Mrs. Compton gave us the confidence to step in front of a crowd of people," freshman Shalimar Mikeitaha said.

by Caroline Roach and Rachel Rogozinski.



"It was a great honor when we were invited to step at the White House. The people enjoyed the show."

Tonna Robertson- 10



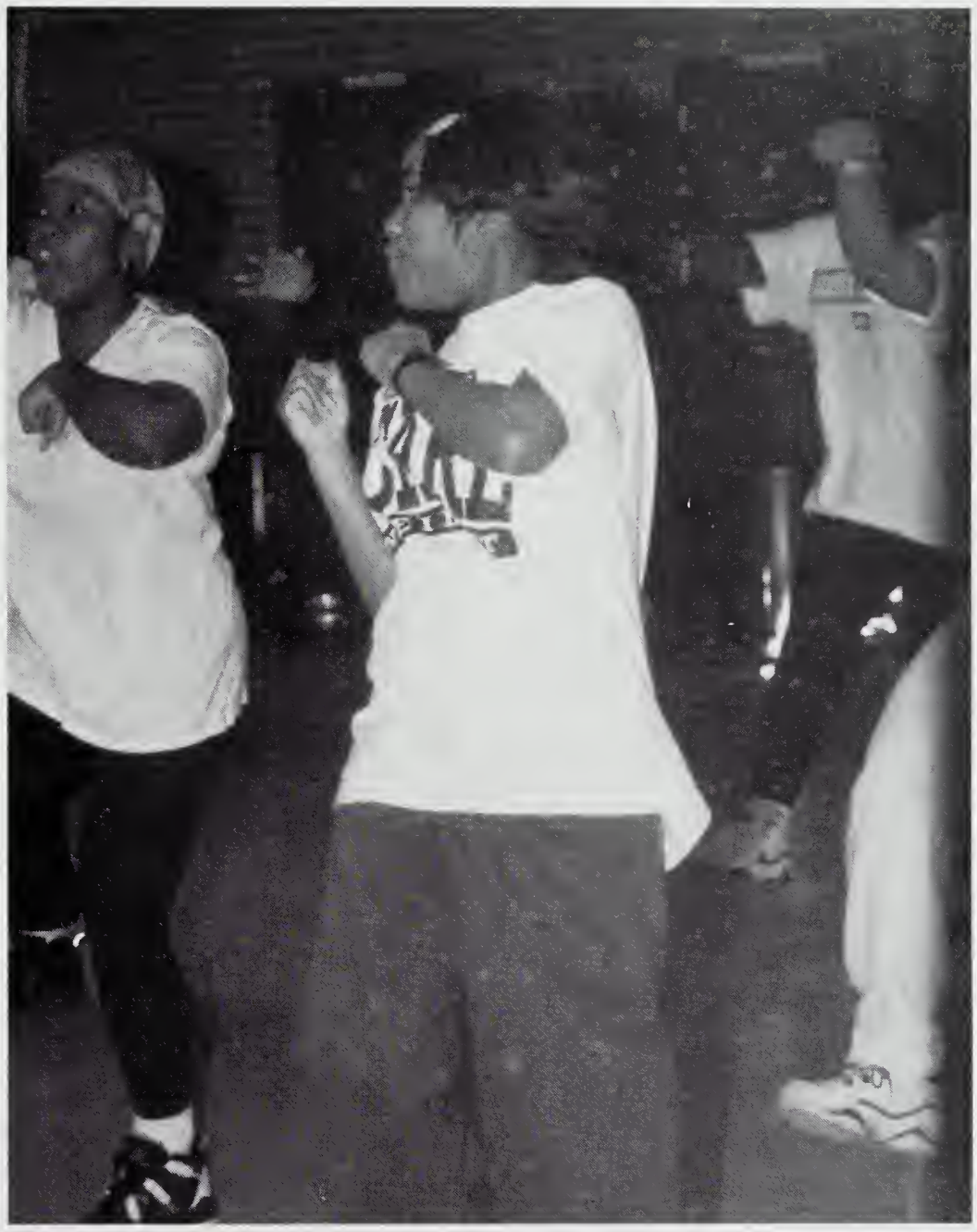
Tony Nguyen

One, two, three, four. Sophomores Tonna Robertson and Isebela Jones stay on beat and keep the rhythm of the music. Staying in step with others was of major importance.

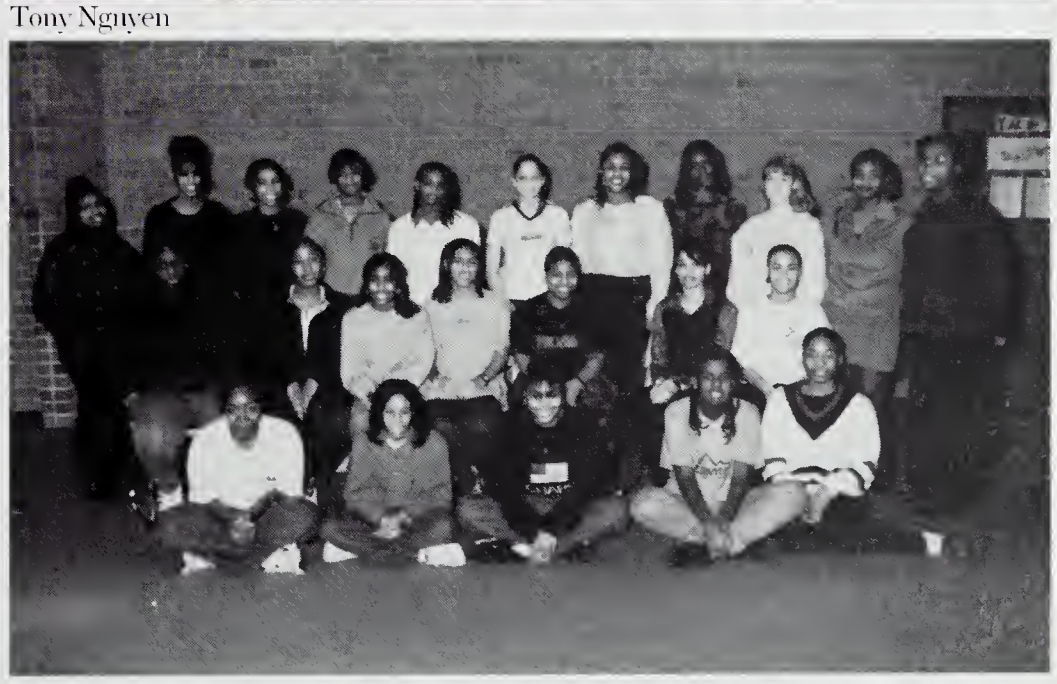
"follow me," senior Tanaisa Rainey leads the team in a new routine. Stepping required concentration and patience when trying to learn and perfect difficult moves.

Tony Nguyen

Stomp, clap, stomp. Senior Starkisha Williams goes through the latest step routine during practice. The Step Team practiced Wednesday and Saturday in the upper lobby.



Tony Nguyen



Step Team ***Front Row***: Serrita Dunos, Tinika Montgomery, Vernicia Valentin, Iyaja Harris, Netosha Wilson; ***Second Row***: Erestina Kamanda, Chequena Morris, Crystal Vinson, Isabela Jones, Nikkia Warren, Chawnta Whitney, Tara Boudreaux; ***Back Row***: Tanaisa Rainey, Shaneice Chenault, Starkisha Williams, Shazimar McKeithan, Tyjuanna Robertson, Navida Wrostad, Tiffani Harris, Michelle Brenbnor, Summer Carroll, Aleta Sims, Jamila Gooden.

Norseman ***Front Row***: Nikki Floris, Liz Aitken; ***Second Row***: Rebekah Donahue, Jen Looney, Shea Northup, Kate Youngbluth, Katie Farley; ***Back Row***: Todd Ingran, Joey Gallagher, John Gibson, Randy Sarago, Sherri Giasson, Kelly Melton, Amanda Jacob.

Key Club ***Front Row***: Jeremy Rosen, Patty Hwang, Un Kim, Kathy Paz, Falvasha Shafiq, Sherri Giasson, Katie Farley ;***Back Row:*** Casey Powell, Angelo Perez, Heather Pope, Sean Bies, Paul Medaglia, Angie Delboy, Sara Kennedy, Lisette Fee, Southita Sailshamporn.

SADD ***Front Row***: Jennifer McNamara, Amanda Schroeder, Evelyn Stone, Myzsa Pennell, Jill Ingram; ***SecondRow***: Mamie Pekanyande, Chassity Patnode, MoniqueBrown, Dawn Wanzer, Melissa Ritenour, Shannon Kirby, Stephanie Zerkow; ***Back Row***: Julie Nelson, Lindsay Salter, Melissa Kooyoomjian, Antionne Phippips, Steven Pittman, Paul Smart, Steven Smith, Andrea Alston, Jennifer Mosakewicz, Tanaisa Rainey.

Carter Elmore

Students Provide Community Service

reaching out

Consistently passing out presents, making goodie bags and aiding in the prevention of drinking and drug abuse were activities Norsemen, Key Club, and Students Against Drunk Driving participated in.

> " It was the greatest experience, going to Woodbine to visit the handicapped children "

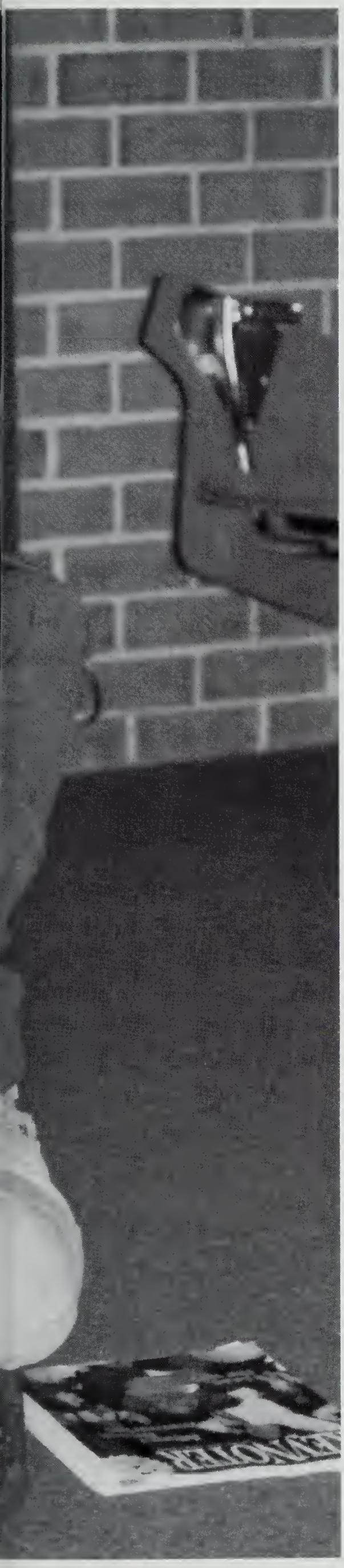
The Noresemen kept up the tradition of going to Woodbine Elementary during the holidays . "It was the greatest experience, going to Woodbine to visit the handicapped children. It was really amazing to see all their reactions when they opened up the presents we brought," senior Jenni Gray said.

Norsemen had to go through a rigorous induction before they were certified members of the club.

"The younger generation was able to support the community through the Key Club. "When we went to the Anne Ludwig School, we provided goodie bags and activities," senior Lisette Fee said.

These organizations allowed students to voice their opinions on underage alcohal and drug abuse. "SADD lets us tell each other what we think about drugs. It's important," senior Paul Smart said.

by Casey Powell



Carter Elmore

after putting together 100 goodie bags, senior Andrea Flanagan takes a short break. These bags were prepared for the handicapped children at Woodbine Elementary.

While in the auditorium, juniors Un Kim, Kathy Hwang and sophomore Cristen Frederick discuss plans for the trip which was held at Anne Ludwig School.

Where is that picture? Organization editors, juniors Cecilia Riek and Kimmy Reese, search through piles to find a picture. Clutter caused panic in the yearbook room.

Tony Nguyen

Yearbook ***Front Row***: Caroline Roach, Meggan Curtin, DeAnna Thorstad, Kim Fisher, Sarah Bruns, Libby Sova, Stacy Scarazzo; ***Second Row***: Iyana Tennon, Allison Sautkulis, Dawn Cleary, Elizabeth Bowden, Hilary Hansen, Casey Powell, Gillian Inskeep, Vatchara Vajirapinyo; ***Back Row***: Tony Nguyen, Jenny Williamson, Sean Lyng, Julie Foxworthy, Jennifer Sikorski, Kimmy Reese, Kara Artz, Beth Via, Katie McAllister, Cecilia Riek, Melissa Derr, Fred Leroux, Cheryl Greenway, Rose Burnley (advisor).

Tony Nguyen

Members Scurried to Meet Deadlines

up all night

Where's the ladder? Where did you put the Academics 1 disk? Choas reigned supreme as Editors-in-Chief Kara Artz and Julie Foxworthy ran around the room. As deadlines approached, the cramped Yearbook room became cluttered with layouts, photos, grease pencils, and computer disks.

When the members of the Yearbook staff entered the classroom on the first day of school they found that first year teacher Miss Rose Burnley was their new adviser.

"Considering this was my first year teaching and being an advisor it was kind of overwhelming for me," Burnley said. Not suprisingly, mishaps occurred despite efforts to avoid them.

"One problem is that the staff is so small. The staff members can have up to five spreads during one deadline. Everyone on the staff is dedicated to yearbook so you always have someone to help you when you are in a bind," sophomore Caroline Roach said.

by Meggan Curtin

"One fun thing about yearbook is when I go get quotes, because I get to meet a lot of people."

Libby Sova - 10

Tony Nguyen

buy a yearbook please! Junior Sean Lyng carefully painted a sign that advertised the selling price of a yearbook. Painting signs was one of the responsibilities of staff members.

click, click! Junior Jennifer Sikorski edits her Academic spreads on the Power Macintosh in the yearbook room. Editors carefully reviewed all spreads for mistakes.

Eddas Survives Schedule Reworkings

lucky no. 13

Don't walk under a ladder. If you break a mirror you'll receive seven years bad luck. *Eddas* staff members were faced with producing Edition 13 of the literary magazine.

The new scheduling caused the former schedule of Mrs. Cathy Hailey's Creative Writing classes to be reorganized. At first, this threatened to be bad luck, but it worked to the publication's advantage. "In the past, I've dealt with Creative Writing II and *Eddas* in the same class. Second semester, I can focus more on the magazine because I'll have a Creative Writing II class with all the editors in it," Mrs. Cathy Hailey said.

Eddas was composed of submissions from the members in the club as well as from other students. "This year we seem to be getting limited submissions. We're looking for more variety than just poetry; especially photography," senior Bridgit Kelly said. English teachers encouraged students to submit.

by DeAnna Thorstad

"When others submit work, we read through them. By doing this, we brush up on our skills."

Jocelyn Park-12

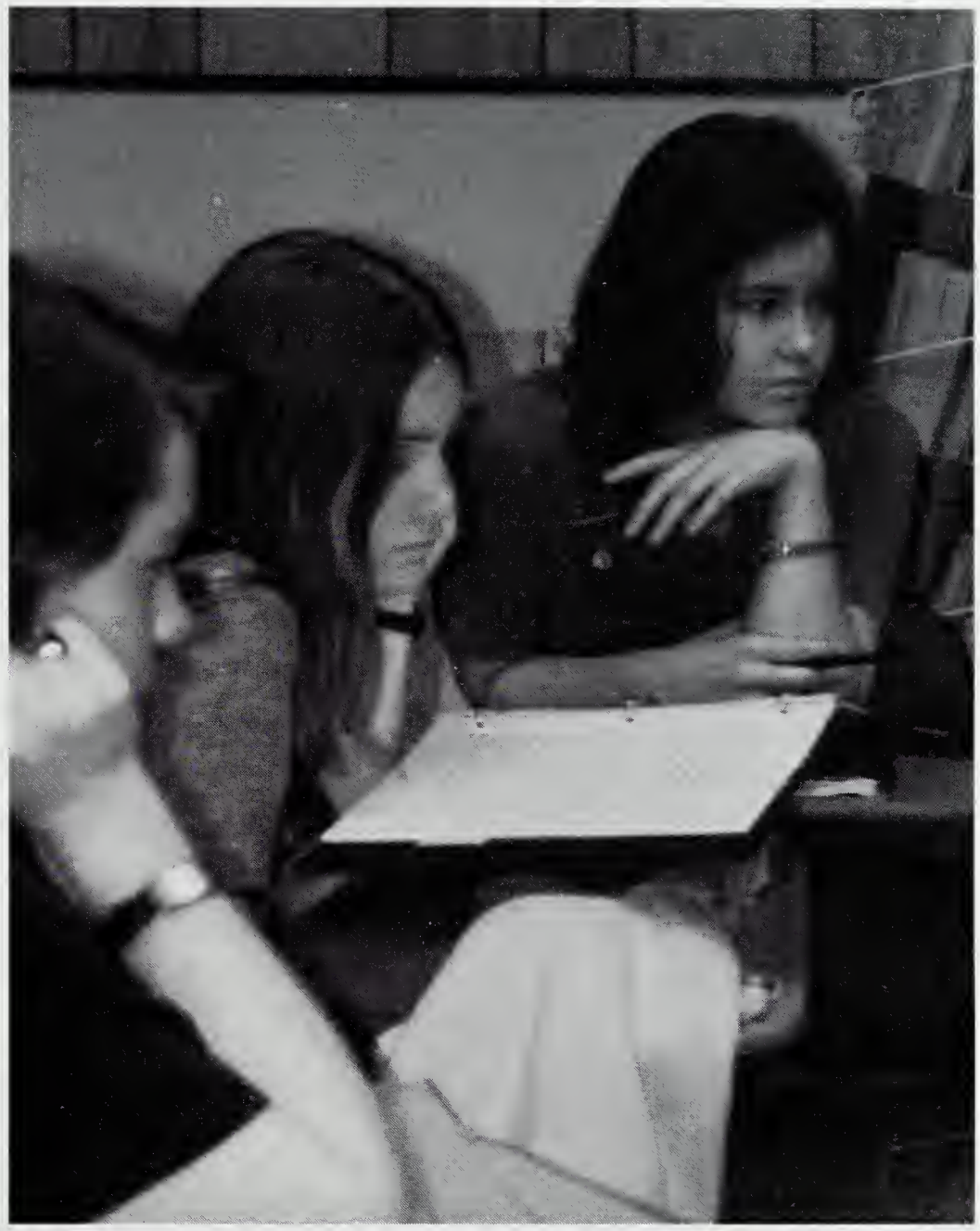
Marian Gryder

While proofing a submission, senior Eric Lee listens as sophomore Toni Martin makes comments on his story. Members critiqued poetry, essays, music, and anecdotes.

found one! After sorting and searching through piles and piles of submissions, senior Dion Freeborn picks out an essay that was submitted by a fellow club member.

Tony Nguyen

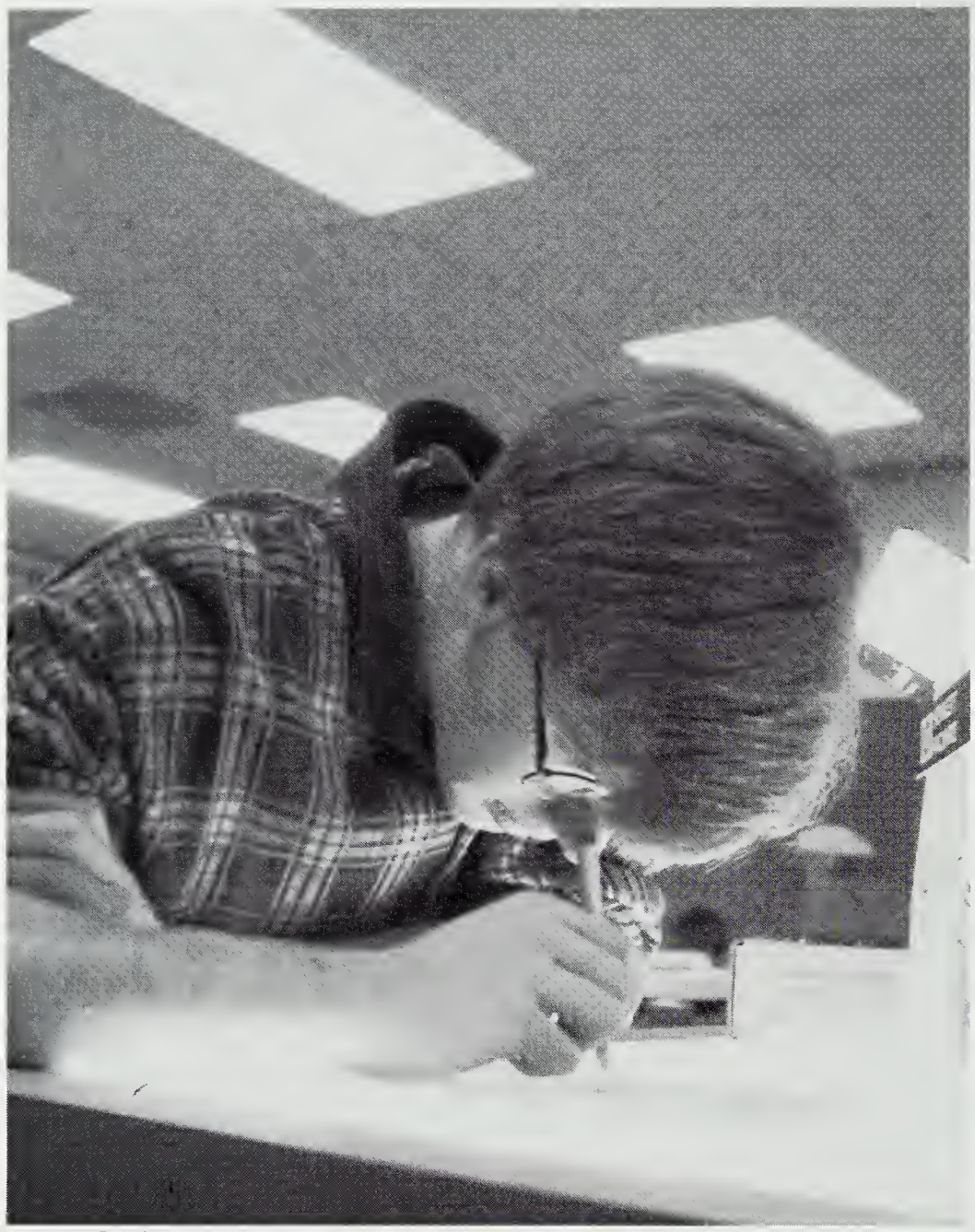
As seniors Sarah Carr and Laura Walsh read over and edit a writing done in their Creative Writing class by another student, they observe a presentation on how to make corrections.



Tony Nguyen

Eddas ***Front Row***: Ryan Crawford, Shannon McPhillips, Marisha Richardson, Anthony Bello, Jennifer Moore, Valerie Feldman; ***Second Row***: Mrs. Cathy Hailey, Elizabeth Roque, Jennette Schorsch, Mitch Johnson, Missy Ayers, Mandy Vida, Khilia Robinson; ***Back Row***: Mr. Ken Hailey, Bridgit Kelly, Anitra Budd, David Veasey, Barbara Heritage, Sarah Carr, Laurie Rihner, Emanita Dewitt, Tom Shin.

As he just returned to the newspaper room after taking a break, junior Scott Rodkey draws a photo poll. Polls enabled students to voice opinions on issues in and outside the school.



Marian Gryder

Newspaper ***Front Row***: Jerry Rosemin, Melissa Handy, Tanya Kern, Ashley Blair, Melissa Milligan, Lindsay Owens; ***Middle Row***: Lisa Hantjis, Julie Nelson, Khilia Robinson, Meghan Moore, Shannon Brown, Shea Northup, Tamarisk Cardwell; ***Back Row***: Mrs. Anne Webster, Matthew Roach, Mike Kutchman, Scott Rodkey, Paul Knick, Kevin Fahy, Katy Murphy, Jennifer Dunn.

Mariam Gryder

Extra Extra Time Is Spent By Staffers

read all about it

As she completed her layout, junior Meghan Moore began to smell the pizza they had ordered at 9:00 pm. Staff members found the process of completing a paper took time, including dinner time. Although they sometimes had to give up their free time, they received free food. "When we have layouts on Mondays, it's the best. We get free pizza because we sell ads to them," junior Meghan Moore said.

Selling ads enabled the staff to earn necessary funding to produce the newspaper. "Since we're not sponsored by the school, we have to make an effort to get ads for every issue," junior Tanya Kern said.

The late nights spent in the newspaper room created a bond among the staff members. "We have a very close staff, although we do have our ups and downs," senior Katy Murphy said.

During lunch, the newspaper staff sold newspapers for twenty five cents.

by Casey Powell

"Each issue tends to be more stressful. We all manage to get through it without pulling our hair out."

Melissa Milligan-11

Allison Sautkulis

during class senior Lindsay Owens pastes up her layout for the current issue. Completing layouts required dedicating time before, during and after school to newspaper.

after school, junior Tanya Kern works on the basketball spread. Staffers put many hours into finishing spreads as well as helping each other with their spreads.

DECA Does a Double Take on Training

double deca

With only five minutes left, senior Dominic Willenbring quickly revised the last part of his timed test. On Jan. 30 the DECA, Distributive Education Clubs of America, members traveled to Manassas Mall for the DECA district contest.

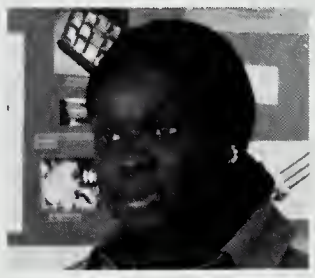
"I placed first in the automotive and petroleum section. We had to take one timed test and two practical tests, which is when you roll play as an employee with a customer," Willenbring said.

DECA members participated in officer training and installation at a Virginia national park.

"For one of the activites we were in a group of about 20 people with seven boards laid out and each person had an injury. We had to step on each board to get from point a to b. It taught us how to work in a group," Vice President sophomore Kristen Daniels said.

Another activity DECA members participated in was a food drive for the needy at Christmas time.

by Beth Via



"I liked the complete look that was in the window. It was black shoes with a purse and dress."

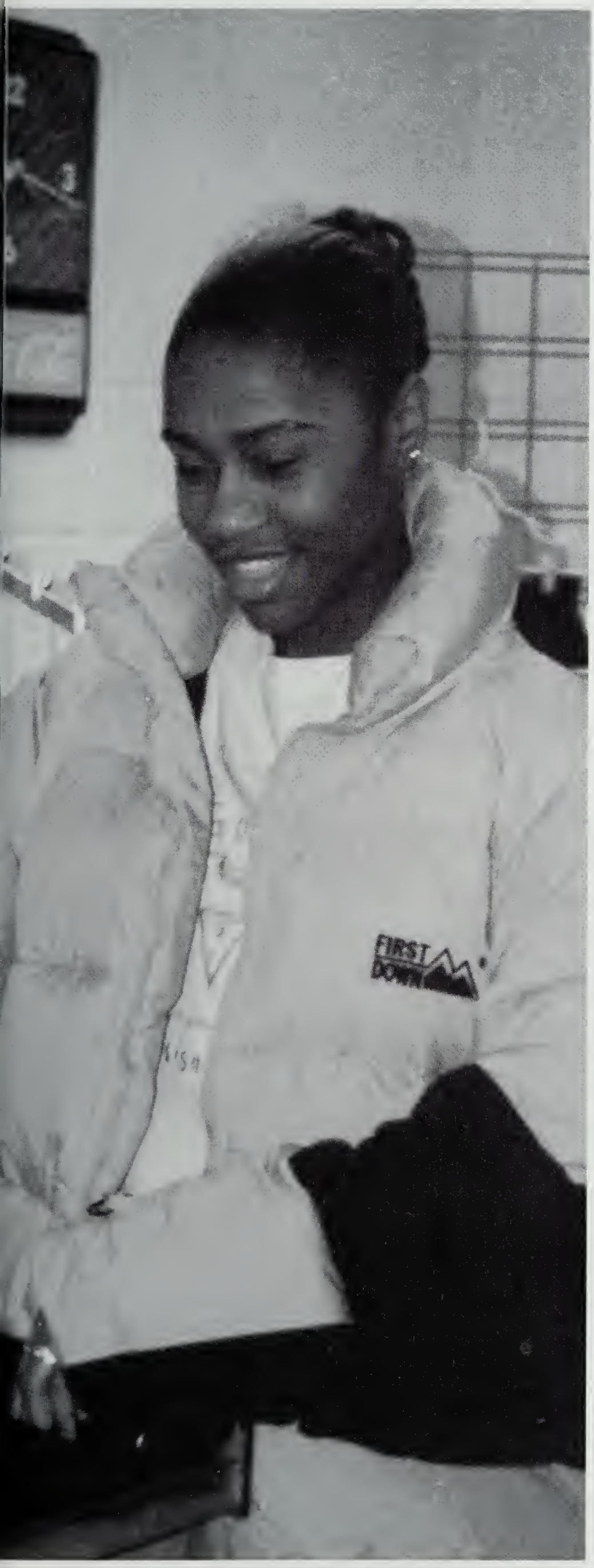
Ernestine Kamada - 11

Tony Nguyen

Tony Nguyen

While in Fashion and Merchandising juniors Deanna Thorstad and Lindsey Williams discuss terms. The terms were fashion related and they got them from magazines.

before the first bell rang sophomore Candice Washington makes change at the school store. The school store was located in Mr. Bob Everton's room by the junior office.

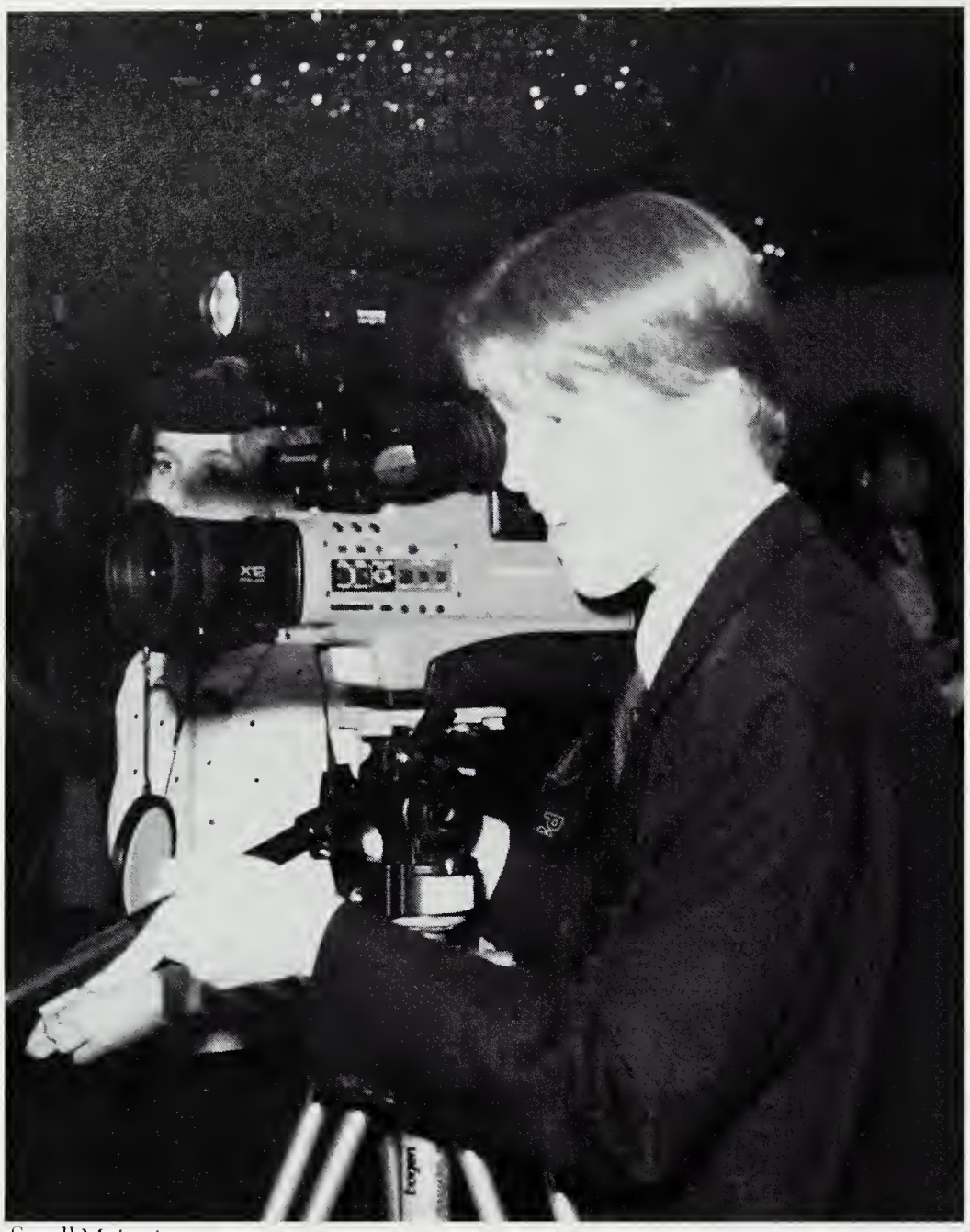


While in Mr. Bob Everton's class, junior Tia Harris rummages through a box of scraps. She needed pictures in order to complete her project on the nature of fashion.

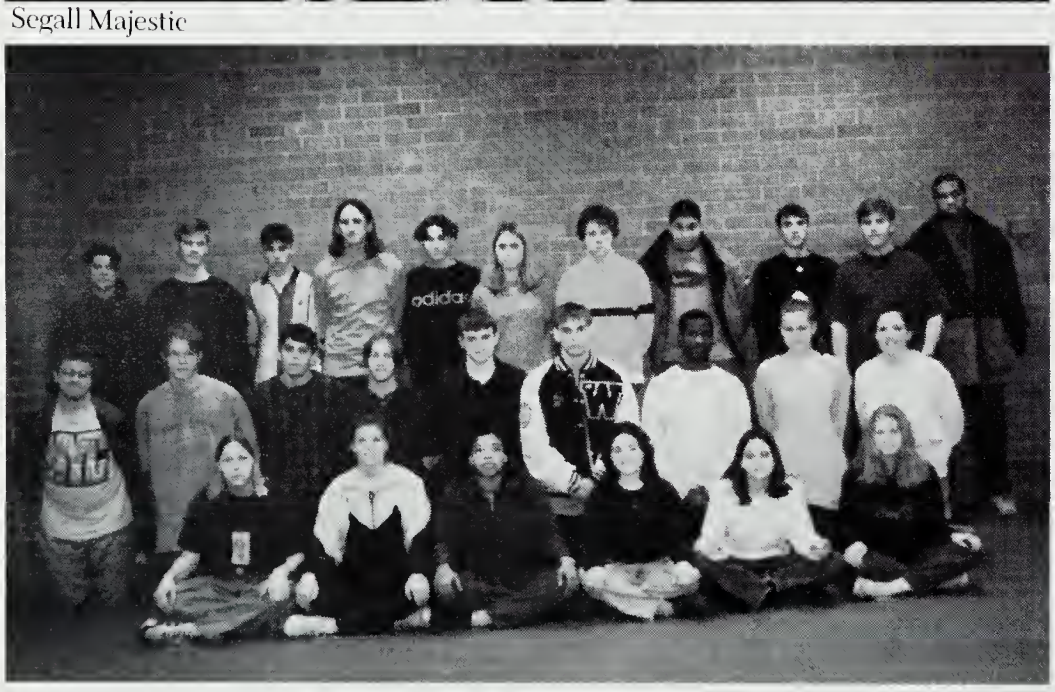
Tony Nguyen

DECA ***Front Row***: Shawn Rodriquez, Crystal Vinson, Liz Jones, Kristen Daniels, Alysia Barton; ***Back Row***: Mr. Bob Everton, Candice Randall, Samantha Levy, Monique Atoy Brown, Ernestine Kamanda, Tiffany Malcolm.

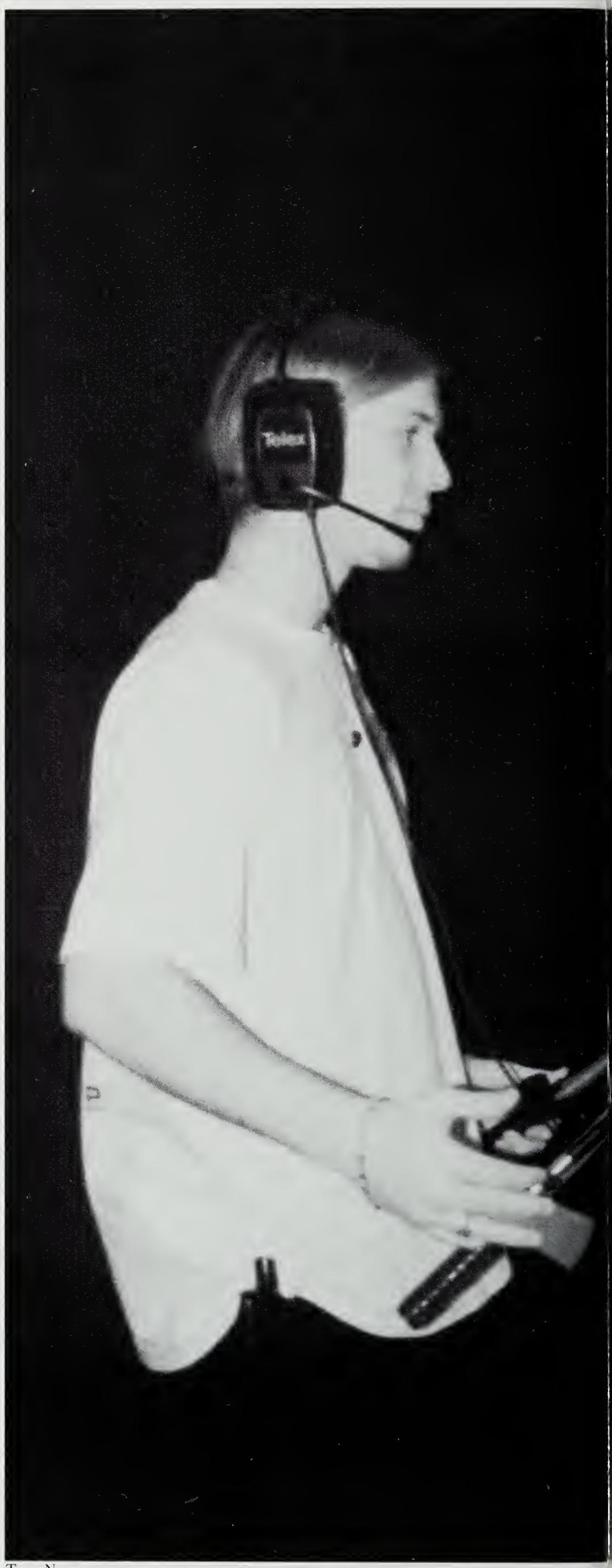
Zoom in. Junior Louis Normandin and sophomore Kristin Farmer worked together to film the prom. They had to dress for the special occasion in Crystal City.



Segall Majestic



TV Productions *Front Row*: Liz Sigmund, Erynne Brotherton, Nikki Anderson, Tracy Clemons, Antigone Ambrose, April Dahn; *Second Row*: Max Evry, Louis Normandin, Josh Coder, David McPhillips, Steven Feuchtwanger, Jeff Scharff, Avery Griffin, Monica Bonner, Amy Cyphers; *Back Row*: John Adams, Nathan Marsh, Milton Arnett, Andrew Scalph, Nathan Creech, Sarah McCrary, Pat Berran, Mike Brokenburr, Art Lambros, Steve Carwile.



Tony Nguyen

Students Caught School Activities On Tape

rolling in ten

With papers thrown everywhere and excitement at a feverish pitch, TV Production student, junior Tracy Clemons and senior Nathan Marsh, prepared to go on the air.

TV Production started a news program that first aired in early February. "Woodbridge's Corner Pocket is our news program that just got started. I'm producing and anchoring the show," Clemons said.

The news program wasn't the only new addition to TV Production. Tony Lilly became the new teacher. " It was rough to change teachers. Mr. Lilly has adapted well to the classroom environment.," sophomore Liz Sigmund, Unit Manager, said. Lilly had worked at a TV station prior to teaching.

Productions members filmed school plays, music concerts, and sports events. The students were required to attend a certain number of these "shoots" that aired on channel 49, Viking Television, for a grade.

by Stacy Scarazzo and Libby Sova

"In TV class, we learn all aspects of the television industry and how it works with hands on experiences."

Steve Carwile - 12

Tony Nguyen

With careful concentration, senior David McPhillips checks the camera for Viking Television Channel. As crew chief it was his job to make sure everything worked.

before the football game, freshman David Cramer and junior Jeremy White set up equipment. Transporting TV equipment from the studio to the outside was difficult.

Art Club Members Create Atmosphere

art sMarts

Paint and materials lay on the floor as members of the Art Club began their latest project. The Art Club had no requirements to join. Members did not have to take an art class.

The Art Club took on many projects, such as the painting of Mr. Will Robinson's basketball office. The walls were decorated with a green and yellow line and "Viking Pride" written on the door. They worked on their projects Tuesdays at 2:15 pm.

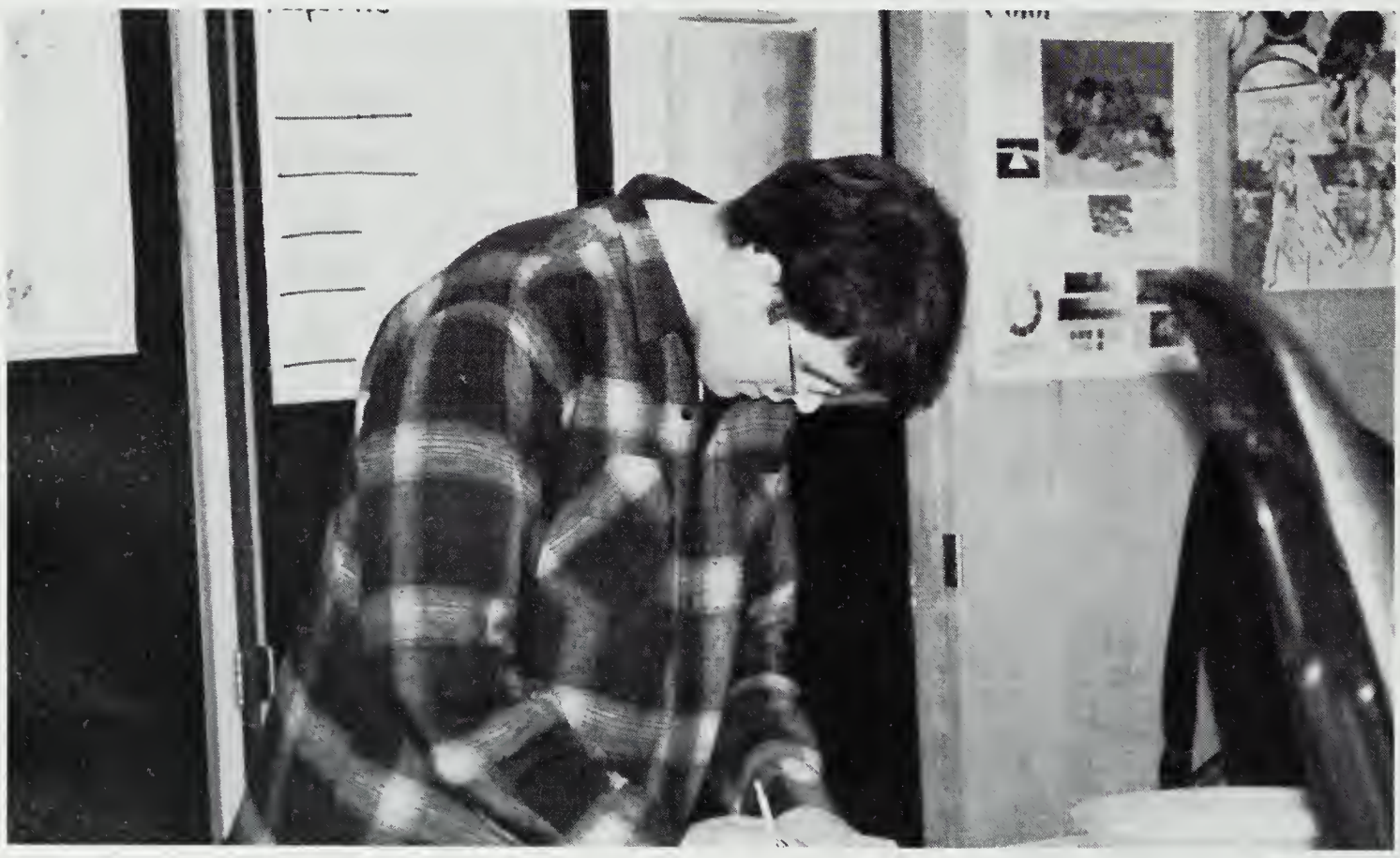
Art Club officers were introduced at the first meeting. These officers had no duties except to assist their sponsor Mrs. Cheryl Saggers. The president, senior Brian Crowley, made announcements and kept track of attendance. "Being the president has given me a chance to take control and lead the Art Club in a direction to produce more art," Crowley said.

During every meeting microwave popcorn was made to share with everyone while working on their art.

by Mary Gilhooly

"Art club is a place for anyone, not just artistic people. If you are an artist, you can discuss art."

William Lindsey-12



Carter Elmore

focus. Senior Ed Grimm positions his ruler in preparation to draw a straight line. In Art Club members utilized the time to work on projects not done in art class.

Carter Elmore

hurry up! Senior Helen Peeler checks on the progress of the other students in the Art Club. Members painted Mr. Will Robinson's office for an Art Club project.

Six more centimeters! Sophomore Natalie Rodriquez measured her art project. Rulers were a necessity for the members of the Art Club to be exact while creating projects.

Carter Elmore

ArtClub ***Front Row***: Jenna Smith, Rich Rodrick, Valorie Felbman, Jennifer Moore, Andrea Yarnell; ***Second Row***: Helen Peeler, Lena Burke, Michelle Lohr, J.C. Quinn, Leslie Quinn, Brian Crowley, Sherri Grasson, Sara Kennedy; ***Back Row***: William Lindsey, Frank Moyer, Neil Hobson, April Thurber, Ed Grimm, Mike Iverson, Shasta Weave, Mrs. Cheryl Saggers.

As she types in a web page address, senior Kevin O'Brien glances at the computer monitor. Computer Club worked on creating web sites and visiting educational pages.

Tony Nguyen

Computer Club *Front Row:* Kevin O'Brien, Don Blanton, Josh Gomez, Mark Seguin, Sherri Giasson; *Back Row:* Josh Venice, Ryan Turner, Shane Peterman, Greg Zumbrook, Jason Drake, Sarah Kennedy.

Carter Elmore

Club Maintains Web Site; Teaches Others

web crawlers

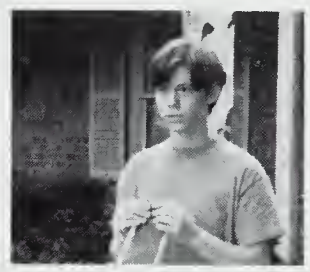
The bluish-purple light from the computer monitor illuminated the face of the Computer Club president, senior Kevin O'Brien.

"Computer Club is fun and it helps me with my programming. One of the activities we participate in is the fixing up of old computers and installation of hardware," said O'Brien. The school's lack of funds meant the club had to be resourceful.

The club created an untraditional tour. "We're doing a virtual tour of the high school for the web page so the middle schoolers can tour it and see the inside," junior Ryan Turner said. The virtual tour enabled students to find the quickest path between pods before encountering the masses in the halls.

Since the creation of the school's web page, the club has worked to keep it updated and has trained students to create homepages of their own. The library and foreign language labs were both hooked up to the internet.

by Julie Foxworthy and Jennifer Sikorski



"We don't have the opportunity to get onto the internet often because the school's computers are not that great." *Don Blanton - 12*

Carter Elmore

With the aid of a screwdriver, junior Sherri Giasson examines a switchboard. Members learned about technology and how to apply their skills to everyday situations.

by looking at the circuits in the wall, junior Katie Farley is able to determine how to plug in more machines. Plugging in extra computers enabled the club to accomplish more.

Science and Ecology Club Cleans Up Area

green peace

With the harsh stench of mildew stinging their noses, Melisa Crail diligently emptied out aluminum can recycling bins in the Social Studies pod.

With clean water and clear skies in their eyes, the President and Vice President of the Science and Ecology Club planned for a spring break trip to the Bahamas. "I joined the club because I heard, through friends, that they went on neat trips while cleaning up the ground, like the acquarium, and soon, hopefully, the Bahamas," junior Angelo Perez said.

To pay for expensive trips, the club sold "Humana Tees," T-shirts that displayed the environment and were made from organic cotton. "The T-shirt sales were boring and bad because no-one wanted to buy one. They were too expensive," sophmore Stephen Lewis said.

With hopes of studying the environment in the Bahamas, members acted locally to make the community cleaner.

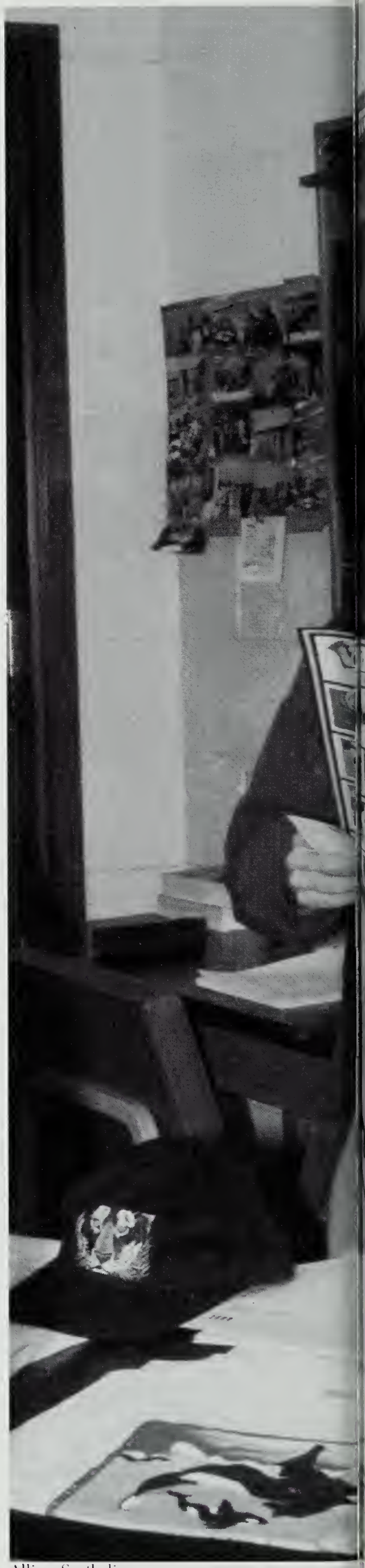
by Lisa Swanson

"We hunted around for recycling can bins. Then, we had to rinse out the cans and crush them."

Saima Choudry -12

Iyanna Tennon

With the clean-up bag in her hand junior Kristy Bland, and senior Will Giandoni pick up trash at Hoos Run Creek. Members picked up trash around the community.



With examples of each T-shirt design in front of him, senior Brian Blackburn looks over the order form for "Humana Tees." The club got half the profit for each T-shirt sold.

Allison Sautkulis

So many choices. Junior Jenna Giandoni looks at a poster to decide which shirt to buy. The Science and Ecology club sold T-shirts as a way of earning money for the club.

Allison Sautkulis

Science and Ecology Club ***Front Row***: Saima Choudry, Falvasha Shafiq, Sara Kennedy, Sherri Giasson, Jenna Giandoni; ***Back Row***: Emily Robbins, Terri Greer, Mark McCann, Jimmy Johnson, Paul Conti.

Practice makes perfect. The female drill team practiced in the school parking lot on Thursdays after school. JROTC students learned percision and how to march.

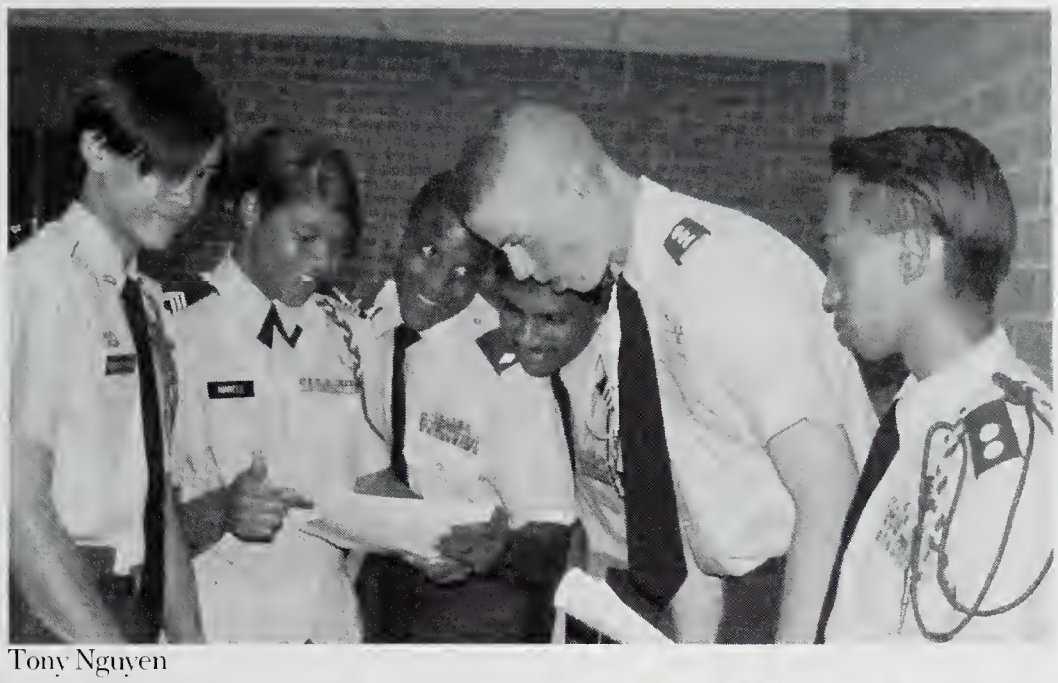
In the Homecoming parade, the Color Guard marches down Antietam Road. They wrapped the flags to keep them from getting wet in the oncoming storm as a sign of respect.

Marian Gryder

Carter Elmore

Female Drill Team *Front Row*: Monique Farquharson, Latrice Jenkins, Myriam Vasquez; *Second Row*: SGM Joe Neely, Dawn Williams, Monique Harris, Lashauan Bellamy, Adriana Rodriquez, Christina Wilson, Latoyia Williams; *Back Row*: Melinda, Sherrell Yeager, Allison Saxon, Eliane Tailele, Vernae Avery, Jessica Jackson, Nina Faizon, Tonisha Moore.

Male Drill Team *Front Row*: Lee Prather, Paul Thalacker, Leo Acuesta; *Second Row*: SC Gerald Cox, Steven Robinson Jr., Ben Richards, Steven Lim, Kupo Kelley, Jeremiah Scheler Jon Elliott; *Back Row*: William DeShazer, Valentin Sanchez, Joseph Claudio, Joseph Souvanaratana, Edwin Alicea, Peter Vangjel, Christopher Pandazzo.



Tony Nguyen

as Lieutenant Colonel Matthews explains the schedule for the day, the JROTC members listen closely. JROTC required students to follow a strict set of guidelines.

They're All They Can Be In JROTC

at attention

Left, left, left right left. JROTC marched in the Santa Parade on Nov. 11. The cadets marched along Old Bridge Road.

Once a year, cadets received a formal inspection. "At inspections, everything is very formal. Our shoes have to be shined and everything must be polished. Special people come from Washington, D.C. to evaluate us," sophomore Melanie Ratcliff said. Uniforms had to be in top shape before the inspection.

A battalion consisted of cadets and officers. "It's great to be on the staff, although the cadets are the most important. Without them, we would not have any battalions," junior Courtney Christman said. Cadets were divided into Alpha, Bravo, and Charlie companies.

In addition to companies, JROTC also offered Raiders, an after school activity. "In Raiders, we work on push-ups, pull-ups and endurance. It is a challenge that keeps you in good shape," sophomore JasonCaradine said. Raiders met Fridays after school.

JROTC's new addition, the airifle team, marched in the Homecoming parade and practiced after school.

by Stacy Scarazzo and Libby Sova

Color Guard and Rifle Team ***Front Row***: Craig Hicks, Paul Thalacker, Edwin Alicea; ***Second Row***: SGM Joe Neely, James Correira, Jimmy Merino, John Golden, Brad Cross, Whitney Lynn, Peter Vangjel, Jon Elliott, LSG Gerald Cox; ***Back Row***: William DeShazer, John Saari, Charlie Bird, Geoffrey Myers, Justin Hoertz, Douglas Merzno, Keith Cautlin.

Raiders ***Front Row***: Scott Kelley, Steve Dockery, Sean Kelley; ***Back Row***: Will Deshazer, Jason Caradine, John Saari, Keith Cautlin, Jill Camuti, Morgan Lynn, LSG Gerald Cox.

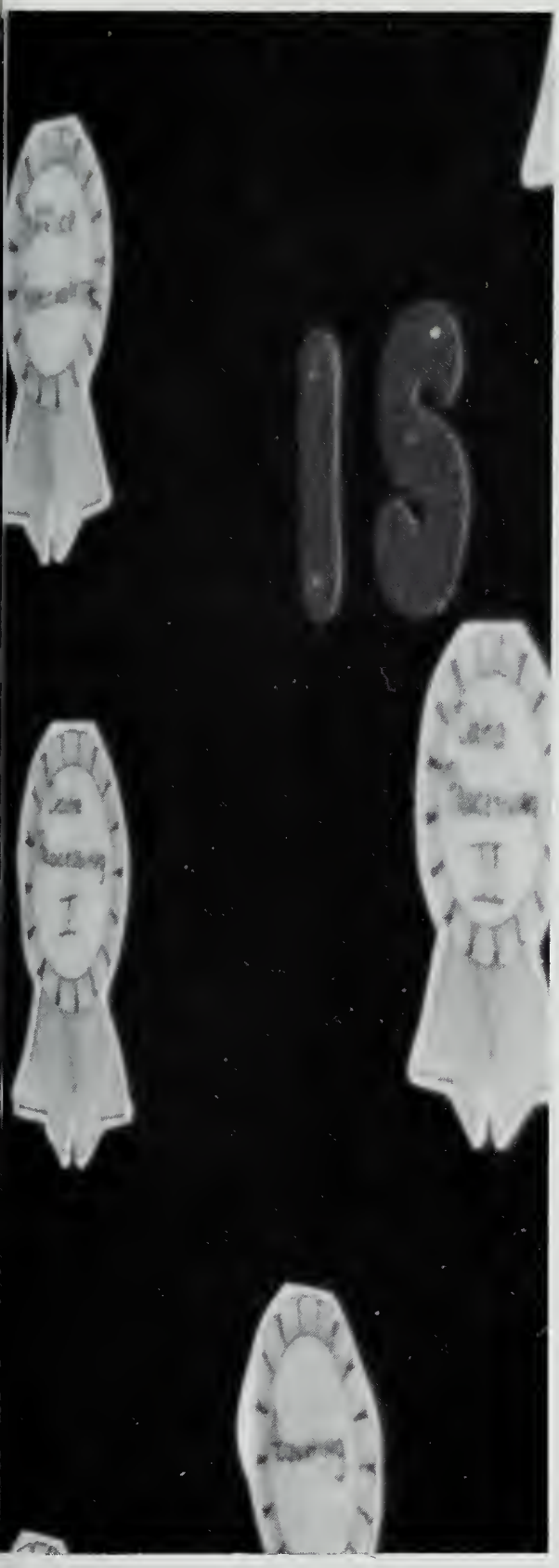
In front of the FBLA sign, junior Tiffany Yates and sophomore Crystal Vinson meet before the meeting. The meetings were held once a month in order to discuss activities.

In the middle of fourth period senior David Via, staples the border onto the FBLA bullentin board by the business hallway. Via had been a member of FBLA for four years.

Marian Gryder

Tony Nguyen

FBLA Josh Abrams, Krishan Allen, Andria Anderson, Jason Aponte, Shazara Archer, Virginia Atkinson, Autumn Baltimore, Alimamy Bangura, Jennifer Barnett, Rachel Bartley, Alysia Barton, Jocelyn Bassler, Rabia Beg, Casey Bepko, Amber Bielenberg, Christina Bihun, Johanna Blanco, Kristy Bland, Tara Boudreaux, Nichelle Braxton, Michelle Brebuor, Jason Brown, Lindsay Brown, Shawn Brown, Latisha Bush, Candi Bushlow, Carrie Clavin, Katie Calvin, Sharon Cetel, Gerda Chapman, Katie Clark, Oswaldo Colindres, Cathy Conk, Angela Connor, David Conrad, Ryan Cook, Charleen Cox, Matt Cronin, Fernando Cuellar, Darlene Dadras, Yulianna Del Arroyo, Nicole DiFazio, Heather Dugan, Erica Eberwein, Christine Edwards, Monica Edwards, Randy Eyler, Lisette Fee, Melissa Feindt, Connie Foster, Shannon Foster, Kristen Gibson, Rebecca Gonzalez, Matt Gray, Barbara Gutridge, Brenda Guzman, Edward Hamilton, Justin Harriott, Patricia Harris, Heather Hart, Lia Henry, Carlos Howard, Juliet Hoyt, Patty Hwang, Jill Ingram, John Jenkisn, Adam Johnson, Ebony Johnson, Krestel Johnson, Shamika Johnson, Brian Jolley, Anna Jones, Chantel Jones, Ryan Jordan, Masuda Kaisken, Ernestine Kamanda, Anna Kamahara, Brian Kane, Wajiha Kazilbash, Paul Kelminsky, Sarah Kennedy, Um Kim, Shannon Kirby, Lisa Knepper, Jennifer Kmisely, Eric Lee, Heather Magalski, Luis Marroquin, Jennifer Martin, Talava Martin, Danielle Mauer, Melissa McClain, Mike McGraw, Janessa McReynolds, Latisha Mead, Estrella Medina, Ingrid Moody, Davna Moon, Chrissy Moore, Shauna Moten, Thomas Molten, Jennifer Opsut, Freddy Ortega, Melissa Ortega, Deborah Ortiz, Nick Paciejewski, Filip Pantovich, Vicki Park, Jade Patten, Aaron Payne, Stephanie Peck, Mamie Pekanvande, Shirley Pena, James Pilkington, Charlene Pitts, Melissa Poole, Jennifer Proctor, Tasia Queen, Rajahn Rainey, Tranasia Rainey, Kathleen Raney, Brandi Rasmussen, Andrew Rattman, Tae Redfield, Wambaki Reel, Melissa Ritenour, Sara Roach, DaShawn Rodriguez, Christine Rogers, Amy Rustan, Sophia Saikhamporn, Jose Salmeron, Josh Salzer, Gavin Salvage, Nidhi Sharman, Latova Sherron, Dawn Simpkins, Megan Simpson, Jen Smith, Sakinah Smith, Kristen Stanford, Heather Stephens, Melinda Stewart, Leah Stockman, April Stojanowski, Evelyn Stone, Caroline Stouffer, Suzanna Stromire, Jonathan Suchland, Corinna Taylor, Sara Taylor, Rennie Thomas, Sara Tobiasz, Nichole Towle, Victor Umana, David Via, Crystal Vinson, Dana Ward, Nikkia Warren, Tierra Washington, Adam Watkins, Lauri Watson, Stephanie Webb, John Welch, Chawnta Whitney, Sameerah Whitney, Shamah Whitney, Shawana Williams, Starkisha Williams, Danny Wittmann, Jonathan Wright, Andie Wurster, Jackie Zambrano, Brandon Zell, Ryan Zell.



Taking Care of Business... Everyday

investing time

"So bring in canned foods and non-perishable items next week for Operation Turkey, " senior Angie Gress said on the afternoon announcements.

The FBLA, Future Business Leaders of America, sponsored a food drive the week before Thanksgiving. Non-perishable food items were brought to school and taken to the homeless shelter.

Students that joined the club in the fall remained members in the spring, after the new semester.

"After you pay your dues once then you belong the entire year. You can go to mini meetings during the beginning of class," junior Katie Calvin said.

Mini meetings and ice cream socials were ways students got involved. Members received points for their letter by bringing in Giant receipts.

by Lisa Swanson and Hilary Hansen

"I joined FBLA so that I could get involved in school and to meet new people."

Jennifer Opsut-11

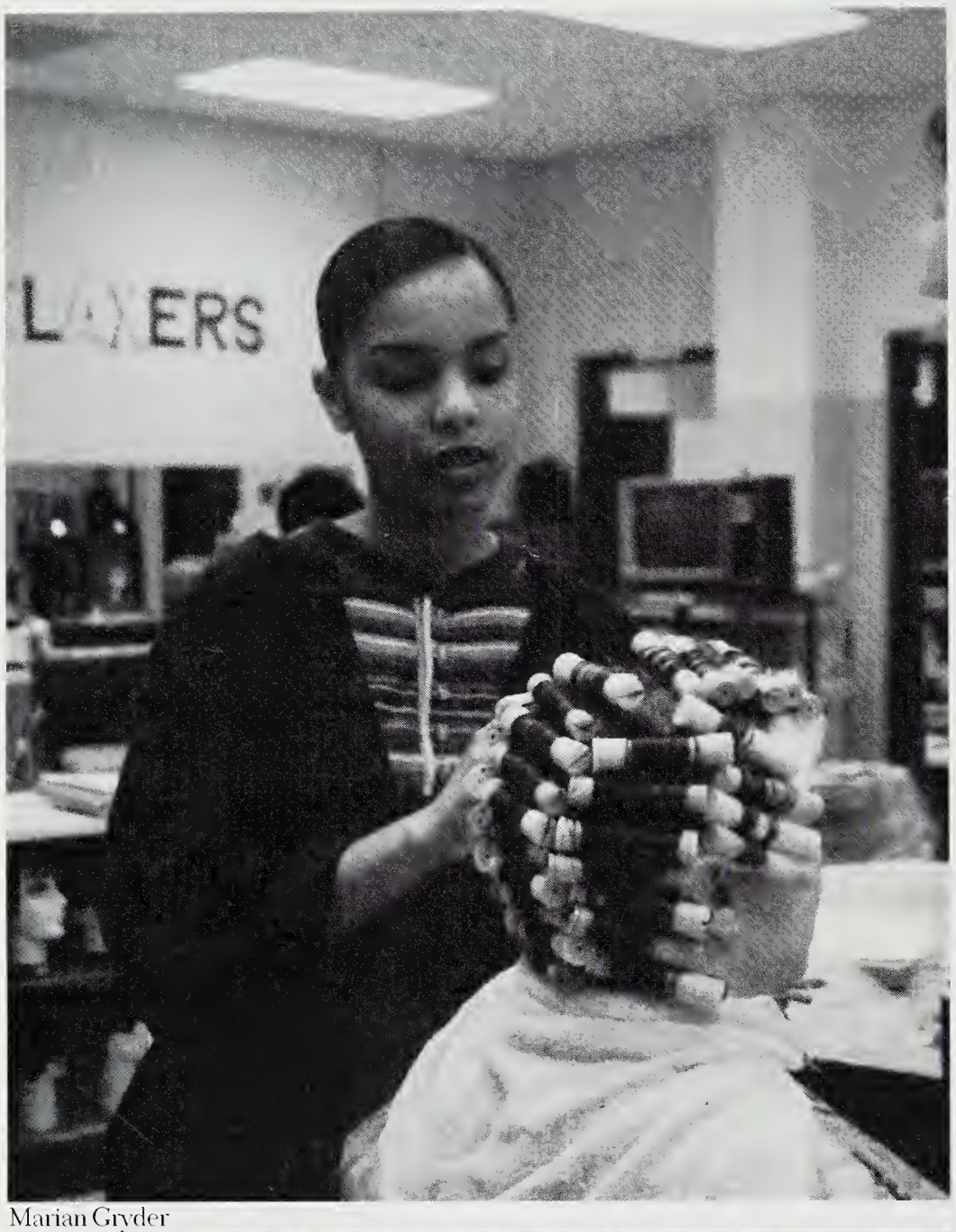
Marian Gryder

Marian Gryder

as he hands in his permission slip, senior Danny Wittmann plans to attend a business conference in New York. FBLA went on several trips to learn the field of business.

five,10,15. Mrs. Kim Perkins counts junior Ajeenah Miller's candy money. FBLA members sold candy as part of a fundraiser. The money was later donated to the needy.

Crimp 'n Curl. Senior Valerie Hogan puts finishing touches on a customer's hair. Perms and relaxers were offered by Cosmetology along with a quick trim or haircut.



Marian Gryder

Cosmetology ***Front Row:*** Colleen Barry, Netosha Wilson, LaPorshia Washington, Valerie Hogan, Iris Alvarez; ***Back Row:*** Renee Combs, Dashawn Land, Eva Javins, Tia Harris, Susan Lopez, Evelyn Alvarez, Jennifer Wimple.

Marian Gryder

Student Beauticians Cut and Snip for Class

hair razors

"Sit still!" Senior Susan Lopez said as she tried to style a fellow student's hair. "Some students get really picky when I try to style their hair. Once I was styling a student's hair the way I thought they liked it. When I was finished I found out they wanted it a totally different way," said Lopez said.

Accidents happened in Cosmetology class. "We've had so many accidents in the class. Once, bright pink nail polish fell on the floor. We tried nail polish remover to get it up, but it's there forever," senior Netosha Wilson said. Accidents were prevented by securing all styling products in cabinets in the room or making sure lids were secure.

Cosmetology students were required to use hair products provided. "All of us use Paul Mitchell hair products because they're available for us. I like the products a lot, but the biggest problem is they don't work on all kinds of hair," junior Porshia Washington said.

by DeAnna Thorstad

"There are many different styles we learn. My favorite is the finger-wave. I like it because it's fun and easy."

Eva Javins-10

Marian Gryder

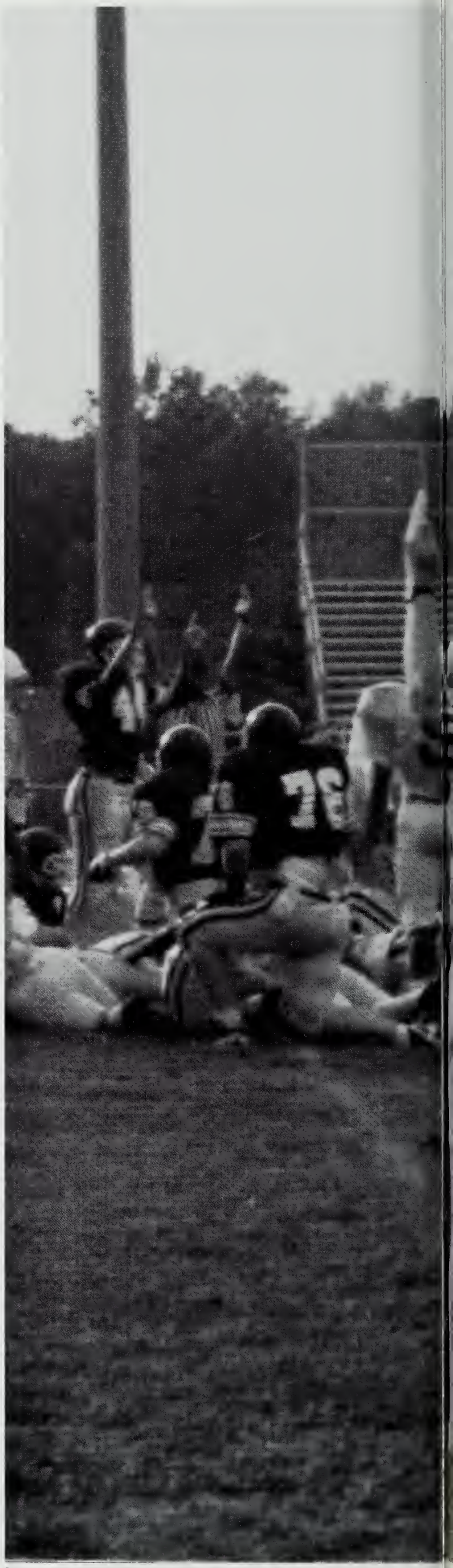
practice makes perfect. After a style lesson, senior Colleen Barry styles a mannequin's hair with the finger-wave. Students practiced new styles on the different mannequins.

after practicing curling a classroom mannequin's hair, junior Dashawn Land removes the rollers to practice another style. Versatile hair made the mannequins hair easy to style.

n celebration of the 200th anniversary of the Olympics, the United States hosted the Summer Olympic Games in Atlanta, Georgia. The United States won the most medals, 101 combined, of all the countries competing. American athletes received 44 gold, 32 silver and 25 bronze . The whole community of Woodbridge took part in the event when the Olympic torch, carried on bicycle, passed through on the Route 1 Highway in July.

Over summer vacation students, teachers and coaches participated in and attended the Olympic Games. Crew Coach Tom Moulen drove chase boats for the officials, Coach Angela Hart was a time keeper and Mrs. Dawn Moulen served as a host for the Swedish athletes. Coach John Meehan also volunteered. They brought back new coaching techniques and strategies which they learned from the games in Atlanta to the student teams at home.

The weight room also benefited the students when it received a make over. The shag carpet was pulled up and replaced with gray rubber matting and the storage room behind the weight room was painted white. These improvements were funded by the Athletic Boosters. The Boosters sold concessions in the upstairs lobby after school to make money and encourage students to wish the teams luck by remembering to just **knock on wood**



Tony Nguyen

At a home game against Potomac, the football players celebrate a touchdown by mirroring the referee's call. The Varsity Football team went to Danville, Virginia on Friday, November 22, to compete in a semi-final match. A spirit bus was provided by the school to take students and teachers to the game. Students could leave school on Friday during lunch to go support the team. Members of the Mighty Viking Marching Band that chose to attend also rode the bus, Vikettes and cheerleaders went down on separate buses to show their support with their presence and cheers. The trip was scheduled to be an overnight one, but because the budget would not cover the expenses, the plans were changed at the last minute.

"Once when I was batting, I got hit in the mouth with a pitch. All I knew was that one minute I was standing there and all of a sudden I was lying on the ground and bleeding all over the place."

Harry Marshall - 10

Take it with a grain of salt

"Running on a new track is a whole new experience for me. I have been having trouble with shin splints and the new track eases the pain and gives me faster times."

Alysia Barton - 12

Divider

TOUCHING BASE

Players Caught the Skills to Play BothMentally and Physically

Young. That was how the JV and Varsity Boys' Baseball teams could be described. Both teams had new coaches. In addition, the JV team had only two sophomores while the remaining players were freshmen.

Players practiced daily. "The best part of baseball is the competition. We practice every day. We work on our running, throwing, hitting, and fielding groundballs consistently," senior Jared Tullo said.

Players also practiced their skills individually outside of school. "I play baseball because it's what I enjoy most and I find that it's what I'm best at. Personally, I practice pitching, running, long tossing and throwing against live hitters. Also, I practice my pitching motion," sophomore Bobby Ferguson said.

Teamwork was a skill that contributed to the sport of baseball. "I like baseball because it involves a lot of teamwork and it also it gives me a feeling that I am needed," sophomore Jorge Urrutia said.

The JV and Varsity teams both had experienced pitching staffs. By the end of the season, the players had improved their skills through practicing and playing games.

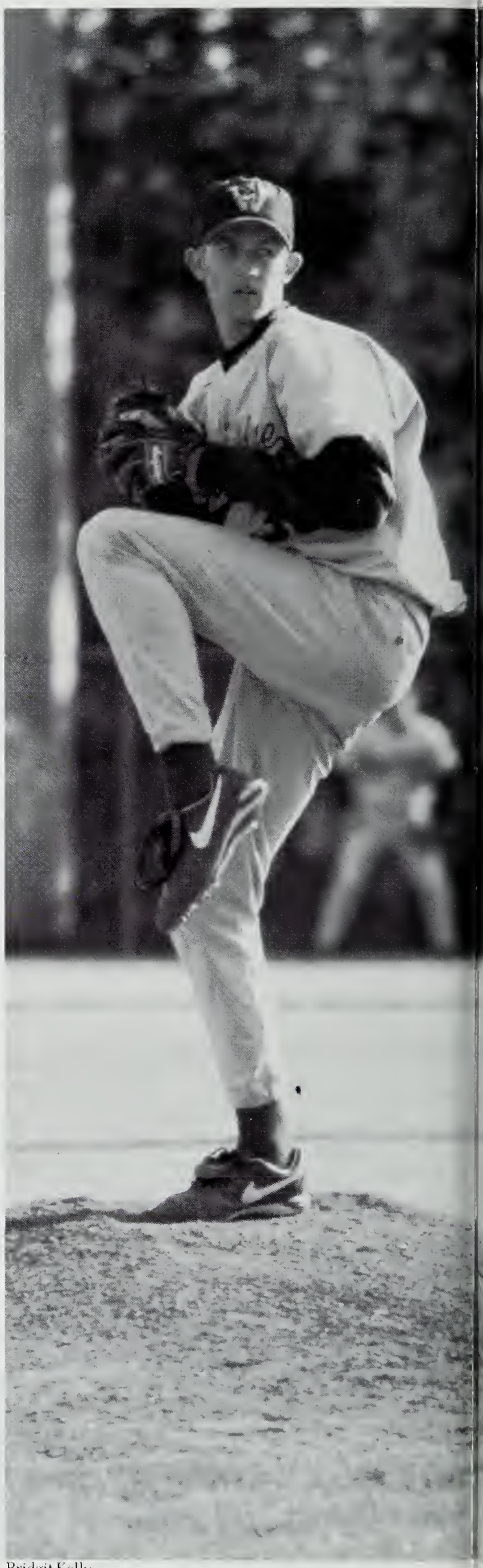
by Joy Vajirapinyo

JV

W		O
2	Hylton	6
8	Brook Point	7
16	Stonewall	12
0	Osbourn Park	4
7	Gar-Field	5
2	Hylton	7
3	North Stafford	5
3	Stafford	8
15	Stonewall	6
5	Potomac	9
6	Brook Point	1
7	Stafford	13
5	Season Record	7

Varsity

W		O
2	Hylton	1
4	Osbourn Park	13
1	Brook Point	5
5	Stonewall	16
8	Potomac	6
3	North Stafford	6
9	Osbourn Park	8
6	Gar-field	18
5	Hylton	9
13	Stafford	4
0	Stonewall	1
7	Brook Point	8
5	Potomac	11
5	North Stafford	2
1	Stafford	3
2	Gar-field	1
5	Stafford	1
1	Stonewall	3
7	Season Record	11



Focus. Junior Kevin Shanahan eyes the batter before pitching. Pitchers not only had to remain focused but they had to concentrate during a game.

Bridgit Kelly

Bridgit Kelly

Throw it right here. Senior Eric Kennedy signals to the pitcher what type of pitch he should unleash. Hand signals were used to convey messages.

Anticipating a hit, sophomore Sean Humbarger leads off the base. Players could attempt to steal a base if the opportunity arose.

Bridgit Kelly

"Baseball has just been a part of my life for so long, I couldn't imagine not playing it. Before each game, we stretch, run, practice throwing, and say a prayer."

David Sigmund-10

Varsity Boys Baseball *Front Row:* Sean Humbarger, Eric Kennedy, Masa Abe, John Butcher *Middle Row:* Jeff Sipes, Nich Leon, Jarrod Tullo, Will Flannagan, Brian Gauch, Bobby Ferguson *Back Row:* Coach Greg Marghiem, Aaron Rogozinski, Matt Kleweno, Billy Gorman, Chris Bennett, Kevin Shanahan, Shaun Greer, Coach Wayne Clark

JV Boys Baseball *Front Row:* Kyle Kirk, Michael Vroom, Ben Gilli *Middle Row:* Josh Coder (manager), Todd Crane, Danny Carrico, Jon Sample, Greg Schiro, Josh Cornell, T.J. Moulton *Back Row:* James Hottle, Chris Finney, Tom Finn, Matt Sevon, David Sigmund, Josh Drazek, Josh Salzer, Coach Lou Lepore

Before practice,sen- ior Leslie Lenyi supports her boat with her teammates. Dock space was limited and shells weighed 800 pounds.

Barbara Heritage

As practice draws to a close, securing the oarlock was a must. Junior Danny Whitman rechecked his gate after a two hour workout.

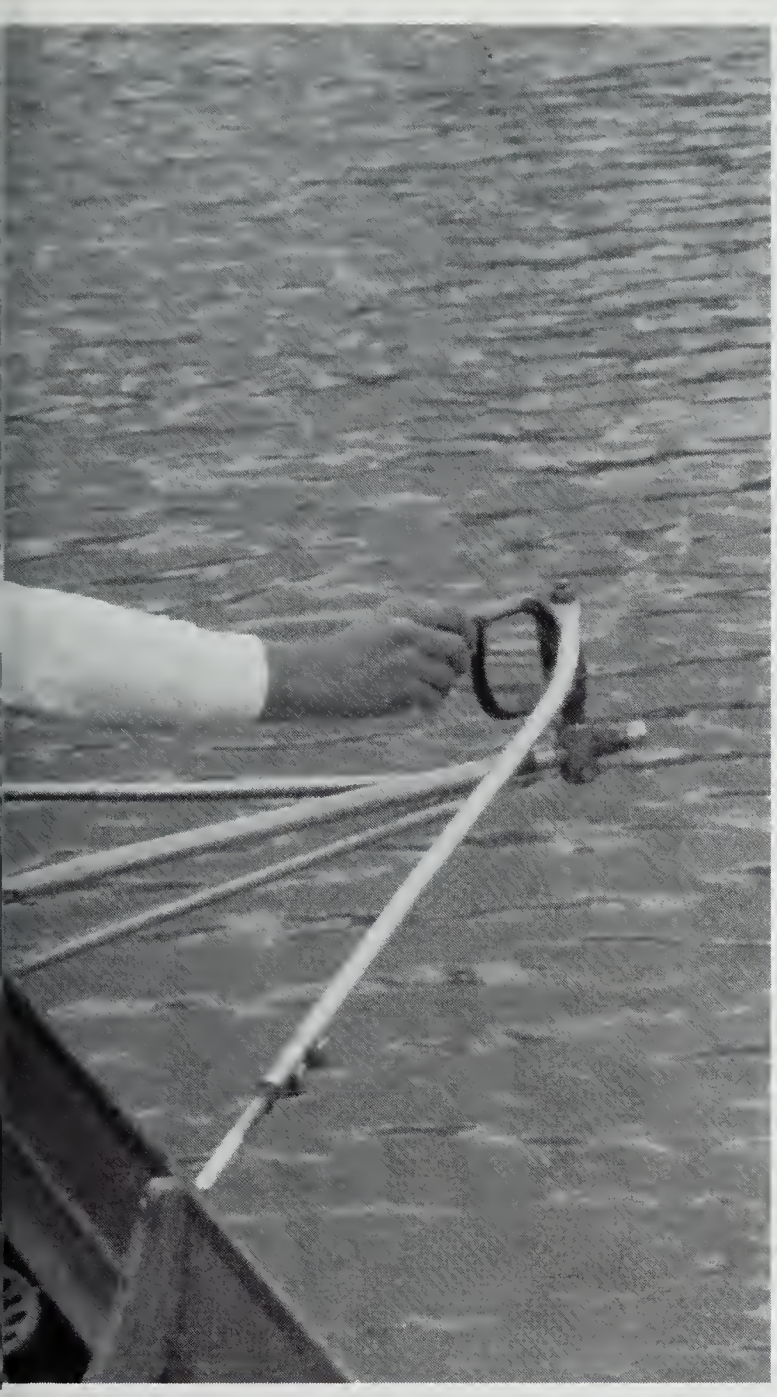
Loren Coulter

"Our boat rowed really well at Nationals. The Varsity eight had been divided into two smaller boats, and I was in the quad. We had stiff competitors, but we did much better than our coach expected us to. I was really proud of everyone on our boat. All our hard work paid off."

Lauren Woodcock - 12

Boys Crew *Front Row:* Chris Najjum, James Badger, Trever Sexton, Brian Fay, Clayton Webb, Jason Webb, Jason Chan, Ben Wilhite, Glenn Tupper; *Seond Row:* Chris Rose, Danny Whitman, Nick Lamb, Bob Johnson, Neil Penttila, Doug Quaderer, PeterSmith, Bill Foshay, Rob Varner, Damon Pelletier, *Third Row:* Justin Kastock, Dustin Farmer, Sam Plummer, Ryan Ward, Sam Gammon, Chris Esterline, Nick Zizzo, Matt Smith, Jim Cowardin, Jeff Mackinnon; *Fourth row:* Richie Craddock, Alberto del Pino Dupuy, Joey Maniwang, Mitch Johnson, Chris Clay, Jim Grube, Tom Bishop, Clay Cogswell, Adam Ferral, Jeremy Urban; *Back row:* Jack Holliday, Robbie Ferguson, Aaron Spicer, Mark Delcourt, Angelo Perez, Justin Wills, Brian Winters, Brodie Freer, Tom Huntington.

Girls Crew *Front Row:* Jackie Blackwell, Lindsey Kreutz, Sherri Giasson, Kathleen Davis, Athena Stephens, Jessica Kooyoomjan, Rachel Viens, Lizzy Gillespie, Lauren Bowes; *Second Row:* Kirsten Heffner, Marlena Johnson, Melissa Gibbons, Kate Harrell, Kristen Gibson, Amber Stephens, Veronica Clarke, Kristen Daniels, Allison Reed, Kate Westling, Emmy Hewitt, Catherine Olszyk; *Third Row:* Liz Heisey, Crystal Clarke, Shannon Olguin, Natalie Myers, Kimmy Reese, Liz Eldrith, Rachel Rogozinski, Anne Miller, Gwendie Lopez, Erica Selavka, Mary McWilliams, Tera Lerch, Kim Nevitt; *Back row:* Hilary Hansen, Cobie Hollar, Sarah Cole, Maria Vargas, Cassandra Weddel, Tracee Cook, Kim Fisher, Nichole Ford, Eryn Lyga, Lauren Woodcock, Melanie White, Sarah Falcona, Dawn Wanzer, Sara Lyng.



WAKE UP

Lightweight Four Rows their Way to First Place at Philadelphia Regatta

Honk! Honk! was the sound at the finish line as the Girls' lightweight boat placed first at the Stotesbury Cup. "Winning a gold medal at Stotesbury in Philadelphia was a great way to end not only my season, but also my crew career at Woodbridge. There are no words to describe the feeling of coming across first at such a prestigous event," senior Liz Heisey said.

With a strong men's program, the boys' Varsity boat finished in the top five at Nationals, setting a record for Woodbridge Crew. "I have been a part of the crew program all four years at Woodbridge, and this year by far has exceeded all other seasons. Mr. Moulen did an excellent job training us for Nationals," senior Jim Grube said.

"We worked really hard this season. Because of all that hard work, we were able to beat our top competitor, T.C. Williams. Crossing the finish line before them, was the greatest feeling in the world," junior Chris Esterline said. T.C. Williams, one of the teams' fiercest competitors, held a dual regatta in the beginning of the season on the Potomac River in Alexandria.

Practicing 18 hours a week paid off with big wins for crew.

by Caroline Roach

Girls

Walter L. Mess	3rd	2nd	4th	2nd
T.C. Williams Inv.	2nd	2nd	2nd	--
G.W. Inv.	4th	4th	4th	--
Cherry Blossom	--	--	--	2nd
Darrell Winslow	--	--	--	2nd
Occoquan Cup	3rd	1st	3rd	2nd
NOVAS	3/h	1st	5/h	4th
Stotesbury	4th	1st	4/h	4/h
Nationals	2nd	2nd	2nd	2/s

Boys

	V8/4	LTW8/4	JV8/4	F8
Walter L. Mess	1st	4th	2nd	2nd
T.C. Williams Inv.	1st	2nd	2nd	--
G.W. Inv.	2nd	3/h	4th	--
Cherry Blossom	--	--	--	2nd
Darrell Winslow	--	--	--	2nd
Occoquan Cup	1st	3rd	2nd	3rd
NOVAS	2nd	4th	4th	5/s
Stokesbury	7th	3/h	4/h	5/h
Nationals	5th	5/h	1st	4/s

Men's rowing became an Olympic sport in 1900, and women's rowing followed 76 years later. Common shells include eights, fours, singles and doubles. The coxswain sits in the stern of the boat, steers it, and commands the rowers.

Barbara Heritage

After injuring her knee forcing her to not be able to participate in practice or races, freshman Allison Reed came to the regattas and showed her support for the Freshman Eight Boat.

STICK WITH IT

Vikes Rock Hylton's World in the Northwest Regional Championships

After the final shot in the Northwest Regional Championship game, Varsity Lacrosse proved victorious. The team beat Hylton for the first time in years with a score of 20-2.

Scorekeepers had to be alert to keep up with the fast pace of the game. "It was hard to keep up because the players ran up and down the field about 600 times before we could make a mark," freshman Molly Cameron said.

The JV and Varsity teams practiced together. "Practices helped us prepare for games. They also helped JV players because many of them got moved up to Varsity," junior Jeremy Seeley said.

Conditioning started in February. Teams ran pyramids and a timed two-mile run. "We do the fast break drill to help our transition game and suicides in order to help our endurance." senior Mike Sands said. Players trained in the weight room on Tuesdays and Thursdays.

The Varsity team worked together for a long time. "The core members of the team have played with each other since seventh grade. Now we're all seniors, and we're a powerhouse team," senior Chris Wilson said.

Lacrosse was a club sport which was not funded by the school. Each team member was required to pay 125 dollars to be able to participate.

by Sarah Bruns

Marian Gryder

Lacrosse originated in North America when French explorers adopted the game, "baggataway" from the Native Americans. The stick used reminded them of a bishop's crosier, or cross, so they renamed the game "lacrosse."

JV

W		O	W		C
5	Dematha	8	1	Bishop Ireton	0
9	Loudon	3	1	Annandale	2
7	Hylton	2	1 1	Loudon	4
F	North Stafford	W	6	Loudon	4
2	Albemarle	6	9	Potomac	8
6	West Springfield	7			

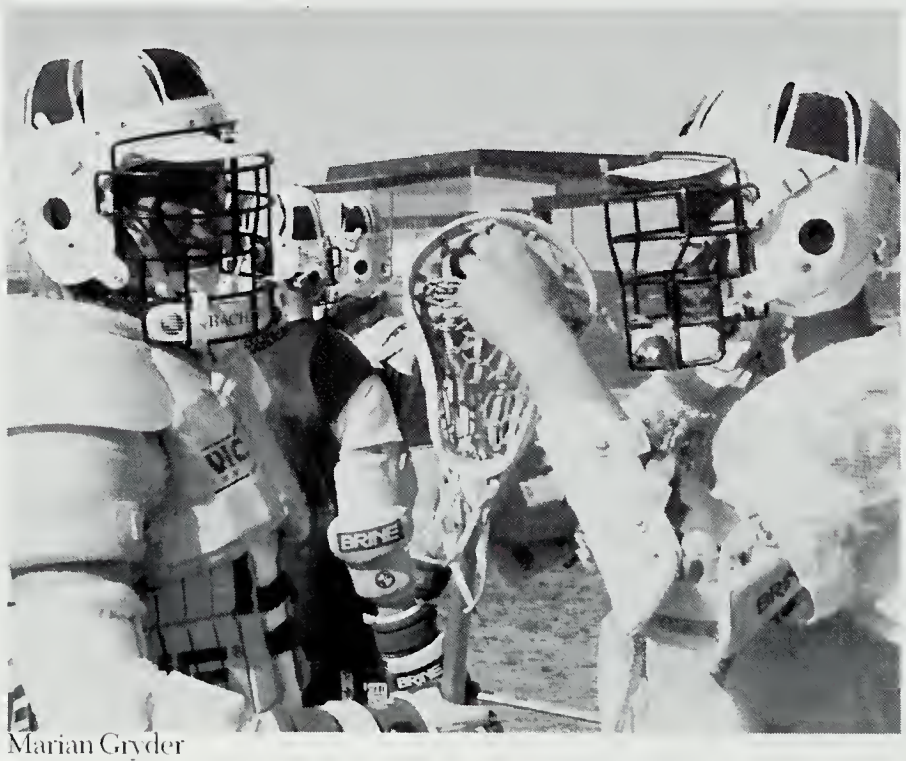
Season Record 5-6

Varsity

W		O	W		C
21	Faquier	0	22	Stonewall	6
11	Hylton	12	14	Loudon	1
14	North Stafford	2	21	Gar-Field	6
18	Albemarle	10	14	Osbourn Park	6
11	West Springfield	10	14	Stonewall	3
16	Osbourn Park	4	20	Hylton	3
12	Calvert	11	12	Albemarle	5
5	Potomac	12	20	Hylton	5

Season Record 14-2

Lend a hand. Senior Mike Sands helps out freshman Andrew Petroka replace the netting on his stick. Players replaced worn equipment.



Marian Gryder

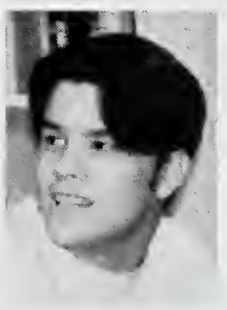
Kick back and relax. Senior John Weaver listens to Coach Mike Sands during practice. Practices usually lasted from 2:30 pm to 6:30 pm.

While the team practices, Coach Bill Clark goes over defense tactics with sophomore David Kaplan. Coaches helped the players.

Marian Gryder

Varsity Lacrosse *Front Row:* Jonathan Adams, Andrew Harrison, Joey Gallagher, Jimmy Gallagher, Russel Sands, Colin Stewart ; *Middle Row:* Karden Kelly(manager), Chris Johnson, Carter Elmore, Chris Wilson, Mike Sands, Chris Carroll, Brent Kincade, Scott Buchanan, Nicole Difazio(manager), Natalie Myers(manager); *Back Row:* Jeremy Seeley, Ryan Zell, Matt Burton, John Weaver, Jeff Giasson, Chris Thai, Mike Luley, Coach Mike Sands, Coach Martin DePalma

JV Lacrosse *Front Row:* Jimmy Gallagher, Mark Rosenow, Joey Gallagher, Richard Bradish, David Kim; *Second Row:* Ariana Ortega(manager), Chris Kodsi, Russel Sands, Mike Williams, John Crutchley, David Kaplan, Sal Mondello; *Third Row:* Judi Marshall(manager), Molly Cameron(manager), Andrew Petroka, Colin Stewart, Damien Lewis, Pat Swedock, Scott Buchanan, Coach Zack Young; *Back Row:* Coach Martin Depalma, Coach Bill Clark, Jeremy Seeley, Chris Johnson, Patrick Huskins, Aaron Walters.



"The Jefferson cup was held at Woodbridge this year, and the whole team played very defensively. That and the fact that most of the Varsity has known each other for a very long time helped us win continually all season long."

Jon Adams - 11

Agility is the key for sophomore Pat Berran and freshman Joey Feindt. Players had to be alert and focused during the entire game.

Save the ball, then your body. Senior Taly Goode gets ready to stop the ball during practice. Goalies wore different colored jerseys than the team.

Marian Gryder

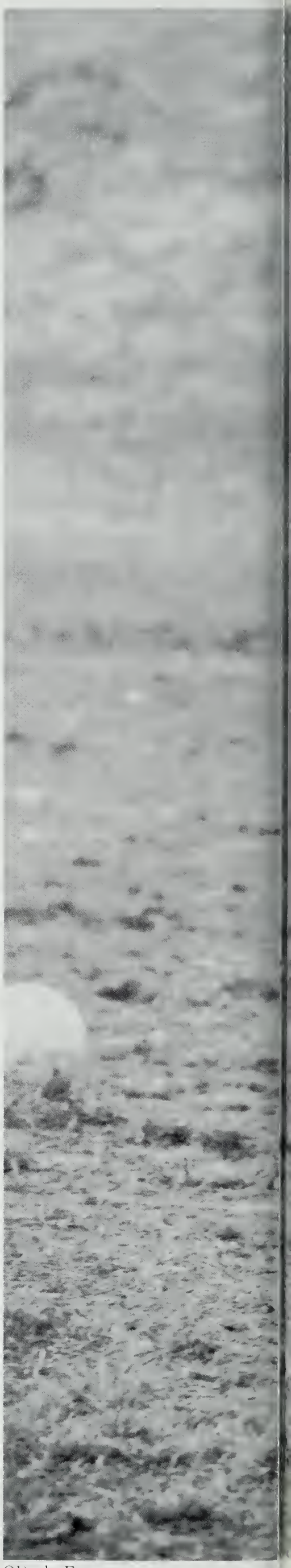
Olinda Fuentes

Varsity Boys Soccer *Front Row:* Jason Kent, Rowland Iheme, Brian Childress, Steve Finney, Brian Blackburn, Jeremey Parcells, Ryan Cummins, Jason Helling, Adam Newcomer, Errol McEachron; *Back Row:* Nick Pardi, Andy Pillifant, Jay Brinson, Pat Tierney, Taly Goode, B.J. Plummer, Josh Whitham, Brian Turner, Adam Soos, Aerial Ruejas, Coach Bill Lanza.

JV Boys Soccer *Front Row:* Kate Ragsdale (Manager), Katie Lutes (Manager); *Middle Row:* Horacio Melagares, Noel Ayala, Jonathan Williamson, Mike Curtis, Joey Feindt, Kevin Kleinman, Leandro Silva, Jose Zuniga, Randy Blass, Steven Smith, Nathan Moorleghen; *Back Row:* Jason Howe, Pat Berran, Mitch Lewis, Matt Roach, Matt Capobianco, Steve Labus, Spencer Jones, Robb Jankura, Paul Stepanick, Jeff Benson, Paul Nichols, Coach George Washington.

"The best thing about our coach is that he taught us to play Brazilian style soccer. There was more competition to try out for Varsity than for Junior Varsity."

Errol McEachron - 10



Olinda Fuentes

JUST KICK IT

Against the Downpour and Through the Goal, the Team Places First in State

Boom! The clouds broke and sheets of rain flooded the pit. Five hundred gallons of water were drained from the playing field on May 29.

Excess rain along with the water that melted from the snow caused inconveniences. When the field was flooded the boys could not practice, posing problems for the Varsity and JV teams who needed to use it.

The Varsity soccer team won the VHSL State Championships on June 1 against Clover Hill High School. "I expect us to reach the State Tournament and go for it. I think we have a skilled team that has the ablilty to win almost every game, if not every game. The whole team is confident in our chances to be first," junior Ryan Cummins said. They beat Clover Hill with a score of one to zero, one of the seven shutouts for the team that year.

The JV team got new uniforms. "Our new uniforms are forest green Adidas with white stripes down the shoulders and Woodbridge across the chest. I like them because they are new and nobody else has them," sophomore Kevin Kleinman said.

Before each game the teams stretched for ten minutes.

by Stacy Scarazzo

JV

W		O
1	Osbourn Park	0
2	Lake Braddock	1
3	North Stafford	0
1	Robinson	2
3	Stafford	0
2	Gar-Field	1
1	Stonewall Jackson	0
2	Albemarle	1
1	Brooke Point	0
0	Hylton	1
8	Season Record	2

Varsity

W		O
7	Lafayette	0
0	Frank Cox	1
0	J.E.B. Stuart	0
3	Lake Braddock	2
0	North Stafford	4
0	Osbourn Park	1
3	Stafford	1
3	Gar-Field	0
4	Stonewall Jackson	0
2	Albemarle	2
1	C.D. Hylton	0
3	Brooke Point	1
3	North Stafford	0
4	Brooke Point	0
4	Gar-Field	0
3	Albemarle	0
4	C.D. Hylton	3
3	Manchester	0
2	Fairfax	0
1	Clover Hill	0
17	Season Record	3

Hey man, nice shot. Sophomore B.J. Plummer puts on the brakes just short of the ball to get the most powerful and accurate kick possible.

After she places the ball on the corner sophomore Kelly Gray prepares for a kick. She passed the ball to a teammate open and in postion.

Tony Nguyen

With her eyes fixed on the ball, freshman Jenna Waggy reaches out with both hands to make an accurate save. Goalies had to remain focused.

Tony Nguyen

"In soccer, there is constant motion throughout the game. I've played soccer since the fourth grade, and it's something I enjoy doing. The JV team plays together and Mr. Loftus makes practices enjoyable for us. He gives us good tactics for the game."

Shea Northrup - 10

Varsity Girls Soccer *Front Row:* Lynly Intellini,Laurie Samuels,Kellie Gray, Shannon Tierney, Caroline Kent, Nikki Floris, Jen Mosakewicz, Connie Foster, Kim Furman, Alicia Johnson; *Back Row:* Kim Newell, Allison Keehan, Karen Brown, Shannon Farell, Casey Godfrey, Kristin Gartner, Angela Santioga, Susan Lutes, Page Henry, Terry Greer, Pam Kent, Coach Mike Yeatts.

JV Girls Soccer *Front Row:* Carrie Grube, Kirsten Babis, Caroline Roach, Laurie Watson, Allison Sautkulis ; *Middle Row:* Becky Shys (Manager), Katie Garst, Kristen Nicosia, Tiffany Starky, Jocelyn Bassler, Katherine Ward, Brooke Parker; *Back Row:* Sarah McQuarry, Rebecca Reibling, Beth Pedigo, Heather Lieby, Shea Northrup, Jen Looney, Kate Youngbluth, Coach Robert Loftus

KICKIN' BACK

Varsity and JV Teams Score Their Way to a Winning Season and a District Victory

As the girls soccer team took to the field each game, the smell of victory was a feature throughout the season.

Practice included rigorous workouts in preparation for tough games. "Practices were hard at the beginning of the season because of the weather. When the weather got warmer , we practiced outside and worked hard a lot on endurance," sophomore Jen Looney said.

World and American Studies teacher Mike Yeatts became the Varsity team's new head coach. "I think with a new coach, we had a fresh start. Mr. Yeatts helped us improve our game with new strategies," junior Page Henry said.

Varsity started the season off with a pre-season scrimmage in Virginia Beach. To encourage team bonding, Yeatts assigned rooms randomly to each girl. "The Virginia Beach scrimmage helped the team click, because of all the time we spent together," senior Alison Keehan said.

The JV team finished the season under the direction of Coach Robert Loftus. "We had an awesome season. It was the best we ever played because everyone got along," sophomore Sarah McQuarry said.

The Varsity team achieved their goal of winning a District Title banner. The team won the Commonwealth District Championships.

by Caroline Roach

JV

W		O	W		O
6	North Stafford	1	0	Osburn Park	0
0	Hylton	0	3	D. Freeman	0
2	Osburn Park	1	4	Brooke Point	0
0	Gar-Field	0	1	Hylton	1
11	Stonewall	0	7	Stafford	0

Season Record 6-0-4

Varsity

W		O	W		O
0	Kempsville	0	3	D. Freeman	1
5	First Colonial	2	5	Brooke Point	0
1	Hylton	0	0	Hylton	0
3	North Stafford	1	7	Stafford	1
0	Osburn Park	1	4	North Stafford	0
5	Gar-Field	2	4	Stafford	0
17	Stonewall	0	1	Gar-Field	2
1	Osburn Park	0			

Season Record 11-2-2

During an average 90 minute soccer game, the average midfielder runs about six miles. A soccer field is 140 yards by 65 yards. Soccer players are expected to be exceptional sprinters, have endurance and an aggressive nature.

Tony Nguyen

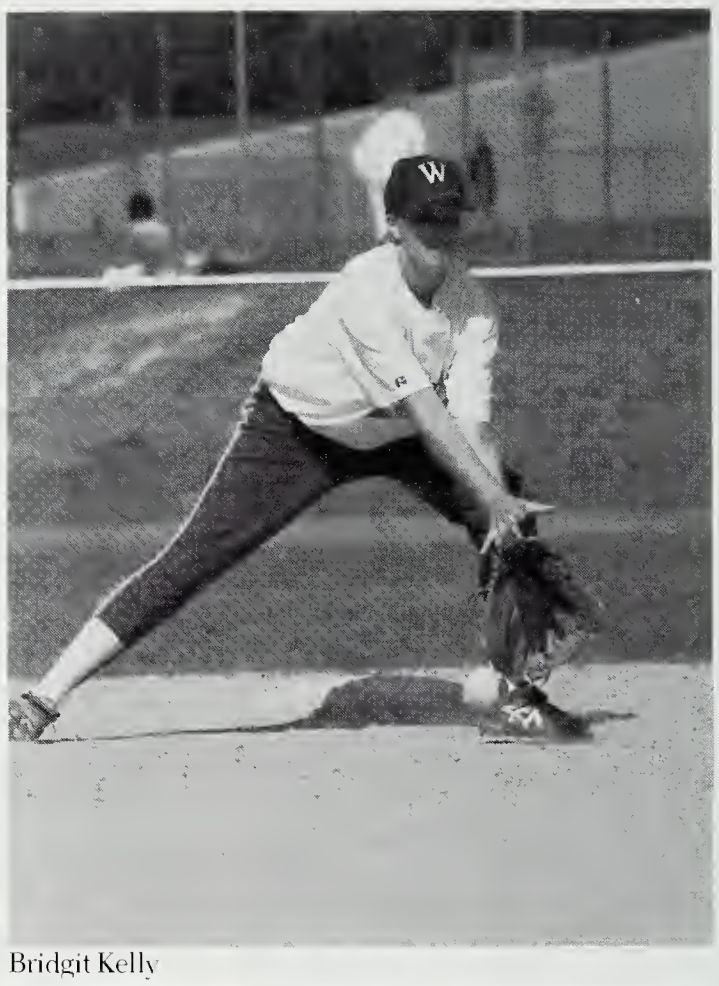
As freshmen Heather Leiby and Kirsten Babis stretch before a game against Douglas Freeman, they get instuction from the coach.

Girls Soccer

Instead of merely hitting the ball off the tee, freshman Erica Eberwein visualizes herself hitting through the ball to gain more power.

With her right hand down to protect her face, sophomore Melissa Bennett lunges foward to stop a grounder. Bennett played second base.

Marian Gryder



Bridgit Kelly

Varsity Softball *Front Row:* Katy Murphy, Stephanie Humbarger, Macy Price, Rebecca Peavyhouse, Michelle Matthews, Erin VanGorder; *Middle Row:* Kristen Arko, Melissa Bennett, Melissa Milligan, Marty Kaufhold, Erica Eberwein, Amanda Lewis; *Back Row:* Coach Tim Taylor, Asst. Coach Mike Wilson, Christina Hanson, Liz Sigmund, Bethany Piazza, Mike Petock.

JV Softball *Front Row:* Katie Stanley, Ellen Stevens, Morgan Lynn, Amy Rustan, Caroline Judy; *Middle Row:* Jill Camuti, Julia Wright, DeAnna Thorstad, Jenny Williamson, Shannon McQuary; *Back Row:* Lindley Overmyer, Elizabeth Aitken, Coach Mike Petock, Carrie Witherel, Yasmina Abdeliah.

"During one of our games, I hit a triple and had to slide into third. It was a close play so I slid head first, and broke the third and fourth metacarpals in my hand."

Amanda Lewis - 11

Bridgit Kelly

ON THE BALL

New Coaches Bring Philosophy and Winning Season to the Softball Diamond

Okay girls, only 10 more hills to go!" Sophomore Ellen Stevens yelled as the JV Softball team gasped for breath. Despite cramping muscles, the girls completed their 50 hills before practice began.

The JV and Varsity teams faced new coaches Mike Petock and Tim Taylor. "Softball this season has been a learning experience for everyone. Coach Taylor brought us together as a team and we're playing better because of it," junior Marti Kaufhold said. Both teams had overlapping practices for thirty minutes, which helped inter-team realtions.

The foundation of conditioning was hills, which doubled as punishment."The freshmen had to do 50 hills at practice one day because they forgot to bring a water cooler up to the trainer's room. I felt really bad for them, especially because they had to do them before the real workout started," sophomore Ellen Stevens said. Hills were run in increments of five or ten, either before or after practice.

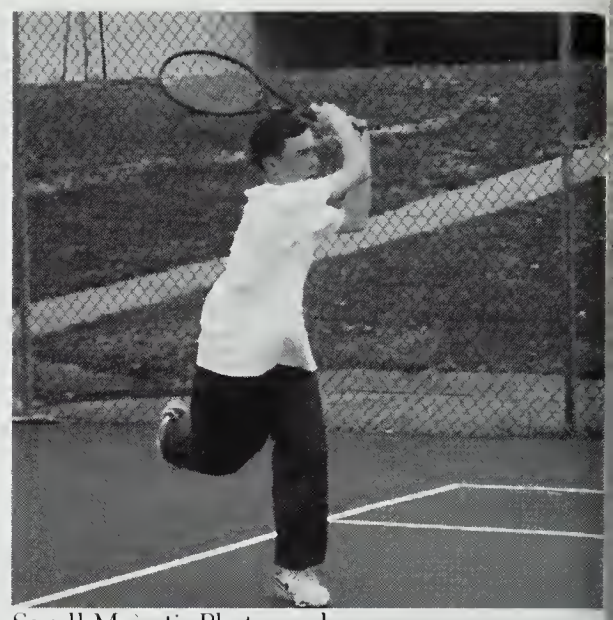
The JV team came from behind to win six games in the last inning , while Varsity finished the season with a winning percentage of 88.

by Jenny Williamson

W	JV	O
18	Hylton	9
15	Brooke Point	12
6	Stonewall	21
13	North Stafford	12
14	Gar-Field	13
17	Hylton	16
10	Stafford	9
9	Stonewall	21
12	Potomac	11
21	Brooke Point	3
11	North Stafford	10
14	Stafford	9
13	Gar-Field	11
11	Season Record	2

W	Varsity	O
10	Hylton	0
7	Gar-Field	1
7	Brooke Point	5
0	Stonewall	2
4	Osbourn Park	0
8	North Stafford	3
8	Osbourn Park	2
1	Gar-Field	3
18	Hylton	0
6	Stafford	0
5	Stonewall	1
2	Potomac	0
5	Brooke Point	0
12	North Stafford	0
8	Stafford	3
3	Gar-Field	2
14	Season Record	2

A fast wrist snap is the key to throwing a strike. Senior Michelle Matthews incorporates speed into her wind-up as she pitches the ball.



Uugh! Junior Chris James dives for the tennis ball. Players had to be alert and ready to hit the ball anywhere in the court and to save it from landing it the out of bounds.

Segall-Majestic Photography

RACKIN' THEM IN

Solid Play Leads Tennis Team to Undefeated Season and the State Tournament

Arms outstretched, standing along the fence around the edge of the tennis court, members of the tennis team went through one of its many pre-practice stretches to help warm up their arms. Hours of practice contributed to a well deserved, undefeated season.

Players had high expectations because of past successes. "For the first time, we are coming off a season in which we went to states. The training is harder, and we all seem more focused. We have depth and the entire top six has the ability to play well," senior Jason Wild said.

The goals set by players meant harder practices for the team. "Tennis this year is, or seems to be, more serious. Coach Lewis E. Forrest has gotten a lot more strict than last year. We have new team members who will have to adjust to the coaching and playing style: discipline and toughness," senior Rutherford Berry said.

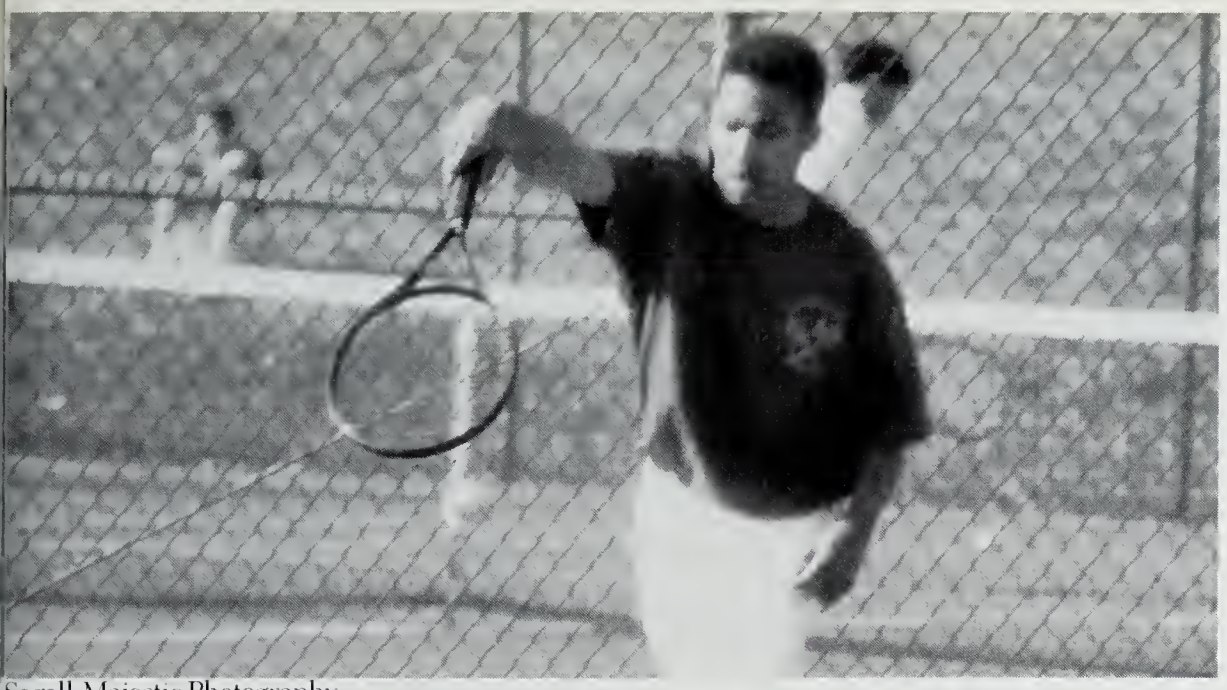
The hard work of the team helped them nearly every single match, earning them the opportunity to compete at the Regional Tournament. "We are all working really hard to go all the way to States this year. We all really want to be the best we can," senior John Deaton said.

The tennis team ended the season the number one in the District. The teams total record including Post Season games was matched at 14-2.

by Sean Lyng

Segall-Majestic Photography

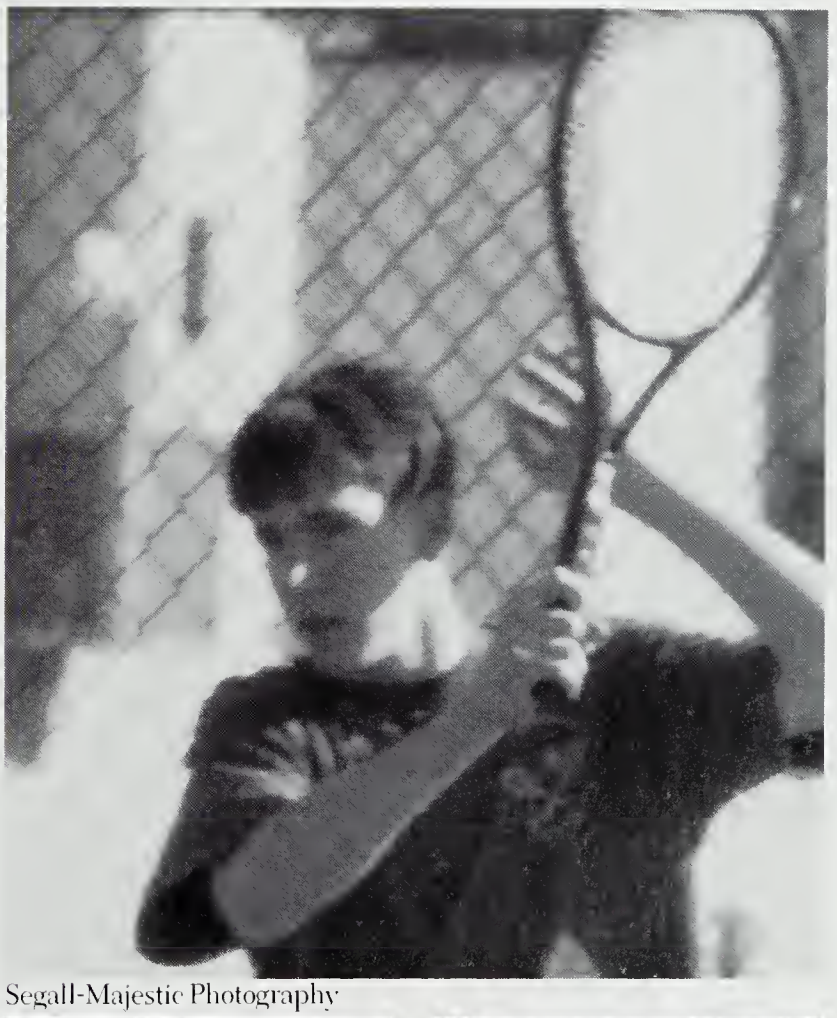
Boy's Tennis *Front Row:* Jason Nevitt, Brian Meermans, Paul Lake, Mark Williams, Jeff Ray; *Middle Row:* Matt Alvarey, Mike Weisman, J.P. Deaton, David Terrill, Chris James, Billy Camuti, Sean Dunois; *Back Row:* Will Deshazer, Jeff Cotherman, Paul Knick, Rick Windsor, Rutherford Berry, Jeff Morgan, Jason Wild, Dee Brown, Coach Lewis E. Forrest..



Segall-Majestic Photography

Over! Junior Dee Brown watches the ball that he has just volleyed. If the ball hit the net, the point was awarded to the opponent.

W		O
9	Osbourn Park	0
8	Gar-Field	1
7	Stonewall	2
9	Potomac	0
6	N. Stafford	3
7	Brooke Point	2
5	Stafford	4
6	Gar-Field	3
6	Brooke Point	3
7	N. Stafford	2
7	Stafford	2
7	N. Stafford	2
8	Brooke Point	1
8	Gar-Field	1
0	EC Glass	9
0	Yorktown	9
14	Season Record	2



Segall-Majestic Photography

Practice makes perfect. Senior Jeff Gotherman takes another ball out of the ball hopper, and gets ready to work on his serve with teammates.

With a quick swing, junior Jeff Morgan keeps the rally alive. Concentration was important for the development of good ground strokes.

JUMP START

Runners Participate in a Number of Field and Track Events to Give it All They Have

The sound of a shot blank exploding verberated through the air, and the season had begun. The first meet in Lynchburg at the Liberty University Invitational tipped off the beginning of outdoor track.

In order to participate at the meets, runners had to attend practices for five consecutive days. "Unlike any other sports, you can always count on track practice never being cancelled, no matter what kind of weather there is," senior Pedro Torres said. Practice began at 2:30 pm every single weekday.

To ensure an excellent performance, runners ate responsibly and avoided unneccessary injuries. "Before practice we spend at least a half hour warming up, then we start to do the running. It's extremely important to stretch both before and after practice because pulling a muscle can keep you out of a lot of meets," junior Alysia Barton said. Injured runners were not allowed to attend practice until they had completely recovered.

At meets, track members wore sweats, shorts and a Woodbridge T-shirt. Members had to maintain at least two C's and a D to run.

by Libby Sova

All Region Steve Arnold, Autumn Baltimore, Alysia Barton, Duane Brown, Dawn Cleary, Chris Davis, Jennifer Isherwood, Rob James, Matt Krycinski, Matt Lehr, David Lowery, Nicole McMonigle, Amanda Schroeder.

All State Steve Arnold, Alysia Barton, Duane Brown, Dawn Cleary, Chris Davis, Jennifer Isherwood, Steve Jones, Matt Krycinski, Matt Lehr, Katie McAllister, Nicole McMonigle.

B		G
1st	Liberty Univ. Inv.	2nd
1st	Stafford Inv.	1st
2nd	Brentsville Inv.	3rd
1st	Stonewall/Brooke Pt.	1st
3rd	Stafford Relays	3rd
1st	Caroline Co. Inv.	1st
1st	Potomac/N. Stafford	1st
8th	Battle Gound Inv.	4th
1st	Gar-Field/Stafford	2nd
1st	Hylton/O. P.	1st
1st	District Meet	1st
6th	Regional Meet	2nd
11th	State Meet	17th

To step off on the right foot, senior Adrienne Tunstall adjusts the starting block to fit her foot position. She was getting ready for the 100 meter relay.

Barbara Heritage

Barbara Heritage

On top of the world. Sophomore David Lowery hangs in midflight over the sand pit. Lowery participated in the long and triple jumps.

Dash away all. Fresh-man Tres Stallworth, junior Hector Cerda and sophomore Josh Sargent prepare for the running of the 100 meter dash.

Barbara Heritage

"Running track all three seasons can be exhausting on a single person. By far I like outdoor track the best because the sprints, such as the 4by4 and the 400 meter relay, are what I am the best at and like the most of all the events."

Rob James -11

Boys Outdoor Track *Front Row:* John Browe, Josh Sargent, Clint Curtis, Jonathon Wright, Ali Turabi, Nathan Groom, Shane Barnett, Chris Homan, Willie Jones, Kodi Smith, Duane Brown; *Middle Row:* Coach Jim Little, Tres Stallworth, Pedro Torres, Rob James, Hecter Cerda, Chuck Dubois, Delvon McCormick, Derrich Burrows, Anthony Iheme, Jason Sosa, Matt Kryrinski, Steve Arnold; *Back Row:* Mark Christianson, Donnie Fowler, Steve Jones, George Foreman, Matt Lehr, David Lowery, Ronald Williams, B.J. Lowery, Kevin Libby, Coach Jimmy Rogers.

Girls Outdoor Track *Front Row:* Iyona Baldwin, Emily Gorman, Tania Campbell, Mamie Pekayande, Cora Webb, Megan Farrell, Cristin Frederick, Julie Rick; *Middle Row:* Shawana Williams, Rebecca Gonzalas, Erynne Brotherton, Laura Hennessy, Jennie McNamara, Amber Wright, Jill Ingram, Mary Gilhooly, Heather Magallski, Autumn Baltimore, Amanda Schroeder, Fatima Antieye, Janelle Sutton, Lisa Katzbeck; *Back Row:* Coach Jim Little, Danie Knouse, Christina Abadir, Adrienne Edwards, Susie Gibson, Cecilia Riek, Katie McAllister, Dawn Cleary, Nicole McMonigle, Elizabeth Cowardin, Jenn Dunn, Jennifer Isherwood, Samantha Levy, Andrea Glover, Alysia Barton, Coach Jim Rodgers.

FLEET FEET

Runners Pace Themselves Through Rain or Shine Leaving Opponents in the Dust

Eyes centered on the gun, a hush fell over the spectators stretched along the border of the winding course. The runners stepped up to the chalky line. "I live for race days. The big meets with one hundred plus runners, it gives you a rush of adrenaline," senior Jason Sosa said. Saturday meets had 80 or more runners in each race.

On race days, the aroma of flex-all filled the bus and ears perked up when Coach Jim Rodgers dispensed his pearls of wisdom. "I have always found Coach Rodgers' advice useful, and use it throughout my race. I concentrate on each girl in front of me and take one down at a time. I try not to have any doubts, I just go for it," sophomore Kim Furman said.

Preparations were the same every race day. "After we do our warm-ups, stretch, lace up our shoes, and say our prayer, I go through my race picturing the course and the runners around me," senior Jennie McNamara said. Runners prepared by knowing their course from start to finish.

The first meet was scheduled on the first week of September.

by Dawn Cleary

All District: Steve Arnold, Chris Davis, Doug Windland, Derik Burrows, Dawn Cleary, Catherine Seguin, Kim Furman, Katie McAllister, Cecilia Riek

All Region: Steve Arnold, Chris Davis, Matt Krycinski, Derik Burrows, Dawn Cleary, Katie McAllister

All State: Steve Arnold

B		G
3-0	Stonewall/OP	3-0
1st	Lebanon Valley	4th
1-2	Potomac/Garfield	3-0
2nd	Briarwood	7th
1-1	OP/Hylton	1-2
2nd	Great Meadows	1st
2nd	Leesylvania	5th
1st	William and Mary	8th
3rd	Georgetown Prep	8th
1st	Districts	1st
1st	Regionals	1st
3rd	States	9th

After passing the two mile mark, junior Cecilia Riek concentrates on her pacing herself for the last mile of the Georgetown Prep race.

Segall-Majestic Photography

Segall-Majestic Photography

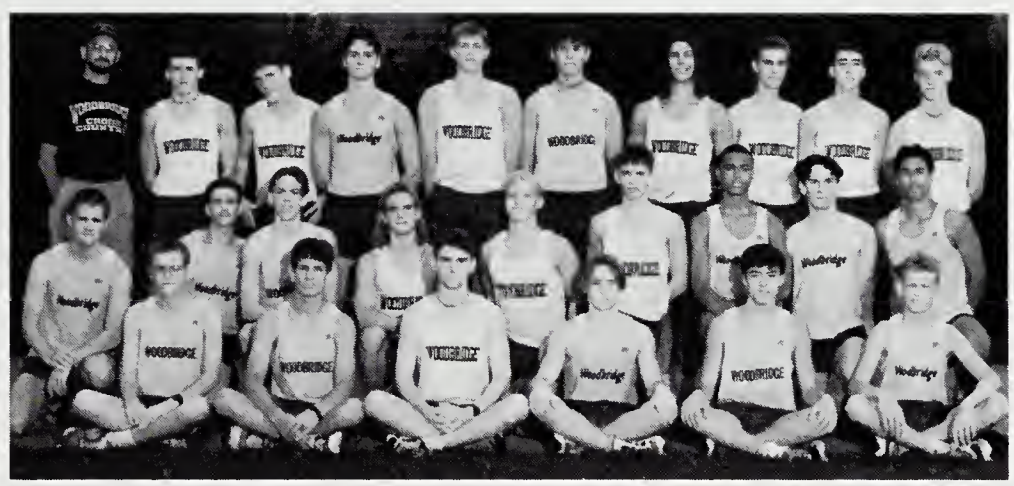
Full speed ahead, sophomore Donnie Fowler turns the corner of the 3.1 mile course. Courses were made up of various terrains.

Shoes laced and bow tied, sophomore Emily Gorman stretches for her race. Runners physically and mentally prepared for their race.

Iyana Tennon

"I was running at the William and Mary meet in Williamsburg and was in third place. One hundred meters right before the finish line I cramped -up and jogged the rest of the race I ended up placing in fifth overall."

Steve Arnold-12



Boys Cross Country *Front Row:* James Osbourn, Louis Marroquin, Steve Arnold(captian), Brandon Miller, Aaron Spicer, Casey Fraizer; *Middle Row:* Chris Rose, Ben Wilhite, Brendan Ruppert, Doug Windland(captian), Charles Dubois, Robbie James, Trey Stallworth, James Mills, Jason Sosa; *Back Row:* Coach Jim Rodgers, Matt Krycinski, Derik Burrows, Jesse Hoffman, Donnie Fowler, Mitch Johnson, Mike Milliken, Kevin Libby, David Isherwood, Chris Davis

Girls Cross Country *Front Row:* Mary Gilhooly, Heather Magalski, Kristen Frederick, Emily Gorman, Catherine Seguin, Amy Rustan; *Middle Row:* Amanda Jacob, Nikki Floris, Amber Bielenberg, Jenn Dunn, Lynley Overmyer, Samantha Levy, Kim Furman; *Back Row:* Coach Jim Rodgers, Jennifer McNamara, Cecilia Riek, Danielle Kanouse, Nicole McMonigle(co-captain), Alicia Barton, Katie McAllister, Dawn Cleary, Susan Gibson(captain), Angie Simms.

In the defensive mode, sophomore Kate Youngbluth attempts to take the ball from her opponent. Rival games attracted many fans from both teams.

Tony Nguyen

With her eyes focused on the ball, senior Crissie Hansen proceeds to try to gain control over long-time rival North Stafford.

Tony Nguyen

"This year the team became so much closer. It's hard to describe because we all got along perfectly. I know that had a lot to do with making it to States and spending a lot of time together. We stood out this year and we actually had lots of fans supporting us from the sidelines." **Sara Dail - 12**

Varsity Field Hockey *Front Row:* Caroline Kent, Pam Kent, Brooke Parker, Erin Lyga, Lindsay Northup(Captain); *Middle Row:* Lisa Hantjis, Nichole Ford, Casey Powell, Beth Schu, Rae Melvin(Captain), Katie Stephens; *Back Row:* Jennifer Dunn, Sara Dail, Beth Pedigo, Carrie Witherel, Nicole Whitfield, Crissie Hansen

JV Field Hockey *Front Row:* Ashley Blair, Kelly Melton, Julie Tilbury, Beth Nelson, Jennifer Tilbury; *Middle Row:* Erin Fisher, Leah Erkkinen, Heather Ley, Shannon McQuary, Caroline Roach, Stephanie Kirste; *Back Row:* Allison Garcia, Kate Youngbluth, Shannon Magalski, Kate Youngbluth, Carrie Grube, Shannon Brown, Annie Weaver, Kristin Nicosia.

ALL FOR ONE

Practices, Drills and Determination Lead to the State Championships

"We're all for one. And one for all. Together we fall. And in the end, we win them all," senior Rae Melvin cheered along with the team as a part of their preparation before a game. The team members had a set routine before each game.

Dominated by returning players, theVarsity team was accustomed to one another's playing techniques and diverse styles.

"I think the reason we did so well this season was partly because we knew each other so well because of being on the team. We are all used to our coach and also each other's attitudes and ways of playing. We know where our teammates will be without even looking," Melvin said.

State Championships provided the team with confidence. "I really can't believe we made it to States. It was very surprising. It built our confidence and brought us closer," junior Ashley Blair said. Championships took place at Frank Cox High School.

Involvements in tournaments led to the team's overall success. "This year, everyone was more involved. Being the host of the district game and going to tournaments got us pumped," sophomore Katie Stephens said.

Focused practices and drills enabled the team to achieve Regional Runners Up which took them to States.

by Casey Powell

JV

W		O
0	Chancellor	0
3	Culpeper	0
1	Brooke Point	0
1	Stafford	3
1	North Stafford	1
1	Chancellor	0
1	Brooke Point	0
1	Stafford	1
1	North Stafford	1

Season Record 4-4-1

Varsity

W		O	W		O
2	Potomac	0	0	Brooke Point	1
1	TC Williams	0	1	Stafford	2
0	Madison	1	0	North Stafford	5
2	Chancellor	1	0	Frank Cox	5
2	Culpeper	1	0	Fauquier	1
0	Brooke Point	1	1	Brooke Point	0
0	Stafford	2	2	Stafford	1
2	North Stafford	3	0	North Stafford	1
4	Chancellor	0	1	Lake Braddock	2

Season Record 7-11

In the United States, field hockey has met with little popularity among males and has become almost exclusively a woman's sport. In 1922, the governing body of the sport, the U.S. Field Hockey Association, was organized.

Tony Nguyen

Unopposed and positioned by the sideline, sophomore Pam Kent crosses the ball to her teammate. Precise passes and communication were key.

SACK ATTACK

A Defense Oriented Team Prevented Opponents From Scoring Three Times

High expectations and a positive attitude. That was the mental frame of the JV Football team which guided them to a winning season.

The team started off the season with a four game winning streak. With only three more games left in the season, the team set their sights on a perfect season. "I think that we could go undefeated because we have a good running game with our offense and a strong front line and secondary with our defense," freshman Dwayne Garrett said.

Players played football both in and out of school. "I like to play football because it's fun and I have always played it. I play everyday and I want to continue playing," sophomore Bobby Strawderman said. Through constant practicing players gained more experience.

The JV team was scheduled to play nine games, while the freshmen were scheduled for seven. However, the season was cut short due to inclement weather. The games against Stafford as well as Osbourn City were cancelled because of the rain. The JV team made up their game against Stafford the following week rather than playing against H.D. Woodson.

"We have a unique group who are hungry and aggressive. They like to hit and have a will to win," Coach Brian Bonacquisti said.

by Joy Vajirapinyo

Allison Sautkulis

Football made its first appearance at the intercollegiate level on November 6, 1869 when Rutgers played against Princeton. Rutgers won the game, however Princeton won the rematch that was played the following week.

From the sidelines, the JV football team shouts out encouragement to the players on the field. Players supported each other during a game.

Allison Sautkulis

JV

W		O W		C
12	Stafford	6	14	T.C. Williams
C	H.D. Woodson	C	0	Hylton
6	Potomac	0	12	Osbourn Park
33	Stonewall	7	6	Gar-field
C	Osbourn City	C		

Season Record 5-2

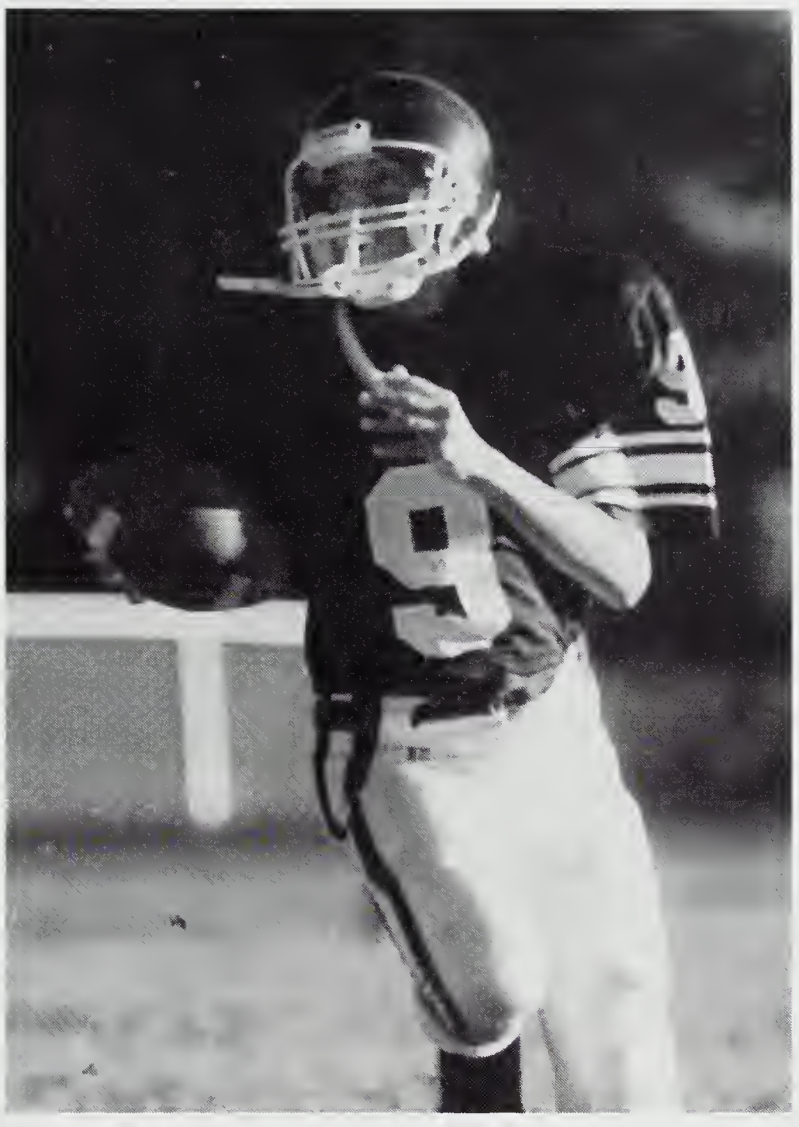
Freshman

W		O W		C
C	Stafford	C	0	T.C. Williams
14	Potomac	0	28	Hylton
0	Stonewall	6	0	Gar-field
C	Osboutn City	C		

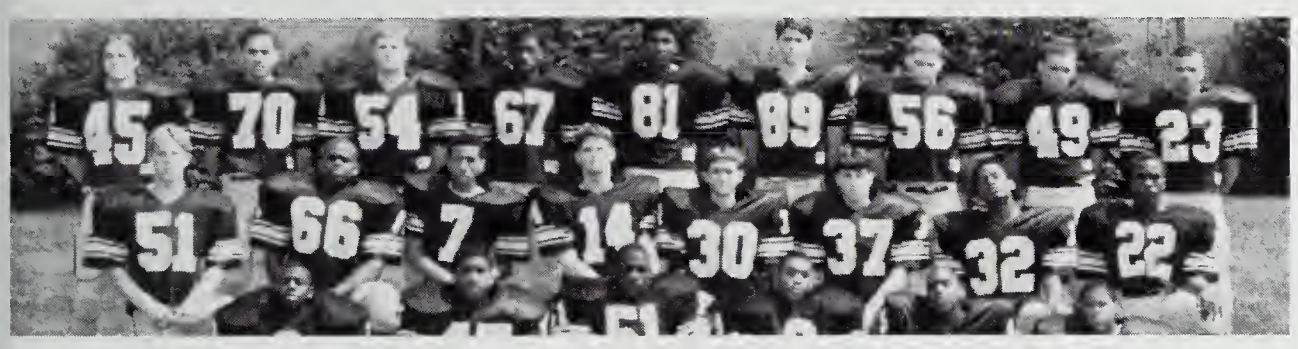
Season Record 2-3

Juniors Errol McEachron and Aaron Walters watch from the sidelines next to the field. The offense caught a breather as the defense played.

Kicking up the dirt, freshman Lamar Lane runs towards the endzone. A strong running game helped the team control the time of possession.



Iyana Tennon



Junior Varsity Football *Front Row:* Dwayne Garrett, Timothy Dillard, Robert Bonner, Jonathan Wright, Marcus Cooper, Jerry Walley; *Middle Row:* Bobby Strawderman, Ricky Yeager, Will Owens, James Hottle, Shawn Rechkemmer, Richard Bradish, Jeff Humingwood, Julius Flynn; *Back Row:* Russell Sands, Jonathan Torras, Stuart McCray, Justin Harriott, Andre Hines, Anthony Homer, Michael Johnson, Jamie Wrolstad, Edwin Morales.

Freshmen Football *Front Row:* James Miller, Stephen Thamm, Paul Farrow, Jermaine Turner, Anthony Ashford, Manuelle Duvall; *Second Row:* Matthew Erwin, Franklin Weaver, Lloyd Warren, Lewis Byrd, Deon Clubbs, Filip Pantovich, Nicholas Brown, Ryan Swanson, Damien Stallworth; *Third Row:* Joseph Bernier, Carlos Medina, Brad Long, Robert Reed, Ean Hamilton, Daniel Cox, Antwon Neloms, Dontae Hogan, Lance Florence, Jason Morelli; *Back Row:* Michael Lunsford, John Hottle, Michael Hivnor, Steven White, David McKeown, Khaleem Rudder, Jason Harriott, Matthew Pacheco, William Gorman.

"I think that the game we played against Stafford was fun and I tried my best to help out the team. Our offense made some minor mistakes but I think if we practice hard every day we will be able to improve and be more prepared for the next game."

Robert Bonner-10

Concentration is the key. Senior quarterback Mike Voss prepares to launch the football to another teammate in hopes of a touchdown.

ALL THE WAY

Varsity Football Players Finish the Season at Regional Finals With Nine and Three Record

Crack! Seniors Cortez McNeil and Matt Lehr slammed their heads together to get psyched for the game. Kickoff was at 7:30 pm as the football teams warmed up. "Coach Davis makes us perform crucial game situations during practice so when the real thing comes, we are prepared to execute a successful play," junior Avery Griffin said.

With a record of nine and three, the Vikings made it to the regional finals. "The key to our record has been on account of our defense. The offense may sell the tickets, but the defense wins the game in most cases," senior Carlos Coleman said.

Team unity contributed to a majority of the Varsity team's most successful games during the season. On September 20th the team played H.D. Woodson and the score was close throughout the entire game.

"When we played H.D. Woodson at home the score was close in the first two quarters, 6-6. Also, a lot of the team members were intimidated by the Woodson's players' size. However, we put the 'T' in team which stands for the team's togetherness and instead of playing like individuals and we ended up winning 30-6," senior Brian McNeil said.

Throughout the season the team's captains posed as communication links between the coaches and the players, which was a factor in the teams' successes.

by Elizabeth Bowden

Varsity Football *Front Row:* Shaun Thompson, Brad Flowers, George Johnson, Chris Sahami, Michael Johnson, Edwin Morales, Bobby Strawderman, Jon Salisbury, Byron Traylor, Jeff Bombick; *Second Row:* Jeff Scharf, Abey Malave-Lopez, Trevor Michealson, Terell Jones, Jeff Mensah, Erik Gavidia, James Hottle, Hector Cerda, Pedro Torres, Robin Hocog, Vaughn Harrell; *Third Row:* Steve Miller, Delvon McCormick, Lamar Lane, Cody Smith, Nakoa Boyd, Cortez Quarles, Coridale Jackson, Frank Saldana, Dwayne Garrett, Leroy Young, Avery Griffin, Errol McEachron; Back Row: Michael Brokenburr, Jean Dauphin, Carlos Coleman, David Lowery, Cortez McNeil, Eric Merek, Matt Lehr, Mike Voss, Mike Compton, Mike Bergazzi, Brian McNeil, Aaron Walters.

Allison Sautkulis

lison Sautkulis

After making a touch-down, senior Art Lambros prepares to kick for the extra point. Lambros was the designated kicker for field goals.

W —— O

7	Garfield	14
28	Stafford	3
31	H.D. Woodson	6
56	Potomac	0
40	Stonewall	20
6	Osbourn	0
27	T.C. Williams	0
10	Hylton	17
30	Osbourn Park	3
17	Garfield	10
21	Hylton	13
28	GW Danville	3
10	Season Record	2

Allison Sautkulis

"Are you sure you're okay?" questions Debbie Harrelson as she nurses senior Pedro Torres. Players who were injured did not play.

As he goes over the upcoming offensive plays, senior Eric Merck observed from the sidelines as the defensive players were playing.

A chip off the old block Junior Sean Murphy sends a chip shot on to the nearby green. Chipping out of sand traps was a skill golfers had to learn.

Segall-Majestic Photography

GREEN WITH ENVY

Team Qualifies Two Golfers For Regional Tournament Meeting Goal

As Nick Bland stepped onto the green for his final hole of the season, he was competing in the playoff for the final slot for the State Tournament. The Viking golf team qualified two members, Nick Bland and Sean Murphy, for the Regional Tournament, which was their team goal.

The qualification of golfers to Regionals accomplished one of the golf team's goals of the year. "Our goals for this year were to not let one bad shot ruin our entire match, and to qualify as many people as we could to the Regional Tournaments," Coach Lou Lepore said.

The team's most successful performance was at the Quantico Invitational Tournament, on August 28 and 29. The team finished 14 out of 46 and had a two day total score of 687.

"Although the team as a whole did not do as well as we would have liked at Districts, we got some people to Regional play, which was one of our goals," junior Sean Murphy said. The team's 383 combined score put the team in 6th place. The top four scores were averaged together to get the team score.

"We had a young team this year; there was one senior. Next year, we won't lose any key members because our top players are juniors," junior Chad Snead said.

by Sean Lyng

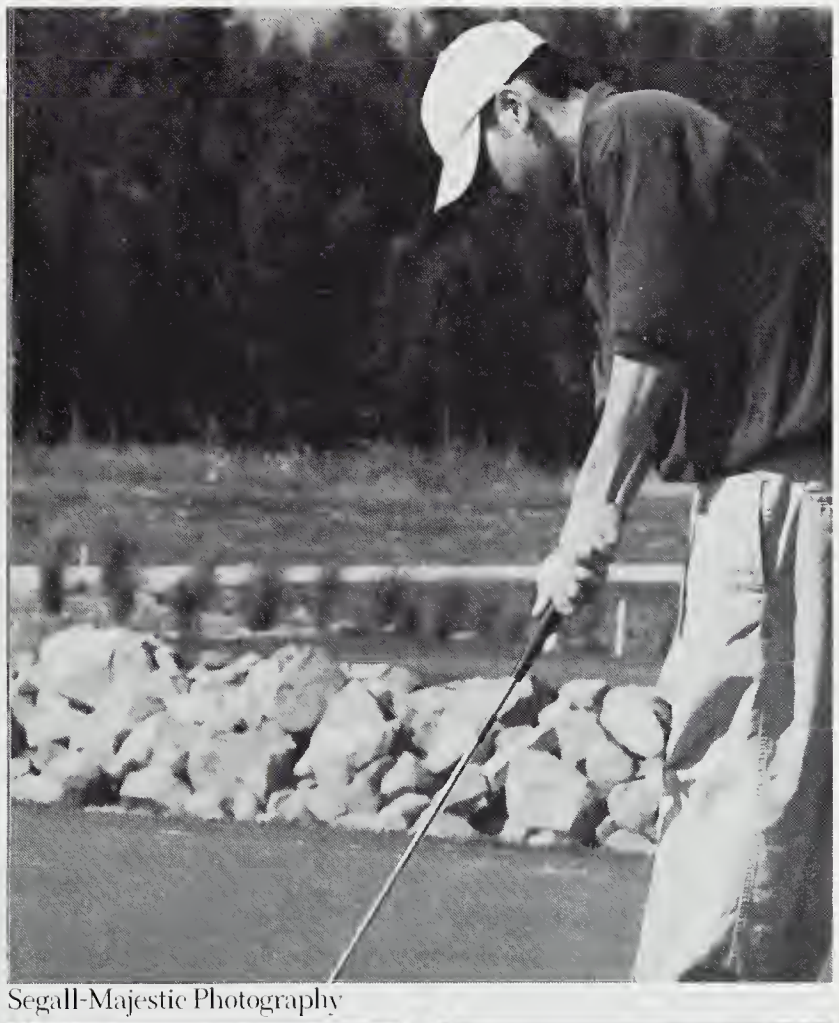
Varsity Golf *Front Row:* Todd Crone, Johnathan Williamson, Steven Cunningham, Josh Coder, Chris Kauchak, Nick Bland
Back Row: Sean Murphy, John Welch, Brad Nelson, Mike Weisman, Matt Alvary, Coach Lou Lepore

Segall-Majestic Photography

Segall-Majestic Photography

Eyes glued to the ball, junior John Welch follows through on his putt. Practicing was an important part of the golf team's schedule.

O	W
Stonewall/Hylton.	3rd
Quantico Invitational	14th
O.P./Hylton	3rd
Gar-Field/Osbourn	3rd.
Stonewall/Mercersburg/ James Wood	4th
O.P./Osbourn	3rd
Stonewall/Potomac	2nd
O.P./Stafford.	3rd
District Tournament.	6th



Segall-Majestic Photography

Nice 'n easy. Sopho- more Michael Weisman taps in a shot on the practice green. It was Weisman's first year on the golf team.

As the sun beats down on junior Nick Bland's hat, he follows through on a tee shot. The practice green had many holes to choose from.

In court number one sophomore Christina Hamilton uses her Prince racket to hit a volley to junior Ellen Stevens. Different brands of rackets used were Prince, Head, and Wilson.

Marian Gryder

W		O
8	Gar-Field	1
5	Osbourn Park	4
8	Stonewall	1
8	Hylton	1
8	Osbourn City	1
F	Potomac	
9	Gar-Field	0
5	Osbourn Park	4
7	Stonewall	2
7	Hylton	2
7	Osbourn City	2
9	Potomac	0
9	Osbourn Park	9
6	Stafford	3
3	E.C Glass	6
0	Cloverhill	9
14	Season Record	2

Marian Gryder

As she raises her racket and shuffles her feet to position herself for the ball freshman Emily Heberer, slams an overhead. Herberer was ranked sixth on the team.

While waiting for the opposing team to arrive for the match against Osbourn Park, senior Heather Danforth practices her forehand. The team won the match five to four.

Marian Gryder

While warming up for practice junior Sarah Sanchez taps the ball back to senior Heather Danforth. Different forms of warm-ups included short court and foot drills.

Mariam Gryder

ADVANTAGE IN

Lady Vikes Bounce Their Way To Regional Quarterfinals

Plink. Plank. Plunk. One by one droplets of water began to hit the courts. Soon the drizzle turned into a heavy downpour causing the tennis match to come to an immediate halt.

"We tried to play in the rain once but it got too heavy so we played one match and then made the rest of it up a couple of days later," freshman Mariko Esannason said. Postponements were made due to inclement weather and lack of daylight.

With only five returning, the 11 new members went into match play after only three weeks of practice. "My first match was nerve racking. I was so unsure of myself because it was the first time I had ever played tennis competitively. I was losing at first, but then I concentrated harder and followed through on my strokes helping me to win," sophomore Latoya Sherron said.

Remaining undefeated for all of the regular season the team became top seed and were excused from the first round of play in the districts matches.

"Although we had an excellent season, for some reason I thought Districts would be difficult. We had a few players that weren't very experienced. Luckily they won and took us to Regionals. Some of our players made stupid mistakes, but that was okay since we won anyway," freshman Carolyn Greco said.

The team purchased new uniforms for the season including; shirts, shorts, warm up pants and jackets.

by Melissa Derr

Girls Tennis *Front Row:* Carolyn Greco, Haley Allen, Wendy Hickok, Sara Roach, Christina Wilhite; *Middle Row:* Ellen Stevens, Jennifer Tindall, Christina Hamilton, Joy Vandevender, Melissa Derr, Chrissy Moore; *Back Row:* Coach Bill Mangus, Mariko Esannason, Emily Heberer, Latoya Sherron, Sarah Sanchez(Captain), Heather Danforth(Captain), Beth Via.

SPIKE IT

With Power and Skill, Volleyball Teams Spike Their Way to a Winning Season

Bump, set, spike. Katie Lutes repeated these commands over and over in her mind during volleyball games. Little reminders helped Lutes stay focused on the game and also held high hopes for a winning sports season.

Team spirit encouraged new team members to cooperate during the season. "I think it helped that everyone on the Freshman team became good friends. It helped us communicate better on the court," freshman Cassie Kline said.

Along with team unity, confidence contributed to projecting the right attitude towards winning. "It's always important for us to keep our head up when we are down. When you show the opponent defeat, then you have lost it right there," freshman Kelly Butcher said.

Practices occurred every day after school. "Our practices have been really tough. Sometimes we had to run sprints and do push-ups. It payed off in the long run though, because we had a really successful volleyball season," freshman Aubrey Chambers said.

The JV team won the division championships, while the freshman finished with a record of 9-3.

by Caroline Roach

JV

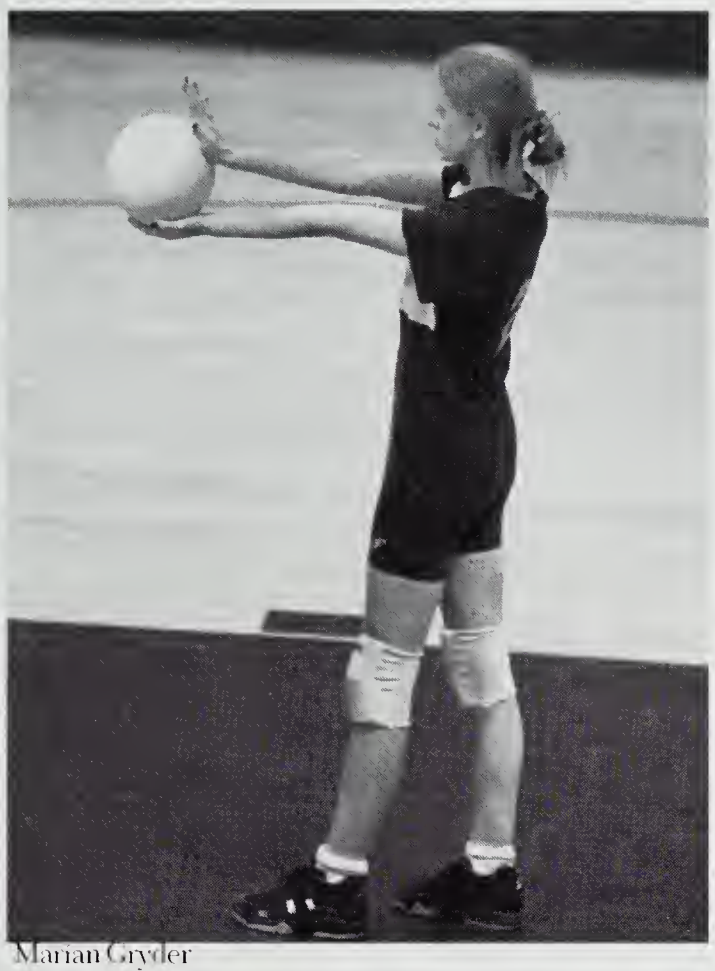
W		O
2	Broad Run	1
2	Paul VI	0
2	Osbourn City	0
1	Gar-Field	2
2	Potomac	1
0	Osbourn Park	2
2	Sidwell Friends	0
2	Stonewall	1
2	Hylton	0
0	Park View	2
0	Osbourn City	2
2	Gar-Field	0
2	Potomac	1
2	Osbourn Park	0
2	Stonewall	2
2	Hylton	1
2	Championship	0
14	Season Record	4

Freshman

W		O
2	Osbourn City	0
2	Gar-Field	0
2	Potomac	0
2	Osbourn Park	1
2	Stonewall	0
2	Hylton	0
0	Osbourn City	2
1	Gar-Field	1
2	Potomac	1
0	Osbourn Park	2
0	Stonewall	2
2	Hylton	0
9	Season Record	3

With her eyes on her anticipated target, junior Dawn Wanzer puts her hands together to create a flat surface to bump the volleyball.

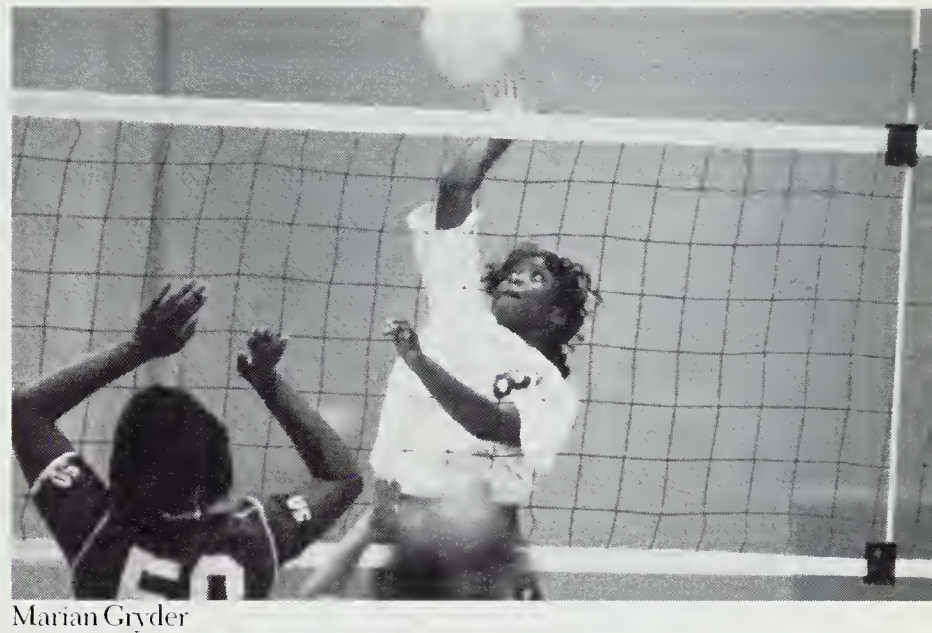
Marian Gryder



Marian Gryder

To ensure the accuracy of her serve, freshman Aubrey Chambers aligns the ball with her target to make sure it falls where she desires.

SMACK! With her eyes set on the ball, freshman Rachel Harrison prepares to spike the ball with force. Fast spikes caught opponents off guard.



Marian Gryder

"All of the players did very well this season, because we exceeded our own expectations. The JV and Varsity teams are goingtobeexceptional next year."

Melanie Packett - 9

JV Volleyball *Front Row:* Dawn Wanzer; *Back Row:* Katie Lutes, Bevin Gekosky, Kelly Butcher, Kristen Daniels, Kinga Niecko, Rachel Harrison.

Freshman *Front Row:* Melanie Packett, Jennifer Harrison, Aubrey Chambers, Jennifer Hill, Amber Brown, Carolyn Todd; *Back Row:* Sadie Jones, Alicia McNease, April Pittman, Katie Sutton, Cassie Kline, Laura Sellner.

Jump for the ball. Senior Stephanie Daniels practices setting the volleyball. The team practiced after school together in the main gym.

Marian Gryder

SIDE OUT

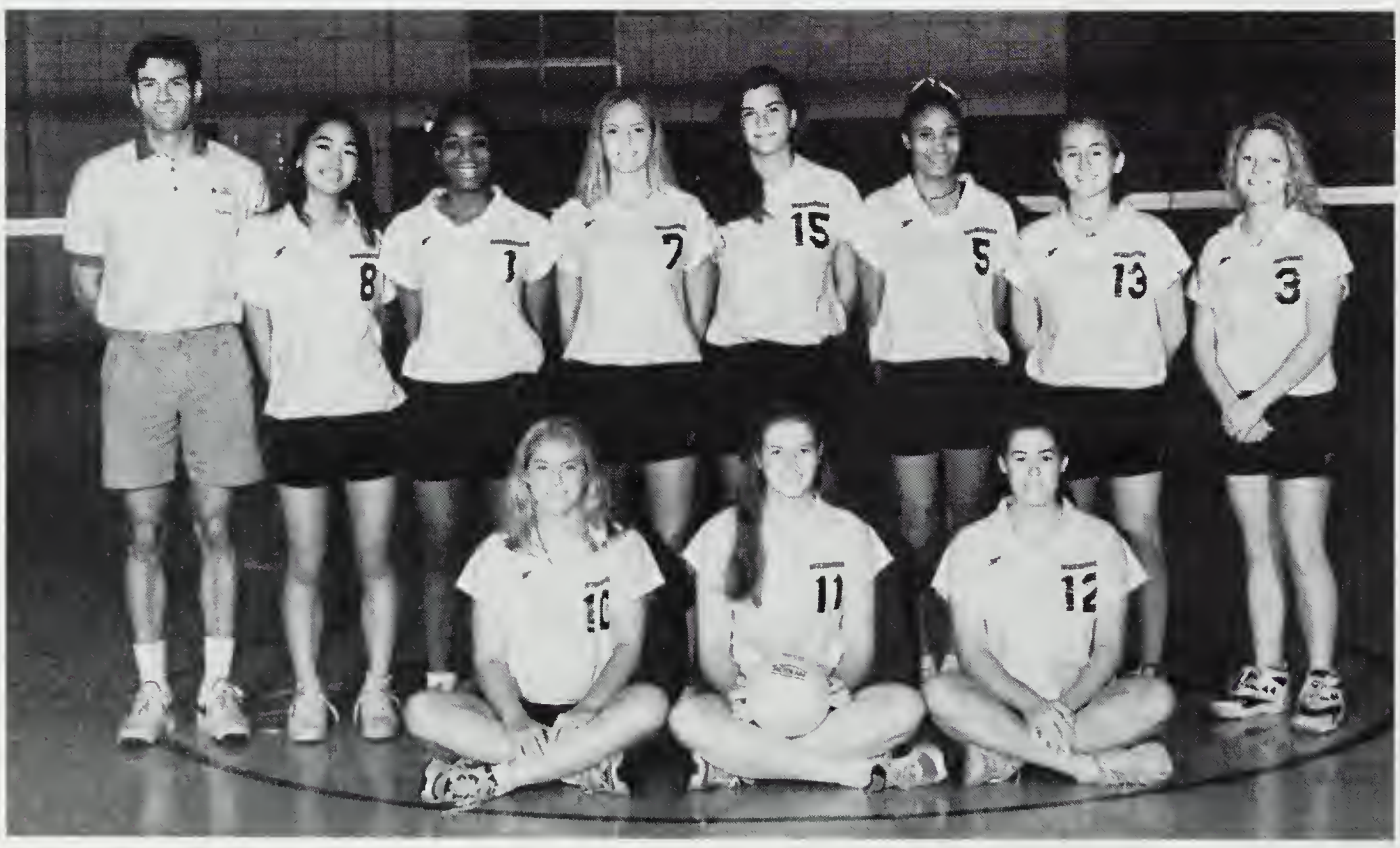
Summer Conditioning Takes Varsity Team to Semifinals of Regionals

The volleyball sprung up into the air, as junior Melanie White set the ball. Junior Nashunda Harper made the spike for the game point against Hylton. "In the game we had a new lineup that we weren't used to but we pulled together in the end and won. It was a tough game, and Hylton played really well but we played better. It was an awesome win," Harper said.

In the preseason, veteran members of the Varsity team got a head start on the fall season, playing games and lifting weights. "Some of the experienced players went to a team camp over the summer. We also had open gym and weight lifting over the summer, if some of us weren't doing anything we'd get together and go to the Chinn Aquatics Center or the Dale City Recreational Center to play a game," junior Melissa Milligan said. The team played an unannounced game against Garfield. The game was moved to a Wednesday because of SAT's.

Senior Erin Van Gorder had twenty-four kills and junior Nashunda Harper had twenty-eight for the season. Over all, the Varsity team placed 9th with the score of 9-15 and 13-15 , ending with a record of seventeen and seven. In the district, they took third behind Osbourn in Manassas City in second. The team advanced into the Regional semi- finals.

by Hilary Hansen



Varsity Volleyball *Front Row:* Erin Van Gorder, Stephanie Daniels, Christine Bohannan; *Back Row:* Coach Mike Petock, Melissa Saure, Nashunda Harper, Melissa Bennett, Erica Eberwein, Melissa Milligan, Sarah Falcona, Melanie White.

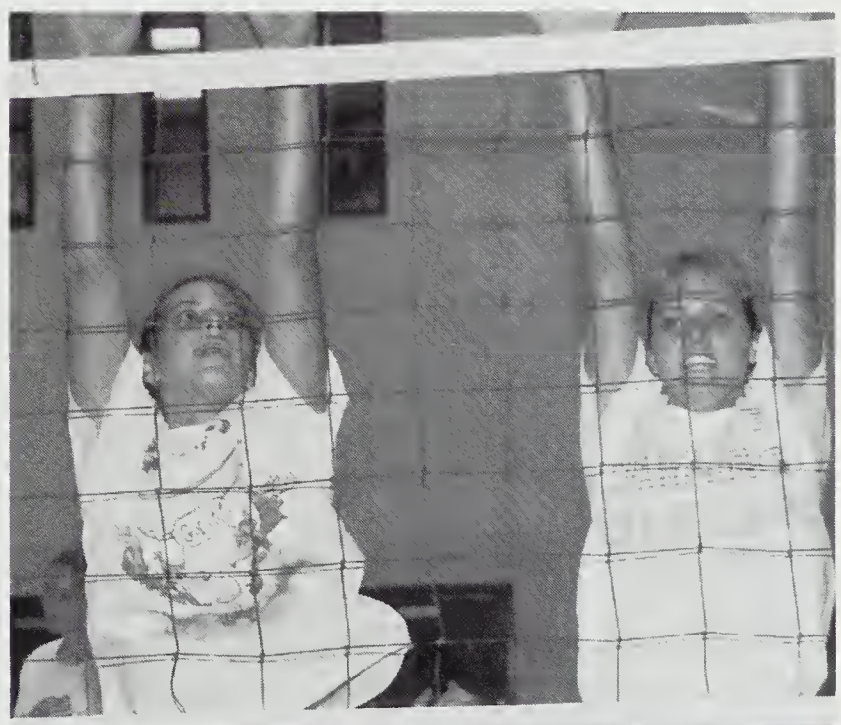
Segall-Majestic Photography

Segall-Majestic Photography

"Team, Ace!" the members of the Varsity team shout as they crowd in the middle of the gym. The team did this to gain spirit and unity.

Varsity

W		O
2	Broad Run	0
8	Albemarle Tourney	0
3	Paul VI	1
1	Osbourn City	2
2	Gar-Field	0
2	Potomac	0
0	Osbourn Park	2
3	Sidewell Friends	2
2	Stonewall	0
2	Hylton	1
3	Park View	0
2	Osbourn City	0
3	Gar-Field	0
2	Potomac	0
2	Osbourn Park	0
2	Stonewall	0
3	Hylton	0
4	Districts	3
8	Season Record	3



Marian Gryder

Ready? Junior Melanie White walks back to her position on the court. Members had to take turns serving the ball during a game.

Block it. Junior Melissa Bennett and sophomore Erica Eberwein work on blocking and spikes. They practiced to perfect their skills.

Movin' On Up

Freshman Coach Moves Up to Coach JV For the New Season

With the sound of balls bouncing and the squeak of shoes filled the court as prospective players showed off their skills to Coach Lewis Howard and Coach Mike Wilson. The JV and Freshmen try-outs determined which players would be selected for the teams.

"Everyone except for freshmen try -out for Varsity. The freshmen try -out for JV. The coach looks at ball handling, sprint speed, and strength. The better you are, the higher up you're placed, but it's possible to switch teams during the year," sophomore Vince Brady said.

Immediately after teams were selected, practices began.

The teams learned new skills to use in games. "During practices, we run to keep up our endurance. We practice skills like layups and shooting. We learn all of our plays in practice so we'll be ready for games," freshman Joe Pekanyande said. The freshmen practiced at Old Bridge Elementary and Lake Ridge Middle schools in the evenings.

The Freshmen team was not permitted to work-out in the weight room. The privilege was granted only to the Varsity and JV teams.

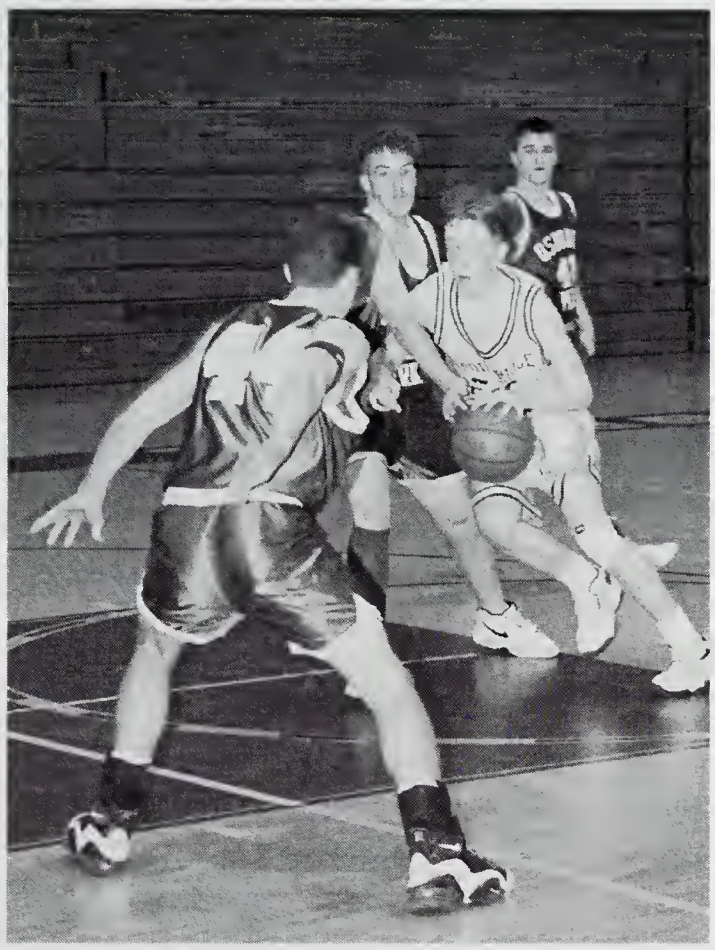
by Sarah Bruns and Sean Lyng

W	Freshmen	O
38	Hylton	48
30	Gar-Field	42
43	Osbourn Park	38
60	Osbourn Park	32
36	N. Stafford	53
46	Stonewall	39
64	Courtland	46
44	Metz	48
43	Potomac	45
47	N. Stafford	26
43	Stonewall	29
35	Hylton	30
48	Courtland	39
40	Metz	43
32	Potomac	53
41	Gar-Field	36
9	Season Record	7

W	JV	O
50	Garfield	47
54	Courtland	57
66	Osbourn City	60
62	Potomac	67
51	North Stafford	61
64	Stonewall	50
62	Osbourn Park	53
49	Hylton	58
40	Courtland	50
53	Hylton	67
45	North Stafford	54
4	Season Record	7

After driving the lane for a jump shot, sophomore Chris Finney shoots a lay-up. The defenders from Potomac attempted to block his shot.

Iyana Tennon



Tony Nguyen

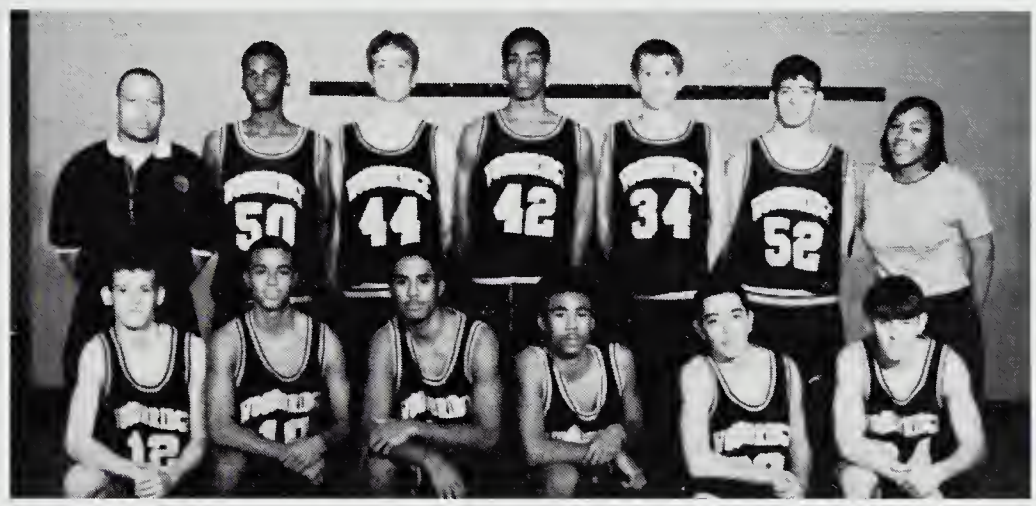
In their game against Osbourn Park, freshman Matt Pancheco goes in for a shot. Woodbridge scored 68 points in their game with O.P.

All eyes are fixedon Coach Lewis Howard, as he goes over the game strategy. He told the team members their positions for the game.

Tony Nguyen

"Playing point guard is a lot of pressure for me because I always handle the ball. When I play two guard my objective is simply to get open and find a good shot."

Ed Irick - 10



JV Boys Basketball ***Front Row:*** Ed Irick, Tres Stallworth, Abey Malave-Lopez, Larrenta Noakes, Vince Broady, Chris Finney; ***Back Row:*** Coach Mike Wilson, B.J. Green, Bobby Kerr, Bobby Womack, Donny Fowler, Neil Simmons, Nikki Teagle (manager).

Freshmen Boys Basketball ***Front Row:*** Rahiim Paige, Joe Pekanyande, Julius Smith, Scott Cotherman, Randy Lowery; ***Back Row:*** Blake Apo, Chris Berquist, Matt Pacheco, Russ Shetley, Ryan Jordan, Bryce Salter, Ryan Waggoner, Coach Lewis Howard.

Before the game against Hylton, senior Andy Hewlett, junior Rashaad Pope, and senior Carlos Coleman stretch their muscles in the gym.

Ivana Tennon

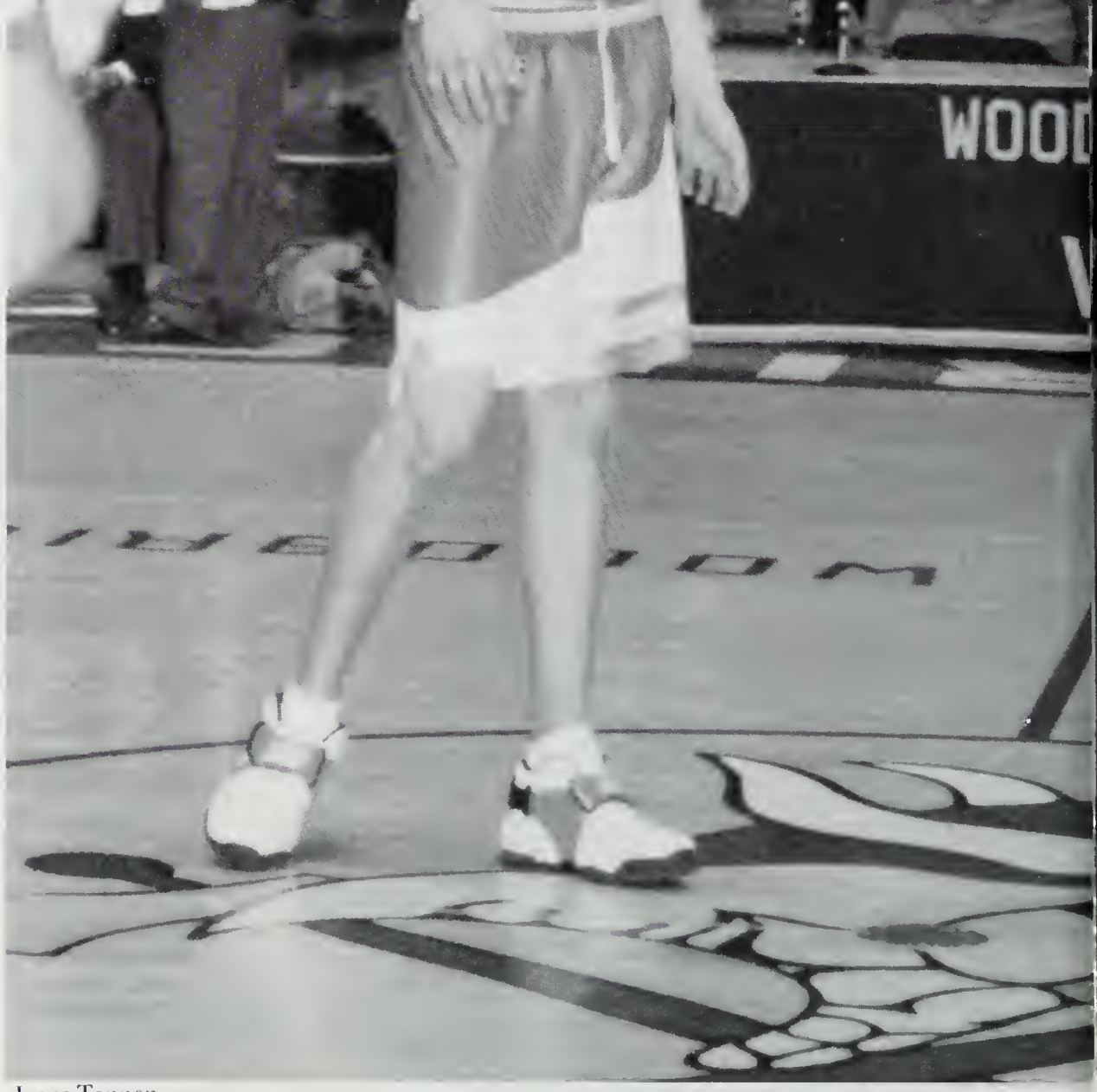
Varsity

W		O
83	Ballov	61
59	Gar-Field	64
53	North Stafford	43
52	Hylton	44
69	Courtland	49
86	Lee	66
80	Hayfield	69
64	Coolidge	54
57	Osbourn Park	66
47	Potomac	70
61	North Stafford	42
58	Stonewall	40
54	Osbourn Park	51
55	Patric Henry	52
50	Hylton	44
66	Courtland	64
56	Osbourn	65
60	Potomac	51
64	Gar-Field	53
56	Stonewall	40
90	Season Record	57

Ivana Tennon

With the bleachers full of fans, sophomore Rajan Rainey practices lay-ups as a part of warming up. Warm-ups lasted at least 30 minutes.

As he had earlier practiced, junior Nick Clay concentrates so he can gain control of the game's tip-off. Early control led to a good start.



Ivana Tennon

vana Tennon

After making eye contact with his teammate, senior Vick Blocker waits for a pass. Communication was a key factor to having a victorious game.

Hoop Dreams

Players Get on the Ball and Strategize Their Way to a Successful Season

With his practice jersey on, senior Marvin Harrison practiced with teammate junior Carl Drummen to create a play. Planned strategies allowed them to be prepared during games. "Our coach usually has a game plan for each team we play so our practice varies accordingly. We approach each practice with a different angle depending on who we play. Our strategies are hard to beat because we go over them so much," senior Andy Hewlett said.

Warm-ups allowed the team to stretch their muscles as well as work together. "During warm-ups, we practice lay-ups and go over plays that we think the opposing team might execute. Our coach then gives us pep talks that encourage us and get us pumped up before each of our games," senior Marvin Jefferson said.

Fundamental drills proved to be beneficial. "We work on fundamentals a lot because they are very helpful to us. We work on defensive moves individually as well as team drills. We work really hard to stay in shape for our games. Our coach stresses staying in good shape," senior Umar Bowers said. The team ran laps and lifted weights to stay in shape.

Teamwork and support from fans led to success for the team. Due to practicing every day after school for at least two hours, the team stayed in shape for each game.

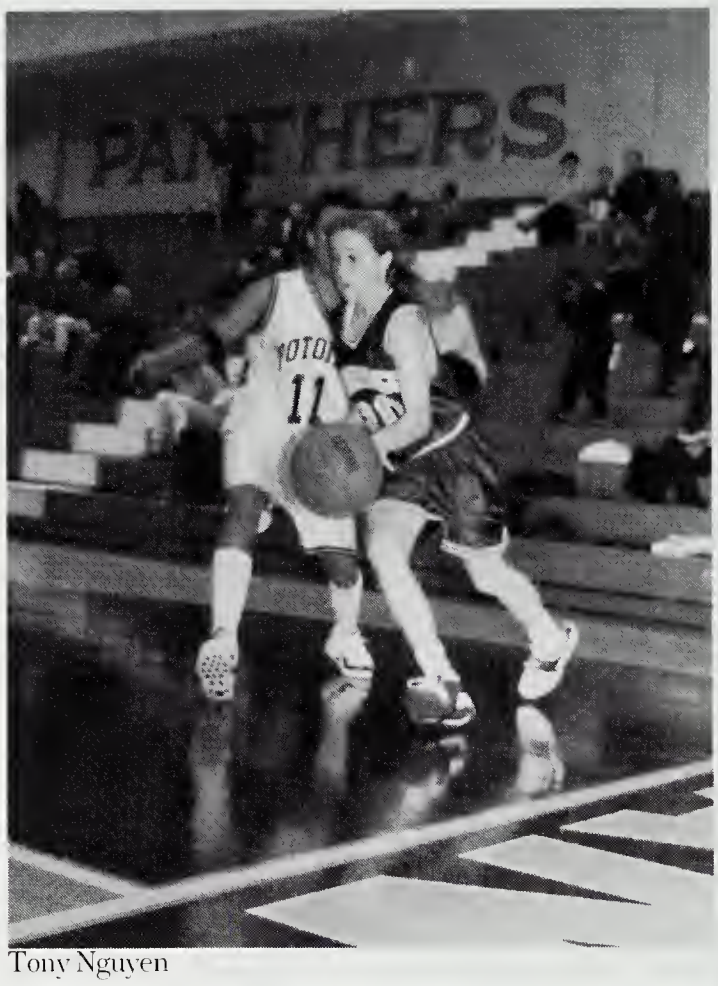
by Casey Powell

Varsity Boys Basketball ***Front Row:*** Rob Karnbach (manager), Maurice Watkins , Rawshaad Pope, Umar Bowers, Rajan Rainey, Brian Karnbach (manager); ***Back Row:*** Coach Don McCool, Andy Hewlett, David Lowery, Marvin Harrison, Nick Clay, Antoine Phillips, Carl Drummen, Anthony Neil.

Give it up. Sophomore Debbie Ortiz tries to shoot without losing the ball to her opponent. Players worked together as a team to win.

Unstoppable. Freshman Amanda Jacob dribbles through the Potomac defense to score. Players traveled long distances for away games.

Allison Sautkulis



Tony Nguyen

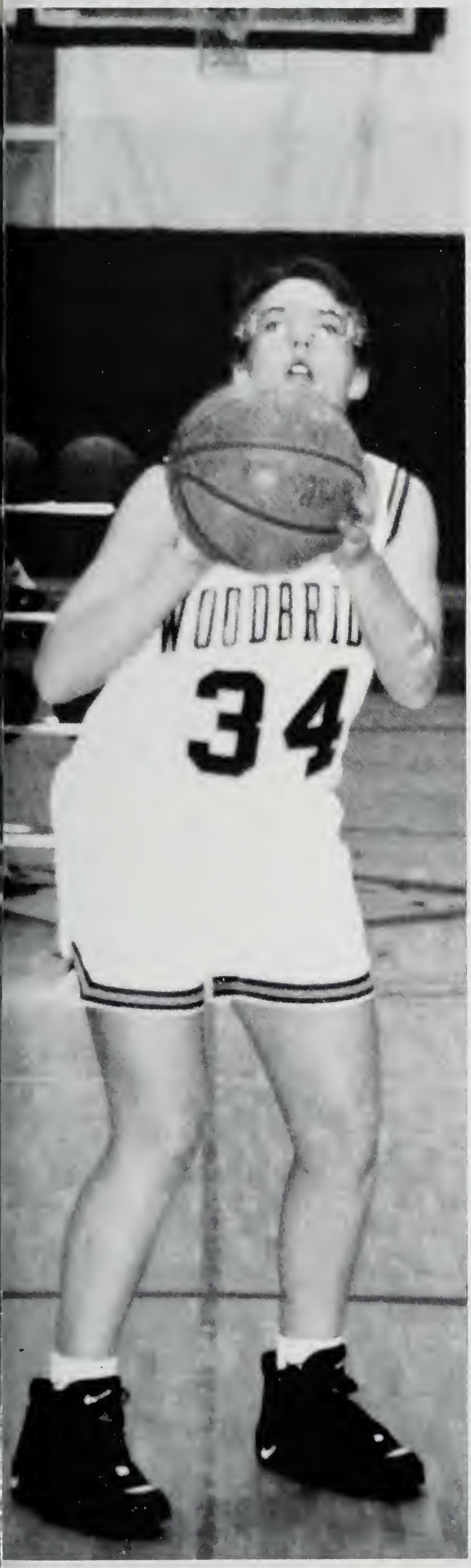
JV Girls Basketball Front Row: Kristine Sinkez, Bethany Piazza, Yasmina Abdelilah, Shannon Foster, Kelly Melton, Amanda Jacod; **Back Row:** Coach Greg Margheim, Dara Tucker, Khashaniqu Lane, Katie Sutton, Erika Eberwien, Debbie Ortiz, Coach Jon Adkins.

Freshmen Girls Basketball Front Row: Carolyn Tode, April Brown, Natia Garrett, Jessica Diebel, Danielle Fargus, Mary Close, Katie Ayers; **Back Row:** Kia Turner, Tami Wolf, Cassie Kline, April Pittman, Alison Garcia, Rosalinda Alfaro, Jackie Brondyk, Coach Lewis Forrest.

"The coach expects us to remember all the number plays, which gets confusing. There are eight of them. Named plays, like flex, gold, and Stanford, that are easy to remember."

Mary Close - 9

Tony Nguyen



Basket Cases

New Coaches Help Players Gain Momentum as the Season Progresses

Thud! The sound of basketballs echoed through the gym. Freshman and JV teams scrimaged each other during evening practices.

Mr. Greg Margheim was the new coach for JV. "Our coach has never coached basketball before, so we teach him some things while he teaches us some new things," freshman Katie Sutton said. Freshmen players also had to adjust to a new coach, Mr. Lewis Forrest.

Coaches alternated practices between after school and at night. "I like night practices better because I have time to go home, finish homework, and relax. I have to wait to eat dinner late after practice so I don't get sick while practicing," freshman Kia Turner said.

In practice, players worked on their positions. "High school basketball is different from middle school basketball because it is more challenging. I have to play point guard and guard, which I am not used to. I used to play forward, so the switch is a big change for me," freshman Danielle Fargus said.

New coaches, varying practice times and different positions were adjustments for the teams.

by Libby Sova

JV

W		O
34	Elizabeth Seton	42
34	Garfield	41
26	Culpepper	33
42	NorthStafford	20
40	Potomac	33
43	Osbourn City	31
23	North Stafford	17
35	Stonewall	20
33	Osbourn Park	28
44	Hylton	36
42	Hylton	43
31	Osbourn City	16
11	Season Record	6

Freshmen

W		O
15	Gar-Field	34
13	North Stafford	39
23	Hylton	41
16	Metz	37
15	Potomac	29
9	North Stafford	21
28	Stonewall	34
18	Osbourn Park	24
13	Hylton	32
4	Metz	27
18	Stonewall	23
11	Potomac	27
15	Osbourn Park	39
22	Gar-Field	20
1	Season Record	13

Ready, aim, fire. Before a game, freshman Danielle Fargus practiced foul shots. The team warmed up with shooting drills and running.

In the gym, sophomore Tamika Dudley runs sprints with the team. Sprints helped the team to get used to running up and down the court.

Tony Nguyen

Fake Out

With a Returning Team, Basketball Dribbled Strong Across the Court

Hearts pounded and adrenaline rushed as the buzzer sounded. The Varsity Girls Basketball team was close to defeating Gar-Field. "Gar-Field is our traditional and biggest rival. We haven't beaten them yet this season, but we play them at home on Valentine's Day. Our conflict is halfway personal. They think they're unbeatable and we want to show them they're wrong," sophomore Katie Lutes said.

The sport's district changed to include Gar-Field and Hylton. "The district has gotten much harder and competition has risen to such a high level. The team has realized that and puts even more effort into the practices and games. To be district champions would be a great achievement," sophomore Casey Godfrey said.

Every member of the team was a returning member from the previous year. "It's made us a stronger team. We know our places and each other very well. Basically, nothing has changed except that we're playing better," senior Kristin Gartner said. The two new additions to the team were sophomore Korrin Anderson and freshman Angie Simms.

Varsity Girls Basketball participated in a Christmas tournament. They made it to the finals, but lost to Gar-Field with a score of 36 to 32 in the last minutes of the game.

by Stacy Scarazzo and Mary Gilhooly

Varsity Girls Basketball *Front Row:* Coach Mike Adkins, Jess Hoge, Shirley Andorful, Kristin Gartner, Orion Wake, Korrin Anderson, Amber Lockhart, Coach George Washington, Coach Tim Taylor; ***Back Row:*** Amanda Lewis (manager), Katie Lutes, Casey Godfrey, Angie Simms, LaPorshia Washington ,Tamika Dudley, Cherre Marshall, Kelly Butcher (manager).

Marian Gryder

Marian Gryder

Shoes squeaking, the Varsity girls prepare for their games. Their practice times changed due to overlapping with other teams' practices.

Varsity

W		O
38	Elizabeth Seton	58
24	Garfield	46
61	Culpeper	28
55	North Stafford	21
61	Hylton	42
54	Chancellor	39
49	Kempsville	46
32	Garfield	36
61	Osbourn	46
68	Potomac	29
61	North Stafford	19
65	Stonewall	17
53	Hylton	43
50	Osbourn Park	25
51	Osbourn	56
49	Culpeper	43
12	Season Record	4

Tony Nguyen

With her bandaged leg laying flat, senior Amber Lockhart talks with sophomore Korrin Anderson. Players rested more often when injured.

While tying her shoe, sophomore Samantha Crane discusses how practice went with senior Jess Hoge. Practices at times lasted until 10 pm.

Let's Go Vikings! JuniorHilary Hansen and sophomores Lizzy Gillespie and Myzsa Pennell watch a fellow gymnast perform her floor routine.

Carter Elmore

Gymnastics

	O	W
South Lakes Invitational		9th
Stonewall		1st
O.P. and Gar-Field		2nd
O.P. and Stonewall		2nd
Park View Invitational		1st
Gar-Field		2nd
Stonewall		9th
Washington - Lee Inv.		4th
Regionals		

Carter Elmore

With her eyes fo- cused on the balance beam, junior Erin Quaderer sits and watches during a meet because of a knee injury.

As they gather around the judges table, sophomores Marianne Benson, and Kathleen Ambery find out their final scores for the match.

Carter Elmore

Carter Elmore

Careful, don't fall! Freshman Christina Breland holds out her arms for balance while on the beam. There were four rotations during each match.

Tumble Weeds

Gymnasts Get New Equipment and Use it to Their Advantage

Congratulatory hugs were shared between members of the gymnastics team as the announcer at the Park View Invitationl announced they had won their division with a score of 114. The gymnasts had scored high enough on each event to beat the four other schools in their division.

Practice was shortened due to the time it required to set up and take down equipment. "Every day we go up to our gym and take each piece of equipment out. Then we warm-up, practice, and then have to take everything down," freshman Marianne Benson said.

The gymnastics team traveled to South Lakes, Washington and Lee, and Park View schools to participate in larger meets during the weekends.

The gymnasts held weight training sessions in the pre-season to increase strength and endurance. "Before the season began we would all go to the weight room and lift weights together. During the season, we do our conditioning after we finish practice in the evening," junior Desi Dietlein said.

The team participated in a Cartwheel-a-Thon, executing as many cartwheels as they could in four minutes. They asked friends and family for pledges per cartwheel. The money raised went towards sweatpants and matching T-shirts.

by Hilary Hansen, Meggan Curtin and DeAnna Thorstad

Gymnastics ***Front Row:*** Allen Fournier (manager), Desirea Dietlein, Hilary Hansen, Erin Quaderer; ***Middle Row:*** Lizzy Gillespie, Kathleen Ambery, Christina Cone (manager); ***Back Row:*** Katherine Gonzalez, Karen Strobel, Mysa Pennell, Jenna Waggy, Marianne Benson, Christina Breland.

Splish Splash

Swimmers Dove Into a Season of Competitive Meets with a New Coaching Staff

Goggles secured, cap snapped, and eyes centered on the other end of the pool, junior Kate Skeele took her starting position on the block. Splash! Swimmers raced against the clock as well as their opponent. "The closest race I swam was the 500 freestyle against Hylton. I was swimming against one of their top swimmers and for the first 100 meters she was ahead of me. I started to pull up and get closer. We were side by side for the last 50 yards, and when we touched the wall, my time ended up a second faster than hers," Skeele said.

With a new coach this year, swimmers adapted to a new beginning and a change of pace. "Coach Doggett sets the relays up so we can get first and second in the race, because they add up to being a majority of the points scored. She's a good coach, because she knows what your potential is and how to apply it to your best event and race," junior Wes Moore said. Each team member swam either a 50 or 100 yard leg of a relay event.

On race day, swimmers were either on the side of the pool cheering for a teammate or bundled up in a blanket, listening to a walkman. Packed bleachers of friends and family chanted for swimmers while echoes filled the Chinn Center.

by Dawn Cleary

Carter Elmore

Swimmers practiced at Chinn Aquatics and Fitness Center Monday through Wednesday and had meets on Fridays at 7 pm. Senior Nancy Rosenow and junior Andrew Harrison were chosen as captains of the girls and boys team.

Between races, junior Laura Kelly discusses her race with senior Josh Gomez. Moral support came from cheering fans in the packed bleachers.

Tony Nguyen

Girls

W		O
163	Stonewall	100
112.5	Potomac	54.5
140	Hylton	146
171	OsbournPark	115
179	Osbourn City	107
117	Garfield	53
2nd	Districts	
1st	Leagues	
4th	Regionals	

Season Record

Boys

W		O
208	Stonewall	76
133	Potomac	26
164	Hylton	22
196	Osbourn Park	90
170	Osbourn City	116
114	Garfield	56
1st	Districts	
1st	Leagues	
2nd	Regionals	

Season Record

Stroke by stroke, senior David Waters finishes up his 100 yard Individual Medley in a sprint. The event was 50 yards of each stroke.

Dead asleep after a long race, senior Mike Hicks takes a short nap. Swimmers relaxed in between races to regain energy and strength.

Carter Elmore

Swimming Front Row: Jenn Sikorski, Melissa Pfeindt, Kirsten Babis, Katie Garst, Jennifer Barnett, Alyssa Rogers, Beth Shoe, Kathleen Lewis; **Second Row:** Gerda Chapman, Doug Quaderer, Kevin Bako, Shane Barnett, Freddy Ortega, Amy Mcmullen, Amanda VanHorn, Jillian Klingensmith, Matt Williams, Meghan Cornetta, Jim Kelly; **Third Row:** Lauren Kage, Danny Powell, Joey Louisa, Krista Ganella, Jennifer Opsut, Lisa Swanson, Kate Skeele, Emmy Hewitt, Nancy Rosenow, Christina Hamilton; **Fourth Row:** Amanda Rosen, Laura Cabrian, Scott Heart, Laura Kelly, Steven Lehosit, Mike Hicks, Andrew Harrison, Brent Dickenson, Tommy Quimby, Rachael Rogozinski, Susan Hicks, Erica Herris **Back Row:** Katrina Davis, Jeff O'Brien, Kenneth Carden, Wes Moore, Robert Waters, Shaun Brown, Adam Weddington, David Waters, David Lahosit, Mike Hodge, Matt Skeele, Bethany Lindberg, Brodie Freer.

"Every Thursday night, we go over to someone's house for a pasta party, and everybody brings something to eat. We also discuss our strategy of scoring as many points as possible, and our personal goals. It's just our way of getting ready for a meet as a team."

Shaun Brown - 11

Fast Lane

Indoor Track Runners Paced Themselves to Remain at the Front of the Pack

Bang! The gun sounded and she took off. Senior Mamie Peckanyande shot out of her starting blocks. She quickly took the lead of the 4x200 meter relay at the George Mason Relay Invitational on January 4. "When I start out of the blocks, I feel so much pressure on me. Using blocks gives me the advantage because it puts me one step ahead of everyone else. Being so short, I need the extra advantage," Peckanyande said. Blocks were metal, and nailed into the starting line for sprint races.

The pole vault was introduced to the girls during indoor track. "Pole vaulting is fun, but we haven't learned to jump really high over the bar. It's the first year girls have been allowed to pole vault. I'm glad I get to be the first girl from Woodbridge to do it," senior Debbie Rothlein said. Indoor track provided a training season before outdoor track.

Running around the bottom floor of the building created health problems. "Running inside makes it harder to breathe because of the dust in the school. I use three inhalers, a pink one, a blue one, and a yellow one. I use the yellow and pink ones the most. The blue inhaler doesn't really work that well," sophomore Lisa Katzbeck said.

Indoor track meets were held inside various schools. They used a 200 meter track.

by Katie McAllister

Marian Gryder

Due to inclement weather, runners were forced to move inside to train. Distance runners ran in the lower level, while sprinters practiced in the business hall. Long jumpers and highjumpers practiced jumping in the back of the weight room.

Stay focused. Senior Nicole McMonigle, junior Katie McAllister and freshman Michelle Hudik spent a moment visualizing their 4x400 meter relay at a meet.

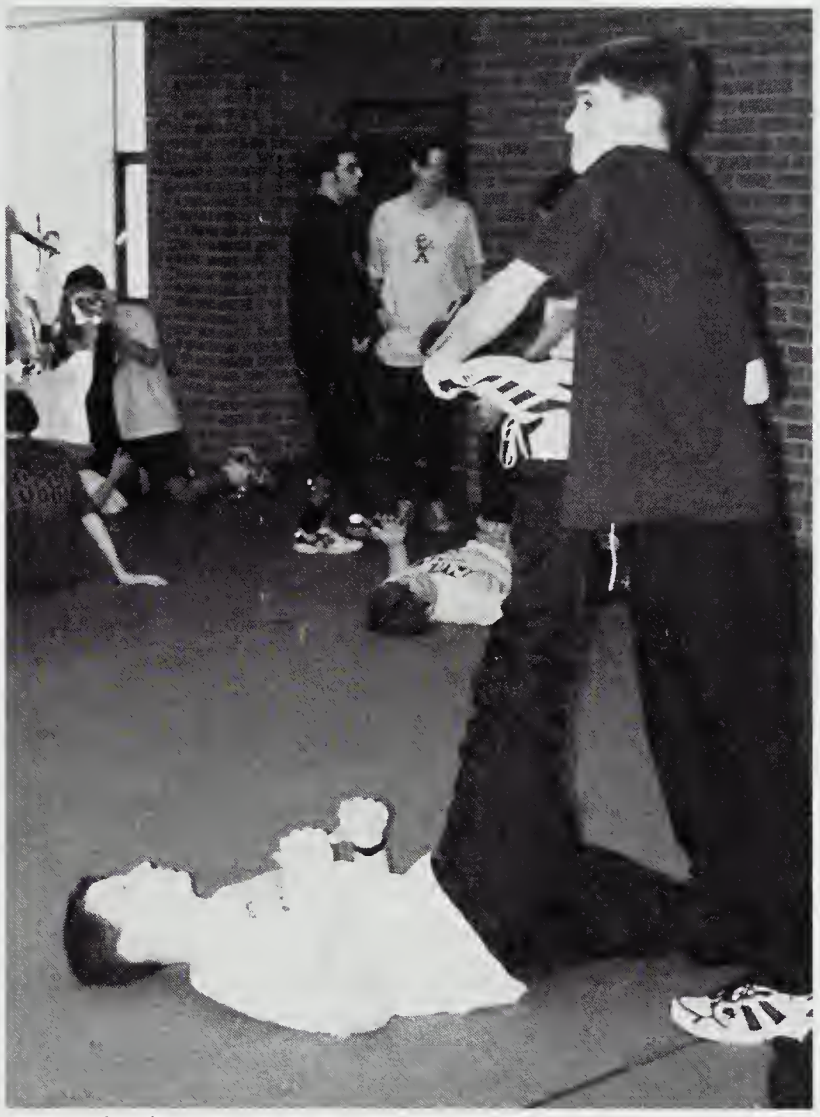
Dawn Cleary

Indoor Track

B		G
2nd	V.M.I Invit.	7th
NS	Mason Relays	NS
NS	East Coast Inv.	NS
6th	Fork Union Inv.	5th
NS	Va. Tech Inv.	NS
I	Districts	2
5	Regionals	2
35	States	6

"On your mark..." Senior Amanda Schroeder holds senior Willie Owen's blocks. Owens ran the 55 meter dash at the Stonewall meet.

"A little more please." Junior Spencer Jones stretches out junior Mitchell Lewis. Partner stretching allowed runners to stretch hamstrings.



Marian Gryder

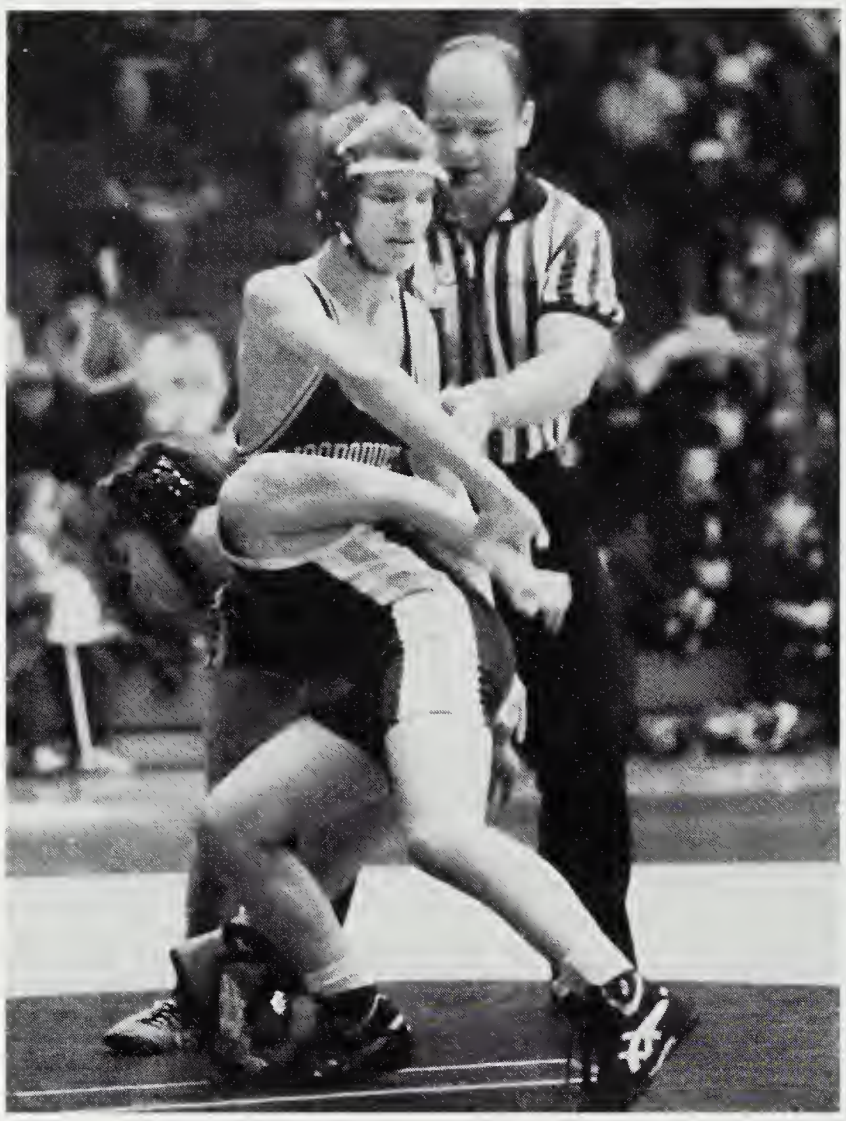
Boys Indoor Track Front Row: Jon Brown, Avery Griffin, Chris Bannister, Robbie James, Josh Sargeant; **Second Row:** Jason Sosa, Billy Gorman, Jeff Scharf, Will Owens, Chris Davis, Will Skelly, Ryan Aubin, Brendan Ruppert; **Third Row:** Chuck Dubois, Jonathan Wright, James Badger, Jason Aponte, Willie Jones, James Osbourn, Ali Turabi, Chris Homen; **Back Row:** Coach Jim Rodgers, Kevin Libby, Mike Miliken, Jesse Hoffman, Peter Creech, Ernest Banister, Spencer Jones, David Isherwood, Derik Burrows, Adam Rihner.

Girls Indoor Track Front Row: Mamie Peckanyande, Cristin Frederick, Emily Gorman; **Middle Row:** Sarah Taylor, Heather Magalski, Catherine Frederick, Tiffany Malcolm, Lisa Katzbeck, Megan Farrell, Carol Gill; **Third Row:** Amy Rustan, Tyere Ellison, Annie Weaver, Lyndley Overmeyer, Shannon Magalski, Andrea Way, Debbie Rothlein, Jennifer McNamara; **Back Row:** Coach Jim Rodgers, Amber Bielenberg, Amanda Schroeder, Dawn Cleary, Nicole McMonigle, Autumn Baltimore, Kelsey Shivley, Kim Furman.

"The warm weather has allowed us to train more efficiently outside. We have more room to do workouts, which will help us to run faster times in big meets. Furthermore we got a new rubber track to run on which was installed in early October."

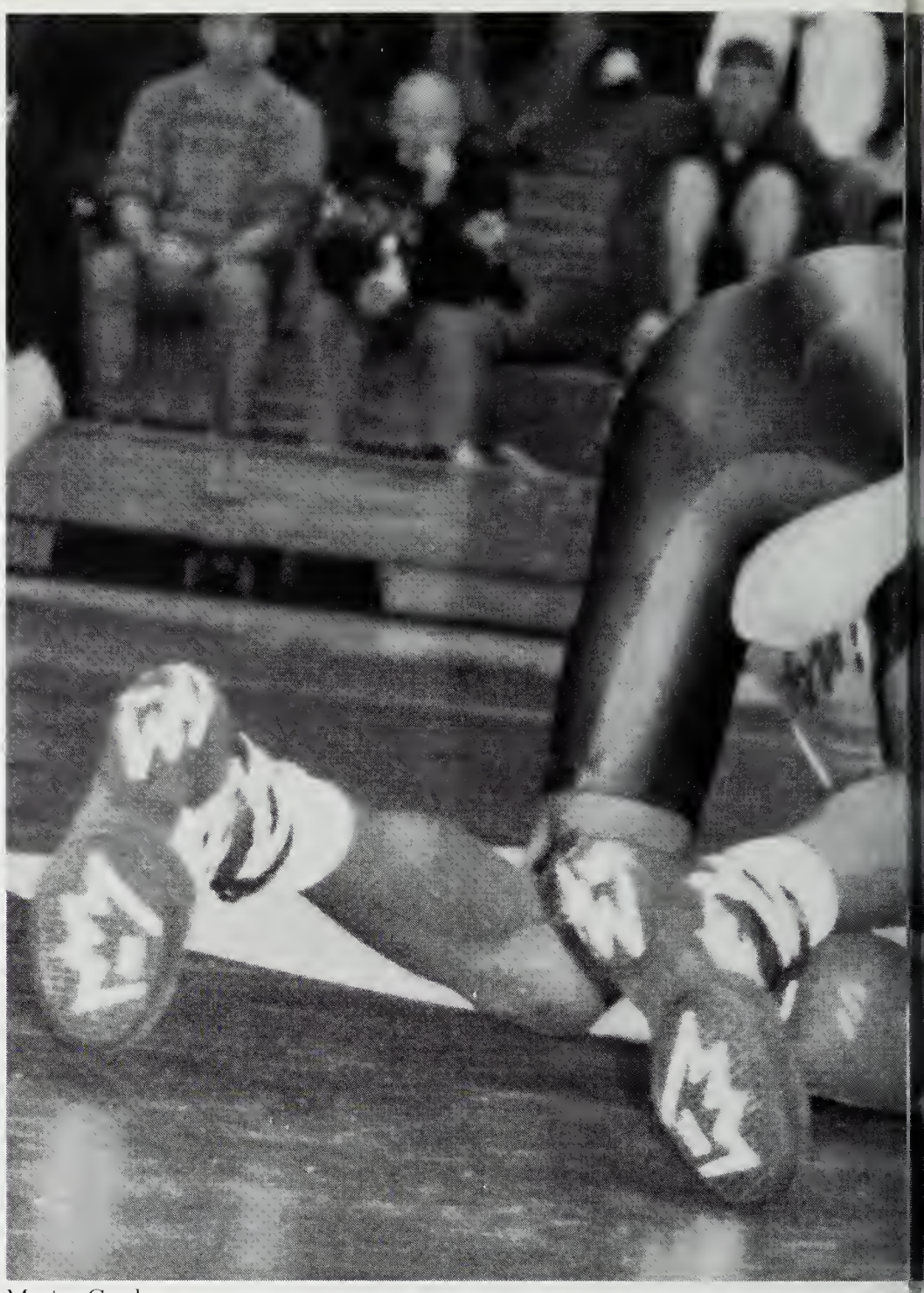
Will Skelly - 9

Despite his blindness, freshman John Dubois was able to compete. Dubois wrestled by depending on his sense of feel to execute moves.



Marian Gryder

Caught in the grip of his competitor, senior Roger Stewart concentrates on his next move. This was Stewart's first year on the team.



Marian Gryder

"This season is going really well. Coach Hilleary and the new assistant coach, Coach Panazitas are doing a good job. They work well with the team by encouraging and motivating us. I am looking foward to a great first season with the team."

Ryan Swanson - 9

Varsity Wrestling Front Row: Mark Delcourt, Roger Stewart, Tony Bertrand, Steve Patton, Rudy Jones, David Kaplan; **Middle Row:** Ben Freer, Chris Lee, Damien Brown, Tim LeHockey, James Hottle, Katrin Ellertsson (manager); **Back Row:** Coach Richard Hilleary, Nate Gibson, Mark Schmidt, David McKeown, Darryl Stanton, Josh Brown, Joel McKinley.

JV Wrestling Front Row: Chris Najjam, John Gonzalez, Brandon Miller, Brandon Mino, Ryan Swanson, John Dubios, Jose Salmeron; **Middle Row:** Mike Lanicci, Joel Sluys, John Hottle, John Veneziano, Jawad Chaudhry, Coach Richard Hilleary; **Back Row:** Jim Cowardin, Edwin Morales, Matt Erwin, Dominic Harmly.

Strong Hold

Teams Wrestled Their Way to Take First Place in Two Invitationals

In the last five seconds of the final match, the referee counted out the remaining seconds as senior Ben Freer pinned his opponent from Osbourn Park. "I think that the team has a really good chance of doing well. We've put a lot of time and effort during the preseason into preparing. We have practiced everyday from 2:30 until 5pm. We should have more wins coming our way," Freer said.

The team competed in dual meets and attended invitationals. "The whole team is still really upset about our loss to Stonewall. We were not satisfied with our efforts, because we didn't wrestle our best. If we had, we probably would have won," senior Chris Lee said.

The wrestling teams' toughest opponent was Hylton. "Hylton is our biggest competitor this season. We have beaten them every year since the school has opened, and this is the last year they would have a remote chance of beating us because three-fourths of their team are seniors," junior Mark Delcourt said.

Six returning members qualified for states. "With the returning state qualifiers the team had an advantage over the other teams. We have the most experienced team that we've ever had," senior Nathan Gibson said.

by Elizabeth Bowden and Rachel Rogozinski

JV

W		O	W		O
46	Osbourn	9	36	Hylton	18
2nd	Atlee Inv.	-	07	Osbourn Park	6
36	Stonewall	30	90	James Wood	23
42	North Stafford	18	46	Sherardo	30
63	Louisa	9	63	Potomac	34
36	Stafford	27	31	Gar-Field	24

Season Record 13-0

Varsity

W		O	W		O
48	Titan Classic	142	1st	Atlee Inv.	-
69	Osbourn Park	11	45	Osbourn Park	18
4th	West. Roundup	-	35	Hylton	27
29	Stonewall	29	42	Brook Point	20
1st	Richmond Inv.	-	56	Hope Well	9

Season Record 5-1-1

Cutting weight refers to a wrestler trying to lose enough weight to wrestle in a lower weight class. It was not mandatory but gave wrestlers an advantage. Running and dieting were methods used to make weigh-ins before meets.

Marian Gryder

Using a maneuver, sophomore Josh Brown attempts to pin his Osbourn Park opponent. Brown wrestled in the 152 pound weight class.

esprit de corps

Cheerleaders Play Mix and Match with Their Counterparts to Create New Looks

With smiles on their faces and stadium lights illuminating the football field behind them, the Varsity cheerleaders revved up the crowd with tumbling and cheering routines. Through any game, in any kind of weather, the cheerleaders were present to show their spirit.

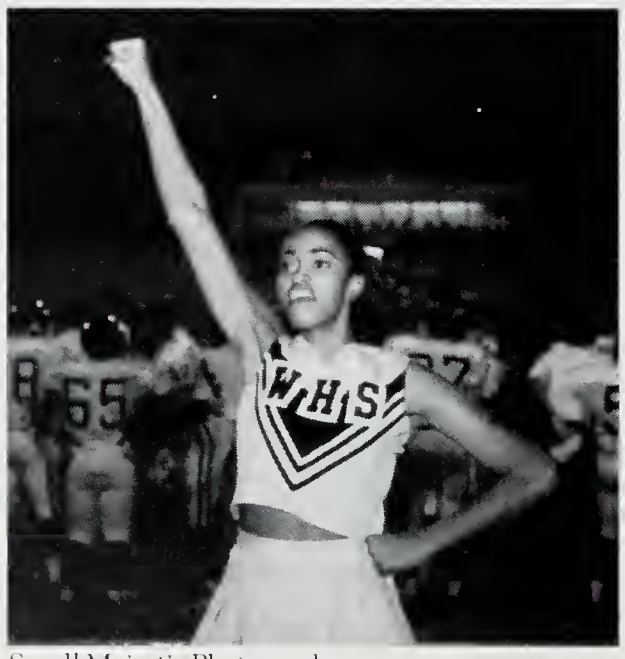
The freshmen earned recognition for their cheers, winning a Top Ten award. "When they announced that we had won, I was in shock. We started screaming and hugging each other," freshman Sara Taylor said. They won the award at the University of Maryland Baltimore Campus cheerleading camp.

Each squad received new uniforms. "Varsity bought new uniforms, so their old ones were handed down. We ended up with the Freshmen skirts and the Varsity tops, and the freshmen had the opposite of us," sophomore Christina Abadir said.

Varsity acted as buddies to disabled Little Leaguers.

by Sarah Bruns and Libby Sova

Segall Majestic Photography



Segall Majestic Photography

In anticipation of a victory, the freshmen squad practiced routines dealing with winning. The squad warmed up outside before football games.

Go, fight, win. Sen- ior Emanita DeWitt pumps up the crowd during an away football game. She cheered the whole game, keeping the fans spirited.

Tony Nguyen

Varsity Cheerleaders Front Row: Tania Campbell, Chassity Portnode; **Back Row:** Aubrey Poe, Logan Garretson, Erynne Brotherton, Emanita DeWitt, Shannon Tate, Jill Ingram, Julie Nelson.

JV Cheerleaders Front Row: Angela Conner, Casey Cummins, Brandee Martin; **Back Row:** Shannon Dalby, Lindsey Eaves, Rebekah Gonzales, Mea Outlaw, Kate Ragsdale, Christina Abadir.

Freshmen Cheerleaders Front Row: Kelly McDonald, Kelli Tate, Kathy Gonzalas, Andrea Hallman, Becky Woodson; **Back Row:** Andi Poe, Sara Taylor, Amy Caruba, Stephanie Maedle, Lavelle Williams, Audrey Seeley.

All aboard. Getting ready to lift freshman Andi Poe, freshmen Audrey Seely, Amy Caruba, Stephanie Maedle brace themselves.

Caught in midleap senior Carolyn Stegon cheers for the crowd. Stunts, doing jumps and dance routines helped keep the squad warm during football games.

Iyana Tennon

All the Right Moves

Summer Camp
Team Award
Spirit Stick
Safety Award

Bid to Nationals at Myrtle Beach

All American
Jill Ingram
Shannon Tate
Alexis Tompkins

Acting as one of the five captains of the Vikettes dance team, senior Dorie Pi plans the team's practices for October with Ms. Susie Olah.

Tony Nguyen

The Right Moves

Macy's Day Parade Participants
Julie Burns
Jennifer Pfaff
Amelia Vernon

UDA Dance Camp
All Superior Ratings

UDA All - Stars
Andrea Flanagan
Dorie Pi

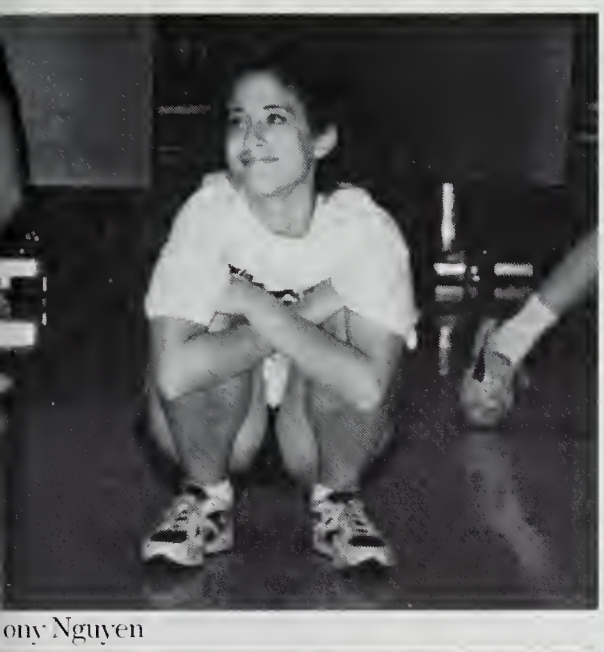
NCA All - American
Jennifer Pfaff

Tony Nguyen

Moral support. Sopho- more Kathleen Raney leans on the shoulder of sophomore Nicole Difazio before their Homecoming game performance.

Marian Gryder

At the fall pep rally, junior Lindsey Paul dances to to the beat of Quad City DJ's "C'mon Ride It (The Train)." Vikettes performed in unison.



ony Nguyen

Take five. Senior Elizabeth Bowden takes a breather during practice. Practices consisted of stretching, running, and rehearsing.

Flash Dance

Smaller Squad Leads to New Uniforms and Shorter Practices for the Vikettes Dance Team

"C'mon ride the train," blared on the stereo system as the Vikettes performed their routine for the pep rally. They danced at every home football and basketball game.

The team consisted of 24 members. "We cut the team a lot smaller this year. Although I miss the larger team, there is a lot more that we can do now. Our small size has allowed us to purchase new uniforms," senior Amelia Vernon said. The previous squad contained 33 members.

Vikettes practiced Mondays, Wednesdays, and Fridays from 2:30 to 4:15 pm. They also had four hour practices on Saturdays when preparing new routines. "Compared to last year, this year is less stressful. Last year we were going to Nationals in Orlando, Florida so we practiced for three and a half hours every day. We still practice a lot, but the stress is gone," sophomore Lauren Morris said.

In addition to dancing in school games, Vikettes also prepared for competitions in spring. "In April, we go to the Miss Capitol City competition at University of Maryland Baltimore Campus. It's an all day competition where we perform three routines and the seniors perform a solo routine," junior Julie Burns said.

During the year, the Vikettes held workshops for other dance teams.

by Elizabeth Bowden and Jennifer Sikorski

Vikettes *Front Row*: Dorie Pi (captain), Kara Legore (captain), Julie Burns (captain), Amelia Vernon (captain), Jennifer Pfaff (captain); ***Middle Row*:** Maronetha Nesmith, Jennifer Wilhite, Yolanda Turner, Lauren Morris, Tiffany Malcolm, Kathleen Raney, Ellen Webber, Jawanda Smith, Michelle Drucker; ***Back Row*:** Ms. Susie Olah, Amy Varner, Missy Shank, Lindsey Paul, Jennifer Bergeron, Ann Levy, Holly Baker, Elizabeth Bowden, Shannon Cornwell, Nicole Difazio, Dana Stamilio, Sara Fram.

XXXXXXXXX

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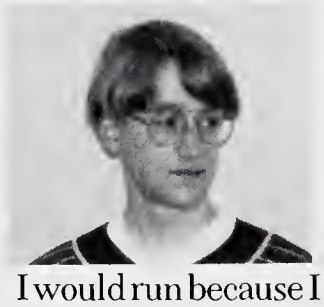
What

A an enormous ape accidently ate your awesome aunt?



I would run because I wouldn't want to be attacked and eaten. Overall, I'd stay calm.
Ash Appleby - 9

B a big beast broke free and burglarized your backyard?

Well there's not that much stuff in my backyard but I would get out and call 911.
Brian Bowes - 10

Abadir, Christina 113, 207, 269, 303
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Dangerous dinosaurs dominated your domain?

I would try to become friends with him because he might be nice and friendly.

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Everyone had exactly eleven minutes before Earth exploded?

I would go ski diving because I'm too scared to now **Erica Eberwein - 10**

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F fluffy flurries flew fast on Friday for five hours, until four am?

I would sleep, then watch Rosie O'Donnell, and then go back to sleep.
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G green gumballs gave you goosebumps that gushed green guck?

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Valhalla Editors 1997

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The surveys in the Academics section were conducted by the staff on 100 students at random. The questions were formulated by the section editor and the students had four answers to choose from.

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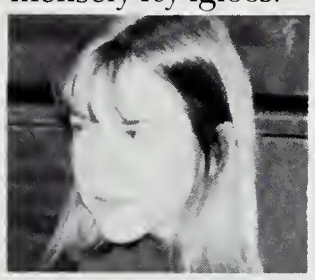
I instead of homes people inhabited immensely icy igloos?



I would paint it colors so it would stand out from all the igloos that look the same.

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J jars were jammed with Jolly Ranchers?

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K you had to kayak through ketchup to kick a kleptomaniac?

I'd jump out of the kayak and make the klepto give back all the things he stole.

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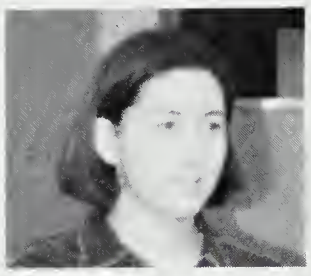
Lif singer Lisa Loeb licked lollypops during singing lessons?



I wouldn't really care. I would watch the videos because I like Lisa Loeb.

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Mary Tyler Moore mortgaged her mansion to you?

I would live there and every weekend, throw a party and invite all my friends.

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N y o u found nine nice nurses napping in your new Nissan?

I would open the door and very respectfully ask them to get out of my car.

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O O. J. Simpson objected to owing others millions of dollars?

I would say that if he is really supposed to pay that much, that he should. It's only fair.

Lindley Overmeyer - 10

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Editors' Note

Wood up homie G's? Thanks for listening to my pleas. Well, thanks to Greg Graffen he doesn't know how truly inspirational he was. Congratulations to Mr. and Mrs. Drew Stanley. Thanks to Taco Bell for Star Wars toys, bean burritos no onions and Andy Trotta (a.k.a. Helium Boy). Hey Webby Boy. Sean Lyng, spelt with a Y 'cuz he's quite a guy. XMegganX we love you. MOULEN. Bake those cookies girls. Look out for all the Little Tonys. Mike Scites we love you. Pick up that popcorn and get back to work. Thanks to Mrs. Munnel for the c'pooter help. Bye BiBeth. The dominant is the biggest X. The letter of the day is X for all you Seasame St. kids. FRED!! Bad hair contest with newspaper and Eddas. Thanks to newspaper for the picture of Tony, even though you guys didn't know it, and all that printer time. May the force be with all of you. 25 cents. GapGirls. Just say no . . . to aliens. Lay OFF the typemaster. Bark bark. Moo. Hey nice bark. Cilia reeks. Has anyone seen any falculty pictures? Thanks to all the moms and dads. The copy machine provided hours of entertainment. Look out for the COMMIES. Toilet paper makes good headbands. Where's my two dollars, Burnley? KT sorry you're not in the book, we love you anyway. Pink triangles and rainbows. The chicken is for lickin. Donnie, have fun with Burnley's dice. Has anyone seen the ladder? Kara says it's in her box. Don't cry for me Argentina. Bagels. Where'd that extra pica come from! 10 cents. Tony has an announcement, LOOK OUT! Duck duck goose and NY girls. Bellylickahs. Security. Breaker breaker. 4th St. Diner. Did you sign out? Annette, you're awesome. Thanks for the advice Mrs. Moulen. The eagle, 5 times as fly. Yoda has a cute butt. The international language. Leave it in, it's Against the Grain.

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Pplump purple people from Pluto populated the planet?

I would hide until I knew if they were friendly. If they were, I would talk to them.

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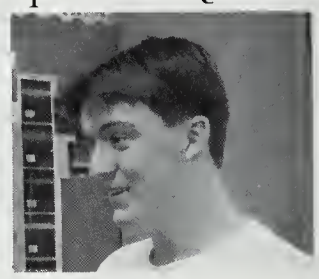
Qquarreling quintuplets questioned Quakers?



I would argue that not that many Quakers live in Quebec and to stop fighting.

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Rrighteous radicals restricted the rights of the really rich?

I would be upset. I would ask Congress if they could change the restrictions.

Rajahn Rainey - 10

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Someone sent you sweet smelling sunflowers on Sundays?

I would be really happy and would want to find out who was sending them.

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T taking tests was tedious and took tons and tons of time?

If they took too long I would probably fall asleep while taking them.

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U all of the unemployed unite and give the ultimatum of Utopia?

I'd join them because maybe that would be the way to get a job and then everyone would be employed.

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V you had various visions of a vivacious vampire visting you?

The vampire would scare me a little. I would scream, then I would try to talk to it.

Vivian Vargas - 11

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W Where's Waldo was found watering water lillies?

I would point and laugh at the man wearing the red and white striped shirt.
Dawn Wanzer - 11

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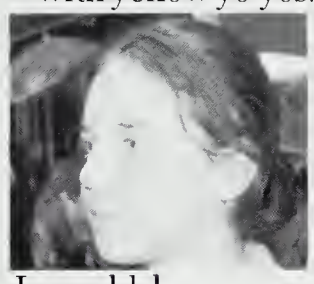
Y Yuletide festivities were restricted to youths with yellow yo-yos?



I would buy yo-yos for all my friends for Christmas presents.
Carla Yates - 10

Yamada, Steffany 89, 209, 213, 220
Yarnell, Andrea 153, 241
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Z your mom was a zoologist studying zebras from Zanzibar?

If my mom studied zebras in Zanzibar I would definitely ride them around.
Christina Zeranski - 11

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Seniors Kara Artz and Julie Foxworthy grab an opportunity to relax when a lull in organization pictures occurred. Pictures were taken over a period of two days during school hours. The yearbook staff started production on the Valhalla September 3 and finished the final deadline February 28.

Against the Grain. That's where we'll stay. All 3,000 of us dealt with the overcrowding since students were actually **Coming Out of the Woodwork**, literally. The introduction of block scheduling created more and more **Woodwork** for students and teachers alike. With their thoughts **Carved in Wood**, teachers wrote essays to Governor Allen in an attempt to win one of the 69 computers he donated to the school for their classroom. We had to **Knock on Wood** in hopes that we would not be tardy to class considering the punishment for three tardies was an out-of-school suspension. With these advances, both popular and not, we went against all odds and came out on top. Now one final question,

What Wood You Do ... on your own?

Tony Nguyen

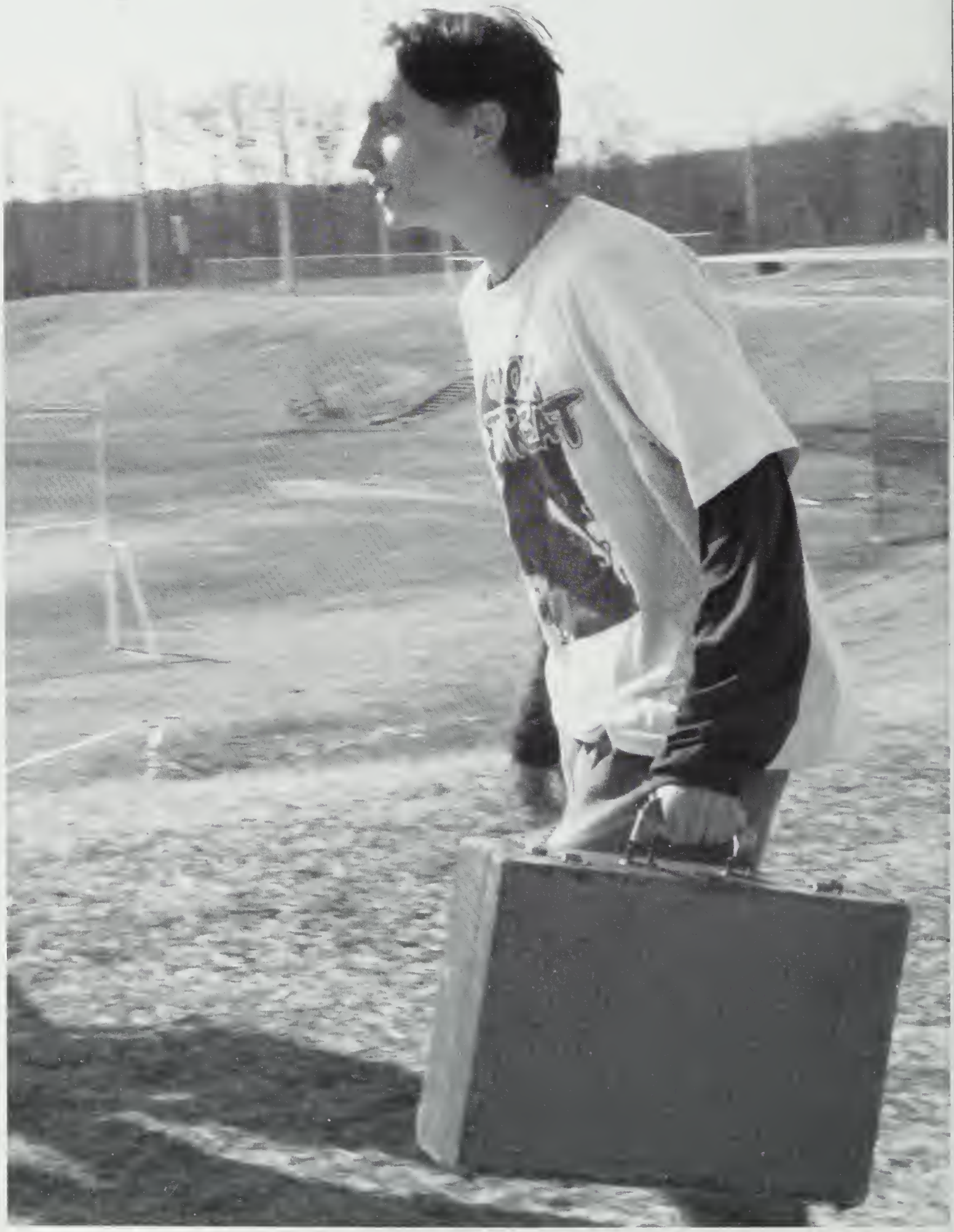
Marian Gryder

Reflections of a long day of school. Freshman Andre Floyd heads downstairs to the Freshman lockers. As an experiment, the school was built without windows or doors in the classrooms. The only opportunity for students to see the light of day was when they passed one of the ceiling to floor windows in the hallways. One of the windows at Entrance Three broke during a storm which caused the administration to put wooden boards up to protect both the students and the window. An electronic lock was also added to the doors for security.

Tony Nguyen

Wrong way. After school freshman Karen Jack walks back to the front of the line of buses looking for her ride home. The 44 school buses lined up before the bell rang at 2 pm each day to take students home. The bus tunnel provided shelter for students whose buses were near the front of the two rows. Everyone else had to trek past the teacher parking lot to get to their buses. After doing the high school run, bus drivers went to middle and elementary schools.

Into oncoming traffic. Seniors head out to Trailer 1 for their GEMS class after A lunch as underclassmen go back inside the building to eat. Since the trailers housed all the different subjects students went to lunch at different times, creating opportunities to pass their friends. During the winter, the wooden bridge over the cement ditch froze causing administrators to pour sand over the icy patches. Students found themselves sliding on the grain as well as the ice.



Something a little different for a change. Senior Jason Gillespie turns to go back inside the building after taking a Biology II test outside because it was too hot in his classroom. Instead of the traditional backpack or shoulder bag, Gillespie carried his books to school in an old briefcase. When the groundhog saw its shadow, February 2, teachers began to lead their students outside for labs, tests and discussions. The relaxed setting made for an environment more conducive to open discussions. Publications students took their brushes outside to paint posters advertising their sales. When the wind picked up, paint flew against the red brick wall of the school building leaving a speckled rainbow.

Marian Gryder

AGAINST *the grain*

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